

GENERAL

Cl	Dor.	Apellidos y nombre	Categoría	(Cl)	Club	Tiempo	Diferencia
HOMBRES							
1	541	BASTOS DASILVA Jose Alberto	M2	(1)	ADN RUNNERS - TELMO PELUQUEROS	32:20.00	
2	617	BERNARDEZ CARBALLO Oscar	M2	(2)	ATHLETICS FISIOTERAPIA SAN LÁZ	32:26.63	6.63
3	775	RODRIGUEZ MARTINEZ Xabier	M1	(1)		33:20.27	1:00.27
4	724	OTERO AMOEDO Anxo	M1	(2)	SD COMPOSTELA ATLETISMO	33:44.47	1:24.47
5	821	VAZQUEZ Pablo	M1	(3)	C.A.R. MARISQUEIRO	34:13.26	1:53.26
6	727	RODRIGUEZ GALLEGO Alberto Jose	M1	(4)	CLUB CASTRELOS 20:30	34:18.90	1:58.90
7	911	BERNARDEZ SABORIDO Hugo	M0	(1)	CLUB ATLETISMO PORRIÑO	34:20.74	2:00.74
8	874	PEREZ LOVACO Pablo	M1	(5)		34:27.97	2:07.97
9	753	MONTERO BUJAN Aitor	M1	(6)	AVIVA SPORT CLUB	34:32.57	2:12.57
10	591	TRONCOSO SOBRINO Ramon	M2	(3)	CLUB DEPORTIVO DELIKIA	34:40.01	2:20.01
11	743	MARTINEZ AGEITOS Manuel	M1	(7)	REAL CLUB CELTA ATLETISMO	34:45.68	2:25.68
12	801	AMIGO ALVAREZ Borja	M1	(8)	TRINORTH	34:47.66	2:27.66
13	608	VAZQUEZ PAVON Roberto	M2	(4)	TANINOS RUNNERS PONTEAREAS	34:55.93	2:35.93
14	447	PRIETO DE LA IGLESIA Manuel	M3	(1)	ATHLETICS FISIOTERAPIA SAN LÁZ	35:10.57	2:50.57
15	641	PAZ ALVAREZ Marcos	M2	(5)		35:14.31	2:54.31
16	787	ALVAREZ COSTAS Alejandro	M1	(9)	ATLETISMO BAIONA	35:30.53	3:10.53
17	587	MARZOA RUIZ Miguel	M2	(6)	C.A.R. MARISQUEIRO	35:40.60	3:20.60
18	689	ARMADA DIAZ Jacobo	M1	(10)		36:03.84	3:43.84
19	646	NUÑEZ PARADA Sergio	M2	(7)		36:06.65	3:46.65
20	428	BARREIRO PEREIRA Xose Anton	M3	(2)	SD COMPOSTELA ATLETISMO	36:19.28	3:59.28
21	548	POUSO VIDAL Lucas	M2	(8)		36:26.41	4:06.41
22	881	RIVERA GUILLADE Martin	M1	(11)		36:34.09	4:14.09
23	758	BARGIELA MARTINEZ Jaime	M1	(12)	CLUB DEPORTIVO DELIKIA	36:45.58	4:25.58
24	618	NOGUEIRA FERNANDEZ Junior	M2	(9)		36:46.48	4:26.48
25	769	AGREDA CASTRO Romel	M1	(13)	X-ONE	36:50.01	4:30.01
26	848	ENTENZA MARTINEZ Anton	M1	(14)		36:51.75	4:31.75
27	462	ULLA REGA Manuel	M3	(3)		37:10.43	4:50.43
28	497	FERREIRA LAREDO David	M2	(10)	CASTRELOS KM.0	37:16.44	4:56.44
29	322	RIVEIRO RODRIGUEZ Arlindo	M5	(1)	CLUB CASTRELOS 20:30	37:16.60	4:56.60
30	737	CORREA BASTOS Jose Luis	M1	(15)	LONZA BIOLOGICS	37:39.73	5:19.73
31	808	VALENCIA RODRIGUEZ Cristian	M1	(16)	C.A.R. MARISQUEIRO	37:51.66	5:31.66
32	580	COMESAÑA SAA Daniel	M2	(11)	L@S INSENSAT@S	37:58.71	5:38.71
33	741	PEREZ ALONSO Alberto	M1	(17)		38:07.44	5:47.44
34	818	PEREZ LOMBA Sergio	M1	(18)		38:11.16	5:51.16
35	469	POMBAL CORTEGOSO Vicente	M3	(4)	CLUB ATLETISMO SAN MIGUEL DE M	38:11.34	5:51.34
36	643	MORAIS DE LA IGLESIA Jose Manuel	M2	(12)	CLUB ATLETISMO PORRIÑO	38:15.26	5:55.26
37	905	POUSA ESCUDEIRO Xurxo	M0	(2)	SAPOCONCHOS	38:19.78	5:59.78
38	402	COSTAS COSTAS Miguel	M3	(5)	MAIS QUE AUGA	38:21.76	6:01.76
39	340	GRAÑA ALONSO Jose Carlos	M4	(1)	LODEIROS TRAIL	38:30.46	6:10.46
40	748	PEREIRA ALONSO Daniel	M1	(19)		38:37.40	6:17.40
41	781	PENA FERVENZA Ismael	M1	(20)	MAIS QUE AUGA	38:43.55	6:23.55
42	747	GIRALDEZ PIÑEIRO Javier	M1	(21)	ATLETISMO BAIONA	38:49.25	6:29.25
43	507	GONZALEZ ALVAREZ Borja	M2	(13)		38:53.28	6:33.28
44	675	COSTAS BARCIA Diego	M1	(22)	MAIS QUE AUGA	38:54.26	6:34.26

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Clit	Dor.	Apellidos y nombre	Categoría	(Clit)	Club	Tiempo	Diferencia
45	782	RODRIGUEZ GARCIA Ivan	M1	(23)	RUNNING TRACK	39:01.42	6:41.42
46	740	PEREZ GONZALEZ Ruben	M1	(24)		39:03.16	6:43.16
47	600	NAVIA IGLESIAS Ruben	M2	(14)	BIKILA	39:11.54	6:51.54
48	756	JORGE CAO Juan Jose	M1	(25)	CLUB DEPORTIVO DELIKIA	39:13.24	6:53.24
49	792	PIÑEIRO Arturo	M1	(26)	PORCOS CELTAS	39:22.72	7:02.72
50	590	LOPEZ COMESAÑA Oscar Manuel	M2	(15)		39:25.10	7:05.10
51	554	NOVOA PEREZ Jorge	M2	(16)	C.A.R. MARISQUEIRO	39:26.26	7:06.26
52	542	VILABOA SALGUEIRO Santi	M2	(17)		39:27.48	7:07.48
53	851	PEREZ BASTOS Eloy	M1	(27)		39:30.00	7:10.00
54	443	ALVAREZ-BUYLLA DE LA UZ Julio	M3	(6)	ATLETISMO BAIONA	39:32.64	7:12.64
55	866	LOPEZ ALONSO Pablo	M1	(28)		39:35.08	7:15.08
56	556	CASTRO LAGO Raul	M2	(18)	NUTRIBIOTICA	39:37.10	7:17.10
57	683	RODRIGUEZ FLORES Marco Antonio	M1	(29)		39:42.21	7:22.21
58	804	AIRA Adrian	M1	(30)	CLUB TRIATLÓN MAR DE VIGO	39:46.87	7:26.87
59	445	RODRIGUEZ GARCIA Pablo	M3	(7)	RUNNING TRACK	40:04.71	7:44.71
60	454	LAGO GOBERNA Francisco Javier	M3	(8)	CLUB ATLETISMO FLORISTERIA CAR	40:05.69	7:45.69
61	813	MIGUEZ PEREZ Adrian	M1	(31)		40:10.10	7:50.10
62	822	ROMERO ESTEVEZ Kevin	M1	(32)		40:12.02	7:52.02
63	920	ESTEVEZ Carlos	M1	(33)		40:17.30	7:57.30
64	431	MAHOU Xose	M3	(9)		40:27.91	8:07.91
65	473	BARREIRO RUIBAL Matias	M3	(10)	CLUB DEPORTIVO PINARIUM	40:33.50	8:13.50
66	527	DAVILA BOVEDA Pablo	M2	(19)		40:34.80	8:14.80
67	828	VILCHES NARRO Miguel	M1	(34)		40:39.77	8:19.77
68	722	MORAIS ALONSO David	M1	(35)		40:45.48	8:25.48
69	721	CESTEROS Federico	M1	(36)	LONZA BIOLOGICS	40:46.60	8:26.60
70	523	DELGADO RAMOS Jose Carlos	M2	(20)		40:56.22	8:36.22
71	380	RIVAS Victor	M3	(11)	C.A.R. MARISQUEIRO	40:58.02	8:38.02
72	487	LOPEZ FERNANDEZ Antonio Luis	M2	(21)		40:59.10	8:39.10
73	444	FROIZ LAREU Andres	M3	(12)	TNT GHERRILLEIROS	41:01.76	8:41.76
74	904	YAÑEZ MACEIRA Marcos	M0	(3)	MERCANTIL VIGO	41:02.99	8:42.99
75	350	PAZ RODRIGUEZ Juan	M4	(2)	CLUB CASTRELOS 20:30	41:06.55	8:46.55
76	354	ALLEN CASTELAIN Eusebio	M4	(3)	CASTRELOS 20:30	41:07.22	8:47.22
77	858	BOADO FERNANDEZ Juan Luis	M1	(37)		41:07.82	8:47.82
78	878	LAMAS GARRALON Pablo	M1	(38)		41:13.17	8:53.17
79	558	CARRASCO Ruben	M2	(22)	SHAKA CLUB	41:15.16	8:55.16
80	757	BRUYNIS Nico	M1	(39)		41:21.87	9:01.87
81	826	GONZALEZ LOPEZ Pedro	M1	(40)	TEAM LAKE	41:24.79	9:04.79
82	555	ALONSO ALVAREZ Carlos	M2	(23)	ATHLETICS FISIOTERAPIA SAN LÁZ	41:34.97	9:14.97
83	882	PENAS GONZALEZ Saul	M1	(41)		41:35.81	9:15.81
84	834	SAAVEDRA LOPEZ Martin	M1	(42)		41:37.03	9:17.03
85	863	LOUZAO RODRIGUEZ Eric	M1	(43)		41:54.72	9:34.72
86	901	GONZALEZ PEREZ Andres	M0	(4)	CLUB ATLETISMO CELTA	41:57.15	9:37.15
87	494	ARIAS COSTAS Dario	M2	(24)	ATHLETICS FISIOTERAPIA SAN LÁZ	41:59.65	9:39.65
88	336	TABOADA GONZALEZ Ramiro	M4	(4)	RUNNING LUSEKELO	42:01.06	9:41.06
89	567	GOBERNA COMESAÑA Ivan	M2	(25)		42:04.55	9:44.55
90	666	SILVA CARNEIRO Javier	M1	(44)	ATLETISMO BAIONA	42:09.66	9:49.66

