

ALTO DE LUNEDA

Cl	Dor.	Apellidos y nombre	Equipo	Categoría (Cl)	Tiempo	Diferencia
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MASCULINA

1	5	BLANCO PROL Samuel	ATUM GENERAL TAVIRA/MARIA NOVA	ELITE (1)	26:28.158	
2	4	FERNANDEZ CRUZ Delio	ATÚN GERALDINA TAVIRA	MASTER 30 (1)	26:29.132	0.974
3	278	LADO LESTON José Antonio		ELÉCTRICA (1)	28:21.969	1:53.811
4	37	RODRIGUEZ NOVOA Miguel	GD SUPERMERCADOS FROIZ	SUB-23 (1)	29:10.478	2:42.320
5	327	CASTAÑO VILLAR Javier	NORTK BIKE LA BAÑEZA	MASTER 50 (1)	29:48.095	3:19.937
6	319	TENA COSTAS Abraham	VIGO MÁSTER CLUB	MASTER 40 (1)	29:50.525	3:22.367
7	226	LOPEZ DE GUEREÑO LAREU BALO Juan Luis	MASTER LOURIÑA	MASTER 50 (2)	29:54.940	3:26.782
8	204	GONZALEZ ABRALDES Adrián	PETA-Z	MASTER 30 (2)	29:56.589	3:28.431
9	257	LAREDO PESQUEIRA Javier	BICI O CON	MASTER 40 (2)	29:57.030	3:28.872
10	7	GARCIA JANEIRO Guillermo	RADIO POPULAR PAREDES BOAVISTA	ELITE (2)	29:57.459	3:29.301
11	21	UCHA Jacobo	FGC	ELITE (3)	30:01.615	3:33.457
12	245	BLANCO TODEA Cesar Fco	BIKE OU NON VAI	MASTER 40 (3)	31:34.763	5:06.605
13	11	SAMPAIO BARBOSA Nuno Miguel	CLUB CICLISMO OLIVICO	MASTER 30 (3)	31:41.706	5:13.548
14	307	MERA ALVAREZ Jorge	BICICLETAS CHINQUENA RACING TE	MASTER 40 (4)	31:56.347	5:28.189
15	314	RODRIGUEZ FERNANDEZ Ricardo	TEAM CYCLING GALICIA	MASTER 40 (5)	31:57.418	5:29.260
16	254	PESQUEIRA FARIÑA Omar	BICI O CON	MASTER 40 (6)	32:01.180	5:33.022
17	128	PULIDO VALDARACETE Victor		ELITE (4)	32:01.904	5:33.746
18	130	VAZQUEZ DIAZ Diego	BTTEIROS COVA DA SERPE	MASTER 30 (4)	32:15.268	5:47.110
19	26	RODRIGUEZ REY Marcial	QUEBICI	MASTER 50 (3)	32:36.963	6:08.805
20	14	MONTORIO FERRANDEZ Jesús	CC OLIVICO	MASTER 50 (4)	32:44.962	6:16.804
21	139	DOMINGUEZ FERNANDEZ Diego	ACD SANOMEDIO	SUB-23 (2)	33:06.595	6:38.437
22	168	GROBA SABORIDO Jose Manuel	SANDOMEDIO	MASTER 30 (5)	33:16.118	6:47.960
23	213	PEREZ ROMERO Joel		ELITE (5)	33:34.856	7:06.698
24	215	GANDARA ESTEVEZ Diego	C.C. ARAGONTA	MASTER 30 (6)	34:12.706	7:44.548
25	271	IGLESIAS CABALEIRO Luis	RODOVIGO	MASTER 40 (7)	34:16.446	7:48.288
26	25	OLIVEIRA BOGA Jose Manuel	OLIVEIRA BIKES	MASTER 50 (5)	34:21.615	7:53.457
27	2	MOSQUERA MIGUEZ Ezequiel	EME SPORTS	MASTER 40 (8)	34:22.138	7:53.980
28	72	LUSQUIÑOS BALLESTEROS David	CLUB TRAITLON VAO	MASTER 30 (7)	34:24.098	7:55.940
29	292	MARTINEZ BARGIELA Bruno	GARAJE CORSE CYCLING TEAM	MASTER 30 (8)	34:39.291	8:11.133
30	60	ALVAREZ Roi	BRIDGE BIKE PROJECT	ELITE (6)	34:40.579	8:12.421
31	283	GONZALEZ FONTAN Mauro	CC SALVATERRA DE MIÑO	ELITE (7)	34:40.822	8:12.664
