

CARREIRA CALVARIO 5+5

Clasificación Categorías

Cl	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
10K / F1					
1	346	PÉREZ GARCÍA-PICHER Ana		40:43.916	
2	321	ALVAREZ RODRIGUEZ Noemí	CLUB DEPORTIVO DELIKIA	40:51.053	7.137
3	324	TOKARENKO Alina		44:06.845	3:22.929
4	327	GALLEGO CANABAL Laura	CLUB DEPORTIVO DELIKIA	44:27.459	3:43.543
5	334	COSTA POSADA Uxia	RUN&TRI	45:16.510	4:32.594
6	317	FERNANDEZ PASCUAL Erica	CLUB DEPORTIVO DELIKIA	46:15.331	5:31.415
7	340	MARTINEZ PEREZ Lucía		47:14.188	6:30.272
8	331	VERGARA VILLADA Andrea	STRAHLKRAFT	47:51.948	7:08.032
9	330	ABELEIRA CARBALLO Irene		49:15.806	8:31.890
10	337	DOMINGUEZ PEREZ Naomi	CLUB DEPORTIVO DELIKIA	49:42.939	8:59.023
11	322	TURNER Julia		50:37.945	9:54.029
12	338	DO CARMO LIMA Milena		51:06.845	10:22.929
13	342	FERNAGUT Camille		52:58.284	12:14.368
14	325	ORTIZ CIDRE Andrea		53:51.562	13:07.646
15	320	FIGUEIREDO Diana	TRAIL DA LADEIA RUNNING TEAM	53:54.085	13:10.169
16	341	CAJIDE CASTRO Alba		54:12.522	13:28.606
17	326	DIAZ LOPEZ Rose Mary		55:09.676	14:25.760
18	339	GARCIA Natalia		55:38.363	14:54.447
19	319	VALCARCEL TOSCANO Isa		56:38.562	15:54.646
20	323	VELOSO LOURIDO Lorena		59:35.550	18:51.634
21	332	SANTOS GONZALEZ Andrea		1h01:30.578	20:46.662
22	316	FERNANDEZ QUINTEROS Mariela		1h03:04.847	22:20.931
23	335	ROSELLO CABELLO Beatriz	MAIS QUE AUGA	1h10:10.542	29:26.626

10K / F2

1	311	MARIÑO TORRADO Rebeca	S.D. BARBANTIA RODA	39:02.718	
2	312	VILLALBA BARRIOS Delia	COMESAÑA SPORTING CLUB	41:40.473	2:37.755
3	313	SAMPEDRO GARRIDO Julia	MAIS QUE AUGA	41:59.322	2:56.604
4	308	RODRIGUEZ OLIVEIRA Rocio	ATHLETICS FISIOTERAPIA SAN LÁZ	43:21.252	4:18.534
5	290	GONZALEZ NUÑEZ Tere	CASTRELOS 20:30	44:18.113	5:15.395
6	294	PEREZ VAZQUEZ Montse		49:19.597	10:16.879
7	309	CASAL MARTINEZ Marina		51:00.079	11:57.361
8	293	SANTOS Clarinda	TRAIL DA LADEIA RUNNING TEAM	51:32.194	12:29.476
9	300	CIMAS Pilar		51:40.183	12:37.465
10	292	FONSECA GARCIA Lucia		52:13.933	13:11.215
11	301	ZAPATA RODRIGUEZ Raquel	C.A.R. MARISQUEIRO	52:19.956	13:17.238
12	306	CERES VEGA LEAL Carmen	ATHLETICS FISIOTERAPIA SAN LÁZ	53:15.120	14:12.402
13	302	SOUTO MARTINEZ Isabel		54:59.741	15:57.023
14	310	GARCIA MENDEZ Silvia		59:14.240	20:11.522
15	295	CARNERO LLAUGER Maria	BIKILA	1h00:27.098	21:24.380
16	304	DA VEIGA ALVAREZ Marta		1h03:03.508	24:00.790

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Organiza:



Patrocina:



Colabora:



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10K / F3					
1	281	GALLINAR FERNANDEZ Mónica	ATHLETICS FISIOTERAPIA SAN LÁZ	43:44.551	
2	283	LEMO SOAGE Ana	CORREDOIRAS DE BUEU	43:51.226	6.675
3	279	LEMAT CABRAL María Belén	CLUB TRIATLON CIDADE DE LUGO F	46:07.045	2:22.494
4	286	LAMPON Ana	ADN RUNNERS-TELMO PELUQUEROS F	47:39.928	3:55.377
5	280	VIEITEZ OITABEN Mª Jose		49:31.158	5:46.607
6	289	GONZALEZ CASAL Alejandra	VIGOENTRENA	49:40.279	5:55.728
7	278	PRIETO MORAIS Pili	TNT GHERRILLEIROS	51:19.484	7:34.933
8	282	PAMPILLON SEIJO Verónica		54:31.054	10:46.503
9	285	ENDRESS Eva	CASTRELOS 20:30	57:30.913	13:46.362
10	287	VIÑAS ROMERO Silvia	BIKILA	1h00:27.099	16:42.548
10K / F4					
1	276	GALLERO FERNANDEZ Mar		55:56.482	
10K / F5					
1	275	COSTAS RODRIGUEZ Carmen	ATLETISMO BAIONA	55:09.086	
10K / M0					
1	274	MENDES SIMOES Afonso	TRAIL DA LADEIA RUNNING TEAM	42:58.391	
2	273	LUPASCU Radu		45:50.782	2:52.391
10K / M1					
1	270	GONZALEZ BORGES David	CLUB DEPORTIVO DELIKIA	32:47.174	
2	271	RIBEIRO Rodrigo	TRAIL DA LADEIA RUNNING TEAM	32:55.532	8.358
3	145	BASTOS DASILVA Jose Alberto	ADN RUNNERS-TELMO PELUQUEROS F	33:05.593	18.419
4	252	TRONCOSO GARRIDO David	CLUB DEPORTIVO DELIKIA	33:37.021	49.847
5	241	BARREIRO GOMEZ Martín	CLUB DEPORTIVO DELIKIA	34:40.071	1:52.897
6	247	SABTIAGO REY Diego	CLUB TRIATLÓN COMPOSTELA	35:13.151	2:25.977
7	225	MURIAS RODRIGUEZ Alejandro	RUNYTRI	36:11.437	3:24.263
8	234	COMESAÑA CHAVERT Darío	ATHLETICS FISIOTERAPIA SAN LÁZ	36:45.072	3:57.898
9	214	ALONSO GONZALEZ Ñ André		37:15.110	4:27.936
10	233	RODRIGUEZ GALLEGO Alberto Jose	CASTRELOS 20:30	37:17.064	4:29.890
11	231	IGLESIAS AGULLA David		37:58.887	5:11.713
12	266	LOPEZ ALONSO Pablo		39:27.235	6:40.061
13	257	LAGO LORENZO Miguel		39:27.634	6:40.460
14	269	RIVERA GUILLADE Martín		40:25.039	7:37.865
15	227	MAQUIEIRA PEREIRA Adrián	CLUB DEPORTIVO DELIKIA	40:48.347	8:01.173
16	216	ALONSO MARTINEZ Santiago	BOX004 VIGO	41:27.935	8:40.761