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91	815	MARTIN MONZON Jaime	M1	(45)		42:11.89	9:51.89
92	859	MOSQUERA GARCIA Nicolas	M1	(46)		42:12.00	9:52.00
93	725	DOMINGUEZ SEQUEIROS Oscar	M1	(47)	AC CASTELOS TRAIL CLUB	42:12.65	9:52.65
94	553	FONTAN David	M2	(26)	MUÑECOS RUNNING	42:16.55	9:56.55
95	763	FERNANDEZ MARTINEZ Sergio	M1	(48)	PORCOS CELTAS	42:21.56	10:01.56
96	633	ARADAS LESTON Bernardo	M2	(27)		42:28.18	10:08.18
97	595	FOCHE Diego	M2	(28)	MAIS QUE AUGA	42:31.45	10:11.45
98	353	VAZQUEZ VIDAL Antonio	M4	(5)		42:32.89	10:12.89
99	388	VAZQUEZ VARELA Tito	M3	(13)	C.A.R. MARISQUEIRO	42:37.05	10:17.05
100	605	CABACO CAMPOS Jose Manuel	M2	(29)	TAKO TEAM	42:38.95	10:18.95
101	592	RODRIGUEZ COLLAZO Raul	M2	(30)		42:56.57	10:36.57
102	369	ALVAREZ Andres	M3	(14)	IMAXINATEA ESCOLA DE TEATRO	43:03.71	10:43.71
103	359	VALEIJE ALVAREZ Eduardo	M3	(15)		43:03.94	10:43.94
104	460	RODRIGUEZ BANDE Carlos	M3	(16)		43:08.90	10:48.90
105	510	CLEMENTE EXPOSITO Daniel	M2	(31)		43:11.02	10:51.02
106	319	PEREZ PASCUAL Manuel	M5	(2)	C.S.C.R. BEADE	43:18.77	10:58.77
107	678	MUNIZ CARLOS Dheymison	M1	(49)		43:20.05	11:00.05
108	751	FERNANDEZ DIAZ David	M1	(50)		43:26.55	11:06.55
109	659	ALONSO MORA Edu	M1	(51)		43:29.79	11:09.79
110	585	RODRIGUEZ BERNARDEZ Alejandro	M2	(32)	SUPERFROIZ	43:29.93	11:09.93
111	432	BUJANDA GARMENDIA Carlos Alberto	M3	(17)		43:30.36	11:10.36
112	634	COMESAÑA AMBROSIO Noe	M2	(33)		43:32.00	11:12.00
113	845	CARBALLIDO Adri	M1	(52)		43:32.76	11:12.76
114	420	GIL PORTEIRO David	M3	(18)	700 FRANGIL	43:32.85	11:12.85
115	892	CARBALLO FERNANDEZ Noel	M1	(53)		43:33.97	11:13.97
116	888	CRUZ VALDES Javi	M1	(54)		43:35.57	11:15.57
117	880	CASTROSEIROS David	M1	(55)		43:37.43	11:17.43
118	392	RIVEIRO PARCERO Javier	M3	(19)		43:37.76	11:17.76
119	589	LOUREIRO RODRIGUEZ Santiago	M2	(34)		43:38.54	11:18.54
120	537	PEREZ MOREJON Rafael	M2	(35)		43:47.53	11:27.53
121	427	FERNANDEZ TRONCOSO Francisco	M3	(20)		43:49.08	11:29.08
122	919	RODRIGUEZ CASTRO Javier	M3	(21)		43:58.72	11:38.72
123	842	ALONSO GARCIA Anton	M1	(56)		44:06.50	11:46.50
124	446	PEREIRO PEREIRO Miguel	M3	(22)		44:07.75	11:47.75
125	514	QUIROGA Iago	M2	(36)	TRINORTH	44:09.83	11:49.83
126	885	GONZALEZ CARPINTERO Baltasar	M1	(57)		44:11.91	11:51.91
127	316	VILLAR ALVAREZ Enrique	M5	(3)	CLUB ATLETISMO VETERANOS DE SA	44:12.61	11:52.61
128	843	RODRIGUEZ REY Sergio	M1	(58)		44:14.02	11:54.02
129	411	ALONSO FERNANDEZ Antonio	M3	(23)		44:15.61	11:55.61
130	690	MARQUEZ MONTEAGUDO Francisco Daniel	M1	(59)		44:18.82	11:58.82
131	710	HERRERO PEREZ Alejandro	M1	(60)		44:19.30	11:59.30
132	576	GONZALEZ PEREZ Enrique	M2	(37)	MAIS QUE AUGA	44:20.96	12:00.96
133	869	RASCADO NOVAS Xacobe	M1	(61)		44:21.16	12:01.16
134	533	CAMBEIRO FERNANDEZ Manuel	M2	(38)		44:24.40	12:04.40
135	582	MONROY MIGUEZ Victorio Jose	M2	(39)	SHAKACLUB	44:24.83	12:04.83
136	865	VIDAL PEREZ Brais	M1	(62)		44:26.42	12:06.42

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137	511	MACIAS NOGUEIRA Antonio	M2	(40)	MAIS QUE AUGA	44:28.36	12:08.36
138	625	RODRIGUEZ FERNANDEZ Nico	M2	(41)	CLUB ADN RÍAS BAIXAS AMIGOS DE	44:28.62	12:08.62
139	766	PEREIRA Ismael	M1	(63)		44:29.84	12:09.84
140	732	FREIRE RODRIGUEZ Ismael	M1	(64)		44:30.05	12:10.05
141	663	REGUEIRA CASTRO Daniel	M1	(65)	SHAKA CLUB	44:30.28	12:10.28
142	686	SAMOELLE ABALDE Oscar	M1	(66)		44:30.44	12:10.44
143	870	FERNANDEZ Sergio	M1	(67)	MAIS QUE AUGA	44:37.28	12:17.28
144	543	ALFONSO ALVAREZ David	M2	(42)		44:44.11	12:24.11
145	839	RODRIGUEZ VIEITES Pedro	M1	(68)		44:44.46	12:24.46
146	909	CALVAR FERNANDEZ Aaron	M0	(5)	CLUB TRIATLÓN MAR DE VIGO	44:44.95	12:24.95
146	906	TORRES Valentin	M0	(5)		44:44.95	12:24.95
148	621	RIVERA CANICOBA Alberto	M2	(43)		44:45.03	12:25.03
149	746	LESTON Roberto	M1	(69)	SERRES RUNNERS	44:47.53	12:27.53
150	535	PRIETO Jorge	M2	(44)		44:47.61	12:27.61
151	651	RODRIGUEZ RODRIGUEZ Ruben	M2	(45)		44:48.15	12:28.15
152	404	ALONSO FERNANDEZ Moncho	M3	(24)		44:48.42	12:28.42
153	793	GONZALEZ VARELA Pablo	M1	(70)		44:48.66	12:28.66
154	568	GOMEZ LOPEZ Pablo	M2	(46)	L@S INSENSAT@S	44:53.33	12:33.33
155	867	MUÑOZ Mateo	M1	(71)		44:55.74	12:35.74
156	602	RIERA ÁLVAREZ Felipe	M2	(47)	LONZA BIOLOGICS	44:59.84	12:39.84
157	479	CLEMENTE EXPOSITO Jesus	M2	(48)		45:02.06	12:42.06
158	840	SIEIRO MORGADE Sergio	M1	(72)	CLUB DE LA CHARLETA	45:03.80	12:43.80
159	872	ROMERO PEREZ Pablo	M1	(73)		45:06.38	12:46.38
160	630	GESTO Xoan	M2	(49)	BEADE, AHI OS VAN!	45:09.98	12:49.98
161	637	LOSADA CRESPO Carlos	M2	(50)		45:11.38	12:51.38
162	399	AMOEDO AGULLA Carlos	M3	(25)		45:13.71	12:53.71
163	726	LORENZO BLAS Lucas	M1	(74)		45:17.52	12:57.52
164	573	ARANGO GAYAR Saul	M2	(51)	FRUTAS NIEVES	45:18.08	12:58.08
165	676	RODRIGUEZ LAGO Yago	M1	(75)		45:18.64	12:58.64
166	441	ALONSO MARTINEZ Ivan	M3	(26)		45:23.94	13:03.94
167	604	ACOSTA RENILLA Juan Pablo	M2	(52)		45:29.88	13:09.88
168	393	ALONSO LAGO Sete	M3	(27)		45:31.36	13:11.36
169	424	DOMINGUEZ EDREIRA Julio	M3	(28)		45:32.77	13:12.77
170	764	ALONSO LOPEZ Jonatan	M1	(76)	ATLETISMO BAIONA	45:36.32	13:16.32
171	476	FERNANDEZ TRONCOSO Antonio	M2	(53)	IAGO	45:37.17	13:17.17
172	442	ALONSO COSTAS Oscar	M3	(29)		45:37.87	13:17.87
173	777	DAVILA COLLAZO Diego	M1	(77)		45:38.07	13:18.07
174	795	MIGUEZ COLLAZO Ismael	M1	(78)		45:38.33	13:18.33
175	335	VIDEIRA CORREA Alberto	M4	(6)	RUNNING LUSEKELO	45:38.63	13:18.63
176	841	GONZALEZ MOURIÑO Iago	M1	(79)		45:48.54	13:28.54
177	470	MONTENEGRO BALLESTEROS Diego	M3	(30)	CHUZAS OLIMPICOS	45:49.39	13:29.39
178	700	FERREIRA Pablo	M1	(80)		45:51.78	13:31.78
179	412	SANCHEZ OTERO Oswaldo	M3	(31)	TNT GHERRILLEIROS	45:52.53	13:32.53
180	655	ROMERO RODRIGUEZ Ivan	M1	(81)		45:54.69	13:34.69
181	708	ROMERO RODRIGUEZ Arsenio	M1	(82)		45:54.75	13:34.75
182	830	PORTO Jose Carlos	M1	(83)		45:55.13	13:35.13

