

CARRERA POPULAR

VIII INVASIÓN CELESTE

Colaborando con



BY Profand

GENERAL

Clt	Dor.	Apellidos y nombre	Equipo	Categoría	Inter 1 (Clt)	Tiempo	Diferencia
MASCULINO 10K							
1	277	OUBIÑA FALCO Maxi	CLUB ATLETISMO CAMBADOS	Veteranos B 10K	16:22.4 (1)	36:25.9	
2	217	MARZOA RUIZ Miguel	C.A.R. MARISQUEIRO	Veteranos B 10K	16:22.6 (2)	36:27.3	1.4
3	133	FERNANDEZ CARRERA Marcos	AC CASTRELOS TRAIL CLUB	Veteranos B 10K	16:49.7 (4)	37:01.8	35.9
4	380	FERNANDEZ Gonzalo		Veteranos A 10K	16:57.4 (5)	37:27.5	1:01.6
5	455	AMIGO Borja	TRINORTH	Senior masc 10K	16:22.7 (3)	37:39.8	1:13.9
6	352	MURIAS RODRIGUEZ Alejandro	ASOCIACIÓN DEPORTIVA C.A.R	Veteranos A 10K	17:09.1 (8)	37:56.8	1:30.9
7	318	ALONSO GONZALEZ Andre		Veteranos A 10K	17:09.2 (11)	38:08.5	1:42.6
8	336	GUERRA HERBELLO Diego	SOCIEDAD ATLÉTICA VAL MIÑ	Veteranos A 10K	16:58.5 (6)	38:14.1	1:48.2
9	406	BARGIELA MARTINEZ Jaime	CLUB DEPORTIVO DELIKIA	Veteranos A 10K	17:09.1 (8)	38:28.4	2:02.5
10	91	BURGOS REY Jose Antonio	SAN MIGUEL DE MARÍ	Veteranos C 10K	17:08.7 (7)	38:35.3	2:09.4
11	87	BARREIRO PEREIRA Xose Anton	S.D. COMPOSTELA ATLETISMO	Veteranos C 10K	17:09.1 (8)	39:06.5	2:40.6
12	444	PINO MASID David	RUNNERS PV	Senior masc 10K	17:17.0 (12)	39:10.5	2:44.6
13	376	RODRIGUEZ GALLEGUO Alberto Jose	CLUB CASTRELOS 20:30	Veteranos A 10K	17:38.6 (14)	39:17.8	2:51.9
14	179	POUSO VIDAL Lucas	C. A. CAMBADOS	Veteranos B 10K	17:40.9 (15)	39:33.5	3:07.6
15	419	AGREDA CASTRO Romel	X-ONE	Senior masc 10K	17:53.3 (16)	39:54.6	3:28.7
16	224	CARRERA BLANCO Pablo	C.A. SERRANO	Veteranos B 10K	17:23.2 (13)	40:11.8	3:45.9
17	127	ALONSO FDEZ Alberto	MÁIS QUE AUG	Veteranos C 10K	18:15.2 (20)	40:44.5	4:18.6
18	74	COSTAS COSTAS Miguel	MÁIS QUE AUG	Veteranos C 10K	18:08.0 (18)	40:48.8	4:22.9
19	327	RODRIGUEZ SANTISO Hugo	CLUB DEPORTIVO DELIKIA	Veteranos A 10K	18:15.3 (21)	41:05.1	4:39.2
20	235	PEREZ PORTELA Marcos		Veteranos B 10K	18:32.7 (25)	41:09.2	4:43.3
21	338	COSTAS BARCIA Diego	MÁIS QUE AUG	Veteranos A 10K	19:06.4 (34)	41:15.1	4:49.2
22	386	PEREZ GONZALEZ Ruben		Veteranos A 10K	18:35.1 (26)	41:18.7	4:52.8
23	575	LOPEZ ALONSO Pablo		Senior masc 10K	18:14.8 (19)	41:18.8	4:52.9
24	9	SUAREZ MARTINEZ Manuel	CLUB ATLETISMO VETERANOS DE SA	Veteranos D 10K	18:28.5 (23)	41:20.7	4:54.8
25	599	WRIGHT Sam		Sub-23 masc 10K	18:06.6 (17)	41:24.2	4:58.3
26	232	JUSTE PEREZ Ricardo	+QUE JUGUETES RUNNING & TRAIL	Veteranos B 10K	18:23.2 (22)	41:28.7	5:02.8
27	358	GONZALEZ NUÑE Luis		Veteranos A 10K	18:53.1 (31)	41:32.5	5:06.6
28	366	PAREDES Aaron		Veteranos A 10K	19:00.3 (33)	41:40.2	5:14.3
29	207	NOVO FERNANDEZ Miguel		Veteranos B 10K	18:38.8 (27)	42:02.4	5:36.5
30	454	DOMINGUEZ Santiago		Senior masc 10K	18:43.7 (28)	42:39.4	6:13.5
31	174	VILABOA SALGUEIRO Santi		Veteranos B 10K	19:37.2 (46)	42:40.8	6:14.9
32	237	SIEIRO BARRIO Pablo		Veteranos B 10K	19:34.6 (44)	42:44.1	6:18.2
32	157	GONZALEZ VILLAR Javier		Veteranos B 10K	19:34.8 (45)	42:44.1	6:18.2
34	452	AGREDA CASTRO Alex		Senior masc 10K	19:11.2 (37)	42:50.8	6:24.9
35	215	FERNANDEZ GRADIN David	CIBUS TEAM	Veteranos B 10K	19:07.2 (35)	42:52.6	6:26.7
36	208	GONZALEZ VIEITEZ Roberto Carlos		Veteranos B 10K	18:31.1 (24)	42:57.0	6:31.1
37	303	NUÑEZ PARAD Sergio		Veteranos B 10K	18:55.4 (32)	43:06.3	6:40.4
38	539	PEREZ BASTOS Eloy		Senior masc 10K	19:37.7 (47)	43:11.8	6:45.9
39	220	LOPEZ COMESAÑ Oscar Manuel		Veteranos B 10K	19:38.7 (48)	43:28.4	7:02.5
40	101	RODRIGUEZ GARCIA Pablo	RUNNIG TRACK - VIGO	Veteranos C 10K	19:15.3 (38)	43:34.7	7:08.8

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41	307	FEIJOO MACHADO Andres		Veteranos B 10K	19:27.9 (42)	43:39.0	7:13.1
42	90	MAHOU LAGO Xose		Veteranos C 10K	19:25.0 (40)	43:39.2	7:13.3
43	583	PERALES DE LA GUARDIA Fernando		Senior masc 10K	20:36.6 (69)	43:39.4	7:13.5
44	588	GOMEZ RIOS David		Senior masc 10K	20:05.5 (52)	43:40.0	7:14.1
45	609	COSTAS PORTABALES Hugo		Sub-23 masc 10K	20:29.9 (66)	43:46.1	7:20.2
46	92	BUJANDA GARMENDIA Carlos Alberto		Veteranos C 10K	19:30.4 (43)	43:53.7	7:27.8
47	508	PEREZ MONTENEGRO Mario	CADELOS	Senior masc 10K	20:07.5 (53)	43:56.7	7:30.8
48	496	OTERO GONZALEZ Dylan		Senior masc 10K	20:02.0 (51)	44:10.3	7:44.4
49	350	RODRIGUEZ FLORES Marco Antonio		Veteranos A 10K	19:09.5 (36)	44:16.2	7:50.3
50	491	SROKA Wojciech	SOCIEDAD ATLÉTICA VAL MIÑ	Senior masc 10K	19:25.0 (40)	44:21.8	7:55.9
51	20	FUERTES SAAVEDRA Antonio	REAL CLUB CELTA ATLETISMO	Veteranos D 10K	20:10.3 (54)	44:28.1	8:02.2
52	308	COSTAS RODRIGUEZ Marcos	CD RIAS DO SUR	Veteranos B 10K	19:15.4 (39)	44:32.6	8:06.7
53	513	LOPEZ BERTOLO Javier		Senior masc 10K	20:39.9 (72)	44:33.2	8:07.3
54	367	SIO FERNANDEZ Eloy		Veteranos A 10K	20:29.6 (65)	44:35.6	8:09.7
55	160	GONZALEZ PRADO Antonio		Veteranos B 10K	20:41.7 (74)	44:46.5	8:20.6
56	365	LOPEZ Marcos	ALBOIRA RUNNING CLUB	Veteranos A 10K	20:14.9 (57)	44:49.3	8:23.4
57	325	ORTEGA VILLAR Iago	X-ONE	Veteranos A 10K	20:14.4 (56)	44:55.6	8:29.7
58	49	DE PRADO VAZQUEZ Alvaro	ATLETISMO BAIONA	Veteranos C 10K	20:10.5 (55)	44:58.6	8:32.7
59	149	RODRIGUEZ MATA Daniel	LUME RUN	Veteranos B 10K	20:39.7 (71)	45:00.3	8:34.4
60	299	MALGA DIAZ Ernesto Andres		Veteranos B 10K	19:42.2 (49)	45:05.0	8:39.1
61	68	AMOEDO AGULLA Carlos		Veteranos C 10K	20:15.7 (58)	45:10.2	8:44.3
62	574	FUERTES PEREZ Luis		Senior masc 10K	20:27.7 (64)	45:13.9	8:48.0
63	110	VIÑAS ROMER Alejandro	CLUB FLUVIAL MONTE SEGADE	Veteranos C 10K	20:39.6 (70)	45:18.0	8:52.1
64	577	BRAGADO COUTO Daniel		Senior masc 10K	20:36.1 (68)	45:26.8	9:00.9
65	414	PEREZ Adrian		Senior masc 10K	20:58.7 (85)	45:30.5	9:04.6
66	378	SULBARAN VIDAL Jesus Manuel		Veteranos A 10K	20:15.8 (59)	45:33.3	9:07.4
67	598	ENCINAS Javier	ALBOIRA RUNNING CLUB	Sub-23 masc 10K	21:20.0 (94)	45:39.6	9:13.7
68	495	VIDAL GOMEZ Eduardo		Senior masc 10K	20:50.0 (81)	45:44.2	9:18.3
69	81	PEITEADO RUIZ Guillermo	ATHLETICS FISIOTERAPIA SAN LÁZ	Veteranos C 10K	20:23.3 (63)	45:48.3	9:22.4
70	62	RODRIGUEZ MALVIDO Jose Manuel		Veteranos C 10K	20:47.3 (77)	45:53.1	9:27.2
71	42	SABINO PORTO Alfonso		Veteranos C 10K	21:12.4 (92)	46:08.0	9:42.1
72	347	SOTO BAÑ Jorge		Veteranos A 10K	20:19.4 (60)	46:15.1	9:49.2
73	354	GARCIA CAMBA Xabier		Veteranos A 10K	20:19.5 (61)	46:15.3	9:49.4
74	80	GONZALEZ MACIEL Jose Luis	RIZOS TEAM	Veteranos C 10K	20:19.9 (62)	46:25.1	9:59.2
75	326	LEMONS RODRIGUEZ Dario		Veteranos A 10K	21:52.8 (108)	46:26.1	10:00.2
76	107	LOPEZ PEREZ Samuel	CLUB DEPORTIVO DELIKIA	Veteranos C 10K	19:52.1 (50)	46:27.4	10:01.5
77	94	TILVES GRANDAL Alberto	CIBUS TEAM	Veteranos C 10K	20:34.0 (67)	46:32.9	10:07.0
78	504	PORTO RODRIGUEZ Jose Carlos		Senior masc 10K	20:59.7 (86)	46:41.4	10:15.5
79	199	CAMESELLE ROMAN David		Veteranos B 10K	21:11.4 (90)	46:42.9	10:17.0
80	188	QUIROGA CASTRO Alejandro		Veteranos B 10K	21:10.9 (89)	46:43.0	10:17.1
81	362	LAGO FUENTES Alberto	SAUDESPORT	Veteranos A 10K	22:09.3 (119)	46:46.0	10:20.1
82	175	RODRIGUEZ MARTINEZ Manuel		Veteranos B 10K	21:40.0 (101)	46:50.8	10:24.9

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83	605	NOVOA RIOS Daniel	CLUB ATLETISMO FLORISTERIA CAR	Sub-23 masc 10K	22:18.3 (130)	46:59.7	10:33.8
84	200	PEREIRO SANESTEBAN Rafael		Veteranos B 10K	20:45.3 (76)	46:59.8	10:33.9
85	507	MELIAN HERNANDEZ Daniel		Senior masc 10K	20:56.8 (84)	47:05.3	10:39.4
86	519	RODRIGUEZ REY Sergio		Senior masc 10K	21:51.9 (107)	47:07.0	10:41.1
87	75	VALLE CASTELO Juan		Veteranos C 10K	21:54.7 (109)	47:07.4	10:41.5
88	206	HERMIDA Alex		Veteranos B 10K	21:11.5 (91)	47:09.7	10:43.8
89	152	VARA BLANCO Javier		Veteranos B 10K	21:57.7 (112)	47:10.8	10:44.9
90	114	GOMEZ LOPEZ Camilo Jose		Veteranos C 10K	21:33.3 (98)	47:13.2	10:47.3
91	280	RIVERA CANICOBA Alberto		Veteranos B 10K	21:51.8 (106)	47:15.4	10:49.5
92	340	RODRIGUEZ NUÑE Isaac		Veteranos A 10K	20:41.7 (74)	47:24.1	10:58.2
93	249	BOUZA HERVA Jose		Veteranos B 10K	20:41.4 (73)	47:28.0	11:02.1
94	319	RODRIGUEZ SANCHEZ David		Veteranos A 10K	22:27.4 (141)	47:28.4	11:02.5
95	595	VAZQUEZ FERNANDEZ Pelayo	ALBOIRA RUNNING CLUB	Sub-23 masc 10K	22:13.2 (123)	47:28.8	11:02.9
96	563	POUSA PIÑEIR Pablo		Senior masc 10K	22:05.9 (116)	47:29.3	11:03.4
97	381	DOVALE Toni		Veteranos A 10K	22:27.5 (142)	47:29.7	11:03.8
98	466	RODRIGUEZ DOMINGUEZ David		Senior masc 10K	20:48.8 (78)	47:31.7	11:05.8
99	616	ALMEIDA RODRIGUEZ Xian		Sub-20 masc 10K	20:54.1 (83)	47:34.1	11:08.2
100	373	SANCHEZ VEGA Juan Diego		Veteranos A 10K	21:09.4 (87)	47:34.5	11:08.6
100	309	ARANGUREN SANCHEZ-OSTIZ Javier	ALBOIRA RUNNING CLUB	Veteranos B 10K	22:21.1 (134)	47:34.5	11:08.6
102	603	MADERA RODRIGUEZ Lucas		Sub-23 masc 10K	21:10.5 (88)	47:46.5	11:20.6
103	470	VICENTE LIZ Miguel		Senior masc 10K	20:53.7 (82)	47:52.7	11:26.8
104	205	MARTINEZ TABOAS Pablo	SOTOVERDE RUNNING	Veteranos B 10K	21:34.4 (99)	47:56.1	11:30.2
105	610	COMESAÑA GONZALE Javier		Sub-23 masc 10K	21:49.2 (104)	47:57.9	11:32.0
106	332	SOBRINO BALADRON Adolfo		Veteranos A 10K	22:07.1 (117)	47:59.9	11:34.0
107	266	ALFAYA PEREIRA Alejandro	ATLETISMO BAIONA	Veteranos B 10K	21:21.2 (95)	48:00.8	11:34.9
108	395	TABOADA David	RUNNING LUSEKELO	Veteranos A 10K	22:26.0 (139)	48:02.3	11:36.4
109	316	ROMERO RODRIGUEZ Ivan		Veteranos A 10K	22:22.4 (135)	48:05.2	11:39.3
110	317	VYNOHRADOV Andrii		Veteranos A 10K	22:05.6 (115)	48:10.1	11:44.2
111	349	SANCHEZ Miguel		Veteranos A 10K	22:03.4 (114)	48:13.0	11:47.1
112	262	PEREIRA IGLESIAS Jose Fernando		Veteranos B 10K	20:49.4 (79)	48:15.9	11:50.0
113	541	IGLESIAS OTERO Manuel		Senior masc 10K	22:29.3 (144)	48:19.0	11:53.1
114	37	ALONSO ESCAÑ Bernardo	CLUB DEPORTIVO PINARIUM	Veteranos C 10K	21:35.7 (100)	48:19.2	11:53.3
115	142	ALVAREZ FIGUEROA Sabino	ASOCIACIÓN DEPORTIVA C.A.R	Veteranos B 10K	23:01.3 (157)	48:25.3	11:59.4
116	258	RIERA ALVAREZ Felipe Riera		Veteranos B 10K	21:55.9 (110)	48:25.6	11:59.7
117	11	VILLAR ALVAREZ Enrique		Veteranos D 10K	20:49.8 (80)	48:33.6	12:07.7
118	357	SIO PEREZ Luis		Veteranos A 10K	22:42.2 (151)	48:39.1	12:13.2
119	524	CARBALLIDO Adrian	CADELOS	Senior masc 10K	22:15.1 (124)	48:40.1	12:14.2
120	479	MEIS BRAVO Borja		Senior masc 10K	21:57.0 (111)	48:41.4	12:15.5
121	111	CONDE GONZALEZ Jose Carlos		Veteranos C 10K	22:10.7 (122)	48:42.0	12:16.1
122	478	SILVA POMBO Pablo		Senior masc 10K	21:40.6 (102)	48:49.4	12:23.5
123	387	FRANCO SIEIRA Diego		Veteranos A 10K	23:41.6 (208)	48:50.2	12:24.3
124	553	GARCIA LOPEZ Sergio		Senior masc 10K	23:30.3 (190)	48:50.3	12:24.4

