



V CARREIRA CALVARIO 5+5

Clasificación Categorías 10K

Cl	Dor.	Apellidos y nombre	Equipo	Inter 1	(Cl)	Tiempo	Diferencia
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DF 10K

1	335	SOUSA Anabela	CENTRO DE ATLETISMO DE ARCOS D	22:50.668	(1)	47:28.750	
2	168	BAR IGLESIAS Aroha		27:19.654	(2)	54:58.496	7:29.746
3	220	BAUTISTA ESTEVEZ Uxía	ATLETISMO PORRIÑO	27:19.964	(3)	54:58.707	7:29.957

DM 10K

1	334	NOGUEIRA Tiago	CENTRO DE ATLETISMO DE ARCOS D	19:02.053	(1)	39:31.159	
2	411	HUERTAS MENOR Jorge	KOP DE VIGO	22:02.827	(2)	44:36.456	5:05.297
3	46	FERNANDEZ FERREIRO Cosme		33:52.235	(3)	1h10:34.776	31:03.617

F1 10K

1	2	IGLESIAS CARBALLIDO Andrea	ATHLETIS FISIOTERAPIA SAN LÁZA	18:38.613	(1)	38:28.128	
2	54	ALVAREZ RODRIGUEZ Noemí	MAISQUEAUGA	20:26.918	(2)	41:20.118	2:51.990
3	207	RODRIGUEZ GONZALEZ Nerea	ATLETISMO PORRIÑO	20:50.053	(3)	42:36.019	4:07.891
4	86	GALLEGO CANABAL Laura	CLUB DEPORTIVO DELIKIA	21:16.239	(4)	42:51.664	4:23.536
5	63	POMBO LOPEZ Belén		23:38.895	(7)	46:45.180	8:17.052
6	58	ABELEIRA CARBALLO Irene		23:15.351	(5)	47:39.214	9:11.086
7	214	SAMPEDRO GARRIDO Julia	MAISQUEAUGA	23:40.636	(9)	47:44.261	9:16.133
8	215	LLORENTE MARTINEZ Lucia	MAISQUEAUGA	23:40.557	(8)	47:44.479	9:16.351
9	271	NOVOA ALONSO Tamara	VIGOENTRENA	23:37.534	(6)	48:07.562	9:39.434
10	188	VERGARA VILLADA Andrea Yeritza		24:07.849	(10)	48:16.772	9:48.644
11	329	CASAS SANTOME Raquel		24:49.774	(11)	49:04.954	10:36.826
12	450	SANTOME RIOBO Alejandra		25:04.515	(12)	49:58.001	11:29.873
13	338	COMESAÑA FOJO Olalla		25:57.703	(14)	51:00.320	12:32.192
14	62	CEBREIROS IGLESIAS Sira	A.D. LIMIACTIVA	26:02.602	(15)	51:56.020	13:27.892
15	297	MORENO LOBARIÑAS Rita Anaís		26:42.657	(17)	52:13.996	13:45.868
16	107	LOPEZ BOLAS Alba	ATHLETICS	26:24.814	(16)	52:32.195	14:04.067
17	150	MARTIN PALLES Andrea	BROTHERS55	25:49.671	(13)	53:46.456	15:18.328
18	109	PEREZ PARCERO Elena		26:44.594	(18)	54:12.976	15:44.848
19	165	ORTIZ CIDRE Andrea		27:01.332	(20)	54:39.897	16:11.769
20	185	FEBREIRO COSTAS Andrea		26:48.093	(19)	54:45.155	16:17.027
21	99	VELASCO FONDEVILA Laura		27:44.082	(21)	56:23.055	17:54.927
22	293	CASTRO PARDAVILA Nerea		28:12.802	(22)	56:47.643	18:19.515
23	64	DOMINGUEZ PEREZ Naomi		28:36.285	(23)	57:54.555	19:26.427

