



MenoEndur 2024

Clasificación General

Clt	Dor.	Apellidos y nombre	Categoría	(Clt)	T1	Clt	T2	Clt	T3	Clt	T4	Clt	T5	Clt	Tiempo	Diferencia
MASCULINA																
1	1	VEIGA AMADO Marco	ÉLITE	(1)	3:29.308	(1)	3:10.211	(2)	3:29.938	(1)	2:42.476	(1)	3:28.328	(1)	16:20.261	
2	4	MENÉNDEZ GONZÁLEZ Diego	SUB 23	(1)	3:37.051	(2)	3:06.993	(1)	3:36.527	(2)	2:45.031	(2)	3:30.992	(2)	16:36.594	16.333
3	3	FUERTESECO Diego	MÁSTER 30	(1)	3:43.270	(4)	3:18.355	(5)	3:43.515	(3)	2:50.941	(3)	3:42.855	(6)	17:18.936	58.675
4	10	FERNÁNDEZ BLANCO Hugo	SUB 18	(1)	3:40.606	(3)	3:15.832	(3)	3:45.808	(4)	2:57.410	(7)	3:45.879	(8)	17:25.535	1:05.274
5	5	DÍEZ ARRIOLA Jose Antonio	MÁSTER 40	(1)	3:55.961	(10)	3:17.996	(4)	3:46.308	(5)	2:55.316	(4)	3:42.363	(4)	17:37.944	1:17.683
6	118	PÉREZ CUÑA Jorge	SUB 18	(2)	3:54.164	(9)	3:21.574	(6)	3:53.950	(7)	3:02.450	(10)	3:39.019	(3)	17:51.157	1:30.896
7	11	DÍAZ FEITO Alberto	ÉLITE	(2)	3:45.813	(5)	3:27.492	(7)	3:48.762	(6)	2:57.746	(8)	3:53.461	(12)	17:53.274	1:33.013
8	14	IGLESIAS MEDINA Rodrigo	ÉLITE	(3)	3:47.488	(6)	3:31.000	(12)	4:04.695	(12)	2:56.500	(5)	3:42.621	(5)	18:02.304	1:42.043
9	110	ARIAS FERNÁNDEZ Diego / RORIGUEZ PANIZO Jorge	PAREJAS	(1)	3:48.082	(7)	3:28.746	(9)	3:58.313	(9)	2:56.782	(6)	3:51.137	(9)	18:03.060	1:42.799
10	12	CASARES Alex	SUB 18	(3)	3:52.371	(8)	3:28.546	(8)	4:21.766	(27)	3:01.695	(9)	3:44.347	(7)	18:28.725	2:08.464
11	6	ABIA MORÁN Héctor	ÉLITE	(4)	3:59.535	(13)	3:33.441	(14)	3:57.183	(8)	3:02.781	(11)	3:55.992	(13)	18:28.932	2:08.671
12	20	YLLANA Diego	MÁSTER 30	(2)	4:02.438	(17)	3:39.164	(17)	3:59.825	(10)	3:02.941	(12)	3:51.942	(11)	18:36.310	2:16.049
13	23	ÁLVAREZ GARCIA Fernando	MÁSTER 40	(2)	3:58.168	(12)	3:30.305	(11)	4:05.297	(13)	3:09.481	(16)	3:59.027	(16)	18:42.278	2:22.017
14	9	GARCÍA PENA Miguel	ÉLITE	(5)	4:02.375	(16)	3:35.731	(15)	4:04.668	(11)	3:04.789	(14)	3:57.676	(15)	18:45.239	2:24.978
15	112	PADÍN CIFUENTES Jorge / MERAYO ÁLVAREZ Alejandro	PAREJAS	(2)	4:07.176	(20)	3:29.114	(10)	4:06.977	(15)	3:10.527	(18)	3:56.410	(14)	18:50.204	2:29.943
16	21	SERAFINI RUIZ DÍAZ José	MÁSTER 30	(3)	4:02.102	(15)	3:41.847	(19)	4:06.164	(14)	3:15.668	(22)	4:05.136	(20)	19:10.917	2:50.656
17	17	RELLÁN Jorge	MÁSTER 40	(3)	4:03.641	(18)	3:40.863	(18)	4:15.614	(23)	3:10.680	(19)	4:05.339	(21)	19:16.137	2:55.876
18	32	ALVÁREZ ALVÁREZ Jonatan	MÁSTER 30	(4)	4:00.414	(14)	3:44.629	(25)	4:13.946	(21)	3:14.714	(21)	4:02.446	(19)	19:16.149	2:55.888
19	35	UDAONDO Iván	MÁSTER 40	(4)	4:14.879	(28)	3:44.281	(24)	4:12.418	(18)	3:18.723	(23)	4:09.145	(23)	19:39.446	3:19.185
20	116	LÓPEZ FERNÁNDEZ Francisco Manu CORRAL BAAMONDE Rubén	PAREJAS	(3)	4:27.269	(39)	3:44.031	(23)	4:25.668	(30)	3:12.000	(20)	4:16.140	(25)	20:05.108	3:44.847
21	8	BATALLA FERNÁNDEZ Luis Miguel	SUB 23	(2)	4:18.883	(30)	3:49.383	(27)	4:21.473	(26)	3:19.965	(24)	4:16.813	(26)	20:06.517	3:46.256
22	15	BARRIO LÓPEZ Andy	SUB 23	(3)	4:14.656	(27)	3:50.141	(29)	4:15.109	(22)	3:23.984	(27)	4:27.938	(36)	20:11.828	3:51.567
23	24	GONZÁLEZ MAURIZ Marcos	ÉLITE	(6)	4:15.102	(29)	3:42.382	(20)	4:13.883	(20)	3:36.421	(38)	4:26.051	(33)	20:13.839	3:53.578
24	13	ARIAS ÁLVAREZ Ángel	ÉLITE	(7)	5:18.480	(49)	3:39.051	(16)	4:07.113	(16)	3:10.285	(17)	3:59.973	(17)	20:14.902	3:54.641
25	114	LÓPEZ GONZÁLEZ David / LÓPEZ GONZALEZ Fernando	PAREJAS	(4)	4:12.539	(23)	4:11.808	(42)	4:13.879	(19)	3:20.715	(25)	4:21.106	(27)	20:20.047	3:59.786
26	122	GAITERO GONZÁLEZ Alex	SUB 18	(4)	4:22.340	(34)	3:43.477	(22)	4:29.402	(32)	3:24.215	(28)	4:22.035	(29)	20:21.469	4:01.208
27	37	MESÍAS PITA José Darío	MÁSTER 50	(1)	4:12.390	(22)	3:53.090	(32)	4:27.566	(31)	3:31.871	(36)	4:21.613	(28)	20:26.530	4:06.269
28	30	GARCÍA LEMA César	MÁSTER 30	(5)	4:22.301	(33)	3:54.340	(34)	4:20.125	(24)	3:28.907	(33)	4:22.515	(30)	20:28.188	4:07.927



