

## Sestelo Clásica Álvaro Pino 2023 META Recorrido largo

### Tiempo Meta ordenados por dorsal

Dor.	Apellidos y nombre	(Cl)	Categoría	Club	Tiempo	Diferencia
1	PINO COUÑAGO Álvaro	(2)	MASTER 50 MASC	PLAN C	5h20:37.148	0.160
2	INDURAIN LARRAYA Miguel	(1)	MASTER 50 MASC	RAPHA MALLORCA CYCLING TEAM	5h20:36.988	
4	RODRIGUEZ CASTRO Rafael	(3)	MASTER 50 MASC		5h20:37.149	0.161
5	MARQUE PORTO Alejandro Manuel	(8)	MASTER 40 MASC	MARQUE CYCLING	5h20:42.131	5.143
6	GARCIA JANEIRO Guillermo	(1)	ABSOLUTA MASC	RADIO POPULAR PAREDES BOAVISTA	5h20:37.771	0.783
7	PORTELA ACUÑA Evaristo	(29)	MASTER 50 MASC	C.D. SUPERMERCADOS FROIZ	5h32:56.019	12:19.031
8	MUÑIZ NIETO Juan Carlos		MASTER 40 MASC	NORINVER	Ausente	
9	UCHA Jacobo	(1)	MASTER 30 MASC	FGC	5h20:37.707	0.719
10	MOSQUERA FERRO Óscar	(34)	MASTER 50 MASC	GARAGE CORSE	5h35:34.047	14:57.059
11	ALVAREZ ALVAREZ Roi	(12)	ABSOLUTA MASC	GARAJE CORSE	5h36:11.095	15:34.107
12	GONZALEZ ABRALDES Adrian	(2)	MASTER 30 MASC	PETA-Z	5h20:38.130	1.142
13	GONZALEZ RODRIGUEZ David	(45)	MASTER 30 MASC	BEBESESEDE	5h40:47.965	20:10.977
14	OTERO FERNANDEZ Juan Pablo	(53)	MASTER 40 MASC	ADC PICARAÑA	5h38:02.498	17:25.510
15	PERNAS HERMIDA Luis		MASTER 50 MASC	SANTANDER GALICIA		
16	PEREZ ALONSO Javier	(30)	MASTER 30 MASC		5h35:40.014	15:03.026
18	GONZALEZ RIVERO Evaristo	(24)	MASTER 40 MASC		5h25:23.363	4:46.375
19	GANDARA LADO Jose Domingo	(47)	MASTER 50 MASC	CLUB CICLISTA DUMBRIA	5h56:09.202	35:32.214
20	OTERO MOURIÑO Javier	(19)	MASTER 50 MASC	C.C.XTREMEBIKE	5h27:05.945	6:28.957
21	BENAVIDES BARREIRO Pablo	(32)	MASTER 50 MASC		5h33:05.699	12:28.711
22	CARBALLIDO FERREIRO Carlos	(58)	MASTER 40 MASC	C.C. PONTEAREAS	5h50:08.265	29:31.277
25	DE CASTRO PARGA Gonzalo	(39)	MASTER 50 MASC	SIRENO TRIATLÓN CLUB	5h42:17.473	21:40.485
26	VILLANUEVA GOICOECHEA Pablo	(87)	MASTER 40 MASC		6h13:51.776	53:14.788
27	SOTELINO GARRIDO Carlos	(90)	MASTER 40 MASC	ADC PICARAÑA	6h22:52.117	1h02:15.129
29	MIGUELEZ PEREIRA Miguel	(69)	MASTER 40 MASC		6h00:25.539	39:48.551
31	IGLESIAS LAMORA Marco Antonio	(10)	ABSOLUTA MASC		5h35:51.117	15:14.129
32	DITANO Annaluísa	(1)	MASTER 40 FEM	CLUB CICLISTA ATLANTIGAS VIGO	6h21:46.443	1h01:09.455
33	GARCIA CASTRO Fernando	(14)	MASTER 50 MASC	TUZAROS	5h22:25.642	1:48.654
34	ALVAREZ FERNANDEZ Higinio	(27)	MASTER 50 MASC	TOLEMIA BIKE CCVC	5h31:41.251	11:04.263
36	IGREXAS SOTO Carlos	(25)	MASTER 30 MASC		5h30:47.799	10:10.811
38	CIMA RAMIREZ Manuel	(7)	ABSOLUTA MASC		5h31:47.718	11:10.730
39	GOMEZ RODRIGUEZ Carlos Manuel	(50)	MASTER 50 MASC	CICLISMO OIENSE	6h03:26.356	42:49.368
40	GOMEZ BARCIELA Carlos	(11)	MASTER 30 MASC	CICLISMO OIENSE	5h20:40.928	3.940
41	LOPEZ MOSCOSO Jesús		MASTER 50 MASC	NO	Ausente	
