



CARREIRA CALVARIO 2025 GENERAL

Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
F0 10K					
1	92	VARELA FERNANDEZ Alba	CLUB DEPORTIVO DELIKIA	47:21.8	
2	89	BAR IGLESIAS Aroha	C.A.R. MARISQUEIRO	48:36.0	1:14.2
3	90	RODRIGUEZ BARROS Sara	CLUB DEPORTIVO DELIKIA	52:01.7	4:39.9
MO 10K					
1	418	FERNANDEZ PRUDENCIO Pablo		44:16.9	
2	417	POUSA ESCUDEIRO Xurxo		49:38.3	5:21.4
3	419	NUÑEZ TORRON Yago		1h00:06.4	15:49.5
F1 10K					
1	58	BREINHOLT MOESKJAER Lea	RUNYTRI	40:27.8	
2	81	ALVAREZ RODRIGUEZ Noemi	CLUB DEPORTIVO DELIKIA	40:30.0	2.2
3	52	MIGUEZ LAGO Jessica		42:27.2	1:59.4
4	56	PAZOS GARCIA Antia	CLUB TRIATLÓN MAR DE VIGO	44:02.7	3:34.9
5	59	DOIRO GONZALEZ Raquel	GMTA CHUVONERS	44:50.1	4:22.3
6	78	PEREZ LOPEZ Shara		45:22.5	4:54.7
7	74	DOMINGUEZ PEREZ Naomi	CLUB DEPORTIVO DELIKIA	45:31.4	5:03.6
8	83	PEREZ MARIÑO Elena	RUNYTRI	45:37.7	5:09.9
9	86	OJEA CAAMAÑO Mirian		47:09.5	6:41.7
10	64	ABELEIRA CARBALLO Irene		47:27.0	6:59.2
11	82	MIRAZ FERNANDEZ Raquel	VIGOENTRENA	48:19.5	7:51.7
12	66	AGULLEIRO BERAZA Amaia		49:01.1	8:33.3
13	63	PACHON YAÑEZ Paula		49:47.6	9:19.8
14	67	SANCHEZ Laura	MAIS QUE AUGA	50:26.3	9:58.5
15	79	CASAS SANTOME Raquel		50:46.5	10:18.7
16	72	GOMEZ REUS Tania		51:21.6	10:53.8
17	80	ARIAS TEJEDA Lidia		51:39.3	11:11.5
18	71	BRUZON BANDEIRA Camino		52:26.9	11:59.1
19	53	ESTEVEZ GARCIA Margarita		52:38.7	12:10.9
20	69	QUINTANA QUINTELA Carlota		53:35.7	13:07.9
21	68	CASTRO GONZALEZ Isabel	CLUB DEPORTIVO DELIKIA	53:37.7	13:09.9
22	76	GONZALEZ CASALES Paola		55:20.3	14:52.5
23	87	SOUTO PIÑEIRO Marta		55:37.7	15:09.9
24	62	GOMEZ ROMERO Belen		55:43.8	15:16.0
25	54	RIVAS ALVAREZ Lucia		56:10.7	15:42.9
26	65	FERNANDEZ CASAIS Lucia	MAIS QUE AUGA	56:20.4	15:52.6
27	57	RIVAS LOPEZ Candela	MAIS QUE AUGA	56:20.5	15:52.7
28	73	GARCIA Amaia	RUNYTRI	56:23.0	15:55.2
29	61	MONTES Laura		56:40.5	16:12.7
30	50	MACIAS LAGARON Lucia		56:53.5	16:25.7
31	84	SOLIÑO SANTOS Rosa		57:33.6	17:05.8
32	77	NAVARRO Blanca	MAIS QUE AUGA	58:08.5	17:40.7
33	70	AGULLEIRO BERAZA Ainhoa		58:23.2	17:55.4
34	55	ESTEVEZ ALONSO Marta	MAIS QUE AUGA	1h00:22.5	19:54.7



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35	75	PEREZ MISA Eva		1h02:30.0	22:02.2
36	88	SUAREZ AMOEIRO Ana		1h04:14.1	23:46.3

M1 10K

1	413	CAMESCASSE ROUCO Pablo	CLUB DEPORTIVO DELIKIA	32:31.9	
2	407	PEREZ LOVACO Pablo		34:25.3	1:53.4
3	414	GONZALEZ BORGES David		34:52.2	2:20.3
4	328	MONTERO BUJAN Aitor	AVIVA SPORT CLUB	35:28.4	2:56.5
5	400	SANTIAGO REY Diego	CLUB TRIATLON COMPOSTELA	36:18.0	3:46.1
6	301	MURIAS RODRIGUEZ Alejandro	ASOCIACION DEPORTIVA C.A.R.	36:55.7	4:23.8
7	376	ALONSO GONZALEZ Andre		37:06.6	4:34.7
8	318	JORGE CAO Juan Jose	CLUB DEPORTIVO DELIKIA	37:40.6	5:08.7
9	319	GONZALEZ DAVILA Iago	CLUB DEPORTIVO BOMBEIROS VIGO	37:59.4	5:27.5
10	298	RIVERA GUILLADE Martin		38:27.3	5:55.4
11	388	PINO MASID David	RUNNERS PV	38:31.9	6:00.0
12	398	VALENCIA RODRIGUEZ Cristian	C.A.R. MARISQUEIRO	39:09.4	6:37.5
13	371	ARMADA DIAZ Jacobo		39:42.1	7:10.2
14	309	MAQUIEIRA PEREIRA Adrian	CLUB DEPORTIVO DELIKIA	39:52.7	7:20.8
15	409	PEREZ DE OYA Guillermo		40:21.7	7:49.8
16	300	RODRIGUEZ SANTISO Hugo	CLUB DEPORTIVO DELIKIA	40:39.1	8:07.2
17	853	GOMES Joao	ALVORGE	40:50.8	8:18.9
18	390	GONZALEZ NUÑEZ Luis		41:09.3	8:37.4
19	347	COSTAS BARCIA Diego	MAIS QUE AUGA	41:10.4	8:38.5
20	401	FERNANDEZ RODRIGUEZ David		41:44.7	9:12.8
21	370	AGREDA CASTRO Romel	X-ONE	41:44.9	9:13.0
22	358	COELLO Ivan	CIBUS SIRGON	41:46.0	9:14.1
23	338	VAZQUEZ Javier	MAIS QUE AUGA	41:57.5	9:25.6
24	310	SERGIENKO Aleksei		42:07.0	9:35.1
25	302	GONZALEZ MOURIÑO Iago		42:31.7	9:59.8
26	307	RODRIGUEZ FLORES Marco Antonio		42:32.5	10:00.6
27	372	SROKA Wojciech	SOCIEDAD ATLÉTICA VAL MIÑOR	42:50.1	10:18.2
28	316	ESTEVEZ Carlos		43:02.9	10:31.0
29	384	AGREDA CASTRO Alex		43:15.1	10:43.2
30	368	OTERO GONZALEZ Dylan		43:21.1	10:49.2
31	304	DA CONCEPCION VICENTE Eduardo		44:02.9	11:31.0
32	367	PEREZ COUÑAGO Adrian		44:14.1	11:42.2
33	364	RIVAS Mateo		44:39.7	12:07.8
34	334	ROJO MARTINEZ Tomas		45:16.6	12:44.7
35	330	GIL PEREZ Sergio		45:16.7	12:44.8
36	374	FERNANDEZ MARTINEZ Sergio	PORCOS CELTAS	45:20.6	12:48.7
37	408	TORRES NOGUEIRA Daniel		45:30.1	12:58.2
38	373	MARTIN PALOMARES Ruben		45:31.7	12:59.8
39	314	VIDAL Edu		45:44.6	13:12.7
40	406	FREIRE RODRIGUEZ Ismael		45:58.0	13:26.1
41	396	CHAN SADA Ruben		46:05.3	13:33.4
42	346	RODRIGUEZ DOMINGUEZ David		46:10.9	13:39.0
43	393	SANCHEZ VEGA Juan Diego		46:11.6	13:39.7
44	315	SULBARAN VIDAL Jesus Manuel		46:32.9	14:01.0
45	361	LOPEZ BERTOLO Javier		46:48.2	14:16.3