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183	853	RODRIGUEZ CASTRO Diego	M1	(84)		45:57.19	13:37.19
184	800	DOMINGUEZ ESTEVEZ Santiago	M1	(85)		45:58.67	13:38.67
185	642	RODRIGUEZ DIP Nicolas	M2	(54)	LATITUD 42	45:59.60	13:39.60
186	860	MORONA MINGUEZ Miguel	M1	(86)	CIBUS TEAM	45:59.78	13:39.78
187	515	RODAL FRAGA Carlos	M2	(55)		46:00.54	13:40.54
188	879	GONZALEZ LOSADA David	M1	(87)		46:04.48	13:44.48
189	419	GONZALEZ MACIEL Jose Luis	M3	(32)	RIZOS TEAM	46:05.78	13:45.78
190	811	UCHA GANDARA Jose	M1	(88)		46:06.32	13:46.32
191	788	QUINTAIROS RIAL Gabriel	M1	(89)		46:06.51	13:46.51
192	709	ESCUDEIRO GÓMEZ Noel	M1	(90)	LONZA BIOLOGICS	46:10.11	13:50.11
193	483	LAGO HIGOS Miguel Angel	M2	(56)		46:14.41	13:54.41
194	570	RODRIGUEZ ROMAN Jacob	M2	(57)		46:22.48	14:02.48
195	648	GONZALEZ ULLA Diego	M2	(58)		46:28.17	14:08.17
196	504	TORRES Matias	M2	(59)		46:28.87	14:08.87
197	829	CASTIÑEIRAS MARTINEZ Jorge	M1	(91)		46:37.17	14:17.17
198	890	PEREZ AGUILERA Pablo	M1	(92)		46:45.35	14:25.35
199	864	BALTAR LOSADA Miguel	M1	(93)	MAIS QUE AUGA	46:46.91	14:26.91
200	606	GONZALEZ PARDIÑAS Aleixandre	M2	(60)	MERAKI FISIOTERAPIA VIGO	46:47.43	14:27.43
201	566	PEREZ RIOBO Alex	M2	(61)		46:59.93	14:39.93
202	586	GUERRA LOPEZ Eduardo	M2	(62)	VIGOENTRENA	47:02.15	14:42.15
203	508	ALONSO GOMEZ Jose Lorenzo	M2	(63)		47:05.97	14:45.97
204	891	ALVAREZ CONDE Brais	M1	(94)		47:15.89	14:55.89
205	749	ALDAO AREAL Ruben	M1	(95)		47:18.72	14:58.72
206	624	DIAZ FERNANDEZ Diego	M2	(64)		47:19.35	14:59.35
207	656	VAZQUEZ CAÑOTO David	M1	(96)		47:22.25	15:02.25
208	492	PAREDES OUTUMURO Ruben	M2	(65)	MAIS QUE AUGA	47:28.97	15:08.97
209	785	ARAUJO MOSQUERA Martin	M1	(97)		47:34.53	15:14.53
210	918	ARAUJO Borja	M1	(98)		47:38.24	15:18.24
211	480	MATA MEIXUEIRO Marcos	M2	(66)		47:40.58	15:20.58
212	524	RODRIGUEZ DIAZ David	M2	(67)		47:43.65	15:23.65
213	762	CRESPO GONZALEZ Jacinto	M1	(99)	PORCOS CELTAS	47:47.23	15:27.23
214	854	COLLAZO COBELO David	M1	(100)		47:56.17	15:36.17
215	330	GUIMARAENS JUDEL Javier	M4	(7)		47:56.37	15:36.37
216	809	ARIZAGA JIMENEZ Luis	M1	(101)		48:02.31	15:42.31
217	597	DIAZ CONGIL Manuel	M2	(68)		48:04.15	15:44.15
218	734	OTERO MOREIRA Santiago	M1	(102)		48:04.27	15:44.27
219	342	GALLIDORO DEL MONTE Jose Humberto	M4	(8)	CLUB DEPORTIVO DELIKIA	48:07.81	15:47.81
220	823	LOZANO GONZALEZ Carlos	M1	(103)		48:08.95	15:48.95
221	824	RODRIGUEZ Martin	M1	(104)		48:10.14	15:50.14
222	421	POUSA LUCIO Xoan Manuel	M3	(33)	SAPOCONCHOS	48:14.41	15:54.41
223	318	VICENTE ALVAREZ Guillermo Jose	M5	(4)		48:16.81	15:56.81
224	304	RODRIGUEZ RODRIGUEZ Sergio	M5	(5)		48:16.93	15:56.93
225	308	CABRAL PEREZ Manuel Benedicto	M5	(6)		48:17.41	15:57.41
226	434	NOVOA SIO Jose	M3	(34)	CLUB ATLETISMO FLORISTERIA CAR	48:18.11	15:58.11
227	398	NOVOA SIO Juan	M3	(35)	CLUB ATLETISMO FLORISTERIA CAR	48:18.25	15:58.25
228	791	FERNANDEZ CARO Hector	M1	(105)		48:23.51	16:03.51

