



## XI 10 KMS DO BERBÉS

### CATEGORÍAS

Clt	Dor.	Apellidos y nombre	Equipo	5,20KM (Clt)	Tiempo	Diferencia
<b>Categoría M0</b>						
1	433	GONZALEZ BORGES David	INDEPENDIENTE	16:27.697 (1)	<b>34:59.525</b>	
2	355	RIAL LEMOS Raul	VILA DE CANGAS	19:53.837 (2)	<b>39:11.374</b>	4:11.849
3	300	HUERTAS MENOR Jorge	KOP DE VIGO	22:54.572 (4)	<b>44:29.011</b>	9:29.486
4	385	RELO VILLAR Teo		21:35.245 (3)	<b>45:01.198</b>	10:01.673
5	429	REINALDO LOSADA Samuel	KOP DE VIGO	25:15.992 (5)	<b>55:57.631</b>	20:58.106

Abandonos

304	BENITEZ ALVAREZ Xoel					
-----	----------------------	--	--	--	--	--

### Categoría M1

1	447	FERNANDEZ NIETO Cristian	BORGES TEAM	15:36.371 (1)	<b>32:00.259</b>	
2	388	GOMEZ GONZALEZ Anton	CLUB ATLETISMO TAMBRE	16:34.838 (2)	<b>33:03.165</b>	1:02.906
3	308	CAMESCASSE ROUCO Pablo	INDEPENDIENTE	16:56.711 (3)	<b>33:06.100</b>	1:05.841
4	273	COMESAÑA PEREIRA Celso	CLUB DEPORTIVO DELIKIA	17:02.698 (4)	<b>34:28.303</b>	2:28.044
5	255	ARECES ARBOLEYA Miguel	CLUB ATLETISMO PRAVIA	17:32.187 (5)	<b>34:35.419</b>	2:35.160
6	325	TABOAS CARRERA Ismael	ATLETISMO PORRIÑO	17:34.826 (6)	<b>35:01.558</b>	3:01.299
7	221	GARCIA GOMEZ Victor	VII LEGIO QUERQUENNIS	18:11.259 (11)	<b>35:37.925</b>	3:37.666
8	328	BARREIRO GOMEZ Martin	TRINORTH	17:48.468 (7)	<b>35:47.576</b>	3:47.317
9	370	PAZ ALVAREZ Marcos	INDEPENDIENTE	17:50.536 (8)	<b>36:03.438</b>	4:03.179
10	90	MARTINEZ CASTRO Roberto	CD PINARIUM	18:08.556 (10)	<b>36:05.064</b>	4:04.805
11	363	BERMUDEZ SOLIÑO Rodrigo	CORREDOIRAS	18:06.597 (9)	<b>36:09.045</b>	4:08.786
12	446	VILA PORTO Javier	RUNNERS PV	18:11.260 (12)	<b>36:16.335</b>	4:16.076
13	321	LÓPEZ FERNANDEZ Victor	ATLETISMOARENTEIRO	18:32.187 (14)	<b>36:31.704</b>	4:31.445
14	134	COMESAÑA CHAVERT Dario	ATHLETICS FISIOTERAPIA SAN LAZ	18:35.070 (15)	<b>37:23.464</b>	5:23.205
15	215	ANDUJAR DE LA CRUZ Alejandro		18:53.395 (16)	<b>37:28.915</b>	5:28.656
16	329	MORAIS DE LA IGLESIA Jose Manuel	CLUB ATLETISMO PORRIÑO	19:01.636 (20)	<b>37:36.054</b>	5:35.795
17	136	ALVAREZ COSTAS Alejandro	ATLETISMO BAIONA	18:16.609 (13)	<b>37:44.123</b>	5:43.864
18	350	OTERO RAMIREZ Alejandro	ATHLETICS FISIOTERAPIA SAN LAZ	18:55.633 (17)	<b>37:45.846</b>	5:45.587
19	112	RODRIGUEZ FERREIRO Miguel		18:58.150 (19)	<b>37:47.983</b>	5:47.724
20	306	PAGNIER Theo	C.A.R MARISQUEIRO	18:55.975 (18)	<b>37:54.302</b>	5:54.043
21	390	TEIJIZ Ismael	RUNYTRI	19:39.814 (24)	<b>38:12.763</b>	6:12.504
22	188	ALONSO GONZALEZ Andre		19:24.566 (21)	<b>38:29.142</b>	6:28.883
23	320	CHAMORRO Xoel	RAZA PALLEIRA	19:25.335 (22)	<b>39:05.802</b>	7:05.543
24	9	LOPEZ MUÑIZ Manuel	RUN&TRI	19:47.646 (25)	<b>39:15.863</b>	7:15.604
25	442	PARDO JORGE Jesus	TRINORTH	19:32.766 (23)	<b>39:31.232</b>	7:30.973
26	121	RODRIGUEZ SANTISO Hugo	KOMBUCHA TIME	20:27.785 (31)	<b>39:46.361</b>	7:46.102
27	35	MURIAS RODRIGUEZ Alejandro	LASER RANING	20:15.774 (29)	<b>39:56.595</b>	7:56.336
28	119	CARBALLIDO MENDEZ Jesus	RPV	20:56.336 (40)	<b>40:00.018</b>	7:59.759
29	125	DURAN ALVAREZ Hugo	C.A. VETERANOS DE SAMIL	20:08.877 (28)	<b>40:07.411</b>	8:07.152
30	437	COSTAS FERNANDEZ Jose Luis	ASOCIACION DEPORTIVA C.A.R RED	20:03.949 (27)	<b>40:07.843</b>	8:07.584
31	402	DURAN MARTINEZ Joel	A. D LIMIACTIVA	20:29.085 (33)	<b>40:14.981</b>	8:14.722