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Cl't	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
46	380	GONZALEZ Daniel	MAIS QUE AUGA	46:53.0	14:21.1
47	369	REIJA CHAO Alejo		47:05.2	14:33.3
48	353	AMEZ Martin	PORCOS CELTAS	47:11.6	14:39.7
49	397	DOMINGUEZ Santi		47:36.5	15:04.6
50	342	AMOEDO TABOAS Andres		47:37.7	15:05.8
51	389	ALONSO SUAREZ Diego		47:49.9	15:18.0
52	352	BARROS RODRIGUEZ Javier		48:08.7	15:36.8
53	357	ARIAS Manuel		48:11.6	15:39.7
54	333	FERREIRA Pablo		48:31.3	15:59.4
55	308	DEL VALLE-INCLAN CRUCES Hugo		48:49.0	16:17.1
56	360	IGLESIAS ALLICA Marcos		48:53.9	16:22.0
57	343	BALTAR LOSADA Miguel	MAIS QUE AUGA	49:12.9	16:41.0
58	385	VARELA COMESAÑA Adrian		49:39.8	17:07.9
59	349	COMESAÑA PIRES Antonio	METAS IMPOSIBLES TRAIL TEAM	49:42.0	17:10.1
60	299	VILLAR PEREIRA Jose Gabriel		50:01.8	17:29.9
61	392	MORONA MINGUEZ Miguel	CIBUS TEAM	50:06.1	17:34.2
62	341	REY CARRIL Iago		50:21.9	17:50.0
63	355	COUTO MEIRIÑO Manuel		50:41.3	18:09.4
64	410	BUJONES PACHE Jose		50:48.6	18:16.7
65	325	GONZALEZ FERNANDEZ Manuel	BICICLETAS CHINQUENA RACING TEAM	51:02.7	18:30.8
66	317	ESTEVEZ ESTEVEZ Javier	BICICLETAS CHINQUENA RACING TEAM	51:03.0	18:31.1
67	378	PAZO RODRIGUEZ Daniel		51:11.3	18:39.4
68	329	BARROS RODRIGUEZ Pedro		51:31.3	18:59.4
69	339	SEOANE VELOSO Xavier		51:36.0	19:04.1
70	402	BOUX CLIMENT Vicente	FRUTAS NIEVES	51:36.4	19:04.5
71	345	CARRERA RIVEIRO Francisco		51:45.2	19:13.3
72	311	PEREIRA PEREZ Armando		51:50.2	19:18.3
73	399	GONZALEZ SAMPERE Aaron		51:50.4	19:18.5
74	394	LAGO CASAL Santiago		51:56.2	19:24.3
75	391	COSTAS RODRIGUEZ Adrian		52:02.4	19:30.5
76	327	GARCIA BESADA Dani		52:14.3	19:42.4
77	351	AGULLA GONZALEZ Israel		52:45.2	20:13.3
78	356	FREIRIA MARTINEZ Luis		53:22.9	20:51.0
79	403	MATALA ALVAREZ Tareg		53:27.6	20:55.7
80	332	MARTINEZ NOVAS David	BORGWARNER	54:08.0	21:36.1
81	377	GUAMA HEREDIA Edwin	PADELEROS	54:11.9	21:40.0
82	366	TENORIO DEL RIO Jesus		54:17.7	21:45.8
83	354	IGLESIAS DORDA Manuel		54:20.4	21:48.5
84	336	MARTIN ATANES Guille		54:44.4	22:12.5
85	350	BLACH MACIEL Ricardo		54:45.3	22:13.4
86	337	POUSA PIÑEIRO Pablo		54:45.4	22:13.5
87	335	MOVILLA MARIÑO Andre		55:19.1	22:47.2
88	375	ESTEBO FERNANDEZ DE LAS HERAS Sebastian		55:29.0	22:57.1
89	362	ROSENDO SANTIAGO Anxo		55:49.2	23:17.3
90	320	ALONSO LOPEZ Jonatan	ATLETISMO BAIONA	56:02.0	23:30.1
91	323	ESTEVEZ ALVAREZ Mauro	CORREDORES DO MIÑO	56:40.2	24:08.3
92	415	ELSEICY Ahmed		57:41.2	25:09.3
93	321	RODRIGUEZ REY Sergio		58:30.5	25:58.6
94	411	HERNANDEZ Carlos		59:02.6	26:30.7
95	303	FREIXES FERNANDEZ David		59:02.8	26:30.9
96	404	RIVERO Alejandro		59:33.0	27:01.1

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Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
96	365	FOUZ FERNANDEZ Alejandro		59:33.0	27:01.1
98	379	FERNANDEZ GARCIA Diego		1h00:55.3	28:23.4
99	331	BLANCO CORDERO Javier		1h01:00.4	28:28.5
100	340	CONDE LAGO Jesus	C.A.R. MARISQUEIRO	1h01:00.5	28:28.6
101	326	MOSQUERA OTERO Diego		1h01:11.0	28:39.1
102	412	DEL RIO FERNANDEZ Roberto		1h04:14.3	31:42.4
103	395	PENEDO BUJ Victor		1h05:40.9	33:09.0