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Clit	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
17	260	GONZALEZ MOURIÑO Iago	MAIS QUE AUGA	41:29.545	8:42.371
18	240	SOMOZA OTERO Daniel	X-ONE	41:45.213	8:58.039
19	220	RAMIRO GOMEZ Juan Luis	ATLETISMO UNIVERSIDADE DE VIGO	42:00.296	9:13.122
20	268	MAQUIEIRA TEIJEIRA David		42:37.454	9:50.280
21	246	STOLPE Christian		43:01.606	10:14.432
22	217	CAMIÑA UCHA Basilio	CLUBE DE ATLETISMO DE CAMBADOS	43:09.913	10:22.739
23	244	PEREZ COUÑAGO Adrián	QUE BICI MARCISPORT	43:21.986	10:34.812
24	253	ALVAREZ DIAZ Jaime		43:56.990	11:09.816
25	251	BLANCO MARTINEZ Diego		44:27.893	11:40.719
26	263	GARCIA Alonso		44:47.743	12:00.569
27	219	GONZALEZ PARADA Oscar		44:54.790	12:07.616
28	222	RODRIGUEZ FLORES Marco Antonio		45:21.224	12:34.050
29	249	DOMINGUEZ ESTEVEZ Santiago		45:27.182	12:40.008
30	236	SULBARAN VIDAL Jesús Manuel		45:30.020	12:42.846
31	224	SAMOELLE ABALDE Oscar		46:00.959	13:13.785
32	218	COMESAÑA FIGUEROA Carlos	STRAHLKRAFT	46:26.401	13:39.227
33	223	SANCHEZ-MATEOS PANIAGUA Manuel		46:41.843	13:54.669
34	256	FERREIRA RODRIGUEZ Jose Carlos		47:08.367	14:21.193
35	245	VILLAVERDE PATIÑO Yago		47:43.788	14:56.614
36	250	ALVAREZ CAMELO Javier		47:48.466	15:01.292
37	259	VAZQUEZ GONZALEZ Javier	MAIS QUE AUGA	47:49.887	15:02.713
38	211	PALOMEQUE TORRAS José Maria		48:03.087	15:15.913
39	261	RODRIGUEZ REY Sergio		48:11.917	15:24.743
40	254	COSTADELLE Eduardo		49:31.566	16:44.392
41	258	SEARA Samuel	MAIS QUE AUGA	49:37.578	16:50.404
42	248	MARTIN PALOMARES Rubén		49:43.258	16:56.084
43	232	VILLAR PEREIRA José Gabriel		49:59.478	17:12.304
44	239	COLINO ROLLON Daniel		50:40.964	17:53.790
45	243	TUÑAS MACEIRAS Diego		51:01.124	18:13.950
46	235	ALONSO GUINDE Alberto		51:04.437	18:17.263
47	242	FERNANDEZ DIAZ David		51:04.557	18:17.383
48	230	FERREIRA Pablo		51:13.430	18:26.256
49	229	MARTINEZ David	BORGWARNER	51:49.575	19:02.401
50	264	BALTAR LOSADA Miguel	MAIS QUE AUGA	51:56.675	19:09.501
51	265	GONZALEZ FERNANDEZ Daniel	MAIS QUE AUGA	52:05.137	19:17.963
52	272	IGLESIAS ALLICA Marcos		53:10.184	20:23.010
53	238	COSTAS RODRIGUEZ Adrián		53:19.083	20:31.909
54	215	ALONSO MORA Edu		54:13.681	21:26.507
55	226	ELSEICY Ahmed	ATLETISMO UNIVERSIDADE DE VIGO	55:11.574	22:24.400
56	228	VIDE LINARES Antonio Jose	BORGWARNER	55:13.941	22:26.767
57	210	VIÑAS FERNANDEZ Diego		55:32.682	22:45.508
58	237	DURAN ALVAREZ Nicolas		1h01:30.473	28:43.299

10K / M2

1	138	PACHECO MARTINEZ Víctor Hugo	CAD SERVISUB BUEU	33:37.881	
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Organiza:



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Colabora:





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2	179	PEREZ Rubén	MARINA MEIRA	34:16.440	38.559
3	182	GARCIA RODRIGUEZ Sergio		34:52.019	1:14.138
4	156	PARADA MONTOTO David	MONTEPORREIRUNN	35:38.170	2:00.289
5	130	DAPORTA MENDEZ Miguel	CLUB OLÍMPICO DE VEDRA	35:55.711	2:17.830
6	208	OTERO RAMIREZ Alejandro	ATHLETICS FISIOTERAPIA SAN LÁZ	37:03.978	3:26.097
7	139	PIÑEIRO GRAÑA Santiago	CLUB ATLETISMO SAMERTOLAMEU	37:10.976	3:33.095
8	120	LOUREIRO MONTENEGRO Pablo	MONTEPORREIRUNN	37:14.129	3:36.248
9	132	LOPEZ ALONSO Carlos	COLECTIVO NÓS	38:20.969	4:43.088
10	180	PENA PEREIRA Francisco Javier	CSCR BEADE	38:30.336	4:52.455
11	119	FERREIRA LAREDO David	CASTRELOS KM.0	38:33.166	4:55.285
12	165	PEREZ RODAS Daniel		38:37.276	4:59.395
13	167	FERNANDEZ FERNANDEZ Pequeñin	CIBUS TEAM	38:40.390	5:02.509
14	200	NOGUEIRA FERNANDEZ Junior		38:46.906	5:09.025
15	155	GARCIA FERNANDEZ Esteban	MAIS QUE AUGA	38:53.635	5:15.754
16	203	ROSA Fernando	TRAIL DA LADEIA RUNNING TEAM	39:01.627	5:23.746
17	104	BARGIELA ARAUJO Daniel	BIKILA	39:14.647	5:36.766
18	207	LOPEZ GARRIDO David		40:01.327	6:23.446
19	204	HERNANDEZ CAMPOS Borja	MAIS QUE AUGA	40:05.154	6:27.273
20	137	DELGADO RAMOS José Carlos		40:26.155	6:48.274
21	183	ROVATI Gabriele		40:36.535	6:58.654
22	198	CONEJERO JORDAN Borja	ATLETISMO BAIONA	40:40.754	7:02.873
23	171	FERNANDEZ GRADIN David	CIBUS TEAM	40:48.532	7:10.651
24	109	ALONSO FDEZ Alberto	ATHLETIC CLUB	40:52.596	7:14.715
25	148	FERNANDES REI Loenardo	ATHLETICS FISIOTERAPIA SAN LÁZ	41:18.414	7:40.533
26	175	LOPEZ COMESAÑA Oscar Manuel		41:25.213	7:47.332
27	176	FREIRE GONZALEZ Manuel		41:53.427	8:15.546
28	151	SOTO BUCETA Sergio	C.A. CAMBADOS - SEGUROS NOVAL	42:18.974	8:41.093
29	133	QUIROGA FERNANDEZ Iago	TRINORTH	43:08.352	9:30.471
30	197	ROSAL CHAVES Diego		43:10.252	9:32.371
31	191	CORREA GALLEGO Alberto		43:36.811	9:58.930
32	152	FONTAN GARRIDO David	MUÑECOS RUNNING	43:51.370	10:13.489
33	107	ORDAX ALVAREZ Jose Antonio		44:07.910	10:30.029
34	111	BENITEZ GOMEZ Francisco José		44:27.077	10:49.196
35	187	NAVIA IGLESIAS Ruben		44:41.410	11:03.529
36	122	FONTANS Marcos	ATLETISMO CUNTIS	44:45.950	11:08.069
37	125	CUETO FERNANDEZ David	CERTA	45:00.526	11:22.645
38	190	CABACO CAMPOS José Manuel		45:09.471	11:31.590
39	131	VARA BLANCO Javier		45:16.309	11:38.428
40	118	TOREA MOLEDO Néstor		45:17.528	11:39.647
41	110	ANDONEGUI FREIRE Juan	FRUTAS NIEVES	45:40.821	12:02.940
42	199	CAMPELO GONZALEZ Antonio	VIGOENTRENA	45:55.129	12:17.248
43	160	GOMEZ LOPEZ Pablo	L@S INSENSAT@S	46:00.180	12:22.299
44	201	VEGA GARCIA Antonio Manuel		46:04.921	12:27.040
45	158	DOMINGUEZ FERNANDEZ Simón		46:05.300	12:27.419
46	202	RIVERA CANICOBA Alberto		46:07.491	12:29.610
47	196	PEREZ GONZALEZ David		46:21.371	12:43.490
48	126	CHAPELA DOCIO Francisco		46:35.151	12:57.270