11/09/2022 / Vigo

El 11/09/2022 a 16:00 / Página 1/12

Vola Timing (www.vola.fr) / Msports Pro 6.1.04

MagmaSports **VOLA** RACING



PÉREZ MENDOS FISIOTERAPIA





## XI 10 KMS DO BERBÉS

### CATEGORÍAS

Clt	Dor.	Apellidos y nombre	Equipo	5,20KM (Clt)	Tiempo	Diferencia
32	242	SALGADO Luis		19:56.036 (26)	40:17.344	8:17.085
33	120	ALONSO RODRIGUEZ Senen	RUNNERS PV	20:34.636 (34)	40:20.073	8:19.814
34	261	FARO MARTINEZ Mickael	CORREDORES FESTEIROS	20:56.474 (41)	40:28.291	8:28.032
35	371	FERNANDEZ BLANCO Tante	CORREDORES FESTEIROS	20:56.273 (39)	40:30.540	8:30.281
36	33	RODRIGUEZ FERNANDEZ Manuel Jesus		21:20.767 (46)	40:30.996	8:30.737
37	219	FERNANDEZ BERMUDEZ Cesar Aitor	HDC 1923	20:38.114 (36)	40:45.172	8:44.913
38	182	DOMINGUEZ VILA Pablo	VIGOENTRENA	20:28.238 (32)	40:58.133	8:57.874
39	415	IGLESIAS OTERO David	RUN&TRI	20:38.908 (37)	41:03.901	9:03.642
40	36	PIÑEIRO LESTON Fernando	ATLETISMO PORRIÑO	20:37.854 (35)	41:07.632	9:07.373
41	257	CONEJERO JORDAN Borja	MORDESTE	20:59.685 (44)	41:46.633	9:46.374
42	45	FER Adrian	CD DELIKIA	20:57.204 (43)	41:48.883	9:48.624
43	173	DIAZ SANTOS Juan Manuel		20:26.676 (30)	41:53.241	9:52.982
44	441	PEREZ PAZOS Jorge	RUN&TRI	20:57.003 (42)	42:04.813	10:04.554
45	240	PUIME COMESAÑA Jonathan		21:25.326 (48)	42:24.514	10:24.255
46	107	RAMIRO GOMEZ Juan Luis		22:02.448 (52)	42:24.833	10:24.574
47	218	RICHARTE CARBALLO Daniel	MQA	21:22.534 (47)	42:31.959	10:31.700
48	183	MARTINEZ SEGUIN Oscar	VIGOENTRENA	21:32.413 (50)	42:34.200	10:33.941
49	210	MACEIRA Guillermo		21:52.544 (51)	42:36.015	10:35.756
50	113	RODRIGUEZ GALLEGO Alberto Jose		20:45.705 (38)	42:58.011	10:57.752
51	251	MACIA CLAVERIA Angel		21:13.795 (45)	43:04.019	11:03.760
52	367	PIÑEIRO LEMAT Carlos		22:11.937 (55)	43:16.891	11:16.632
53	203	DAFONTE MARTINEZ Miguel	VIGOENTRENA	22:04.913 (53)	43:20.471	11:20.212
54	265	ARMADA DIAZ Jacobo		22:57.656 (62)	43:42.190	11:41.931
55	254	SULBARAN VIDAL Jesus Manuel		22:37.643 (58)	43:49.691	11:49.432
56	346	GIL MARTINEZ Marcos	TRIATLON POIO	23:00.649 (63)	44:13.919	12:13.660
57	276	LOPEZ FERNANDEZ Hugo	CORREDORES DO MIÑO	23:01.047 (65)	44:25.799	12:25.540
58	175	FERNANDEZ GONZALEZ Pedro	VIGOENTRENA	22:45.078 (60)	45:10.258	13:09.999
59	386	URBANO MARTINEZ Jorge	CLUBE ATLETISMO BURELA	23:00.853 (64)	45:11.210	13:10.951
60	110	RODRIGUEZ ALONSO Jose Eduardo		22:31.735 (57)	45:17.369	13:17.110
61	404	GIL CONDE Alvaro	ASOCIACIÓN DEPORTIVA CAR	22:25.633 (56)	45:27.013	13:26.754
62	249	BARROS SERODIO Alejandro		21:27.515 (49)	45:29.548	13:29.289
63	263	FERNANDEZ FOMBELLIDA Iñigo		24:27.164 (70)	46:46.711	14:46.452
64	64	LORENZO RIVEIRO Diego		22:10.093 (54)	46:54.990	14:54.731
65	128	FERNANDEZ CERZON Daniel	C.A. VETERANOS DE SAMIL	23:26.312 (66)	46:59.159	14:58.900
66	236	ABAD Jacobo		24:30.683 (72)	47:01.170	15:00.911
67	76	SOUSA DOMINGUEZ Adrian		24:14.745 (68)	47:13.136	15:12.877
68	253	VILA Ibrahim		24:43.612 (76)	47:31.171	15:30.912
69	374	BARREIRO Hugo	BARREIROS	22:56.284 (61)	47:37.088	15:36.829
70	281	DACAL DEZA Daniel		22:44.157 (59)	47:47.870	15:47.611
71	398	PARRADO MAQUIEIRA David		24:34.622 (73)	48:07.327	16:07.068
72	157	PIRES FILGUEIRA Marcos		24:43.294 (75)	48:19.636	16:19.377
73	131	CAMPELO GONZALEZ Antonio		24:26.227 (69)	48:31.799	16:31.540
74	269	PARGA RODRIGUEZ Alberto		26:38.224 (83)	48:33.821	16:33.562
75	403	ESPINOZA Daniel	XC TRAINING	24:53.533 (77)	48:39.746	16:39.487
76	132	PALOMEQUE TORRAS Jose Maria		24:35.792 (74)	49:02.287	17:02.028
77	443	MARTINS Nuno	ATLETISMO UNIVERSIDADE DE VIGO	25:33.710 (79)	49:09.189	17:08.930

11/09/2022 / Vigo

El 11/09/2022 a 16:00 / Página 2/12

Vola Timing (www.vola.fr) / Msports Pro 6.1.04

MagmaSports



PÉREZ MENDOS FISIOTERAPIA





## XI 10 KMS DO BERBÉS

### CATEGORÍAS

Clt	Dor.	Apellidos y nombre	Equipo	5,20KM (Clt)	Tiempo	Diferencia
78	137	VELOSO PEREZ Manuel		25:25.711 (78)	49:45.239	17:44.980
79	416	VIDE LINARES Antonio Jose		23:38.405 (67)	49:52.644	17:52.385
80	368	RODRIGUEZ LAGO Miguel		24:29.921 (71)	49:59.366	17:59.107
81	55	MARTINEZ COSTAS Javier	LÁSER RANING	26:10.211 (82)	50:36.168	18:35.909
82	63	LORENZO FRIERO Jose Manuel	SIN EQUIPO	25:53.791 (80)	50:49.784	18:49.525
83	364	PALMER Tim		26:53.950 (85)	51:21.314	19:21.055
84	356	VAZQUEZ FERNANDA Jorge		26:39.566 (84)	52:02.673	20:02.414
85	445	FERNANDEZ CAGIGAS Pablo		26:59.251 (87)	52:51.930	20:51.671
86	389	CABADAS GARCIA Fernando		26:57.672 (86)	53:07.851	21:07.592
87	216	LORENZO GIRARDIN Igor		26:59.451 (88)	53:18.305	21:18.046
88	298	BALTAR Roberto		27:01.202 (89)	53:26.151	21:25.892
89	25	MARTINEZ VILLARROEL Benjamin	R&K PROJECT	26:08.124 (81)	53:52.071	21:51.812
90	92	GOMEZ MARTINEZ David	DAVID	29:00.317 (91)	57:12.890	25:12.631
91	5	VAZQUEZ SANTOME Simon	CAR MARISQUEIRO	29:09.469 (92)	58:00.410	26:00.151
92	234	VAZQUEZ ESTEVEZ Alberto		27:11.279 (90)	58:31.980	26:31.721
93	421	GARCIA FIGUEROA Francisco Jose		29:27.599 (93)	59:06.644	27:06.385

### Ausentes

37		DOMINGUEZ Ivan				
46		ABELLEIRA RODRIGUEZ Adrian	C. D. DELIKIA			
57		LOPEZ GARRIDO David				
159		ORTIZ CIDRE Guillermo Jose				
168		ABREU GARCIA Julio	ADN-RUNNERS TELMO PELUQUEROS			
197		ALVAREZ Andres				
214		GUTIERREZ GONZALEZ Carlos Enrique	RUNGALICIA-INTERSPORT			
217		LAFUENTE VIÑAS Pablo				
223		PAREDES COSTA Aaron				
289		TRIGO ALVAREZ Martin				
299		LAGO HERNANDEZ Aaron				
352		ALVAREZ COSTAS Antonio	COMESAÑA SPORTING CLUB			
423		COSTA PAZO Artur	VIGO ENTRENA			

### Abandonos

23		RODRIGUES. COSTA Guillermo	RODRIGUES TEAM			
69		TABOADA MARTINEZ David	RUNNING LUSEKELO			
272		IGLESIAS DORDA Antonio				
309		RODRIGUEZ LAGO Pablo				
422		CHAPELA GONZALEZ Carlos	RUNYTRI			
438		PEREZ VIEITES Diego	CLUB ATLETISMO PORRIÑO			

### Categoría M2

1	291	PRIETO FERVENZA Alvaro	CLUB ATLETISMO NARON	15:52.519 (1)	31:22.326	
2	317	PACHECO MARTINEZ Victor Hugo	3&RUN BY PEDRO NIMO	16:57.681 (2)	33:49.957	2:27.631
3	365	ALVAREZ GARCIA Javier		17:32.003 (3)	34:31.739	3:09.413

11/09/2022 / Vigo

El 11/09/2022 a 16:00 / Página 3/12

Vola Timing (www.vola.fr) / Msports Pro 6.1.04

MagmaSports



PÉREZ MENDOS FISIOTERAPIA





## XI 10 KMS DO BERBÉS

### CATEGORÍAS

Clt	Dor.	Apellidos y nombre	Equipo	5,20KM (Clt)	Tiempo	Diferencia
4	6	CONDE GONZALVO Javier	C.A.R. MARISQUEIRO	17:32.247 (4)	34:43.825	3:21.499
5	345	LIEBANAS MENDEZ Antonio	ATLETISMO BAIONA	17:32.362 (5)	34:51.504	3:29.178
6	405	PEREZ LORENZO Daniel	ATHLETICS FISIOTERAPIA SAN LÁZ	18:06.177 (8)	35:12.361	3:50.035
7	316	MARZOA RUIZ Miguel	C.A.R. MARISQUEIRO	17:35.166 (6)	35:19.099	3:56.773
8	18	BASTOS DASILVA Jose Alberto	ADN RUNNERS-TELMO PELUQUEROS F	18:23.896 (10)	35:35.286	4:12.960
9	283	ARIAS COSTAS Dario	CLUB ATHLETICS FISIOTERAPIA SA	18:06.297 (9)	35:42.236	4:19.910
10	238	BRANDON DOMINGUEZ Gonzalo	C.A.R. MARISQUEIRO	17:55.171 (7)	35:49.355	4:27.029
11	220	GONZALEZ ALVAREZ Jose Felipe		18:53.451 (11)	37:47.058	6:24.732
12	100	CARRERA BLANCO Pablo	C.A. CÁRNICAS SERRANO	19:26.335 (16)	38:05.885	6:43.559
13	271	PENA PEREIRA Francisco Javier	CSCR BEADE	19:21.826 (12)	38:10.922	6:48.596
14	75	SANCHEZ MOREIRA Ricardo	CIBUS	19:24.606 (15)	38:24.513	7:02.187
15	259	FERNANDEZ MONZON Marcos	CSCR BEADE	19:24.464 (14)	38:30.914	7:08.588
16	80	BERNARDEZ RODRIGUEZ Dario	CIBUS	19:24.125 (13)	38:38.482	7:16.156
17	109	FERREIRA LAREDO David	CASTRELOS KM0	19:28.045 (17)	38:49.102	7:26.776
18	103	FERNANDEZ FERNANDEZ Andres	CIBUS	20:01.388 (23)	39:17.314	7:54.988
19	349	PEREZ RODAS Daniel		19:53.975 (22)	39:18.473	7:56.147
20	387	LOPEZ ROMERO Javier	SPIKES	20:34.908 (28)	39:45.102	8:22.776
21	396	JUNCAL CARRAGAL Jose Manuel	MILER RUNNING CLUB	20:36.175 (29)	39:45.157	8:22.831
22	376	FIGUEROA FERNANDEZ Jesus	ASOCIACION DEPORTIVA C.A.R.	19:39.435 (19)	39:50.613	8:28.287
23	369	ALVAREZ Sabino	CAR REDONDELA	20:22.196 (25)	39:50.833	8:28.507
24	138	LAGO GOBERNA Francisco Javier	FLORISTERIA CARMEN SIO	19:40.254 (20)	39:52.623	8:30.297
25	312	VARA ADRIO Iago		20:16.069 (24)	39:54.182	8:31.856
26	207	MAYO Marcos		20:24.155 (26)	40:11.801	8:49.475
27	431	GONZALEZ ALVAREZ Luis Borja		19:48.784 (21)	40:30.084	9:07.758
28	377	PEREZ CONDE Enrique	TRAILCOMOCABRAS	20:34.577 (27)	40:53.233	9:30.907
29	301	RODRIGUEZ ALVAREZ Jose Antonio	C. A. R. MARISQUEIRO	20:59.385 (32)	41:18.275	9:55.949
30	228	COMESAÑA SAA Daniel	L@S INSENSATO@	21:13.616 (36)	41:31.400	10:09.074
31	54	ALVAREZ-BUYLLA DE LA IZ Julio	TRIATLÓN MAR DE VIGO	21:02.653 (33)	41:42.992	10:20.666
32	444	ALVAREZ MIRANDA Jose Luis	CIBUS	21:25.325 (37)	41:53.674	10:31.348
33	98	VAZQUEZ TRONCOSO Carlos	INDEPENDIENTE	19:28.189 (18)	41:59.045	10:36.719
34	189	DOMINGUEZ FERNANDEZ Simon		21:38.129 (42)	42:09.010	10:46.684
35	60	TIZON FREIRIA German		22:11.648 (50)	42:13.156	10:50.830
36	334	BARINDELLI RAMOS Alen		20:39.435 (30)	42:17.096	10:54.770
37	73	SANMARCO VIDAL Manuel	CASTRELOS KM0	20:45.475 (31)	42:18.971	10:56.645
38	410	BARGIELA ARAUJO Daniel	BIKILA	21:27.711 (38)	42:24.921	11:02.595
39	407	GARCIA FERNANDEZ ARRUTI Andres		21:27.914 (39)	42:25.140	11:02.814
40	83	FROIZ LAREU Andres	TNT GHERRILLEIROS	21:45.155 (45)	42:26.060	11:03.734
41	435	NOVOA SIO Jose	FLORISTERIA CARMEN SIO	21:52.384 (46)	42:47.352	11:25.026
42	279	PAZ RODRIGUEZ Saul		21:40.887 (44)	42:59.037	11:36.711
43	167	PEREIRAS ALVAREZ Marcos	CASTRELOS KM 0	21:03.428 (34)	43:07.235	11:44.909
44	151	GONZALEZ UCLES David	DISCAMINO	21:40.277 (43)	43:07.853	11:45.527
45	116	NAVIA IGLESIAS Ruben		22:14.143 (52)	43:11.639	11:49.313
46	106	MILLAN FARO Ivan		21:29.647 (40)	43:15.521	11:53.195
47	97	LORENZO UZ Alberto	CIBUS	21:59.494 (48)	43:18.080	11:55.754
48	297	CORZON VIEITES Alfonso		21:58.056 (47)	43:21.479	11:59.153
49	8	FERNANDEZ VAZQUEZ Rafael	C.A.R. MARISQUEIRO	22:14.868 (56)	43:26.995	12:04.669

11/09/2022 / Vigo

El 11/09/2022 a 16:00 / Página 4/12

Vola Timing (www.vola.fr) / Msports Pro 6.1.04

MagmaSports



PÉREZ MENDOS FISIOTERAPIA





## XI 10 KMS DO BERBÉS

### CATEGORÍAS

Clt	Dor.	Apellidos y nombre	Equipo	5,20KM (Clt)	Tiempo	Diferencia
50	348	MUIÑOS CARBALLO Bruno		22:14.818 (54)	43:32.191	12:09.865
51	324	ALONSO Alberto		22:15.185 (57)	43:32.249	12:09.923
52	186	CARRILLO CLARO Juan Carlos	A.D.CORREDORES FESTEIROS	22:14.866 (55)	43:40.581	12:18.255
53	391	CUETO FERNANDEZ David		22:37.764 (58)	43:47.575	12:25.249
54	237	DELGADO RAMOS Jose Carlos		22:01.525 (49)	44:05.111	12:42.785
55	434	GARCIA PAZO Eduardo	BIKILA	21:29.753 (41)	44:15.412	12:53.086
56	406	DENIZ GRAÑA Jose		22:14.565 (53)	44:19.100	12:56.774
57	247	GONZALEZ REY Diego	ADN RUNNERS	23:01.048 (59)	44:39.420	13:17.094
58	378	FERNANDEZ DA SILVA Marcial	L@S INSENSAT@S	23:18.687 (63)	44:39.609	13:17.283
59	287	FILGUEIRA PONCE Fernando	COMESAÑA SPORTING CLUB	22:13.363 (51)	45:05.218	13:42.892
60	39	RODRIGUEZ FERNANDEZ Efren	ALTAFIT VIGO	21:10.894 (35)	45:34.274	14:11.948
61	313	RODILLA Ivan		23:10.812 (60)	45:37.810	14:15.484
62	260	VARA Javier		23:12.192 (61)	45:44.377	14:22.051
63	266	SANLUIS LAGO Victoriano		23:18.392 (62)	46:05.319	14:42.993
64	252	DOMINGUEZ VILLAVERDE Juan Carlos		23:48.641 (67)	46:40.676	15:18.350
65	202	GOMEZ LOPEZ Pablo	INSENS@TOS	24:00.353 (70)	46:48.799	15:26.473
66	323	PEREZ Yago	NOSPORTLIMIT	23:54.413 (69)	47:04.199	15:41.873
67	85	COMESAÑA PEDRIDO Modesto	C.A. VETERANOS DE SAMIL	24:18.967 (71)	47:12.008	15:49.682
68	448	LAGE CRUCES Miguel Angel	CORREDORES FESTEIROS	23:42.651 (65)	47:31.170	16:08.844
69	199	GONZALEZ VIEITEZ Roberto Carlos		23:21.692 (64)	47:32.777	16:10.451
70	135	MARTINEZ LOSADA Jaime Carlos	RUNNING LUSEKELO	23:47.095 (66)	47:44.795	16:22.469
71	353	FREIRE Juan	FRUTAS NIEVES	24:29.221 (72)	47:55.091	16:32.765
72	30	MONTERO GONZALEZ Ignacio	FRUTAS NIEVES	24:29.223 (73)	47:55.092	16:32.766
73	419	LOPEZ PINO Javier	RUNYTRI	23:48.963 (68)	48:00.329	16:38.003
74	248	FERMOSO DOMINGUEZ Tomas	FRUTAS NIEVES	24:51.392 (76)	48:46.796	17:24.470
75	270	FERNANDEZ PEREZ Oscar Manuel	C.A.R. MARISQUEIRO	24:36.953 (75)	49:08.628	17:46.302
76	343	MARTINEZ COSTAS Diego	FLORISTERÍA CARMEN SIO	25:51.183 (82)	49:12.118	17:49.792
77	233	GARCIA FRAGUEIRO Roberto		26:59.606 (97)	49:14.886	17:52.560
78	232	PEREZ RODRIGUEZ Jesus Eduardo	BUDIÑORAI	26:59.193 (96)	49:26.426	18:04.100
79	245	ALVAREZ GOMEZ Manuel		24:35.616 (74)	49:35.875	18:13.549
80	382	CARRERA RAFAEL Jaime		25:12.744 (79)	49:39.755	18:17.429
81	375	CASADO Gustavo		24:58.822 (78)	49:53.885	18:31.559
82	285	DOMINGUEZ VALES Jose Manuel		25:57.412 (84)	49:55.887	18:33.561
83	129	RELLO FERNANDEZ Pablo	C.A. VETERANOS DE SAMIL	25:57.266 (83)	50:25.224	19:02.898
84	397	ALONSO COSTAS Oscar		24:52.043 (77)	50:57.828	19:35.502
85	362	DORADO FUENTE Iban		27:21.948 (100)	50:58.785	19:36.459
86	330	SALO BENITO Javier		26:53.952 (94)	51:21.707	19:59.381
87	360	RODRIGUEZ LOUREIRO Juan Carlos		25:59.533 (86)	51:39.834	20:17.508
88	50	SANMARTIN GONZALEZ Victoriano	MAIS QUE AUGA	26:15.748 (87)	51:41.613	20:19.287
89	111	MARTINEZ DOBALO David		25:59.351 (85)	51:58.106	20:35.780
90	373	ZUNZUNEGUI GARRIDO Noe		26:44.160 (89)	52:17.164	20:54.838
91	432	BENATTI Gustavo Eduardo	CORREDORES FESTEIROS	25:41.811 (81)	52:21.983	20:59.657
92	264	ROLO FRAGA Aitor		26:57.518 (95)	52:47.151	21:24.825
93	337	LEMONS LOPEZ Oscar		26:39.190 (88)	52:53.091	21:30.765
94	331	PEREZ LOPEZ Oscar	PORRIÑO	26:51.204 (93)	53:02.286	21:39.960
95	244	DOMINGUEZ GROBA Javier		25:35.568 (80)	53:06.145	21:43.819

11/09/2022 / Vigo

El 11/09/2022 a 16:00 / Página 5/12

Vola Timing (www.vola.fr) / Msports Pro 6.1.04

MagmaSports



PÉREZ MENDOS FISIOTERAPIA





## XI 10 KMS DO BERBÉS

### CATEGORÍAS

Clt	Dor.	Apellidos y nombre	Equipo	5,20KM (Clt)	Tiempo	Diferencia
96	7	ROMERO SOBRAL Jordan		28:04.250 (101)	53:39.653	22:17.327
97	17	CASTRO Eduardo	MIRADOIRO	28:20.548 (104)	53:45.912	22:23.586
98	15	COUSO Alberto	CD MIRADOIRO	28:20.407 (103)	53:52.464	22:30.138
99	166	ALONSO ABALO Jose Manuel		27:18.531 (99)	53:59.753	22:37.427
100	68	FERNANDEZ ALVAREZ David	LÁSER RANNING	26:45.830 (90)	54:10.473	22:48.147
101	38	HERNANDEZ GRAÑA Juan Carlos		28:41.581 (106)	54:22.732	23:00.406
102	231	ARIAS ESCANDON Mario Fernando		27:08.289 (98)	54:24.653	23:02.327
103	53	LOPEZ LOPEZ Jacobo	LASER RANING	26:47.420 (91)	55:47.463	24:25.137
104	347	PEREZ FRANCISCO Alfredo		28:23.140 (105)	56:02.405	24:40.079
105	187	VILLAR MIRANDA Jorge		28:06.103 (102)	56:02.581	24:40.255
106	193	CAMACHO CASCAJO Gabriel		26:50.964 (92)	56:19.032	24:56.706
107	122	LEDO MARTINEZ Daniel		28:48.224 (107)	58:58.162	27:35.836
108	51	AMOEDO COLLAZO Moises	ESPARTAN@S CHIFLAD@S	30:37.640 (109)	1h00:11.268	28:48.942
109	176	PEREZ LOPEZ Carlos Alberto		32:28.308 (111)	1h02:33.707	31:11.381
110	144	LOPEZ CARBALLO Alex	ELECTRO	32:30.587 (112)	1h02:45.360	31:23.034
111	96	RADA SOTO Iago		30:43.690 (110)	1h02:49.066	31:26.740
112	52	FEIJOO SUAREZ Marcos	CHUZAS OLIMPICOS	30:33.340 (108)	1h02:57.657	31:35.331
113	160	ESTEVEZ GONZALEZ Jose Antonio	RUN HAPPY TEAM	33:21.858 (113)	1h06:16.818	34:54.492

### Ausentes

14	VILAR REY Jose Carlos	
32	MARTINEZ MARTINEZ Victor	XOANA TEAM
84	FUENTES FERNANDEZ Alejandro	
114	CARREIRO PAZOS Jose Ramon	TOMI
118	PEREIRA SALGUEIRO Ramon	LODEIROS TRAIL
141	YAÑEZ PENA Juan Jose	
158	ALONSO INSUA Alberto	ALEJANDRO GOMEZ
224	RIOS CERVANTES Fernando Alfredo	
305	CARBALLO Manuel	C.A.R MARISQUEIRO
311	LOPEZ PINO Alberto	RUNYTRI
340	BEMUDEZ PEREZ Rodrigo	
426	VIÑAS GARCIA Pablo	

### Abandonos

21	LORENZANA MEIRE Jesus	ADN TELMO PELUQUEROS
94	GANDARA CORTES Juan Daniel	
104	FERREIRA GONZALEZ Jose Carlos	ADAS CUPA
200	ALMEIDA TOUCEDA Marcos	
209	BADAS RODRIGUEZ Alejandro Jose	
229	GOMEZ ALVAREZ Juan Antonio	ATLETICS FISIOTERAPIA SAN LÁZA
344	FERNANDEZ GARCIA Roberto	CONDADO TRAIL
366	GONZALEZ ABRIL Roman	
424	FERNANDEZ GALEGO Ruben	

11/09/2022 / Vigo

El 11/09/2022 a 16:00 / Página 6/12

Vola Timing (www.vola.fr) / Msports Pro 6.1.04

MagmaSports



PÉREZ MENDOS FISIOTERAPIA





## XI 10 KMS DO BERBÉS

### CATEGORÍAS

Clt	Dor.	Apellidos y nombre	Equipo	5,20KM (Clt)	Tiempo	Diferencia
<b>Categoría M3</b>						
1	380	ESTEVEZ GARCIA Manuel Enrique	ADAS	18:07.770 (2)	<b>36:26.465</b>	
2	351	DAVILA MARIÑO Oscar	EQUIPO A	18:07.716 (1)	<b>36:27.205</b>	0.740
3	399	FERNANDEZ DEL TORO Manuel	C.A. VETERANOS DE SAMIL	18:32.317 (3)	<b>36:39.028</b>	12.563
4	123	AMOEDO GIMENEZ Anton	C.A. VETERANOS DE SAMIL	18:33.595 (4)	<b>37:25.323</b>	58.858
5	401	RAVIÑA FURELOS Juan Carlos	COMPOSTELA ATLETISMO	19:24.201 (5)	<b>38:14.958</b>	1:48.493
6	155	PAZ GONZALEZ Juan Carlos	C.A.R. MARISQUEIRO	19:27.386 (7)	<b>38:23.110</b>	1:56.645
7	89	ALBA Miguel	CASTRELOS KM0	19:28.187 (8)	<b>38:58.513</b>	2:32.048
8	428	GOMEZ ALONSO Manuel	GMTA CHUVONERS	19:26.864 (6)	<b>39:02.702</b>	2:36.237
9	322	COSTAS COSTAS Miguel	MÁIS QUE AUGA	20:18.415 (11)	<b>40:17.801</b>	3:51.336
10	154	FREIRE RIVEIRA Miguel Angel	C.A.R MARISQUEIROS	20:36.117 (13)	<b>40:39.515</b>	4:13.050
11	288	RODRIGUEZ LOPEZ Gonzalo	ASOCIACIÓN DEPORTIVA C.A.R	20:04.555 (9)	<b>40:46.995</b>	4:20.530
12	408	PAZ RODRIGUEZ Juan J.	CASTRELOS 20:30	20:09.475 (10)	<b>40:52.874</b>	4:26.409
13	1	LISTE BASCOY Alex	TRIATLÓN POIO	20:35.774 (12)	<b>40:58.542</b>	4:32.077
14	115	SABORIDO VILAR Alberto	CASTRELOS KM0	21:34.008 (16)	<b>42:17.161</b>	5:50.696
15	280	FERNANDEZ ABALDE Felix		21:45.835 (17)	<b>42:18.319</b>	5:51.854
16	12	GIL TATO Jose Maria	C.A.R. MARISQUEIRO	22:12.115 (19)	<b>42:19.351</b>	5:52.886
17	105	RAMOS VAZQUEZ Rafael		21:32.372 (15)	<b>43:09.500</b>	6:43.035
18	307	VARELA CERDEIRA Cesar		22:03.094 (18)	<b>43:23.578</b>	6:57.113
19	267	RODRIGUEZ MARTINEZ Modesto		21:29.967 (14)	<b>43:24.880</b>	6:58.415
20	201	LUCIA PAREDES Juan Antonio		22:14.664 (20)	<b>43:40.580</b>	7:14.115
21	19	ALEN CASTELAIN Eusebio	CASTRELOS 20:30	23:06.146 (31)	<b>43:58.078</b>	7:31.613
22	42	CAMPOS ABALDE Antonio	CASTRELOS KM-0	23:05.910 (29)	<b>44:10.199</b>	7:43.734
23	20	PICO PITA Jose Luis	CASTRELOS 20:30	23:05.973 (30)	<b>44:10.279</b>	7:43.814
24	156	GONZALEZ VILLANUEVA Jorge	C.A.R. MARISQUEIRO	22:18.748 (21)	<b>44:23.111</b>	7:56.646
25	72	BARCIA GARCIA Jesus		22:24.607 (22)	<b>44:28.438</b>	8:01.973
26	163	DE PRADO VAZQUEZ Alvaro	ATLETISMO BAIONA	23:00.933 (28)	<b>44:33.620</b>	8:07.155
27	256	SANTIAGO Luis		22:42.622 (24)	<b>44:38.339</b>	8:11.874
28	179	DAVILA BUGARIN Salvador		22:54.433 (26)	<b>44:54.839</b>	8:28.374
29	327	TABOAS SILVA Jose Antonio	C.A.R MARISQUEIRO	22:27.375 (23)	<b>45:15.389</b>	8:48.924
30	226	PIÑEIRO RODRIGUEZ Carlos	CLUB TRIATLON CIDADE DE LUGO F	22:42.676 (25)	<b>45:25.411</b>	8:58.946
31	139	VIDAL CASTRO Ernesto	RUNNING LUSEKELO	23:18.267 (32)	<b>45:49.711</b>	9:23.246
32	383	BARREIRO BARREIRO Benigno	ATHLETICS AVENTURA XTREM	23:24.942 (33)	<b>46:28.409</b>	10:01.944
33	414	CASALEIRO FERNANDEZ Manuel	CAZAFANTASMAS TEAM	22:56.083 (27)	<b>46:35.976</b>	10:09.511
34	379	GARCIA DE LA IGLESIA Alberto	C.A. VETERANOS DE SAMIL	23:58.653 (34)	<b>46:49.060</b>	10:22.595
35	395	LOPEZ PAZOS Juan Carlos		24:21.268 (36)	<b>47:21.709</b>	10:55.244
36	40	COUSIÑO SENDIN Jose Manuel	CASTRELOS KM-0	24:01.064 (35)	<b>47:27.666</b>	11:01.201
37	102	MOLARES RIVAS Bernardo		24:32.062 (38)	<b>47:44.797</b>	11:18.332
38	440	VIDAL MARQUEZ Miguel Angel		24:46.611 (42)	<b>47:51.110</b>	11:24.645
39	48	PENEDO PEREZ Jose Humberto		24:42.746 (41)	<b>48:26.210</b>	11:59.745
40	211	FERNANDEZ NOVOA Angel		24:35.533 (40)	<b>48:43.047</b>	12:16.582
41	153	GONZALEZ RODRIGUEZ Manuel	ADN TELMO PELUQUEROS	25:53.992 (51)	<b>48:57.670</b>	12:31.205
42	427	CODON VEGA Alfonso	C.A.R. MARISQUEIRO	25:13.596 (45)	<b>49:01.148</b>	12:34.683
43	180	ALONSO BASTOS Luis		24:33.877 (39)	<b>49:02.596</b>	12:36.131
44	185	IGLESIAS GROBAS Ignacio	CLUB DE ATLETISMO FLORISTERIA	25:51.424 (50)	<b>49:12.487</b>	12:46.022

11/09/2022 / Vigo

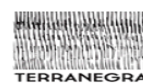
El 11/09/2022 a 16:00 / Página 7/12

Vola Timing (www.vola.fr) / Msports Pro 6.1.04

MagmaSports



PÉREZ MENDOS FISIOTERAPIA





## XI 10 KMS DO BERBÉS

### CATEGORÍAS

Clt	Dor.	Apellidos y nombre	Equipo	5,20KM (Clt)	Tiempo	Diferencia
45	225	BENAVIDES HERNANDEZ Fernando		24:31.963 (37)	49:12.766	12:46.301
46	296	GASPAR FERNANDEZ Roberto		24:50.869 (44)	49:21.375	12:54.910
47	198	MARTINEZ PEREZ Jose Luis		24:50.811 (43)	49:43.105	13:16.640
48	286	COMESAÑA COSTAS Pablo	CLUB DE AYLETISMO FLORISTERIA	26:17.310 (54)	50:18.468	13:52.003
49	13	RAÑA GREGORIO Xan	C.A.R. MARISQUEIRO	25:57.791 (52)	50:28.148	14:01.683
50	372	PEREZ VAZQUEZ Manuel	RAZA PALLEIRA	25:39.523 (49)	50:28.625	14:02.160
51	315	PEITEADO RUIZ Guillermo		25:13.991 (46)	50:37.513	14:11.048
52	275	RODRIGUEZ FOLGAR Cesar	NEW CURRELAS TEAM RUNNING	25:35.630 (48)	50:48.956	14:22.491
53	319	SAAD SAAD Tarek		26:17.251 (53)	51:15.344	14:48.879
54	212	MARTINEZ GOMEZ Pakinho	GALLEUSKA KORRIKOLARI ELKARTEA	26:23.650 (56)	51:56.447	15:29.982
55	295	GUAMA MENA Patricio	PADELEROS	25:35.571 (47)	52:12.413	15:45.948
56	420	BELOSO GONZALEZ Carlos		26:56.471 (57)	52:44.803	16:18.338
57	302	NOBLESSE Thierry		26:18.652 (55)	53:20.251	16:53.786
58	358	VERDEAL GONZALEZ Basilio		27:48.371 (59)	54:26.471	18:00.006
59	169	LAMAS PEREZ Jose Eduardo		28:30.142 (63)	54:46.867	18:20.402
60	243	RODRIGUEZ PENA Jorge	C.A.R. MARISQUEIRO	26:56.530 (58)	55:03.094	18:36.629
61	56	REIGADA QUINTELA Fernando	CHUZAS OLIMPICOS	28:04.070 (62)	55:10.368	18:43.903
62	10	GONZALEZ GARCIA Luis		27:53.945 (60)	56:14.571	19:48.106
63	29	CARRACEDO Roberto		28:03.332 (61)	56:17.451	19:50.986
64	303	BENITEZ OCAMPO Juan		29:10.048 (65)	1h00:09.788	23:43.323
65	341	PEREZ ALONSO Alfonso	CARMEN SIO	30:58.168 (67)	1h01:40.138	25:13.673
66	336	RODRIGUEZ IGLESIAS Roberto	CARMEN SÍO	30:57.967 (66)	1h01:40.141	25:13.676
67	339	FERNANDEZ NUÑEZ Jose Euse		31:01.467 (68)	1h03:17.645	26:51.180
68	436	ESTEVEZ CERNADAS Ricardo		29:09.829 (64)	1h05:58.120	29:31.655
69	34	GANDARA BOUZA Jose Alejandro	CASTRELOS 20:30	34:37.339 (69)	1h08:35.281	32:08.816

### Ausentes

41	ESTEVEZ ALONSO Carlos Javier	CASTRELOS KM-0
126	SANDE PRESA Juan Carlos	C.A. VETERANOS DE SAMIL
147	SANCHEZ RAMOS Josias	

### Abandonos

16	ALVAREZ RIOBO Javier	
27	BOADA GUILLEN Maximiliano	R&K PROJECT
61	TOLEDO MONTES Pablo	CHUZAS OLIMPICOS
162	BARROS ABALDE Jose Alejandro	
230	LUSQUIÑOS GARCIA Modesto	NOSPORTLIMIT

### Categoría M4

1	133	SUAREZ MARTINEZ Manuel	C.A. VETERANOS DE SAMIL	19:07.555 (1)	38:01.003	
2	86	PEREZ PASCUAL Manuel	BEADE	21:58.693 (2)	43:21.160	5:20.157
3	206	SANZ LUCOTTI Javier		23:11.969 (4)	43:59.628	5:58.625
4	171	VILLAR ALVAREZ Enrique		22:03.533 (3)	45:26.411	7:25.408
5	66	TABOADA GONZALEZ Ramiro	RUNNING LUSEKELO	23:47.974 (7)	47:44.349	9:43.346

11/09/2022 / Vigo

El 11/09/2022 a 16:00 / Página 8/12

Vola Timing (www.vola.fr) / Msports Pro 6.1.04

MagmaSports



PÉREZ MENDOS FISIOTERAPIA







## XI 10 KMS DO BERBÉS

### CATEGORÍAS

Clt	Dor.	Apellidos y nombre	Equipo	5,20KM (Clt)	Tiempo	Diferencia
6	71	BARROS PEREZ Francisco	OS LLORONS	24:31.883 (8)	47:44.618	9:43.615
7	74	SIMOES FERNANDEZ Jose Luis	C.A.R MARISQUEIRO	23:47.096 (6)	47:52.549	9:51.546
8	70	VIDEIRA CORREA Alberto		23:45.731 (5)	47:53.796	9:52.793
9	192	GODA Sebas	C.C.RIA DE VIGO	25:14.244 (11)	49:57.031	11:56.028
10	333	FIDALGO IGLESIAS Manuel		25:50.708 (12)	49:57.670	11:56.667
11	258	DIEZ FERNANDEZ Guillermo	CLUB ATLETISMO VIGO	24:57.292 (9)	50:20.729	12:19.726
12	392	CABALEIRO HERNANDEZ Jesus		25:10.691 (10)	50:23.585	12:22.582
13	91	CHAMORRO RODRIGUEZ Eugenio	C.A.R. MARISQUEIRO	26:58.169 (17)	51:16.723	13:15.720
14	172	GALLEGO Juan		26:31.505 (13)	51:33.228	13:32.225
15	418	GUIMARAENS JUDEL Javier		26:32.830 (14)	51:34.883	13:33.880
16	148	LAGO LARRAN Santiago	INDEPENDIENTE	26:42.900 (15)	52:05.133	14:04.130
17	417	ROCA RODRIGUEZ Ramon		26:50.690 (16)	53:24.182	15:23.179
18	213	BOLAS CABALEIRO Xose Manuel		27:14.125 (18)	55:44.471	17:43.468
19	318	LOPEZ CAMPILLO Pol	MAIS QUE AGUA	31:06.920 (19)	1h00:00.502	21:59.499
20	292	PAINCEIRA MACIÑEIRAS Jorge		32:58.472 (20)	1h05:58.046	27:57.043