F2 10K

1	38	CARREIRA COUÑAGO Celia		44:01.4	
2	25	MOREU PEREIRA-BORRAJO Beatriz	CLUB DEPORTIVO DELIKIA	44:05.8	4.4
3	416	SABORIDO GIL Olalla	COMESAÑA SPORTING CLUB	44:42.2	40.8
4	37	RODRIGUEZ GONZALEZ Nerea	CLUB ATLETISMO PORRIÑO	45:11.8	1:10.4
5	24	ALONSO CARIDE Nerea		45:38.0	1:36.6
6	36	RODRIGUEZ LOPEZ Belen	CLUB DEPORTIVO DELIKIA	48:17.5	4:16.1
7	31	ZUÑIGA LOJO Rebeca		48:18.6	4:17.2
8	33	PRIETO RODRIGUEZ Tahia	TAHIA	49:47.6	5:46.2
9	34	FERNANDEZ ALONSO Paula		49:47.9	5:46.5
10	39	FONSECA GARCIA Lucia		51:38.8	7:37.4
11	32	TENORIO DEL RIO Maria Jose		51:41.1	7:39.7
12	45	ROMERO MARTINEZ Monica	FRUTAS NIEVES	52:13.2	8:11.8
13	48	TAVEIRA VALVERDE Estivaliz		53:04.2	9:02.8
14	42	GARCIA CAJIDE Rosalia		53:21.7	9:20.3
15	43	VALCARCEL TOSCANO Isa		53:49.3	9:47.9
16	27	CID Eva		54:05.1	10:03.7
17	23	MOLES CUBEDO Anna	RUNNING SOLITA	54:10.2	10:08.8
18	28	RODRIGUEZ ARCAJ Romina		54:10.6	10:09.2
19	40	LOPEZ CARBALLO Sara		55:16.2	11:14.8
20	22	PUENTE Catia		55:57.5	11:56.1
21	26	LEMONS LOPEZ Vanesa	MAIS QUE AUGA	58:08.5	14:07.1
22	30	RIO TORAL Lara		58:46.8	14:45.4
23	46	CARNERO LLAUGER Maria	BIKILA	1h00:00.5	15:59.1
24	41	MARIÑO VENTOSO Lidia		1h00:53.4	16:52.0
25	44	FERNANDEZ PAZO Paula		1h01:13.5	17:12.1
26	21	REGO Esther		1h01:31.4	17:30.0

M2 10K

1	292	BASTOS DASILVA Jose Alberto	ADN RUNNERS - TELMO PELUQUEROS F.C.	33:09.7	
2	297	ARAUJO Miguel	LODEIROS TRAIL	35:09.2	1:59.5
3	261	VAZQUEZ PAVON Roberto	TANINOS RUNNERS PONTEAREAS	35:16.1	2:06.4
4	274	GUERRERO ACEVEDO Gerardo	CLUB TRIATLÓN MAR DE VIGO	35:37.0	2:27.3
5	272	PARADA MONTOTO David	MONTEPORREIRUNN	35:39.4	2:29.7
6	231	FRANCO FREIJANES Pablo		36:12.1	3:02.4
7	223	GROBA BARGIELA Marcos	TANINOS RUNNERS PONTEAREAS	36:53.0	3:43.3
8	259	GOMEZ SOTO Jose Luis	TANINOS RUNNERS PONTEAREAS	36:57.3	3:47.6
9	245	BERNARDEZ RODRIGUEZ Dario	CIBUS SIRGON	37:17.1	4:07.4
10	267	LOUREIRO MONTENEGRO Pablo	MONTEPORREIRUNN	37:27.4	4:17.7

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11	283	ANDION RIVADULLA Antonio		38:24.9	5:15.2
12	213	GONZALEZ ALVAREZ Borja		38:29.7	5:20.0
13	242	FERNANDEZ Andres	CIBUS TEAM	38:30.9	5:21.2
14	262	GONZALEZ NUÑEZ Jose Luis		38:36.3	5:26.6
15	255	SANCHEZ MOREIRA Ricardo	CIBUS SIRGON	38:46.1	5:36.4
16	253	FERREIRA LAREDO David	CASTRELOS KM.0	38:55.7	5:46.0
17	287	PARRA GARCIA Eduardo		38:56.1	5:46.4
18	266	TUBIO MUÑIZ Guillermo		38:57.9	5:48.2
19	240	BAR PEREZ Luis	C.A.R. MARISQUEIRO	39:08.7	5:59.0
20	247	NOGUEIRA FERNANDEZ Junior		39:15.5	6:05.8
21	203	LOPEZ GARRIDO David		39:17.7	6:08.0
22	200	CABALEIRO GARCIA Jose Manuel	CIBUS TEAM	39:47.9	6:38.2
23	251	COMESAÑA SAA Daniel	L@S INSENSAT@S	40:19.4	7:09.7
24	250	ROCA ROMERO Gonzalo		40:55.3	7:45.6
25	215	DELGADO RAMOS Jose Carlos		41:52.0	8:42.3
26	263	PEREZ RODAS Daniel		41:58.2	8:48.5
27	289	DOMINGUEZ MARIÑO Felipe		42:04.1	8:54.4
28	220	FERNANDEZ GRADIN David	CIBUS TEAM	42:36.8	9:27.1
29	196	NAVIA IGLESIAS Ruben	BIKILA	42:50.1	9:40.4
30	219	NUÑEZ PARADA Sergio		42:57.2	9:47.5
31	270	VARA ADRIO Iago	SIRENO TRIATLON CLUB	43:09.1	9:59.4
32	214	CASAS CASAS Jose Manuel		43:11.1	10:01.4
33	237	ROVATI Gabriele		43:21.1	10:11.4
34	275	DOVAL LOIS Francisco	CLUB TRIATLÓN MAR DE VIGO	43:24.2	10:14.5
35	205	ALONSO ALVAREZ J. Carlos	ATHLETICS FISIOTERAPIA SAN LÁZARO	43:31.5	10:21.8
36	226	GOBERNA COMESAÑA Ivan		44:00.3	10:50.6
37	194	CABACO CAMPOS Jose Manuel	TAKO TEAM	44:20.6	11:10.9
38	264	CABEZAS VILA Valeriano	C.A.R. MARISQUEIRO	44:32.7	11:23.0
39	209	ARADAS LESTON Bernardo	RAGNAROK OCR	44:44.1	11:34.4
40	197	COSTAS RODRIGUEZ Marcos	C.D. RIAS DO SUR	44:58.4	11:48.7
41	290	SALGUIRO ALONSO Enrique		45:18.1	12:08.4
42	195	RODRIGUEZ FERNANDEZ Efren		45:40.1	12:30.4
43	199	GOMEZ LOPEZ Pablo	L@S INSENSAT@S	45:51.2	12:41.5
44	228	RIVERA CANICOBA Alberto		45:54.8	12:45.1
45	277	ALONSO GOMEZ Ivan		45:58.4	12:48.7
46	269	VARA BLANCO Javier		46:33.7	13:24.0
47	230	MAYO RODRIGUEZ Marcos	RUNYTRI	46:35.6	13:25.9
48	271	LOPEZ PINO Javier	RUNYTRI	46:44.7	13:35.0
49	204	GARCIA ALVAREZ Javier	LUME RUN	47:12.0	14:02.3
50	229	GONZALEZ VAZQUEZ Jorge		47:16.7	14:07.0
51	260	VEGA GARCIA Antonio M.		47:21.1	14:11.4
52	268	REGATOS GOMEZ Roberto		47:32.1	14:22.4
53	248	DORADO FUENTE Iban		47:35.2	14:25.5
54	249	VENTURA REGO Jorge	CLUB TRIATLÓN MAR DE VIGO	47:39.3	14:29.6
55	279	DIOS VIDAL Javier	BORGWARNER	48:23.8	15:14.1
56	285	DOMINGUEZ VILLAVERDE Juan Carlos		48:34.3	15:24.6
57	234	PEREIRA FERNANDEZ Daniel	NUTRIBIOTICA	49:23.5	16:13.8
58	239	MARTIN PALLEES Marco Alexio	VIGOENTRENA	49:59.6	16:49.9
59	227	BOA MOUCO Alberto		50:05.3	16:55.6
60	222	ALONSO CARRERA Daniel		50:10.0	17:00.3
61	202	VANDERVORST Philippe		50:46.5	17:36.8