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Clit	Dor.	Apellidos y nombre	Categoría	(Clit)	Club	Tiempo	Diferencia
229	464	CALVAR LORENZO Jesus	M3	(36)	CLUB TRIATLÓN MAR DE VIGO	48:26.69	16:06.69
230	485	PÉREZ Ruben	M2	(69)	LONZA BIOLOGICS	48:27.49	16:07.49
231	352	BARREIRO BARREIRO Benigno	M4	(9)	ATHLETICS AVENTURA XTREM	48:29.05	16:09.05
232	884	ESCRIBANO MERINO Carlos	M1	(106)		48:31.82	16:11.82
233	538	PRESA ARJONES Candido	M2	(70)		48:32.41	16:12.41
234	545	FERREIRA CHARRASQUIEL Marcos	M2	(71)		48:46.25	16:26.25
235	838	BARRANCO Oscar	M1	(107)		48:47.85	16:27.85
236	831	GARCIA PONTE Pablo	M1	(108)	LASER GALICIA RANING	48:51.03	16:31.03
237	903	GONZALEZ LORENZO Mael	M0	(7)		48:54.14	16:34.14
238	500	PARCERO NOVAS Alvaro	M2	(72)		48:54.33	16:34.33
239	581	RODRIGUEZ RODRIGUEZ Adolfo	M2	(73)		48:58.06	16:38.06
240	715	TORRES TERAN David	M1	(109)		49:00.62	16:40.62
241	416	CRUCES ALVAREZ Daniel	M3	(37)		49:02.58	16:42.58
242	711	CASAL DORADO Gonzalo	M1	(110)		49:03.09	16:43.09
243	744	SANCHEZ BAHILLO Juan Antonio	M1	(111)		49:04.87	16:44.87
244	415	LOPEZ PEREZ Ramiro Alfonso	M3	(38)		49:07.55	16:47.55
245	326	ROCA RODRIGUEZ Ramon	M5	(7)		49:11.63	16:51.63
246	329	FERNANDEZ CLEMENTE Carlos	M4	(10)		49:12.89	16:52.89
247	518	BARRAL BARREIRO Pablo	M2	(74)		49:19.17	16:59.17
248	574	CERQUEIRA MALLO Samuel	M2	(75)		49:22.15	17:02.15
249	491	MIRANDA CORTES Rolan	M2	(76)		49:27.07	17:07.07
250	650	RODRIGUEZ ALONSO Sedu	M2	(77)	FENDETESTAS	49:28.69	17:08.69
251	750	VELOSO PEREZ Manuel	M1	(112)		49:31.18	17:11.18
252	639	GARCIA VAZQUEZ Carlos	M2	(78)		49:37.63	17:17.63
253	640	VIDAL PAYA Ivan	M2	(79)		49:42.15	17:22.15
254	742	CANCELAS ALVAREZ Alexandre	M1	(113)		49:43.83	17:23.83
255	387	VILA ALONSO Ignacio	M3	(39)		49:45.42	17:25.42
256	893	MIGUEL REBOREDO Manuel	M1	(114)		49:46.15	17:26.15
257	459	ALONSO ABALO Jose Manuel	M3	(40)	ROMERO'S RUNNERS	49:48.17	17:28.17
258	730	RIVADULLA VEIRA Quique	M1	(115)	CALVORIO RUNNERS	49:48.67	17:28.67
259	370	CARBALLIDO ARAUJO Victor Manuel	M3	(41)	TANINOS RUNNERS PONTEAREAS	49:49.15	17:29.15
260	817	MACIAS MOREIRA Daniel	M1	(116)		49:52.81	17:32.81
261	738	TEIJEIRO ALVAREZ Jorge	M1	(117)		49:56.42	17:36.42
262	351	GONZALEZ RAMIREZ Juan	M4	(11)		49:58.27	17:38.27
263	682	BARREIRO Dani	M1	(118)		50:00.11	17:40.11
264	596	DOCET CAAMAÑO Francisco	M2	(80)		50:02.12	17:42.12
265	616	DIAZ GARCIA Angel	M2	(81)		50:11.11	17:51.11
266	438	DAPENA MARIÑO Jose Luis	M3	(42)	ADN RUNNERS - TELMO PELUQUEROS	50:13.94	17:53.94
267	347	MARTINEZ MEIS Felix	M4	(12)		50:18.49	17:58.49
268	723	GUAMA HEREDIA Edwin	M1	(119)		50:21.71	18:01.71
269	827	PEREZ RODRIGUEZ Alexis	M1	(120)		50:27.14	18:07.14
270	496	SIEIRO Jorge	M2	(82)	CLUB TRIATLÓN MAR DE VIGO	50:29.36	18:09.36
271	540	ALVAREZ SOBRADO Javier	M2	(83)	C.A.R. MARISQUEIRO	50:31.07	18:11.07
272	789	LOSADA LOPEZ Bernardo	M1	(121)		50:33.04	18:13.04
273	362	MILLARA DIAZ Alberto	M3	(43)		50:36.91	18:16.91
274	357	MADRUGA MARTIN Eugenio	M3	(44)		50:39.79	18:19.79

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Clit	Dor.	Apellidos y nombre	Categoría	(Clit)	Club	Tiempo	Diferencia
275	560	MIGUEZ SOTO Pablo	M2	(84)		50:41.05	18:21.05
276	653	DACAL DEZA Daniel	M2	(85)		50:41.27	18:21.27
277	468	MARTINEZ DOBALO David	M3	(45)	CROOSBEERS	50:50.49	18:30.49
278	685	CORBACHO Adrian	M1	(122)	C.A.R. MARISQUEIRO	50:52.83	18:32.83
279	578	GARCIA FRAGUEIRO Roberto	M2	(86)		50:58.30	18:38.30
280	627	COYA NOVAS Alberto	M2	(87)		51:00.12	18:40.12
281	546	MARTINEZ PORTELA Antonio	M2	(88)		51:02.19	18:42.19
282	883	DE FRUTOS WOITECHEN Ivan Raul	M1	(123)		51:06.01	18:46.01
283	488	AMOEDO COLLAZO Moises	M2	(89)	ESPARTAN@S CHIFLAD@S	51:08.66	18:48.66
284	493	GARCIA DE LA CRUZ Roberto	M2	(90)	MAIS QUE AUGA	51:08.88	18:48.88
285	720	MARTINS Nuno	M1	(124)	CLUBE ATLETISMO FENE	51:11.73	18:51.73
286	382	ALONSO VEIGA Jose	M3	(46)	ANISETES	51:12.11	18:52.11
287	360	CODON VEGA Alfonso	M3	(47)	C.A.R. MARISQUEIRO	51:14.53	18:54.53
288	833	ALVAREZ GARCIA Mario	M1	(125)		51:20.43	19:00.43
289	876	RODRIGUEZ Nacho	M1	(126)		51:20.44	19:00.44
290	623	DEL CAÑO CASTRO Miguel	M2	(91)		51:21.97	19:01.97
291	599	AREVALO GOMEZ Andres	M2	(92)		51:25.77	19:05.77
292	355	RODRIGUEZ COSTAS Manuel	M3	(48)		51:26.97	19:06.97
293	714	GARCIA DA VILA Eloy	M1	(127)		51:29.81	19:09.81
294	768	TENORIO DEL RIO Jesus	M1	(128)		51:30.67	19:10.67
295	835	VARELA ARROJO Pablo	M1	(129)		51:32.10	19:12.10
296	660	GONZALEZ ALVES Nacho	M1	(130)		51:42.84	19:22.84
297	503	SANMARTIN GONZALEZ Victoriano	M2	(93)	MAIS QUE AUGA	51:46.61	19:26.61
298	368	GONCALVES ROLO Alvaro	M3	(49)	MAIS QUE AUGA	51:46.89	19:26.89
299	457	OTERO SALGUEIRO Francisco Javier	M3	(50)	C.A.R. MARISQUEIRO	51:48.05	19:28.05
300	502	PEDROSA PEREZ Alberto	M2	(94)		51:48.25	19:28.25
301	426	LAMAS FERREIRA Jorge	M3	(51)		51:48.89	19:28.89
302	693	GOMEZ Bleito	M1	(131)		51:52.42	19:32.42
303	310	VAZQUEZ TOME Victor	M5	(8)		51:58.15	19:38.15
304	877	CARPINTERO PEREZ Nicolas	M1	(132)		51:59.29	19:39.29
305	509	LAGO FREIRIA Francisco Jose	M2	(95)	OS PELIQUEIROS	52:03.45	19:43.45
306	513	COSTAS FERNANDEZ Tony	M2	(96)	CLUB TRIATLÓN MAR DE VIGO	52:12.90	19:52.90
307	534	FERNANDEZ IGLESIAS Jose	M2	(97)		52:16.15	19:56.15
308	409	MARTINEZ GOMEZ Pakinho	M3	(52)	GALLAECIA JASTANDO SAPATILLA	52:18.33	19:58.33
309	773	BARROS RODRIGUEZ Pedro	M1	(133)		52:21.33	20:01.33
310	425	RASILLA ALVAREZ Javier	M3	(53)		52:22.06	20:02.06
311	638	SOUZA ALONSO Daniel	M2	(98)		52:25.33	20:05.33
312	345	GONZALEZ GARCIA Luis	M4	(13)	C.A.R. MARISQUEIRO	52:31.75	20:11.75
313	583	OJEA CARBALLO Enrique	M2	(99)		52:39.45	20:19.45
314	422	PEREIRO SANTIN Ramon	M3	(54)	GRIMO	52:40.59	20:20.59
315	361	RODRIGUEZ FOLGAR Cesar	M3	(55)		52:40.81	20:20.81
316	564	GONZALEZ ABEIJON Fernando	M2	(100)		52:59.41	20:39.41
317	803	DAVILA PIÑON Pedro	M1	(134)		53:01.10	20:41.10
318	490	BERNARDEZ GARCIA Javier	M2	(101)		53:15.75	20:55.75
319	481	SEIJAS CAL Jacob	M2	(102)		53:19.42	20:59.42
320	862	VALEIJE COVELO Samuel	M1	(135)		53:20.52	21:00.52