32	312	GARCIA VILAS Santiago	BTT TROTACUMES	MASTER 50 (6)	34:46.339	8:18.181
33	198	VILA PORTO Javi	GARAJE CORSE	MASTER 30 (9)	34:46.506	8:18.348
34	270	CORDO LAGE Simón	XBIKES	MASTER 30 (10)	34:56.857	8:28.699
35	28	SILVA Hugo	POIO BIKE	MASTER 30 (11)	35:00.714	8:32.556
36	119	DIAZ TEIJEIRO Alfonso	PETA-Z	MASTER 40 (9)	35:04.208	8:36.050
37	311	DOMINGUEZ MARIÑO David	QUEBICI-MARCISPORT	MASTER 30 (12)	35:10.279	8:42.121
38	126	GANDIA CASAS Aitor		MASTER 30 (13)	35:13.837	8:45.679
39	184	GOMEZ BARCIELA Carlos	CICLISMO OIENSE	MASTER 30 (14)	35:15.899	8:47.741
40	67	PINO PORTO Eduardo		MASTER 40 (10)	35:16.236	8:48.078
41	40	MUÑIZ NIETO Juan Carlos	NORINVER	MASTER 40 (11)	35:57.658	9:29.500
42	313	PAIS POL Ángel	MASTER GALAICO	MASTER 40 (12)	36:02.104	9:33.946
43	159	RODRIGUES FRIEIRO Olivier	PONTEVEDRA	MASTER 40 (13)	36:02.176	9:34.018
44	241	BLANCO TOME Oscar	BTTEIROS COVA DA SERPE GUITIRI	MASTER 40 (14)	36:08.957	9:40.799
45	161	GUERRERO ACEVEDO Gerardo		MASTER 30 (15)	36:12.968	9:44.810
46	41	GARCIA RODRIGUEZ Fabian	CANSINOS BIKE	MASTER 60 (1)	36:16.382	9:48.224
47	244	PINO RODRIGUEZ Diego		MASTER 30 (16)	36:17.555	9:49.397

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48	1	PINO COUÑAGO Alvaro	CLÁSICA ÁLVARO PINO	MASTER 60 (2)	36:18.449	9:50.291
49	235	GARCIA PRESA José Antonio	CD PLANC	MASTER 40 (15)	36:26.946	9:58.788
50	151	RODRIGUEZ GONZALEZ Jesus	CLUB TRIATLON VAO	MASTER 50 (7)	36:36.383	10:08.225
51	224	FERNANDEZ BERMÚDEZ Anxo	C.D. PINARIUM	MASTER 30 (17)	36:55.422	10:27.264
52	106	DOMINGUEZ PAZO Jose Carlos		MASTER 30 (18)	37:05.416	10:37.258
53	153	PENA MORANDEIRA Luis	MQA - MAIS QUE AUGA	MASTER 40 (16)	37:09.157	10:40.999
54	181	JUNQUERA RODRIGUEZ Iván		MASTER 40 (17)	37:14.013	10:45.855
55	228	LADO SANCHEZ Xose Manuel	C.C.PONTEAREAS	MASTER 50 (8)	37:18.954	10:50.796
56	321	CRUCES CARIDE Abdon		MASTER 60 (3)	37:32.307	11:04.149
57	310	DOBARRIO ROMASANTA Joaquín		MASTER 40 (18)	37:32.972	11:04.814
58	152	SANTOS Fran	OUCC	MASTER 30 (19)	37:34.898	11:06.740
59	134	ROMERO VELOSO Jesús	MÚSICA DE VIENTO	MASTER 30 (20)	37:48.650	11:20.492
60	76	BENAVIDES FALCON Óscar	CLUB TRIATLÓN CORUÑA	MASTER 40 (19)	37:56.092	11:27.934
61	85	LOBERA CASAS Jose Manuel	THC BIKES	MASTER 40 (20)	38:07.775	11:39.617
62	174	GONZALEZ RIVERO Evaristo	CC ANTIOQUIA	MASTER 40 (21)	38:12.651	11:44.493
63	24	AGUIAR MARTINEZ Gonzalo	SUPERMERCADOS FROIZ	MASTER 50 (9)	38:14.403	11:46.245
64	230	LOPEZ LOPEZ Juan Carlos	CARES DEVA	MASTER 40 (22)	38:19.678	11:51.520
65	202	GARCIA EIRAS Alberto		MASTER 50 (10)	38:24.386	11:56.228
66	240	LEMONS GIRALDEZ David	MÚSICA DE VIENTO	MASTER 30 (21)	38:26.599	11:58.441
67	260	VIÑUELA Jose	BHCC	MASTER 40 (23)	38:38.344	12:10.186
68	8	MARTINEZ Serafin		MASTER 30 (22)	38:45.585	12:17.427
69	109	IGLESIAS LAMORA Marco Antonio		ELITE (8)	38:45.662	12:17.504
70	55	TABOADA FERNANDEZ Oscar	CLUB TRIATLON VAO	MASTER 40 (24)	39:11.313	12:43.155
71	236	GAGO GONZALEZ José Raimundo	C.C.TRAVIESAS	MASTER 60 (4)	39:12.491	12:44.333
72	31	BOENTE CAMPOS Jose Luis	TREK FACTORY RACING	MASTER 40 (25)	39:18.129	12:49.971
73	206	SIO FERNANDEZ Ruben	TRIATLON PORRIÑO	MASTER 40 (26)	39:23.597	12:55.439
74	253	RODRIGUEZ FRAGA Oscar	BIKE OU NON VAI	MASTER 50 (11)	39:35.916	13:07.758
75	243	VILLANUEVA COMESAÑA Alberto	BIKE OU NON VAI	MASTER 30 (23)	39:37.437	13:09.279
76	84	MÚGICA IZAGUIRRE Mikel	GARAJE CORSE	MASTER 30 (24)	39:46.803	13:18.645
77	320	COSTAS PEREZ David	CC CHANTADINO	MASTER 40 (27)	39:48.917	13:20.759
78	281	GARCIA CASTRO Fernando	TUZAROS	MASTER 50 (12)	39:52.618	13:24.460
79	318	ABUIN CRESPO Francisco José	POIO BIKE CLUB	MASTER 30 (25)	39:53.401	13:25.243
80	166	ALONSO MIGUEZ Juan Manuel		MASTER 30 (26)	40:01.255	13:33.097
81	95	FERNANDEZ BRAVO Luis Alberto	GRUPETA PAN DE ZARCO	MASTER 50 (13)	40:05.245	13:37.087
82	233	PRIETO FDEZ. Enrique	BICIOCON	MASTER 40 (28)	40:09.391	13:41.233
83	62	RODRIGUES DA COSTA Cleber		MASTER 40 (29)	40:32.302	14:04.144
84	218	BEIRO FORMOSO Jose	CC MUROS	MASTER 30 (27)	40:35.566	14:07.408
85	277	RODRIGUEZ ALVAREZ Perfecto	QUEBICI-MARCISPORT	MASTER 40 (30)	40:37.645	14:09.487
86	203	MARTINEZ VARELA José Luis	SIN EQUIPO	MASTER 40 (31)	40:43.393	14:15.235
87	315	ROUCO DIAZ Fco. Javier	CLUB CICLISTA GONDOMAR	MASTER 30 (28)	40:46.439	14:18.281
88	229	PIÑEIRO FERNANDEZ Alberto	SANOMEDIO, A.C.D.	MASTER 30 (29)	40:47.261	14:19.103
89	3	RODRIGUEZ CASTRO Rafael		MASTER 50 (14)	41:00.768	14:32.610
90	113	PAZO GREGORES David	GARAGE CORSE	MASTER 40 (32)	41:04.730	14:36.572
91	276	CAMPOS BOULLOSA Rubén	MARCI SPORT QBICI	MASTER 40 (33)	41:08.434	14:40.276
92	58	PEREZ PEREZ Sergio	INDEPENDIENTE	MASTER 40 (34)	41:09.970	14:41.812
93	160	BARRAJON Marcos	CLUB CICLISTA TRES CANTOS	MASTER 30 (30)	41:27.015	14:58.857
94	301	URRUTIA ALVARADO Esteban	VBIKES TEAM	MASTER 40 (35)	41:29.774	15:01.616
95	288	MARTINEZ CABEZAS Martín	TRIATLON PC RÍAS BAIXAS	MASTER 40 (36)	41:29.849	15:01.691
96	100	CUNTIN GOMEZ Anton		MASTER 40 (37)	41:31.340	15:03.182
97	87	GANDARA LADO Jose Domingo		MASTER 40 (38)	41:40.827	15:12.669

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98	231	ALVAREZ FERNANDEZ Higinio	TOLEMIA BIKE CCVC	MASTER 50 (15)	41:45.039	15:16.881
99	86	SOTELINO GARRIDO Carlos	ADC PICARAÑA	MASTER 40 (39)	41:49.187	15:21.029
100	54	VIÑAS TILVE Jose Manuel	INDEPENDIENTE	MASTER 50 (16)	41:52.672	15:24.514
101	302	MARIÑO DIEGUEZ Pablo	AFIADORES CLUB CICLISTA	MASTER 40 (40)	41:55.527	15:27.369
102	12	PORTO PEREIRA Alex	A.D.C. PICARAÑA	MASTER 40 (41)	41:56.380	15:28.222
103	83	PREGO NOVAS Adrián	GC	MASTER 30 (31)	42:09.655	15:41.497
104	258	RODRIGUEZ VILLAR Lalo		MASTER 50 (17)	42:09.774	15:41.616
105	219	LEMONS Casiano	CLUB ATLETISMO PORRIÑO	MASTER 40 (42)	42:19.529	15:51.371
106	246	SOUSA CORBACHO Jorge		MASTER 30 (32)	42:22.280	15:54.122
107	225	RODRIGUEZ FERNANDEZ José Manuel	ADC SANOMEDIO	MASTER 30 (33)	42:30.974	16:02.816
108	143	SOTO VIÑAS Diego	CLUB TRIATLÓN CORUÑA	MASTER 40 (43)	42:33.814	16:05.656
109	287	FERNANDEZ BESADA Jose Manuel	CCPONTEAREAS	MASTER 50 (18)	42:43.253	16:15.095
110	46	CRESPO TRUJILLO Lalo	04S RUTAS - BIKE	MASTER 40 (44)	42:43.543	16:15.385
111	317	CASTRO RODRIGUEZ Manuel	ATLETISMO PORRIÑO	MASTER 40 (45)	42:53.891	16:25.733
112	75	PEREZ ALONSO Javier		MASTER 30 (34)	43:03.033	16:34.875
113	189	ROMERO Iago Romero		MASTER 40 (46)	43:03.304	16:35.146
114	18	CUEVAS FARO Saul	C. C LAMPREA	MASTER 40 (47)	43:10.187	16:42.029
115	124	GONZALEZ VILAS José Manuel	ATENEA STREET CYCLING TEAM	MASTER 60 (5)	43:10.923	16:42.765
116	251	PEREZ MORAIS Pablo	PEÑA AMIL	MASTER 40 (48)	43:12.413	16:44.255
117	264	CASTRO PRIEGUE Jose Domingo	C.C,DUMBRIA	MASTER 40 (49)	43:12.861	16:44.703
118	112	SUAREZ LAGO Jose Antonio	CC DUMBRIA	MASTER 40 (50)	43:13.029	16:44.871
119	79	ALONSO RODRIGUEZ Senén	TRIATLÓN PORRIÑO	MASTER 30 (35)	43:34.735	17:06.577
120	266	BELLO DOS SANTOS Jorge Juan	SESTELO	MASTER 50 (19)	43:35.653	17:07.495
121	111	SOUTO CARRACEDO Nandi	TRIPORRIÑO	MASTER 30 (36)	43:37.042	17:08.884
122	192	FONTENLA TORRES Manuel		MASTER 40 (51)	43:41.899	17:13.741
123	295	ALVAREZ VARELA Fernando	MONTEFERROBIKE	MASTER 50 (20)	43:42.748	17:14.590
124	121	GOMEZ BELLO Raul	CLUB TRIATLON BETANZOS	MASTER 40 (52)	43:47.978	17:19.820
125	214	LOPEZ MOSCOSO Jesús	PONTEBIKE	MASTER 50 (21)	43:50.670	17:22.512
126	57	RODRIGUEZ FERNANDEZ Jose Javier	ESPARTAN@S CHIFLADOS	MASTER 40 (53)	43:59.731	17:31.573
127	173	RODRIGUEZ CABALEIRO David		MASTER 40 (54)	44:00.661	17:32.503
128	70	GIL ALONSO Francisco	CLUB TRIATLON VAO	MASTER 50 (22)	44:01.522	17:33.364
129	71	COVELO LOPEZ Jose Francisco	TRIATLÓN VAO	MASTER 50 (23)	44:10.180	17:42.022
130	175	LOPEZ PINO Javier		MASTER 40 (55)	44:12.086	17:43.928
131	176	SANLUIS LAGO Victoriano		MASTER 40 (56)	44:13.130	17:44.972
132	90	TABOAS GUERRERO César	INDEPENDIENTE	MASTER 40 (57)	44:18.273	17:50.115
133	200	FERNANDEZ PASCUAL Adrián	CLUB DEPORTIVO DELIKIA	ELITE (9)	44:29.159	18:01.001
134	118	DIAZ DIAZ Angel Fernando	CLUB CICLISTA FERROL	MASTER 50 (24)	44:30.205	18:02.047
135	66	FERNANDEZ OÑATE Manuel Alfonso		MASTER 50 (25)	44:31.675	18:03.517
136	38	DIAZ ALVAREZ Manuel		MASTER 30 (37)	44:37.450	18:09.292
137	172	PEREZ LABACA DIZ Xoán Xosé	GRUPETA PAN DE ZARCO	MASTER 50 (26)	44:37.738	18:09.580
138	99	BENAVIDES BARREIRO Pablo		MASTER 50 (27)	44:40.693	18:12.535
139	326	GARCA RODRIGUEZ Mateo	BENAVENTANO	MASTER 60 (6)	44:42.036	18:13.878
140	33	TARANILLA VEGA Jonatan	BENAVENTANO	MASTER 30 (38)	44:42.866	18:14.708
141	77	ARUFE ESPÍÑA Jorge	INDEPENDIENTE	MASTER 50 (28)	44:47.554	18:19.396
142	123	ARGIBAY David	CLUB CICLISTA OLIVICO	MASTER 30 (39)	44:49.735	18:21.577
143	157	OTERO MOURIÑO Javier	CC EXTREMEBIKE	MASTER 50 (29)	44:51.144	18:22.986
144	263	BAAMONDE GONZALEZ Antonio	CLUB TRIATLON MORRAZO	MASTER 50 (30)	45:05.026	18:36.868
145	140	ALVAREZ CALDERON Pablo		MASTER 30 (40)	45:05.179	18:37.021
146	105	GARCIA VAZQUEZ Pablo	CLUB TRIATLÓN CORUÑA	MASTER 40 (58)	45:07.891	18:39.733
147	29	CALVIÑO GROBA Antonio	A LAMPREA	MASTER 60 (7)	45:09.615	18:41.457

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148	125	ALONSO BLANCO David	CLUB CICLISTA ARAGONTA	MASTER 30 (41)	45:15.479	18:47.321
149	78	GUISANDE GROBAS Ángel Ramón		MASTER 50 (31)	45:22.886	18:54.728
150	142	IGREXAS SOTO Carlos		MASTER 30 (42)	45:33.273	19:05.115
151	269	GONZALEZ REJAS Miguel Angel	A LAMPREA	MASTER 50 (32)	45:53.447	19:25.289
152	94	RODRIGUEZ IGLESIAS José Andrés	A. D. C. PICARAÑA	MASTER 50 (33)	45:57.100	19:28.942
153	272	VIEIRA VARELA Eduardo		MASTER 30 (43)	45:58.280	19:30.122
154	223	CERQUEIRO GONZALEZ Jose Manuel	MURUM ATHELTICA	MASTER 50 (34)	46:01.295	19:33.137
155	309	MOSTEIRO LOBATO Arturo	FARTO	MASTER 50 (35)	46:05.909	19:37.751
156	59	ALVAREZ RODRIGUEZ David		MASTER 40 (59)	46:09.846	19:41.688
157	149	FONTAN CELARD Óscar	CLUB CICLISTA PONTEAREAS	MASTER 40 (60)	46:10.116	19:41.958
158	242	RODRIGUEZ VAZQUEZ Marcos	CC AFIADORES	MASTER 40 (61)	46:13.117	19:44.959
159	150	GONZALEZ SEQUEIROS Pablo	CIDADE DE LUGO	MASTER 40 (62)	46:15.585	19:47.427
160	282	ARAÚJO SEOANE Joaquín	GARAJE CORSE	MASTER 40 (63)	46:15.662	19:47.504
161	73	GALLIDORO DEL MONTE Jose Humberto	CLUB TRIATLON VAO	MASTER 50 (36)	46:20.518	19:52.360
162	148	FANDIÑO SANTOS Jorge	C.C. DUMBRIA	MASTER 30 (44)	46:24.581	19:56.423
163	304	VIEITO LIÑARES Valentín	VBIKES TEAM	MASTER 40 (64)	46:24.678	19:56.520
164	216	VAZQUEZ FERNANDEZ Alberto	CIDADE DE LUGO	MASTER 40 (65)	46:31.860	20:03.702
165	285	GARCIA VILLANUEVA Guillermo		MASTER 60 (8)	46:33.266	20:05.108
166	136	MONTE SECADES Rafael	CLUB MONTE PENARRUBIA	MASTER 50 (37)	46:34.974	20:06.816
167	212	IGLESIAS CRESPO José Luis	ACO	MASTER 60 (9)	46:36.872	20:08.714
168	275	PEREZ PEDREIRA Lorenzo	CC MONTES DO DEZA	MASTER 40 (66)	46:42.651	20:14.493
169	194	GONZALEZ GROBA Óscar	XTREMBIKE	SUB-23 (3)	46:53.895	20:25.737
170	217	CARBAJAL FERNANDEZ Pelayo	MAIS QUE BICIS	MASTER 40 (67)	46:55.977	20:27.819
171	155	JORGE CAO Juan Jose		MASTER 30 (45)	47:04.752	20:36.594
172	132	DOCAMPO DIAZ Francisco	CLUB TRIATLON CORUÑA	MASTER 40 (68)	47:13.097	20:44.939
173	296	MOREDA GARCIA Rafael		MASTER 50 (38)	47:15.473	20:47.315
174	261	CARBALLEIRA FLOREZ Jesús	QUE BICI MARCISPORT	MASTER 60 (10)	47:21.469	20:53.311
175	156	SUAREZ GULLON Gustavo	CLUB TRIATLÓN VAO	MASTER 40 (69)	47:24.362	20:56.204
176	65	DE CASTRO PARGA Gonzalo	SIRENO TRIATLÓN	MASTER 50 (39)	47:34.463	21:06.305
177	265	LEDO FREIRIA Gabriel	SESTELO	MASTER 30 (46)	47:35.057	21:06.899
178	144	RODRIGUEZ ALONSO José Eduardo		MASTER 30 (47)	47:37.978	21:09.820
179	294	MARTINEZ GIL Angel	LAMPREA	MASTER 60 (11)	47:39.415	21:11.257
180	107	OTERO FERNANDEZ Juan Pablo	ADC PICARAÑA	MASTER 40 (70)	47:47.735	21:19.577
181	17	MARTINEZ Ivan	XTREMBIKE	MASTER 40 (71)	47:48.461	21:20.303
182	273	BUGALLO SENRA Jose	CLUB MONTES DO DEZA	MASTER 50 (40)	47:52.421	21:24.263
183	325	PEREZ PRIETO Francisco José	CLUB CICLISTA VERÍN	MASTER 50 (41)	47:54.372	21:26.214
184	96	PERNAS HERMIDA Luis	SANTANDER	MASTER 50 (42)	48:13.443	21:45.285
185	158	BARCALA MORA Victor	PONTEVEDRA	MASTER 50 (43)	48:16.242	21:48.084
186	80	GONZALEZ RODRIGUEZ David Fillaboa	BEBE SEN SEDE	MASTER 30 (48)	48:21.719	21:53.561
187	135	TATO DOMINGUEZ Eloy	ACS SANOMEDIO	MASTER 40 (72)	48:22.061	21:53.903
188	164	NEIRA CONDE Jose Luis		MASTER 50 (44)	48:30.011	22:01.853
189	190	RODICIO GARCIA Iago		MASTER 40 (73)	48:33.986	22:05.828
190	191	PRIETO VARELA Gonzalo		MASTER 50 (45)	48:35.602	22:07.444
191	211	PEREIRA ALONSO Daniel	CLUB CICLISTA ARAGONTA	MASTER 30 (49)	48:39.476	22:11.318
192	248	FENOLLERA BOLIBAR Santiago		MASTER 50 (46)	48:39.502	22:11.344