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62	276	PALOMEQUE TORRAS Jose Maria		51:34.5	18:24.8
63	208	SANMARTIN GONZALEZ Victoriano	MAIS QUE AUGA	51:36.7	18:27.0
64	295	ALONSO PEREZ Ruben		51:54.8	18:45.1
65	280	SEIJAS CAL Jacob		51:55.4	18:45.7
66	278	RODAL FRAGA Carlos		52:11.2	19:01.5
67	246	APARICIO OLIVAN Oscar		52:23.8	19:14.1
68	210	RODRIGUEZ DIP Mario Nicolas	MAIS QUE AUGA	53:02.8	19:53.1
69	212	MIGUEZ SOTO Pablo		53:31.5	20:21.8
70	207	DACAL DEZA Daniel		53:31.6	20:21.9
71	764	PIÑEIRO AGULLA Isidro Jose		53:36.8	20:27.1
72	244	JATO DARRIBA Jose		54:04.6	20:54.9
73	256	RODRIGUEZ SUAREZ Manuel Antonio		54:05.0	20:55.3
74	201	SALO BENITO Javier	RUNNING SOLITA	54:12.0	21:02.3
75	254	MONTOUTO ESCUDEIRO Samuel		54:26.8	21:17.1
76	265	CERVIÑO ALVAREZ Raul		54:35.8	21:26.1
77	284	GARCIA BESADA Ivan		55:10.5	22:00.8
78	288	BERNARDEZ GARCIA Javier		55:19.2	22:09.5
79	224	LORENZO SARMIENTO Daniel		55:22.6	22:12.9
80	252	MENDEZ RATON Ivan	UNA CAÑA Y UN ZUMO TEAM	55:57.7	22:48.0
81	293	GESTO Xoan	BEADE, AHI OS VAN!	55:58.7	22:49.0
82	232	DEL CAÑO CASTRO Miguel		56:00.6	22:50.9
83	211	HERNANDEZ GRAÑA Juan Carlos		56:36.9	23:27.2
84	291	SIMOES Nuno	ALVORGE	56:45.6	23:35.9
85	286	FERMOSO DOMINGUEZ Tomas	FRUTAS NIEVES	56:51.9	23:42.2
86	238	RESUA EIRAS David	CHUZAS OLIMPICOS	57:21.4	24:11.7
87	281	BUXO SANCHEZ Gabriel		57:33.6	24:23.9
88	233	VIDAL MIGUEZ Anxo		59:01.9	25:52.2
89	217	GONZALEZ ABEIJON Fernando		59:04.7	25:55.0
90	296	ALONSO RODRIGUEZ Manuel Antonio	BEADE, AHI OS VAN!	1h01:04.1	27:54.4
91	221	ABALO IBARLUCEA Pablo		1h01:22.6	28:12.9

F3 10K

1	8	ALONSO Ana	ATHLETICS FISIOTERAPIA SAN LÁZARO	44:26.1	
2	19	LEMAT CABRAL Maria Belen	CIDADE DE LUGO FLUVIAL	47:46.4	3:20.3
3	17	LAMPON Ana	MAIS QUE AUGA	48:54.0	4:27.9
4	14	GONZALEZ CASAL Alejandra	VIGOENTRENA	48:58.1	4:32.0
5	13	VAZQUEZ Pily	BIKILA	49:48.7	5:22.6
6	9	BALIÑO GONZALEZ Ruth	RIZOS TEAM	52:51.6	8:25.5
7	15	GOMEZ ALONSO Mercedes		53:41.7	9:15.6
8	20	ENDRESS Eva		59:01.7	14:35.6
9	10	ALONSO MARTINEZ Beatriz		1h00:14.2	15:48.1
10	16	VIÑAS ROMERO Silvia	BIKILA	1h00:30.9	16:04.8
11	11	DIAZ-PACHE MACKINLAY Pilar		1h06:01.0	21:34.9

M3 10K

1	171	BARGIELA ARAUJO Daniel	BIKILA	33:46.1	
2	175	BARCALA MORA Victor	MONTEPORREIRUNN	35:52.5	2:06.4

**CARREIRA CALVARIO 2025
GENERAL**

Cl't	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
3	141	DAVILA MARIÑO Oscar		37:04.7	3:18.6
4	146	BARREIRO PEREIRA Xose Anton	SD COMPOSTELA ATLETISMO	37:13.7	3:27.6
5	160	ALVAREZ MIRANDA Jose Luis	CIBUS TEAM	38:22.9	4:36.8
6	172	FERNANDEZ PEREZ Oscar Manuel	C.A.R. MARISQUEIRO	39:08.5	5:22.4
7	181	GONZALEZ GONZALEZ Gonzalo	CIBUS TEAM	40:38.0	6:51.9
8	145	RODRIGUEZ GARCIA Pablo		41:01.9	7:15.8
9	153	PEREZ NOVAS Miguel	QUEBICIMARCISPORT	41:28.6	7:42.5
10	856	RODRIGUEZ BOLIBAR Ernesto	CASTRELOS KM.0	41:43.6	7:57.5
11	188	PEÑAS Jaime		41:55.9	8:09.8
12	190	RODRIGUEZ CASTRO Javier		42:36.8	8:50.7
13	189	RICOY ALONSO Juan	RUNNING LUSEKELO	42:49.0	9:02.9
14	135	MONTENEGRO BALLESTEROS Diego		43:19.4	9:33.3
15	139	SABINO PORTO Alfonso		43:35.6	9:49.5
16	174	SIO FERNANDEZ Ruben	CLUB ATLETISMO PORRIÑO	44:00.9	10:14.8
17	148	BERTOMEU CAPELAN Francisco Javier		44:02.0	10:15.9
18	142	LISTE BASCOY Alejandro	CLUB DEPORTIVO DELIKIA	44:06.3	10:20.2
19	166	MARTINEZ DOMINGUEZ Roberto	CLUB ATLETISMO SAMERTOLAMEU	44:29.9	10:43.8
20	147	LUCIA PAREDES Giovanni		44:37.7	10:51.6
21	180	LORENZO UZ Alberto	CIBUS SIRGON	44:43.3	10:57.2
22	151	VAZQUEZ VALLADARES Antonio		45:42.1	11:56.0
23	193	CAMESELLE PINTOS Angel	MAIS QUE AUGA	45:43.8	11:57.7
24	161	GIL GONZALEZ Miguel Angel	CLUB ATLETISMO VETERANOS DE SAMIL	46:12.5	12:26.4
25	186	SOTELO JUNCAL Guillermo		46:33.5	12:47.4
26	143	GONZALEZ MACIEL Jose Luis	RIZOS TEAM	46:59.5	13:13.4
27	191	FERNANDEZ GALLARDO Julio	RUNNING LUSEKELO	47:00.7	13:14.6
28	137	DAPENA TENORIO Jose Luis	OS CORREDORES DO INFIERNO	47:03.7	13:17.6
29	140	MARTINEZ PEREZ Jose Luis	CLUB TRIATLÓN MAR DE VIGO	47:15.2	13:29.1
30	134	FREIRE PIÑEIRO Jose Manuel	MAIS QUE AUGA	47:21.5	13:35.4
31	176	BARROSO GONZALEZ Antonio	C.A.R. MARISQUEIRO	48:07.2	14:21.1
32	167	HERRERO MENA Gonzalo	VIGOENTRENA	48:34.5	14:48.4
33	162	ALONSO COSTAS Oscar		48:57.2	15:11.1
34	152	GARCIA DACOSTA Eduardo	CLUB ATLETISMO SADA	49:05.8	15:19.7
35	157	VILLANUEVA AREAL Dito	RUNNING LUSEKELO	49:14.7	15:28.6
36	168	GOMEZ LAGO Francisco Javier	ATLETISMO VIGO	49:28.4	15:42.3
37	164	IGLESIAS RODRIGUEZ Carlos		49:38.5	15:52.4
38	170	NOBLESSE Thierry		49:41.0	15:54.9
39	434	TEIJEIRO NUÑEZ Joaquin		50:18.9	16:32.8
40	185	YAÑEZ COIRA Avelino	RUNNING LUSEKELO	50:44.1	16:58.0
41	179	FENOLLERA BOLIBAR Santiago		50:47.7	17:01.6
42	159	ALVAREZ CASTRO Xohan		50:50.4	17:04.3
43	130	MARTINEZ DOBALO David	CROSSBEERS	51:06.6	17:20.5
44	169	TELLE RODRIGUEZ Fernando		51:37.2	17:51.1
45	138	PARDAVILA IGLESIAS Miguel Angel	CORRIDA DAS CABRAS	51:54.1	18:08.0
46	149	CRUCES Daniel		52:53.3	19:07.2
47	192	CASADO Gustavo		53:04.0	19:17.9
48	178	CASTIÑEIRA Javier	MAIS QUE AUGA	53:36.8	19:50.7
49	144	GONZALEZ RODRIGUEZ Manuel	ADN RUNNERS - TELMO PELUQUEROS F.C.	53:37.1	19:51.0
50	133	GONZALEZ MARTINEZ Fernando		53:44.8	19:58.7
51	158	VILLATORO IGLESIAS Javier		54:22.2	20:36.1
52	156	RODRIGUEZ ROLLE Eduardo		55:21.2	21:35.1
53	184	LARA PEREZ Jose		55:37.2	21:51.1