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Clit	Dor.	Apellidos y nombre	Categoría	(Clit)	Club	Tiempo	Diferencia
321	614	VARA BLANCO Manuel	M2	(103)		53:22.51	21:02.51
322	805	DIAZ MARRA Izham	M1	(136)		53:23.41	21:03.41
323	403	BLANCO POVEDA Víctor	M3	(56)		53:23.71	21:03.71
324	754	POMBO FERREIRA Fernando	M1	(137)	C.A.R. MARISQUEIRO	53:24.65	21:04.65
325	631	GIL Esteban	M2	(104)		53:24.79	21:04.79
326	735	PEREZ ALVAREZ Jose Manuel	M1	(138)		53:25.81	21:05.81
327	825	JIMENEZ FRESCO Anton Alexandre	M1	(139)		53:26.13	21:06.13
328	461	GONZALEZ GARCIA Arturo	M3	(57)		53:28.19	21:08.19
329	495	DEVORA JIMENEZ Miguel Angel	M2	(105)		53:28.45	21:08.45
330	389	GRAÑA Arturo	M3	(58)		53:33.91	21:13.91
331	339	VILLAR SALGADO Jose Francisco	M4	(14)	C.A.R. MARISQUEIRO	53:38.02	21:18.02
332	603	ESTEVEZ PEREZ Miguel Angel	M2	(106)		53:40.00	21:20.00
333	790	REY VILLAR Javier	M1	(140)		53:41.55	21:21.55
334	703	NOVAS CANABAL Diego	M1	(141)		53:44.25	21:24.25
335	384	ALVAREZ PEREIRA Roberto	M3	(59)	OS PELIQUEIROS	53:45.35	21:25.35
336	349	CALDERON FERNANDEZ Eloy	M4	(15)		53:46.33	21:26.33
337	681	MUIÑOS FERNANDEZ Iago	M1	(142)		53:48.55	21:28.55
338	661	ORTEGA VILLAR Iago	M1	(143)	X-ONE	53:48.69	21:28.69
339	652	DOMINGUEZ ARAUJO Ivan	M2	(107)		53:51.79	21:31.79
340	619	PEREIRA MURO Alvaro	M2	(108)		53:52.39	21:32.39
341	799	FERNANDEZ ALFARO Roberto	M1	(144)		53:52.73	21:32.73
342	594	GARCIA FERNANDEZ Jose Luis	M2	(109)		53:53.34	21:33.34
343	601	MAGALHAES MARTINS Paulo	M2	(110)		53:53.45	21:33.45
344	728	BAILLY Benjamin	M1	(145)		53:56.37	21:36.37
345	386	FERNANDEZ FEIJOO Jose Manuel	M3	(60)		53:58.23	21:38.23
346	451	RODILLA ALVAREZ Ivan Fernando	M3	(61)		54:01.15	21:41.15
347	739	VILLAMIL Andres	M1	(146)		54:04.31	21:44.31
348	837	SANCHEZ DOMINGUEZ Rene	M1	(147)		54:06.63	21:46.63
349	356	GUAMA MENA Patricio	M3	(62)		54:10.06	21:50.06
350	820	FERREIRO GARCIA David	M1	(148)		54:17.41	21:57.41
351	317	MARTINEZ REQUEJO Carlitos	M5	(9)		54:20.75	22:00.75
352	563	GONZALEZ ARISTA Jim	M2	(111)		54:27.61	22:07.61
353	312	GARABATOS CUADRADO Jose Antonio	M5	(10)	C.A.R. MARISQUEIRO	54:29.01	22:09.01
354	626	GEZ Elad	M2	(112)		54:31.45	22:11.45
355	713	MARTINEZ PINEIRO Angel	M1	(149)		54:36.62	22:16.62
356	482	GIL OTERO Roberto	M2	(113)		54:37.28	22:17.28
357	323	LUSQUIÑOS MARTINEZ Alfonso	M5	(11)		54:41.72	22:21.72
358	668	GARCIA FRAGUEIRO Diego	M1	(150)		54:46.65	22:26.65
359	458	VILLATORO IGLESIAS Javier	M3	(63)		54:48.65	22:28.65
360	688	ALONSO GONZALEZ David	M1	(151)	RUNNINVERSE	54:59.47	22:39.47
361	731	POUSADELA PEREIRA Oscar	M1	(152)		55:01.10	22:41.10
362	379	TOLEDO MONTES Pablo	M3	(64)	CHUZAS OLIMPICOS	55:02.77	22:42.77
363	381	CERDEIRA GREGORIO Francisco	M3	(65)		55:03.46	22:43.46
364	358	PEREZ ALONSO Alfonso	M3	(66)	CLUB ATLETISMO FLORISTERIA CAR	55:07.07	22:47.07
365	414	PEREZ RIAL Bernardo Miguel	M3	(67)	FLORISTERÍA CARMEN SIO	55:07.28	22:47.28
366	579	RESUA EIRAS David	M2	(114)	CHUZAS OLIMPICOS	55:11.57	22:51.57

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Clit	Dor.	Apellidos y nombre	Categoría	(Clit)	Club	Tiempo	Diferencia
367	896	MARTINEZ VAZQUEZ Bruno	M0	(8)		55:12.55	22:52.55
368	772	TOUCEDO CAMAÑO Rodrigo	M1	(153)		55:14.32	22:54.32
369	806	DA SILVA PAIVA Nuno Andre	M1	(154)	SHAKA CLUB	55:17.02	22:57.02
370	584	PIÑEIRO AGULLA Isidro Jose	M2	(115)		55:17.30	22:57.30
371	612	RODRIGUEZ DOMINGUEZ Diego	M2	(116)		55:17.37	22:57.37
372	609	REINE CAMPELOS Dionisio	M2	(117)		55:18.71	22:58.71
373	664	ARTIME MARTINEZ Eloy	M1	(155)		55:20.29	23:00.29
374	658	DIZ CASTRO Manuel	M1	(156)		55:20.42	23:00.42
375	410	CABO BEN Jose Luis	M3	(68)	BURGAS ATLETISMO	55:22.97	23:02.97
376	325	SOUTO CORTIZO Manuel	M5	(12)	BURGAS ATLETISMO	55:24.69	23:04.69
377	812	LOPEZ CABANAS Guillermo	M1	(157)		55:25.01	23:05.01
378	314	ROS ROSILLO Alejandro	M5	(13)	CLUB DEPORTIVO DELIKIA	55:28.60	23:08.60
379	610	VAZQUEZ FERNANDEZ Victor	M2	(118)		55:30.32	23:10.32
380	832	AMAYA GONZÁLEZ Leandro	M1	(158)		55:34.87	23:14.87
381	390	VALEBONA REFOJOS Manuel	M3	(69)	TRINORTH	55:40.14	23:20.14
382	333	ZUNZUNEGUI Roman	M4	(16)	MAIS QUE AUGA	55:43.88	23:23.88
383	484	HERMIDA BALLESTEROS Enrique	M2	(119)		55:45.63	23:25.63
384	875	COMESAÑA Pedro	M1	(159)		55:46.07	23:26.07
384	873	PIÑEIRO Alberto	M1	(159)		55:46.07	23:26.07
386	517	SOBREVELA ROMAGUERA Luis Miguel	M2	(120)		55:48.48	23:28.48
387	520	GONZALEZ REY Diego	M2	(121)	ADN RUNNERS - TELMO PELUQUEROS	55:52.72	23:32.72
388	575	CARBONELL ARGIBAY Breixo	M2	(122)		55:57.38	23:37.38
389	374	BAQUERO LOPEZ Javier	M3	(70)		55:58.13	23:38.13
390	628	ANTON FERNANDEZ David	M2	(123)		56:17.35	23:57.35
391	429	AIRA GARCIA Jose Julio	M3	(71)		56:24.69	24:04.69
392	691	CARBALLO BARON Manel	M1	(161)		56:31.25	24:11.25
393	465	CALVO RODRIGUEZ Iñigo	M3	(72)		56:35.37	24:15.37
394	430	MARTINEZ COSTAS Diego	M3	(73)	CLUB ATLETISMO FLORISTERIA CAR	56:42.75	24:22.75
395	530	MARTINEZ RODRIGUEZ Tony	M2	(124)		56:47.07	24:27.07
396	736	RODRIGUEZ CRESPO Eduardo	M1	(162)	VIGOENTRENA	56:51.42	24:31.42
397	687	KOBA Stanislav	M1	(163)		56:54.22	24:34.22
398	557	GARCIA BARCIELA Alberto	M2	(125)		56:56.77	24:36.77
399	365	CARRILLO GONZALEZ Camilo Jose	M3	(74)		56:59.80	24:39.80
400	846	ALONSO DE SAN SEGUNDO Lucas	M1	(164)		57:01.04	24:41.04
401	337	CHOQUET Yves	M4	(17)		57:06.90	24:46.90
402	547	ROUCO COMESAÑA Juan Ignacio	M2	(126)		57:14.32	24:54.32
403	902	ESPADA BARCON Pedro	M0	(9)		57:26.75	25:06.75
404	324	PENEDO DA SILVA Jose Antonio	M5	(14)	ATHLETICS AVENTURA XTREM	57:30.16	25:10.16
405	315	RIOS RODRIGUEZ Manuel	M5	(15)	CLUB ATLETISMO VETERANOS DE SA	57:35.80	25:15.80
406	532	ARNAIZ RAMOS Juan	M2	(127)		57:41.99	25:21.99
407	417	REIGADA QUINTELA Fernando	M3	(75)	CHUZAS OLIMPICOS	57:43.71	25:23.71
408	401	RODRIGUEZ IGLESIAS Roberto	M3	(76)		57:44.50	25:24.50
409	407	IGLESIAS GROBAS Ignacio	M3	(77)	CLUB ATLETISMO FLORISTERIA CAR	57:44.69	25:24.69
410	516	GARCIA LOPEZ Alberto	M2	(128)	MAIS QUE AUGA	57:45.14	25:25.14
411	394	FERNANDEZ RODRIGUEZ Evaristo	M3	(78)		57:49.14	25:29.14
412	477	ORTEGA SANCHEZ Felix	M2	(129)		57:50.27	25:30.27