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125	310	NOVAIS NIETO Martin		Veteranos B 10K	23:35.3 (199)	48:50.6	12:24.7
126	864	Gonzalez Rodriguez Daniel		Veteranos B 10K	22:45.2 (152)	48:56.8	12:30.9
127	411	COCA Carlos J.		Senior masc 10K	21:31.1 (97)	48:57.5	12:31.6
127	261	GARCIA ALVAREZ Javier	LUME RUN	Veteranos B 10K	21:51.7 (105)	48:57.5	12:31.6
129	615	MIGUEZ GALBON Miguel		Sub-20 masc 10K	22:30.1 (146)	48:57.6	12:31.7
130	536	FERNANDEZ CAGIGAS Pablo	OPOMAS	Senior masc 10K	22:25.3 (137)	49:01.1	12:35.2
131	440	VAZQUEZ FREIRE Iago		Senior masc 10K	23:31.2 (193)	49:05.1	12:39.2
132	245	MARTINEZ BAHAMONDE Fernando		Veteranos B 10K	24:01.8 (223)	49:07.6	12:41.7
133	439	GOMEZ RODRIGUEZ Diego		Senior masc 10K	23:31.5 (194)	49:15.1	12:49.2
134	622	CONDE MATA Iago		Sub-20 masc 10K	22:27.5 (142)	49:15.8	12:49.9
135	163	PINO MAGALLANES Miguel		Veteranos B 10K	22:20.1 (133)	49:16.0	12:50.1
136	193	BOA MOUCO Alberto		Veteranos B 10K	22:19.2 (132)	49:16.7	12:50.8
137	99	ALONSO COSTAS Oscar	RUNYTRI	Veteranos C 10K	22:10.6 (121)	49:22.1	12:56.2
138	286	PEREZ IGLESIAS Cesar Alberto		Veteranos B 10K	22:55.5 (154)	49:23.2	12:57.3
139	385	COSTAS RODRIGUEZ Adrian		Veteranos A 10K	21:18.0 (93)	49:24.3	12:58.4
140	72	PEREZ BLANCO Pablo	CLUB TRIATLON VAO	Veteranos C 10K	22:10.1 (120)	49:28.7	13:02.8
141	567	TABOADA NUÑE David	X-ONE	Senior masc 10K	21:48.2 (103)	49:28.8	13:02.9
142	25	VIDEIRA CORREA Alberto	RUNNING LUSEKELO	Veteranos D 10K	22:18.8 (131)	49:32.5	13:06.6
143	226	BORRAJO LEIROS Alberto		Veteranos B 10K	22:37.2 (149)	49:36.4	13:10.5
144	104	CAROU COVELO Victor		Veteranos C 10K	22:16.0 (126)	49:37.6	13:11.7
145	542	BARCIA LAMAZARES Daniel		Senior masc 10K	24:20.0 (243)	49:37.8	13:11.9
146	457	DA CONCEPCION BENITEZ David		Senior masc 10K	23:08.4 (162)	49:39.8	13:13.9
147	559	JARC Filip		Senior masc 10K	22:07.4 (118)	49:41.1	13:15.2
148	517	SIEIRO MORGADE Sergio		Senior masc 10K	22:57.3 (156)	49:48.9	13:23.0
149	140	ALONSO CONDE Javier	BTX RUNNING TEAM	Veteranos B 10K	21:22.4 (96)	49:55.4	13:29.5
150	180	APARICIO OLIVAN Oscar		Veteranos B 10K	23:03.3 (160)	49:59.6	13:33.7
151	136	FERNANDEZ DA SILVA Marcial	L@S INSENSAT@S	Veteranos B 10K	23:22.1 (175)	50:00.6	13:34.7
152	51	COMESAÑA DAVIL Miguel		Veteranos C 10K	22:51.7 (153)	50:03.4	13:37.5
153	283	DIAZ FERNANDEZ Diego		Veteranos B 10K	22:25.5 (138)	50:06.5	13:40.6
154	531	QUIROS DE LA RIERA Pablo		Senior masc 10K	23:05.3 (161)	50:06.9	13:41.0
155	122	GARCIA VIEITEZ Fernando		Veteranos C 10K	23:25.4 (180)	50:08.8	13:42.9
156	38	HERRERO MENA Gonzalo	ALBOIRA RUNNING CLUB	Veteranos C 10K	22:30.0 (145)	50:10.9	13:45.0
157	323	VAZQUEZ CAÑOT David	PROFAND 10	Veteranos A 10K	23:35.2 (198)	50:11.6	13:45.7
158	287	CONDE GARRIDO Eduardo		Veteranos B 10K	18:50.2 (30)	50:18.0	13:52.1
159	169	CARRERA COSTAS Diego		Veteranos B 10K	22:33.4 (147)	50:18.9	13:53.0
159	55	JANDRA GONZALEZ Jesus		Veteranos C 10K	22:35.0 (148)	50:18.9	13:53.0
161	514	COUTO MEIRIÑ Manuel		Senior masc 10K	23:17.9 (168)	50:19.6	13:53.7
162	445	GALVIN Andres		Senior masc 10K	23:49.7 (210)	50:20.6	13:54.7
163	427	TATO RUIZ Roberto		Senior masc 10K	24:10.4 (234)	50:21.2	13:55.3
164	413	MIDON LOPEZ Brais		Senior masc 10K	24:10.7 (235)	50:21.3	13:55.4
165	570	ALVAREZ MENDEZ Miguel		Senior masc 10K	23:33.1 (196)	50:22.4	13:56.5
165	289	ALFONSO SARRIA Carlos		Veteranos B 10K	23:28.0 (186)	50:22.4	13:56.5

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Clc	Dor.	Apellidos y nombre	Equipo	Categoría	Inter 1 (Clc)	Tiempo	Diferencia
167	285	RODRIGUEZ GOMEZ Oscar		Veteranos B 10K	23:24.4 (177)	50:26.0	14:00.1
168	361	TORRES TORRES Alvaro		Veteranos A 10K	23:02.2 (158)	50:28.4	14:02.5
169	572	BALTAR LOSADA Miguel	MÁIS QUE AUG	Senior masc 10K	23:27.2 (184)	50:30.3	14:04.4
170	861	ARANGO GAYAR Saul		Veteranos B 10K	23:12.6 (163)	50:31.5	14:05.6
171	56	VILLANUEVA AREAL Dito	RUNNING LUSEKELO	Veteranos C 10K	23:29.3 (188)	50:34.1	14:08.2
172	65	NOVOA SIO Juan	CLUB ATLETISMO FLORISTERIA CAR	Veteranos C 10K	23:26.2 (181)	50:36.3	14:10.4
173	393	BLANCO ABOLLO Pablo		Veteranos A 10K	24:04.9 (229)	50:36.6	14:10.7
174	483	LAGO BUENESTADO Ignacio		Senior masc 10K	22:24.8 (136)	50:45.7	14:19.8
175	321	PROL PROL Diego		Veteranos A 10K	24:14.9 (237)	50:47.8	14:21.9
176	426	FEIXO OTERO Felipe		Senior masc 10K	23:42.7 (209)	50:48.0	14:22.1
177	225	RODRIGUEZ PEREIRO Jose Javier	MÁIS QUE AUG	Veteranos B 10K	22:56.1 (155)	50:48.1	14:22.2
178	46	RODRIGUEZ RIAL Juan Carlos	TRIATLÓN MAR DE VIG	Veteranos C 10K	23:25.0 (179)	50:48.3	14:22.4
179	604	NUÑEZ IGLESIA Edgar		Sub-23 masc 10K	23:26.3 (182)	50:50.2	14:24.3
180	363	FERREIRA MORAIS Pablo		Veteranos A 10K	23:27.6 (185)	50:53.5	14:27.6
181	618	GOURDON Alex		Sub-20 masc 10K	21:58.5 (113)	50:55.7	14:29.8
182	334	ARAUJO PEREZ Borja		Veteranos A 10K	23:18.4 (170)	50:57.4	14:31.5
183	593	ABADES MOURENZA Alvaro		Sub-23 masc 10K	23:38.0 (203)	50:58.3	14:32.4
184	78	LOPEZ PEREZ Ramiro Alfonso		Veteranos C 10K	22:38.4 (150)	50:59.2	14:33.3
185	47	YAÑEZ COIR Avelino	RUNNING LUSEKELO	Veteranos C 10K	23:28.8 (187)	51:06.1	14:40.2
186	566	MORENO FERNANDEZ Iñak		Senior masc 10K	24:28.7 (255)	51:07.1	14:41.2
187	582	GOMEZ ROLO Rodrigo		Senior masc 10K	24:44.4 (273)	51:07.5	14:41.6
188	156	ALONSO VELOSO Carlos		Veteranos B 10K	24:38.7 (268)	51:11.2	14:45.3
189	530	SOUTULLO PEREZ Yeray		Senior masc 10K	23:20.3 (172)	51:13.1	14:47.2
190	525	RODRIGUEZ ALVAREZ Fernando		Senior masc 10K	24:10.1 (233)	51:14.7	14:48.8
191	469	FERNANDEZ RODRIGUEZ Adrian		Senior masc 10K	23:24.9 (178)	51:16.7	14:50.8
192	461	UCHA Jose	CADELOS	Senior masc 10K	23:23.7 (176)	51:17.2	14:51.3
193	41	BENAVIDES HERNANDEZ Fernando	ATHLETICS FISIOTERAPIA SAN LÁZ	Veteranos C 10K	23:37.5 (201)	51:21.0	14:55.1
194	375	LORENZO BLAS Lucas		Veteranos A 10K	22:17.4 (128)	51:21.7	14:55.8
195	339	RODRIGUEZ LAGO Yago		Veteranos A 10K	22:17.4 (128)	51:22.7	14:56.8
196	13	VICENTE ALVAREZ Guillermo		Veteranos D 10K	23:30.7 (191)	51:24.8	14:58.9
197	263	GONZALEZ PARDIÑA Aleixandre	MERAKI SALUD VIGO	Veteranos B 10K	23:51.4 (212)	51:27.1	15:01.2
198	164	RODICIO Iago		Veteranos B 10K	24:04.6 (228)	51:27.7	15:01.8
199	158	ROMERO Iago		Veteranos B 10K	24:04.5 (227)	51:28.5	15:02.6
200	324	GONZALEZ FERNANDES Manuel	BICICLETAS RACING TEAM	Veteranos A 10K	24:22.1 (249)	51:44.2	15:18.3
201	260	ESTEVEZ ESTEVEZ Javier	BICICLETAS CHINAUENA RACING TE	Veteranos B 10K	24:21.7 (248)	51:44.9	15:19.0
202	402	ROMERO ACUÑ Ruben D.		Veteranos A 10K	24:26.1 (251)	51:45.8	15:19.9
203	389	IGLESIAS SEÑORAN Mario	NMFITNESS	Veteranos A 10K	24:42.7 (272)	51:54.2	15:28.3
204	388	MOLINOS OTERO Nicolas		Veteranos A 10K	24:06.0 (230)	51:54.3	15:28.4
205	488	RODRIGUEZ LOPEZ Daniel		Senior masc 10K	23:14.4 (165)	51:54.6	15:28.7
206	230	CARRERA RAFAEL Jaime		Veteranos B 10K	23:38.2 (204)	51:56.2	15:30.3
207	254	BENATTI DE OLIVEIRA Gustavo Eduardo		Veteranos B 10K	23:15.9 (166)	51:58.6	15:32.7
208	141	BERNARDEZ GARCIA Javier		Veteranos B 10K	22:27.2 (140)	51:59.8	15:33.9

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209	543	RODRIGUEZ GARCES Javier		Senior masc 10K	23:31.9 (195)	52:00.8	15:34.9
210	116	GONZALEZ FERNANDEZ Miguel		Veteranos C 10K	23:18.4 (170)	52:02.4	15:36.5
211	244	CASTRO CARRASCO Javier		Veteranos B 10K	24:35.3 (264)	52:04.5	15:38.6
212	304	GIRALDEZ RIOS Jose		Veteranos B 10K	23:34.2 (197)	52:05.8	15:39.9
213	416	SANROMAN GONZALEZ David		Senior masc 10K	24:29.7 (257)	52:06.9	15:41.0
214	587	CASTRO COSTAS Anton		Senior masc 10K	23:21.6 (174)	52:07.3	15:41.4
215	276	NIETO PASTORIZA Enrique	RUNYTRI	Veteranos B 10K	23:37.8 (202)	52:08.6	15:42.7
216	209	LOPEZ PINO Javier	RUNYTRI	Veteranos B 10K	23:38.4 (205)	52:08.9	15:43.0
217	252	RODRIGUEZ MONTERO Victor Manuel		Veteranos B 10K	24:16.9 (239)	52:09.1	15:43.2
218	109	MIGUEZ VILLAR Pedro Jesus		Veteranos C 10K	23:17.1 (167)	52:09.5	15:43.6
219	863	BOIX CLIMENT Vicente		Senior masc 10K	23:29.7 (189)	52:10.0	15:44.1
220	581	BLANCO AMOEIRO Jorge		Senior masc 10K	24:51.8 (281)	52:10.4	15:44.5
221	372	ABALLE Leandro		Veteranos A 10K	23:02.6 (159)	52:14.0	15:48.1
222	329	CARCACIA PEREZ Pablo		Veteranos A 10K	23:41.4 (207)	52:15.7	15:49.8
223	468	QUIROS DE LA RIERA Angel		Senior masc 10K	24:18.0 (241)	52:21.3	15:55.4
224	498	SEOANE VELOSO Xavier		Senior masc 10K	24:39.4 (269)	52:23.0	15:57.1
225	53	ESTEBAN Silvio		Veteranos C 10K	24:35.6 (265)	52:24.9	15:59.0
226	198	PIÑEIRO GARCÍ Hector	CLUB ATLETISMO LOUSAME	Veteranos B 10K	23:12.9 (164)	52:27.7	16:01.8
227	434	ROMERO GARCIA Carlos		Senior masc 10K	23:26.7 (183)	52:30.1	16:04.2
228	138	LAGO HIGOS Miguel Angel		Veteranos B 10K	24:36.7 (266)	52:31.5	16:05.6
229	459	RIAL COSTAS Cesar		Senior masc 10K	27:51.1 (390)	52:33.2	16:07.3
230	482	GONZALEZ GARCIA Miguel		Senior masc 10K	24:02.5 (225)	52:34.0	16:08.1
231	45	CODON VEGA Alfonso	C.A.R. MARISQUEIRO	Veteranos C 10K	24:00.7 (222)	52:34.4	16:08.5
232	463	LOPEZ SANTODOMINGO Pedro		Senior masc 10K	24:38.6 (267)	52:36.2	16:10.3
233	500	YAÑEZ VALAD David	MÁIS QUE AUG	Senior masc 10K	24:12.6 (236)	52:37.5	16:11.6
234	24	FIDALGO IGLESIAS Manuel		Veteranos D 10K	24:02.5 (225)	52:39.2	16:13.3
235	464	ALFAGEME Gonzalo		Senior masc 10K	24:17.9 (240)	52:41.1	16:15.2
236	145	CASALMORTO Moises	GIN TRAIL	Veteranos B 10K	23:37.4 (200)	52:42.5	16:16.6
237	270	VARA BLANCO Manuel		Veteranos B 10K	24:30.4 (258)	52:44.6	16:18.7
238	211	TOURIÑO CHAYA Manuel		Veteranos B 10K	24:09.7 (232)	52:46.5	16:20.6
239	382	ALONSO FERNANDEZ Pedro		Veteranos A 10K	25:06.0 (286)	52:46.6	16:20.7
240	216	SARANDESES PAZOS Aga		Veteranos B 10K	24:28.3 (253)	52:48.5	16:22.6
241	540	FRAGA PALLAS Diego		Senior masc 10K	25:04.6 (285)	52:58.1	16:32.2
242	167	PARDAVILA MARTINEZ Victor		Veteranos B 10K	23:54.6 (217)	52:58.7	16:32.8
243	512	BERMUDEZ FERNANDEZ Javier		Senior masc 10K	24:40.6 (270)	53:01.9	16:36.0
244	134	MATA MEIXUEIRO Marcos		Veteranos B 10K	24:31.3 (260)	53:04.4	16:38.5
245	6	HERNANDEZ BORREGO Miguel	MÁIS QUE AUG	Veteranos D 10K	23:39.6 (206)	53:05.3	16:39.4
246	384	PINTOS CONDE Ivan		Veteranos A 10K	23:59.7 (221)	53:06.8	16:40.9
247	21	GALLEGO Juan		Veteranos D 10K	24:07.8 (231)	53:08.2	16:42.3
248	281	DEL CAÑO CASTR Miguel		Veteranos B 10K	23:51.3 (211)	53:09.1	16:43.2
249	187	RIOS CERVANTES Fernando		Veteranos B 10K	24:40.9 (271)	53:10.6	16:44.7
250	562	ABAL PEREIRO Brais		Senior masc 10K	23:53.5 (214)	53:15.2	16:49.3

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251	394	GARCIA VELASCO Pablo		Veteranos A 10K	24:02.3 (224)	53:16.1	16:50.2
252	178	ESCUDEIRO Manu	RUNNING LUSEKELO	Veteranos B 10K	23:57.6 (218)	53:19.2	16:53.3
253	26	TABOADA GONZALEZ Ramiro	RUNNING LUSEKELO	Veteranos D 10K	23:58.3 (220)	53:19.7	16:53.8
254	432	MISA Fredo		Senior masc 10K	26:36.1 (334)	53:20.1	16:54.2
255	274	CONDE PEREZ Celso	SAUDESPT	Veteranos B 10K	24:35.0 (263)	53:24.5	16:58.6
256	377	BAILLY Benjamin		Veteranos A 10K	23:52.3 (213)	53:24.9	16:59.0
257	61	FENOLLERA BOLIBAR Santiago	PROFAND 10	Veteranos C 10K	23:53.5 (214)	53:27.7	17:01.8
258	441	PANDO CACERES Manuel		Senior masc 10K	23:54.1 (216)	53:30.7	17:04.8
259	499	SEARA Samuel	MÁIS QUE AUG	Senior masc 10K	24:21.1 (247)	53:34.1	17:08.2
260	227	MELEIRO Cesar		Veteranos B 10K	23:58.1 (219)	53:40.1	17:14.2
261	437	AGULLA GONZALEZ Israel		Senior masc 10K	27:08.7 (364)	53:42.1	17:16.2
262	489	PAZO RODRIGUEZ Daniel		Senior masc 10K	24:18.1 (242)	53:43.4	17:17.5
263	623	FERNANDEZ LEYENDA David		Sub-20 masc 10K	22:16.4 (127)	53:44.7	17:18.8
264	170	GONZALEZ MARCOTE Daniel		Veteranos B 10K	22:15.3 (125)	53:44.8	17:18.9
265	154	RODAL FRAGA Carlos		Veteranos B 10K	23:30.7 (191)	53:47.1	17:21.2
266	320	ABILLEIRA GARCIA Aaron		Veteranos A 10K	23:20.5 (173)	53:50.7	17:24.8
267	186	PEREZ IGLESIAS Antonio		Veteranos B 10K	24:46.9 (274)	53:52.1	17:26.2
268	465	FREIRIA MARTINEZ Luis		Senior masc 10K	24:57.7 (283)	53:54.4	17:28.5
269	12	MARTINEZ REQUEJO Carlitos		Veteranos D 10K	24:23.6 (250)	54:06.5	17:40.6
270	443	IGLESIAS DORDA Manuel		Senior masc 10K	23:18.0 (169)	54:08.7	17:42.8
271	132	RODRIGUEZ ESPAÑO Juan		Veteranos B 10K	25:25.9 (298)	54:14.4	17:48.5
272	600	MUIÑOS QUEIJ Pablo		Sub-23 masc 10K	25:27.4 (300)	54:22.8	17:56.9
273	135	SEIJAS CAL Jacob		Veteranos B 10K	25:42.4 (309)	54:23.4	17:57.5
274	511	VARELA ARROJO Pablo		Senior masc 10K	25:37.8 (304)	54:23.5	17:57.6
275	315	GARCIA RODRIGUEZ Jose		Veteranos B 10K	25:14.2 (291)	54:23.7	17:57.8
276	125	ZUNZUNEGUI GARRIDO Noe		Veteranos C 10K	25:03.0 (284)	54:26.5	18:00.6
277	510	TIZON ALFONSO Ivan		Senior masc 10K	27:07.9 (360)	54:27.2	18:01.3
278	606	WAUTHIER GORJON David		Sub-23 masc 10K	24:50.0 (276)	54:27.3	18:01.4
279	100	PARDAVILA Miguel	CORRIDA DAS CABRAS	Veteranos C 10K	25:34.7 (302)	54:28.6	18:02.7
280	71	LARA PEREZ Jose		Veteranos C 10K	24:51.4 (280)	54:29.0	18:03.1
281	171	GONZALEZ TORRES Xavi		Veteranos B 10K	24:20.1 (244)	54:30.1	18:04.2
282	371	MOVILLA Andre		Veteranos A 10K	25:40.4 (308)	54:30.9	18:05.0
283	546	MARTIN ATANES Guillermo		Senior masc 10K	24:52.6 (282)	54:36.9	18:11.0
284	305	GARCIA BESADA Ivan		Veteranos B 10K	25:15.7 (293)	54:40.7	18:14.8
285	480	MACEDA COVELO Manuel		Senior masc 10K	24:50.7 (278)	54:42.6	18:16.7
286	295	SAURA ALVAREZ Pablo		Veteranos B 10K	25:13.4 (290)	54:49.6	18:23.7
287	148	MAYO RODRIGUEZ Marcos	RUNYTRI	Veteranos B 10K	27:06.9 (359)	54:50.0	18:24.1
288	197	MARQUEZ MOO Manuel		Veteranos B 10K	24:49.9 (275)	54:53.4	18:27.5
289	77	SANTOS CABANELAS Alberto		Veteranos C 10K	26:23.6 (327)	54:53.8	18:27.9
290	137	ROJAS ALONSO Jose Luis		Veteranos B 10K	24:31.3 (260)	54:57.2	18:31.3
291	547	ANTELO PAZO Carlos		Senior masc 10K	24:28.6 (254)	54:57.7	18:31.8
292	591	OTERO FREIRE Raul		Senior masc 10K	26:32.1 (332)	54:59.2	18:33.3