CARREIRA CALVARIO 2025
GENERAL

Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
54	154	COTA CAMIÑA Adolfo		56:07.0	22:20.9
55	136	RIVAS CID Victor	C.A.R. MARISQUEIRO	56:10.7	22:24.6
56	150	POUSA LUCIO Xoan Manuel		56:18.4	22:32.3
57	183	PRIETO CHAPELLIN Jose Ramon		56:47.4	23:01.3
58	173	LAMAS PEREZ Jose Eduardo		56:53.9	23:07.8
59	131	ALVAREZ CALLEJA Carlos		56:54.8	23:08.7

F4 10K

1	6	GALLERO FERNANDEZ Mar		55:11.4	
2	5	CARRERA SOUTELO Josefa	TALLERES EAUTO	58:02.4	2:51.0
3	3	RODRIGUEZ ALVAREZ Marta	BIKILA	1h02:15.8	7:04.4
4	4	ROCHA CRUCES Maria Carmen	C.A.R. MARISQUEIRO	1h03:41.0	8:29.6

M4 10K

1	128	GRAÑA ALONSO Jose Carlos	LODEIROS TRAIL	41:02.1	
2	121	OTERO GIRALDEZ Miro		41:35.6	33.5
3	122	GALLIDORO DEL MONTE Jose Humberto	CLUB DEPORTIVO DELIKIA	45:51.2	4:49.1
4	118	PEREZ SANTOS Avelino	CLUB CASTRELOS 20:30	46:47.1	5:45.0
5	119	VIDEIRA CORREA Alberto	RUNNING LUSEKELO	47:40.2	6:38.1
6	120	MOREIRA CONDE Antonio		48:33.6	7:31.5
7	115	BARREIRO Benigno	ATHLETICS AVENTURA XTREM	48:46.9	7:44.8
8	124	ALONSO BASTOS Luis		48:52.6	7:50.5
9	117	FERNANDEZ CLEMENTE Carlos		49:30.9	8:28.8
10	126	FIDALGO IGLESIAS Manuel		51:00.4	9:58.3
11	127	CABALEIRO HERNANDEZ Jesus		51:18.4	10:16.3
12	116	TABOADA GONZALEZ Ramiro	RUNNING LUSEKELO	52:50.5	11:48.4
13	125	VILLAR SALGADO Jose Francisco	C.A.R. MARISQUEIRO	53:49.7	12:47.6
14	123	MARTINEZ MEIS Felix		54:03.2	13:01.1
15	129	MENDEZ RODRIGUEZ Manuel	RUNNING LUSEKELO	58:29.4	17:27.3

F5 10K

1	2	COSTAS RODRIGUEZ Carmen	ATLETISMO BAIONA	56:33.5	
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M5 10K

1	102	SUAREZ MARTINEZ Manuel	CLUB ATLETISMO VETERANOS DE SAMIL	39:04.7	
2	111	JARDON LOPEZ Jose	CLUB ATLETISMO VETERANOS DE SAMIL	42:30.9	3:26.2
3	113	PEREZ PASCUAL Manuel	C.S.C.R. BEADE	44:45.8	5:41.1
4	109	BLANCO GONZALEZ Alfonso		53:50.8	14:46.1
5	108	VAZQUEZ ENRIQUEZ Manuel		54:56.5	15:51.8
6	103	GARABATOS CUADRADO Jose Antonio	C.A.R. MARISQUEIRO	56:26.2	17:21.5
7	114	SUAREZ GONZALEZ Vicente		57:21.3	18:16.6
8	105	SOTO AMIL Jose F.		57:57.4	18:52.7
9	106	DURAN LAGO Fernando		58:46.9	19:42.2



CARREIRA CALVARIO 2025
GENERAL

Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
10	112	CHAMORRO RODRIGUEZ Eugenio	C.A.R. MARISQUEIRO	1h00:31.5	21:26.8

M6 10K

1	101	QUINTEIRO NUÑEZ Manuel	MAIS QUE AUGA	52:26.0	
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F0 5K

1	610	VIDAL FERNANDEZ Alexandra	CLUB DEPORTIVO DELIKIA	24:20.9	
2	609	DELGADO DURAN Noa	CLUB ATLETISMO PORRIÑO	28:58.7	4:37.8

M0 5K

1	849	PIÑA CONSUEGRA Luis	CLUB DEPORTIVO DELIKIA	16:12.6	
2	851	RIOS VILLAR Yoel	CLUB ATLETISMO VETERANOS DE SAMIL	27:49.9	11:37.3