42	PEREZ MORAIS Pablo	(37)	MASTER 40 MASC	PEÑA AMIL	5h28:48.559	8:11.571
44	PEREZ LOPEZ Tomás	(40)	MASTER 30 MASC	XTREMBIKE	5h37:49.459	17:12.471
45	DOMINGUEZ MARTINEZ Moisés	(48)	MASTER 40 MASC		5h35:49.596	15:12.608
47	GANDIA CASAS Aitor	(10)	MASTER 30 MASC		5h20:40.927	3.939
48	COUSO Alberto	(93)	MASTER 40 MASC	CD MIRADOIRO	6h25:21.435	1h04:44.447
49	MIGUELEZ ROZADA Luis Ángel	(68)	MASTER 40 MASC		6h00:25.462	39:48.474
50	GIRALDEZ CAMESELLA David	(42)	MASTER 40 MASC	ATLETISMO BAIONA	5h31:25.720	10:48.732
52	BENAVIDES FALCON Oscar	(12)	MASTER 40 MASC	TRIATLÓN CORUÑA	5h22:28.120	1:51.132
53	PREGO NOVAS Adrián	(36)	MASTER 30 MASC	GC	5h36:14.911	15:37.923
54	TOUZA PROL Pablo A.	(19)	MASTER 30 MASC	CC MACEDA	5h23:54.114	3:17.126
55	TATO DOMINGUEZ Eloy	(40)	MASTER 40 MASC	ACS SANOMEDIO	5h31:22.840	10:45.852
58	DOPAZO GARCIA Antonio	(6)	MASTER 30 MASC	CLUB CICLISTA O GROVE	5h20:38.711	1.723
61	FERRO PARDAL Juan Luis	(59)	MASTER 50 MASC	ADC PICARAÑA	6h22:51.995	1h02:15.007
62	GROBA PINO Alfonso Valentín		MASTER 50 MASC	ADC PICARAÑA	Ausente	

**Sestelo Clásica Álvaro Pino 2023 META Recorrido largo**  
**Tiempo Meta ordenados por dorsal**

Dor.	Apellidos y nombre	(Cit)	Categoría	Club	Tiempo	Diferencia
63	RODRIGUEZ IGLESIAS Jose Andrés	(60)	MASTER 50 MASC	ADC PICARAÑA	6h22:52.114	1h02:15.126
64	FERNANDEZ PASCUAL Adrián	(28)	MASTER 30 MASC	CLUB DEPORTIVO DELIKIA	5h32:50.473	12:13.485
65	CASTRO COLORADO Benigno	(15)	ABSOLUTA MASC		6h03:31.079	42:54.091
66	PINO RODRIGUEZ Diego	(5)	MASTER 30 MASC	SIN EQUIPO	5h20:38.709	1.721
67	DIAZ TEIJEIRO Alfonso	(1)	MASTER 40 MASC	PETA-Z	5h20:37.508	0.520
68	CORES FIGUEIREDO Ángel	(64)	MASTER 50 MASC	MIRATROTTERS	6h25:21.233	1h04:44.245
69	ARENA RAMILA Ramón	(54)	MASTER 50 MASC		6h07:34.651	46:57.663
71	GESTEIRA ROMERO Jose Antonio	(35)	MASTER 40 MASC	CLUB TRIATLON SABADELL	5h28:17.642	7:40.654
72	LOPEZ MARTINEZ Javier		MASTER 40 MASC	C.C. PONTEAREAS	Ausente	
74	LIZ RODRIGUEZ Jose Carlos	(63)	MASTER 50 MASC	CC TRAVESIA	6h25:20.395	1h04:43.407
78	PAZOS HERNANDEZ Pablo José	(92)	MASTER 40 MASC	CLUB TRIATLON CORUÑA	6h24:07.744	1h03:30.756
79	CAMIÑOS PEREZ Laura	(2)	MASTER 40 FEM	CLUB TRIATLON CORUÑA	6h24:07.442	1h03:30.454
81	MERA PAZO Cesar	(17)	MASTER 40 MASC	A FONTE	5h23:33.368	2:56.380
82	ALVAREZ BUGARIN Eliseo	(72)	MASTER 40 MASC	QUEBICI-MARCISPORT	6h03:29.837	42:52.849
83	CAMPOS BOULLOSA Rubén	(73)	MASTER 40 MASC	MARCISPORT QBICI	6h03:30.557	42:53.569
84	SOUTO CARRACEDO Fernando	(46)	MASTER 30 MASC	CLUB DEPORTIVO DELIKIA	5h40:50.475	20:13.487
85	LORENZO IGLESIAS Javier	(32)	MASTER 40 MASC		5h27:19.882	6:42.894
86	MARTINEZ BARGIELA Bruno	(38)	MASTER 30 MASC	GARAJE CORSE TEAM	5h36:15.115	15:38.127
87	SOUTO TABOAS Ricardo	(60)	MASTER 40 MASC	ACMP	5h50:13.558	29:36.570