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49	173	HEREDIA CERCADILLO David	BORGWARNER	46:35.889	12:58.008
50	177	BORRAJO LEIROS Alberto		46:55.289	13:17.408
51	113	SALO BENITO Javier	RUNNING SOLITA	47:21.641	13:43.760
52	129	PARRA SERRANO Manuel Alejandro	MAIS QUE AUGA	47:24.367	13:46.486
53	185	REBORDA FERNANDEZ Antonio		47:24.643	13:46.762
54	186	TORRES TABOAS Manuel		47:47.202	14:09.321
55	154	FERREIRA CHARRASQUIEL Marcos		48:04.587	14:26.706
56	124	SANMARTIN GONZALEZ Victoriano	MAIS QUE AUGA	48:33.768	14:55.887
57	140	MATIAS Carlos	TRAIL DA LADEIA RUNNING TEAM	49:09.305	15:31.424
58	205	BECEIRO CAMESELLE Dani	MUÑECOS RUNNING	49:10.779	15:32.898
59	170	ROCA ROMERO Gonzalo		49:12.520	15:34.639
60	115	GARCIA DE LA CRUZ Roberto	MAIS QUE AUGA	49:15.038	15:37.157
61	114	MIRANDA CORTES Rolando		49:16.882	15:39.001
62	188	GARCIA GONZALEZ Jonathan	BOX004 VIGO	49:24.798	15:46.917
63	141	DORADO FUENTE Ibán		49:35.958	15:58.077
64	192	GONZALEZ PARDIÑAS Aleixandre	MERAKI SALUD FISIOTERAPIA	50:23.945	16:46.064
65	159	MENDEZ RODRIGUEZ Marcos		50:28.679	16:50.798
66	178	SANCHEZ GONZALEZ Francisco Javier	PEÑA TREVINCA MONTAÑEIRO DE G	50:32.917	16:55.036
67	142	DIOS VIDAL Javier	BORGWARNER	50:38.844	17:00.963
68	121	PARCERO NOVAS Alvaro		51:12.193	17:34.312
69	164	GONZALEZ FERNANDEZ Jose	MAIS QUE AUGA	51:16.025	17:38.144
70	195	GARCIA SUEIRO Francisco		51:29.215	17:51.334
71	174	MARTIN PALLARES Marco Alexio	VIGOENTRENA	52:08.244	18:30.363
72	189	LAGO CERQUEIRA Javier		52:34.237	18:56.356
73	102	PEREZ FRANCISCO Alfredo	ESPARTAN@S CHIFLAD@S	52:35.754	18:57.873
74	106	ESTEVEZ ABALDE Juan Antonio		52:49.844	19:11.963
75	184	ALONSO CARRERA Daniel		52:58.364	19:20.483
76	162	DOMINGUEZ VILLAVERDE Juan Carlos		53:04.616	19:26.735
77	146	ORTIZ PALLARES Manuel		53:15.405	19:37.524
78	144	PEREIRAS GABIAN Toño		53:16.883	19:39.002
79	147	PRECIADO VAZQUEZ Marcos		53:27.416	19:49.535
80	108	ZUNZUNEGUI GARRIDO Noé	AGRUPACION VIGUESA DE ATLETISM	53:40.095	20:02.214
81	163	ALONSO OTERO Diego	COMESAÑA SPORTING CLUB	53:52.882	20:15.001
82	116	RADA Iago		54:31.695	20:53.814
83	150	LOPEZ FUENTES Guillermo		54:39.002	21:01.121
84	117	RODAL FRAGA Carlos		55:26.856	21:48.975
85	345	FERMOSO DOMÍNGUEZ Tomás	FRUTAS NIEVES	55:39.482	22:01.601
86	149	GIL OTERO Roberto		56:19.661	22:41.780
87	169	RESUA EIRAS David		56:38.933	23:01.052
88	136	LEDO MARTINEZ Daniel		56:39.820	23:01.939
89	194	FERNANDEZ LOPEZ Diego		1h00:25.112	26:47.231
90	161	ESTEVEZ BOUZA Borja		1h03:03.895	29:26.014
91	103	FEIJOO SUAREZ Marcos	CHUZAS OLÍMPICOS	1h04:39.193	31:01.312
92	181	DOMINGUEZ SERRANO Óscar		1h09:37.110	35:59.229

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10K / M3					
1	93	FERREIRA GONZALEZ Jose Carlos	ADAS-PROINOR	34:59.539	
2	89	PRIETO DE LA IGLESIA Manuel	ATHLETICS FISIOTERAPIA SAN LÁZ	35:49.482	49.943
3	80	FERNANDEZ DE TORO Manuel	C.A. VETERANOS DE SAMIL	37:18.267	2:18.728
4	81	BARREIRO PEREIRA Xosé Antón	S.D. COMPOSTELA ATLETISMO	38:09.768	3:10.229
5	97	FERNANDEZ MONZON Marcos	CSCR BEADE	38:28.468	3:28.929
6	45	ADAN ARIAS Jose Carlos	ADN RUNNERS-TELMO PELUQUEROS F	38:49.216	3:49.677
7	79	GARCIA DE LA IGLESIA Alberto	C.A. VETERANOS DE SAMIL	39:08.788	4:09.249
8	68	MARTINEZ BARCIELA David		39:14.010	4:14.471
9	35	PAZ RODRIGUEZ Juan	CASTRELOS 20:30	39:55.155	4:55.616
10	40	RODRIGUEZ BOLIBAR Ernesto	CASTRELOS 20:30	40:42.063	5:42.524
11	85	LORENZO RODRIGUEZ José Antonio	ATLETISMO PORRIÑO	41:00.853	6:01.314
12	51	BERNARDEZ MACIA Santiago	MAIS QUE AUGA	41:24.429	6:24.890
13	88	FROIZ LAREU Andres	TNT GHERRILLEIROS	41:48.605	6:49.066
14	86	RODRIGUEZ GARCIA Pablo		41:49.246	6:49.707
15	54	GAGO SANCHEZ Antolín		41:59.483	6:59.944
16	98	UBEIRA RICON Alberto		42:09.395	7:09.856
17	66	PEREZ BLANCO Pablo	CLUB DEPORTIVO DELIKIA	43:08.905	8:09.366
18	83	LORENZO UZ Alberto	CIBUS	43:17.356	8:17.817
19	70	VALLE CASTELO Juan		44:24.842	9:25.303
20	69	SANCHEZ OTERO Oswaldo	TNT GHERRILLEIROS	44:33.517	9:33.978
21	50	MALLO MARCOS Alberto	CIBUS TEAM	44:34.502	9:34.963
22	91	AMENEIRO BRAVO Rafael	CASTRELOS 20:30	44:35.950	9:36.411
23	52	BARRAL MOREIRA Jose Ramon		44:58.831	9:59.292
24	43	DAPENA TENORIO Jose Luis		44:58.970	9:59.431
25	75	PEITEADO RUIZ Guillermo		45:16.372	10:16.833
26	73	FERNANDEZ VAYO Rubén Francisco	GRIMO	46:00.708	11:01.169
27	65	DAVILA BUGARIN Salvador		46:07.299	11:07.760
28	92	COTA CAMIÑA Adolfo	MAIS QUE AUGA	46:08.210	11:08.671
29	71	SUAREZ GARRIDO Moncho	CLUB DEPORTIVO DELIKIA	46:15.332	11:15.793
30	96	LOPEZ PEREZ Samuel	CLUB DEPORTIVO DELIKIA	46:17.066	11:17.527
31	39	VAZQUEZ RODRIGUEZ Anxo		46:23.090	11:23.551
32	53	COMESAÑA DAVILA Miguel		46:31.140	11:31.601
33	95	RODILLA Iván		46:32.650	11:33.111
34	101	ARIAS Eduardo		47:20.108	12:20.569
35	49	BELOSO GONZALEZ Carlos		47:29.079	12:29.540
36	77	GONZALEZ RODRIGUEZ Manu	ADN RUNNERS-TELMO PELUQUEROS F	47:39.981	12:40.442
37	99	FREIRE PIÑEIRO José Manuel	MAIS QUE AUGA	47:44.167	12:44.628
38	37	BARREIRO BARREIRO Benigno	ATHLETICS AVENTURA XTREM	47:47.606	12:48.067
39	56	IGLESIAS RODRIGUEZ Carlos	TRIATLÓN MAR DE VIGO	47:48.321	12:48.782
40	41	PIÑEIRO RODRIGUEZ Carlos	CLUB TRIATLON CIDADE DE LUGO F	47:58.170	12:58.631
41	58	VILLANUEVA AREAL Dito	RUNNING LUSEKELO	48:00.718	13:01.179
42	90	QUINTANILLA MARFUL Alvaro	VIGXIADOR	49:14.899	14:15.360
43	36	GONZALEZ RAMIREZ Juan		50:34.155	15:34.616
44	74	VAZQUEZ VALLADARES Antonio		50:37.555	15:38.016
45	60	GONZALEZ MARTINEZ Fernando		50:38.825	15:39.286
46	57	JANDRA GONZALEZ Jesús		50:51.804	15:52.265