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29	25	GALÁN LÓPEZ Noel	ÉLITE	(8)	4:18.902	(31)	3:58.594	(36)	4:21.242	(25)	3:29.008	(34)	4:23.668	(32)	20:31.414	4:11.153
30	28	SOUTO PRIETO Raúl	ÉLITE	(9)	4:22.797	(37)	3:55.789	(35)	4:23.894	(29)	3:28.441	(32)	4:22.722	(31)	20:33.643	4:13.382
31	29	INFANTE FERNÁNDEZ Cristian	MÁSTER 30	(6)	4:31.676	(41)	3:53.641	(33)	4:33.504	(34)	3:24.824	(29)	4:13.105	(24)	20:36.750	4:16.489
32	34	MARÁN PENA Fernando Diego	MÁSTER 40	(5)	4:13.313	(25)	3:51.187	(30)	4:23.692	(28)	4:09.590	(46)	4:08.996	(22)	20:46.778	4:26.517
33	16	FERNÁNDEZ MATEO Álvaro	ÉLITE	(10)	4:14.083	(26)	3:51.758	(31)	4:49.090	(40)	3:21.957	(26)	4:44.257	(43)	21:01.145	4:40.884
34	26	CURTO FENTE Marcos	MÁSTER 40	(6)	4:26.117	(38)	4:02.496	(39)	4:35.867	(35)	3:34.817	(37)	4:29.859	(37)	21:09.156	4:48.895
35	41	LOURO VILARIÑO Marcos	MÁSTER 40	(7)	4:40.051	(43)	3:58.668	(37)	4:39.914	(38)	3:27.289	(30)	4:26.082	(34)	21:12.004	4:51.743
36	27	CALVO ÁLVAREZ Juan José	MÁSTER 30	(7)	4:34.531	(42)	4:05.804	(40)	4:36.847	(37)	3:29.273	(35)	4:27.563	(35)	21:14.018	4:53.757
37	18	FERNÁNDEZ MUÑIZ Marcos	SUB 18	(5)	4:13.149	(24)	3:59.097	(38)	4:50.219	(41)	3:42.036	(40)	4:39.035	(40)	21:23.536	5:03.275
38	19	GARCÍA GONZALEZ David	SUB 23	(4)	4:28.340	(40)	4:14.430	(43)	4:36.598	(36)	3:46.817	(44)	4:43.953	(41)	21:50.138	5:29.877
39	36	PÉREZ Yago	MÁSTER 50	(2)	4:48.446	(45)	4:14.910	(44)	4:44.047	(39)	3:45.653	(42)	4:36.586	(39)	22:09.642	5:49.381
40	33	VALLE ROLDÁN Pablo	SUB 23	(5)	4:22.258	(32)	4:20.266	(47)	5:17.637	(44)	3:40.735	(39)	4:54.133	(44)	22:35.029	6:14.768
41	42	CAO MOSQUERA Jesús	MÁSTER 50	(3)	4:54.438	(47)	4:17.277	(45)	5:27.887	(45)	3:45.805	(43)	4:44.160	(42)	23:09.567	6:49.306
42	44	GARCÍA BLANCO ALONSO Carlos Ricardo	MÁSTER 50	(4)	5:03.324	(48)	4:20.074	(46)	5:05.516	(42)	3:56.684	(45)	4:58.679	(45)	23:24.277	7:04.016
43	22	IÑARREA CUERVO Alejandro	MÁSTER 40	(8)	4:50.988	(46)	4:21.133	(48)	5:05.629	(43)	4:09.722	(47)	5:18.887	(46)	23:46.359	7:26.098