89	CAMBEIRO TOURIÑO Paulo		MASTER 30 MASC	CLUB TRIATLON CORUÑA	Ausente	
90	VILA Yonatan	(58)	MASTER 30 MASC	GARAJE CORSE	5h55:53.602	35:16.614
91	MARTINEZ BARGIELA Pedro	(20)	MASTER 30 MASC	GARAJE CORSE	5h25:46.783	5:09.795
92	CARBALLEIRA VAZQUEZ Gustavo		MASTER 40 MASC	TEIS, C.C.	Ausente	
93	CHAMORRO RIAL Alberto	(11)	ABSOLUTA MASC		5h36:10.815	15:33.827
94	MOURIÑO Lazaro	(43)	MASTER 30 MASC	GARAJE CORSE	5h38:07.976	17:30.988
95	BLANCO TOME Oscar		MASTER 40 MASC	BTTEIROS COVA DA SERPE	Ausente	
96	VILA PORTO Javier	(39)	MASTER 30 MASC	GARAJE CORSE	5h36:19.368	15:42.380
97	GARCIA PRESA Jose Antonio		MASTER 40 MASC	CC PONTEAREAS	Ausente	
98	MOURIÑO FORTES Victor Manuel	(59)	MASTER 40 MASC		5h50:09.824	29:32.836
101	PINO GONZALEZ Santiago		MASTER 40 MASC	FUCHIS	Ausente	
102	MARTINEZ JUSTE Victor Manuel		MASTER 40 MASC	FUCHIS	Ausente	
103	DOMINGUEZ PAZO Jose Carlos	(54)	MASTER 30 MASC		5h44:49.471	24:12.483
106	ALFAYA Jose	(55)	MASTER 40 MASC	C.D. DELIKIA	5h39:47.488	19:10.500
108	ARUFE Jorge	(20)	MASTER 50 MASC		5h27:06.120	6:29.132
109	HERNANDEZ MALAGON Jose Angel	(59)	MASTER 30 MASC		5h55:59.598	35:22.610
110	CARREIRA LOPEZ Luis	(84)	MASTER 40 MASC		6h09:03.305	48:26.317
111	DIEZ LAZARO Javier	(85)	MASTER 40 MASC		6h09:26.509	48:49.521
112	QUINTELA ALONSO Pablo	(86)	MASTER 40 MASC		6h09:27.048	48:50.060
113	LORENZO MAYO Juan José	(55)	MASTER 50 MASC	OS ABESOUROS	6h09:03.089	48:26.101
117	FERNANDEZ CARRERA Roberto		MASTER 40 MASC	C.CICLUTURISTA LAMPREA	Ausente	
119	MARTINEZ MIGUEZ Iván	(56)	MASTER 40 MASC	C.CICLISTA XTREMEBIKE	5h40:53.058	20:16.070
121	PORTO PEREIRA Alejandro	(38)	MASTER 40 MASC	PICARAÑA	5h29:48.700	9:11.712
122	SOTO VIÑAS Diego	(67)	MASTER 40 MASC	CLUB TRIATLON CORUÑA	5h56:59.642	36:22.654
123	NEIRA CONDE Jose Luis	(25)	MASTER 50 MASC		5h30:56.792	10:19.804
124	SUAREZ LAGO Jose Antonio	(66)	MASTER 40 MASC	CLUB CICLISTA DUMBRIA	5h56:09.221	35:32.233
126	ALONSO Manuel	(62)	MASTER 50 MASC	TRAVIESAS, C.C	6h25:20.193	1h04:43.205
127	ALONSO MIGUEZ Juan	(26)	MASTER 30 MASC	ACD SANOMEDIO	5h31:22.842	10:45.854

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Dor.	Apellidos y nombre	(Cl)	Categoría	Club	Tiempo	Diferencia
128	LOPEZ LOPEZ Juan Carlos	(19)	MASTER 40 MASC	PINTURASRAFA	5h23:51.585	3:14.597
129	GARCIA VAZQUEZ Pablo	(48)	MASTER 50 MASC		5h56:59.643	36:22.655
130	DIEGUEZ GOMEZ Javier	(83)	MASTER 40 MASC	CLUB BIKINEROS	6h08:25.028	47:48.040
131	PEREZ PEREZ Sergio	(36)	MASTER 40 MASC	INDEPENDIENTE	5h28:23.581	7:46.593
132	TRILLO CALVO Victor Manuel	(12)	MASTER 50 MASC	CC.DUMBRIA	5h20:45.911	8.923
133	TABOADA FERNANDEZ Oscar	(15)	MASTER 40 MASC	CLUB TRIATLON VAO	5h22:32.321	1:55.333
134	LADO SANCHEZ Xose Manuel	(21)	MASTER 50 MASC	SIN EQUIPO	5h27:10.744	6:33.756