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293	521	SANCHEZ CRESPO Jesus		Senior masc 10K	27:25.7 (373)	55:06.0	18:40.1
294	473	ABELAIRA RODRIGUEZ Ricardo		Senior masc 10K	25:15.2 (292)	55:09.5	18:43.6
295	40	GUAMA MENA Patricio		Veteranos C 10K	24:28.8 (256)	55:10.7	18:44.8
296	256	MAGALHAES MARTINS Paulo		Veteranos B 10K	28:23.0 (413)	55:14.1	18:48.2
297	533	GONZALEZ ALCONCHEL Jorge	PROFAND 10	Senior masc 10K	28:03.3 (400)	55:14.3	18:48.4
298	36	MIGUEZ GOCE Jose Ignacio		Veteranos D 10K	25:35.7 (303)	55:14.8	18:48.9
299	246	BARRIOS German		Veteranos B 10K	27:52.6 (392)	55:15.6	18:49.7
300	275	COÑAGO CABALEIR Jacobo		Veteranos B 10K	24:33.9 (262)	55:16.9	18:51.0
301	401	GONZALEZ LAGO Marcos		Veteranos A 10K	25:12.9 (289)	55:22.3	18:56.4
302	569	CABEZA CASTRO Miguel		Senior masc 10K	25:47.5 (312)	55:27.2	19:01.3
303	301	LOPEZ FERNANDEZ Ruben		Veteranos B 10K	26:16.2 (325)	55:28.6	19:02.7
304	515	IRAGO CASTRO Alejandro		Senior masc 10K	25:45.6 (311)	55:28.9	19:03.0
305	356	MARTINEZ SANTOS Pablo	+QUE JUGUETES RUNNING & TRAIL	Veteranos A 10K	25:48.1 (313)	55:38.7	19:12.8
306	29	VILLAR SALGADO Jose Francisco	C.A.R. MARISQUEIRO	Veteranos D 10K	24:15.7 (238)	55:42.4	19:16.5
307	22	SANTOS GARCIA Jose Manuel		Veteranos D 10K	24:20.4 (245)	55:47.8	19:21.9
308	390	PEREIRA MARZOA Martin	CLUB DEPORTIVO BRION HYUPERSA	Veteranos A 10K	25:38.7 (307)	55:52.1	19:26.2
309	271	BUXO SANCHEZ Gabriel		Veteranos B 10K	25:37.8 (304)	55:54.1	19:28.2
310	96	OLMOS VAZQUEZ Jose	CORRIDA DAS CABRAS	Veteranos C 10K	25:12.2 (288)	55:57.8	19:31.9
311	103	COTA CAMIÑ Adolfo		Veteranos C 10K	30:39.4 (473)	56:02.4	19:36.5
312	526	FERNANDEZ GONZALEZ Miguel		Senior masc 10K	27:29.0 (375)	56:03.8	19:37.9
313	102	GARCIA CASTRO Alberto		Veteranos C 10K	24:30.9 (259)	56:06.4	19:40.5
314	1623	DE LA FUENTE ESTEVEZ Jairo		Veteranos B 10K	25:25.6 (297)	56:06.8	19:40.9
315	82	GONZALEZ RODRIGUEZ Manu	ADN RUNNERS - TELMO PELUQUEROS	Veteranos C 10K	24:50.5 (277)	56:11.1	19:45.2
315	67	CASTIÑEIRA GONZALE Francisco Javier	MÁIS QUE AUG	Veteranos C 10K	24:50.7 (278)	56:11.1	19:45.2
317	239	GONZALEZ RODRIGUEZ Pedro	VIGOENTRENA	Veteranos B 10K	26:04.6 (316)	56:11.7	19:45.8
318	607	ROLLAND GONZALEZ Pablo		Sub-23 masc 10K	27:04.5 (357)	56:16.8	19:50.9
319	247	LORENZO SARMIENTO Daniel		Veteranos B 10K	25:06.3 (287)	56:21.7	19:55.8
320	233	DIAZ MATEO Jose Luis		Veteranos B 10K	24:21.0 (246)	56:23.0	19:57.1
321	417	TENORIO DEL RIO Jesus		Senior masc 10K	25:50.1 (314)	56:25.6	19:59.7
322	422	OUBIÑA RIA Luis		Senior masc 10K	26:41.4 (343)	56:28.1	20:02.2
323	120	ALMEIDA TOUCEDA Marcos		Veteranos C 10K	26:16.0 (324)	56:28.5	20:02.6
324	374	GUAMA HEREDIA Edwin		Veteranos A 10K	27:13.3 (369)	56:31.7	20:05.8
324	342	PANIAGUA PEREZ Anton	NOTHINGAM PRISA	Veteranos A 10K	27:13.4 (370)	56:31.7	20:05.8
326	151	HERNANDEZ GRAÑ Juan Carlos		Veteranos B 10K	26:12.4 (318)	56:35.1	20:09.2
327	30	GONZALEZ GARCIA Luis	C.A.R. MARISQUEIRO	Veteranos D 10K	24:28.0 (252)	56:36.1	20:10.2
328	456	NOVO Manuel		Senior masc 10K	28:23.8 (415)	56:37.4	20:11.5
329	204	ARANGO MARTIN DE JORGE Alejandro		Veteranos B 10K	26:15.2 (323)	56:38.9	20:13.0
330	218	GOMEZ LOPEZ Julio		Veteranos B 10K	26:47.2 (347)	56:39.8	20:13.9
331	105	VILLATORO IGLESIAS Javier		Veteranos C 10K	26:24.7 (330)	56:40.9	20:15.0
332	348	MUIÑOS FERNANDE Iago		Veteranos A 10K	26:13.2 (319)	56:42.8	20:16.9
333	548	TELLADO DOMINGUEZ Adrian		Senior masc 10K	27:03.7 (356)	56:44.7	20:18.8
334	410	LORENZO Ricardo		Veteranos A 10K	26:14.1 (321)	56:49.7	20:23.8

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Clc	Dor.	Apellidos y nombre	Equipo	Categoría	Inter 1 (Clc)	Tiempo	Diferencia
335	538	FERNANDEZ AGUIAR Iago Lisardo		Senior masc 10K	26:23.9 (329)	56:53.3	20:27.4
336	535	LORENZO QUIROGA Pablo		Senior masc 10K	26:23.7 (328)	56:53.4	20:27.5
337	522	CARREJA Borja		Senior masc 10K	27:08.6 (362)	56:56.9	20:31.0
338	85	PEREIRO SANTIN Ramon	GRIMO	Veteranos C 10K	27:09.6 (366)	57:01.4	20:35.5
339	573	MARTINEZ RICO Omar		Senior masc 10K	26:35.9 (333)	57:05.7	20:39.8
340	429	SANTA CLARA VIDAL Ramon		Senior masc 10K	27:37.7 (386)	57:07.7	20:41.8
341	493	BARRIOS COUTO Alejandro		Senior masc 10K	26:47.5 (348)	57:08.2	20:42.3
342	298	RODRIGUEZ QUINTAS Victor		Veteranos B 10K	26:39.3 (338)	57:12.5	20:46.6
343	296	LOSADA CRESPO Carlos		Veteranos B 10K	27:37.5 (385)	57:13.6	20:47.7
344	472	FIGUEIRAS COUGIL Pablo		Senior masc 10K	26:14.2 (322)	57:14.5	20:48.6
345	112	HEREDIA FERNANDEZ Miguel	ALEJANDRO GOMEZ	Veteranos C 10K	28:10.7 (403)	57:17.3	20:51.4
346	398	HERMIDA ALONSO Jose Luis		Veteranos A 10K	27:52.6 (392)	57:21.3	20:55.4
347	1626	GONZALEZ FERREIRA Jose Carlos		Veteranos C 10K	26:46.0 (345)	57:22.8	20:56.9
348	379	LEAL ARAUJO Roman		Veteranos A 10K	26:13.6 (320)	57:23.4	20:57.5
349	195	MAZOY FERNANDEZ Luis Alberto		Veteranos B 10K	26:26.3 (331)	57:23.9	20:58.0
350	18	SIO MARTINEZ Luis		Veteranos D 10K	25:22.7 (296)	57:24.5	20:58.6
351	306	CANOSA MARTINEZ Oscar		Veteranos B 10K	26:36.5 (335)	57:30.2	21:04.3
352	181	ALVAREZ MOSQUERA Diego		Veteranos B 10K	26:53.6 (352)	57:30.7	21:04.8
353	202	RIVAS RODRIGUEZ Ivan		Veteranos B 10K	25:26.6 (299)	57:30.9	21:05.0
354	184	SOUSA Domiro		Veteranos B 10K	26:53.3 (351)	57:31.1	21:05.2
355	576	JUSTO RODRIGUEZ David		Senior masc 10K	25:17.2 (294)	57:32.6	21:06.7
356	33	MARTINEZ MEIS Felix		Veteranos D 10K	26:39.2 (337)	57:34.8	21:08.9
357	523	PEREZ MILLARES Jose Antonio	CLUB DE RUNNING SYNERGYM	Senior masc 10K	28:15.1 (407)	57:36.1	21:10.2
358	420	SANTORIO MORENZA Borja	ATHLETICS FISIOTERAPIA SAN LÁZ	Senior masc 10K	25:38.5 (306)	57:41.8	21:15.9
359	253	ALVAREZ DEVESA Jesus	SON A TUA AXUDA	Veteranos B 10K	26:41.1 (341)	57:43.5	21:17.6
360	222	BRETAL BAZARRA Venturs	SON A TUA AXUDA	Veteranos B 10K	26:40.5 (340)	57:43.6	21:17.7
361	131	MONTES VILAS Miguel Angel		Veteranos B 10K	27:56.8 (398)	57:46.5	21:20.6
362	614	MARTINEZ VAZQUEZ Bruno		Sub-20 masc 10K	27:27.3 (374)	57:46.7	21:20.8
363	431	PRIETO FERRO Alejandro		Senior masc 10K	29:19.3 (446)	57:59.4	21:33.5
364	471	PEREZ GANDARA Uxio		Senior masc 10K	29:09.6 (445)	58:00.1	21:34.2
365	490	MATALA ALVAREZ Tareg		Senior masc 10K	27:08.5 (361)	58:02.8	21:36.9
366	580	BUGARIN SOBRINO Carlos		Senior masc 10K	27:31.2 (376)	58:03.0	21:37.1
367	251	GONZALEZ PUGA Alejandro		Veteranos B 10K	25:44.9 (310)	58:06.2	21:40.3
368	527	ANIORTE COMESAÑ Gabriel		Senior masc 10K	27:36.2 (381)	58:09.4	21:43.5
369	76	LEGEREN RIAL Rafa	SAUDESPORT	Veteranos C 10K	26:58.0 (353)	58:23.9	21:58.0
370	278	PEREIRA MURO Alvaro		Veteranos B 10K	28:25.5 (418)	58:27.9	22:02.0
371	57	GARCIA QUEIJAS Miguel	VIGOENTRENA	Veteranos C 10K	27:37.4 (384)	58:29.3	22:03.4
372	231	CUÑARRO ROMER Enrique		Veteranos B 10K	26:50.0 (350)	58:32.2	22:06.3
373	58	ALONSO CUEVAS Francisco	C.A.R. MARISQUEIRO	Veteranos C 10K	25:22.4 (295)	58:38.1	22:12.2
374	95	GARCIA FERNANDEZ Ricardo		Veteranos C 10K	26:39.4 (339)	58:44.2	22:18.3
375	290	SANTORIO MOSCOSO Hugo		Veteranos B 10K	25:57.1 (315)	58:47.2	22:21.3
376	360	MARTINEZ NOVAS David	BORGWARNER	Veteranos A 10K	27:18.2 (372)	58:55.2	22:29.3

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377	436	MARTIN ALONSO Manuel	PINTURAS PROA	Senior masc 10K	26:41.3 (342)	58:57.6	22:31.7
378	505	ANDRES MARTINEZ Diego	CLUB DE RUNNING SYNERGYM PONTE	Senior masc 10K	28:15.4 (408)	59:01.2	22:35.3
378	368	ALVAREZ LAMEIRO Abraham		Veteranos A 10K	27:51.1 (390)	59:01.2	22:35.3
380	129	PEREZ BARREIRO Antonio		Veteranos C 10K	26:45.7 (344)	59:04.1	22:38.2
381	565	SORET Nacho		Senior masc 10K	28:22.4 (411)	59:04.8	22:38.9
382	509	VALLE BLANCO Manuel		Senior masc 10K	25:28.5 (301)	59:05.8	22:39.9
383	557	CARPINTERO PAZOS Alvaro		Senior masc 10K	28:22.4 (411)	59:06.2	22:40.3
384	392	FREIXES FERNANDEZ David		Veteranos A 10K	26:47.1 (346)	59:10.1	22:44.2
385	355	ALVAREZ David Alvarez		Veteranos A 10K	28:23.9 (416)	59:11.0	22:45.1
386	322	ALVAREZ SALA Alex		Veteranos A 10K	28:25.1 (417)	59:22.5	22:56.6
387	475	DIZ MURIAS Alberto		Senior masc 10K	26:22.7 (326)	59:25.8	22:59.9
388	448	PENEDO BUJ Victor		Senior masc 10K	27:53.5 (394)	59:26.3	23:00.4
389	458	GONZALEZ VAZQUEZ Aaron		Senior masc 10K	28:28.6 (421)	59:26.7	23:00.8
390	586	GIL PEREZ-GOROSTIAGA Alfonso		Senior masc 10K	27:08.6 (362)	59:29.1	23:03.2
391	423	AMEZ GONZALEZ Alejandro		Senior masc 10K	29:22.4 (452)	59:31.1	23:05.2
392	551	LORES Paulo		Senior masc 10K	28:19.9 (409)	59:46.8	23:20.9
393	383	DURAN ALVAREZ Nicolas		Veteranos A 10K	27:48.0 (389)	59:48.4	23:22.5
394	5	RAMOS VIGO Sergio	CLUB ATLETISMO VETERANOS DE SA	Veteranos D 10K	26:58.9 (354)	59:51.8	23:25.9
395	229	SANCHEZ GONZALEZ Francisco Javier	PEÑA TREVINCA MONTAÑEIRO DE	Veteranos B 10K	28:00.6 (399)	59:53.4	23:27.5
396	485	CARVAJAL HANG Miguel		Senior masc 10K	28:46.0 (436)	59:53.8	23:27.9
397	415	ZAM Sergio		Senior masc 10K	28:46.3 (437)	59:54.2	23:28.3
398	446	CAEIRO ARNAIZ Aitor Manuel		Senior masc 10K	27:11.5 (367)	59:56.0	23:30.1
399	516	DEL RIO GARCIA Ignacio		Senior masc 10K	27:11.9 (368)	59:56.2	23:30.3
400	487	IGLESIAS DA COSTA Pablo Jose		Senior masc 10K	26:05.8 (317)	1h00:08.7	23:42.8
401	1617	ROCHA BLANDO Brais		Sub-20 masc 10K	28:59.5 (441)	1h00:13.6	23:47.7
402	621	CALVO CARRERA Pablo		Sub-20 masc 10K	28:59.8 (443)	1h00:14.1	23:48.2
403	108	CALVO TORRIJOS Luis Manuel		Veteranos C 10K	28:59.6 (442)	1h00:14.3	23:48.4
404	84	JUVIÑ Angel		Veteranos C 10K	28:11.2 (404)	1h00:16.0	23:50.1
405	579	GONZALEZ QUIROGA Gabriel		Senior masc 10K	27:05.8 (358)	1h00:25.3	23:59.4
406	259	ALONSO Marcos		Veteranos B 10K	27:55.3 (396)	1h00:25.7	23:59.8
407	534	MOSQUERA Diego		Senior masc 10K	28:21.5 (410)	1h00:32.3	24:06.4
408	267	GOMEZ LOPEZ Victor Manuel		Veteranos B 10K	27:01.1 (355)	1h00:34.6	24:08.7
409	584	BARROS SOAGE Pedro		Senior masc 10K	27:54.6 (395)	1h00:38.2	24:12.3
410	115	ROMAN LOSADA Carlos		Veteranos C 10K	29:22.0 (451)	1h00:41.7	24:15.8
411	119	GONZALEZ AMOEDO Domingo		Veteranos C 10K	29:22.7 (453)	1h00:41.8	24:15.9
412	585	CRUCES PINTOS Diego		Senior masc 10K	27:33.4 (377)	1h00:42.9	24:17.0
413	241	ALONSO CARRERA Daniel		Veteranos B 10K	28:32.9 (426)	1h00:48.5	24:22.6
414	528	DIAZ VAZQUEZ David		Senior masc 10K	28:33.9 (428)	1h00:48.7	24:22.8
415	284	RODRIGUEZ GARRIDO Ricardo	OS GALEGOS	Veteranos B 10K	27:14.7 (371)	1h00:51.6	24:25.7
416	60	DIZ DIOS Enrique	CLUB TRIATLON MORRAZO	Veteranos C 10K	27:36.7 (382)	1h00:55.1	24:29.2
417	4	DIZ Pedro		Veteranos D 10K	27:36.0 (379)	1h00:55.2	24:29.3
418	345	DE COO DIZ Diego		Veteranos A 10K	27:36.0 (379)	1h00:55.3	24:29.4