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413	440	LOPEZ LOPEZ Jacobo	M3	(79)	LASER GALICIA RANING	57:51.15	25:31.15
414	529	GONZALEZ CABALEIRO Marcos	M2	(130)		57:53.40	25:33.40
415	371	BARRA ALVAREZ Jose Manuel	M3	(80)		58:02.61	25:42.61
416	752	CONDE PEREIRO Arturo	M1	(165)		58:10.84	25:50.84
417	895	BENAVIDES Mario	M0	(10)		58:11.80	25:51.80
418	729	FERNANDEZ ARIAS Juan	M1	(166)	CALVORIO RUNNERS	58:24.93	26:04.93
419	654	OSBORNE Steve	M2	(131)	SHAKA CLUB	58:34.19	26:14.19
420	706	COSTAS DEL RIO Diego	M1	(167)		58:46.88	26:26.88
421	705	BALSA DA TORRE Juan Luis	M1	(168)		58:47.02	26:27.02
422	797	COUSO CALVAR David	M1	(169)		58:56.68	26:36.68
423	697	GOINEAU Vivien	M1	(170)		58:59.40	26:39.40
424	771	GONZALEZ VICENTE Alejandro	M1	(171)	CALVORIO RUNNERS	59:14.76	26:54.76
425	572	HERRERA Rene Carlos	M2	(132)		59:27.84	27:07.84
426	377	DOMINGUEZ PEREZ Francisco Javier	M3	(81)		59:35.45	27:15.45
427	897	GARCIA MORIEL Jose	M0	(11)		59:44.82	27:24.82
428	778	BAEZ RUIDO Francisco Javier	M1	(172)		59:47.02	27:27.02
429	657	VARELA MENDEZ Jacobo	M1	(173)		59:53.36	27:33.36
430	456	FREIRE PIÑEIRO Jose Manuel	M3	(82)	MAIS QUE AUGA	59:56.41	27:36.41
431	598	VERAZA Cristian	M2	(133)	MAIS QUE AUGA	59:56.50	27:36.50
432	667	LORIGADOS PALLARES Brais	M1	(174)		1h00:00.78	27:40.78
433	844	MONJE DE LA PEÑA Luis	M1	(175)		1h00:08.40	27:48.40
434	850	NOVO COSTAS Daniel	M1	(176)		1h00:08.98	27:48.98
435	717	FERNANDEZ GARCIA Hector	M1	(177)		1h00:14.73	27:54.73
436	816	FIGUEIRAS COUGIL Pablo	M1	(178)		1h00:33.29	28:13.29
437	807	SUÑER DIAZ Carlos	M1	(179)		1h00:33.36	28:13.36
438	802	MIGUEZ CAMESELLE Pablo	M1	(180)		1h00:43.58	28:23.58
439	489	GRAZIANI FONTICIELHA Rodrigo	M2	(134)		1h00:56.93	28:36.93
440	679	CARDENAS Gilberto	M1	(181)		1h01:08.96	28:48.96
441	699	GIGIREY VAZQUEZ Xabier	M1	(182)		1h01:17.89	28:57.89
442	707	CAMPAÑA CASTRO Anxo	M1	(183)		1h01:18.09	28:58.09
443	698	VAZQUEZ MAYO Javier	M1	(184)	MAIS QUE AUGA	1h01:37.46	29:17.46
444	855	ALVAREZ VAZQUEZ Jaime	M1	(185)		1h01:38.31	29:18.31
445	498	MARTINEZ RILO Fran	M2	(135)		1h01:42.77	29:22.77
446	635	COSSINI BENCHIMOL Ignacio Esteban	M2	(136)		1h01:50.42	29:30.42
447	448	MUÑIZ NOYA Marcos	M3	(83)	CHUZAS OLIMPICOS	1h02:17.41	29:57.41
448	499	PEREZ BASTOS Enrique	M2	(137)		1h02:22.98	30:02.98
449	665	PEREZ Alberto	M1	(186)		1h02:32.34	30:12.34
450	849	ALONSO SALGADO Jorge	M1	(187)		1h02:41.71	30:21.71
451	549	HERVES Javi	M2	(138)	CHOCOKIWI	1h02:43.38	30:23.38
452	321	DIZ DIOS Pedro	M5	(16)		1h03:39.16	31:19.16
453	562	MOULAKIS Dimitris	M2	(139)		1h04:27.28	32:07.28
454	636	LIBOREIRO MAYAN Sergio	M2	(140)		1h05:29.46	33:09.46
455	647	SAYANS BARGO Jesus	M2	(141)		1h06:01.15	33:41.15
456	338	DIZ DIOS Jose Higinio	M4	(18)		1h06:34.66	34:14.66
457	397	VAZQUEZ Enrique	M3	(84)		1h06:44.88	34:24.88
458	303	COLLAZO BARRERAS German	M5	(17)		1h07:23.45	35:03.45

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459	907	DAVILA GONZALEZ Gabriel	M0	(12)		1h10:09.26	37:49.26
460	915	RUIZ REY Miguel	M4	(19)		1h12:43.03	40:23.03
461	373	PAZO PAZO Jorge	M3	(85)		1h24:04.16	51:44.16
462	810	ARIAS Hector	M1	(188)		1h24:47.62	52:27.62
463	522	LONGO DOMINGUEZ Angel	M2	(142)		1h25:23.45	53:03.45
464	856	RODRIGUEZ MARTINEZ Pablo	M1	(189)		1h27:12.40	54:52.40
465	486	LIMIA PRADO Sergio	M2	(143)		1h37:25.88	1h05:05.88
466	413	GUZMAN CRESPI Rafael	M3	(86)		1h37:26.02	1h05:06.02

MUJERES

1	214	CASTROVIEJO BERMEJO Marta	F1	(1)	FERRER SPORT	35:36.22	
2	191	BREINHOLT MOESKJAER Lea	F1	(2)	RUNYTRI	36:57.66	1:21.44
3	143	ALVAREZ RODRIGUEZ Noemi	F1	(3)	CLUB DEPORTIVO DELIKIA	38:20.02	2:43.80
4	278	PAZOS GARCIA Antia	F1	(4)	CLUB TRIATLÓN MAR DE VIGO	39:13.90	3:37.68
5	72	ESTEVEZ CRESPO Cristina	F2	(1)		39:29.06	3:52.84
6	229	RODRIGUEZ PIRO Maria Victoria	F1	(5)		39:31.72	3:55.50
7	117	RODRIGUEZ OLIVEIRA Rocio	F2	(2)	ATHLETICS FISIOTERAPIA SAN LÁZ	41:56.86	6:20.64
8	66	ALONSO GARCIA Ana	F3	(1)	ATHLETICS FISIOTERAPIA SAN LÁZ	42:13.17	6:36.95
9	244	SANCHEZ CASTRO Angela	F1	(6)		42:17.60	6:41.38
10	48	LAMPON CARIDE Ana Maria	F3	(2)	MAIS QUE AUGA	42:33.82	6:57.60
11	241	PEREZ MARIÑO Elena	F1	(7)	RUNYTRI	42:51.66	7:15.44
12	85	MOREU PEREIRA-BORRAJO Beatriz	F2	(3)	CLUB DEPORTIVO DELIKIA	43:08.44	7:32.22
13	251	DOMINGUEZ PEREZ Naomi	F1	(8)	CLUB DEPORTIVO DELIKIA	43:11.67	7:35.45
14	133	SABORIDO GIL Olalla	F2	(4)	CLUB ATLETISMO VETERANOS DE SA	43:39.96	8:03.74
15	282	GONZALEZ PEREZ Natalia	F0	(1)	CLUB ATLETISMO FEMENINO CELTA	43:47.89	8:11.67
16	137	RODRIGUEZ GONZALEZ Nerea	F2	(5)	CLUB ATLETISMO PORRIÑO	44:10.10	8:33.88
17	260	SOLA SANMARTIN Mar	F1	(9)		44:15.76	8:39.54
18	147	DE PRADO PEREIRA Marta	F1	(10)		45:04.99	9:28.77
19	175	OJEA CAAMAÑO Mirian	F1	(11)		45:16.70	9:40.48
20	112	HERNANDEZ BUGARIN Rosa	F2	(6)		45:17.58	9:41.36
21	24	GALLINAR FERNANDEZ Monica	F3	(3)	ATHLETICS FISIOTERAPIA SAN LÁZ	45:17.87	9:41.65
22	120	ALONSO ROMERO Marina	F2	(7)	CLUB ATLETISMO TUI	45:18.05	9:41.83
23	184	ABALDE ALONSO Lara	F1	(12)		45:25.52	9:49.30
24	52	FIGUEORA Losada	F3	(4)		45:45.64	10:09.42
25	208	ROBLED0 RIVERA Katia	F1	(13)	CLUB DEPORTIVO DAN CIPRIÁN	46:19.33	10:43.11
26	213	MACEIRA PENA Miriam	F1	(14)	TRIATLON VILAGARCIA	46:22.74	10:46.52
27	223	REY PARDO Lara	F1	(15)		46:46.51	11:10.29
28	136	VALCARCEL TOSCANO Isa	F2	(8)		47:19.98	11:43.76
29	106	FERNANDEZ LOPEZ Raquel	F2	(9)	RAÑESTRES TEAM	47:24.82	11:48.60
30	138	SERRANO MONGE Violeta	F2	(10)	CLUB DEPORTIVO DELIKIA	47:43.68	12:07.46
31	167	NOVOA ALONSO Tamara	F1	(16)	VIGOENTRENA	48:05.54	12:29.32
32	77	VIDAL LORENZO Emilia	F2	(11)	MAIS QUE AUGA	48:07.81	12:31.59
33	261	SOLA SANMARTIN Alba	F1	(17)		48:11.91	12:35.69
34	83	MARTINS VIDAL Rafael	F2	(12)	LONZA BIOLOGICS	48:28.39	12:52.17