135	RIVEIRA MONTES Manuel	(77)	MASTER 40 MASC	BIKESTRADA	6h06:08.544	45:31.556
136	CASTROMAN LOPEZ Jose	(52)	MASTER 50 MASC	BIKESTRADA	6h06:08.562	45:31.574
137	MONTORIO FERRANDEZ Jesús	(8)	MASTER 50 MASC	CC OLIVICO	5h20:41.588	4.600
138	PINO PORTO Eduardo	(50)	MASTER 40 MASC		5h36:16.195	15:39.207
139	SUAREZ MOLEDO Faustino		MASTER 50 MASC	C.C.DUMBRÍA	Ausente	
141	VAZQUEZ FERNANDEZ Alberto	(57)	MASTER 40 MASC	CIDADE DE LUGO	5h42:13.730	21:36.742
142	LOIS BERMUDEZ Javier	(51)	MASTER 40 MASC	PETA Z	5h36:22.557	15:45.569
143	RODRIGUEZ FERNANDEZ Jose Javier	(70)	MASTER 40 MASC		6h00:52.539	40:15.551
144	URRUTIA ALVARADO Esteban	(20)	MASTER 40 MASC	V BIKES	5h23:55.149	3:18.161
145	MONTE SECADES Rafael	(43)	MASTER 50 MASC	CLUB MONTE PENARRUBIA	5h52:31.354	31:54.366
146	CERQUEIRO GONZALEZ Jose Manuel	(51)	MASTER 50 MASC	MURUM ATHELTICA	6h05:49.108	45:12.120
149	ALVAREZ JORGE Miguel	(13)	ABSOLUTA MASC		5h51:07.143	30:30.155
150	SOTO FERNANDEZ Miguel	(54)	MASTER 40 MASC	MAESE RIDERS TEAM, C. C	5h39:01.375	18:24.387
151	PAIS POL Angel		MASTER 40 MASC	VBIKES	Ausente	
152	PRIETO VARELA Gonzalo	(45)	MASTER 50 MASC		5h55:07.865	34:30.877
155	YANES GUTIERREZ Ruben	(9)	MASTER 30 MASC	PETA-Z	5h20:40.372	3.384
156	MOLDES SUAREZ Valeriano	(81)	MASTER 40 MASC	EL PUERTO BWS	6h07:50.911	47:13.923
157	DOMINGUEZ SEQUEIROS Óscar	(61)	MASTER 30 MASC		6h05:01.800	44:24.812
158	POL BALADO Jesús	(23)	MASTER 40 MASC	VBIKES TEAM	5h25:04.064	4:27.076
159	VIÑUELA Jose	(43)	MASTER 40 MASC	PALMKIDS BHCC	5h31:45.417	11:08.429
160	SANTERBAS Antonio	(40)	MASTER 50 MASC		5h42:38.252	22:01.264
161	ALONSO PREGAL David	(55)	MASTER 30 MASC	ATLETISMO PORRIÑO	5h48:46.071	28:09.083
162	CAMBA AÑON Juan Carlos	(14)	ABSOLUTA MASC	MARCIAL SPORT	6h03:29.399	42:52.411
165	LEMONS FERNANDEZ Casiano		MASTER 40 MASC	CLUB ATLETISMO PORRIÑO	Ausente	
167	DIAZ RAMOS José Carlos	(25)	MASTER 40 MASC		5h25:40.017	5:03.029
168	SUAREZ GARRIDO Moncho	(46)	MASTER 50 MASC	CLUB DEPORTIVO DELIKIA	5h55:08.005	34:31.017
169	PONTE GONZALEZ Jaime	(53)	MASTER 50 MASC		6h06:53.470	46:16.482
170	JORGE CAO Juan Jose	(44)	MASTER 30 MASC	CLUB DEPORTIVO DELIKIA	5h38:39.699	18:02.711
171	JUNQUERA RODRIGUEZ Iván	(30)	MASTER 40 MASC		5h27:08.217	6:31.229
173	GARCIA EIRAS Alberto	(36)	MASTER 50 MASC	PLAN C	5h37:49.324	17:12.336
178	VILLANUEVA COMESAÑA Alberto	(32)	MASTER 30 MASC	BIKE OU NON VAI	5h35:55.576	15:18.588
179	SANTOS ALONSO Isaac	(76)	MASTER 40 MASC	PLAN C	6h06:07.503	45:30.515
181	FERNANDEZ FERNANDEZ Francisco Javier	(82)	MASTER 40 MASC	ATLETISMO BAIONA	6h08:21.841	47:44.853
182	GUERRA GONZALEZ Carlos	(13)	MASTER 40 MASC	PALMKIDS BHCC	5h22:28.980	1:51.992
184	BLANCO TODEA Cesar Fco	(18)	MASTER 40 MASC	BIKE OU NON VAI	5h23:51.506	3:14.518