03/03/2024

Organiza:



Patrocina:



Colabora:



MagmaSports VOLA RACING



CARREIRA CALVARIO 5+5
Clasificación Categorías

Cl	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
47	94	CB Gustavo		50:55.224	15:55.685
48	64	LARA PEREZ José Gabino		50:58.395	15:58.856
49	61	MARTINEZ PEREZ Jose Luis		51:05.245	16:05.706
50	87	PEREZ DE LIS GOMEZ Luis		51:37.835	16:38.296
51	47	GONCALVES ROLO Alvaro	MAIS QUE AUGA	51:38.184	16:38.645
52	42	FERNANDEZ GONZALEZ José Manuel	MAIS QUE AUGA	52:47.883	17:48.344
53	72	RODRIGUEZ COSTAS Samuel		53:13.557	18:14.018
54	46	BUGARIN RORIS Manuel		53:16.781	18:17.242
55	84	PARDAVILA IGLESIAS Miguel Angel		53:50.524	18:50.985
56	62	OTERO SALGUEIRO Satán	C.A.R. MARISQUEIRO	54:02.817	19:03.278
57	76	LOPES Jorge	TRAIL DA LADEIA RUNNING TEAM	54:52.193	19:52.654
58	38	GUAMA MENA Patricio		55:04.042	20:04.503
59	78	PEREIRO SANTIN Ramon	GRIMO	56:01.972	21:02.433
60	59	RODRIGUEZ PENA Jorge	C.A.R. MARISQUEIRO	57:02.771	22:03.232
61	67	PORTELA FERNANDEZ Luis		1h07:24.805	32:25.266

10K / M4

1	19	RIVEIRO RODRIGUEZ Arlindo	CASTRELOS 20:30	38:08.329	
2	32	GALLIDORO DEL MONTE José Humberto	CLUB DEPORTIVO DELIKIA	44:00.951	5:52.622
3	27	TABOADA GONZALEZ Ramiro	RUNNING LUSEKELO	45:25.785	7:17.456
4	23	RIVAS RIAL Jesus Antonio	CLUB DE CORREDORES AFRICANUS	45:54.326	7:45.997
5	28	PEREZ SANTOS Avelino	CASTRELOS 20:30	46:06.705	7:58.376
6	29	DIEZ POSTIGO Miguel Angel		47:02.825	8:54.496
7	33	PENEDO PEREZ Jose Humberto		48:23.186	10:14.857
8	31	ALONSO BASTOS Luis		49:04.487	10:56.158
9	24	FERNANDEZ CLEMENTE Carlos		50:16.645	12:08.316
10	26	FIDALGO IGLESIAS Manuel		50:20.336	12:12.007
11	21	ROCA RODRIGUEZ Ramon		53:15.583	15:07.254
12	25	ZUNZUNEGUI QUEIMADELOS Roman		1h01:03.797	22:55.468
13	20	LOEZ CAMPILLO Pol	MAIS QUE AUGA	1h01:42.166	23:33.837

10K / M5

1	12	SUAREZ MARTINEZ Manuel	C.A. VETERANOS DE SAMIL	38:53.389	
2	9	JARDON LOPEZ Jose	C.A. VETERANOS DE SAMIL	43:12.272	4:18.883
3	13	VILLAR ALVAREZ Enrique		43:46.111	4:52.722
4	17	PEREZ PASCUAL Manuel	C.S.R. BEADE	44:12.391	5:19.002
5	15	VAZQUEZ CORREA Jose Alfonso	CASTRELOS 20:30	44:40.225	5:46.836
6	18	CHAMORRO RODRIGUEZ Eugenio	C.A.R. MARISQUEIRO	49:22.726	10:29.337
7	14	MARTINEZ REQUEJO Carlitos		52:14.054	13:20.665
8	11	BLANCO GONZALEZ Alfonso		53:34.206	14:40.817
9	10	DURAN LAGO Fernando		56:19.721	17:26.332

03/03/2024

Organiza:



Patrocina:



Colabora:



MagmaSports VOLA RACING

CARREIRA CALVARIO 5+5
Clasificación Categorías

Clit	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
10K / M6					
1	8	DOMINGUEZ RODRIGUEZ Carlos		48:27.066	
2	1	REY GONZALEZ J. Roberto	C.A. VETERANOS DE SAMIL	48:34.987	7.921
3	4	PADIN COUSIDO José Luis	C.A. CAMBADOS - SEGUROS NOVAL	50:26.026	1:58.960
4	3	VIEITO QUINTAS Berto		51:00.345	2:33.279
5	6	GARCIA COSTAS Federico Amando	C.A.R. MARISQUEIRO	51:24.256	2:57.190
6	7	QUINTEIRO NUÑEZ Manuel	MAIS QUE AUGA	52:21.743	3:54.677
7	2	RAMOS VIGO Sergio	C.A. VETERANOS DE SAMIL	57:25.145	8:58.079

5K / F0					
1	698	PAZOS MEIXUS Ararat		22:10.956	

5K / F1					
1	667	RODRIGUEZ GACIO Susana		18:53.229	
2	658	MIGUEZ LAGO Jessica		21:08.067	2:14.838
3	697	IGLESIAS GOMEZ Sara		21:22.157	2:28.928
4	672	LLORENTE Lucia	MAIS QUE AUGA	23:07.260	4:14.031
5	690	RASCADO RIOS Andrea	TRIATLÓN MAR DE VIGO	23:29.317	4:36.088
6	676	ESTEVEZ Estefanía	ASOCIACIÓN DEPORTIVA C.A.R.	23:29.928	4:36.699
7	665	GABIAN GUERRA Andrea	CLUB DEPORTIVO DELIKIA	23:31.537	4:38.308
8	680	CABANELAS FIGUEIRIDO Celeste		25:34.724	6:41.495
9	666	COLLAZO FERNANDEZ Lorena	C.A. VETERANOS DE SAMIL	26:06.623	7:13.394
10	661	SANTANA CABRAL Pilar	MAIS QUE AUGA	26:49.348	7:56.119
11	668	RODAL MALVIDO Loli		27:04.836	8:11.607
12	671	CUEVAS Karen Heisel	X-ONE	27:37.884	8:44.655
13	681	RODRIGUEZ RODRIGUEZ María		27:43.603	8:50.374
14	695	FRANCO PEREIRA Mónica		28:25.605	9:32.376
15	678	CASTROSEIROS GONZALEZ Natalia	MAIS QUE AUGA	28:51.083	9:57.854
16	663	MATEOS ALONSO Laura		29:00.638	10:07.409
17	689	PAZOS CARBALLO Sara		29:19.164	10:25.935
18	685	LAMA VILARIÑO Aridai	VIGOENTRENA	29:43.153	10:49.924
19	670	NUÑEZ PAZOS Sara	MAIS QUE AUGA	30:22.974	11:29.745
20	657	RUIZ GARCIA Beatriz		30:30.053	11:36.824
21	660	VAZQUEZ RODRIGUEZ Cristina		30:50.360	11:57.131
22	662	GONZALEZ CASTRO Mari		31:44.961	12:51.732
23	684	CORDEIRO SOBRINO Laura		32:04.952	13:11.723
24	691	GONZALEZ Clara		32:10.141	13:16.912
25	656	ARAUJO RUA Olalla	SERVICIO	32:31.203	13:37.974
26	673	RODRIGUEZ Debi		32:48.722	13:55.493
27	675	GALVAN FERNANDEZ Lucía		32:48.941	13:55.712
28	679	PEREA GALVAN María Jimena		32:53.813	14:00.584
29	693	COSTA GARRIDO Alejandra	SOCIEDAD ATLÉTICA VAL MIÑOR	33:10.252	14:17.023
30	677	VILLANUEVA Elena		33:12.561	14:19.332

03/03/2024

Organiza:



Patrocina:



Colabora:



MagmaSports VOLA RACING



CARREIRA CALVARIO 5+5
Clasificación Categorías

Clit	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
31	674	FERNANDEZ RODRIGUEZ Eva		33:29.390	14:36.161
32	682	COVELO SAMARTIN Carmen		33:44.659	14:51.430
33	683	GONZALEZ OLIVEIRA Mirian		35:14.098	16:20.869
34	686	COELHO DOS SANTOS GONZALEZ Thaís		37:52.596	18:59.367

5K / F2

1	643	DYWELSKA Magdalena		22:16.666	
2	641	VIDAL LORENZO Emilia	MAIS QUE AUGA	22:23.959	7.293
3	650	RODRIGUEZ LOPEZ Belén	CLUB DEPORTIVO DELIKIA	24:54.758	2:38.092
4	701	ROMERO MARTÍNEZ Mónica	FRUTAS NIEVES	25:10.179	2:53.513
5	305	VIEIRA Ana	TRAIL DA LADEIA RUNNING TEAM	25:48.000	3:31.334
6	642	POMBO CHAPELA Lucia	MAIS QUE AUGA	27:28.496	5:11.830
7	637	PAZ OLIVEIRA Natalia	MAIS QUE AUGA	27:32.543	5:15.877
8	640	FARO ESTEVEZ Cristina		27:45.285	5:28.619
9	634	VAZQUEZ MAYO Mónica	MAIS QUE AUGA	28:22.423	6:05.757
10	644	DURAN DOMINGUEZ Lucila		30:07.578	7:50.912
11	655	GARRIDO PATON Irene		30:40.141	8:23.475
12	648	GIL JANEIRO Yoli	MAIS QUE AUGA	30:55.200	8:38.534
13	647	FREIRE PIÑEIRO Lorena		31:04.041	8:47.375
14	654	LOPEZ PEREZ Almudena	MAIS QUE AUGA	32:31.200	10:14.534
15	638	SOUTO PEREIRA Lucia	C.A. VETERANOS DE SAMIL	33:07.300	10:50.634
16	652	ALVES ROMAN Ana María		34:20.739	12:04.073
17	649	PEREZ RODRIGUEZ Alba		34:30.939	12:14.273
18	653	TITUANA BENALCAZAR Iris Lorena		37:53.395	15:36.729
19	645	SANMARTIN CARRERA Mara		39:58.948	17:42.282