M1 10K

1	398	GUTIERREZ GONZALEZ Carlos Enrique	CLUB DEPORTIVO DELIKIA	15:53.986	(1)	31:53.883	
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Clt	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clt)	Tiempo	Diferencia
2	282	COMESAÑA PEREIRA Celso	CLUB DEPORTIVO DELIKIA	16:07.538 (2)	33:24.631	1:30.748
3	331	PEREZ BLANCO Xosé	ATLETISMOARENTEIRO	16:44.517 (3)	33:44.884	1:51.001
4	131	BARREIRO GOMEZ Martin	TRINORTH	17:07.604 (4)	35:11.490	3:17.607
5	77	GARCIA QUEROL Pablo	CLUB DEPORTIVO DELIKIA	17:27.797 (5)	35:21.022	3:27.139
6	328	VAÑO PEIDRO Sergi	CLUB DEPORTIVO DELIKIA	17:29.722 (6)	35:38.822	3:44.939
7	291	OTERO RAMIREZ Alejandro	ATHLETIS FISIOTERAPIA SAN LÁZA	17:51.722 (7)	35:48.149	3:54.266
8	258	MURIAS RODRIGUEZ Alejandro	LASER GALICIA RANING	18:13.574 (9)	36:40.283	4:46.400
9	94	ALONSO GONZALEZ André		18:16.344 (11)	36:44.001	4:50.118
10	217	FERNANDEZ FERNANDEZ Christian		18:14.912 (10)	36:44.770	4:50.887
11	248	PIÑEIRO LESTON Fernando	ATLETISMO PORRIÑO	18:28.171 (12)	37:18.968	5:25.085
12	289	DOMINGUEZ VILA Pablo	VIGOENTRENA	18:07.741 (8)	37:31.607	5:37.724
13	61	DAFONTE MARTINEZ Miguel	VIGOENTRENA	18:39.480 (14)	37:34.920	5:41.037
14	399	CORRAL SERTAL Javier	TRIATLÓN COMPOSTELA	18:31.161 (13)	38:07.703	6:13.820
15	181	IGLESIAS AGULLA David		18:56.131 (15)	38:36.139	6:42.256
16	407	RODRIGUEZ FERREIRO Miguel	BURGAS OURENSE	19:07.154 (16)	38:42.827	6:48.944
17	92	FERNANDEZ RODRIGUEZ David		19:58.620 (18)	39:44.244	7:50.361
18	278	PUIME COMESAÑA Jonathan		20:22.079 (22)	39:45.006	7:51.123
19	247	OTERO TABOADA Eloy		20:06.081 (19)	39:51.206	7:57.323
20	98	DIAZ CID Javi		20:07.391 (20)	40:41.466	8:47.583
21	233	CABALEIRO ROCHA Daniel	BIKILA	20:17.094 (21)	40:54.225	9:00.342
22	138	OTERO GONZALEZ Dylan		20:47.813 (25)	41:32.244	9:38.361
23	426	AGREDA CASTRO Alex		20:34.669 (23)	41:46.945	9:53.062
24	370	COSTAS BARCIA Diego	MAISQUEAUGA	20:55.860 (27)	42:01.700	10:07.817
25	396	URBANO MARTINEZ Jorge	CLUBE ATLETISMO BURELA	20:53.072 (26)	42:13.259	10:19.376
26	381	LAFUENTE VIÑAS Pablo		21:07.728 (30)	42:27.921	10:34.038
27	457	FERNANDEZ PASCUAL Adrián	CLUB DEPORTIVO DELIKIA	21:15.861 (31)	42:51.542	10:57.659
28	341	BLANCO MARTINEZ Diego	CLUB DEPORTIVO DELIKIA	21:16.130 (32)	42:53.093	10:59.210
29	173	ARIAS Manuel		21:07.514 (29)	42:56.255	11:02.372
30	67	DIAZ SANTOS Juan Manuel		20:46.169 (24)	43:07.261	11:13.378
31	290	BAO FERNANDEZ Francisco		21:34.841 (34)	44:07.486	12:13.603
32	438	PEREZ COUÑAGO Adrian	QUE BICI MARCISPORT	21:35.697 (35)	44:08.005	12:14.122
33	234	LOPEZ RODRIGUEZ David		21:03.378 (28)	44:13.058	12:19.175
34	440	MANSO MORADILLO Diego		22:39.877 (40)	44:26.654	12:32.771
35	265	SUAREZ OGANDO Adrián	MAISQUEAUGA	21:47.269 (36)	44:34.003	12:40.120
36	202	BARREIRO VALLS Pedro	MAISQUEAUGA	21:58.087 (38)	44:38.122	12:44.239
37	366	SULBARAN VIDAL Jesús Manuel	CERTA	21:26.689 (33)	45:01.983	13:08.100
38	155	RODRIGUEZ LAGO Miguel		21:53.718 (37)	45:20.694	13:26.811
39	244	COSTA PAZO Artur	VIGOENTRENA	22:48.889 (43)	46:00.721	14:06.838
40	29	CALVO Brais		23:31.899 (46)	46:04.040	14:10.157
41	295	SANCHEZ VAZQUEZ Alejandro	UVU BRODIS	24:11.349 (54)	46:04.801	14:10.918
42	303	SAMOELLE ABALDE Oscar		22:44.981 (41)	46:04.923	14:11.040
43	420	DOMINGUEZ Omar		22:47.500 (42)	46:06.321	14:12.438
44	365	ALEGRE REIGOSA Fran		23:13.238 (45)	46:31.478	14:37.595
45	373	RODRIGUEZ FLORES Marco Antonio	CARROZAS	22:37.836 (39)	46:43.732	14:49.849

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Clt	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clt)	Tiempo	Diferencia
46	96	SOUSA RIBEIRO Eduardo		23:59.434 (50)	46:43.733	14:49.850
47	235	SANCHEZ-MATEOS PANIAGUA Manuel		23:37.828 (47)	46:49.715	14:55.832
48	174	MIRANDA ACUÑA Javier	ATLETISMO ESTRADA	26:05.453 (72)	47:01.131	15:07.248
49	163	RIVERA CANICOBA Alberto		24:16.731 (56)	47:35.653	15:41.770
50	294	SANCHEZ VAZQUEZ Fernando	UVU BRODIS	24:12.076 (55)	47:47.712	15:53.829
51	31	PALOMEQUE TORRAS José Maria		23:38.497 (48)	47:57.541	16:03.658
52	187	COMESAÑA FIGUEROA Carlos		24:00.596 (51)	48:05.101	16:11.218
53	332	FEIJOO REDONDO Guillermo		24:17.490 (57)	48:06.138	16:12.255
54	336	BARREIRO Hugo	@DECOSETEO	23:00.451 (44)	48:22.292	16:28.409
55	112	DACAL DEZA Daniel		24:04.830 (52)	48:46.620	16:52.737
56	34	GARRIDO GONZALEZ Iván		24:09.393 (53)	48:49.800	16:55.917
57	206	VILLARRUEL Rodrigo Nicolas		24:53.986 (63)	49:14.730	17:20.847
58	305	CANTARERO ALONSO Alberto		23:51.490 (49)	49:17.133	17:23.250
59	19	FERNANDEZ FRAGA Carlos		24:59.507 (64)	49:36.634	17:42.751
60	350	CABEZAS REPRESAS Sergio		26:06.713 (73)	49:43.007	17:49.124
61	267	MARNE ALVAREZ Angel		24:44.608 (60)	49:44.799	17:50.916
62	273	ROMAN COMESAÑA Diego		24:43.449 (59)	49:44.977	17:51.094
63	93	MUÑOZ PEREZ Antonio	LOS PANAS	24:51.749 (62)	49:57.419	18:03.536
64	357	PEREZ DOS SANTOS Daniel		26:21.395 (77)	50:04.172	18:10.289
65	342	NUÑEZ PARADA Sergio		25:05.597 (65)	50:05.768	18:11.885
66	134	PADIAL NOVOA Jose Jaime		24:45.655 (61)	50:18.100	18:24.217
67	176	TORRE Luis	BORGWARNER	26:09.527 (74)	50:52.988	18:59.105
68	115	FERNANDEZ CAGIGAS Pablo	ATLETISMO UNIVERSIDADE DE VIGO	25:43.594 (67)	50:58.627	19:04.744
69	317	MIGUEZ SAN ISIDRO Benigno	KELTIC VIGO	25:45.994 (68)	51:34.936	19:41.053
70	71	LORENZO CONDE Yago	BORGWARNER	25:59.637 (70)	51:45.007	19:51.124
71	377	NIETO LUNA Alessandro	BORGWARNER	26:00.562 (71)	51:48.467	19:54.584
72	351	CALDERON BURON Samuel		26:24.734 (78)	51:54.370	20:00.487
73	432	VAZQUEZ GONZALEZ Javier		26:33.253 (79)	52:33.268	20:39.385
74	241	GARCIA BESADA Daniel		26:13.203 (75)	52:49.449	20:55.566
75	249	DEL CAÑO CASTRO Miguel		25:30.609 (66)	53:34.435	21:40.552
76	431	DEVESA MEIJIDE Miguel		26:52.275 (80)	54:58.536	23:04.653
77	428	PAT ROD Cristovo		28:04.386 (82)	54:58.895	23:05.012
78	410	BOIX CLIMENT Vicente	FRUTAS NIEVES	25:59.550 (69)	55:15.167	23:21.284
79	369	VIDE LINARES Antonio Jose	BORGWARNER	32:59.051 (92)	55:34.633	23:40.750
80	70	BECEIRO CAMESELLE Dani	MUÑECOS RUNNING	26:14.404 (76)	56:10.674	24:16.791
81	180	GONZALEZ GIRALDEZ Enrique		28:39.605 (86)	56:34.693	24:40.810
82	281	GUAMA HEREDIA Edwin	PADELEROS	28:05.371 (83)	56:51.795	24:57.912
83	3	DE MIGUEL AMOEDO Pablo		28:42.946 (87)	56:54.373	25:00.490
84	65	MARTIN PALOMARES Rubén		28:36.752 (85)	57:54.926	26:01.043
85	425	LORENZO ESTEVEZ Ruben		28:35.133 (84)	58:02.258	26:08.375
86	178	BLANCO GONZALEZ Roberto		29:41.093 (91)	59:26.733	27:32.850
87	441	JOHANNES KONING Christiaan		28:46.905 (88)	1h00:44.492	28:50.609
88	53	BLANCO CARRASCO Marcos		27:36.606 (81)	1h01:25.032	29:31.149
89	388	AGREDA CASTRO Romel	X-ONE	19:50.221 (17)	1h04:05.787	32:11.904