185	SOUTO SOUTO Christian	(6)	ABSOLUTA MASC	TOLEMIA BIKE	5h31:41.181	11:04.193
186	GARCIA QUEROL Pablo	(12)	MASTER 30 MASC	ATENEA STREET CYCLING TEAM	5h20:43.658	6.670
188	REY IGLESIAS Juan José	(64)	MASTER 40 MASC	PATERBERG	5h54:58.805	34:21.817
189	OSORNO RODRIGUEZ Adrián	(41)	MASTER 30 MASC	PAN DE ZARCO	5h38:02.615	17:25.627
190	CARRIL PREGO Eduardo León	(14)	MASTER 40 MASC	TUROQUA	5h22:31.524	1:54.536



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Dor.	Apellidos y nombre	(Cit)	Categoría	Club	Tiempo	Diferencia
191	ABUIN CRESPO Fran	(46)	MASTER 40 MASC	POIO BIKE CLUB	5h34:48.512	14:11.524
194	FONTENLA TORRES Manuel	(79)	MASTER 40 MASC	CAMPO LAMEIRO CD CC	6h07:50.850	47:13.862
196	GROBAS CAMPOS Jorge	(18)	MASTER 30 MASC	TRIATLÓN PC RIAS BAIXAS	5h23:46.508	3:09.520
199	CALVIÑO GROBA Antonio		MASTER 50 MASC	CC LAMPREA	Ausente	
201	CABANA GONZALEZ Andrés		MASTER 50 MASC	CC CHANTADINO	Ausente	
202	RODRIGUEZ CARBALLIDO Guillermo		MASTER 50 MASC	PLAN C	Ausente	
204	MOREIRA PEREIRA Enrique	(89)	MASTER 40 MASC	ADN BIKERS	6h21:44.272	1h01:07.284
205	SANTISO VILA Rubén	(64)	MASTER 30 MASC		6h14:17.423	53:40.435
206	RIVEIRO SEBASTIAN Fernando	(63)	MASTER 30 MASC		6h14:14.581	53:37.593
209	PORTELA FERREÑO Ana	(1)	ABSOLUTA FEM	SUPERMERCADOS FROIZ	5h25:01.204	4:24.216
210	RODRIGREZ REY Marcial	(10)	MASTER 50 MASC	QUEBICI	5h20:42.798	5.810
211	OLIVEIRA BOGA Jose Manuel	(11)	MASTER 50 MASC	OLIVEIRA BIKES	5h20:43.661	6.673
212	SILVA CORRAL Hugo	(15)	MASTER 30 MASC	POIO BIKE	5h22:24.787	1:47.799
214	GONZALEZ REJAS Miguel		MASTER 50 MASC	LAMPREA	Ausente	
215	ROMERO PEREIRA David Antonio	(15)	MASTER 50 MASC	RODOSA	5h22:40.626	2:03.638
221	FERNANDEZ MACEIRA Jesus		MASTER 50 MASC	PEÑA AMIL	Ausente	
226	NEGREIRA CANAY Javier	(33)	MASTER 40 MASC		5h28:00.341	7:23.353
227	GONZALEZ FONTAN Paulo	(7)	MASTER 30 MASC	C.C. SALVATERRA DE MIÑO	5h20:38.822	1.834
229	OTERO SOTELO Francisco Jose		MASTER 50 MASC			
230	PIÑEIRO FERNANDEZ Alberto	(47)	MASTER 30 MASC	ACD SANOMEDIO	5h40:50.536	20:13.548
231	SOUTO OTERO Jaime	(16)	MASTER 50 MASC	CLUB CICLISTA TERRAS DO EUME	5h23:09.792	2:32.804
232	SOUTO JIMENEZ Jesús	(56)	MASTER 30 MASC	CC TERRAS DO EUME	5h50:09.607	29:32.619
233	DURAN DURAN Patricio	(26)	MASTER 40 MASC	CLUB CICLISTA A LAMPREA	5h25:46.703	5:09.715
234	CASTRO SIEIRO Roberto D.	(17)	MASTER 50 MASC	BTT ULTREIA	5h23:33.221	2:56.233
235	LOPEZ DE GUEREÑO LAREU BALO Juan Luis	(5)	MASTER 50 MASC	LASAL COCINAS LOURIÑA	5h20:39.009	2.021
237	RODRIGUEZ ALVAREZ Perfecto	(71)	MASTER 40 MASC		6h03:29.600	42:52.612
238	PEREIRA RODRIGUEZ Jose Antonio		MASTER 50 MASC	PICARAÑA	Ausente	
240	LADO LESTON José Antonio	(13)	MASTER 50 MASC	MUROS	5h22:24.647	1:47.659
241	HERNANDEZ BRITO Elvis	(2)	ABSOLUTA MASC	OIENSE	5h20:40.667	3.679