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419	520	IBAÑEZ CARRASCA Alejandro		Senior masc 10K	27:43.4 (388)	1h01:04.9	24:39.0
420	185	FERNANDEZ COMESAÑ Tomas		Veteranos B 10K	28:07.8 (402)	1h01:12.7	24:46.8
421	273	SANTOME BOUBETA Guillermo		Veteranos B 10K	27:34.3 (378)	1h01:17.2	24:51.3
422	333	ALONSO OCAMPO Alejandro		Veteranos A 10K	27:37.2 (383)	1h01:17.5	24:51.6
423	265	RODRIGUEZ DOMINGUEZ Diego		Veteranos B 10K	28:37.0 (431)	1h01:22.6	24:56.7
424	89	MARTINEZ COSTAS Diego		Veteranos C 10K	28:32.6 (425)	1h01:24.2	24:58.3
425	70	RODRIGUEZ IGLESIAS Roberto	CLUB ATLETISMO FLORISTERIA CAR	Veteranos C 10K	28:32.4 (424)	1h01:24.4	24:58.5
426	27	CHOQUET Yves	E-LINGUA	Veteranos D 10K	28:29.1 (423)	1h01:28.9	25:03.0
427	418	RODRIGUEZ PENA Ramon		Senior masc 10K	27:41.5 (387)	1h01:33.2	25:07.3
428	424	GONZALEZ CARBALLO Ruben		Senior masc 10K	27:56.6 (397)	1h01:34.7	25:08.8
429	243	GONZALEZ CRUCES David		Veteranos B 10K	28:38.4 (432)	1h01:47.3	25:21.4
430	351	IZQUIERDO MARTINEZ Francisco		Veteranos A 10K	28:33.3 (427)	1h02:01.4	25:35.5
431	556	GONZALEZ MARTINEZ Pablo		Senior masc 10K	26:38.2 (336)	1h02:09.2	25:43.3
432	554	LOIRA LORENZO Cristobal		Senior masc 10K	28:48.3 (438)	1h02:12.4	25:46.5
433	611	DOCAMPO BALDWIN Leonardo		Sub-20 masc 10K	28:35.7 (429)	1h02:14.5	25:48.6
434	64	VAZQUEZ Enrique		Veteranos C 10K	28:13.3 (406)	1h02:15.5	25:49.6
435	118	SANTIAGO HERMO Andres	BRION CLUB	Veteranos C 10K	28:41.3 (433)	1h02:20.3	25:54.4
436	314	FERNANDEZ MORA Francisco Javier		Veteranos B 10K	28:36.7 (430)	1h02:21.0	25:55.1
437	369	FERNANDEZ GARCIA Hector		Veteranos A 10K	28:06.5 (401)	1h02:25.8	25:59.9
438	552	FILGUEIRA SANTOS Daniel		Senior masc 10K	29:29.6 (455)	1h02:57.5	26:31.6
439	269	SALGUERO ALVAREZ Abraham		Veteranos B 10K	28:23.2 (414)	1h03:03.1	26:37.2
440	428	GONZALEZ SEOANE Iago		Senior masc 10K	29:20.2 (447)	1h03:07.2	26:41.3
441	364	LORENZO GONZALEZ Francisco Javier		Veteranos A 10K	30:19.5 (464)	1h03:14.0	26:48.1
442	430	PRIETO ARAUJO Alberto		Senior masc 10K	30:21.8 (465)	1h03:17.1	26:51.2
443	449	DA COSTA DO NASCIMENTO Ian	X-ONE	Senior masc 10K	28:43.7 (435)	1h03:29.2	27:03.3
444	502	GESTEIRO MARTINEZ Guillermo		Senior masc 10K	28:41.8 (434)	1h03:48.8	27:22.9
445	143	TAPIAS BOUSO Daniel	PROFAND 10	Veteranos B 10K	28:58.2 (440)	1h03:49.1	27:23.2
446	52	DOMINGUEZ PEREZ Francisco Javier		Veteranos C 10K	29:44.9 (460)	1h03:53.3	27:27.4
447	337	ALMEIDA EIROA Abilio	FITGAL	Veteranos A 10K	29:24.3 (454)	1h03:55.1	27:29.2
448	486	NEIRA PENA Martin		Senior masc 10K	30:26.4 (466)	1h04:06.3	27:40.4
449	257	FONTAN Juanca	PROFAND 10	Veteranos B 10K	31:22.6 (476)	1h04:17.3	27:51.4
450	300	VIDAL MIGUEZ Anxo		Veteranos B 10K	28:25.6 (419)	1h04:17.7	27:51.8
451	558	NEIRA Diego	PROFAND 10	Senior masc 10K	30:27.0 (467)	1h04:19.4	27:53.5
452	626	JIMENEZ ORDOÑE Nicolas		Sub-20 masc 10K	26:47.9 (349)	1h04:21.4	27:55.5
453	435	GARCIA VELASCO Carlos		Senior masc 10K	28:53.1 (439)	1h04:37.0	28:11.1
454	602	BENAVIDES ALVAREZ Juan		Sub-23 masc 10K	29:33.5 (457)	1h04:40.4	28:14.5
455	121	ALONSO MISA Evaristo		Veteranos C 10K	29:41.3 (459)	1h04:42.2	28:16.3
456	124	MENDEZ GONZALEZ Roberto Carlos		Veteranos C 10K	29:31.9 (456)	1h04:44.9	28:19.0
457	407	FERNANDEZ FERNANDEZ Alexis		Veteranos A 10K	31:31.2 (479)	1h04:50.1	28:24.2
458	438	IGLESIAS CASTRILLON Javier		Senior masc 10K	29:21.2 (450)	1h04:55.0	28:29.1
459	433	MADRIÑAN CAMB Jorge		Senior masc 10K	29:21.0 (449)	1h04:55.2	28:29.3
460	155	ROCHA DOVAL Ricardo		Veteranos B 10K	28:59.9 (444)	1h04:57.7	28:31.8

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461	106	VAZQUEZ DE PARGA Nicolas		Veteranos C 10K	32:28.0 (484)	1h05:01.6	28:35.7
462	346	PEREZ PEREZ Ruben		Veteranos A 10K	30:29.3 (469)	1h05:01.8	28:35.9
462	343	NOVOA JUSTO Adrian		Veteranos A 10K	30:29.3 (469)	1h05:01.8	28:35.9
464	242	IGLESIAS MOARES Daniel		Veteranos B 10K	30:15.6 (462)	1h05:12.6	28:46.7
465	236	CEA ALVAREZ Manuel		Veteranos B 10K	30:16.5 (463)	1h05:13.0	28:47.1
466	17	RODRIGUEZ PEREZ Francisco		Veteranos D 10K	28:28.8 (422)	1h05:24.1	28:58.2
467	272	PEREZ DIAZ Yago		Veteranos B 10K	28:11.5 (405)	1h05:25.1	28:59.2
468	353	ALONSO GONZALEZ David	RUNNINVERSE	Veteranos A 10K	30:38.0 (472)	1h05:29.2	29:03.3
469	608	CERDEIRA CRESPO Guzman		Sub-23 masc 10K	30:37.8 (471)	1h06:25.1	29:59.2
470	537	ALONSO SALGADO Jorge		Senior masc 10K	32:07.3 (483)	1h06:29.7	30:03.8
471	213	PIÑEIRO AGULL Isidro Jose		Veteranos B 10K	30:28.7 (468)	1h06:30.6	30:04.7
472	370	ARMADA FERNANDEZ Boris		Veteranos A 10K	31:27.3 (478)	1h06:49.0	30:23.1
473	561	SIMON VILA Diego		Senior masc 10K	31:21.8 (475)	1h07:37.7	31:11.8
474	544	COMESAÑA GARCÍ Javier		Senior masc 10K	30:15.5 (461)	1h08:23.3	31:57.4
475	447	LOPEZ YUNTA Carlos		Senior masc 10K	28:26.7 (420)	1h09:10.0	32:44.1
476	545	SOLIÑO GANDAR Rafael	OPOMAS	Senior masc 10K	31:45.8 (480)	1h09:39.5	33:13.6
477	612	GONZALEZ PINO Alejandro		Sub-20 masc 10K	32:44.2 (486)	1h10:01.1	33:35.2
478	481	GARCIA NUÑE Jose Carlos	ELITE MUSICAL RUNNERS	Senior masc 10K	31:26.1 (477)	1h10:03.4	33:37.5
479	128	ROLDAN RODRIGUEZ Fer	PROFAND 10	Veteranos C 10K	29:39.7 (458)	1h10:17.0	33:51.1
480	550	CARREIRO OTERO Adrian		Senior masc 10K	31:47.1 (481)	1h10:20.6	33:54.7
481	506	PEREIRO FUENTES Oscar		Senior masc 10K	32:29.6 (485)	1h10:26.4	34:00.5
482	399	VILLAVERDE FERNANDEZ Jose	CHURRASCO RUNNERS	Veteranos A 10K	31:54.3 (482)	1h11:06.9	34:41.0
483	250	VILLARINO ESPINO Julio Eulogio		Veteranos B 10K	31:09.9 (474)	1h11:44.1	35:18.2
484	153	CARRERA COUÑAG Ernesto		Veteranos B 10K	33:15.6 (487)	1h14:10.2	37:44.3
485	97	PEREZ NUÑE Francisco Luis		Veteranos C 10K	34:34.8 (488)	1h16:16.9	39:51.0
486	83	FERNANDEZ TORRES Diego		Veteranos C 10K	35:01.6 (489)	1h17:10.8	40:44.9

FEMENINO 10K

1	842	NIETO DOMINGUEZ Maria		Senior Fem 10K	20:24.8 (1)	45:51.0	
2	767	CID GUEDE Eva		Senior Fem 10K	20:53.5 (2)	46:34.9	43.9
3	650	LAMPON CARIDE Ana Maria	MÁIS QUE AUG	Veteranas C 10K	21:45.6 (3)	47:50.3	1:59.3
4	707	OJEA CAAMAÑ Mirian		Veteranas A 10K	21:55.4 (5)	48:44.3	2:53.3
5	850	SANCHEZ REGO Laura	MÁIS QUE AUG	Sub-23 Fem 10K	21:45.8 (4)	48:47.6	2:56.6
6	684	PEÑA FERNANDE Monica		Veteranas B 10K	22:10.4 (6)	49:28.0	3:37.0
7	679	ANTONIO MARTINEZ Olalla		Veteranas A 10K	22:19.7 (7)	50:37.2	4:46.2
8	692	FERNANDEZ ALONSO Paula		Veteranas B 10K	23:38.9 (13)	51:23.0	5:32.0
9	706	GARCIA CAJIDE Rosalia		Veteranas B 10K	22:58.3 (9)	51:24.6	5:33.6
10	654	BALIÑO GONZALE Ruth	RIZOS TEAM	Veteranas C 10K	23:22.3 (11)	52:25.1	6:34.1
11	748	GONZALEZ SUAREZ Celia		Senior Fem 10K	23:26.7 (12)	52:30.7	6:39.7
12	647	GARCIA Pilar		Veteranas C 10K	24:18.8 (17)	52:43.2	6:52.2

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Cl	Dor.	Apellidos y nombre	Equipo	Categoría	Inter 1 (Cl)	Tiempo	Diferencia
13	823	RIVAS LIMERES Laura		Senior Fem 10K	24:16.9 (15)	52:49.6	6:58.6
14	766	ALVAREZ NAYA Lara		Senior Fem 10K	24:03.4 (14)	52:57.6	7:06.6
15	781	SANCHEZ LUQUE Paloma		Senior Fem 10K	24:17.6 (16)	53:20.5	7:29.5
16	825	AGIS LEIRO Sara		Senior Fem 10K	23:01.5 (10)	53:26.9	7:35.9
17	2	ARANDA NUÑE Xisela		Veteranas A 10K	24:32.8 (22)	53:58.1	8:07.1
18	862	ROMERO MARTÍNE Mónica		Veteranas B 10K	24:33.5 (23)	54:06.4	8:15.4
19	661	SAINZ Nuria	C.A. CÁRNICAS SERRAN	Veteranas B 10K	24:25.2 (20)	54:16.8	8:25.8
20	747	FONSECA Karol		Senior Fem 10K	24:21.5 (19)	54:23.7	8:32.7
21	657	FONSECA GARCIA Lucia		Veteranas B 10K	24:29.3 (21)	54:27.5	8:36.5
22	720	IRAVEDRA AGUIRRE Raquel		Veteranas B 10K	24:20.7 (18)	54:29.9	8:38.9
23	837	GARCIA BERNARDEZ Paola		Senior Fem 10K	25:26.6 (33)	54:30.4	8:39.4
24	835	FILGUEIRA SANTOS Sofia		Senior Fem 10K	25:20.2 (31)	55:01.0	9:10.0
25	691	ESTEVEZ GARCIA Margarita		Veteranas A 10K	25:40.2 (38)	55:43.4	9:52.4
26	727	SOLIÑO SANTO Rosa		Veteranas A 10K	25:37.8 (37)	55:54.2	10:03.2
27	819	JARDON JARDON Sabela		Senior Fem 10K	25:43.9 (41)	55:55.9	10:04.9
28	686	TOURON NOVELLE Maria Jose	CORRIDA DAS CABRAS	Veteranas B 10K	25:13.6 (28)	55:57.9	10:06.9
29	798	GOMEZ ROMERO Belen		Senior Fem 10K	24:33.6 (24)	56:01.6	10:10.6
30	1624	CARRERA LAGO Vanesa		Veteranas B 10K	25:24.8 (32)	56:06.2	10:15.2
31	824	CASTIÑEIRA LAMPO Susana		Senior Fem 10K	24:50.8 (25)	56:11.2	10:20.2
32	777	PERNAS CASTAÑ Cristina	VIGOENTRENA	Senior Fem 10K	26:04.3 (43)	56:11.7	10:20.7
33	712	TENORIO DEL RIO Maria Jose		Veteranas B 10K	25:50.2 (42)	56:25.6	10:34.6
34	689	FERNANDEZ ESTEVEZ Silvia		Veteranas A 10K	26:16.7 (49)	56:40.4	10:49.4
35	651	OTERO RAMIREZ Maria		Veteranas C 10K	25:15.3 (30)	56:45.4	10:54.4
36	725	NUÑEZ CASTR Maria		Veteranas A 10K	26:57.7 (61)	56:45.6	10:54.6
37	722	NUÑEZ CASTR Alex	SAUDESPT	Veteranas A 10K	26:57.7 (61)	56:45.7	10:54.7
38	799	CAMPOS LORENZO Jesica		Senior Fem 10K	24:56.7 (27)	56:46.1	10:55.1
39	743	CASTILLO PEREIRO Noemi		Senior Fem 10K	25:28.3 (35)	57:02.8	11:11.8
40	807	MIGUEZ Rebeca		Senior Fem 10K	25:14.6 (29)	57:04.8	11:13.8
40	790	RIVERO Andrea		Senior Fem 10K	26:40.3 (55)	57:04.8	11:13.8
42	645	SANTORIO Tatiana	ATHLETICS FISIOTERAPIA SAN LÁZ	Veteranas C 10K	26:31.1 (53)	57:07.5	11:16.5
43	833	JUNCAL AYUDE Alba		Senior Fem 10K	26:47.8 (58)	57:08.4	11:17.4
44	731	GONZALEZ NESPEREIRA Emma		Veteranas A 10K	24:55.5 (26)	57:11.5	11:20.5
45	632	GONZALEZ BELLO Concepcion		Veteranas C 10K	26:18.2 (50)	57:16.1	11:25.1
46	672	CASTRO PEREZ Maruxa		Veteranas B 10K	26:13.8 (46)	57:23.4	11:32.4
47	700	BOSSA Silvia		Veteranas B 10K	26:26.4 (52)	57:23.8	11:32.8
48	715	DEVESA FOLGAR Maria Angeles	PROFAND 10	Veteranas A 10K	26:52.0 (60)	57:24.2	11:33.2
49	740	RODRIGUEZ RODRIGUEZ Maria		Senior Fem 10K	26:15.1 (47)	57:32.4	11:41.4
50	642	AMOS PEREIRO Ana Maria		Veteranas C 10K	26:43.7 (57)	57:35.4	11:44.4
51	734	PARDIÑAS FERREIR Tania Andrea	PROFAND 10	Veteranas A 10K	28:03.5 (81)	57:36.1	11:45.1
52	851	PALOMARES HOSPIDO Zoe		Sub-23 Fem 10K	27:44.1 (74)	57:36.8	11:45.8
53	693	REFOJOS PEREZ Tania	ASALTAMONTES FEMALE	Veteranas A 10K	27:00.6 (64)	57:49.0	11:58.0
54	658	RODRIGUEZ SENIN Elena		Veteranas B 10K	26:15.6 (48)	58:01.5	12:10.5