F1 5K

1	599	RODRIGUEZ GACIO Susana		19:09.9	
2	564	RASCADO RIOS Andrea	CLUB TRIATLÓN MAR DE VIGO	23:17.0	4:07.1
3	561	CABALEIRO CARREIRA Maria Teresa		23:50.7	4:40.8
4	549	FARO MARTINEZ Maria Nieves	CLUB ATLETISMO PORRIÑO	24:20.7	5:10.8
5	558	COELLO DAPENA Antia		25:00.5	5:50.6
6	554	VICENTE SANROMAN Alexandra		25:05.5	5:55.6
7	563	FERNAGUT Camille		25:32.6	6:22.7
8	593	CASTIÑEIRA Susana		25:39.7	6:29.8
9	565	ESTEVEZ Estefania	ASOCIACION DEPORTIVA C.A.R.	25:43.1	6:33.2
10	576	BRUZON BANDEIRA Maria		25:43.9	6:34.0
11	555	CABANELAS FIGUEIRIDO Celes		25:48.7	6:38.8
12	551	RODRIGUEZ RODRIGUEZ Maria		26:16.0	7:06.1
13	594	TURNER Julia		26:18.6	7:08.7
14	602	RODRIGUEZ ACUÑA Laura		26:31.9	7:22.0
15	578	GARCIA DO CAMPO Sara		26:36.8	7:26.9
16	570	RIAL MARTINEZ DE ALEGRIA Marta	TRIATLÓN MAR DE VIGO	26:43.8	7:33.9
17	544	JIMENEZ Silvia		26:51.0	7:41.1
18	566	LUSQUIÑOS BALLESTEROS Lara		27:26.8	8:16.9
19	589	GHI TADDEY Mora Antonella		27:52.7	8:42.8
20	607	FELIX PEREZ Clara		28:40.1	9:30.2
21	597	ALONSO FERNANDEZ Lucia		28:56.3	9:46.4
22	596	RODRIGO NUÑEZ Claudia		28:56.4	9:46.5
23	571	ZUNZUNEGUI Maria	MAIS QUE AUGA	29:14.9	10:05.0
24	600	GALLEGO Natalia		29:23.2	10:13.3
25	546	CARIDE Miriam		29:23.6	10:13.7
26	591	OSORIO COUTO Maria Del Carmen		29:49.0	10:39.1
27	584	PEREZ VAZQUEZ Xiana		29:57.5	10:47.6
28	585	ACUÑA CRESPO Cecilia		29:57.7	10:47.8
29	569	FUENTES CALDERON Cristina		30:03.1	10:53.2

**CARREIRA CALVARIO 2025
GENERAL**

Cl't	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
30	582	ALMENDAREZ America		30:06.6	10:56.7
31	543	VAZQUEZ DUARTE Cristina		30:29.8	11:19.9
32	557	ASENSIO VARELA Sara	MAIS QUE AUGA	30:50.0	11:40.1
33	592	PEREIRA FERNANDEZ Monica		30:51.7	11:41.8
34	583	IGLESIAS ALLICA Malena		30:57.6	11:47.7
35	552	LEBRERO ALVAREZ Carla		31:00.3	11:50.4
36	581	MARTINEZ PEREIRA Tatiana		31:18.4	12:08.5
37	586	GARCIA GARCIA Miriam		31:23.4	12:13.5
38	595	SANCHEZ RODRIGUEZ Elena		31:27.3	12:17.4
39	575	TOYOS FONTAN Raquel		31:55.2	12:45.3
40	574	PRADO GONZALEZ Eva		32:14.8	13:04.9
41	562	VILLANUEVA FERNANDEZ Elena		32:18.0	13:08.1
42	545	HENRIQUES LOPES Mariana		32:22.7	13:12.8
43	579	COTA ESPÍÑO Noelia		32:41.7	13:31.8
44	573	HERNANDEZ FERNANDEZ Lucia		33:08.5	13:58.6
45	590	FREIJO RODRIGUEZ Estela	MAIS QUE AUGA	33:12.2	14:02.3
46	548	ROSELLO CABELLO Beatriz	MAIS QUE AUGA	33:12.4	14:02.5
47	587	MARTINEZ MELENDEZ Alba	X-ONE	33:50.2	14:40.3
48	580	DIZ MURIAS Andrea		35:55.9	16:46.0
49	572	GARCIA GUILLE Julia		36:09.5	16:59.6
50	559	PEREIRA GIL Raquel		36:33.8	17:23.9
51	560	MALVAR AMOEDO Noelia		36:34.0	17:24.1
52	588	JOVER LLOPIS Azucena		36:57.3	17:47.4
53	598	FUENTES VELASCO Marta		36:58.7	17:48.8
54	604	FREIRE Cidalía	ALVORGE	37:06.9	17:57.0
55	613	FREIRE Anabela		37:22.3	18:12.4
56	567	IGLESIAS ANDRADE Natalia Carolina		38:08.7	18:58.8
57	568	CASTILLO Mical	MAIS QUE AUGA	39:51.1	20:41.2
58	601	BLAQUEZ COIDO Ana	ELS PRINGATS	42:39.8	23:29.9

M1 5K

1	833	OTERO AMOEDO Anxo	CAD SERVISUB BUEU	16:34.6	
2	836	DOMINGUEZ VILA Pablo	VIGOENTRENA	18:23.4	1:48.8
3	819	LOPEZ FERNANDEZ Hugo	CIBUS SIRGON	18:43.4	2:08.8
4	842	ALONSO GARRIDO Alvaro		19:08.6	2:34.0
5	837	MORENO LIRA Josue		19:10.0	2:35.4
6	817	PEREZ MARCET Jorge Cosmo		19:12.3	2:37.7
7	838	GUERRERO MIQUILENO Ronaldo	SOCIEDAD ATLÉTICA VAL MIÑOR	20:06.4	3:31.8
8	803	ROMERO ESTEVEZ Kevin		20:14.5	3:39.9
9	847	ZUBIZARRETA SCOTTI Agustin	TAKO TEAM	20:59.6	4:25.0
10	829	CIGARRAN OLMO Jorge		21:10.8	4:36.2
11	810	LUMBRERAS DE LARA Diego	BIKILA	21:35.2	5:00.6
12	845	PIÑEIRO LESTON Fernando	CLUB ATLETISMO PORRIÑO	22:15.5	5:40.9
13	807	DIAZ SANDOVAL Gustavo Javier	MAIS QUE AUGA	22:20.0	5:45.4
14	805	PEREZ ALVAREZ Alejandro		22:31.1	5:56.5
15	821	LEON LAGO Sergio	VIGOENTRENA	23:55.3	7:20.7
16	826	IRAVEDRA LOPEZ Pablo		24:36.0	8:01.4
17	812	PEREZ VILLAR Andres		25:16.7	8:42.1
18	843	SALAZAR DURAES Felipe	LUME RUN	26:30.9	9:56.3