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Clt	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clt)	Tiempo	Diferencia
90	427	CALANI AGREDA Jose Felix		28:48.627 (89)	1h04:12.887	32:19.004

F2 10K

1	254	FIGUEROA FIGUEROA Maria Del Rosario		20:10.832 (1)	41:12.236	
2	262	RODRIGUEZ OLIVEIRA Rocío	ATHLETIS FISIOTERAPIA SAN LÁZA	20:58.917 (2)	42:30.699	1:18.463
3	133	CALVO SERRANO Marta	VIGOENTRENA	21:07.458 (4)	42:34.724	1:22.488
4	296	ARRANZ GONZALEZ Begoña	TRINORTH	21:07.077 (3)	43:00.924	1:48.688
5	337	DOMINGUEZ FERREIRA Tania	PONTE A CORRER	22:19.797 (5)	45:56.262	4:44.026
6	408	PEREZ GONZALEZ Helena	BURGAS OURENSE	22:40.550 (6)	46:17.096	5:04.860
7	276	OLIVEIRA MELEIRO Maria		23:15.177 (7)	46:35.734	5:23.498
8	5	MOREU Beatriz	CLUB DEPORTIVO DELIKIA	23:42.058 (8)	47:19.080	6:06.844
9	147	GALEGO CASAS Maria		24:29.555 (9)	49:58.978	8:46.742
10	240	FILLOY PEREIRA Rocío		24:59.171 (12)	50:24.097	9:11.861
11	123	GONZALEZ CASAL Alejandra	VIGOENTRENA	24:58.034 (10)	50:29.028	9:16.792
12	136	PERNIA GONZALEZ Raquel	EXACTFITNESS	25:02.034 (13)	50:30.199	9:17.963
13	326	CASAL GARCIA Montserrat		24:58.115 (11)	50:47.049	9:34.813
14	20	ZAPATA RODRIGUEZ Raquel	C.A.R. MARISQUEIRO	26:21.006 (15)	52:30.196	11:17.960
15	344	FONSECA GARCIA Lucia		26:23.856 (16)	52:30.394	11:18.158
16	375	DOMINGUEZ MOURIÑO Natividad	ESPARTAN@S CHIFLAD@S	26:52.593 (18)	52:35.975	11:23.739
17	409	ROMERO MARTINEZ Monica	FRUTAS NIEVES	26:13.018 (14)	52:42.236	11:30.000
18	101	CARRERA LAGO Vanesa	CAZAFANTASMAS TEAM	26:53.532 (19)	53:57.525	12:45.289
19	246	RODRIGUEZ SANTOS Bibiana	RÁPIDO DE PONTEQUIETO	26:55.492 (20)	54:54.909	13:42.673
20	243	MOLES CUBEDO Anna	RUNNING SOLITA	27:26.545 (23)	54:57.567	13:45.331
21	232	MARIÑO PIÑEIRO Maria		27:22.832 (22)	55:40.068	14:27.832
22	73	PAZ OLIVEIRA Natalia		27:57.156 (24)	55:52.573	14:40.337
23	315	LEMONS LOPEZ Vanesa	MAISQUEAUGA	27:19.854 (21)	56:27.053	15:14.817
24	6	GARCIA DE PABLOS Beatriz	CLUB DEPORTIVO DELIKIA	26:46.896 (17)	56:32.066	15:19.830
25	135	GOMEZ ALONSO Laura		30:09.165 (32)	57:02.972	15:50.736
26	208	VIÑAS ROMERO Silvia	BIKILA	28:27.193 (25)	57:41.793	16:29.557
27	455	CARNERO LLAUGER María	BIKILA	28:31.393 (26)	57:50.473	16:38.237
28	143	INSUA RODRIGUEZ-VILA María		29:03.341 (28)	57:52.631	16:40.395
29	52	BERRIDE SOTO Lucia		28:52.853 (27)	57:56.384	16:44.148
30	403	REGUEIRO FERNANDEZ Xoana	TRIATLON MAR DE VIGO	29:18.274 (30)	59:14.890	18:02.654
31	434	PEREIRA DIOS María	ESPARTAN@S CHIFLAD@S	29:13.651 (29)	59:18.804	18:06.568
32	436	SOUTO LEYENDA Silvia		29:34.592 (31)	1h00:56.771	19:44.535
33	416	VAZQUEZ NOVOA Nieves		30:59.151 (35)	1h01:28.410	20:16.174
34	44	VILLARONGA ARTEAGA Lourdes		30:25.844 (33)	1h02:51.789	21:39.553
35	183	ESTEVEZ ARAUJO Lorena		30:58.264 (34)	1h05:21.082	24:08.846
36	219	ESTEVEZ ARAUJO Patricia	ATLETISMO PORRIÑO	31:26.022 (36)	1h05:36.167	24:23.931

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M2 10K						
1	1	BARGIELA ARAUJO Daniel	BIKILA	16:04.879 (1)	32:45.724	
2	216	GARCIA RODRIGUEZ Sergio		16:45.303 (2)	34:19.999	1:34.275
3	361	SOBRAL GONZALEZ Manu	CLUB DEPORTIVO PINARIUM	17:22.803 (3)	35:00.584	2:14.860
4	226	PARADA MONTOTO David	MONTEPORREIRUNN	17:30.237 (5)	35:42.621	2:56.897
5	261	ARIAS COSTAS Dario	ATHLETIS FISIOTERAPIA SAN LÁZA	17:40.682 (6)	36:01.702	3:15.978
6	105	CADAVID VILLANUEVA Héctor		17:51.661 (7)	36:11.563	3:25.839
7	36	MONTOTO PEREIRA German	C.A.R. MARISQUEIRO	17:29.563 (4)	36:22.120	3:36.396
8	364	GONZALEZ NUÑEZ José Luis		17:59.016 (8)	36:42.380	3:56.656
9	222	CARBALLO GARCIA Marcos		18:15.374 (9)	36:52.488	4:06.764
10	204	BERNARDEZ Dario	CIBUS	18:19.455 (11)	37:14.404	4:28.680
11	114	DOMINGUEZ DOMINGUEZ Daniel		18:16.161 (10)	37:31.309	4:45.585
12	121	ULLA REGA Manuel	ASOCIACIÓN DEPORTIVA CAR	18:30.101 (13)	37:37.289	4:51.565
13	393	ALVAREZ OTERO José Antonio		18:22.601 (12)	37:46.018	5:00.294
14	171	FERNANDEZ MONZON Marcos	CSCR BEADE	18:31.079 (14)	37:57.444	5:11.720
15	330	PEREZ RODAS Daniel		18:31.855 (15)	38:02.849	5:17.125
16	172	POUSO VIDAL Lucas	C.A. CAMBADOS - SEGUROS NOVAL	19:07.019 (18)	38:11.958	5:26.234
17	142	NOGUEIRA FERNANDEZ Junior		18:58.000 (17)	38:38.467	5:52.743
18	404	GONZALEZ ALVAREZ Luis Borja		18:54.380 (16)	38:53.477	6:07.753
19	227	LOUREIRO MONTENEGRO Pablo	MONTEPORREIRUN	19:13.311 (19)	39:13.299	6:27.575
20	108	PENAS GARCIA Rubén	CLUB ATLETISMO TAMBRE	19:17.202 (20)	39:24.357	6:38.633
21	447	MARTINEZ PEREZ David		19:37.014 (22)	39:52.707	7:06.983
22	352	PEREZ CONDE Kike	TRAIL COMO CABRAS	19:28.570 (21)	40:01.945	7:16.221
23	25	LOUREIRO NIETO Gustavo		19:49.472 (23)	40:09.866	7:24.142
24	277	CONEJERO JORDAN Borja	MORDESTE	20:03.430 (24)	40:17.138	7:31.414
25	323	GARCIA GARCIA Oscar	CD PINARIUM	20:12.132 (26)	40:20.059	7:34.335
26	397	GARCIA FERNANDEZ ARRUTI Andrés	BIKILA	20:04.299 (25)	40:49.379	8:03.655
27	80	ALONSO Alberto	ATHETIC CLUB	20:12.771 (27)	40:49.466	8:03.742
28	39	DELGADO RAMOS José Carlos		20:28.978 (31)	40:52.860	8:07.136
29	310	LOPEZ COMASAÑA Oscar Manuel		20:28.130 (30)	40:54.100	8:08.376
30	324	LEMONS FERNANDEZ Casiano		21:08.428 (44)	41:25.396	8:39.672
31	42	NIÑO MEDA Óliver Nahum		20:45.299 (33)	41:29.244	8:43.520
32	400	PORTO PEDROSA Daniel	TANINOS RUNNERS	20:58.236 (38)	41:33.207	8:47.483
33	97	FERNANDEZ GRADIN David	CIBUS	20:24.179 (28)	41:34.564	8:48.840
34	87	LAGADEC Christophe		20:47.659 (35)	41:37.357	8:51.633
35	236	RODRIGUEZ MATA Daniel		20:24.712 (29)	41:37.676	8:51.952
36	103	OREJAS MARTINEZ Hernán		21:02.732 (40)	41:42.588	8:56.864
37	156	CABO SANCHEZ Iago		21:19.991 (48)	42:02.846	9:17.122
38	91	GONZALEZ PEREZ Enrique	MAISQUEAUGA	20:55.919 (37)	42:11.481	9:25.757
39	218	BAUTISTA GONCALVES Damián Borja	ATLETISMO PORRIÑO	20:29.819 (32)	42:18.289	9:32.565
40	437	DOMINGUEZ MARIÑO Felipe		21:29.638 (51)	42:25.643	9:39.919
41	57	NAVIA IGLESIAS Ruben		20:45.470 (34)	42:30.526	9:44.802
42	48	CUETO FERNANDEZ David	CERTA	21:17.468 (47)	42:39.304	9:53.580

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Clt	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clt)	Tiempo	Diferencia
43	384	LORENZO RIVEIRO Diego		20:50.809 (36)	42:44.824	9:59.100
44	250	ALVAREZ GOMEZ Manuel		21:04.694 (42)	42:45.777	10:00.053
45	182	BAR PEREZ Luis		21:03.618 (41)	42:52.251	10:06.527
46	430	DENIZ GRAÑA Jose		21:01.758 (39)	42:54.739	10:09.015
47	354	MARTINEZ COSTAS Javier	LASER GALICIA RANING	21:31.339 (52)	42:59.266	10:13.542
48	382	QUIROGA FERNANDEZ Iago	TRINORTH	21:07.517 (43)	43:01.943	10:16.219
49	90	ALVAREZ FERNANDEZ Francisco		21:20.939 (49)	43:14.364	10:28.640
50	325	SOTO BUCETA Sergio	C.A.CAMBADOS - SEGUROS NOVAL	21:13.980 (46)	43:18.529	10:32.805
51	119	CABALEIRO GARCIA Jose Manuel		22:12.517 (62)	43:24.257	10:38.533
52	422	ALFAYA Jose	C.D DELIKIA	21:36.279 (53)	43:26.656	10:40.932
53	110	PEREIRA SALGUEIRO Ramon	LODEIROS TRAIL	21:26.477 (50)	43:27.859	10:42.135
54	102	LOUREIRO RODRIGUEZ Santiago		21:50.617 (57)	43:28.103	10:42.379
55	145	LEITE Pablo		21:47.960 (56)	43:29.204	10:43.480
56	401	BERTOMEU CAPELAN Francisco Javier		22:16.707 (63)	43:39.238	10:53.514
57	321	LOPEZ RODRIGUEZ Daniel	CLUB DEPORTIVO DELIKIA	21:44.347 (55)	43:42.337	10:56.613
58	81	ESTEVEZ COMINGES Alejandro	HACCE	22:04.319 (59)	43:59.706	11:13.982
59	162	LOPEZ DE LERMA CASAS Miguel Ángel	PONTE A CORRER	21:41.498 (54)	44:04.724	11:19.000
60	198	FERNANDEZ FERNANDES Miguel	RUNYTRI	21:08.787 (45)	44:14.383	11:28.659
61	83	VAZQUEZ FERNANDEZ Jacobo		22:03.708 (58)	44:18.417	11:32.693
62	56	CAMPELO GONZALEZ Antonio		22:08.898 (61)	44:24.554	11:38.830
63	378	VILLANUEVA AREAL Francisco		22:06.170 (60)	44:28.634	11:42.910
64	306	RODRIGUEZ GIL Diego		22:22.031 (65)	44:32.384	11:46.660
65	348	COSTAS PEREZ Marcos		23:41.135 (81)	45:34.521	12:48.797
66	10	ALONSO CONDE Javier	BTX RUNNING TEAM	22:18.521 (64)	45:40.642	12:54.918
67	272	CUADRADO FARIÑA Carlos		23:01.916 (72)	45:51.580	13:05.856
68	274	RODILLA Iván		22:44.226 (67)	45:58.763	13:13.039
69	356	FONTAN FRAGA Emilio		22:58.947 (70)	45:59.665	13:13.941
70	405	ANDONEGUI FREIRE Juan	FRUTAS NIEVES	22:49.157 (69)	46:04.941	13:19.217
71	66	RODRIGUEZ COLLAZO Raúl	TRAIL COMO CABRAS	23:27.098 (76)	46:14.481	13:28.757
72	433	GONZALEZ RODRIGUEZ Daniel		22:48.560 (68)	46:17.960	13:32.236
73	116	BARRAL BARREIRO Pablo		23:31.691 (77)	46:18.102	13:32.378
74	184	GONZALEZ ABRIL Román		23:39.570 (79)	46:26.075	13:40.351
75	349	MIRANDA CORTES Rolando		23:41.607 (84)	46:26.283	13:40.559
76	224	VEGA GARCIA Antonio Manuel		22:36.996 (66)	46:27.736	13:42.012
77	17	HEREDIA David	BORGWARNER	23:00.114 (71)	46:44.702	13:58.978
78	47	GARALOCES FERNANDEZ Xabier	CLUB DEPORTIVO DELIKIA	23:20.907 (75)	46:58.817	14:13.093
79	69	FONTAN GARRIDO David	MUÑECOS RUNNING	23:41.515 (83)	47:03.956	14:18.232
80	270	CONDE GONZALEZ Jose Carlos		23:40.214 (80)	47:12.580	14:26.856
81	372	FERNANDEZ PORTAS Alejandro		23:44.916 (85)	47:13.621	14:27.897
82	186	SANMARTIN GONZALEZ Victoriano	MAISQUEAUGA	23:53.387 (86)	47:15.960	14:30.236
83	359	DIEGUEZ PAZO Emilio	BEER RUNERS VIGO	24:01.576 (88)	47:19.833	14:34.109
84	41	RODRIGUEZ FERNANDEZ Efrén	ALTAFIT	23:41.375 (82)	47:36.680	14:50.956
85	312	DIAZ JAMARDO Pablo	ATLETISMO UNIVERSIDADE DE VIGO	24:35.876 (92)	47:54.179	15:08.455
86	446	CASADO Gustavo		23:54.035 (87)	48:06.518	15:20.794





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Clt	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clt)	Tiempo	Diferencia
87	304	DOMINGUEZ SIMONS Jaime		24:05.349 (89)	48:17.412	15:31.688
88	443	LOPEZ FERNANDEZ Antonio Luis		24:49.635 (95)	48:21.439	15:35.715
89	85	DOMINGUEZ VILLAVERDE Juan Carlos		23:31.835 (78)	48:52.392	16:06.668
90	374	GARCIA Francisco		23:17.285 (74)	49:16.150	16:30.426
91	148	TORRES TABOAS Manuel		24:09.535 (90)	49:47.773	17:02.049
92	128	PEREIRA FERNANDEZ Daniel	X-ONE	26:15.013 (111)	50:02.167	17:16.443
93	161	LAGO ARENAS Javier		24:43.474 (94)	50:11.740	17:26.016
94	175	RODRIGUEZ RODRIGUEZ Adolfo		25:02.639 (97)	50:44.977	17:59.253
95	167	FERRARA Mauro Emiliano		25:50.147 (105)	50:55.756	18:10.032
96	55	RODRIGUEZ LOPEZ Belen	CLUB DEPORTIVO DELIKIA	25:11.054 (99)	50:56.530	18:10.806
97	284	FERNANDEZ FERNANDEZ Rafael		24:36.232 (93)	50:57.759	18:12.035
98	340	FERREIRA CHARRASQUIEL Marcos		25:19.348 (100)	50:59.172	18:13.448
99	376	VAZQUEZ TRONCOSO Carlos		25:57.432 (107)	51:00.318	18:14.594
100	169	MARTINEZ DOBALO David		25:07.454 (98)	51:02.838	18:17.114
101	68	MARTINEZ Benjamín	R&K PROJECT	24:51.990 (96)	51:08.953	18:23.229
102	316	ALONSO PRADO Alfonso		24:30.395 (91)	51:14.212	18:28.488
103	451	SEÑARIS BOO José Ramón		25:50.613 (106)	51:14.853	18:29.129
104	307	GARCIA KIRSTEN Jorge	CD NIETO	25:23.690 (102)	51:46.457	19:00.733
105	35	MIGUEZ SOTO Pablo		26:08.683 (110)	51:50.635	19:04.911
106	279	RODRIGUEZ Cesar		26:36.097 (117)	51:59.297	19:13.573
107	394	ALONSO ABALO José Manuel		26:15.837 (112)	52:18.735	19:33.011
108	383	RIOS CERVANTES Fernando		26:35.716 (116)	52:22.771	19:37.047
109	199	DOMINGUEZ GROBA Javier		25:32.547 (103)	52:26.070	19:40.346
110	445	LAGO CERQUEIRA Javier		25:22.534 (101)	52:52.351	20:06.627
111	203	REY PAMPIN Javier		26:49.866 (119)	53:21.607	20:35.883
112	9	GONZALEZ FERNANDEZ Jose	MAISQUEAUGA	26:18.034 (113)	53:24.755	20:39.031
113	159	RELO FERNANDEZ Pablo	C.A. VETERANOS DE SAMIL	26:00.858 (108)	53:26.816	20:41.092
114	444	GONZALEZ PARDIÑAS Aleixandre		26:47.352 (118)	53:39.274	20:53.550
115	149	MARTIN PALLES Marco Alexio	BROTHERS55	25:49.855 (104)	53:46.676	21:00.952
116	406	FERMOSO DOMINGUEZ Tomás	FRUTAS NIEVES	26:33.113 (115)	53:47.274	21:01.550
117	221	GUISANDE ALONSO Oscar		27:18.151 (121)	53:54.812	21:09.088
118	363	AMOEDO COLLAZO Moisés	ESPARTAN@S CHIFLAD@S	29:13.653 (131)	54:02.865	21:17.141
119	413	DOMINGUEZ BARCIA David	C.A.R. MARISQUEIRO	26:08.325 (109)	54:22.615	21:36.891
120	189	ARZA TOUZON German	RAPIDODEPONTEQUIETO	26:55.527 (120)	54:37.614	21:51.890
121	23	MARTINEZ BARREIRO Emilio José		26:20.152 (114)	54:42.537	21:56.813
122	242	SALO BENITO Javier	RUNNING SOLITA	27:26.414 (123)	54:57.290	22:11.566
123	129	RODRIGUEZ TRONCOSO Juan		27:59.154 (126)	55:17.153	22:31.429
124	449	POUSA PORTO Fernando	LASER GALICIA RANING	28:29.626 (127)	55:31.266	22:45.542
125	231	SASTRE ALDECOA Guillermo		27:22.914 (122)	55:39.974	22:54.250
126	439	MARTINEZ MARTINEZ Víctor	XOANA	27:44.794 (125)	57:39.907	24:54.183
127	33	LEDO MARTINEZ Daniel		28:55.672 (128)	58:28.872	25:43.148
128	418	ALVAREZ SILVA José Rubén		29:11.208 (130)	59:35.930	26:50.206
129	32	FEIJOO SUAREZ Marcos	CHUZAS OLÍMPICOS	28:58.745 (129)	59:39.087	26:53.363
130	318	LOPEZ FUENTES Jose Guillermo	SIN EQUIPO	29:35.962 (132)	1h00:17.700	27:31.976

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Clt	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clt)	Tiempo	Diferencia
F3 10K						
1	195	ASTORGA SOMOZA Marisé	PONTE A CORRER	22:01.387 (1)	44:51.302	
2	211	LEMOZ SOAGE Ana	CLUB CORREDOIRAS BUEU	22:16.408 (2)	44:57.953	6.651
3	392	LEMAT CABRAL María Belén	CLUB TRIATLON CIDADE DE LUGO F	23:33.260 (3)	48:41.190	3:49.888
4	320	VAZQUEZ DOPAZO Pily		24:38.556 (4)	49:19.400	4:28.098
5	237	GONZALEZ BELLO Concepcion		27:35.826 (5)	55:35.595	10:44.293
6	225	CARREIRA COSTAS Montserrat	COMESAÑA SPORTING CLUB	27:43.548 (6)	58:20.884	13:29.582
7	197	CALVIÑO CANCELA Carolina		31:27.502 (8)	1h02:03.630	17:12.328
8	49	HERNANDEZ MORALES Marcia		31:11.392 (7)	1h04:39.908	19:48.606

Clt	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clt)	Tiempo	Diferencia
M3 10K						
1	424	PRIETO DE LA IGLESIA Manuel		17:27.704 (1)	35:19.817	
2	213	BARCALA MORA Victor	PONTEVEDRA	17:29.899 (2)	36:12.775	52.958
3	141	DAVILA MARIÑO Óscar	EQUIPO A	17:54.836 (3)	36:14.589	54.772
4	292	FERNANDEZ DE TORO Manuel	C.A. VETERANOS DE SAMIL	17:55.254 (4)	36:15.749	55.932
5	456	GOMEZ ALONSO Manuel	GMTA CHUVONERS	18:28.034 (6)	37:01.245	1:41.428
6	298	COSTAS COSTAS Miguel	MAISQUEAUGA	18:12.721 (5)	37:16.702	1:56.885
7	146	BESADA BRUNET Santiago	TRINORTH	18:50.494 (7)	38:20.741	3:00.924
8	229	MARTINEZ BARCIELA David		19:22.156 (8)	38:47.927	3:28.110
9	158	CARRERA José		19:22.988 (9)	39:17.900	3:58.083
10	256	LEDO NOVOA José Eugenio	CLUB DEPORTIVO DELIKIA	19:53.431 (12)	39:46.943	4:27.126
11	228	ALVAREZ-BUYLLA DE LA UZ Julio	VELAS MARATON	19:27.670 (10)	39:58.036	4:38.219
12	191	GARCIA DE L IGLESIA Alberto	C.A. VETERANOS DE SAMIL	20:11.480 (13)	40:01.780	4:41.963
13	327	LORENZO RODRIGUEZ José Antonio	FORESJANS RUNNERS	20:38.708 (17)	40:21.807	5:01.990
14	287	PAZ RODRIGUEZ Juan	CASTRELOS 20:30	19:40.780 (11)	40:27.665	5:07.848
15	333	ALVES Carlos	CENTRO DE ATLETISMO DE ARCOS D	20:13.501 (14)	40:37.266	5:17.449
16	89	MAHOU Xosé	FITGAL	20:22.848 (15)	40:49.378	5:29.561
17	319	DOPAZO Javier	RUN PONTEVEDRA	20:29.733 (16)	40:53.625	5:33.808
18	177	PIÑA REFOJOS Luis	CLUB DEPORTIVO DELIKIA	21:03.498 (20)	41:32.245	6:12.428
19	275	COSTAS PEREIRA Alberto	C.S.R. BEADE	20:54.418 (18)	42:11.036	6:51.219
20	345	TABOAS SILVA Jose	C.A.R. MARISQUEIRO	21:19.621 (23)	42:28.246	7:08.429
21	79	LUCIA PAREDES Giovanni		21:01.793 (19)	42:37.984	7:18.167
22	414	LORENZO UZ Alberto	CIBUS	21:18.348 (21)	42:48.304	7:28.487
23	355	PEREZ BLANCO Pablo	CLUB DEPORTIVO DELIKIA	21:32.398 (24)	42:52.954	7:33.137
24	144	IGLESIAS DOMINGUEZ Francisco		21:19.552 (22)	42:57.716	7:37.899
25	402	ROMERO CAMPOS Fran		21:46.149 (27)	43:17.379	7:57.562
26	245	SABINO PORTO Alfonso		21:33.740 (25)	43:21.124	8:01.307
27	314	ALEN CASTELAIN Eusebio	CASTRELOS 20:30	22:03.197 (29)	43:28.106	8:08.289
28	419	MERA RODRIGUEZ Jose Carlos	PONTE A CORRER	21:34.781 (26)	44:10.634	8:50.817
29	358	MALLO MARCOS Alberto		21:52.876 (28)	44:35.999	9:16.182
30	113	SOBRADO FERNANDEZ Antonio		22:18.063 (30)	45:01.281	9:41.464

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Clt	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clt)	Tiempo	Diferencia
31	448	DEL RIO GOMEZ Carlos		22:18.976 (31)	45:01.661	9:41.844
32	106	REBOREDA GRAÑA Amador	PINARIUM	23:29.147 (40)	45:30.081	10:10.264
33	205	DOMINGUEZ COÑAGO José Manuel		22:31.449 (33)	45:43.012	10:23.195
34	200	ALVAREZ LORENZO Jose Justo		22:31.397 (32)	45:43.072	10:23.255
35	75	PEITEADO RUIZ Guillermo		22:37.978 (34)	45:46.041	10:26.224
36	8	VAZQUEZ RODRIGUEZ Anxo		22:39.156 (35)	45:58.765	10:38.948
37	22	SANCHEZ OTERO Oswaldo	TNT GHERRILLEIROS	22:53.237 (36)	46:14.684	10:54.867
38	385	RAÑA GREGORIO Xan	C.A.R. MARISQUEIRO	23:29.496 (41)	46:29.040	11:09.223
39	192	CARRERA CARRERA Xose Manuel	TANINOS RUNNERS	23:13.356 (38)	46:29.300	11:09.483
40	301	DAVILA BUGARIN Salvador		23:48.551 (44)	46:31.482	11:11.665
41	308	MENDEZ BREA Santiago	PONTE A CORRER	23:10.236 (37)	46:38.913	11:19.096
42	50	BARREIRO BARREIRO Benigno	ATHLETICS AVENTURA XTREM	23:26.129 (39)	46:42.564	11:22.747
43	76	FERNANDEZ VAYO Ruben Francisco	GRIMO	23:47.946 (43)	46:59.160	11:39.343
44	346	SUAREZ GARRIDO Moncho	CLUB DEPORTIVO DELIKIA	23:41.975 (42)	47:19.003	11:59.186
45	442	REY COSTA Miguel Angel	BEER RUNERS VIGO	23:59.951 (46)	47:19.740	11:59.923
46	104	DAPENA TENORIO José Luis		23:59.370 (45)	47:52.291	12:32.474
47	264	ARCE CONDE Javier	VEDRUNAVIGO RUNNERS	25:25.125 (54)	48:14.018	12:54.201
48	360	BAAMONDE GONZALEZ Antonio	ESPARTAN@S CHIFLAD@S	24:15.432 (47)	48:27.969	13:08.152
49	38	PENEDO PEREZ Jose Humberto		24:37.226 (49)	48:54.378	13:34.561
50	11	GONZALEZ MARTINEZ Fernando		25:05.976 (51)	49:00.063	13:40.246
51	421	MARTINEZ PEREZ Jose Luis		26:24.173 (61)	49:31.874	14:12.057
52	391	PIÑEIRO RODRIGUEZ Carlos	CLUB TRIATLON CIDADE DE LUGO F	24:23.695 (48)	50:08.162	14:48.345
53	157	BARROSO GONZALEZ Antonio	C.A.R. MARISQUEIRO	25:22.977 (53)	50:17.249	14:57.432
54	30	LOPEZ LOPEZ Jacobo	LASER GALICIA RANING	26:25.336 (62)	50:20.958	15:01.141
55	37	PEREZ DE LIS GOMEZ Luís		25:55.106 (56)	50:24.471	15:04.654
56	193	BAQUERO LOPEZ Javier		26:05.254 (57)	51:07.196	15:47.379
57	429	GARCIA QUEIJAS Miguel	VIGOENTRENA	25:52.889 (55)	51:20.297	16:00.480
58	452	LOPEZ PEREZ Ramiro Alfonso		25:16.487 (52)	51:23.968	16:04.151
59	280	GUAMA MENA Patricio	PADELEROS	24:39.110 (50)	51:30.133	16:10.316
60	45	LARA PEREZ José Gabino		26:06.550 (58)	51:36.921	16:17.104
61	269	MARTINEZ GOMEZ Pakinho	GALLAECIA JASTANDOSAPATILLA	26:16.663 (60)	51:50.749	16:30.932
62	454	NOBLESSE Thierry		26:06.893 (59)	51:53.531	16:33.714
63	132	SILVA ESTEVEZ Anxo		26:34.273 (63)	53:17.470	17:57.653
64	28	REIGADA QUINTELA Fernando	CHUZAS OLÍMPICOS	27:07.665 (64)	53:43.124	18:23.307
65	72	SOLER VIDAL Ricardo		27:26.872 (65)	54:34.274	19:14.457
66	387	AMOEDO COLLAZO David	ESPARTAN@S CHIFLAD@S	27:55.376 (66)	55:26.114	20:06.297
67	170	LAMAS PEREZ Jose Eduardo		28:14.972 (67)	55:27.106	20:07.289
68	238	ROBES CASTAÑEIRAS Javier		28:37.667 (70)	55:28.474	20:08.657
69	137	GARRIDO INSUA Ricardo		28:19.652 (68)	57:46.753	22:26.936
70	120	MARTINEZ MEIS Félix		28:31.066 (69)	57:56.465	22:36.648
71	371	FIGUEROA COSTAS Santiago		29:28.411 (73)	58:01.316	22:41.499
72	260	FERNANDEZ NUÑEZ Jose E		29:04.356 (71)	58:53.531	23:33.714
73	417	TOLEDO MONTES Palynk	CHUZAS OLÍMPICOS	29:36.215 (74)	59:34.672	24:14.855
74	239	RODRIGUEZ PENA Jorge	C.A.R. MARISQUEIRO	29:26.813 (72)	1h00:09.343	24:49.526





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Clt	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clt)	Tiempo	Diferencia
75	196	LOPEZ CARBALLO Álex		31:27.171 (77)	1h02:03.650	26:43.833
76	43	DE LA FUENTE SANTOS Jorge		30:12.721 (75)	1h02:52.261	27:32.444

F4 10K

1	209	CARRERA SOUTELO Josefa	TALLERES EAUTO	27:06.592 (1)	56:09.633	
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M4 10K

1	210	RIVEIRO RODRIGUEZ Arlindo	CASTRELOS 20:30	18:31.782 (1)	37:54.901	
2	362	MORENZA DOFORNO Germán		20:10.958 (3)	40:12.620	2:17.719
3	179	FUERTES SAAVEDRA Antonio	REAL CLUB CELTA ATLETISMO	20:03.139 (2)	40:13.266	2:18.365
4	27	SANZ LUCOTTI José Javier		21:15.339 (6)	42:20.277	4:25.376
5	435	VAZQUEZ CORREA Alfonso	CASTRELOS 2030	21:25.810 (8)	42:34.384	4:39.483
6	311	SOTO OTERO Fco. Xabier	RUN PONTEVEDRA	21:06.918 (5)	42:41.917	4:47.016
7	74	ESTEVEZ CERNADAS Ricardo	ATHETIC AVENTURA XTREM	21:15.989 (7)	42:52.514	4:57.613
8	117	PEREZ PASCUAL Manuel	BEADE	21:06.330 (4)	43:06.703	5:11.802
9	118	VIDEIRA CORREA Alberto		22:23.076 (10)	45:32.026	7:37.125
10	313	PEREZ SANTOS Avelino	CASTRELOS 20:30	22:44.507 (12)	45:36.322	7:41.421
11	78	TABOADA GONZALEZ Ramiro	RUNNING LUSEKELO	22:34.553 (11)	45:41.755	7:46.854
12	7	VILLAR ALVAREZ Enrique		22:22.030 (9)	45:58.694	8:03.793
13	353	GALLIDORO DEL MONTE José Humberto	CLUB DEPORTIVO DELIKIA	22:59.817 (13)	46:23.010	8:28.109
14	212	PAZOS GONZALEZ Gonzalo	PONTE A CORRER	23:02.641 (14)	47:18.937	9:24.036
15	60	SIMOES FERNANDEZ José Luis	C.A.R. MARISQUEIRO	24:51.914 (18)	48:23.460	10:28.559
16	18	FERNANDEZ CLEMENTE Carlos		24:59.687 (19)	49:36.312	11:41.411
17	300	ALONSO BASTOS Luis		24:48.919 (17)	49:37.731	11:42.830
18	223	MOREIRA CONDE Antonio		25:34.354 (21)	49:49.798	11:54.897
19	4	GODA Sebas	C.C.RIA DE VIGO	24:45.796 (16)	49:50.637	11:55.736
20	380	FIDALGO IGLESIAS Manuel		24:45.654 (15)	50:08.681	12:13.780
21	288	ROCA RODRIGUEZ Ramon		25:17.347 (20)	50:18.757	12:23.856
22	343	MARTINEZ REQUEJO Carlos		26:23.793 (22)	52:30.050	14:35.149
23	266	ALVAREZ RODRIGUEZ Manuel		26:58.205 (23)	52:31.530	14:36.629
24	367	BURLIDO BORREGO José Isaías		28:37.851 (24)	58:08.541	20:13.640
25	253	PAINCEIRA MACIÑEIRAS Jorge		32:02.282 (25)	1h04:24.726	26:29.825

F5 10K

1	24	COSTAS RODRIGUEZ Carmen	ATLETISMO BAIONA	25:33.795 (1)	51:58.696	
2	257	ALVAREZ DOMINGUEZ Rosa M ^a	MAISQUEAUGA	33:55.330 (2)	1h10:06.384	18:07.688
3	51	BARROS RIVEIRO Josefina		33:56.380 (3)	1h10:08.654	18:09.958

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MagmaSports





V CARREIRA CALVARIO 5+5
Clasificación Categorías 10K

Clt	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clt)	Tiempo	Diferencia
M5 10K						
1	15	SUAREZ MARTINEZ Manuel	C.A. VETERANOS DE SAMIL	18:32.055 (1)	37:21.483	
2	16	JARDON LOPEZ José	C.A. VETERANOS DE SAMIL	20:33.734 (2)	41:24.200	4:02.717
3	286	FERVENZA ENTENZA Pablo	SAMERTOLAMEU	20:54.879 (3)	41:50.630	4:29.147
4	389	ALONSO VALVERDE Antonio	ATLETISMO BAIONA	21:43.878 (4)	44:19.216	6:57.733
5	259	VARELA BARRERA Jose Antonio	TANINOS RUNNERS	22:15.531 (6)	44:50.862	7:29.379
6	84	DOMINGUEZ RODRIGUEZ Carlos		21:59.727 (5)	44:58.157	7:36.674
7	88	LOPEZ REY Pino		22:42.679 (7)	46:04.662	8:43.179
8	21	GARCIA COTAS Federico Amando	C.A.R. MARISQUEIRO	23:36.688 (8)	47:38.239	10:16.756
9	14	HERNANDEZ BORREGO Miguel	MAISQUEAUGA	23:40.478 (9)	48:00.804	10:39.321
10	100	PEREZ FREIRIA Jose Ramón	ATLETISMOTUI	25:05.337 (11)	50:01.907	12:40.424
11	164	ARIAS PERNAS José Manuel		24:58.947 (10)	51:15.196	13:53.713
12	285	BLANCO GONZALEZ Alfonso		27:53.712 (14)	55:23.087	18:01.604
13	283	DIAZ IGLESIAS Adolfo	C.A. VETERANOS DE SAMIL	27:19.409 (13)	55:51.194	18:29.711
14	13	RAMOS VIGO Sergio	C.A. VETERANOS DE SAMIL	28:28.986 (15)	57:22.073	20:00.590
15	251	DURAN LAGO Fernando		27:09.023 (12)	57:54.292	20:32.809