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55	721	GRAÑA SOT Andrea		Veteranas A 10K	25:42.0 (39)	58:05.8	12:14.8
56	764	UROZ VALVERDE Alicia		Senior Fem 10K	25:42.1 (40)	58:06.0	12:15.0
57	838	YAÑEZ GONZALEZ-BAB Ines		Senior Fem 10K	26:57.9 (63)	58:24.0	12:33.0
58	761	GOMEZ OTERO Patricia		Senior Fem 10K	26:42.4 (56)	58:57.5	13:06.5
59	794	GONZALEZ CIBEIRA Llarina		Senior Fem 10K	25:28.8 (36)	59:05.8	13:14.8
60	646	ALONSO MARTINEZ Beatriz		Veteranas C 10K	27:45.3 (75)	59:12.1	13:21.1
61	736	CASTROSEIROS GONZALEZ Natalia	MÁIS QUE AUG	Veteranas A 10K	27:31.3 (70)	59:28.6	13:37.6
62	739	CASTRO LOPEZ Eva		Senior Fem 10K	26:09.9 (44)	59:29.4	13:38.4
63	737	MARTINEZ FRANCO Alejandra		Senior Fem 10K	26:10.0 (45)	59:29.9	13:38.9
64	726	CASAL LORENZO Tania		Veteranas A 10K	26:34.8 (54)	59:45.9	13:54.9
65	730	SANTOS GONZALEZ Andrea		Veteranas A 10K	27:47.2 (76)	59:48.5	13:57.5
66	659	ALONSO BARBANCHO Vanessa		Veteranas B 10K	27:14.1 (67)	59:58.6	14:07.6
67	815	MACIAS LAGARON Lucia		Senior Fem 10K	27:37.9 (72)	1h00:06.0	14:15.0
67	814	BROUET Helèn		Senior Fem 10K	27:28.8 (69)	1h00:06.0	14:15.0
69	732	RODRIGUEZ JOGA Sonia	ADN RUNNERS - TELMO PELUQUEROS	Veteranas A 10K	26:51.3 (59)	1h00:07.3	14:16.3
70	755	TABOADA PAZ Laura		Senior Fem 10K	28:12.0 (87)	1h00:10.4	14:19.4
71	753	VECILLAS LOPEZ Ester		Senior Fem 10K	28:11.5 (86)	1h00:10.5	14:19.5
72	754	LOPEZ ROO Carlota		Senior Fem 10K	28:11.4 (85)	1h00:10.6	14:19.6
73	763	BAÑA PADI Sara		Senior Fem 10K	29:24.8 (122)	1h00:11.9	14:20.9
74	839	DIAZ TIZON Paula		Senior Fem 10K	27:05.9 (65)	1h00:25.1	14:34.1
75	690	GONZALEZ Ester		Veteranas B 10K	28:12.1 (88)	1h00:33.4	14:42.4
76	780	CRESPO PARDO Lidia		Senior Fem 10K	30:03.2 (133)	1h00:56.0	15:05.0
77	729	ROCHA RODRIGUEZ Eva		Veteranas A 10K	28:12.9 (89)	1h00:57.0	15:06.0
78	787	ALVAREZ GONZALEZ Marta		Senior Fem 10K	25:27.6 (34)	1h01:00.2	15:09.2
79	660	PEREZ LORENZO Laura		Veteranas B 10K	28:07.8 (84)	1h01:05.1	15:14.1
80	800	OTEO GOITIA Lidia		Senior Fem 10K	28:13.2 (90)	1h01:05.3	15:14.3
81	708	CASAL BARGE Silvia		Veteranas B 10K	28:36.2 (99)	1h01:21.9	15:30.9
82	699	BELTRAN DE MARCO Sonia		Veteranas A 10K	27:07.6 (66)	1h01:25.7	15:34.7
83	694	PINTOS RODRIGUEZ Elena	VIGOENTRENA	Veteranas B 10K	27:42.6 (73)	1h01:43.6	15:52.6
84	845	ALONSO PAREDES Noelia		Sub-23 Fem 10K	28:17.5 (94)	1h01:54.1	16:03.1
85	783	GUZMAN CORTES Maria		Senior Fem 10K	28:03.2 (80)	1h02:04.9	16:13.9
86	788	NUÑEZ COND Sara		Senior Fem 10K	28:02.5 (79)	1h02:05.0	16:14.0
87	697	MATILLA OJEDA Silvia		Veteranas A 10K	27:37.6 (71)	1h02:12.1	16:21.1
88	826	MIGUELEZ CACERES Nuria		Senior Fem 10K	28:48.1 (105)	1h02:12.4	16:21.4
89	638	LORENZO FERNANDEZ Maria Teresa		Veteranas C 10K	28:30.5 (97)	1h02:12.6	16:21.6
90	774	MARQUEZ SALGADO Laura		Senior Fem 10K	28:17.1 (93)	1h02:13.0	16:22.0
91	744	GARABITO Camila		Senior Fem 10K	29:22.6 (118)	1h02:13.3	16:22.3
92	806	VAZQUEZ FRANCISCO Alba		Senior Fem 10K	28:49.8 (106)	1h02:13.4	16:22.4
93	844	GONZALEZ FERNANDEZ Lucia		Sub-23 Fem 10K	27:55.3 (77)	1h02:14.8	16:23.8
94	847	RIVERO ALVAREZ Marta		Sub-23 Fem 10K	28:33.8 (98)	1h02:16.0	16:25.0
95	634	ALVAREZ COMESAÑ Monica	ATHLETICS FISIOTERAPIA SAN LÁZ	Veteranas C 10K	29:24.2 (121)	1h02:18.6	16:27.6
96	664	ACEÑA MATARRAN Sara		Veteranas B 10K	28:41.3 (102)	1h02:20.1	16:29.1

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Clc	Dor.	Apellidos y nombre	Equipo	Categoría	Inter 1 (Clc)	Tiempo	Diferencia
97	769	LORENZO VILAS Sara		Senior Fem 10K	28:36.9 (101)	1h02:20.9	16:29.9
98	735	DOMINGUEZ FERNANDEZ Paula		Veteranas A 10K	28:04.9 (82)	1h02:24.5	16:33.5
99	685	RODRIGUEZ DACOSTA Alba		Veteranas A 10K	27:58.3 (78)	1h02:26.2	16:35.2
100	629	VARELA GARCIA Maria		Veteranas D 10K	28:16.9 (92)	1h02:27.6	16:36.6
101	728	CASTIÑEIRA PO Marta		Veteranas A 10K	28:24.1 (95)	1h02:33.9	16:42.9
102	796	CARIDE Miriam		Senior Fem 10K	28:05.7 (83)	1h02:37.5	16:46.5
103	852	GAMA BELLO Mercedes		Sub-23 Fem 10K	30:23.7 (150)	1h02:39.1	16:48.1
104	836	FERNANDEZ FERNANDEZ Cristina		Senior Fem 10K	27:23.9 (68)	1h02:43.6	16:52.6
105	834	DOMINGUEZ MEDINA Iria		Senior Fem 10K	29:51.7 (126)	1h02:44.1	16:53.1
106	795	RODRIGUEZ FERNANDEZ Rita		Senior Fem 10K	29:05.8 (111)	1h02:46.3	16:55.3
106	670	COSTAS NOYA Patricia	CHUZAS OLÍMPICO	Veteranas B 10K	29:23.5 (120)	1h02:46.3	16:55.3
108	662	BALDWIN Jessica		Veteranas B 10K	28:36.5 (100)	1h02:53.4	17:02.4
109	829	VECILLAS LOPEZ Sofia		Senior Fem 10K	29:21.1 (117)	1h03:06.7	17:15.7
110	738	ESTEVEZ ALONSO Marta	MÁIS QUE AUG	Senior Fem 10K	30:02.1 (131)	1h03:28.9	17:37.9
111	723	HEISEL CUEVAS Karen	X-ONE	Veteranas A 10K	28:43.1 (103)	1h03:29.1	17:38.1
112	724	MIRANDA Berta	X-ONE	Veteranas A 10K	28:43.5 (104)	1h03:29.2	17:38.2
113	674	FREIRE Lorena	MÁIS QUE AUG	Veteranas B 10K	30:02.1 (131)	1h03:29.8	17:38.8
114	816	SANCHEZ RODRIGUEZ Elena		Senior Fem 10K	28:56.5 (108)	1h03:34.9	17:43.9
115	669	GARCIA BRIZ Maria	PROFAND 10	Veteranas A 10K	28:58.3 (109)	1h03:49.2	17:58.2
116	770	TOBIO TORREJON Laura		Senior Fem 10K	30:25.9 (151)	1h04:06.2	18:15.2
117	765	LESMES Estefania		Senior Fem 10K	30:03.3 (134)	1h04:11.3	18:20.3
118	772	FARRAPEIRA Marta	MÁIS QUE AUG	Senior Fem 10K	30:04.7 (136)	1h04:25.9	18:34.9
119	713	GARCIA NUÑE Alba Maria	FACTORUN	Veteranas A 10K	29:18.3 (116)	1h04:38.8	18:47.8
120	762	DE COO DIZ Maria		Senior Fem 10K	28:27.0 (96)	1h04:41.0	18:50.0
121	779	TORRES Cecilia		Senior Fem 10K	30:05.5 (137)	1h04:45.3	18:54.3
122	804	GALLEGO GOMEZ Carmen		Senior Fem 10K	29:10.0 (113)	1h04:47.1	18:56.1
123	805	PEREIRA FERNANDEZ Monica		Senior Fem 10K	30:01.2 (129)	1h04:52.7	19:01.7
124	802	SOLA SANMARTIN Mar		Senior Fem 10K	30:01.3 (130)	1h04:54.6	19:03.6
125	792	LOPEZ FERNANDEZ Andrea		Senior Fem 10K	30:27.7 (152)	1h05:03.5	19:12.5
126	809	CONDE PACIN Maria		Senior Fem 10K	30:15.1 (144)	1h05:08.1	19:17.1
127	714	IGLESIAS CAAMAÑ Nuria		Veteranas B 10K	30:16.0 (146)	1h05:12.8	19:21.8
128	797	GONZALEZ ALONSO Ana		Senior Fem 10K	29:33.4 (123)	1h05:13.1	19:22.1
129	733	PEREIRA FERNANDEZ Isa		Veteranas A 10K	29:33.7 (124)	1h05:13.4	19:22.4
130	749	COSTAS COSTAS Lucia		Senior Fem 10K	30:15.2 (145)	1h05:14.6	19:23.6
131	828	GOAS HERBON Claudia		Senior Fem 10K	29:04.6 (110)	1h05:15.2	19:24.2
132	633	GARCIA ALVAREZ Antonia	AB ACTIVE BALANCE	Veteranas C 10K	29:06.7 (112)	1h05:20.7	19:29.7
133	668	FERNANDEZ PAZO Paula		Veteranas B 10K	30:33.7 (157)	1h05:27.6	19:36.6
134	827	COSTAS VILA Nuria		Senior Fem 10K		1h05:36.7	19:45.7
135	667	BARGIELA Cristina		Veteranas B 10K	28:52.4 (107)	1h05:39.1	19:48.1
136	768	TORRES GARCIA Nuria		Senior Fem 10K	29:10.6 (114)	1h05:42.4	19:51.4
137	631	ROCHA CRUCES Maria Carmen	C.A.R. MARISQUEIRO	Veteranas D 10K	28:14.5 (91)	1h05:50.8	19:59.8
138	682	GONZALEZ GOMEZ Raquel		Veteranas B 10K	29:50.1 (125)	1h05:52.7	20:01.7

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139	751	MENDEZ LLOUSAS Alba	PROFAND 10	Senior Fem 10K	30:21.7 (149)	1h05:57.9	20:06.9
140	643	DIAZ-PACHE MACKINLAY Pilar		Veteranas C 10K	29:23.1 (119)	1h06:15.5	20:24.5
141	675	VAZQUEZ DUARTE Cristina		Veteranas A 10K	30:28.6 (153)	1h06:30.9	20:39.9
142	687	MARTIN-CALOTO ZULUETA Maria		Veteranas A 10K	30:10.3 (139)	1h06:31.8	20:40.8
143	677	RODRIGUEZ MISA Noelia		Veteranas A 10K	30:09.6 (138)	1h06:31.9	20:40.9
144	741	ROSELLO CABELLO Beatriz	MÁIS QUE AUG	Senior Fem 10K	30:04.4 (135)	1h06:35.7	20:44.7
145	849	MARTINEZ MARTINEZ Violeta		Sub-23 Fem 10K	30:31.4 (155)	1h06:39.4	20:48.4
146	846	REY SANDUENDE Nerea		Sub-23 Fem 10K	30:31.6 (156)	1h06:39.8	20:48.8
147	702	BRITO ALONSO Paula		Veteranas B 10K	31:27.4 (168)	1h06:49.1	20:58.1
148	776	HERNANDEZ DIAZ Clara		Senior Fem 10K	29:59.5 (128)	1h06:56.7	21:05.7
149	757	HERNANDEZ DIAZ Ana		Senior Fem 10K	29:59.4 (127)	1h06:57.1	21:06.1
150	637	NOGUEIRA FOS Chus		Veteranas C 10K	30:14.0 (140)	1h07:15.6	21:24.6
151	635	RUIZ SANCHEZ Auxi		Veteranas C 10K	30:14.1 (142)	1h07:15.7	21:24.7
152	703	RODRIGUEZ GONZALEZ Puri		Veteranas A 10K	30:14.0 (140)	1h07:15.9	21:24.9
153	760	ALVAREZ RAMOS Tania		Senior Fem 10K	30:19.9 (148)	1h07:17.0	21:26.0
153	756	GARCIA BRAGADO Raquel		Senior Fem 10K	30:19.4 (147)	1h07:17.0	21:26.0
155	696	SIERRA COSTAS Isa		Veteranas B 10K	29:12.8 (115)	1h07:28.0	21:37.0
156	841	DOMINGUEZ HERNANDEZ Alba	FACTORUN	Senior Fem 10K	26:18.8 (51)	1h07:28.1	21:37.1
157	818	BELMONTE Rosaena		Senior Fem 10K	31:22.0 (164)	1h07:37.2	21:46.2
158	683	PEREZ VAZQUEZ Xiana		Veteranas A 10K	30:36.6 (159)	1h08:12.7	22:21.7
159	775	ACUÑ Cecilia	LUME RUN	Senior Fem 10K	30:36.7 (160)	1h08:12.8	22:21.8
160	810	MARTINEZ RIVEIRO Cristina		Senior Fem 10K	30:14.5 (143)	1h08:23.0	22:32.0
161	811	CORDOBA PEREZ Victoria		Senior Fem 10K	31:18.3 (162)	1h08:27.0	22:36.0
162	813	COSTAS MAÑ Silvia		Senior Fem 10K	31:18.9 (163)	1h08:28.1	22:37.1
163	786	DIAZ GONZALEZ Clara Candela		Senior Fem 10K	30:31.2 (154)	1h08:35.2	22:44.2
164	830	LOURIDO REGUEIRA Irene	OPOMAS	Senior Fem 10K	31:45.5 (169)	1h09:36.4	23:45.4
165	656	MIGUEZ BAQUERO Rebeca		Veteranas B 10K	30:34.3 (158)	1h09:48.2	23:57.2
166	773	RODRIGUEZ DIAZ Paloma		Senior Fem 10K	31:26.8 (167)	1h10:03.5	24:12.5
167	855	HERNANDEZ CUELLAR Manuela		Sub-20 Fem 10K	32:44.2 (172)	1h10:09.7	24:18.7
168	820	LLINARES MENENDEZ Paula		Senior Fem 10K	33:02.5 (173)	1h10:20.7	24:29.7
169	784	OLIVEIRA ANSIA Andrea		Senior Fem 10K	32:30.2 (171)	1h10:26.5	24:35.5
170	848	DOMINGUEZ HERNANDEZ Raquel	FACTORUN	Sub-23 Fem 10K	30:43.6 (161)	1h10:57.8	25:06.8
171	695	ARAUJO MOLINA Cristina	CHURRASCO RUNNERS	Veteranas A 10K	31:54.9 (170)	1h11:06.7	25:15.7
172	822	PENAS Sofia	KOI RUN CLUB	Senior Fem 10K	31:25.0 (165)	1h13:37.0	27:46.0
173	817	BARREIRO Marta	KOI RUN CLUB	Senior Fem 10K	31:25.2 (166)	1h13:37.1	27:46.1
174	840	CAMPO BARREIRO Carmen		Senior Fem 10K	34:35.2 (178)	1h13:45.6	27:54.6
175	663	REY CAO Yolanda		Veteranas B 10K	33:15.6 (174)	1h14:09.1	28:18.1
176	808	RODRIGUEZ CABALEIRO Nerea		Senior Fem 10K	33:34.8 (176)	1h14:21.8	28:30.8
177	812	FERNANDEZ SONEIRA Cristina		Senior Fem 10K	33:34.7 (175)	1h14:21.9	28:30.9
178	843	PEREZ BLANCO Catalina		Senior Fem 10K	34:35.1 (177)	1h16:15.9	30:24.9
179	857	FERNANDEZ FERNANDEZ Maria		Sub-20 Fem 10K	35:01.3 (179)	1h17:11.0	31:20.0

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MASCULINO 5K

1	1140	OTERO AMOEDO Anxo	CAD SERVISUB BUEU	Veteranos A 5K		16:18.8	
2	1266	HUERTA ESTEVEZ Diego Jose	SOCIEDAD GIMNÁSTICA DE PONTEVE	Sub-20 masc 5K		16:20.1	1.3
3	1181	VICENTE LOPEZ Pablo	ATLETISMO VILA DE CANGAS	Senior masc 5K		16:37.5	18.7
4	1245	RIVERA GUILLADE Martin		Sub-23 masc 5K		17:18.7	59.9
5	1183	FERNANDEZ PLATERO Adrian	OFFICIALS FC	Senior masc 5K		17:48.8	1:30.0
6	1201	MARTINEZ SEGUIN Oscar	VIGOENTRENA	Senior masc 5K		17:54.4	1:35.6
7	1595	MARTINEZ NIETO Rubén	REAL CLUB CELTA ATLETISMO	Veteranos C 5K		18:04.3	1:45.5
8	1042	BARREIROI RUIBAL Matias	CLUB DEPORTIVO PINARIUM	Veteranos C 5K		18:51.3	2:32.5
9	1122	SERGIENKO Aleksei		Veteranos A 5K		19:05.9	2:47.1
10	1261	POUSA ESCUDEIRO Xurxo	XIX TEAM	Sub-20 masc 5K		19:28.1	3:09.3
11	1020	FERNANDEZ GARCIA Manuel	CLUB DEPORTIVO PINARIUM	Veteranos C 5K		20:22.8	4:04.0
12	1132	CASAL CARREIRA Angel		Veteranos A 5K		20:27.5	4:08.7
13	1018	ALVAREZ Andres	IMAXINATEA ESCOLA DE TEATRO	Veteranos C 5K		20:38.9	4:20.1
14	1105	ALVES FREIRE Daniel		Veteranos B 5K		20:53.3	4:34.5
15	1226	CALO Jorge	MÁIS QUE AUG	Senior masc 5K		21:01.7	4:42.9
16	1606	MICHAEL KALERY John	CELTA ACADEMY	Sub-20 masc 5K		21:14.1	4:55.3
17	1111	RODRIGUEZ ALONSO Sedu		Veteranos B 5K		21:18.7	4:59.9
18	1090	LOUREIRO RODRIGUEZ Daniel	CLUB DEPORTIVO PINARIUM	Veteranos B 5K		21:27.6	5:08.8
19	1007	FERNANDEZ GONZALEZ Jose Angel		Veteranos D 5K		21:43.0	5:24.2
20	1255	DOMINGUEZ VIDAURAZAGA Fabio		Sub-20 masc 5K		21:59.4	5:40.6
21	1248	LORENZO PEREZ Daniel		Sub-23 masc 5K		21:59.9	5:41.1
22	1604	RICHARD TURQUEZA Luke	CELTA ACADEMY	Sub-20 masc 5K		22:03.5	5:44.7
23	1598	KAGIO MUNENE Ryan	CELTA ACADEMY	Sub-20 masc 5K		22:03.6	5:44.8
24	1599	MBIYU KOINANGE Jamal	CELTA ACADEMY	Sub-20 masc 5K		22:09.3	5:50.5
25	1262	TORRES Valentin	TRIATLÓN MAR DE VIG	Sub-20 masc 5K		22:17.4	5:58.6
26	1253	DOIRO LORA Manuel		Sub-23 masc 5K		22:27.3	6:08.5
27	1047	RUIZ RODRIGUEZ Javier		Veteranos B 5K		22:32.0	6:13.2
28	1249	BOO FERNANDEZ Miguel	OPOSICIONES DAVID GÓMEZ OL	Sub-23 masc 5K		22:32.6	6:13.8
29	1015	GARCIA ALVAREZ Jose Carlos		Veteranos C 5K		22:33.5	6:14.7
30	1171	PEREIRA PEREZ Armando		Senior masc 5K		22:34.9	6:16.1
31	1204	DIAZ SANDOVAL Gustavo Javier	MÁIS QUE AUG	Senior masc 5K		22:36.8	6:18.0
32	1142	SABUCEDO COLLAZO Daniel Xesus	UNIÓN DEPORTIVA VEGAN	Veteranos A 5K		22:38.6	6:19.8
33	1021	CASTEJON OTERO Jaime		Veteranos C 5K		22:52.6	6:33.8
34	1210	PEREIRA-BORRAJO NUÑE Fernando	SOCIEDAD ATLÉTICA VAL MIÑ	Senior masc 5K		22:56.6	6:37.8
35	1205	LOPEZ BOUZAS Yago		Senior masc 5K		22:58.0	6:39.2
36	1129	MARQUEZ MONTEAGUDO Francisco Daniel		Veteranos A 5K		23:08.7	6:49.9
37	1082	VELOSO DOMINGUEZ Iago		Veteranos B 5K		23:08.9	6:50.1
38	1097	SONEIRA BELOSO Luis Carlos		Veteranos B 5K		23:13.6	6:54.8
39	1092	SEOANE GIL Adrian		Veteranos B 5K		23:37.6	7:18.8
40	1269	HERRERUELA MONTERO Jorge		Sub-20 masc 5K		23:38.4	7:19.6