FEMENINA

1	105	YUSTO SÁNCHEZ Sara	FÉMINA	(1)	4:06.039	(1)	3:35.652	(1)	4:06.945	(1)	3:20.949	(2)	4:07.871	(1)	19:17.456	
2	107	MENÉNDEZ GONZÁLEZ Natalia	FÉMINA	(2)	4:20.007	(2)	3:40.813	(2)	4:11.223	(2)	3:15.277	(1)	4:13.055	(2)	19:40.375	22.919
3	109	GUERRERO ABELLA Jénifer	FÉMINA	(3)	6:05.777	(4)	4:52.586	(3)	6:40.433	(3)	4:39.449	(3)	5:53.438	(3)	28:11.683	8:54.227

EBIKE MASCULINA

1	49	FERNÁNDEZ QUIROGA Javier	EBIKE ELITE	(1)	3:39.082	(1)	3:18.773	(4)	3:40.918	(2)	2:46.680	(1)	3:34.664	(1)	17:00.117	
2	65	VIÑA COTO Adry	EBIKE MÁSTER	(1)	3:40.848	(2)	3:13.969	(1)	3:40.168	(1)	2:51.007	(2)	3:49.246	(6)	17:15.238	15.121
3	91	GAYO PIÑEIRO Jose Eugenio	EBIKE MÁSTER	(2)	3:54.778	(7)	3:15.566	(2)	3:48.804	(5)	2:51.477	(4)	3:38.555	(2)	17:29.180	29.063
4	81	MADRID Iván	EBIKE MÁSTER	(3)	3:46.750	(4)	3:16.200	(3)	3:48.433	(4)	2:51.242	(3)	3:51.625	(10)	17:34.250	34.133
5	100	MENÉNDEZ MENÉNDEZ Norberto Serafín	EBIKE MÁSTER	(4)	3:46.340	(3)	3:23.164	(5)	3:47.527	(3)	2:53.023	(5)	3:46.586	(4)	17:36.640	36.523