242	RODRIGUEZ GONZALEZ Jesús	(30)	MASTER 50 MASC	TRIATLÓN VAO	5h32:56.438	12:19.450
245	GIL ALONSO Francisco	(33)	MASTER 50 MASC	CLUB TRIATLON VAO	5h34:33.848	13:56.860
246	LOPEZ DOPICO Fátima	(1)	MASTER 30 FEM		5h41:16.495	20:39.507
247	RIOS GOMEZ Fernando	(49)	MASTER 30 MASC	SKAPAOS	5h41:16.894	20:39.906
248	ALONSO ALVAREZ Alejandro	(8)	MASTER 30 MASC	SALVATERRA DE MIÑO CC	5h20:40.218	3.230
249	BRAGADO FERNADEZ Ivan	(94)	MASTER 40 MASC	DISCAMINO	7h20:12.162	1h59:35.174
250	SUAREZ GULLON Gustavo	(45)	MASTER 40 MASC	CLUB TRIATLON VAO	5h32:53.840	12:16.852
251	COVELO LOPEZ Jose	(28)	MASTER 50 MASC	TRIVAO	5h32:53.897	12:16.909
252	PEREZ FERREIRO Juan	(26)	MASTER 50 MASC	TRIVAO	5h31:23.240	10:46.252
253	MIGUELEZ GARCIA Xacobe	(4)	MASTER 40 MASC	CORUXO	5h20:39.013	2.025
254	SUAREZ ALONSO Miguel Angel	(11)	MASTER 40 MASC	MASTER DA LOURIÑA	5h20:43.378	6.390
255	DUPONT Manuel	(63)	MASTER 40 MASC	CLUB CICLISTA OROSO	5h53:44.820	33:07.832
258	MUGICA IZAGUIRRE Mikel	(37)	MASTER 30 MASC	GARAJE CORSE	5h36:15.096	15:38.108
259	GONZALEZ POTES Jose Luis	(6)	MASTER 50 MASC	CLUB CICLISTA TREITOIRO	5h20:39.528	2.540
260	PAREDES DIAZ Manuel Augusto	(6)	MASTER 40 MASC		5h20:39.848	2.860
263	PEREZ BLANCO Pablo	(35)	MASTER 50 MASC	CLUB DEPORTIVO DELIKIA	5h36:50.835	16:13.847
264	GARCIA Lucas	(22)	MASTER 40 MASC	WATTS LAB	5h25:01.094	4:24.106
266	ALONSO RODRIGUEZ Senén	(48)	MASTER 30 MASC	GARAJE CORSE	5h40:50.616	20:13.628

**Sestelo Clásica Álvaro Pino 2023 META Recorrido largo**  
**Tiempo Meta ordenados por dorsal**

Dor.	Apellidos y nombre	(Cit)	Categoría	Club	Tiempo	Diferencia
267	MAGALLANES GARCIA Alberto	(21)	MASTER 40 MASC	MASTER MORRAZO	5h23:58.981	3:21.993
268	MARTINEZ COSTAS Omar	(34)	MASTER 40 MASC	MASTER MORRAZO	5h28:07.273	7:30.285
269	MOSTEIRO Arturo	(44)	MASTER 50 MASC	ARMENTEIRAIPUNTO	5h53:44.161	33:07.173
270	FERNANDEZ ALONSO José María	(61)	MASTER 40 MASC		5h52:14.578	31:37.590
271	LOPEZ ESTEVEZ Samuel	(21)	MASTER 30 MASC	CC ARAGONTA	5h26:55.799	6:18.811
273	RODRIGUEZ OLIVEIRA Jorge	(75)	MASTER 40 MASC	CC ARAGONTA	6h05:01.523	44:24.535
274	LOPEZ ESTEVEZ Roberto	(14)	MASTER 30 MASC	CC ARAGONTA	5h22:16.687	1:39.699
275	ALONSO BLANCO David	(29)	MASTER 30 MASC	CC ARAGONTA	5h32:52.210	12:15.222
276	PEREIRA ALONSO Daniel		MASTER 30 MASC	CC ARAGONTA	Ausente	
277	FERNANDEZ POUSADA Francisco	(31)	MASTER 40 MASC		5h27:13.823	6:36.835
278	RODRIGUEZ FERREIRO Felipe	(62)	MASTER 30 MASC		6h12:00.644	51:23.656
279	FERNANDEZ OÑATE Manuel Alfonso	(57)	MASTER 50 MASC		6h11:46.085	51:09.097
280	PEREZ VALCARCEL Abel	(27)	MASTER 40 MASC	CC ARAGONTA	5h26:28.236	5:51.248
281	COSTAS PEREZ David		MASTER 40 MASC	CC CHANTADINO	Ausente	
282	PEREZ MARTINEZ Gustavo	(3)	MASTER 30 MASC	SANOMEDIO	5h20:38.227	1.239