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41	1031	POUSA LUCIO Xoan Manuel	XIX TEAM	Veteranos C 5K		23:38.8	7:20.0
42	1037	ARAGUETE BARRIO Jose		Veteranos C 5K		23:39.2	7:20.4
43	1605	RYAN NELSON Matt	CELTA ACADEMY	Sub-20 masc 5K		23:48.9	7:30.1
44	1177	ZABALETA CASTRO Yago		Senior masc 5K		24:00.3	7:41.5
45	1178	CAMPOS RODRIGUEZ David		Senior masc 5K		24:03.6	7:44.8
46	1154	IGLESIAS DE LA IGLESIA Fernando		Veteranos A 5K		24:09.2	7:50.4
47	1096	FERNANDEZ LOPEZ Diego		Veteranos B 5K		24:12.7	7:53.9
47	190	GONZALEZ ABEIJON Fernando		Veteranos B 5K		24:12.7	7:53.9
49	1250	DACAL FERNANDEZ Fabio		Sub-23 masc 5K		24:13.8	7:55.0
50	1130	FERNANDEZ MARIÑ Oscar		Veteranos A 5K		24:17.7	7:58.9
51	1054	SANCHEZ PAZOS Xavier		Veteranos B 5K		24:18.8	8:00.0
52	1029	LORENZO COMESAÑ Juan Manuel		Veteranos C 5K		24:20.2	8:01.4
53	1244	LORENZO VILLANUEVA Esteban		Sub-23 masc 5K		24:20.5	8:01.7
54	1011	ESTEVEZ CERNADAS Ricardo	ATHLETICS AVENTURA XTREM	Veteranos D 5K		24:21.3	8:02.5
55	1117	GARCIA FRAGUEIRO Diego		Veteranos A 5K		24:22.9	8:04.1
56	1061	PUERTOLAS TORNER Henk		Veteranos B 5K		24:24.4	8:05.6
57	1058	PUERTOLAS MARCEN Kike		Veteranos B 5K		24:24.6	8:05.8
58	1257	DOMINGUEZ RODRIGUEZ Hugo		Sub-20 masc 5K		24:24.9	8:06.1
59	1118	MOURE VAZQUEZ Juan G	C.A.R. MARISQUEIRO	Veteranos A 5K		24:28.5	8:09.7
60	1182	DOÑAQUE GONZALE Eugenio		Senior masc 5K		24:29.0	8:10.2
61	1013	ALVAREZ SANROMAN Alfonso		Veteranos C 5K		24:42.0	8:23.2
62	1134	ALONSO FIGUEROA Roberto		Veteranos A 5K		24:44.5	8:25.7
63	1004	FERNANDEZ GALLEGO Alberto	CLUB DE PIRAGÜISMO OLIVIC	Veteranos D 5K		25:14.9	8:56.1
64	1150	IGLESIAS MARTINEZ Alberto		Veteranos A 5K		25:21.1	9:02.3
65	1100	RODRIGUEZ JORGE Daniel		Veteranos B 5K		25:27.2	9:08.4
66	1043	BLANCO NUÑE Enrique		Veteranos C 5K		25:35.1	9:16.3
67	1112	DASILVA RODRIGUEZ Ivan		Veteranos B 5K		25:36.5	9:17.7
68	1159	OUJO PAZ Borja		Senior masc 5K		25:37.1	9:18.3
69	1157	ABAD IGLESIAS Juan Manuel		Senior masc 5K		25:37.2	9:18.4
70	1609	DANIEL KING Jack	CELTA ACADEMY	Sub-20 masc 5K		25:43.8	9:25.0
71	1123	ZAMBRANO Saul		Veteranos A 5K		25:47.6	9:28.8
72	1080	FRESCO IGLESIAS Victor Manuel		Veteranos B 5K		25:48.6	9:29.8
73	1034	CARRACEDO ALONSO Marcos		Veteranos C 5K		25:50.3	9:31.5
74	1126	RODRIGUEZ RODRIGUEZ Adrian		Veteranos A 5K		25:50.5	9:31.7
75	1108	DE SOLA DIAZ Emilio		Veteranos B 5K		25:51.0	9:32.2
76	31	POSADA VILLAR Fernando		Veteranos D 5K		25:54.9	9:36.1
77	1121	LORENZO GOMEZ Manuel Alejandro		Veteranos A 5K		26:03.7	9:44.9
78	1258	CASTRO BARROS Mario		Sub-20 masc 5K		26:12.0	9:53.2
79	1136	GARCIA DA VILA Eloy		Veteranos A 5K		26:12.2	9:53.4
80	1073	MARTINEZ BRION Jorge		Veteranos B 5K		26:14.2	9:55.4
81	1078	ALONSO AMADO Eduardo Jose		Veteranos B 5K		26:15.5	9:56.7
82	1239	ALVAREZ BLANCO Lucas		Senior masc 5K		26:21.5	10:02.7

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83	1030	MARTINEZ Daniel		Veteranos C 5K		26:27.1	10:08.3
84	1206	POBLADOR EGUIZABAL Marco		Senior masc 5K		26:29.2	10:10.4
85	1202	RODRIGUEZ RODRIGUEZ Edgar		Senior masc 5K		26:29.3	10:10.5
86	1234	VAZQUEZ VERISIMO Adrian		Senior masc 5K		26:30.3	10:11.5
87	1114	SILVA Ivan		Veteranos A 5K		26:30.7	10:11.9
88	1214	ALVAREZ ALVAREZ Saul	OS ESMORGANTES	Senior masc 5K		26:30.8	10:12.0
89	1220	VALVERDE PUGA David	OS ESMORGANTES	Senior masc 5K		26:32.5	10:13.7
90	1174	GONZALEZ LORENZO Borja		Senior masc 5K		26:35.3	10:16.5
91	1116	AGULLA ALONSO Gustavo		Veteranos A 5K		26:36.5	10:17.7
92	1170	FONTAN Adrian		Senior masc 5K		26:38.4	10:19.6
93	1600	CHAKTKRATHOK Sorawit	CELTA ACADEMY	Sub-20 masc 5K		26:38.6	10:19.8
94	1240	IGLESIAS SANTANA Brais		Senior masc 5K		26:38.9	10:20.1
95	1068	CASTIÑEIRA Oscar		Veteranos B 5K		26:43.5	10:24.7
96	234	PUCH GONZALEZ David		Veteranos B 5K		26:46.5	10:27.7
97	1168	PEREIRAS ALVAREZ Jose Manuel		Senior masc 5K		26:53.4	10:34.6
98	1147	GAMALLO FERNANDEZ Anton	ACTIVE BALANCE	Veteranos A 5K		26:54.9	10:36.1
99	1219	ALONSO GONZALEZ Sergio		Senior masc 5K		26:55.0	10:36.2
100	1223	FERNANDEZ SOUSA Josue Gondino	OS ESMORGANTES	Senior masc 5K		26:55.6	10:36.8
101	1260	GARCIA NIETO Yago		Sub-20 masc 5K		26:56.6	10:37.8
102	1085	PAZ RODRIGUEZ Jose Manuel		Veteranos B 5K		26:58.7	10:39.9
103	1179	CASTIÑEIRAS NARCIS Kevin		Senior masc 5K		26:59.4	10:40.6
104	1104	SAA Quique	LICOPENO	Veteranos B 5K		27:00.7	10:41.9
105	1603	ELIAS TSANAKTSIDIS Yianni	CELTA ACADEMY	Sub-20 masc 5K		27:06.9	10:48.1
106	1094	CEDRON SANCHEZ Gustavo		Veteranos B 5K		27:07.0	10:48.2
107	1263	JANEIRO PEREZ-FEIJOO Mateo	SINGLETRACK OUTDOOR SPORTS	Sub-20 masc 5K		27:08.3	10:49.5
108	1161	CESPON TOBIO Adrian	PROFAND 5	Senior masc 5K		27:13.2	10:54.4
109	1264	NICOLAS COLLAZO Anxo		Sub-20 masc 5K		27:14.0	10:55.2
109	1101	LAGO LORENZO Ivan		Veteranos B 5K		27:14.0	10:55.2
111	1138	PARDO PORTELA Jorge		Veteranos A 5K		27:16.4	10:57.6
112	1012	CALDERON FERNANDEZ Eloy		Veteranos D 5K		27:21.6	11:02.8
113	1225	VAZQUEZ GONZALEZ David		Senior masc 5K		27:23.5	11:04.7
114	1222	FERNANDEZ TORRADO Aaron		Senior masc 5K		27:23.6	11:04.8
115	1103	EXPOSITO PEREIRA Felix	+QUE JUGUETES RUNNING & TRAIL	Veteranos B 5K		27:24.8	11:06.0
116	1267	VAZQUEZ DE PARGA Yago		Sub-20 masc 5K		27:27.1	11:08.3
117	1014	LAMA CASAS Francisco		Veteranos C 5K		27:27.7	11:08.9
118	1135	ALVAREZ GONZALEZ Valdemar		Veteranos A 5K		27:27.8	11:09.0
119	1232	VIEITES BERNARDEZ Sergio		Senior masc 5K		27:44.4	11:25.6
120	1155	SANCHEZ GONZALEZ Borja		Veteranos A 5K		27:49.6	11:30.8
121	1190	PEREZ FERNANDEZ Sergio		Senior masc 5K		27:51.3	11:32.5
122	1192	PRADO RIAL Tomas		Senior masc 5K		27:51.4	11:32.6
123	1217	PIÑEIRO DOMINGUE Bruno		Senior masc 5K		27:53.5	11:34.7
123	1198	BENAVIDES ALONSO Miguel		Senior masc 5K		27:53.5	11:34.7

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125	1019	GARCIA COMESAÑ Julio		Veteranos C 5K		27:56.7	11:37.9
126	1241	FERREIRA RODRIGUEZ Hugo		Senior masc 5K		27:57.1	11:38.3
127	1224	AGUIRRE ALVAREZ Ismael		Senior masc 5K		28:00.0	11:41.2
128	1165	REGO GARCIA Alvaro		Senior masc 5K		28:00.4	11:41.6
129	1010	PEREZ RODRIGUEZ Manuel		Veteranos D 5K		28:02.1	11:43.3
130	1110	FERREIRA GONZALEZ Jonathan		Veteranos B 5K		28:03.2	11:44.4
131	1063	MENENDEZ NIETO Francisco		Veteranos B 5K		28:03.3	11:44.5
132	1144	IRAVEDRA LOPEZ Pablo		Veteranos A 5K		28:04.1	11:45.3
133	1237	GIL TABOAS Samuel		Senior masc 5K		28:18.5	11:59.7
134	1137	MARTINEZ FIGUEROA Enrique		Veteranos A 5K		28:22.9	12:04.1
135	1033	IGLESIAS BLANCO Jose	ANISETES	Veteranos C 5K		28:29.6	12:10.8
136	1251	SANTIAGO FERNANDEZ Marcos		Sub-23 masc 5K		28:30.2	12:11.4
137	1252	TUBIO PEREZ Angel		Sub-23 masc 5K		28:30.3	12:11.5
138	1196	ALVAREZ GARCIA Mario		Senior masc 5K		28:31.3	12:12.5
139	1207	LARA GARCIA Lucas		Senior masc 5K		28:31.8	12:13.0
140	1197	GUERREIRO D ARAUJO Pablo		Senior masc 5K		28:34.0	12:15.2
141	1052	FERNANDEZ-CID Carlos	CLUB ATLETISMO FLORISTERIA CAR	Veteranos B 5K		28:39.1	12:20.3
142	1109	FERNANDEZ TRIGAS Jose Benito		Veteranos B 5K		28:43.4	12:24.6
143	1152	DA SAUDE LOURENCO Diogo		Veteranos A 5K		28:48.7	12:29.9
144	1238	PEREZ HERVELLA Alberto Perez		Senior masc 5K		28:49.7	12:30.9
145	1001	LOPEZ RAMOS Luis	RUN&TRI	Veteranos D 5K		28:52.2	12:33.4
146	1233	GOMEZ PAZ Daniel		Senior masc 5K		29:00.6	12:41.8
147	1208	LUBIAN PESQUEIRA Alberto		Senior masc 5K		29:01.2	12:42.4
148	1048	OTERO PEGITO Francisco Manuel		Veteranos B 5K		29:02.1	12:43.3
149	1169	LUTCH RIVEIRO Nathan	PORCOS CELTAS	Senior masc 5K		29:03.7	12:44.9
150	1086	GARCIA COCHON Gael		Veteranos B 5K		29:03.8	12:45.0
151	1148	CRESPO FREIRIA Antonio		Veteranos A 5K		29:12.3	12:53.5
152	1236	MARTINEZ GONZALEZ Iago		Senior masc 5K		29:13.1	12:54.3
153	462	CONDE JAMARDO Pablo		Senior masc 5K		29:17.5	12:58.7
154	1062	ARTE VAZQUEZ Ivan		Veteranos B 5K		29:19.7	13:00.9
155	1195	ANIBARRO GARCIA-BAQUERO Ignacio		Senior masc 5K		29:24.6	13:05.8
156	1093	CRESPO LOMBARDIA Felipe	PROFAND 5	Veteranos B 5K		29:26.4	13:07.6
157	532	ACUÑ Juanjo		Senior masc 5K		29:29.2	13:10.4
158	1146	CARBALLO RODRIGUEZ David		Veteranos A 5K		29:32.4	13:13.6
159	1053	SARMIENTO Pablo		Veteranos B 5K		29:47.3	13:28.5
160	1079	PENELA DIEGUEZ David		Veteranos B 5K		29:48.1	13:29.3
161	1218	CABALEIRO BALLESTEROS David		Senior masc 5K		29:49.5	13:30.7
162	1008	MATEOS CORTES Jose Antonio		Veteranos D 5K		29:57.1	13:38.3
163	1189	SAAVEDRA OSPINA Luis Carlos		Senior masc 5K		29:59.4	13:40.6
164	1124	VELASQUE Leonardo Raul		Veteranos A 5K		30:00.4	13:41.6
165	1127	SANCHEZ OTERO Diego		Veteranos A 5K		30:08.9	13:50.1
166	1221	FERNANDEZ SANCHEZ Adrian	OS ESMORGANTES	Senior masc 5K		30:10.6	13:51.8

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Clc	Dor.	Apellidos y nombre	Equipo	Categoría	Inter 1 (Clc)	Tiempo	Diferencia
167	1022	ENCISA DE SA Javier		Veteranos C 5K		30:17.9	13:59.1
168	1128	VELOSO ALVAREZ Daniel		Veteranos A 5K		30:28.0	14:09.2
169	1059	ANTOLA AGUIRRE Arturo Beltran		Veteranos B 5K		30:29.8	14:11.0
170	1131	TABOAS LOURIDO Carlos		Veteranos A 5K		30:41.1	14:22.3
171	1083	DOMINGUEZ EGUIA Alejandro	REAL CLUB CELTA ATLETISMO	Veteranos B 5K		30:42.2	14:23.4
172	1247	BARBOSA CLEMENTE Pablo		Sub-23 masc 5K		30:42.7	14:23.9
173	1254	BELLO ALVAREZ Moises		Sub-23 masc 5K		30:42.9	14:24.1
174	1185	CASTRO FERREÑ Alejandro	PROFAND 5	Senior masc 5K		30:43.0	14:24.2
175	1246	BELLO ALVAREZ Saul		Sub-23 masc 5K		30:43.5	14:24.7
176	1057	VEGA COELLO Jesus Alfredo		Veteranos B 5K		30:46.9	14:28.1
177	1228	VARELA CONDE Javier		Senior masc 5K		30:47.1	14:28.3
178	1209	VIEITES BERNARDEZ Javier		Senior masc 5K		30:48.0	14:29.2
179	1081	RODRIGUEZ COLLAZO Raul		Veteranos B 5K		30:48.4	14:29.6
180	1211	ALONSO GONZALEZ Alexandre		Senior masc 5K		30:52.0	14:33.2
181	1106	POSADA ALONSO Jose Antonio		Veteranos B 5K		30:52.4	14:33.6
182	1229	GONZALEZ FERNANDEZ Daniel	MÁS QUE AUG	Senior masc 5K		30:57.2	14:38.4
183	1194	GONZALEZ VAZQUEZ Pablo		Senior masc 5K		30:59.6	14:40.8
184	1145	BARREIRO UZCATEGUI Juan Facundo		Veteranos A 5K		31:00.3	14:41.5
185	1172	RICON CAMIÑ Eloy		Senior masc 5K		31:01.8	14:43.0
186	1038	LAGE GOMEZ Alfonso		Veteranos C 5K		31:01.9	14:43.1
187	1173	FONTE DIAZ Miguel		Senior masc 5K		31:11.3	14:52.5
188	1156	MEDINA RUBIO Daniel		Veteranos A 5K		31:12.5	14:53.7
189	48	BALLESTA LOPEZ Javier	AB ACTIVE BALANCE	Veteranos C 5K		31:25.9	15:07.1
190	1005	VEGA MARQUEZ Jose Angel		Veteranos D 5K		31:32.0	15:13.2
191	1188	DACOSTA GARCIA Diego		Senior masc 5K		31:38.9	15:20.1
192	1199	SANMARTIN ANIDO Rodrigo		Senior masc 5K		31:41.0	15:22.2
193	1203	COMESAÑ Alberto		Senior masc 5K		31:41.3	15:22.5
194	1176	POUSEU BLANCO Aitor	PROFAND 5	Senior masc 5K		31:41.6	15:22.8
195	1115	FERNANDEZ ESTEVEZ Manuel		Veteranos A 5K		31:46.2	15:27.4
196	1191	BLANCO ARMADA Javier		Senior masc 5K		31:47.2	15:28.4
197	1193	PARIS BARBEITOS Nicolas		Senior masc 5K		31:48.9	15:30.1
198	1040	DEL VALLE Jacobo		Veteranos C 5K		31:52.6	15:33.8
199	1601	JONGPITAKTHAM Natchayawat	CELTA ACADEMY	Sub-20 masc 5K		31:55.0	15:36.2
200	1607	HERI MARWA Samwel	CELTA ACADEMY	Sub-20 masc 5K		31:55.2	15:36.4
201	1070	CORTES BAUTISTA Camilo		Veteranos B 5K		31:57.2	15:38.4
202	1158	DOMINGUEZ GALLEGUO Javier		Senior masc 5K		32:00.6	15:41.8
203	1164	FERRERO HUIDOBRO Daniel		Senior masc 5K		32:00.8	15:42.0
204	1231	SOBRINO RODRIGUEZ Luis		Senior masc 5K		32:11.6	15:52.8
205	1160	CANDIA OLIVERI Danilo German		Senior masc 5K		32:15.0	15:56.2
206	1200	CAMAÑO AMAD Carlos		Senior masc 5K		32:48.1	16:29.3
207	1056	DOCAMPO LAGO Oscar		Veteranos B 5K		32:59.9	16:41.1
208	1243	COMESANA VAZQUEZ Ismael		Senior masc 5K		33:04.8	16:46.0

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Cl	Dor.	Apellidos y nombre	Equipo	Categoría	Inter 1 (Cl)	Tiempo	Diferencia
209	1064	FERNANDEZ BARREIRO Fernando		Veteranos B 5K		33:15.5	16:56.7
210	1613	TAYLOR Dilan	CELTA ACADEMY	Sub-20 masc 5K		33:20.5	17:01.7
211	1227	CORRAL SANTOS David		Senior masc 5K		33:30.2	17:11.4
212	1187	TORRENS CHAMOSA Miguel		Senior masc 5K		33:54.5	17:35.7
213	1166	VIERA FERNANDEZ Geremias		Senior masc 5K		33:56.7	17:37.9
214	1009	OÑEDERRA SALSAMEND Alberto		Veteranos D 5K		33:57.4	17:38.6
215	1032	PORTELA YAÑE David		Veteranos C 5K		33:59.0	17:40.2
216	1067	DIAZ RODRIGUEZ Senen		Veteranos B 5K		34:03.8	17:45.0
217	1265	MO ALVAREZ Sergio		Sub-20 masc 5K		34:05.9	17:47.1
217	1051	MO Felipe		Veteranos B 5K		34:05.9	17:47.1
219	1215	FERNANDEZ CABRAL Isidro		Senior masc 5K		34:09.3	17:50.5
220	1212	FILGUEIRA REJAS Fernando		Senior masc 5K		34:09.4	17:50.6
221	1151	FALQUE Adrian		Veteranos A 5K		34:13.2	17:54.4
222	1084	RODRIGUEZ ESTEVEZ Fernando		Veteranos B 5K		34:21.6	18:02.8
223	1017	GOMEZ POZA Rafael Angel		Veteranos C 5K		34:39.7	18:20.9
224	1075	LORENZO LAMORA Alberto		Veteranos B 5K		35:12.3	18:53.5
225	1025	MORELL GONZALEZ Pablo Maria		Veteranos C 5K		35:40.8	19:22.0
226	1036	RODRIGUEZ DEL RIO Felix		Veteranos C 5K		36:02.6	19:43.8
227	1006	RODRIGUEZ ALONSO Manuel	ACTIVE BALANCE	Veteranos D 5K		36:10.8	19:52.0
228	1120	MANDADO GRAÑ Alberto		Veteranos A 5K		36:27.2	20:08.4
229	1175	WERNER Andres		Senior masc 5K		36:56.8	20:38.0
230	1023	GANDARA BOUZA Alejandro	CASTRELOS 20:30	Veteranos C 5K		37:10.1	20:51.3
231	1089	GANDARA FERNANDEZ Joaquin	PROFAND 5	Veteranos B 5K		39:36.9	23:18.1
232	1615	ALVAREZ REY Miguel		Veteranos C 5K		42:24.6	26:05.8
233	1003	CASTRO SEOANE Manuel		Veteranos D 5K		47:56.6	31:37.8
234	1016	PEREZ. CAMPO Jesus Maria		Veteranos C 5K		49:27.0	33:08.2
235	1113	ORLANDO Pearl	RUN FOREST RUN	Veteranos A 5K		49:47.6	33:28.8
236	1077	BUEGOS Brendan	RUN FOREST RUN	Veteranos B 5K		50:33.5	34:14.7
237	50	RODRIGUEZ CENTENO Fernando		Veteranos C 5K		1h03:46.6	47:27.8
238	1002	ORLANDO William Michael	RUN FOREST RUN	Veteranos D 5K		1h09:43.3	53:24.5

FEMENINO 5K

1	1451	MARTINEZ GUTIERREZ Claudia		Senior fem 5K		20:29.5	
2	1387	CABALEIRO CARREIRA Maria Teresa		Veteranas A 5K		22:00.3	1:30.8
3	1347	RODRIGUEZ LOPEZ Belen	CLUB DEPORTIVO DELIKIA	Veteranas B 5K		22:15.1	1:45.6
4	1364	FERNANDEZ ALVAREZ Maria		Veteranas B 5K		22:15.2	1:45.7
5	1589	RODRIGUEZ BARROS Sara	CLUB DEPORTIVO DELIKIA	Sub-20 fem 5K		22:49.6	2:20.1
6	1376	SANTANA CABRAL Pili	MÁS QUE AUG	Veteranas B 5K		24:13.4	3:43.9
7	1385	RODAL MALVIDO Loli		Veteranas A 5K		24:17.7	3:48.2
8	1335	SUAREZ SAYANS Patricia		Veteranas B 5K		24:26.9	3:57.4

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9	1386	FERNANDEZ GOMEZ Bego		Veteranas A 5K		24:28.7	3:59.2
10	1439	SANCHEZ ALVAREZ Marta		Senior fem 5K		24:37.6	4:08.1
11	1373	DUARTE Silvia Paola		Veteranas B 5K		25:07.8	4:38.3
12	1469	RIAL VIDAL Alba		Senior fem 5K		25:08.6	4:39.1
13	1297	MIRAS POSADA Marina	ANISETES	Veteranas C 5K		25:22.7	4:53.2
14	1389	ALFAYA PEREIRA Elena		Veteranas A 5K		25:28.6	4:59.1
15	1465	JIMENEZ Silvia		Senior fem 5K		25:31.7	5:02.2
16	1413	LOPEZ DURAN Loreto		Veteranas A 5K		25:36.0	5:06.5
17	1457	MARTINEZ Mayra		Senior fem 5K		25:36.2	5:06.7
18	1379	GONZALEZ CASTRO Mary		Veteranas A 5K		25:36.4	5:06.9
19	1415	BAUTISTA GALAN Pilar		Veteranas A 5K		25:37.1	5:07.6
20	1492	CENTENO GARCIA Laura		Senior fem 5K		25:47.1	5:17.6
21	1435	FERNANDEZ Mar		Senior fem 5K		25:47.5	5:18.0
22	1497	POSADA Sara		Senior fem 5K		25:54.9	5:25.4
23	1276	FONSECA GARCIA Beatriz		Veteranas C 5K		26:06.9	5:37.4
24	1464	FUENTES CALDERON Cristina		Senior fem 5K		26:09.9	5:40.4
25	1434	RIAL VAZQUEZ Yolanda		Senior fem 5K		26:10.7	5:41.2
26	1528	SANTAMARIA ALVAREZ Lucia		Senior fem 5K		26:12.0	5:42.5
27	1337	PEREZ PEREIRAS Victoria	VIGOENTRENA	Veteranas B 5K		26:15.1	5:45.6
28	1557	ESTEVEZ PAZ Violeta		Senior fem 5K		26:29.3	5:59.8
29	1545	COUTO CASTRO Marta		Senior fem 5K		26:34.2	6:04.7
30	1296	MANEIRO CID Romina	ANISETES	Veteranas C 5K		26:36.5	6:07.0
31	1475	DE CASTRO Miriam		Senior fem 5K		26:38.1	6:08.6
31	1398	RODRIGUEZ VAZQUEZ Paula		Veteranas A 5K		26:38.1	6:08.6
33	1306	IBARRETXE MARTINEZ Arantzazu	L@S INSENSAT@S	Veteranas B 5K		26:45.9	6:16.4
34	1399	LUSQUIÑOS BALLESTERO Lara		Veteranas A 5K		26:46.8	6:17.3
35	1576	ALONSO GONZALEZ Laura		Sub-23 fem 5K		26:54.6	6:25.1
36	1423	GAMALLO FERNANDEZ Aida	ACTIVE BALANCE	Senior fem 5K		26:54.7	6:25.2
37	1496	GALLEGO DIAZ Olaia		Senior fem 5K		26:57.7	6:28.2
38	1319	RODRIGUEZ RODRIGUEZ Isabel		Veteranas B 5K		26:58.9	6:29.4
39	1368	ALGARTE Sophie		Veteranas B 5K		27:03.5	6:34.0
40	1374	COSTAS Iri		Veteranas B 5K		27:05.9	6:36.4
41	1324	VARELA VARELA Sabela	CORRIDA DAS CABRAS	Veteranas B 5K		27:11.0	6:41.5
42	1383	PAZ Cristina		Veteranas A 5K		27:14.8	6:45.3
43	1577	YING CHENG Tania Shuoqi		Sub-23 fem 5K		27:20.9	6:51.4
44	1340	COUTO PEREZ Andrea	+QUE JUGUETES RUNNING & TRAIL	Veteranas B 5K		27:24.7	6:55.2
45	1405	ZUNZUNEGUI Maria	MÁIS QUE AUG	Veteranas A 5K		27:25.4	6:55.9
46	1391	RODRIGUEZ SALAS Marilo		Veteranas A 5K		27:28.7	6:59.2
47	1417	AMOEDO BRAVO Maria		Veteranas A 5K		27:34.0	7:04.5
48	1291	VAZQUEZ Mariñ		Veteranas C 5K		27:34.2	7:04.7
49	1293	LOPEZ CARIDE Beatriz		Veteranas C 5K		27:36.1	7:06.6
50	1290	ZAMORA CASTRO Carmen		Veteranas C 5K		27:37.3	7:07.8

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Cl	Dor.	Apellidos y nombre	Equipo	Categoría	Inter 1 (Cl)	Tiempo	Diferencia
51	1565	JARDON JARDON Carla		Senior fem 5K		27:38.1	7:08.6
52	1443	ALEJANDRO GESTEIRA Estefania		Senior fem 5K		27:39.4	7:09.9
53	1369	SANCHEZ SANCHEZ Natalia	C.A.R. MARISQUEIRO	Veteranas B 5K		27:39.6	7:10.1
54	1392	BLANCO RIO Tatiana		Veteranas A 5K		27:40.1	7:10.6
55	1559	FERNANDEZ CENDON Carla		Senior fem 5K		27:43.6	7:14.1
56	1279	LARIÑO CALVI Patricia		Veteranas C 5K		27:48.3	7:18.8
57	1438	VAZQUEZ CASAR Marta		Senior fem 5K		28:00.3	7:30.8
58	1421	MISA CASAS Marta		Senior fem 5K		28:00.4	7:30.9
59	1328	NIETO HUERTAS Gloria		Veteranas B 5K		28:03.1	7:33.6
60	1298	AREVALO GOMEZ Nidia Maria		Veteranas C 5K		28:07.8	7:38.3
61	1287	GOMEZ LOPEZ Isabel Maria		Veteranas C 5K		28:13.5	7:44.0
62	1482	FEIJOO BORRAJO Sofia	EQUIPO LICOPENO	Senior fem 5K		28:20.3	7:50.8
63	1499	LAGO VILA Paula	LICOPENO	Senior fem 5K		28:20.5	7:51.0
63	1358	MIGUEZ COÑAG Noemia	EQUIPO LICOPENO	Veteranas B 5K		28:20.5	7:51.0
65	1535	GARCES VILA Angela		Senior fem 5K		28:21.6	7:52.1
66	1381	CASAS CRESPO Iria		Veteranas A 5K		28:21.8	7:52.3
67	1532	GOMEZ GONZALEZ Daniela		Senior fem 5K		28:22.0	7:52.5
68	1479	OSPINA BUITRAGO Karen Vanessa		Senior fem 5K		28:23.5	7:54.0
69	1527	DI STASIO Sofia		Senior fem 5K		28:29.3	7:59.8
70	1307	SANTOS ALVAREZ Rosa Maria		Veteranas B 5K		28:30.9	8:01.4
71	1498	GASPAR BARREDO Aroa		Senior fem 5K		28:31.3	8:01.8
72	1522	CONDE LAGO Lucia		Senior fem 5K		28:31.7	8:02.2
73	1455	PIÑUEL Irene		Senior fem 5K		28:32.1	8:02.6
74	1490	ESPORRIN Iguacel		Senior fem 5K		28:34.1	8:04.6
75	1539	RODRIGUEZ PEREZ Lorena	OS ESMORGANTES	Senior fem 5K		28:37.8	8:08.3
75	1526	MARTINEZ GONZALEZ Miriam		Senior fem 5K		28:37.8	8:08.3
77	1493	ALVAREZ MARTINEZ Barbara		Senior fem 5K		28:41.4	8:11.9
78	1303	CASTRO ESPINOZA Sari	LUME RUN	Veteranas B 5K		28:42.8	8:13.3
79	1419	LEBRERO ALVAREZ Carla		Veteranas A 5K		28:44.7	8:15.2
80	1463	POSADA COLADAS-GUZMAN Cristina		Senior fem 5K		28:45.4	8:15.9
81	1382	GRANDAL VAZQUEZ Alba		Veteranas A 5K		28:45.8	8:16.3
82	1325	OTERO GONZALEZ Beatriz		Veteranas B 5K		28:46.0	8:16.5
83	1390	KNIGHT ASOREY Teresa		Veteranas A 5K		28:48.7	8:19.2
84	1518	CRESPO GONZALEZ Lucia		Senior fem 5K		28:51.9	8:22.4
85	1436	GONZALEZ PUGA Lucia		Senior fem 5K		28:52.6	8:23.1
86	1400	MARTINEZ PEREIRA Tatiana		Veteranas A 5K		28:54.4	8:24.9
87	1292	DIAZ PAZ Yolanda		Veteranas C 5K		28:58.1	8:28.6
88	1542	POUSADA GONZALEZ Angela		Senior fem 5K		29:00.7	8:31.2
89	1534	MOREIRA Belen		Senior fem 5K		29:01.1	8:31.6
90	1495	ALVAREZ MENDEZ Marta		Senior fem 5K		29:04.8	8:35.3
91	1406	CASTIÑEIRAS NARCIS Rebeca		Veteranas A 5K		29:09.1	8:39.6
92	1331	FRANCO LORENZO Eva		Veteranas B 5K		29:09.2	8:39.7

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Clf	Dor.	Apellidos y nombre	Equipo	Categoría	Inter 1 (Clf)	Tiempo	Diferencia
93	1456	PUERTAS GARCIA Patricia		Senior fem 5K		29:12.8	8:43.3
93	1446	FANDIÑO POSAD Celia		Senior fem 5K		29:12.8	8:43.3
95	1433	VILAR ESTEVEZ Rebeca		Senior fem 5K		29:14.9	8:45.4
96	1321	MARTINEZ LORENZO Lupe		Veteranas B 5K		29:15.9	8:46.4
97	1418	GARCIA GARCIA Miriam		Veteranas A 5K		29:16.9	8:47.4
98	785	DOMINGUEZ PRADO Uxia		Senior Fem 5K		29:17.7	8:48.2
99	1346	ALONSO GALLEGU Vanesa		Veteranas B 5K		29:19.7	8:50.2
100	1489	REINOSO FERNANDEZ Valentina		Senior fem 5K		29:24.6	8:55.1
101	1309	SOUSA LOPEZ Anxa		Veteranas B 5K		29:25.1	8:55.6
102	1533	FERNANDEZ GARCIA Andrea		Senior fem 5K		29:25.9	8:56.4
103	1524	MARTINEZ GARCIA Irene		Senior fem 5K		29:26.0	8:56.5
104	1440	EXTREMADURA HIERRO Rocio		Senior fem 5K		29:33.3	9:03.8
105	1512	PASCUAL Alejandra		Senior fem 5K		29:34.2	9:04.7
106	1284	RODRIGUEZ VAZQUEZ Monica		Veteranas C 5K		29:35.1	9:05.6
107	1558	LEDO PEREZ Isabel		Senior fem 5K		29:36.9	9:07.4
108	1550	LEMONS MARTINEZ Natalia		Senior fem 5K		29:37.0	9:07.5
109	1304	LORENZO PICADO Leticia	FITGAL	Veteranas B 5K		29:47.4	9:17.9
110	1428	PEREIRA ROSENDE Alexia		Senior fem 5K		29:48.0	9:18.5
111	1333	MONTERO GONZALEZ Paula		Veteranas B 5K		29:55.9	9:26.4
112	1397	ABILLEIRA MARTINEZ Patricia		Veteranas A 5K		30:00.3	9:30.8
113	1352	MARCHAN PEREZ Lorena		Veteranas B 5K		30:03.1	9:33.6
114	1556	URDAMPILLETA BARRIO Georgina		Senior fem 5K		30:03.9	9:34.4
115	1551	RODRIGUEZ Maria		Senior fem 5K		30:09.3	9:39.8
116	1553	LOIRA DOMINGUEZ Paula		Senior fem 5K		30:09.5	9:40.0
117	1308	CALO MUÑI Silvia		Veteranas B 5K		30:11.2	9:41.7
118	1508	CARNEROS GOMEZ Alicia		Senior fem 5K		30:13.5	9:44.0
119	1473	LAMELAS SILVA Tamara		Senior fem 5K		30:16.6	9:47.1
120	1454	RODIÑO GARCI Lucinda		Senior fem 5K		30:17.1	9:47.6
121	1554	FERNANDEZ RODAL Sophia		Senior fem 5K		30:19.3	9:49.8
122	1447	ROMAR Natalia		Senior fem 5K		30:27.8	9:58.3
123	1403	MESA GONZALEZ Marta		Veteranas A 5K		30:28.8	9:59.3
124	1407	BLANCO Silvia		Veteranas A 5K		30:28.9	9:59.4
125	1323	PEREZ GIL Celsa		Veteranas B 5K		30:32.6	10:03.1
126	1529	GARCIA RODRIGUEZ Carla		Senior fem 5K		30:36.9	10:07.4
127	1552	FANDIÑO FERNANDE Claudia		Senior fem 5K		30:40.9	10:11.4
128	1588	GARCÉS COVARRUBIA Ximena	REAL CLUB CELTA ATLETISMO	Sub-20 fem 5K		30:42.1	10:12.6
129	1329	CARRERA SELLAN Marta	VIGOENTRENA	Veteranas B 5K		30:45.6	10:16.1
130	1301	GONZALEZ NOVOA Patricia		Veteranas B 5K		30:45.7	10:16.2
131	1543	NUÑEZ FERNANDE Iria Maria		Senior fem 5K		30:47.0	10:17.5
132	1422	ARAUJO ACEVEDO Raquel		Senior fem 5K		30:47.5	10:18.0
133	1409	HERMIDA RODRIGUEZ Catarina		Veteranas A 5K		30:48.3	10:18.8
134	1536	NOYA Iria		Senior fem 5K		30:48.6	10:19.1