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6	50	SOTO GONZÁLEZ Francisco	EBIKE ELITE	(2)	3:55.172	(9)	3:23.910	(6)	3:53.601	(7)	2:53.938	(6)	3:44.824	(3)	17:51.445	51.328
7	48	PANIZO FERNÁNDEZ Bruno	EBIKE MÁSTER	(5)	3:52.461	(5)	3:24.649	(8)	3:53.407	(6)	2:55.551	(7)	3:49.579	(7)	17:55.647	55.530
8	57	PAZOS RODRÍGUEZ David	EBIKE MÁSTER	(6)	3:53.593	(6)	3:24.211	(7)	3:58.192	(9)	2:58.933	(9)	3:51.098	(8)	18:06.027	1:05.910
9	51	HERNÁNDEZ SERNÁNDEZ Diego	EBIKE MÁSTER	(7)	3:54.973	(8)	3:30.296	(9)	3:57.676	(8)	2:57.395	(8)	3:47.301	(5)	18:07.641	1:07.524
10	72	DOMÍNGUEZ RAMOS Rodrigo	EBIKE MÁSTER	(8)	4:02.078	(11)	3:30.750	(10)	4:05.156	(13)	3:01.352	(10)	3:51.457	(9)	18:30.793	1:30.676
11	56	GÓMEZ RODRÍGUEZ Diego	EBIKE MÁSTER	(9)	4:00.265	(10)	3:38.906	(15)	4:02.856	(10)	3:07.051	(13)	4:06.300	(13)	18:55.378	1:55.261
12	80	SAGUILLO PÉREZ Diego	EBIKE MÁSTER	(10)	4:03.512	(12)	3:32.644	(11)	4:12.516	(17)	3:03.305	(11)	4:07.606	(16)	18:59.583	1:59.466
13	88	GONZÁLEZ ALONSO Alex	EBIKE MÁSTER	(11)	4:22.247	(27)	3:36.136	(14)	4:05.136	(11)	3:03.308	(12)	3:55.058	(11)	19:01.885	2:01.768
14	54	CALVO ALVÁREZ Jorge	EBIKE MÁSTER	(12)	4:04.203	(14)	3:39.504	(16)	4:09.586	(15)	3:08.324	(14)	4:08.723	(17)	19:10.340	2:10.223
15	53	ARIAS DÍAZ Adrian	EBIKE ELITE	(3)	4:03.524	(13)	3:34.563	(12)	4:05.152	(12)	3:19.856	(21)	4:09.957	(18)	19:13.052	2:12.935
16	90	PEREIRA OLIVEIRA Óscar	EBIKE MÁSTER	(13)	4:15.969	(19)	3:40.262	(17)	4:11.293	(16)	3:12.781	(16)	4:04.086	(12)	19:24.391	2:24.274
17	55	POTES TEIJÓN Jair	EBIKE MÁSTER	(14)	4:08.207	(15)	3:41.606	(18)	4:05.668	(14)	3:12.285	(15)	4:34.004	(32)	19:41.770	2:41.653
18	78	PEREIRA FERNÁNDEZ Samuel	EBIKE MÁSTER	(15)	4:13.523	(17)	3:45.445	(21)	4:23.446	(22)	3:16.800	(19)	4:06.523	(14)	19:45.737	2:45.620
19	71	SAIZ SÁNCHEZ Alfredo	EBIKE MÁSTER	(16)	4:12.520	(16)	3:42.102	(19)	4:24.239	(23)	3:22.633	(27)	4:07.512	(15)	19:49.006	2:48.889
20	85	PÉREZ SUAREZ Arsenio	EBIKE MÁSTER	(17)	4:16.589	(21)	3:35.582	(13)	4:24.313	(24)	3:21.101	(25)	4:13.184	(20)	19:50.769	2:50.652
21	59	CARNICERO VILLAZALA Samuel	EBIKE ELITE	(4)	4:17.918	(22)	3:45.664	(22)	4:16.082	(18)	3:20.910	(24)	4:12.024	(19)	19:52.598	2:52.481
22	77	CORRAL FERNÁNDEZ César	EBIKE MÁSTER	(18)	4:14.215	(18)	3:52.949	(25)	4:22.000	(20)	3:15.402	(17)	4:13.231	(21)	19:57.797	2:57.680
23	75	FREITAS Roberto	EBIKE MÁSTER	(19)	4:22.004	(25)	3:43.825	(20)	4:30.136	(27)	3:15.692	(18)	4:31.277	(27)	20:22.934	3:22.817
24	64	ZAMBRANO MACEDA David	EBIKE MÁSTER	(20)	4:26.418	(28)	3:47.824	(23)	4:19.625	(19)	3:20.211	(22)	4:29.707	(26)	20:23.785	3:23.668
25	62	SAN MARTÍN DE FUENTES Gonzalo	EBIKE MÁSTER	(21)	4:21.765	(24)	3:53.113	(26)	4:25.039	(25)	3:20.578	(23)	4:24.629	(25)	20:25.124	3:25.007
26	69	CONDE MOLDES Roberto	EBIKE MÁSTER	(22)	4:28.586	(29)	3:55.262	(28)	4:23.140	(21)	3:27.262	(29)	4:16.933	(22)	20:31.183	3:31.066
27	74	PUGA PÉREZ Eduardo	EBIKE MÁSTER	(23)	4:45.144	(31)	3:51.703	(24)	4:26.722	(26)	3:17.335	(20)	4:21.180	(23)	20:42.084	3:41.967
28	93	ARES ROUCO Héctor	EBIKE MÁSTER	(24)	4:29.395	(30)	3:58.110	(29)	4:31.664	(28)	3:29.207	(31)	4:31.847	(28)	21:00.223	4:00.106
29	95	PINHEIRO HENRIQUES Vítor Manuel	EBIKE MÁSTER	(25)	5:01.086	(37)	3:53.769	(27)	4:33.738	(30)	3:24.305	(28)	4:23.418	(24)	21:16.316	4:16.199
30	82	SIMÉN Diego	EBIKE MÁSTER	(26)	4:50.410	(32)	4:09.605	(32)	4:49.152	(32)	3:27.516	(30)	4:33.348	(31)	21:50.031	4:49.914
31	79	DE JUAN GUTIÉRREZ Javier	EBIKE MÁSTER	(27)	4:50.551	(33)	4:02.633	(30)	4:49.387	(33)	3:35.489	(33)	4:40.812	(36)	21:58.872	4:58.755
32	73	FERNÁNDEZ ESTEBAN David	EBIKE ELITE	(5)	4:22.192	(26)	4:13.524	(34)	5:15.523	(40)	3:36.992	(34)	4:33.176	(29)	22:01.407	5:01.290
33	58	HERNÁNDEZ SIMÓN Víctor	EBIKE MÁSTER	(28)	5:04.586	(39)	4:17.511	(39)	4:46.906	(31)	3:34.024	(32)	4:36.953	(33)	22:19.980	5:19.863
34	86	CORRAL Manuel	EBIKE MÁSTER	(29)	4:51.227	(34)	4:14.582	(35)	4:59.324	(38)	3:44.812	(39)	4:33.192	(30)	22:23.137	5:23.020
35	60	SIMÓN CABEZAS David Abel	EBIKE MÁSTER	(30)	4:58.504	(36)	4:26.352	(41)	4:55.379	(35)	3:39.242	(35)	4:37.184	(34)	22:36.661	5:36.544
36	97	YUSTO DEL CANTO José Luis	EBIKE MÁSTER	(31)	4:52.574	(35)	4:14.828	(37)	4:53.332	(34)	3:43.824	(38)	5:02.778	(39)	22:47.336	5:47.219