283	DOVAL FERNANDEZ Ivan	(39)	MASTER 40 MASC	CONDADO BIKE	5h31:09.861	10:32.873
284	LEMONS GIRALDEZ David	(35)	MASTER 30 MASC	MUSICA DE VIENTO	5h36:05.458	15:28.470
285	GANDARA ESTEVEZ Diego	(34)	MASTER 30 MASC	MUSICA DE VIENTO	5h36:05.455	15:28.467
286	MARTINEZ VALCARCEL Ricardo	(33)	MASTER 30 MASC	MUSICA DE VIENTO	5h36:05.340	15:28.352
287	FERNANDEZ CASTIÑEIRA Alberto	(4)	MASTER 50 MASC	CC CHANTADINO	5h20:38.408	1.420
288	RODRIGUEZ GONZALEZ Francisco José	(7)	MASTER 50 MASC	CC CHANTADINO	5h20:39.529	2.541
289	PEREZ VALCARCEL Pablo	(74)	MASTER 40 MASC	CC ARAGONTA	6h04:59.854	44:22.866
290	CAMESELLE CARIDE Daniel	(52)	MASTER 40 MASC	INDEPENDIENTE	5h36:41.112	16:04.124
292	MISA VALVERDE Emilio	(16)	MASTER 40 MASC	TEAM OIENSE	5h22:41.418	2:04.430
293	DIAZ FERREIRO Jairo	(57)	MASTER 30 MASC	ANCARES BIKE	5h53:20.342	32:43.354
294	MONTERO VAZQUEZ Senén	(62)	MASTER 40 MASC	C.C. A NARES BIKE	5h53:18.602	32:41.614
295	VAZQUEZ BARREIRO Gonzalo	(24)	MASTER 50 MASC		5h30:46.638	10:09.650
298	LOMBA MARTINEZ Victor	(47)	MASTER 40 MASC		5h35:40.013	15:03.025
300	BLANCO GONZALEZ Miguel Angel	(37)	MASTER 50 MASC	INDEPENDIENTE	5h39:00.730	18:23.742
301	FERNANDEZ COMESAÑA Manuel	(23)	MASTER 50 MASC	CC MIÑOR BIKE	5h30:44.061	10:07.073
303	RODICIO GARCIA Iago	(65)	MASTER 40 MASC		5h55:07.936	34:30.948
304	VIEIRA MONTENEGRO Eduardo		MASTER 50 MASC	SIRENO TRIATLÓN CLUB	Ausente	
305	GARCIA SALGADO Claudia	(2)	ABSOLUTA FEM	PLAN C	5h40:12.614	19:35.626
306	LAGO REY Brais	(42)	MASTER 30 MASC	INDEPENDIENTE	5h38:03.276	17:26.288
307	RODRIGUEZ FERNANDEZ Luis	(3)	ABSOLUTA MASC	ANCARES BIKE	5h20:44.879	7.891
308	MOURIN FONTEVEDRA Ivan	(8)	ABSOLUTA MASC	ANCARES BIKE	5h32:49.309	12:12.321
309	BAAMONDE GONZALE Antonio	(49)	MASTER 50 MASC	CLUB TRIATLÓN MORRAZO	6h01:02.268	40:25.280
310	FONTAN CELARD Óscar José	(88)	MASTER 40 MASC	CLUB CICLISTA PONTEAREAS	6h14:34.514	53:57.526
311	PRIETO FDEZ. Enrique	(78)	MASTER 40 MASC	CAMPO LAMEIRO CD CLUBE CICLIST	6h07:50.749	47:13.761
312	RODRIGUEZ SEARA Juan José	(4)	ABSOLUTA MASC	CÓDIGO BIKE TEAM	5h22:40.388	2:03.400
314	PEREZ LABACA DIZ Xoán Xosé	(41)	MASTER 50 MASC	GRUPETA PAN DE ZARKO	5h43:00.607	22:23.619
317	MARTINEZ CABEZAS Martín	(29)	MASTER 40 MASC		5h27:06.996	6:30.008
318	CORTIZO BOULLOSA Miguel	(27)	MASTER 30 MASC	ASOCIACIÓN DEPORTIVA C.A.R	5h32:41.021	12:04.033
319	MARTINEZ NIETO Ruben	(44)	MASTER 40 MASC		5h31:54.593	11:17.605
321	ISORNA MANTECA Adrian	(24)	MASTER 30 MASC	C.C.TORRES DE OESTE	5h28:17.802	7:40.814
322	RODRIGUEZ SEARA Daniel	(17)	MASTER 30 MASC	CÓDIGO BIKE TEAM	5h22:40.268	2:03.280
323	INCUTTI TELLADO Denis	(5)	ABSOLUTA MASC	C.C NARÓN	5h26:52.878	6:15.890