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Cl	Dor.	Apellidos y nombre	Equipo	Categoría	Inter 1 (Cl)	Tiempo	Diferencia
135	1494	RODRIGUEZ COMESAÑ Alejandra		Senior fem 5K		30:51.3	10:21.8
136	1546	DEL RIEGO PEREZ Lucia		Senior fem 5K		30:51.4	10:21.9
137	1480	DEL SEL GESTOSO Paula		Senior fem 5K		30:51.7	10:22.2
138	1569	FREIJO RODRIGUEZ Estela	MÁIS QUE AUG	Senior fem 5K		30:57.4	10:27.9
139	1488	GONZALEZ NUÑE Carla		Senior fem 5K		31:00.4	10:30.9
140	1466	GARCIA DEL CAMPO Sarah		Senior fem 5K		31:00.9	10:31.4
141	1437	MARTINEZ MELENDEZ Alba	X-ONE	Senior fem 5K		31:01.3	10:31.8
142	1478	RAMOS ALLONES Maria		Senior fem 5K		31:01.7	10:32.2
143	1330	CELADA CIVIDANES Rosina	PROFAND 5	Veteranas B 5K		31:02.7	10:33.2
144	1371	VARELA DOMINGUEZ Paula		Veteranas B 5K		31:03.3	10:33.8
145	1429	TOYOS Raquel		Senior fem 5K		31:04.4	10:34.9
146	1420	VIDAL GARCIA Antia		Senior fem 5K		31:09.1	10:39.6
147	1458	ALVAREZ COSTAS Noelia		Senior fem 5K		31:11.8	10:42.3
148	1486	COTA ESPÍÑ Noelia		Senior fem 5K		31:12.1	10:42.6
149	1295	ESPIÑO VAZQUE Celeste		Veteranas C 5K		31:12.2	10:42.7
150	1322	COVARRUBIAS CUESTA Paulina	REAL CLUB CELTA ATLETISMO	Veteranas B 5K		31:20.9	10:51.4
151	1541	ALVAREZ MIGUEZ Andrea		Senior fem 5K		31:25.1	10:55.6
152	1530	BALLESTA GARCIA Belen	AB ACTIVE BALANCE	Senior fem 5K		31:25.5	10:56.0
153	1320	SUAREZ MOSQUERA Cristina		Veteranas B 5K		31:27.9	10:58.4
154	1384	HERNANDEZ GRAÑ Marta		Veteranas A 5K		31:36.7	11:07.2
155	1525	COUTO CASTRO Paula		Senior fem 5K		31:38.8	11:09.3
156	1362	MARTINEZ ESMERODE Rocio	EUROBANAN	Veteranas B 5K		31:39.1	11:09.6
157	1514	ALVAREZ EXPOSITO Susana	EUROBANAN	Senior fem 5K		31:39.4	11:09.9
158	1470	FERRER MOURE Julia		Senior fem 5K		31:44.0	11:14.5
159	1372	MIGUEZ VAZQUEZ Cristina		Veteranas B 5K		31:46.0	11:16.5
160	1459	BROULLON MONTERO Iria		Senior fem 5K		31:47.0	11:17.5
161	1472	BARANDELA GONZALEZ Marta		Senior fem 5K		31:48.1	11:18.6
161	1394	SEOANE GIL Andrea		Veteranas A 5K		31:48.1	11:18.6
163	1426	PRENDES SOUTO Estela		Senior fem 5K		31:50.9	11:21.4
164	1591	DEL VALLE PUGA Maria		Sub-20 fem 5K		31:52.5	11:23.0
165	1416	SOTO SOTO Vanesa		Veteranas A 5K		31:53.3	11:23.8
166	1441	MARTINEZ PUMAR Sandra		Senior fem 5K		31:54.3	11:24.8
167	1442	RODRIGUEZ CARDOSO Elena		Senior fem 5K		31:56.3	11:26.8
168	1487	BARROS Lucia		Senior fem 5K		31:58.8	11:29.3
169	1477	MELEIRO LAGO Laura		Senior fem 5K		32:08.3	11:38.8
170	1544	PENA GOMEZ Andrea		Senior fem 5K		32:12.3	11:42.8
171	1474	VERA MARROQUIN Derly Vanesa		Senior fem 5K		32:15.0	11:45.5
172	1568	CODIAS Lidia		Senior fem 5K		32:20.9	11:51.4
173	1516	VILLARINO GARCIA Nerea		Senior fem 5K		32:23.4	11:53.9
174	1450	SUAREZ MATO Maria		Senior fem 5K		32:24.1	11:54.6
175	1506	LLACER MOSCADOR Amelia		Senior fem 5K		32:25.5	11:56.0
176	1510	MALVAR AMOEDO Noelia		Senior fem 5K		32:31.4	12:01.9

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177	1566	CRESPO LAGO Natalia		Senior fem 5K		32:44.1	12:14.6
178	1513	MENDUIÑA BESAD Alba		Senior fem 5K		32:47.9	12:18.4
179	1555	FERNANDEZ ALONSO Daniela		Senior fem 5K		32:49.7	12:20.2
180	1549	ABRAIRA ROMERO Paula		Senior fem 5K		32:50.1	12:20.6
181	1348	ALVES ROMAN Ana Maria	PEÑA TREVINCA MONTAÑEIRO DE	Veteranas B 5K		33:01.2	12:31.7
182	1313	MARTINEZ-HERRERA HERNANDEZ Belen		Veteranas B 5K		33:02.5	12:33.0
183	1538	URQUIJO PEREZ Elena		Senior fem 5K		33:03.0	12:33.5
184	1547	FERNANDEZ ALCANTUD Marta		Senior fem 5K		33:03.4	12:33.9
185	1491	CRISPIN Eva		Senior fem 5K		33:08.9	12:39.4
186	681	MARTINEZ DIAZ Gemma		Veteranas A 5K		33:15.3	12:45.8
187	1432	GONZALEZ GONZALEZ Lorena		Senior fem 5K		33:16.6	12:47.1
188	1445	RODRIGUEZ ALVAREZ Sara		Senior fem 5K		33:16.7	12:47.2
189	1444	ALADRO ALAEZ Nonia		Senior fem 5K		33:16.8	12:47.3
190	1431	TUÑAS CAAMA Antia		Senior fem 5K		33:18.8	12:49.3
191	1353	RODRIGUEZ ALARCON Sabela		Veteranas B 5K		33:20.9	12:51.4
192	653	PEITEADO PENIDE Beatriz		Veteranas C 5K		33:23.8	12:54.3
193	1452	ALONSO PEREZ Maria	PROFAND 5	Senior fem 5K		33:25.8	12:56.3
193	1334	GONZALEZ GROBA Rebeca	AC CASTRELOS TRAIL CLUB	Veteranas B 5K		33:25.8	12:56.3
193	793	ACEA REY Cova	PROFAND 10	Senior Fem 5K		33:25.8	12:56.3
196	1299	OTERO MIGUEZ Esther		Veteranas C 5K		33:26.0	12:56.5
197	1593	VALVERDE VAZQUEZ Antia		Sub-20 fem 5K		33:28.3	12:58.8
198	1567	ULLOA GARCIA Carla		Senior fem 5K		33:30.7	13:01.2
199	1412	FERRER MOURE Carmen		Veteranas A 5K		33:32.0	13:02.5
200	1581	CRESPO LAGO Paula		Sub-23 fem 5K		33:33.1	13:03.6
200	1580	LAGO ALONSO Andrea		Sub-23 fem 5K		33:33.1	13:03.6
202	1500	DOMINGUEZ Ana		Senior fem 5K		33:37.0	13:07.5
203	1560	FEITOSA MEDEIROS Carolina		Senior fem 5K		33:40.8	13:11.3
204	1574	RODRIGUEZ FERNANDEZ Sara		Sub-23 fem 5K		33:41.5	13:12.0
205	1359	IGNACIO PEREZ Luz		Veteranas B 5K		33:51.3	13:21.8
206	1471	PEREIRA PINILLA Elisa		Senior fem 5K		33:54.4	13:24.9
207	1484	OÑEDERRA IRIART Libe		Senior fem 5K		33:57.2	13:27.7
208	1424	OÑEDERRA IRIART Jone		Senior fem 5K		33:57.5	13:28.0
209	1515	CAMESELLE CONDE Ana		Senior fem 5K		33:58.2	13:28.7
210	1585	FERNANDEZ ARGIBAY Carla		Sub-23 fem 5K		33:59.1	13:29.6
211	1356	SUAREZ MARTINEZ Marta		Veteranas B 5K		34:03.6	13:34.1
212	1523	RODRIGUEZ Nerea		Senior fem 5K		34:05.2	13:35.7
213	1401	DURAN COUÑAG Anxela		Veteranas A 5K		34:05.5	13:36.0
214	1502	BLANCO MILLARA Paula		Senior fem 5K		34:06.4	13:36.9
215	1520	ALONSO MORENO Antia		Senior fem 5K		34:09.4	13:39.9
216	1505	CASTILLO Mical	MÁIS QUE AUG	Senior fem 5K		34:17.2	13:47.7
217	1481	FRAGA Paula		Senior fem 5K		34:19.5	13:50.0
218	1586	CABALEIRO BARBERO Rebeca		Sub-23 fem 5K		35:08.4	14:38.9

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Cl	Dor.	Apellidos y nombre	Equipo	Categoría	Inter 1 (Cl)	Tiempo	Diferencia
218	1584	GAMA BELLO Melissa		Sub-23 fem 5K		35:08.4	14:38.9
220	758	MARQUES CADETTE Kauane Kaulin		Senior Fem 5K		35:49.6	15:20.1
221	1578	FERNANDEZ ALVAREZ Patricia		Sub-23 fem 5K		35:51.5	15:22.0
221	1275	ALVAREZ ALVAREZ Carmen		Veteranas C 5K		35:51.5	15:22.0
223	1357	SOTO SOBRAL Maria Jose		Veteranas B 5K		35:52.4	15:22.9
224	1388	LOPEZ LOPEZ Maria		Veteranas A 5K		35:53.6	15:24.1
225	1430	VILAN PEREZ Maria		Senior fem 5K		35:54.2	15:24.7
226	1411	BLANCO RODRIGUEZ Lucia	PROFAND 5	Veteranas A 5K		35:54.6	15:25.1
227	1283	PEREZ BLANCO Monica	CLUB PIRAGÜISMO OLIVIC	Veteranas C 5K		36:01.8	15:32.3
228	1573	VIDAL REÑONE Cris		Sub-23 fem 5K		36:02.2	15:32.7
228	1563	RODRIGUEZ DOMINGUEZ Ainhoa		Senior fem 5K		36:02.2	15:32.7
230	1300	DOMINGUEZ MOURIÑ Naty		Veteranas C 5K		36:02.7	15:33.2
231	1511	CHACON VELASCO Aitana		Senior fem 5K		36:03.0	15:33.5
232	1531	RODRIGUEZ CABALEIRO Yaeel		Senior fem 5K		36:03.4	15:33.9
233	1289	GOMEZ Belen	MÁIS QUE AUG	Veteranas C 5K		36:12.7	15:43.2
234	1378	RAMPELLO Maria Laura		Veteranas A 5K		36:27.4	15:57.9
235	1572	ADAME ALVAREZ Cristina	AGRUPACIÓN VIGUESA DE ATLETISM	Sub-23 fem 5K		36:45.0	16:15.5
236	1507	MATEOS Irene		Senior fem 5K		36:59.5	16:30.0
237	1427	GRAÑ Sara		Senior fem 5K		37:01.2	16:31.7
238	1582	OTERO LAGO Xiana		Sub-23 fem 5K		37:19.3	16:49.8
238	1579	BARREIRO QUINTEIRO Celia		Sub-23 fem 5K		37:19.3	16:49.8
240	1448	POPA Madalina		Senior fem 5K		37:40.8	17:11.3
241	1311	CASTIÑEIRAS CEL Maria		Veteranas B 5K		38:28.7	17:59.2
242	1614	CORTIZO Maria		Veteranas B 5K		38:36.0	18:06.5
243	1503	JANEIRO CATOIRA Candela		Senior fem 5K		38:49.2	18:19.7
244	1102	MARCELINO OUTON Paula		Veteranas B 5K		39:37.3	19:07.8
245	1395	USECHE Yineska		Veteranas A 5K		39:42.6	19:13.1
246	1453	GALLEGO CALVAR Angeles	PROFAND 5	Senior fem 5K		39:48.1	19:18.6
247	821	VIDAL SOTO Raquel		Senior Fem 5K		39:55.1	19:25.6
248	1277	CACERES MEJUTO Cristina		Veteranas C 5K		40:05.7	19:36.2
249	1408	RODRIGUEZ RODRIGUEZ Veronica		Veteranas A 5K		40:32.8	20:03.3
250	1280	RODRIGUEZ BRANDARIZ Mercedes		Veteranas C 5K		40:34.1	20:04.6
251	1310	REY TEIXEIRA Paula		Veteranas B 5K		40:56.2	20:26.7
252	1285	REY TEIXEIRA Rosa Maria		Veteranas C 5K		40:56.3	20:26.8
253	1616	ORLANDO Crystal		Veteranas B 5K		42:15.9	21:46.4
254	1	MOURIÑO TERRAZ Marian		Veteranas C 5K		42:16.4	21:46.9
255	1360	PEREZ ESTEVEZ Corinne		Veteranas B 5K		43:05.0	22:35.5
256	1509	FERRIN ARES Adriana		Senior fem 5K		43:36.6	23:07.1
257	1587	COMESANA VAZQUEZ Silvia		Sub-20 fem 5K		43:38.2	23:08.7
258	1561	MARTINEZ GALLEGO Raquel		Senior fem 5K		44:58.7	24:29.2
259	1272	COLLAZO CONDE Clara	RUN FOREST RUN	Veteranas D 5K		44:59.0	24:29.5
260	1273	ALONSO FERNANDEZ Dolores		Veteranas D 5K		47:56.4	27:26.9

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261	1274	ALONSO FERNANDEZ Auri		Veteranas D 5K		47:57.0	27:27.5
262	639	MORGADAS LOIS Cristina		Veteranas C 5K		49:15.2	28:45.7
263	1302	PEREZ GONZALEZ Maria		Veteranas B 5K		49:48.0	29:18.5
264	1396	SANDERS COLLAZO Sana	RUN FOREST RUN	Veteranas A 5K		50:32.5	30:03.0
265	1270	COLLAZO CONDE Chelo	RUN FOREST RUN	Veteranas D 5K		50:33.2	30:03.7
266	1341	RODRIGUEZ LOPEZ Emilia	EUROBANAN	Veteranas B 5K		51:44.1	31:14.6
267	1305	COSTAS COMESAÑ Paula	EUROBANAN	Veteranas B 5K		51:45.3	31:15.8
268	705	PEREIRA ALVAREZ Cristina		Veteranas A 5K		1h02:16.5	41:47.0
269	1281	COSTAS OTERO Rosa		Veteranas C 5K		1h05:55.6	45:26.1
270	1288	ROJO LAGO Carolina		Veteranas C 5K		1h06:03.1	45:33.6

DISCAMINO

1	701	MARTINEZ ROMAN Laura	DISCAMINO	DISCAMINO		8:57.9	
2	159	FERNANDEZ COSTA Gerardo	DISCAMINO	DISCAMINO		9:12.6	14.7
3	597	FERNANDEZ MARTINEZ Samuel	DISCAMINO	DISCAMINO		9:18.3	20.4
4	589	PINO GARCIA Marco	DISCAMINO	DISCAMINO		9:21.9	24.0
5	335	BACELO VELOSO Ismael	DISCAMINO	DISCAMINO		9:27.3	29.4
6	35	SERTAL BARREIRO Edu	DISCAMINO	DISCAMINO		9:34.2	36.3
7	578	SANCHEZ CASADO Unai	DISCAMINO	DISCAMINO		9:37.4	39.5
8	69	SANCHEZ SUEIRO Koko	DISCAMINO	DISCAMINO		9:37.5	39.6
9	673	CAMPO SOLIÑ Eva	DISCAMINO	DISCAMINO		9:43.3	45.4
10	39	CHAO DIAZ Chema	DISCAMINO	DISCAMINO		9:53.3	55.4
11	617	LAGO PEREZ Cesar	DISCAMINO	DISCAMINO		10:15.0	1:17.1
12	652	SOAGE SAS Ana	DISCAMINO	DISCAMINO		10:30.4	1:32.5
13	628	NAÑEZ GONZALE Goya	DISCAMINO	DISCAMINO		10:37.9	1:40.0
14	15	PURAS HERNANDEZ Jose Antonio	DISCAMINO	DISCAMINO		10:38.4	1:40.5
15	640	ARAYA CRESPO Rosibel	DISCAMINO	DISCAMINO		13:56.3	4:58.4
16	1622	Anthony	DISCAMINO	DISCAMINO		13:56.7	4:58.8
17	717	GOMEZ ASTARIZ Camen	DISCAMINO	DISCAMINO		14:00.3	5:02.4
18	331	ESCOBAR MOLINERO Ramon	DISCAMINO	DISCAMINO		14:00.7	5:02.8
19	344	RIVERA ESTEVEZ Aitor	DISCAMINO	DISCAMINO		14:05.6	5:07.7
20	624	RIOS PENA Alberto	DISCAMINO	DISCAMINO		14:08.5	5:10.6
21	648	PEREIRO PIAI Paula	DISCAMINO	DISCAMINO		14:13.4	5:15.5
22	8	MONTEMUIÑO SANTO Manuel	DISCAMINO	DISCAMINO		14:13.6	5:15.7
23	627	MORAL RUBIO Isa	DISCAMINO	DISCAMINO		14:57.1	5:59.2
24	625	GALLEGO SUAREZ Martin	DISCAMINO	DISCAMINO		16:59.3	8:01.4
25	146	ARZA PARRACIA Oscar	DISCAMINO	DISCAMINO		17:37.5	8:39.6
26	98	ARZA Eliseo	DISCAMINO	DISCAMINO		17:37.6	8:39.7
27	860	ABALLE RIOBO Andreia	DISCAMINO	DISCAMINO		19:33.2	10:35.3
28	130	SUAREZ ESTEVEZ Jose Antonio	DISCAMINO	DISCAMINO		24:12.6	15:14.7

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29	412	FERNANDEZ IGLESIAS Abraham	DISCAMINO	DISCAMINO		24:13.4	15:15.5
30	442	BARTOLOME FERNANDEZ Juan	DISCAMINO	DISCAMINO		24:13.5	15:15.6

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