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35	47	COMESAÑA FERNANDEZ Esperanza	F3	(5)		48:29.66	12:53.44
36	212	RODRIGUEZ DA SILVA Sara	F1	(18)	PORCOS CELTAS	48:29.89	12:53.67
37	140	ESPIÑO LOPEZ Rebeca	F2	(13)		48:34.18	12:57.96
38	253	RASCADO RIOS Andrea	F1	(19)	CLUB TRIATLÓN MAR DE VIGO	48:35.15	12:58.93
39	246	PEREZ CONDE Tania	F1	(20)		49:12.55	13:36.33
40	79	FERNANDEZ VARELA Maria Estefania	F2	(14)		49:16.01	13:39.79
41	71	FONSECA GARCIA Lucia	F2	(15)		49:18.08	13:41.86
42	96	ROMERO MARTINEZ Monica	F2	(16)	FRUTAS NIEVES	49:21.31	13:45.09
43	69	MARTINEZ COMESAÑA Lucia	F3	(6)	C.A.R. MARISQUEIRO	49:25.95	13:49.73
44	114	TARRIO FUENTES Nuria	F2	(17)		49:46.21	14:09.99
45	279	QUINTANA QUINTELA Carlota	F1	(21)		49:50.93	14:14.71
46	164	CABALEIRO CARREIRA Maria Teresa	F1	(22)		50:04.77	14:28.55
47	161	PARADA COSTA Sara	F1	(23)		50:13.15	14:36.93
48	113	BOSSA RODRIGUEZ Silvia	F2	(18)		50:37.05	15:00.83
49	281	COLLAZO COBELO Uxia	F1	(24)		50:47.83	15:11.61
50	271	CES ANDRES Cristina	F1	(25)		50:49.60	15:13.38
51	233	TERUEL Lara	F1	(26)	C.A.R. MARISQUEIRO	50:52.65	15:16.43
52	118	RIAL CRESTELO Marta	F2	(19)		51:00.24	15:24.02
53	95	SANCHEZ PADILLA Arantxa	F2	(20)		51:00.97	15:24.75
54	158	VILA GONZALEZ Jessica	F1	(27)		51:01.49	15:25.27
55	268	RAMOS FERNANDEZ Erika	F1	(28)		51:06.78	15:30.56
56	126	PEREZ LAGO Laura	F2	(21)	TRINORTH	51:11.79	15:35.57
57	128	CARBAJALES PEREZ Cris	F2	(22)		51:12.03	15:35.81
58	130	TENORIO DEL RIO Maria Jose	F2	(23)		51:30.33	15:54.11
59	97	GARCIA TORRICO Dolly	F2	(24)	MAIS QUE AUGA	51:40.15	16:03.93
60	276	DAFONTE TRONCOSO Sofia	F1	(29)		51:41.09	16:04.87
61	215	CABANELAS Celes	F1	(30)		51:42.27	16:06.05
62	139	RAMOS GONZALEZ Noa	F2	(25)	MAIS QUE AUGA	51:46.35	16:10.13
63	204	LOPEZ FERNANDEZ Maria	F1	(31)		51:47.49	16:11.27
64	274	JARDON JARDON Carla	F1	(32)		51:54.87	16:18.65
65	59	GONZALEZ CASAL Alejandra	F3	(7)	VIGOENTRENA	51:56.60	16:20.38
66	156	MARTIN-CALOTO ZULUETA Maria	F1	(33)	CLUB DEPORTIVO DELIKIA	51:59.05	16:22.83
67	67	BALIÑO GONZALEZ Ruth	F3	(8)	RIZOS TEAM	52:02.99	16:26.77
68	250	SANCHEZ LUQUE Paloma	F1	(34)		52:06.79	16:30.57
69	135	MARTINEZ CASTIÑEIRA Monica	F2	(26)	CLUB ATLETISMO PORRIÑO	52:08.77	16:32.55
70	159	FERNANDEZ ESTEVEZ Silvia	F1	(35)		52:13.55	16:37.33
71	70	LEMON CABRERA Sonia	F3	(9)		52:15.50	16:39.28
72	101	CASAL GARCIA Montserrat	F2	(27)		52:17.31	16:41.09
73	169	BRUZON BANDEIRA Maria	F1	(36)		52:21.13	16:44.91
74	221	RODRIGUEZ Yolanda	F1	(37)		52:26.97	16:50.75
75	58	LOPEZ REIS Julia	F3	(10)	VIGOENTRENA	52:34.48	16:58.26
76	231	FERNANDES Filipa	F1	(38)		52:36.15	16:59.93
77	166	LAMEIRO COUTO Alba	F1	(39)		52:37.77	17:01.55
78	151	SANTANA CABRAL Pilar	F1	(40)	MAIS QUE AUGA	52:44.83	17:08.61
79	216	RODRIGUEZ RODRIGUEZ Maria	F1	(41)	MAIS QUE AUGA	52:59.88	17:23.66
80	205	CORDERO ALVAREZ Selena	F1	(42)		53:01.21	17:24.99

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81	206	SILVA QUESADA Helena	F1	(43)		53:01.97	17:25.75
82	62	LARRAÑAGA SAEZ-TORRES Olalla	F3	(11)		53:07.23	17:31.01
83	44	MIRAS CALVO Adela	F3	(12)		53:09.72	17:33.50
84	182	MARTINEZ GONZALEZ Raquel	F1	(44)		53:09.92	17:33.70
85	224	MOCHOLI ORTEGA Agueda	F1	(45)		53:10.44	17:34.22
86	122	LEIROS GIRALDEZ Carla	F2	(28)	L@S INSENSAT@S	53:18.42	17:42.20
87	248	BRUZON BANDEIRA Camino	F1	(46)		53:26.90	17:50.68
88	29	EGUIA LOUZAN Marta	F3	(13)		53:40.79	18:04.57
89	162	PAZ Cristina	F1	(47)		53:47.89	18:11.67
90	115	BRITO ALONSO Paula	F2	(29)		53:53.28	18:17.06
91	45	JORGE ALVAREZ Monica	F3	(14)		54:01.15	18:24.93
92	226	YAÑEZ VICENTE Marta	F1	(48)		54:12.11	18:35.89
93	270	GROBA COMESAÑA Lia	F1	(49)	CLUB DEPORTIVO DELIKIA	54:12.47	18:36.25
94	257	PAZOS LINARES Elena	F1	(50)		54:16.45	18:40.23
95	249	DOMINGUEZ ESTEVEZ Elena	F1	(51)		54:34.93	18:58.71
96	193	ZUNZUNEGUI NAVIA Maria	F1	(52)	MAIS QUE AUGA	54:38.23	19:02.01
97	185	LUSQUÍÑOS BALLESTEROS Lara	F1	(53)		54:41.52	19:05.30
98	60	BARREIRO VAZQUEZ Maria Dolores	F3	(15)		54:46.12	19:09.90
99	179	ANDRE ANTELA Maria	F1	(54)		54:47.39	19:11.17
100	189	NOVELLE CALVAR Laura	F1	(55)	ASALTAMONTES FEMALE	54:56.92	19:20.70
101	228	TRONCOSO DOMINGUEZ Sheila	F1	(56)		55:02.09	19:25.87
102	235	BAÑA PADIN Sara	F1	(57)		55:08.01	19:31.79
103	10	ALFAYATE RODRIGUEZ Cati	F4	(1)		55:14.91	19:38.69
104	121	CASAL BARGE Silvia	F2	(30)		55:17.43	19:41.21
105	82	PEREZ RODRIGUEZ Elisa	F2	(31)		55:18.00	19:41.78
106	132	BADAS Diana	F2	(32)		55:27.11	19:50.89
107	154	GONZALEZ PEREZ Jessica	F1	(58)		55:28.44	19:52.22
108	202	CASTROSEIROS GONZALEZ Natalia	F1	(59)	MAIS QUE AUGA	55:29.16	19:52.94
109	61	PAZ OLIVEIRA Natalia	F3	(16)	MAIS QUE AUGA	55:30.52	19:54.30
110	32	GOICOECHEA CASTAÑO Itziar	F3	(17)	TRINORTH	55:38.89	20:02.67
111	75	GARCIA DA SILVA Monica	F2	(33)		55:39.72	20:03.50
112	187	CUEVAS Karen Heisel	F1	(60)	X-ONE	55:39.96	20:03.74
113	242	MARTINEZ GARCIA Eva	F1	(61)		55:41.45	20:05.23
114	43	ENDRESS Eva	F3	(18)	CLUB CASTRELOS 20:30	56:03.08	20:26.86
115	170	DIAZ LOPEZ Rose Mary	F1	(62)	SHAKA CLUB	56:05.24	20:29.02
116	157	LAVANDEIRA SANCHEZ Anxa	F1	(63)	CLUB ADN RÍAS BAIXAS AMIGOS DE	56:09.41	20:33.19
117	165	RODRIGUEZ BASTOS Lidia	F1	(64)		56:18.34	20:42.12
118	46	AMORIN LORENZO Montserrat	F3	(19)		56:24.54	20:48.32
119	50	GONZALEZ RONCERO Paqui	F3	(20)		56:26.38	20:50.16
120	57	RIVERA DOBAO Pilar	F3	(21)	MAIS QUE AUGA	56:28.07	20:51.85
121	90	MARTINEZ COMESAÑA Isabel	F2	(34)	C.A.R. MARISQUEIRO	56:32.77	20:56.55
122	123	FERNANDEZ LOPEZ Aida	F2	(35)		56:44.80	21:08.58
123	74	SARABIA VIDAL Montse	F2	(36)		56:47.07	21:10.85
124	108	PEREZ PEREIRAS Victoria	F2	(37)	VIGOENTRENA	56:50.70	21:14.48
125	152	KOBA Ruslana	F1	(65)	MAIS QUE AUGA	56:52.98	21:16.76
126	168	MATILLA OJEDA Silvia	F1	(66)		56:54.08	21:17.86