5K / F3

1	631	JORGE Mónica		25:26.706	
2	636	RIVERA DOBAO Pilar	MAIS QUE AUGA	26:20.217	53.511
3	623	HEREDIA RODRIGUEZ Irene		27:07.157	1:40.451
4	635	NAVARRO SANCHEZ María Ascensión		27:41.403	2:14.697
5	632	PEREIRA RODRIGUEZ Mar		27:45.424	2:18.718
6	633	GONZALEZ GONZALEZ Elena	MAIS QUE AUGA	28:18.604	2:51.898
7	622	FONSECA GARCIA Beatriz		28:28.917	3:02.211
8	629	FERNANDEZ-RUIZ Maite	MAIS QUE AUGA	29:14.153	3:47.447
9	699	RODRIGUEZ IGLESIAS Ana	MAIS QUE AUGA	30:36.521	5:09.815
10	628	PEREIRO SANTIN Maria Elena		30:58.696	5:31.990
11	624	ROJO DE DIOS Lidia		31:23.182	5:56.476
12	620	RODRÍGUEZ ÁLVAREZ Marta	BIKILA	31:29.144	6:02.438
13	621	GONZALEZ MERA Regina	MAIS QUE AUGA	32:49.900	7:23.194

03/03/2024

Organiza:



Patrocina:



Colabora:



MagmaSports VOLA RACING



CARREIRA CALVARIO 5+5
Clasificación Categorías

Cl	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
5K / F4					
1	619	ROCHA CRUCES Maria Carmen	C.A.R. MARISQUEIRO	32:53.620	
5K / F5					
1	615	FERNANDEZ PAZOS Luz		26:28.939	
2	616	ALVAREZ DOMINGUEZ Rosa M ^a	MAIS QUE AUGA	32:49.833	6:20.894
5K / M0					
1	614	AMENEIRO GONZALEZ Daniel	CSCR BEADE	18:52.550	
2	613	ALVAREZ MOLARES Noé		26:40.163	7:47.613
5K / M1					
1	589	TIZON VALVERDE Emilio	CLUB DEPORTIVO DELIKIA	15:59.603	
2	601	RODRIGUEZ ALVAREZ Diego	CLUB DEPORTIVO DELIKIA	16:38.789	39.186
3	577	DIEZ DIEZ Jorge Miguel	TRAGALEGUAS BURGOS	17:25.159	1:25.556
4	596	VALENCIA RODRIGUEZ Cristian	C.A.R. MARISQUEIRO	17:56.805	1:57.202
5	587	MORENO LIRA Josue		18:53.232	2:53.629
6	568	ARCA RODRIGUEZ Isaac		19:34.129	3:34.526
7	608	DIAZ SANDOVAL Gustavo Javier	MAIS QUE AUGA	19:57.508	3:57.905
8	594	CRICKMORE Sebastian	GMTA CHUVONERS	20:15.148	4:15.545
9	574	SUAREZ OGANDO Adrián	MAIS QUE AUGA	20:38.893	4:39.290
10	612	AMOEDO GONZALEZ Anton	ASOCIACIÓN DEPORTIVA C.A.R.	20:55.322	4:55.719
11	602	BEMPOSTA VARELA David	CLUB SAPO	21:16.802	5:17.199
12	578	DOMONTE PEREZ Victor	GMTA CHUVONERS	21:49.627	5:50.024
13	600	MENDEZ RODRIGUEZ Yeray		22:54.738	6:55.135
14	585	FERNANDEZ MARIÑO Óscar		22:57.792	6:58.189
15	593	FERNANDEZ CERZON Daniel	C.A. VETERANOS DE SAMIL	23:20.677	7:21.074
16	570	NUÑEZ PARADA Sergio		23:59.678	8:00.075
17	583	RODRIGUEZ ALONSO Saúl		24:28.865	8:29.262
18	603	GONZALEZ SAMPERE Aarón		26:01.775	10:02.172
19	572	COSTAS RODRIGUEZ Marcos		26:39.097	10:39.494
20	604	BOO NOYA Óscar		26:46.913	10:47.310
21	581	SANCHEZ GARRIDO Óscar		27:03.624	11:04.021
22	580	ALMEIDA EIROA Abilio		27:08.137	11:08.534
23	590	RODRIGUEZ DOMINGUEZ Hugo		27:09.594	11:09.991
24	598	EXTREMADURA HIERRO Jose Carlos		27:25.323	11:25.720
25	571	DAFONTE GONZALEZ Enrique		28:08.945	12:09.342
26	595	SANTOS QUINTERO Bernardo		28:30.614	12:31.011
27	584	IZQUIERDO MARTINEZ Francisco		29:38.735	13:39.132
28	569	SANCHEZ LOSADA Iago		29:41.913	13:42.310
29	606	MARTINEZ SEGUIN Óscar	VIGOENTRENA	30:39.864	14:40.261

03/03/2024

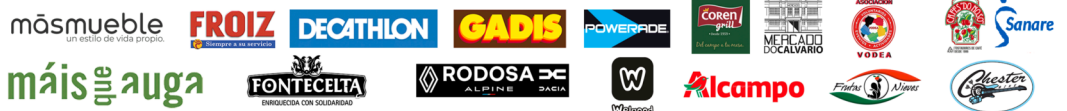
Organiza:



Patrocina:



Colabora:



MagmaSports VOLA RACING

CARREIRA CALVARIO 5+5
Clasificación Categorías

Cl	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
30	588	DOMINGUEZ Pablo	VIGOENTRENA	30:40.721	14:41.118
31	575	DASILVA RODRIGUEZ Iván		31:45.181	15:45.578
32	591	MENDEZ GONZALEZ Óscar		33:12.873	17:13.270
33	610	LORENZO BAUTISTA Anxo	ATLETISMO PORRIÑO	34:04.291	18:04.688
34	597	GONZALEZ DA SILVA Manuel		37:52.598	21:52.995
35	609	PIÑEIRO Santiago		38:26.275	22:26.672
36	605	LOPEZ MIHALY Augusto Jose		38:29.094	22:29.491
37	607	SIMONES Marco	TRAIL DA LADEIA RUNNING TEAM	40:40.894	24:41.291