**CARREIRA CALVARIO 2025
GENERAL**

Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
19	832	MACEDA COVELO Manuel		26:33.7	9:59.1
20	823	MOLINA MARTINEZ Jose Luis		27:05.9	10:31.3
21	841	BLANCO RODRIGUEZ Mateo Maximiliano	ELS PRINGATS	27:42.7	11:08.1
22	801	SANTOS QUINTERO Bernardo		27:43.3	11:08.7
23	828	TUBIO PIÑEIRO Eloy		27:53.1	11:18.5
24	809	MOURE VAZQUEZ Juan G	C.A.R. MARISQUEIRO	28:07.5	11:32.9
25	818	ROMERO PEREZ Sergio		28:08.7	11:34.1
26	813	CIMADEVILA MORENO Xacobe		28:23.7	11:49.1
27	824	PACHECO Daniel		28:52.2	12:17.6
28	839	COUCEIRO MARQUEZ Felipe		29:09.8	12:35.2
29	816	SANTACLARA VIDAL Ramon		29:34.5	12:59.9
30	835	DIZ Alberto		29:42.7	13:08.1
31	806	VAZQUEZ MAYO Javier	MAIS QUE AUGA	30:50.0	14:15.4
32	815	CASTIÑEIRAS NARCISO Kevin		31:02.1	14:27.5
33	808	DI BONAVENTURA Vittorio		31:58.4	15:23.8
34	820	GRUNENFELDER Fadri		32:28.6	15:54.0
35	831	MAGDALENA IGLESIAS Alvaro		32:28.7	15:54.1
36	834	SABIDO MARTINEZ Manuel		32:41.4	16:06.8
37	822	MEGINA RUBIO Daniel		32:41.7	16:07.1
38	811	CIBRAN OLIVEIRA Jose Antonio		32:49.7	16:15.1
39	825	CAAMAÑO Alvaro		35:54.8	19:20.2
40	814	SEARA Samuel	MAIS QUE AUGA	39:50.7	23:16.1
41	840	MARTINEZ IGLESIAS Pablo	ELS PRINGATS	42:39.8	26:05.2

F2 5K

1	535	ESTEVEZ CRESPO Cristina		20:34.0	
2	534	VIDAL LORENZO Emilia	MAIS QUE AUGA	22:50.5	2:16.5
3	539	FERNANDEZ VARELA Maria Estefania		25:02.2	4:28.2
4	528	FARO ESTEVEZ Cristina		27:02.3	6:28.3
5	525	FREIRE PIÑEIRO Lorena	MAIS QUE AUGA	27:07.4	6:33.4
6	532	ALONSO OTERO Tamara		27:11.0	6:37.0
7	537	PEREZ RODRIGUEZ Luz	MAIS QUE AUGA	29:13.6	8:39.6
8	523	ALGARTE Sophie	LUME RUN	29:24.7	8:50.7
9	538	UBEIRA CORDERO Miriam		30:06.9	9:32.9
10	527	PAZOS GONZALEZ Lorena		30:40.6	10:06.6
11	531	PEREZ GOMEZ Lorena	ASALTAMONTES FEMALE	31:36.5	11:02.5
12	536	GARCIA BAUTISTA Tania		32:16.9	11:42.9
13	540	DIEGUEZ VARELA Carina		35:21.9	14:47.9
14	526	PADILHA GOMEZ Fernanda		35:43.9	15:09.9
15	530	VARGAS Marianela		40:52.3	20:18.3

M2 5K

1	773	FERNANDEZ SOENGAS Jesus	CLUB DEPORTIVO DELIKIA	16:23.8	
2	766	CADAVID VILLANUEVA Hector		18:20.2	1:56.4
3	848	PEREZ CONDE Kike	GMTA CHUVONERS	18:27.6	2:03.8
4	780	AMOEDO OUTEDA Juan Jose	CLUB ATLETISMO SAN MIGUEL DE MARÍN	18:51.3	2:27.5
5	768	CARRERA BLANCO Pablo	C.A. SERRANO	18:55.0	2:31.2

**CARREIRA CALVARIO 2025
GENERAL**

Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
6	788	VARELA PEREZ Jose Ramon		19:10.1	2:46.3
7	784	CAMPELO GONZALEZ Antonio	VIGOENTRENA	19:18.5	2:54.7
8	790	ALFAYA Jose	CLUB DEPORTIVO DELIKIA	19:38.2	3:14.4
9	775	OSBORNE Steve		23:08.4	6:44.6
10	781	DOCET CAAMAÑO Francisco		23:37.3	7:13.5
11	776	GARCIA FERNANDEZ Jose Manuel		24:39.2	8:15.4
12	795	DIAZ FERNANDEZ Diego		24:40.8	8:17.0
13	770	PEREZ IGLESIAS Antonio		24:43.5	8:19.7
14	855	PALTRICAS Tiago		24:59.4	8:35.6
15	787	GIRALDEZ RIOS Jose		25:21.3	8:57.5
16	794	VELOSO DOMINGUEZ Iago		25:49.6	9:25.8
17	777	GONZALEZ GIL David		26:02.0	9:38.2
18	774	PEREIRA RODRIGUEZ Carlos		26:35.7	10:11.9
19	778	SOUZA ALONSO Daniel		27:26.0	11:02.2
20	792	ALONSO OTERO Diego	COMESAÑA SPORTING CLUB	27:35.9	11:12.1
21	769	VERAZA Cristian	MAIS QUE AUGA	27:41.8	11:18.0
22	786	LOPEZ FERNANDEZ Ruben		27:45.4	11:21.6
23	783	RODRIGUEZ JORGE Daniel		27:55.1	11:31.3
24	785	SANCHEZ CASTRO Jesus		28:00.9	11:37.1
25	799	CANOSA Oscar		29:27.0	13:03.2
26	789	RECAMAN MIGUEZ Shirley		29:29.6	13:05.8
27	771	OTERO MIGUENS Luis		30:07.8	13:44.0
28	793	ANASTACIO Carlos	ALVORGE	30:21.9	13:58.1
29	767	DOMINGUEZ SERRANO Oscar		32:04.1	15:40.3
30	765	RODRIGUEZ ESTEVEZ Fernando		35:28.7	19:04.9
31	854	DIAS Licinio		37:24.1	21:00.3
32	779	VEGA COELLO Jesus		37:33.3	21:09.5

F3 5K

1	1	VAQUERO SOUSA Julia		19:57.6	
2	519	VILAR PALMA Ana Paula	SOCIEDAD ATLÉTICA VAL MIÑOR	21:00.9	1:03.3
3	513	MIRAS POSADA Marina	ANISETES	26:21.3	6:23.7
4	512	PEREIRA RODRIGUEZ Mar		27:02.7	7:05.1
5	521	PAZ OLIVEIRA Natalia	MAIS QUE AUGA	27:32.3	7:34.7
6	516	FONSECA GARCIA Beatriz		27:45.8	7:48.2
7	507	MENDEZ PENA Lina		28:45.7	8:48.1
8	510	RUIZ Pilar		29:12.6	9:15.0
9	517	GONZALEZ GONZALEZ Maria Elena	MAIS QUE AUGA	29:14.0	9:16.4
10	514	MANEIRO CID Romina	ANISETES	30:05.2	10:07.6
11	508	DIAZ PAZ Yolanda		30:48.4	10:50.8
12	520	PEREIRO SANTIN Maria Elena		31:41.2	11:43.6
13	518	ESPIÑO VAZQUEZ Celeste		32:41.7	12:44.1
14	509	FERNANDEZ SUAREZ Carmen	MAIS QUE AUGA	33:21.8	13:24.2

M3 5K

1	761	SANDE PRESA Juan Carlos	MILER RUNNING CLUB	18:02.2	
2	731	ULLA REGA Manuel		18:16.9	14.7

**CARREIRA CALVARIO 2025
GENERAL**

Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
3	753	FERNANDEZ MONZON Marcos	C.S.C.R. BEADE	18:40.2	38.0
4	749	COSTAS COSTAS Miguel	MAIS QUE AUGA	18:42.4	40.2
5	741	PALHARES Antonio		18:48.9	46.7
6	748	LOUZAO TATO Jose Luis		19:10.1	1:07.9
7	755	BARREIRO RUIBAL Matias	CLUB DEPORTIVO PINARIUM	19:46.8	1:44.6
8	760	CABADO CASTRO Xose	CLUB ATLETISMO SANTIAGO	20:42.5	2:40.3
9	744	AMOEDO AGULLA Carlos		20:57.2	2:55.0
10	732	FERREIRA ANTAS Victorman		21:36.4	3:34.2
11	757	ALONSO VEIGA Jose	ANISETES	21:37.3	3:35.1
12	745	ALVAREZ Andres	IMAXINATEA ESCOLA DE TEATRO	21:42.2	3:40.0
13	734	FERNANDEZ GARCIA Manuel	CLUB DEPORTIVO PINARIUM	22:36.0	4:33.8
14	743	DAVILA BUGARIN Salva		23:04.7	5:02.5
15	733	BELOSO GONZALEZ Carlos		23:16.9	5:14.7
16	756	CASTEJON OTERO Jaime		24:47.1	6:44.9
17	752	ESTEVEZ ABALDE Juan Antonio		24:49.0	6:46.8
18	754	LEDO MATA Alejandro		25:33.9	7:31.7
19	736	GONZALEZ MATOS Daniel		26:33.4	8:31.2
20	727	MARTINEZ GOMEZ Pakinho	GALLAECIA JASTANDOSAPATILLA	27:05.5	9:03.3
21	758	NOGUEIRA FOS Ruben		27:06.8	9:04.6
22	746	CAMESELLE BEN Jose Ramon		27:16.6	9:14.4
23	747	MARTINEZ ALONSO Daniel		28:40.6	10:38.4
24	735	BARROS LORENZO Jose Manuel		29:30.6	11:28.4
25	742	FERREIRA CHARRASQUIEL Marcial		29:39.4	11:37.2
26	737	IGLESIAS BLANCO Jose	ANISETES	31:11.4	13:09.2
27	729	SANCHEZ RODRIGUEZ Jorge		31:32.8	13:30.6
28	730	VAZQUEZ Enrique		32:17.8	14:15.6
29	738	LOSADA LOSADA Fernando	C.D. ATLETAS POPULARES DE SORIA	34:12.9	16:10.7
30	728	GANDARA BOUZA Alejandro	CLUB CASTRELOS 20:30	39:15.2	21:13.0
31	751	PEREZ CAMPO Jesus Maria		43:27.6	25:25.4

F4 5K

1	503	OSSORIO TERRON Asuncion	ATHLETICS FISIOTERAPIA SAN LÁZARO	31:27.4	
2	504	RODRIGUEZ Ana	MAIS QUE AUGA	33:22.0	1:54.6

M4 5K

1	724	PAZ RODRIGUEZ Juan	CLUB CASTRELOS 20:30	19:35.7	
2	720	ESTEVEZ CERNADAS Ricardo	ATHLETICS AVENTURA XTREM	22:20.4	2:44.7
3	721	FERNANDEZ GONZALEZ Jose Angel		23:30.9	3:55.2
4	723	GONZALEZ GARCIA Luis	C.A.R. MARISQUEIRO	26:12.7	6:37.0
5	725	SIMOEZ FERNANDEZ Jose Luis	C.A.R. MARISQUEIRO	28:40.4	9:04.7
6	726	VARELA GORJOJO Miguel Angel		29:03.4	9:27.7
7	722	PEREZ RODRIGUEZ Manuel		29:36.8	10:01.1

F5 5K

1	501	FERNANDEZ PAZOS Luz		26:28.7	
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**CARREIRA CALVARIO 2025
GENERAL**

Cl	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
M5 5K					
1	717	RIVEIRO RODRIGUEZ Arlindo	CLUB CASTRELOS 20:30	18:30.7	
2	714	VILLAR ALVAREZ Enrique		24:15.0	5:44.3
3	716	ROS ROSILLO Alejandro	CLUB DEPORTIVO DELIKIA	26:09.0	7:38.3
4	712	RIOS RODRIGUEZ Manuel	CLUB ATLETISMO VETERANOS DE SAMIL	31:18.0	12:47.3
5	715	VEGA MARQUEZ Jose Angel		32:28.4	13:57.7
6	713	GARCIA FERNANDEZ Jose Manuel		33:14.8	14:44.1

M6 5K					
1	711	DOMINGUEZ RODRIGUEZ Carlos		22:29.8	
2	706	KARAMES Manuel		23:29.3	59.5
3	704	REY GONZALEZ J.Roberto	CLUB ATLETISMO VETERANOS DE SAMIL	24:14.2	1:44.4
4	709	VIEITO QUINTAS Berto		25:03.8	2:34.0
5	707	HERNANDEZ BORREGO Miguel	MAIS QUE AUGA	25:12.8	2:43.0
6	701	GARCIA COSTAS Federico Amando		26:08.2	3:38.4
7	852	PADIN COUSIDO Jose Luis	CLUBE ATLETISMO CAMBADOS	26:59.3	4:29.5
8	703	VELILLA CASTRO Jesus Antonio	CLUB ATLETISMO VETERANOS DE SAMIL	27:43.2	5:13.4
9	705	RAMOS VIGO Sergio	CLUB ATLETISMO VETERANOS DE SAMIL	27:50.1	5:20.3
10	710	PEREZ Luis David	MAIS QUE AUGA	28:24.9	5:55.1
11	708	LOPEZ RAMOS Luis	RUNYTRI	28:55.8	6:26.0

DISCAMINO					
1	96	OLMOS CARBALLO Raquel	DISCAMINO	23:12.1	
2	422	BERRIDE SOTO David	DISCAMINO	25:53.2	2:41.1
3	95	ARAYA CRESPO Rosa	DISCAMINO	28:10.9	4:58.8
4	94	PEREIRO PIAY Paula	DISCAMINO	32:22.7	9:10.6
5	97	MARTINEZ SANTOS Paula	DISCAMINO	32:37.9	9:25.8
6	424	FERNANDEZ COSTAS Gerardo	DISCAMINO	32:38.3	9:26.2
7	423	FERNANDEZ MARTINEZ Javichi	DISCAMINO	33:33.0	10:20.9
8	428	SANCHEZ CASADO Unai	DISCAMINO	35:02.5	11:50.4
9	425	RODRIGUEZ FIRVIDA Damian	DISCAMINO	35:03.6	11:51.5
10	432	LAGO PEREZ Cesar	DISCAMINO	37:25.1	14:13.0