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Clit	Dor.	Apellidos y nombre	Categoría	(Clit)	Club	Tiempo	Diferencia
127	37	SANTORIO DE FRUTOS Tatiana	F3	(22)	ATHLETICS FISIOTERAPIA SAN LÁZ	57:07.04	21:30.82
128	102	LEMONS LOPEZ Vanesa	F2	(38)	MAIS QUE AUGA	57:07.60	21:31.38
129	19	ALVAREZ COMESAÑA Monica	F3	(23)	ATHLETICS FISIOTERAPIA SAN LÁZ	57:08.15	21:31.93
130	93	FERNANDEZ PAZO Paula	F2	(39)		57:09.09	21:32.87
131	211	ABUNDANCIA Elena	F1	(67)		57:11.21	21:34.99
132	56	LEAL DOVAL Noemi	F3	(24)	CLUB DEPORTIVO RÍA DE AROUSA O	57:11.39	21:35.17
133	110	VAZQUEZ MARTINEZ Ana Belen	F2	(40)		57:14.37	21:38.15
134	15	MALLO FERRER Sonia	F4	(2)		57:21.17	21:44.95
135	116	ARNOSO MOURE Lydia	F2	(41)		57:22.14	21:45.92
136	240	LORENZO Sara	F1	(68)	LONZA BIOLOGICS	57:22.59	21:46.37
137	16	GONZALEZ IGLESIAS Ana Rosa	F3	(25)		57:26.68	21:50.46
138	81	RIOS BOUZA Sandra	F2	(42)	MAIS QUE AUGA	57:43.32	22:07.10
139	98	COSTAS NOYA Patricia	F2	(43)	CHUZAS OLIMPICOS	57:43.86	22:07.64
140	265	FERNANDEZ IGLESIAS Alejandra	F1	(69)		57:49.20	22:12.98
141	109	MAGRO HERNANDEZ Maria Geomar	F2	(44)		57:50.35	22:14.13
142	2	COSTAS RODRIGUEZ Carmen	F5	(1)	SOCIEDAD ATLÉTICA VAL MIÑOR	57:51.80	22:15.58
143	18	GONZALEZ DE LA CUESTA Sofia	F3	(26)		57:55.04	22:18.82
144	173	BLANCO RIO Tatiana	F1	(70)		58:01.38	22:25.16
144	55	BERRIDE SOTO Lucia	F3	(27)		58:01.38	22:25.16
146	218	CASTILLO PEREIRO Noemi	F1	(71)		58:03.58	22:27.36
147	267	GIL GUTIERREZ Maria	F1	(72)		58:03.94	22:27.72
148	238	VALLE MACAS Mishelle	F1	(73)		58:12.70	22:36.48
149	263	PEREIRA Monica	F1	(74)		58:16.02	22:39.80
150	203	SIMONES Cris	F1	(75)		58:56.54	23:20.32
151	149	VAZQUEZ DUARTE Cristina	F1	(76)		59:01.68	23:25.46
152	78	BALDWIN Jessica	F2	(45)		59:03.17	23:26.95
153	104	RODRIGUEZ DELGADO Paola	F2	(46)		59:03.30	23:27.08
154	280	LORENZO Iria	F0	(2)		59:19.50	23:43.28
155	80	PIÑON VILLAR Iria	F2	(47)		59:26.23	23:50.01
156	111	PAZOS GONZALEZ Lorena	F2	(48)		59:40.24	24:04.02
157	277	SANTOS PONCE Natalia	F1	(77)		59:45.22	24:09.00
158	12	ROCHA CRUCES Maria Carmen	F4	(3)	C.A.R. MARISQUEIRO	59:53.90	24:17.68
159	33	FERNANDEZ RUIZ Maite	F3	(28)	MAIS QUE AUGA	59:56.50	24:20.28
160	103	FREIRE Lorena	F2	(49)	MAIS QUE AUGA	59:57.48	24:21.26
161	119	ABALDE SANCHEZ Marta	F2	(50)		1h00:09.50	24:33.28
162	64	LOPEZ CAMBA Raquel	F3	(29)		1h00:21.46	24:45.24
162	21	ALVAREZ RODRIGUEZ Rosana	F3	(29)		1h00:21.46	24:45.24
164	237	HUIDOBRO Marta	F1	(78)		1h00:27.28	24:51.06
165	145	CASAL LORENZO Tania	F1	(79)		1h00:30.62	24:54.40
166	180	ARBUTHNOTT Jen	F1	(80)		1h00:31.73	24:55.51
167	53	DIAZ VARELA Paula	F3	(31)		1h00:38.79	25:02.57
168	14	RODRIGUEZ IGLESIAS Ana	F4	(4)	MAIS QUE AUGA	1h01:10.92	25:34.70
169	84	POMBO CHAPELA Lucia	F2	(51)	MAIS QUE AUGA	1h01:11.39	25:35.17
170	192	ASENSIO VARELA Sara	F1	(81)	MAIS QUE AUGA	1h01:37.72	26:01.50
171	76	FERNANDEZ LAGO Esperanza	F2	(52)		1h01:42.77	26:06.55
172	134	REGO Esther	F2	(53)	RUN SLOW CLUB	1h01:44.59	26:08.37

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Clit	Dor.	Apellidos y nombre	Categoría	(Clit)	Club	Tiempo	Diferencia
173	219	GUERRA ABAD Liliana	F1	(82)		1h01:50.50	26:14.28
174	63	PEREZ QUINTAS Carmen	F3	(32)		1h02:03.15	26:26.93
175	174	GARCIA BURGOS Delia	F1	(83)		1h02:32.27	26:56.05
176	197	PASCUAL COSTAS Maria	F1	(84)		1h03:08.94	27:32.72
177	217	RODRIGUEZ DIAZ Clara	F1	(85)		1h03:39.31	28:03.09
178	65	FERNANDEZ SANROMAN Asun	F3	(33)		1h04:05.79	28:29.57
179	89	ORS ROIG Cristina	F2	(54)	MAIS QUE AUGA	1h04:07.21	28:30.99
180	232	DIZ DIOS Maria De Co	F1	(86)		1h04:35.66	28:59.44
181	148	GONZALEZ SENDIN Maria Auxiliadora	F1	(87)		1h04:38.36	29:02.14
182	99	FERNANDEZ MARTIN Tania	F2	(55)		1h05:04.46	29:28.24
183	209	MACEIRAS VARELA Eugenia	F1	(88)		1h05:12.30	29:36.08
184	269	DOMINGUEZ VARELA Ines	F1	(89)		1h05:30.87	29:54.65
185	107	ALONSO CARREIRA Maria Lucia	F2	(56)	ASALTAMONTES FEMALE	1h06:06.48	30:30.26
186	35	TATO ALVAREZ Maria	F3	(34)		1h06:06.58	30:30.36
187	13	RODRIGUEZ ALVAREZ Marta	F4	(5)	BIKILA	1h08:18.41	32:42.19
188	194	GALVAN FERNANDEZ Lucia	F1	(90)		1h08:56.23	33:20.01
189	190	RODRIGUEZ DOCAMPO Debora	F1	(91)		1h08:56.57	33:20.35
190	22	FERNANDEZ SUAREZ Carmen	F3	(35)	MAIS QUE AUGA	1h09:15.67	33:39.45
191	4	ALVAREZ DOMINGUEZ Rosa M ^a	F5	(2)	MAIS QUE AUGA	1h09:15.81	33:39.59
192	258	PEREZ CARREÑO Albanny Raziel	F1	(92)		1h10:00.03	34:23.81
193	11	DIAZ CARRERAS Marta	F4	(6)		1h10:28.84	34:52.62
194	163	CHOQUET DELAUX Fanny	F1	(93)		1h11:36.30	36:00.08
195	225	AYOUB Fatima	F1	(94)		1h12:42.92	37:06.70
196	256	MICHELENA GUACARAN Damelis Del Valle	F1	(95)		1h15:58.05	40:21.83
197	92	SILVA DELGADO Jully Bannsa	F2	(57)		1h24:03.43	48:27.21
198	252	FERNANDEZ ARAUJO Iraima Rebeca	F1	(96)		1h24:47.95	49:11.73
199	73	FERNANDEZ DAPARTE Susana	F2	(58)		1h26:01.78	50:25.56
200	20	PAZOS CABARETIER Sonia	F3	(36)	NORDIC WALKING VIGO	1h41:17.62	1h05:41.40

DISCAMINO

1	887	FERNANDEZ MARTINEZ Samuel	M1	(1)	DISCAMINO	36:04.24	
2	680	RIVERA ESTEVEZ Aitor	M1	(2)	DISCAMINO	36:46.39	42.15
3	42	PEREIRO PIAY Paula	F3	(1)	DISCAMINO	38:24.07	2:19.83
4	472	BERRIDE SOTO David	M3	(1)	DISCAMINO	38:26.52	2:22.28
5	912	RIOS PENA Alberto	M0	(1)	DISCAMINO	38:40.76	2:36.52
6	645	DOVAL LAGO Diego	M2	(1)	DISCAMINO	38:44.09	2:39.85

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