5K / M2

1	544	FERNANDEZ SOENGAS Jesús	CLUB DEPORTIVO DELIKIA	16:22.562	
2	552	MARZOA RUIZ Miguel	C.A.R. MARISQUEIRO	16:50.570	28.008
3	549	GONZALEZ CASTRO Sindo	S.D. COMPOSTELA ATLETISMO	17:51.189	1:28.627
4	561	ALVAREZ COSTAS Antonio	COMESAÑA SPORTING CLUB	18:22.408	1:59.846
5	532	ULLA REGA Manuel	ASOCIACIÓN DEPORTIVA C.A.R.	18:40.012	2:17.450
6	543	GONZALEZ POSADA Juan Diego		19:07.681	2:45.119
7	550	FRAGA Ruben		19:35.468	3:12.906
8	557	ALFAYA Jose	CLUB DEPORTIVO DELIKIA	19:36.128	3:13.566
9	540	MIRANDA VIEITO José Manuel	ATHLETICS FISIOTERAPIA SAN LÁZ	20:16.270	3:53.708
10	700	ARANGO GAYAR Saúl	FRUTAS NIEVES	21:13.101	4:50.539
11	534	DE LA TORRE FUSTES Javier		22:07.939	5:45.377
12	559	FERNANDEZ PORTAS Alejandro		22:53.095	6:30.533
13	538	RUIZ Javi		23:22.270	6:59.708
14	546	ABRALDES Miguel Ángel		24:04.306	7:41.744
15	537	GARCIA FERNANDEZ Jose		24:08.360	7:45.798
16	555	DOCET CAAMAÑO Francisco		24:19.586	7:57.024
17	535	REGATOS GOMEZ Roberto		24:33.168	8:10.606
18	548	PEREZ RODAS David		25:12.405	8:49.843
19	545	SEBASTIAN LAGO Alejandro		25:54.657	9:32.095
20	553	VAZQUEZ FERNANDEZ Carlos		26:07.879	9:45.317
21	562	REINO SOMOZA Oliver		26:33.678	10:11.116
22	539	ALONSO RODRIGUEZ Delfín		27:43.084	11:20.522
23	565	PEREIRA RODRÍGUEZ Carlos		27:45.198	11:22.636
24	547	GANDARA CORTES Juan Daniel		28:13.692	11:51.130
25	551	LOPEZ PINO Javier	RUN&TRI	29:29.501	13:06.939
26	563	RODRIGUEZ JORGE Daniel		30:16.762	13:54.200
27	566	OTERO MIGUENS Luis		31:17.314	14:54.752
28	564	EIRAS CAMESELLE Andrés		32:24.472	16:01.910

5K / M3

1	521	SANDE PRESA Juan Carlos	MILER RUNNING CLUB	18:05.890	
2	524	AMOEDO GIMÉNEZ Antón	ASOCIACIÓN DEPORTIVA C.A.R.	18:38.460	32.570
3	525	COSTAS COSTAS Miguel	MAIS QUE AUGA	19:12.668	1:06.778

03/03/2024

Organiza:



Patrocina:



Colabora:





CARREIRA CALVARIO 5+5 Clasificación Categorías

Cl't	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
4	519	PAZOS CAMPOS Francisco		19:44.588	1:38.698
5	523	AMOEDO AGULLA Carlos		22:09.381	4:03.491
6	529	BELOSO GOMEZ Olegario		25:34.683	7:28.793
7	520	GAGGIOLO Guillermo	MAIS QUE AUGA	26:21.924	8:16.034
8	530	ALFAYA MASSO David		26:37.557	8:31.667
9	515	GARCIA José Antonio		26:44.306	8:38.416
10	528	PARDO PORTO Daniel	MAIS QUE AUGA	26:56.857	8:50.967
11	518	GONZALEZ MATOS Daniel		27:45.993	9:40.103
12	522	GANDARA BOUZA Alejandro	CASTRELOS 20:30	34:30.579	16:24.689
13	517	PEREZ CAMPO Jesus Maria		40:03.609	21:57.719

5K / M4

1	514	VARELA BORREGUERO Fernando		20:56.869	
2	508	VIDEIRA CORREA Alberto	RUNNING LUSEKELO	24:06.747	3:09.878
3	510	VILLAR SALGADO Jose Francisco	C.A.R. MARISQUEIRO	25:19.865	4:22.996
4	512	LAMOSA QUINTEIRO Claudio Salvador		25:31.802	4:34.933
5	511	ESTEVEZ CERNADAS Ricardo	ATHLETICS AVENTURA XTREM	25:39.778	4:42.909
6	513	GONZALEZ GARCIA Luis		26:06.146	5:09.277
7	509	PEREZ RODRIGUEZ Manuel		31:29.141	10:32.272

5K / M5

1	504	KARAMES Manuel	C.A. MARISQUEIRO	22:51.815	
2	507	RIOS RODRIGUEZ Manuel	C.A. VETERANOS DE SAMIL	26:55.196	4:03.381
3	506	SOTO AMIL Jose Florencio		29:07.602	6:15.787
4	505	GONZALEZ GREGORIO Sindo		31:44.964	8:53.149

5K / M6

1	502	ALONSO PEREZ Francisco Xabier	C.A. VETERANOS DE SAMIL	27:26.383	
2	501	RUIZ BLANCO Jose		27:46.984	20.601
3	503	LOPEZ RAMOS Luis	RUN&TRI	29:29.443	2:03.060

03/03/2024

Organiza:



Patrocina:



Colabora:

