



XI 10 KMS DO BERBÉS

GENERAL

Clt Dor. Apellidos y nombre Cat. Clt Equipo 5,20KM (Clt) Tiempo Diferencia

MASCULINO

1	291	PRIETO FERVENZA Alvaro	M2	(1)	CLUB ATLETISMO NARON	15:52.519	(2)	31:22.326	
2	447	FERNANDEZ NIETO Cristian	M1	(1)	BORGES TEAM	15:36.371	(1)	32:00.259	37.933
3	388	GOMEZ GONZALEZ Anton	M1	(2)	CLUB ATLETISMO TAMBRE	16:34.838	(4)	33:03.165	1:40.839
4	308	CAMESCASSE ROUCO Pablo	M1	(3)	INDEPENDIENTE	16:56.711	(5)	33:06.100	1:43.774
5	317	PACHECO MARTINEZ Victor Hugo	M2	(2)	3&RUN BY PEDRO NIMO	16:57.681	(6)	33:49.957	2:27.631
6	273	COMESAÑA PEREIRA Celso	M1	(4)	CLUB DEPORTIVO DELIKIA	17:02.698	(7)	34:28.303	3:05.977
7	365	ALVAREZ GARCIA Javier	M2	(3)		17:32.003	(8)	34:31.739	3:09.413
8	255	ARECES ARBOLEYA Miguel	M1	(5)	CLUB ATLETISMO PRAVIA	17:32.187	(9)	34:35.419	3:13.093
9	6	CONDE GONZALVO Javier	M2	(4)	C.A.R. MARISQUEIRO	17:32.247	(10)	34:43.825	3:21.499
10	345	LIEBANAS MENDEZ Antonio	M2	(5)	ATLETISMO BAIONA	17:32.362	(11)	34:51.504	3:29.178
11	433	GONZALEZ BORGES David	M0	(1)	INDEPENDIENTE	16:27.697	(3)	34:59.525	3:37.199
12	325	TABOAS CARRERA Ismael	M1	(6)	ATLETISMO PORRIÑO	17:34.826	(12)	35:01.558	3:39.232
13	405	PEREZ LORENZO Daniel	M2	(6)	ATHLETICS FISIOTERAPIA SAN LÁZ	18:06.177	(17)	35:12.361	3:50.035
14	316	MARZOA RUIZ Miguel	M2	(7)	C.A.R. MARISQUEIRO	17:35.166	(13)	35:19.099	3:56.773
15	18	BASTOS DASILVA Jose Alberto	M2	(8)	ADN RUNNERS-TELMO PELUQUEROS F	18:23.896	(26)	35:35.286	4:12.960
16	221	GARCIA GOMEZ Victor	M1	(7)	VII LEGIO QUERQUENNIS	18:11.259	(23)	35:37.925	4:15.599
17	283	ARIAS COSTAS Dario	M2	(9)	CLUB ATHLETICS FISIOTERAPIA SA	18:06.297	(18)	35:42.236	4:19.910
18	328	BARREIRO GOMEZ Martin	M1	(8)	TRINORTH	17:48.468	(14)	35:47.576	4:25.250
19	238	BRANDON DOMINGUEZ Gonzalo	M2	(10)	C.A.R. MARISQUEIRO	17:55.171	(16)	35:49.355	4:27.029
20	370	PAZ ALVAREZ Marcos	M1	(9)	INDEPENDIENTE	17:50.536	(15)	36:03.438	4:41.112
21	90	MARTINEZ CASTRO Roberto	M1	(10)	CD PINARIUM	18:08.556	(22)	36:05.064	4:42.738
22	363	BERMUDEZ SOLIÑO Rodrigo	M1	(11)	CORREDOIRAS	18:06.597	(19)	36:09.045	4:46.719
23	446	VILA PORTO Javier	M1	(12)	RUNNERS PV	18:11.260	(24)	36:16.335	4:54.009
24	380	ESTEVEZ GARCIA Manuel Enrique	M3	(1)	ADAS	18:07.770	(21)	36:26.465	5:04.139
25	351	DAVILA MARIÑO Oscar	M3	(2)	EQUIPO A	18:07.716	(20)	36:27.205	5:04.879
26	321	LÓPEZ FERNANDEZ Victor	M1	(13)	ATLETISMOARENTEIRO	18:32.187	(27)	36:31.704	5:09.378
27	399	FERNANDEZ DEL TORO Manuel	M3	(3)	C.A. VETERANOS DE SAMIL	18:32.317	(28)	36:39.028	5:16.702
28	134	COMESAÑA CHAVERT Dario	M1	(14)	ATHLETICS FISIOTERAPIA SAN LAZ	18:35.070	(30)	37:23.464	6:01.138
29	123	AMOEDO GIMENEZ Anton	M3	(4)	C.A. VETERANOS DE SAMIL	18:33.595	(29)	37:25.323	6:02.997
30	215	ANDUJAR DE LA CRUZ Alejandro	M1	(15)		18:53.395	(31)	37:28.915	6:06.589
31	329	MORAIS DE LA IGLESIA Jose Manuel	M1	(16)	CLUB ATLETISMO PORRIÑO	19:01.636	(36)	37:36.054	6:13.728
32	136	ALVAREZ COSTAS Alejandro	M1	(17)	ATLETISMO BAIONA	18:16.609	(25)	37:44.123	6:21.797
33	350	OTERO RAMIREZ Alejandro	M1	(18)	ATHLETICS FISIOTERAPIA SAN LAZ	18:55.633	(33)	37:45.846	6:23.520
34	220	GONZALEZ ALVAREZ Jose Felipe	M2	(11)		18:53.451	(32)	37:47.058	6:24.732
35	112	RODRIGUEZ FERREIRO Miguel	M1	(19)		18:58.150	(35)	37:47.983	6:25.657
36	306	PAGNIER Theo	M1	(20)	C.A.R. MARISQUEIRO	18:55.975	(34)	37:54.302	6:31.976
37	133	SUAREZ MARTINEZ Manuel	M4	(1)	C.A. VETERANOS DE SAMIL	19:07.555	(37)	38:01.003	6:38.677
38	100	CARRERA BLANCO Pablo	M2	(12)	C.A. CÁRNICAS SERRANO	19:26.335	(45)	38:05.885	6:43.559
39	271	PENA PEREIRA Francisco Javier	M2	(13)	CSCR BEADE	19:21.826	(38)	38:10.922	6:48.596
40	390	TEIJIZ Ismael	M1	(21)	RUNYTRI	19:39.814	(53)	38:12.763	6:50.437
41	401	RAVIÑA FURELOS Juan Carlos	M3	(5)	COMPOSTELA ATLETISMO	19:24.201	(40)	38:14.958	6:52.632
42	155	PAZ GONZALEZ Juan Carlos	M3	(6)	C.A.R. MARISQUEIRO	19:27.386	(47)	38:23.110	7:00.784
43	75	SANCHEZ MOREIRA Ricardo	M2	(14)	CIBUS	19:24.606	(43)	38:24.513	7:02.187
44	188	ALONSO GONZALEZ Andre	M1	(22)		19:24.566	(42)	38:29.142	7:06.816

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GENERAL

Clc	Dor.	Apellidos y nombre	Cat.	Clc Equipo	5,20KM (Clc)	Tiempo	Diferencia
45	259	FERNANDEZ MONZON Marcos	M2	(15) CSCR BEADE	19:24.464 (41)	38:30.914	7:08.588
46	80	BERNARDEZ RODRIGUEZ Dario	M2	(16) CIBUS	19:24.125 (39)	38:38.482	7:16.156
47	109	FERREIRA LAREDO David	M2	(17) CASTRELOS KM0	19:28.045 (48)	38:49.102	7:26.776
48	89	ALBA Miguel	M3	(7) CASTRELOS KM0	19:28.187 (49)	38:58.513	7:36.187
49	428	GOMEZ ALONSO Manuel	M3	(8) GMTA CHUVONERS	19:26.864 (46)	39:02.702	7:40.376
50	320	CHAMORRO Xoel	M1	(23) RAZA PALLEIRA	19:25.335 (44)	39:05.802	7:43.476
51	355	RIAL LEMOS Raul	M0	(2) VILA DE CANGAS	19:53.837 (57)	39:11.374	7:49.048
52	9	LOPEZ MUÑIZ Manuel	M1	(24) RUN&TRI	19:47.646 (55)	39:15.863	7:53.537
53	103	FERNANDEZ FERNANDEZ Andres	M2	(18) CIBUS	20:01.388 (60)	39:17.314	7:54.988
54	349	PEREZ RODAS Daniel	M2	(19)	19:53.975 (58)	39:18.473	7:56.147
55	442	PARDO JORGE Jesus	M1	(25) TRINORTH	19:32.766 (51)	39:31.232	8:08.906
56	387	LOPEZ ROMERO Javier	M2	(20) SPIKES	20:34.908 (76)	39:45.102	8:22.776
57	396	JUNCAL CARRAGAL Jose Manuel	M2	(21) MILER RUNNING CLUB	20:36.175 (79)	39:45.157	8:22.831
58	121	RODRIGUEZ SANTISO Hugo	M1	(26) KOMBUCHA TIME	20:27.785 (71)	39:46.361	8:24.035
59	376	FIGUEROA FERNANDEZ Jesus	M2	(22) ASOCIACION DEPORTIVA C.A.R.	19:39.435 (52)	39:50.613	8:28.287
60	369	ALVAREZ Sabino	M2	(23) CAR REDONDELA	20:22.196 (68)	39:50.833	8:28.507
61	138	LAGO GOBERNA Francisco Javier	M2	(24) FLORISTERIA CARMEN SIO	19:40.254 (54)	39:52.623	8:30.297
62	312	VARA ADRIO Iago	M2	(25)	20:16.069 (66)	39:54.182	8:31.856
63	35	MURIAS RODRIGUEZ Alejandro	M1	(27) LASER RANING	20:15.774 (65)	39:56.595	8:34.269
64	119	CARBALLIDO MENDEZ Jesus	M1	(28) RPV	20:56.336 (88)	40:00.018	8:37.692
65	125	DURAN ALVAREZ Hugo	M1	(29) C.A. VETERANOS DE SAMIL	20:08.877 (63)	40:07.411	8:45.085
66	437	COSTAS FERNANDEZ Jose Luis	M1	(30) ASOCIACION DEPORTIVA C.A.R RED	20:03.949 (61)	40:07.843	8:45.517
67	207	MAYO Marcos	M2	(26)	20:24.155 (69)	40:11.801	8:49.475
68	402	DURAN MARTINEZ Joel	M1	(31) A. D LIMIACTIVA	20:29.085 (73)	40:14.981	8:52.655
69	242	SALGADO Luis	M1	(32)	19:56.036 (59)	40:17.344	8:55.018
70	322	COSTAS COSTAS Miguel	M3	(9) MÁIS QUE AUGA	20:18.415 (67)	40:17.801	8:55.475
71	120	ALONSO RODRIGUEZ Senen	M1	(33) RUNNERS PV	20:34.636 (75)	40:20.073	8:57.747
72	261	FARO MARTINEZ Mickael	M1	(34) CORREDORES FESTEIROS	20:56.474 (89)	40:28.291	9:05.965
73	431	GONZALEZ ALVAREZ Luis Borja	M2	(27)	19:48.784 (56)	40:30.084	9:07.758
74	371	FERNANDEZ BLANCO Tante	M1	(35) CORREDORES FESTEIROS	20:56.273 (87)	40:30.540	9:08.214
75	33	RODRIGUEZ FERNANDEZ Manuel Jesus	M1	(36)	21:20.767 (99)	40:30.996	9:08.670
76	154	FREIRE RIVEIRA Miguel Angel	M3	(10) C.A.R MARISQUEIROS	20:36.117 (78)	40:39.515	9:17.189
77	219	FERNANDEZ BERMUDEZ Cesar Aitor	M1	(37) HDC 1923	20:38.114 (81)	40:45.172	9:22.846
78	288	RODRIGUEZ LOPEZ Gonzalo	M3	(11) ASOCIACIÓN DEPORTIVA C.A.R	20:04.555 (62)	40:46.995	9:24.669
79	408	PAZ RODRIGUEZ Juan J.	M3	(12) CASTRELOS 20:30	20:09.475 (64)	40:52.874	9:30.548
80	377	PEREZ CONDE Enrique	M2	(28) TRAILCOMOCABRAS	20:34.577 (74)	40:53.233	9:30.907
81	58	JARDON LOPEZ Jose	M5	(1) C.A. VETERANOS DE SAMIL	20:48.994 (86)	40:53.781	9:31.455
82	182	DOMINGUEZ VILA Pablo	M1	(38) VIGOENTRENA	20:28.238 (72)	40:58.133	9:35.807
83	1	LISTE BASCOY Alex	M3	(13) TRIATLÓN POIO	20:35.774 (77)	40:58.542	9:36.216
84	415	IGLESIAS OTERO David	M1	(39) RUN&TRI	20:38.908 (82)	41:03.901	9:41.575
85	36	PIÑEIRO LESTON Fernando	M1	(40) ATLETISMO PORRIÑO	20:37.854 (80)	41:07.632	9:45.306
86	301	RODRIGUEZ ALVAREZ Jose Antonio	M2	(29) C. A. R. MARISQUEIRO	20:59.385 (92)	41:18.275	9:55.949
87	228	COMESAÑA SAA Daniel	M2	(30) L@S INSENSATO@	21:13.616 (97)	41:31.400	10:09.074
88	54	ALVAREZ-BUYLLA DE LA IZ Julio	M2	(31) TRIATLÓN MAR DE VIGO	21:02.653 (94)	41:42.992	10:20.666
89	257	CONEJERO JORDAN Borja	M1	(41) MORDESTE	20:59.685 (93)	41:46.633	10:24.307
90	45	FER Adrian	M1	(42) CD DELIKIA	20:57.204 (91)	41:48.883	10:26.557

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GENERAL

Clc	Dor.	Apellidos y nombre	Cat.	Clc Equipo	5,20KM (Clc)	Tiempo	Diferencia
91	173	DIAZ SANTOS Juan Manuel	M1	(43)	20:26.676 (70)	41:53.241	10:30.915
92	444	ALVAREZ MIRANDA Jose Luis	M2	(32) CIBUS	21:25.325 (101)	41:53.674	10:31.348
93	98	VAZQUEZ TRONCOSO Carlos	M2	(33) INDEPENDIENTE	19:28.189 (50)	41:59.045	10:36.719
94	441	PEREZ PAZOS Jorge	M1	(44) RUN&TRI	20:57.003 (90)	42:04.813	10:42.487
95	189	DOMINGUEZ FERNANDEZ Simon	M2	(34)	21:38.129 (113)	42:09.010	10:46.684
96	60	TIZON FREIRIA German	M2	(35)	22:11.648 (129)	42:13.156	10:50.830
97	334	BARINDELLI RAMOS Alen	M2	(36)	20:39.435 (83)	42:17.096	10:54.770
98	115	SABORIDO VILAR Alberto	M3	(14) CASTRELOS KM0	21:34.008 (111)	42:17.161	10:54.835
99	280	FERNANDEZ ABALDE Felix	M3	(15)	21:45.835 (117)	42:18.319	10:55.993
100	73	SANMARCO VIDAL Manuel	M2	(37) CASTRELOS KM0	20:45.475 (84)	42:18.971	10:56.645
101	12	GIL TATO Jose Maria	M3	(16) C.A.R. MARISQUEIRO	22:12.115 (131)	42:19.351	10:57.025
102	240	PUIME COMESAÑA Jonathan	M1	(45)	21:25.326 (102)	42:24.514	11:02.188
103	107	RAMIRO GOMEZ Juan Luis	M1	(46)	22:02.448 (124)	42:24.833	11:02.507
104	410	BARGIELA ARAUJO Daniel	M2	(38) BIKILA	21:27.711 (104)	42:24.921	11:02.595
105	407	GARCIA FERNANDEZ ARRUTI Andres	M2	(39)	21:27.914 (105)	42:25.140	11:02.814
106	83	FROIZ LAREU Andres	M2	(40) TNT GHERRILLEIROS	21:45.155 (116)	42:26.060	11:03.734
107	218	RICHARTE CARBALLO Daniel	M1	(47) MQA	21:22.534 (100)	42:31.959	11:09.633
108	183	MARTINEZ SEGUIN Oscar	M1	(48) VIGOENTRENA	21:32.413 (110)	42:34.200	11:11.874
109	210	MACEIRA Guillermo	M1	(49)	21:52.544 (119)	42:36.015	11:13.689
110	435	NOVOA SIO Jose	M2	(41) FLORISTERIA CARMEN SIO	21:52.384 (118)	42:47.352	11:25.026
111	113	RODRIGUEZ GALLEGO Alberto Jose	M1	(50)	20:45.705 (85)	42:58.011	11:35.685
112	279	PAZ RODRIGUEZ Saul	M2	(42)	21:40.887 (115)	42:59.037	11:36.711
113	251	MACIA CLAVERIA Angel	M1	(51)	21:13.795 (98)	43:04.019	11:41.693
114	167	PEREIRAS ALVAREZ Marcos	M2	(43) CASTRELOS KM 0	21:03.428 (95)	43:07.235	11:44.909
115	151	GONZALEZ UCLES David	M2	(44) DISCAMINO	21:40.277 (114)	43:07.853	11:45.527
116	105	RAMOS VAZQUEZ Rafael	M3	(17)	21:32.372 (109)	43:09.500	11:47.174
117	116	NAVIA IGLESIAS Ruben	M2	(45)	22:14.143 (133)	43:11.639	11:49.313
118	106	MILLAN FARO Ivan	M2	(46)	21:29.647 (106)	43:15.521	11:53.195
119	367	PIÑEIRO LEMAT Carlos	M1	(52)	22:11.937 (130)	43:16.891	11:54.565
120	97	LORENZO UZ Alberto	M2	(47) CIBUS	21:59.494 (122)	43:18.080	11:55.754
121	203	DAFONTE MARTINEZ Miguel	M1	(53) VIGOENTRENA	22:04.913 (127)	43:20.471	11:58.145
122	86	PEREZ PASCUAL Manuel	M4	(2) BEADE	21:58.693 (121)	43:21.160	11:58.834
123	297	CORZON VIEITES Alfonso	M2	(48)	21:58.056 (120)	43:21.479	11:59.153
124	307	VARELA CERDEIRA Cesar	M3	(18)	22:03.094 (125)	43:23.578	12:01.252
125	267	RODRIGUEZ MARTINEZ Modesto	M3	(19)	21:29.967 (108)	43:24.880	12:02.554
126	8	FERNANDEZ VAZQUEZ Rafael	M2	(49) C.A.R. MARISQUEIRO	22:14.868 (138)	43:26.995	12:04.669
127	348	MUIÑOS CARBALLO Bruno	M2	(50)	22:14.818 (136)	43:32.191	12:09.865
128	324	ALONSO Alberto	M2	(51)	22:15.185 (139)	43:32.249	12:09.923
129	201	LUCIA PAREDES Juan Antonio	M3	(20)	22:14.664 (135)	43:40.580	12:18.254
130	186	CARRILLO CLARO Juan Carlos	M2	(52) A.D.CORREDORES FESTEIROS	22:14.866 (137)	43:40.581	12:18.255
131	265	ARMADA DIAZ Jacobo	M1	(54)	22:57.656 (155)	43:42.190	12:19.864
132	391	CUETO FERNANDEZ David	M2	(53)	22:37.764 (146)	43:47.575	12:25.249
133	254	SULBARAN VIDAL Jesus Manuel	M1	(55)	22:37.643 (145)	43:49.691	12:27.365
134	19	ALEN CASTELAIN Eusebio	M3	(21) CASTRELOS 20:30	23:06.146 (163)	43:58.078	12:35.752
135	206	SANZ LUCOTTI Javier	M4	(3)	23:11.969 (165)	43:59.628	12:37.302
136	237	DELGADO RAMOS Jose Carlos	M2	(54)	22:01.525 (123)	44:05.111	12:42.785

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Clit	Dor.	Apellidos y nombre	Cat.	Clit	Equipo	5,20KM (Clit)	Tiempo	Diferencia
137	42	CAMPOS ABALDE Antonio	M3	(22)	CASTRELOS KM-0	23:05.910 (161)	44:10.199	12:47.873
138	20	PICO PITA Jose Luis	M3	(23)	CASTRELOS 20:30	23:05.973 (162)	44:10.279	12:47.953
139	346	GIL MARTINEZ Marcos	M1	(56)	TRIATLON POIO	23:00.649 (156)	44:13.919	12:51.593
140	434	GARCIA PAZO Eduardo	M2	(55)	BIKILA	21:29.753 (107)	44:15.412	12:53.086
141	406	DENIZ GRAÑA Jose	M2	(56)		22:14.565 (134)	44:19.100	12:56.774
142	156	GONZALEZ VILLANUEVA Jorge	M3	(24)	C.A.R. MARISQUEIRO	22:18.748 (140)	44:23.111	13:00.785
143	276	LOPEZ FERNANDEZ Hugo	M1	(57)	CORREDORES DO MIÑO	23:01.047 (159)	44:25.799	13:03.473
144	72	BARCIA GARCIA Jesus	M3	(25)		22:24.607 (141)	44:28.438	13:06.112
145	300	HUERTAS MENOR Jorge	M0	(3)	KOP DE VIGO	22:54.572 (152)	44:29.011	13:06.685
146	163	DE PRADO VAZQUEZ Alvaro	M3	(26)	ATLETISMO BAIONA	23:00.933 (158)	44:33.620	13:11.294
147	256	SANTIAGO Luis	M3	(27)		22:42.622 (147)	44:38.339	13:16.013
148	247	GONZALEZ REY Diego	M2	(57)	ADN RUNNERS	23:01.048 (160)	44:39.420	13:17.094
149	378	FERNANDEZ DA SILVA Marcial	M2	(58)	L@S INSENSAT@S	23:18.687 (169)	44:39.609	13:17.283
150	179	DAVILA BUGARIN Salvador	M3	(28)		22:54.433 (151)	44:54.839	13:32.513
151	385	RELLO VILLAR Teo	M0	(4)		21:35.245 (112)	45:01.198	13:38.872
152	287	FILGUEIRA PONCE Fernando	M2	(59)	COMESAÑA SPORTING CLUB	22:13.363 (132)	45:05.218	13:42.892
153	175	FERNANDEZ GONZALEZ Pedro	M1	(58)	VIGOENTRENA	22:45.078 (150)	45:10.258	13:47.932
154	386	URBANO MARTINEZ Jorge	M1	(59)	CLUBE ATLETISMO BURELA	23:00.853 (157)	45:11.210	13:48.884
155	327	TABOAS SILVA Jose Antonio	M3	(29)	C.A.R. MARISQUEIRO	22:27.375 (143)	45:15.389	13:53.063
156	110	RODRIGUEZ ALONSO Jose Eduardo	M1	(60)		22:31.735 (144)	45:17.369	13:55.043
157	226	PIÑEIRO RODRIGUEZ Carlos	M3	(30)	CLUB TRIATLON CIDADE DE LUGO F	22:42.676 (148)	45:25.411	14:03.085
158	171	VILLAR ALVAREZ Enrique	M4	(4)		22:03.533 (126)	45:26.411	14:04.085
159	404	GIL CONDE Alvaro	M1	(61)	ASOCIACIÓN DEPORTIVA CAR	22:25.633 (142)	45:27.013	14:04.687
160	249	BARROS SERODIO Alejandro	M1	(62)		21:27.515 (103)	45:29.548	14:07.222
161	39	RODRIGUEZ FERNANDEZ Efren	M2	(60)	ALTA FIT VIGO	21:10.894 (96)	45:34.274	14:11.948
162	313	RODILLA Ivan	M2	(61)		23:10.812 (164)	45:37.810	14:15.484
163	260	VARA Javier	M2	(62)		23:12.192 (166)	45:44.377	14:22.051
164	139	VIDAL CASTRO Ernesto	M3	(31)	RUNNING LUSEKELO	23:18.267 (167)	45:49.711	14:27.385
165	266	SANLUIS LAGO Victoriano	M2	(63)		23:18.392 (168)	46:05.319	14:42.993
166	383	BARREIRO BARREIRO Benigno	M3	(32)	ATHLETICS AVENTURA XTREM	23:24.942 (171)	46:28.409	15:06.083
167	414	CASALEIRO FERNANDEZ Manuel	M3	(33)	CAZAFANTASMAS TEAM	22:56.083 (153)	46:35.976	15:13.650
168	252	DOMINGUEZ VILLAVERDE Juan Carlos	M2	(64)		23:48.641 (179)	46:40.676	15:18.350
169	263	FERNANDEZ FOMBELLIDA Iñigo	M1	(63)		24:27.164 (191)	46:46.711	15:24.385
170	202	GOMEZ LOPEZ Pablo	M2	(65)	INSENS@TOS	24:00.353 (183)	46:48.799	15:26.473
171	379	GARCIA DE LA IGLESIA Alberto	M3	(34)	C.A. VETERANOS DE SAMIL	23:58.653 (182)	46:49.060	15:26.734
172	64	LORENZO RIVEIRO Diego	M1	(64)		22:10.093 (128)	46:54.990	15:32.664
173	128	FERNANDEZ CERZON Daniel	M1	(65)	C.A. VETERANOS DE SAMIL	23:26.312 (172)	46:59.159	15:36.833
174	236	ABAD Jacobo	M1	(66)		24:30.683 (195)	47:01.170	15:38.844
175	323	PEREZ Yago	M2	(66)	NOSPORTLIMIT	23:54.413 (181)	47:04.199	15:41.873
176	85	COMESAÑA PEDRIDO Modesto	M2	(67)	C.A. VETERANOS DE SAMIL	24:18.967 (187)	47:12.008	15:49.682
177	76	SOUSA DOMINGUEZ Adrian	M1	(67)		24:14.745 (186)	47:13.136	15:50.810
178	395	LOPEZ PAZOS Juan Carlos	M3	(35)		24:21.268 (188)	47:21.709	15:59.383
179	40	COUSIÑO SENDIN Jose Manuel	M3	(36)	CASTRELOS KM-0	24:01.064 (184)	47:27.666	16:05.340
180	448	LAGE CRUCES Miguel Angel	M2	(68)	CORREDORES FESTEIROS	23:42.651 (174)	47:31.170	16:08.844
181	253	VILA Ibrahim	M1	(68)		24:43.612 (208)	47:31.171	16:08.845
182	199	GONZALEZ VIEITEZ Roberto Carlos	M2	(69)		23:21.692 (170)	47:32.777	16:10.451

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GENERAL

Clit	Dor.	Apellidos y nombre	Cat.	Clit	Equipo	5,20KM (Clit)	Tiempo	Diferencia
183	374	BARREIRO Hugo	M1	(69)	BARREIROS	22:56.284 (154)	47:37.088	16:14.762
184	66	TABOADA GONZALEZ Ramiro	M4	(5)	RUNNING LUSEKELO	23:47.974 (178)	47:44.349	16:22.023
185	71	BARROS PEREZ Francisco	M4	(6)	OS LLORONS	24:31.883 (197)	47:44.618	16:22.292
186	135	MARTINEZ LOSADA Jaime Carlos	M2	(70)	RUNNING LUSEKELO	23:47.095 (176)	47:44.795	16:22.469
187	102	MOLARES RIVAS Bernardo	M3	(37)		24:32.062 (199)	47:44.797	16:22.471
188	281	DACAL DEZA Daniel	M1	(70)		22:44.157 (149)	47:47.870	16:25.544
189	440	VIDAL MARQUEZ Miguel Angel	M3	(38)		24:46.611 (209)	47:51.110	16:28.784
190	74	SIMONES FERNANDEZ Jose Luis	M4	(7)	C.A.R. MARISQUEIRO	23:47.096 (177)	47:52.549	16:30.223
191	250	DOMINGUEZ RODRIGUEZ Carlos	M5	(2)		24:23.991 (189)	47:53.076	16:30.750
192	195	HERMIDA FERNANDEZ Manuel	M5	(3)	INDEPENDIENTE	24:31.637 (196)	47:53.730	16:31.404
193	70	VIDEIRA CORREA Alberto	M4	(8)		23:45.731 (175)	47:53.796	16:31.470
194	353	FREIRE Juan	M2	(71)	FRUTAS NIEVES	24:29.221 (192)	47:55.091	16:32.765
195	30	MONTERO GONZALEZ Ignacio	M2	(72)	FRUTAS NIEVES	24:29.223 (193)	47:55.092	16:32.766
196	419	LOPEZ PINO Javier	M2	(73)	RUNYTRI	23:48.963 (180)	48:00.329	16:38.003
197	398	PARRADO MAQUIEIRA David	M1	(71)		24:34.622 (201)	48:07.327	16:45.001
198	157	PIRES FILGUEIRA Marcos	M1	(72)		24:43.294 (207)	48:19.636	16:57.310
199	181	VIEITO QUINTAS Berto	M5	(4)		24:02.693 (185)	48:25.648	17:03.322
200	48	PENEDO PEREZ Jose Humberto	M3	(39)		24:42.746 (206)	48:26.210	17:03.884
201	131	CAMPELO GONZALEZ Antonio	M1	(73)		24:26.227 (190)	48:31.799	17:09.473
202	269	PARGA RODRIGUEZ Alberto	M1	(74)		26:38.224 (252)	48:33.821	17:11.495
203	403	ESPINOZA Daniel	M1	(75)	XC TRAINING	24:53.533 (214)	48:39.746	17:17.420
204	211	FERNANDEZ NOVOA Angel	M3	(40)		24:35.533 (202)	48:43.047	17:20.721
205	248	FERMOSO DOMINGUEZ Tomas	M2	(74)	FRUTAS NIEVES	24:51.392 (212)	48:46.796	17:24.470
206	278	GARCIA COSTAS Federico Amando	M5	(5)	C.A.R.MARISQUEIRO	25:13.534 (219)	48:55.488	17:33.162
207	153	GONZALEZ RODRIGUEZ Manuel	M3	(41)	ADN TELMO PELUQUEROS	25:53.992 (236)	48:57.670	17:35.344
208	427	CODON VEGA Alfonso	M3	(42)	C.A.R. MARISQUEIRO	25:13.596 (220)	49:01.148	17:38.822
209	132	PALOMEQUE TORRAS Jose Maria	M1	(76)		24:35.792 (204)	49:02.287	17:39.961
210	180	ALONSO BASTOS Luis	M3	(43)		24:33.877 (200)	49:02.596	17:40.270
211	270	FERNANDEZ PEREZ Oscar Manuel	M2	(75)	C.A.R. MARISQUEIRO	24:36.953 (205)	49:08.628	17:46.302
212	443	MARTINS Nuno	M1	(77)	ATLETISMO UNIVERSIDADE DE VIGO	25:33.710 (226)	49:09.189	17:46.863
213	343	MARTINEZ COSTAS Diego	M2	(76)	FLORISTERÍA CARMEN SIO	25:51.183 (233)	49:12.118	17:49.792
214	185	IGLESIAS GROBAS Ignacio	M3	(44)	CLUB DE ATLETISMO FLORISTERIA	25:51.424 (234)	49:12.487	17:50.161
215	225	BENAVIDES HERNANDEZ Fernando	M3	(45)		24:31.963 (198)	49:12.766	17:50.440
216	233	GARCIA FRAGUEIRO Roberto	M2	(77)		26:59.606 (273)	49:14.886	17:52.560
217	296	GASPAR FERNANDEZ Roberto	M3	(46)		24:50.869 (211)	49:21.375	17:59.049
218	232	PEREZ RODRIGUEZ Jesus Eduardo	M2	(78)	BUDIÑORAID	26:59.193 (270)	49:26.426	18:04.100
219	245	ALVAREZ GOMEZ Manuel	M2	(79)		24:35.616 (203)	49:35.875	18:13.549
220	382	CARRERA RAFAEL Jaime	M2	(80)		25:12.744 (218)	49:39.755	18:17.429
221	198	MARTINEZ PEREZ Jose Luis	M3	(47)		24:50.811 (210)	49:43.105	18:20.779
222	137	VELOSO PEREZ Manuel	M1	(78)		25:25.711 (225)	49:45.239	18:22.913
223	416	VIDE LINARES Antonio Jose	M1	(79)		23:38.405 (173)	49:52.644	18:30.318
224	375	CASADO Gustavo	M2	(81)		24:58.822 (216)	49:53.885	18:31.559
225	285	DOMINGUEZ VALES Jose Manuel	M2	(82)		25:57.412 (238)	49:55.887	18:33.561
226	192	GODA Sebas	M4	(9)	C.C.RIA DE VIGO	25:14.244 (223)	49:57.031	18:34.705
227	333	FIDALGO IGLESIAS Manuel	M4	(10)		25:50.708 (232)	49:57.670	18:35.344
228	368	RODRIGUEZ LAGO Miguel	M1	(80)		24:29.921 (194)	49:59.366	18:37.040

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Clit	Dor.	Apellidos y nombre	Cat.	Clit	Equipo	5,20KM (Clit)	Tiempo	Diferencia
229	65	GARABATOS CUADRADO Jose Antonio	M5	(6)	CAR MARISQUEIRO	25:13.791 (221)	50:08.795	18:46.469
230	286	COMESAÑA COSTAS Pablo	M3	(48)	CLUB DE ALETISMO FLORISTERIA	26:17.310 (247)	50:18.468	18:56.142
231	258	DIEZ FERNANDEZ Guillermo	M4	(11)	CLUB ATLETISMO VIGO	24:57.292 (215)	50:20.729	18:58.403
232	392	CABALEIRO HERNANDEZ Jesus	M4	(12)		25:10.691 (217)	50:23.585	19:01.259
233	129	RELO FERNANDEZ Pablo	M2	(83)	C.A. VETERANOS DE SAMIL	25:57.266 (237)	50:25.224	19:02.898
234	13	RAÑA GREGORIO Xan	M3	(49)	C.A..R. MARISQUEIRO	25:57.791 (239)	50:28.148	19:05.822
235	372	PEREZ VAZQUEZ Manuel	M3	(50)	RAZA PALLEIRA	25:39.523 (230)	50:28.625	19:06.299
236	55	MARTINEZ COSTAS Javier	M1	(81)	LÁSER RANING	26:10.211 (243)	50:36.168	19:13.842
237	315	PEITEADO RUIZ Guillermo	M3	(51)		25:13.991 (222)	50:37.513	19:15.187
238	275	RODRIGUEZ FOLGAR Cesar	M3	(52)	NEW CURRELAS TEAM RUNNING	25:35.630 (229)	50:48.956	19:26.630
239	63	LORENZO FRIERO Jose Manuel	M1	(82)	SIN EQUIPO	25:53.791 (235)	50:49.784	19:27.458
240	397	ALONSO COSTAS Oscar	M2	(84)		24:52.043 (213)	50:57.828	19:35.502
241	362	DORADO FUENTE Iban	M2	(85)		27:21.948 (280)	50:58.785	19:36.459
242	78	REY GONZALEZ Roberto	M5	(7)	CASTRELOS 20:30	26:12.445 (244)	51:11.527	19:49.201
243	319	SAAD SAAD Tarek	M3	(53)		26:17.251 (246)	51:15.344	19:53.018
244	91	CHAMORRO RODRIGUEZ Eugenio	M4	(13)	C.A.R. MARISQUEIRO	26:58.169 (269)	51:16.723	19:54.397
245	364	PALMER Tim	M1	(83)		26:53.950 (263)	51:21.314	19:58.988
246	330	SALO BENITO Javier	M2	(86)		26:53.952 (264)	51:21.707	19:59.381
247	172	GALLEGO Juan	M4	(14)		26:31.505 (250)	51:33.228	20:10.902
248	418	GUIMARAENS JUDEL Javier	M4	(15)		26:32.830 (251)	51:34.883	20:12.557
249	360	RODRIGUEZ LOUREIRO Juan Carlos	M2	(87)		25:59.533 (241)	51:39.834	20:17.508
250	50	SANMARTIN GONZALEZ Victoriano	M2	(88)	MAIS QUE AUGA	26:15.748 (245)	51:41.613	20:19.287
251	212	MARTINEZ GOMEZ Pakinho	M3	(54)	GALLEUSKA KORRIKOLARI ELKARTEA	26:23.650 (249)	51:56.447	20:34.121
252	111	MARTINEZ DOBALO David	M2	(89)		25:59.351 (240)	51:58.106	20:35.780
253	356	VAZQUEZ FERNANDA Jorge	M1	(84)		26:39.566 (254)	52:02.673	20:40.347
254	149	ANTON REY Jose	M5	(8)	INDEPENDIENTE	26:43.075 (256)	52:04.666	20:42.340
255	148	LAGO LARRAN Santiago	M4	(16)	INDEPENDIENTE	26:42.900 (255)	52:05.133	20:42.807
256	295	GUAMA MENA Patricio	M3	(55)	PADELEROS	25:35.571 (228)	52:12.413	20:50.087
257	373	ZUNZUNEGUI GARRIDO Noe	M2	(90)		26:44.160 (257)	52:17.164	20:54.838
258	432	BENATTI Gustavo Eduardo	M2	(91)	CORREDORES FESTEIROS	25:41.811 (231)	52:21.983	20:59.657
259	420	BELOSO GONZALEZ Carlos	M3	(56)		26:56.471 (265)	52:44.803	21:22.477
260	264	ROLO FRAGA Aitor	M2	(92)		26:57.518 (267)	52:47.151	21:24.825
261	445	FERNANDEZ CAGIGAS Pablo	M1	(85)		26:59.251 (271)	52:51.930	21:29.604
262	337	LEMO LOPEZ Oscar	M2	(93)		26:39.190 (253)	52:53.091	21:30.765
263	331	PEREZ LOPEZ Oscar	M2	(94)	PORRIÑO	26:51.204 (262)	53:02.286	21:39.960
264	244	DOMINGUEZ GROBA Javier	M2	(95)		25:35.568 (227)	53:06.145	21:43.819
265	389	CABADAS GARCIA Fernando	M1	(86)		26:57.672 (268)	53:07.851	21:45.525
266	216	LORENZO GIRARDIN Igor	M1	(87)		26:59.451 (272)	53:18.305	21:55.979
267	302	NOBLESSE Thierry	M3	(57)		26:18.652 (248)	53:20.251	21:57.925
268	417	ROCA RODRIGUEZ Ramon	M4	(17)		26:50.690 (260)	53:24.182	22:01.856
269	298	BALTAR Roberto	M1	(88)		27:01.202 (274)	53:26.151	22:03.825
270	7	ROMERO SOBRAL Jordan	M2	(96)		28:04.250 (285)	53:39.653	22:17.327
271	17	CASTRO Eduardo	M2	(97)	MIRADOIRO	28:20.548 (288)	53:45.912	22:23.586
272	25	MARTINEZ VILLARROEL Benjamin	M1	(89)	R&K PROJECT	26:08.124 (242)	53:52.071	22:29.745
273	15	COUSO Alberto	M2	(98)	CD MIRADOIRO	28:20.407 (287)	53:52.464	22:30.138
274	166	ALONSO ABALO Jose Manuel	M2	(99)		27:18.531 (279)	53:59.753	22:37.427

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Clit	Dor.	Apellidos y nombre	Cat.	Clit Equipo	5,20KM (Clit)	Tiempo	Diferencia
275	293	DURAN LAGO Fernando	M5	(9)	27:12.071 (277)	54:05.052	22:42.726
276	68	FERNANDEZ ALVAREZ David	M2	(100) LÁSER RANNING	26:45.830 (258)	54:10.473	22:48.147
277	38	HERNANDEZ GRAÑA Juan Carlos	M2	(101)	28:41.581 (292)	54:22.732	23:00.406
278	231	ARIAS ESCANDON Mario Fernando	M2	(102)	27:08.289 (275)	54:24.653	23:02.327
279	241	BLANCO GONZALEZ Alfonso	M5	(10)	28:21.129 (289)	54:24.713	23:02.387
280	358	VERDEAL GONZALEZ Basilio	M3	(58)	27:48.371 (281)	54:26.471	23:04.145
281	169	LAMAS PEREZ Jose Eduardo	M3	(59)	28:30.142 (291)	54:46.867	23:24.541
282	243	RODRIGUEZ PENA Jorge	M3	(60) C.A.R. MARISQUEIRO	26:56.530 (266)	55:03.094	23:40.768
283	56	REIGADA QUINTELA Fernando	M3	(61) CHUZAS OLIMPICOS	28:04.070 (284)	55:10.368	23:48.042
284	213	BOLAS CABALEIRO Xose Manuel	M4	(18)	27:14.125 (278)	55:44.471	24:22.145
285	53	LOPEZ LOPEZ Jacobo	M2	(103) LASER RANING	26:47.420 (259)	55:47.463	24:25.137
286	429	REINALDO LOSADA Samuel	M0	(5) KOP DE VIGO	25:15.992 (224)	55:57.631	24:35.305
287	347	PEREZ FRANCISCO Alfredo	M2	(104)	28:23.140 (290)	56:02.405	24:40.079
288	187	VILLAR MIRANDA Jorge	M2	(105)	28:06.103 (286)	56:02.581	24:40.255
289	10	GONZALEZ GARCIA Luis	M3	(62)	27:53.945 (282)	56:14.571	24:52.245
290	29	CARRACEDO Roberto	M3	(63)	28:03.332 (283)	56:17.451	24:55.125
291	193	CAMACHO CASCAJO Gabriel	M2	(106)	26:50.964 (261)	56:19.032	24:56.706
292	92	GOMEZ MARTINEZ David	M1	(90) DAVID	29:00.317 (295)	57:12.890	25:50.564
293	430	DIAZ IGLESIAS Adolfo	M5	(11) C.A. VETERANOS DE SAMIL	29:10.769 (299)	57:16.750	25:54.424
294	5	VAZQUEZ SANTOME Simon	M1	(91) CAR MARISQUEIRO	29:09.469 (296)	58:00.410	26:38.084
295	146	LOPEZ RAMOS Luis	M5	(12) RUNTRI	28:59.900 (294)	58:09.910	26:47.584
296	234	VAZQUEZ ESTEVEZ Alberto	M1	(92)	27:11.279 (276)	58:31.980	27:09.654
297	122	LEDO MARTINEZ Daniel	M2	(107)	28:48.224 (293)	58:58.162	27:35.836
298	421	GARCIA FIGUEROA Francisco Jose	M1	(93)	29:27.599 (300)	59:06.644	27:44.318
299	318	LOPEZ CAMPILLO Pol	M4	(19) MAIS QUE AGUA	31:06.920 (308)	1h00:00.502	28:38.176
300	303	BENITEZ OCAMPO Juan	M3	(64)	29:10.048 (298)	1h00:09.788	28:47.462
301	51	AMOEDO COLLAZO Moises	M2	(108) ESPARTAN@S CHIFLAD@S	30:37.640 (302)	1h00:11.268	28:48.942
302	150	FERNANDEZ BOUZADA Alfonso	M5	(13) INDEPENDIENTE	30:58.406 (306)	1h01:30.028	30:07.702
303	341	PEREZ ALONSO Alfonso	M3	(65) CARMEN SIO	30:58.168 (305)	1h01:40.138	30:17.812
304	336	RODRIGUEZ IGLESIAS Roberto	M3	(66) CARMEN SÍO	30:57.967 (304)	1h01:40.141	30:17.815
305	176	PEREZ LOPEZ Carlos Alberto	M2	(109)	32:28.308 (310)	1h02:33.707	31:11.381
306	144	LOPEZ CARBALLO Alex	M2	(110) ELECTRO	32:30.587 (311)	1h02:45.360	31:23.034
307	96	RADA SOTO Iago	M2	(111)	30:43.690 (303)	1h02:49.066	31:26.740
308	52	FEIJOO SUAREZ Marcos	M2	(112) CHUZAS OLIMPICOS	30:33.340 (301)	1h02:57.657	31:35.331
309	339	FERNANDEZ NUÑEZ Jose Euse	M3	(67)	31:01.467 (307)	1h03:17.645	31:55.319
310	292	PAINCEIRA MACIÑEIRAS Jorge	M4	(20)	32:58.472 (312)	1h05:58.046	34:35.720
311	436	ESTEVEZ CERNADAS Ricardo	M3	(68)	29:09.829 (297)	1h05:58.120	34:35.794
312	130	SANCHEZ GESTIDO Ceferino	M5	(14) C.A. VETERANOS DE SAMIL	31:11.561 (309)	1h06:14.297	34:51.971
313	160	ESTEVEZ GONZALEZ Jose Antonio	M2	(113) RUN HAPPY TEAM	33:21.858 (313)	1h06:16.818	34:54.492
314	34	GANDARA BOUZA Jose Alejandro	M3	(69) CASTRELOS 20:30	34:37.339 (314)	1h08:35.281	37:12.955
315	294	PORTEIRO FERNANDEZ Cesar	M5	(15)	40:26.601 (315)	1h17:35.775	46:13.449

Ausentes

14	VILAR REY Jose Carlos	M2	
32	MARTINEZ MARTINEZ Victor	M2	XOANA TEAM
37	DOMINGUEZ Ivan	M1	

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MagmaSports



PÉREZ MENDOS FISIOTERAPIA





XI 10 KMS DO BERBÉS

GENERAL

Clit	Dor.	Apellidos y nombre	Cat.	Clit Equipo	5,20KM (Clit)	Tiempo	Diferencia
41		ESTEVEZ ALONSO Carlos Javier	M3	CASTRELOS KM-0			
46		ABELLEIRA RODRIGUEZ Adrian	M1	C. D. DELIKIA			
57		LOPEZ GARRIDO David	M1				
84		FUENTES FERNANDEZ Alejandro	M2				
114		CARREIRO PAZOS Jose Ramon	M2	TOMI			
118		PEREIRA SALGUEIRO Ramon	M2	LODEIROS TRAIL			
126		SANDE PRESA Juan Carlos	M3	C.A. VETERANOS DE SAMIL			
141		YAÑEZ PENA Juan Jose	M2				
147		SANCHEZ RAMOS Josias	M3				
158		ALONSO INSUA Alberto	M2	ALEJANDRO GOMEZ			
159		ORTIZ CIDRE Guillermo Jose	M1				
168		ABREU GARCIA Julio	M1	ADN-RUNNERS TELMO PELUQUEROS			
197		ALVAREZ Andres	M1				
214		GUTIERREZ GONZALEZ Carlos Enrique	M1	RUNGALICIA-INTERSPORT			
217		LAFUENTE VIÑAS Pablo	M1				
223		PAREDES COSTA Aaron	M1				
224		RIOS CERVANTES Fernando Alfredo	M2				
289		TRIGO ALVAREZ Martin	M1				
299		LAGO HERNANDEZ Aaron	M1				
305		CARBALLO Manuel	M2	C.A.R MARISQUEIRO			
311		LOPEZ PINO Alberto	M2	RUNYTRI			
340		BEMUDEZ PEREZ Rodrigo	M2				
352		ALVAREZ COSTAS Antonio	M1	COMESAÑA SPORTING CLUB			
423		COSTA PAZO Artur	M1	VIGO ENTRENA			
426		VIÑAS GARCIA Pablo	M2				

Abandonos

16		ALVAREZ RIOBO Javier	M3				
21		LORENZANA MEIRE Jesus	M2	ADN TELMO PELUQUEROS			
23		RODRIGUES. COSTA Guillermo	M1	RODRIGUES TEAM			
26		VILLARROEL CARRASCO Luis	M4	R&K PROJECT			
27		BOADA GUILLEN Maximiliano	M3	R&K PROJECT			
61		TOLEDO MONTES Pablo	M3	CHUZAS OLIMPICOS			
69		TABOADA MARTINEZ David	M1	RUNNING LUSEKELO			
94		GANDARA CORTES Juan Daniel	M2				
104		FERREIRA GONZALEZ Jose Carlos	M2	ADAS CUPA			
162		BARROS ABALDE Jose Alejandro	M3				
200		ALMEIDA TOUCEDA Marcos	M2				
209		BADAS RODRIGUEZ Alejandro Jose	M2				
229		GOMEZ ALVAREZ Juan Antonio	M2	ATLETICS FISIOTERAPIA SAN LÁZA			
230		LUSQUIÑOS GARCIA Modesto	M3	NOSPORTLIMIT			
272		IGLESIAS DORDA Antonio	M1				
304		BENITEZ ALVAREZ Xoel	M0				
309		RODRIGUEZ LAGO Pablo	M1				
344		FERNANDEZ GARCIA Roberto	M2	CONDADO TRAIL			
366		GONZALEZ ABRIL Roman	M2				

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MagmaSports **VOLA** RACING



PÉREZ MENDOS FISIOTERAPIA





XI 10 KMS DO BERBÉS

GENERAL

Clit	Dor.	Apellidos y nombre	Cat.	Clit Equipo	5,20KM (Clit)	Tiempo	Diferencia
422		CHAPELA GONZALEZ Carlos	M1	RUNYTRI			
424		FERNANDEZ GALEGO Ruben	M2				
438		PEREZ VIEITES Diego	M1	CLUB ATLETISMO PORRIÑO			

FEMENINO

1	290	CASTILLO OÑATE Sara	F1	(1)		19:06.276 (1)	37:58.859	
2	262	VALIÑO GOMEZ Esther	F1	(2)		19:33.266 (2)	38:02.455	3.596
3	284	RODRIGUEZ OLIVEIRA Rocio	F1	(3)	CLUB ATHLETICS FISIOTERAPIA SA	22:17.886 (4)	43:57.079	5:58.220
4	62	ALONSO Ana	F2	(1)	ATHLETICS FISIOTERAPIA SAN LÁZ	23:06.112 (9)	44:10.259	6:11.400
5	170	PEREZ ALONSO Cristina	F1	(4)	C.A.R. MARISQUEIRO	22:19.162 (5)	44:22.759	6:23.900
6	99	GALLEGO CANABAL Laura	F1	(5)	CD DELIKIA	22:46.133 (7)	44:47.993	6:49.134
7	354	LEMONS SOAGE Ana	F3	(1)	CORREDOIRAS BUEU	22:46.334 (8)	44:58.808	6:59.949
8	127	TILVE COSTAS Nazareth	F2	(2)	C.A. VETERANOS DE SAMIL	22:17.667 (3)	45:28.187	7:29.328
9	178	CALVO SERRANO Marta	F2	(3)	VIGOENTRENA	22:37.003 (6)	46:19.248	8:20.389
10	246	OTERO ALONSO Carol	F2	(4)		23:11.627 (10)	46:32.916	8:34.057
11	381	TABOAS CARRERA Irene	F1	(6)	ATLETISMO PORRIÑO	23:54.412 (13)	46:38.089	8:39.230
12	124	COLLAZO FERNANDEZ Lorena	F1	(7)	C.A. VETERANOS DE SAMIL	23:58.785 (14)	46:48.868	8:50.009
13	282	PEREZ GONZALEZ Helena	F2	(5)	BURGAS OURENSE ATLETISMO	23:21.995 (11)	46:58.098	8:59.239
14	77	ALONSO HERRERO Ana	F1	(8)		24:14.589 (16)	47:12.877	9:14.018
15	439	TORRES HERVES Cristina	F1	(9)	TRIATLON MAR DE VIGO	23:48.894 (12)	48:00.455	10:01.596
16	239	FILGUEIRA Rebeca	F1	(10)	CLUB TRIATLÓN POIO	24:14.948 (17)	48:09.911	10:11.052
17	117	PRIETO AUGUSTO Lidia	F1	(11)		24:45.664 (20)	48:11.217	10:12.358
18	227	LEMAT CABRAL Maria Belen	F3	(2)	CLUB TRIATLON CIDADE DE LUGO F	23:59.051 (15)	48:37.015	10:38.156
19	196	HOMPANERA RODRIGUEZ Ana	F1	(12)		24:29.743 (18)	48:57.856	10:58.997
20	3	ARGUDIN ESTEVEZ Monica	F2	(6)	C.A.R. MARISQUEIRO	24:37.132 (19)	49:08.611	11:09.752
21	164	CARRA IGLESIAS Doris	F3	(3)	CAR MARISQUEIRO	24:48.364 (21)	49:40.409	11:41.550
22	2	SANCHEZ BARREIRO Carmela	F2	(7)	ADN RUNNERS TELMO PELUQUEROS	25:49.283 (25)	49:57.149	11:58.290
23	425	FILLOY PEREIRA Rocio	F2	(8)		25:29.132 (22)	50:47.178	12:48.319
24	177	RIVERA VAZQUEZ Noelia	F2	(9)		26:57.669 (33)	51:24.983	13:26.124
25	108	GARCIA TORRICO Dolly	F2	(10)	MAIS QUE AUGA	25:52.506 (26)	51:41.409	13:42.550
26	82	PRIETO MORAIS Pili	F3	(4)	TNT GHERRILLEIROS	25:43.107 (24)	51:49.408	13:50.549
27	361	VYNOHRADOVA Kateryna	F1	(13)		25:41.964 (23)	52:22.063	14:23.204
28	268	MELON PEREZ Tamara	F1	(14)		26:38.110 (29)	52:37.486	14:38.627
29	208	ESPIÑO LOPEZ Rebeca	F1	(15)		26:16.130 (27)	52:44.443	14:45.584
30	338	GONZALEZ DIAZ Begoña	F2	(11)		26:39.371 (30)	52:53.013	14:54.154
31	174	MARTINEZ COMESAÑA Lucia	F2	(12)	C.A.R. MARISQUEIRO	27:01.011 (35)	53:07.146	15:08.287
32	101	COSTAS RODRIGUEZ Carmen	F5	(1)	ATLETISMO BAIONA	26:58.111 (34)	53:19.624	15:20.765
33	342	REY Lara	F1	(16)		27:10.265 (37)	53:27.843	15:28.984
34	184	ROMERO MARTINEZ Monica	F2	(13)	FRUTAS NIEVES	26:36.664 (28)	53:31.426	15:32.567
35	93	FERNANDEZ PASCUAL Erica	F1	(17)		26:42.396 (31)	53:34.445	15:35.586
36	22	GABIAN GUERRA Andrea	F1	(18)	C.A.R. MARISQUEIRO	27:12.383 (38)	53:51.124	15:52.265
37	145	RODRIGUEZ ALONSO Sandra	F1	(19)		27:05.386 (36)	54:02.991	16:04.132
38	310	PAZ OLIVEIRA Natalia	F2	(14)		27:19.949 (39)	54:06.086	16:07.227
39	190	PRIETO BUJAN Sandra	F1	(20)		28:04.889 (43)	54:07.171	16:08.312

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PÉREZ MENDOS FISIOTERAPIA





XI 10 KMS DO BERBÉS

GENERAL

Clc	Dor.	Apellidos y nombre	Cat.	Clc Equipo	5,20KM (Clc)	Tiempo	Diferencia
40	235	PEREZ FERNANDEZ Ines	F1	(21)	26:42.820 (32)	54:11.241	16:12.382
41	357	ORTIZ CIDRE Andrea	F1	(22)	28:03.473 (41)	55:11.731	17:12.872
42	326	CARRERA SOUTELO Josefa	F3	(5) TALLERES EAUTO	27:36.320 (40)	55:15.182	17:16.323
43	152	GREENAN Sinead	F1	(23)	28:19.380 (44)	55:50.928	17:52.069
44	165	LOPEZ REGUEIRO Alicia	F3	(6) C. A. R MARISQUEIRO	28:33.563 (47)	56:27.091	18:28.232
45	400	VALOURA DIAZ Lorena	F1	(24) LIMIACTIVA	28:32.264 (45)	56:28.431	18:29.572
46	204	CEBREIROS IGLESIAS Sira	F1	(25) A.D. LIMIACTIVA	28:32.409 (46)	56:28.611	18:29.752
47	49	VAZQUEZ MAYO Monica	F2	(15) MAIS QUE AUGA	28:04.108 (42)	56:30.042	18:31.183
48	277	RIVERA DOBAO Pilar	F2	(16)	28:59.197 (49)	56:51.112	18:52.253
49	43	PEREZ RODRIGUEZ Luz	F1	(26)	29:03.312 (51)	56:55.830	18:56.971
50	88	PEREZ RODRIGUEZ Elisa	F2	(17)	29:03.429 (52)	57:11.530	19:12.671
51	412	FERNANDEZ PAZO Paula	F2	(18)	29:28.628 (56)	57:47.011	19:48.152
52	4	ASENSIO VARELA Ana	F1	(27) CAR MARISQUEIRO	29:10.049 (54)	58:00.365	20:01.506
53	335	ALVAREZ COMESAÑA Monica	F3	(7) ATLETIS FISIOTERAPIA SAN LÁZAR	28:59.497 (50)	58:05.309	20:06.450
54	161	LOPEZ CASTRO Aurora	F2	(19) C.A.R. MARISQUEIRO	28:37.869 (48)	58:08.883	20:10.024
55	314	MARTINEZ CANIBE Carolina	F1	(28)	30:17.810 (57)	58:39.780	20:40.921
56	411	CARNERO LLAUGER Maria	F2	(20) BIKILA	29:09.349 (53)	59:11.743	21:12.884
57	409	LEMONS Andrea	F1	(29)	29:13.300 (55)	59:23.290	21:24.431
58	44	PEREIRA DIOS Maria	F2	(21) ESPARTAN@S CHIFLAD@S	30:37.564 (58)	1h00:10.883	22:12.024
59	394	ABALDE SANCHEZ Marta	F1	(30)	31:31.281 (64)	1h00:24.498	22:25.639
60	11	VAZQUEZ NOVOA Nieves	F2	(22) INDEPENDIENTE	30:37.967 (59)	1h01:10.009	23:11.150
61	81	BARTER Sarah	F1	(31)	31:24.103 (63)	1h01:32.981	23:34.122
62	393	CASAS Begoña	F2	(23)	31:31.948 (65)	1h01:53.388	23:54.529
63	191	RODRIGUEZ IGLESIAS Ana	F3	(8) MAIS QUE AUGA	31:07.127 (61)	1h02:31.558	24:32.699
64	31	REGUEIRO FERNANDEZ Xoana	F2	(24) CT MAR DE VIGO	32:28.641 (68)	1h02:33.567	24:34.708
65	143	CALVIÑO CANCELA Carolina	F3	(9) ELECTRO	32:30.527 (69)	1h02:45.428	24:46.569
66	95	SOUTO MARTINEZ Isabel	F2	(25)	30:44.042 (60)	1h02:49.006	24:50.147
67	87	GIL JANEIRO Yoli	F2	(26) DISCAMINO	31:13.619 (62)	1h03:31.966	25:33.107
68	222	GONZALEZ MERA Regina	F3	(10) MAISQUEAUGA	32:25.927 (67)	1h05:46.985	27:48.126
69	413	LEMONS LOPEZ Vanesa	F2	(27) MAIS QUE AUGA	32:25.849 (66)	1h05:47.021	27:48.162
70	59	ALVAREZ DOMINGUEZ Rosa M ^a	F4	(1) MAISQUEAUGA	33:42.238 (71)	1h11:38.320	33:39.461
71	205	CARRERA VAZQUEZ Susana	F2	(28)	32:51.305 (70)	1h11:38.440	33:39.581
72	28	FLORES RODRIGUEZ Erene	F2	(29)	37:39.275 (72)	1h15:15.125	37:16.266
73	359	GUARIN REYES Zandra Yanire	F3	(11)	38:10.743 (73)	1h17:07.304	39:08.445

Ausentes

24	ABELEIRA CARBALLO Irene	F1	
47	FERNANDEZ ALVAREZ Amanda	F1	C.A.R MARISQUEIRO
79	ROSS Cait	F1	
140	CARBALLAS CAMPO Maria	F2	
142	VILLAR ROMERO Miriam	F2	C.A.R. MARISQUEIRO
274	LEIRO LOPEZ Soledad	F2	SAN MIGUEL DE MARIN
384	SEQUEIROS GIRALDEZ Rosana	F2	CLUB TRIATLÓN POIO

Abandonos

67	FERNANDEZ Marisol	F3	R&K PROJECT
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XI 10 KMS DO BERBÉS

GENERAL

Clc	Dor.	Apellidos y nombre	Cat.	Clc Equipo	5,20KM (Clc)	Tiempo	Diferencia
194		MOYANO DE BEÇA Fatima Maria	F2				
332		FERNANDEZ TEIJEIRO Noemi	F2	PORRIÑO			