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Dor.	Apellidos y nombre	(Cl)	Categoría	Club	Tiempo	Diferencia
324	MATEOS GIL Jaime	(23)	MASTER 30 MASC	BICIS OLIVEIRA	5h28:11.082	7:34.094
325	GARCIA FERNANDEZ Baldomero	(58)	MASTER 50 MASC		6h21:44.273	1h01:07.285
327	LAGOA GUARDADO Alvaro	(42)	MASTER 50 MASC	BIKE OU NON VAI	5h47:54.769	27:17.781
328	BAUTISTA BUGARIN Carlos	(9)	ABSOLUTA MASC	C.C.FARTO	5h35:21.836	14:44.848
336	SOUSA CORBACHO Jorge	(16)	MASTER 30 MASC		5h22:30.386	1:53.398
337	UBEIRA RIOS Jose Manuel	(4)	MASTER 30 MASC	CONDADO BIKE-BIZIEBIKE	5h20:38.229	1.241
338	RIVERA RODRIGUEZ Pedro	(53)	MASTER 30 MASC		5h43:32.845	22:55.857
339	OUTON FERREIRO Amador	(80)	MASTER 40 MASC	C.C CAMPO LAMEIRO S.D	6h07:50.869	47:13.881
340	LEGASPI PEDREIRA Jose Antonio	(56)	MASTER 50 MASC	INDIVIDUAL	6h09:29.992	48:53.004
342	SERANTES FERNANDEZ Andrés	(51)	MASTER 30 MASC		5h42:18.354	21:41.366
343	VILLADONIGA GARROTE Juan Carlos	(2)	MASTER 40 MASC		5h20:37.848	0.860
344	FDEZ GLEZ Camilo	(91)	MASTER 40 MASC		6h23:42.855	1h03:05.867
345	FONTAN TRONCOSO Roberto	(5)	MASTER 40 MASC	CORBELO	5h20:39.209	2.221
346	ARES VAZQUEZ Marcos	(49)	MASTER 40 MASC	CORBELO	5h36:12.908	15:35.920
347	GARCIA DIOS Juan	(41)	MASTER 40 MASC	TRIATLON RIAS BAIXAS	5h31:23.314	10:46.326
349	OSA Juan Ramon		MASTER 50 MASC		Ausente	
350	COSTAS DURAN Adrián	(31)	MASTER 30 MASC	CLUB CICLISTA TRAVIESAS	5h35:41.436	15:04.448
351	GONZALEZ GARRIDO Antonio	(31)	MASTER 50 MASC	CLUB CICLISTA SALVATERRA DE MI	5h33:01.671	12:24.683
352	COMESAÑA FORTES Jose Manuel	(9)	MASTER 50 MASC	MONTEFERRO	5h20:42.130	5.142
354	CARREIRO BOULLOSA Carlos	(10)	MASTER 40 MASC	SINGLETRACKS	5h20:43.322	6.334
355	BARCALA FARTO Aitor	(13)	MASTER 30 MASC	BIKE O FACHO	5h22:04.788	1:27.800
356	CRUZ DASILVA Yeray	(22)	MASTER 30 MASC	C C BUEU	5h28:03.503	7:26.515
357	VAZQUEZ VAZQUEZ Antonio	(18)	MASTER 50 MASC	BIKE OU NON VAI	5h23:51.597	3:14.609
358	BARCIELA ALONSO Manuel	(61)	MASTER 50 MASC		6h22:52.365	1h02:15.377
360	BOENTE CAMPOS José Luis	(22)	MASTER 50 MASC	TREK FACTORY RACING	5h27:12.104	6:35.116
361	OLMEDO VALLEDOR Victoriano	(3)	MASTER 40 MASC		5h20:37.908	0.920
362	ROMERO VELOSO Jesús	(52)	MASTER 30 MASC	MÚSICA DE VIENTO	5h43:04.067	22:27.079
363	PEREZ PEDREIRA Lorenzo	(28)	MASTER 40 MASC	CC MONTES DO DEZA	5h26:53.623	6:16.635
364	PEREZ ALONSO Cristina	(2)	MASTER 30 FEM		6h23:25.083	1h02:48.095
365	ESTEVEZ PEREZ Antonio	(60)	MASTER 30 MASC		6h00:54.418	40:17.430
366	LEBOSO MORAIS Moises	(9)	MASTER 40 MASC		5h20:42.760	5.772
367	SANTOS GONZALEZ Francisco José	(50)	MASTER 30 MASC		5h42:14.074	21:37.086
368	MOSQUERA MIGUEZ Ezequiel	(7)	MASTER 40 MASC		5h20:41.387	4.399
371	IGLESIAS CRESPO Jose Luis	(38)	MASTER 50 MASC	ASOCIACIÓN CICLOTURISTA OURENS	5h39:01.696	18:24.708

**CRONOMETRAJE**