### Abandonos

26	VILLARROEL CARRASCO Luis	R&K PROJECT
----	--------------------------	-------------

### Categoría M5

1	58	JARDON LOPEZ Jose	C.A. VETERANOS DE SAMIL	20:48.994 (1)	40:53.781	
2	250	DOMINGUEZ RODRIGUEZ Carlos		24:23.991 (3)	47:53.076	6:59.295
3	195	HERMIDA FERNANDEZ Manuel	INDEPENDIENTE	24:31.637 (4)	47:53.730	6:59.949
4	181	VIEITO QUINTAS Berto		24:02.693 (2)	48:25.648	7:31.867
5	278	GARCIA COSTAS Federico Amando	C.A.R.MARISQUEIRO	25:13.534 (5)	48:55.488	8:01.707
6	65	GARABATOS CUADRADO Jose Antonio	CAR MARISQUEIRO	25:13.791 (6)	50:08.795	9:15.014
7	78	REY GONZALEZ Roberto	CASTRELOS 20:30	26:12.445 (7)	51:11.527	10:17.746
8	149	ANTON REY Jose	INDEPENDIENTE	26:43.075 (8)	52:04.666	11:10.885
9	293	DURAN LAGO Fernando		27:12.071 (9)	54:05.052	13:11.271
10	241	BLANCO GONZALEZ Alfonso		28:21.129 (10)	54:24.713	13:30.932
11	430	DIAZ IGLESIAS Adolfo	C.A. VETERANOS DE SAMIL	29:10.769 (12)	57:16.750	16:22.969
12	146	LOPEZ RAMOS Luis	RUNTRI	28:59.900 (11)	58:09.910	17:16.129
13	150	FERNANDEZ BOUZADA Alfonso	INDEPENDIENTE	30:58.406 (13)	1h01:30.028	20:36.247
14	130	SANCHEZ GESTIDO Ceferino	C.A. VETERANOS DE SAMIL	31:11.561 (14)	1h06:14.297	25:20.516
15	294	PORTEIRO FERNANDEZ Cesar		40:26.601 (15)	1h17:35.775	36:41.994

### Categoría F1

1	290	CASTILLO OÑATE Sara		19:06.276 (1)	37:58.859	
2	262	VALIÑO GOMEZ Esther		19:33.266 (2)	38:02.455	3.596
3	284	RODRIGUEZ OLIVEIRA Rocio	CLUB ATHLETICS FISIOTERAPIA SA	22:17.886 (3)	43:57.079	5:58.220
4	170	PEREZ ALONSO Cristina	C.A.R. MARISQUEIRO	22:19.162 (4)	44:22.759	6:23.900

11/09/2022 / Vigo

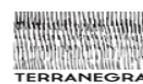
El 11/09/2022 a 16:00 / Página 9/12

Vola Timing (www.vola.fr) / Msports Pro 6.1.04

MagmaSports



PÉREZ MENDOS FISIOTERAPIA





## XI 10 KMS DO BERBÉS

### CATEGORÍAS

Clt	Dor.	Apellidos y nombre	Equipo	5,20KM (Clt)	Tiempo	Diferencia
5	99	GALLEGO CANABAL Laura	CD DELIKIA	22:46.133 (5)	44:47.993	6:49.134
6	381	TABOAS CARRERA Irene	ATLETISMO PORRIÑO	23:54.412 (7)	46:38.089	8:39.230
7	124	COLLAZO FERNANDEZ Lorena	C.A. VETERANOS DE SAMIL	23:58.785 (8)	46:48.868	8:50.009
8	77	ALONSO HERRERO Ana		24:14.589 (9)	47:12.877	9:14.018
9	439	TORRES HERVES Cristina	TRIATLON MAR DE VIGO	23:48.894 (6)	48:00.455	10:01.596
10	239	FILGUEIRA Rebeca	CLUB TRIATLÓN POIO	24:14.948 (10)	48:09.911	10:11.052
11	117	PRIETO AUGUSTO Lidia		24:45.664 (12)	48:11.217	10:12.358
12	196	HOMPANERA RODRIGUEZ Ana		24:29.743 (11)	48:57.856	10:58.997
13	361	VYNOHRADOVA Kateryna		25:41.964 (13)	52:22.063	14:23.204
14	268	MELON PEREZ Tamara		26:38.110 (15)	52:37.486	14:38.627
15	208	ESPIÑO LOPEZ Rebeca		26:16.130 (14)	52:44.443	14:45.584
16	342	REY Lara		27:10.265 (19)	53:27.843	15:28.984
17	93	FERNANDEZ PASCUAL Erica		26:42.396 (16)	53:34.445	15:35.586
18	22	GABIAN GUERRA Andrea	C.A.R MARISQUEIRO	27:12.383 (20)	53:51.124	15:52.265
19	145	RODRIGUEZ ALONSO Sandra		27:05.386 (18)	54:02.991	16:04.132
20	190	PRIETO BUJAN Sandra		28:04.889 (22)	54:07.171	16:08.312
21	235	PEREZ FERNANDEZ Ines		26:42.820 (17)	54:11.241	16:12.382
22	357	ORTIZ CIDRE Andrea		28:03.473 (21)	55:11.731	17:12.872
23	152	GREENAN Sinead		28:19.380 (23)	55:50.928	17:52.069
24	400	VALOURA DIAZ Lorena	LIMIACTIVA	28:32.264 (24)	56:28.431	18:29.572
25	204	CEBREIROS IGLESIAS Sira	A.D. LIMIACTIVA	28:32.409 (25)	56:28.611	18:29.752
26	43	PEREZ RODRIGUEZ Luz		29:03.312 (26)	56:55.830	18:56.971
27	4	ASENSIO VARELA Ana	CAR MARISQUEIRO	29:10.049 (27)	58:00.365	20:01.506
28	314	MARTINEZ CANIBE Carolina		30:17.810 (29)	58:39.780	20:40.921
29	409	LEMONS Andrea		29:13.300 (28)	59:23.290	21:24.431
30	394	ABALDE SANCHEZ Marta		31:31.281 (31)	1h00:24.498	22:25.639
31	81	BARTER Sarah		31:24.103 (30)	1h01:32.981	23:34.122

### Ausentes

24	ABELEIRA CARBALLO Irene	
47	FERNANDEZ ALVAREZ Amanda	C.A.R MARISQUEIRO
79	ROSS Cait	

### Categoría F2

1	62	ALONSO Ana	ATHLETICS FISIOTERAPIA SAN LÁZ	23:06.112 (3)	44:10.259	
2	127	TILVE COSTAS Nazareth	C.A. VETERANOS DE SAMIL	22:17.667 (1)	45:28.187	1:17.928
3	178	CALVO SERRANO Marta	VIGOENTRENA	22:37.003 (2)	46:19.248	2:08.989
4	246	OTERO ALONSO Carol		23:11.627 (4)	46:32.916	2:22.657
5	282	PEREZ GONZALEZ Helena	BURGAS OURENSE ATLETISMO	23:21.995 (5)	46:58.098	2:47.839
6	3	ARGUDIN ESTEVEZ Monica	C.A.R MARISQUEIRO	24:37.132 (6)	49:08.611	4:58.352
7	2	SANCHEZ BARREIRO Carmela	ADN RUNNERS TELMO PELUQUEROS	25:49.283 (8)	49:57.149	5:46.890
8	425	FILLOY PEREIRA Rocio		25:29.132 (7)	50:47.178	6:36.919
9	177	RIVERA VAZQUEZ Noelia		26:57.669 (12)	51:24.983	7:14.724
10	108	GARCIA TORRICO Dolly	MAIS QUE AUGA	25:52.506 (9)	51:41.409	7:31.150

11/09/2022 / Vigo

El 11/09/2022 a 16:00 / Página 10/12

Vola Timing (www.vola.fr) / Msports Pro 6.1.04

MagmaSports



PÉREZ MENDOS  
FISIOTERAPIA





## XI 10 KMS DO BERBÉS

### CATEGORÍAS

Clt	Dor.	Apellidos y nombre	Equipo	5,20KM (Clt)	Tiempo	Diferencia
11	338	GONZALEZ DIAZ Begoña		26:39.371 (11)	<b>52:53.013</b>	8:42.754
12	174	MARTINEZ COMESAÑA Lucia	C.A.R. MARISQUEIRO	27:01.011 (13)	<b>53:07.146</b>	8:56.887
13	184	ROMERO MARTINEZ Monica	FRUTAS NIEVES	26:36.664 (10)	<b>53:31.426</b>	9:21.167
14	310	PAZ OLIVEIRA Natalia		27:19.949 (14)	<b>54:06.086</b>	9:55.827
15	49	VAZQUEZ MAYO Monica	MAIS QUE AUGA	28:04.108 (15)	<b>56:30.042</b>	12:19.783
16	277	RIVERA DOBAO Pilar		28:59.197 (17)	<b>56:51.112</b>	12:40.853
17	88	PEREZ RODRIGUEZ Elisa		29:03.429 (18)	<b>57:11.530</b>	13:01.271
18	412	FERNANDEZ PAZO Paula		29:28.628 (20)	<b>57:47.011</b>	13:36.752
19	161	LOPEZ CASTRO Aurora	C.A.R. MARISQUEIRO	28:37.869 (16)	<b>58:08.883</b>	13:58.624
20	411	CARNERO LLAUGER Maria	BIKILA	29:09.349 (19)	<b>59:11.743</b>	15:01.484
21	44	PEREIRA DIOS Maria	ESPARTAN@S CHIFLAD@S	30:37.564 (21)	<b>1h00:10.883</b>	16:00.624
22	11	VAZQUEZ NOVOA Nieves	INDEPENDIENTE	30:37.967 (22)	<b>1h01:10.009</b>	16:59.750
23	393	CASAS Begoña		31:31.948 (25)	<b>1h01:53.388</b>	17:43.129
24	31	REGUEIRO FERNANDEZ Xoana	CT MAR DE VIGO	32:28.641 (27)	<b>1h02:33.567</b>	18:23.308
25	95	SOUTO MARTINEZ Isabel		30:44.042 (23)	<b>1h02:49.006</b>	18:38.747
26	87	GIL JANEIRO Yoli	DISCAMINO	31:13.619 (24)	<b>1h03:31.966</b>	19:21.707
27	413	LEMONS LOPEZ Vanesa	MAIS QUE AUGA	32:25.849 (26)	<b>1h05:47.021</b>	21:36.762
28	205	CARRERA VAZQUEZ Susana		32:51.305 (28)	<b>1h11:38.440</b>	27:28.181
29	28	FLORES RODRIGUEZ Erene		37:39.275 (29)	<b>1h15:15.125</b>	31:04.866

#### Ausentes

140	CARBALLAS CAMPO Maria	
142	VILLAR ROMERO Miriam	C.A.R. MARISQUEIRO
274	LEIRO LOPEZ Soledad	SAN MIGUEL DE MARIN
384	SEQUEIROS GIRALDEZ Rosana	CLUB TRIATLÓN POIO

#### Abandonos

194	MOYANO DE BEÇA Fatima Maria	
332	FERNANDEZ TEJEIRO Noemi	PORRIÑO

### Categoría F3

1	354	LEMONS SOAGE Ana	CORREDOIRAS BUEU	22:46.334 (1)	<b>44:58.808</b>	
2	227	LEMAT CABRAL Maria Belen	CLUB TRIATLÓN CIDADE DE LUGO F	23:59.051 (2)	<b>48:37.015</b>	3:38.207
3	164	CARRA IGLESIAS Doris	CAR MARISQUEIRO	24:48.364 (3)	<b>49:40.409</b>	4:41.601
4	82	PRIETO MORAIS Pili	TNT GHERRILLEIROS	25:43.107 (4)	<b>51:49.408</b>	6:50.600
5	326	CARRERA SOUTELO Josefa	TALLERES EAUTO	27:36.320 (5)	<b>55:15.182</b>	10:16.374
6	165	LOPEZ REGUEIRO Alicia	C. A. R MARISQUEIRO	28:33.563 (6)	<b>56:27.091</b>	11:28.283
7	335	ALVAREZ COMESAÑA Monica	ATLETIS FISIOTERAPIA SAN LAZAR	28:59.497 (7)	<b>58:05.309</b>	13:06.501
8	191	RODRIGUEZ IGLESIAS Ana	MAIS QUE AUGA	31:07.127 (8)	<b>1h02:31.558</b>	17:32.750
9	143	CALVIÑO CANCELA Carolina	ELECTRO	32:30.527 (10)	<b>1h02:45.428</b>	17:46.620
10	222	GONZALEZ MERA Regina	MAISQUEAUGA	32:25.927 (9)	<b>1h05:46.985</b>	20:48.177
11	359	GUARIN REYES Zandra Yanire		38:10.743 (11)	<b>1h17:07.304</b>	32:08.496

#### Abandonos

67	FERNANDEZ Marisol	R&K PROJECT
----	-------------------	-------------

11/09/2022 / Vigo

El 11/09/2022 a 16:00 / Página 11/12

Vola Timing (www.vola.fr) / Msports Pro 6.1.04

MagmaSports **VOLA** RACING



PÉREZ MENDOS FISIOTERAPIA





## XI 10 KMS DO BERBÉS

### CATEGORÍAS

Cl	Dor.	Apellidos y nombre	Equipo	5,20KM (Cl)	Tiempo	Diferencia
----	------	--------------------	--------	-------------	--------	------------

#### Categoría F4

1	59	ALVAREZ DOMINGUEZ Rosa M <sup>a</sup>	MAISQUEAUGA	33:42.238 (1)	1h11:38.320	
---	----	---------------------------------------	-------------	---------------	-------------	--

#### Categoría F5

1	101	COSTAS RODRIGUEZ Carmen	ATLETISMO BAIONA	26:58.111 (1)	53:19.624	
---	-----	-------------------------	------------------	---------------	-----------	--