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37	76	GONZLEZ MARTINEZ Amado	EBIKE MÁSTER	(32)	5:14.000	(43)	4:15.152	(38)	4:56.996	(37)	3:43.668	(37)	4:43.325	(37)	22:53.141	5:53.024
38	52	VOCES CUADRADO Alfredo	EBIKE MÁSTER	(33)	4:21.723	(23)	4:12.082	(33)	4:31.777	(29)	3:22.469	(26)	6:26.953	(44)	22:55.004	5:54.887
39	83	SUÁREZ FERNÁNDEZ Jorge	EBIKE MÁSTER	(34)	5:02.223	(38)	4:14.762	(36)	4:55.617	(36)	4:07.629	(42)	5:05.024	(40)	23:25.255	6:25.138
40	94	MARIÑO ROUCO Angel	EBIKE MÁSTER	(35)	5:10.758	(40)	4:07.555	(31)	5:15.606	(41)	3:39.242	(35)	5:14.047	(41)	23:27.208	6:27.091
41	66	RODRIGUEZ BLANCO Álvaro	EBIKE MÁSTER	(36)	5:12.269	(42)	4:29.855	(42)	5:18.864	(42)	3:56.754	(41)	4:40.789	(35)	23:38.531	6:38.414
42	67	FREIRIA GIRÁLDEZ Domingo	EBIKE MÁSTER	(37)	5:25.211	(45)	4:46.949	(43)	5:21.856	(43)	3:47.222	(40)	4:50.785	(38)	24:12.023	7:11.906
43	68	BLANCO ALVÁREZ Luis	EBIKE ELITE	(6)	5:12.218	(41)	4:26.328	(40)	5:10.156	(39)	4:13.859	(43)	5:18.300	(42)	24:20.861	7:20.744
44	70	GONZÁLEZ DE GUEVARA Isaac	EBIKE MÁSTER	(38)	5:45.141	(47)	4:47.840	(44)	5:25.137	(44)	4:22.714	(44)	6:39.383	(45)	27:00.215	10:00.098
45	96	ORTEGA CASTRO Iván	EBIKE ELITE	(7)	5:28.742	(46)	7:00.097	(45)	7:05.148	(45)	5:23.032	(45)	5:46.219	(43)	30:43.238	13:43.121

EBIKE FEMENINA

1	99	GONZÁLEZ-CORROTO Covadonga	EBIKE FÉMINA	(1)	4:44.203	(1)	4:07.567	(1)	4:54.148	(1)	3:40.426	(1)	4:45.559	(1)	22:11.903	
2	102	ÁLVAREZ PEREZ Alejandra	EBIKE FÉMINA	(2)	6:04.074	(2)	5:53.668	(2)	7:03.840	(2)	4:39.937	(2)	5:52.468	(2)	29:33.987	7:22.084