193	279	FERNANDEZ ALONSO José María		MASTER 40 (74)	48:49.666	22:21.508
194	104	REQUENA FERNANDEZ Óscar Jesús		MASTER 40 (75)	48:51.726	22:23.568
195	170	SANTERBAS Antonio		MASTER 50 (47)	49:01.205	22:33.047
196	284	PEREZ CHAVEZ Carlos Alberto		MASTER 50 (48)	49:18.923	22:50.765
197	291	GONZALEZ ALONSO Alfredo		MASTER 40 (76)	49:25.817	22:57.659

ALTO DE LUNEDA

Clit	Dor.	Apellidos y nombre	Equipo	Categoría (Clit)	Tiempo	Diferencia
198	167	MARQUEZ OZORES Pablo	A+P	MASTER 50 (49)	49:27.792	22:59.634
199	289	PARDO FRANCISCO Porfirio	MOTOBIKE	MASTER 50 (50)	49:28.782	23:00.624
200	195	GONZALEZ FERNANDEZ Fermín	XTREMBIKE	MASTER 50 (51)	49:37.457	23:09.299
201	115	VILA PORTO Yonatan	GARAGE CORSE	MASTER 30 (50)	49:39.873	23:11.715
202	108	CARPINTERO AGUIAR Fernando	GRUPETA PAN DE ZARCO	MASTER 50 (52)	49:43.948	23:15.790
203	10	MOSQUERA FERRO Óscar	GARAJE CORSE	MASTER 40 (77)	49:52.171	23:24.013
204	193	MIGUELEZ ROZADA Luis Ángel		MASTER 40 (78)	50:03.187	23:35.029
205	138	SERANTES FERNANDEZ Andres		MASTER 30 (51)	50:12.749	23:44.591
206	117	DIAZ DIAZ Roberto Enrique	CLUB CICLISTA FERROL	MASTER 40 (79)	50:46.852	24:18.694
207	220	ESTEVEZ PEREZ Antonio	MÚSICA DE VIENTO	MASTER 30 (52)	51:10.344	24:42.186
208	303	POL BALADO Jesus	VBIKES TWAM	MASTER 40 (80)	51:21.800	24:53.642
209	286	GARCIA CASAS Pablo		ELITE (10)	51:22.349	24:54.191
210	116	GARRIDO MARTINEZ José David		MASTER 40 (81)	51:24.530	24:56.372
211	187	TRILLO CALVO Victor Manuel	CC DUMBRIA	MASTER 50 (53)	51:26.659	24:58.501
212	239	CAGIAO RIVAS Roberto		MASTER 50 (54)	51:27.172	24:59.014
213	256	VIEIRA MONTENEGRO Eduardo		MASTER 60 (12)	51:42.343	25:14.185
214	186	GOMEZ RODRIGUEZ Carlos Manuel	CICLISMO OIENSE	MASTER 50 (55)	51:46.961	25:18.803
215	23	PORTELA ACUÑA Evaristo	SUPERMERCADOS FROIZ	MASTER 60 (13)	51:53.409	25:25.251
216	182	DOMINGUEZ PAZO Pablo		MASTER 30 (53)	51:54.829	25:26.671
217	308	DIAZ LOPEZ Héctor	CLUB CICLISTA MONFORTE	MASTER 30 (54)	52:07.272	25:39.114
218	293	PEREZ COTA Daniel	CC MONFORTE	ELITE (11)	52:08.160	25:40.002
219	255	ARENA RAMILA Ramón		MASTER 50 (56)	52:13.421	25:45.263
220	222	CASTRO COLORADO Benigno		MASTER 50 (57)	52:15.518	25:47.360
221	237	CAMPOS CORTES José Luis		MASTER 40 (82)	52:21.285	25:53.127
222	201	SANTOS ALONSO Isaac	PLAN C	MASTER 40 (83)	52:32.794	26:04.636
223	68	MIGUELEZ PEREIRA Miguel		MASTER 30 (55)	52:34.660	26:06.502
224	262	LAMEIRO FERNANDEZ Victor Manuel	MÚSICA DE VIENTO	MASTER 50 (58)	52:44.542	26:16.384
225	97	PAZOS HERMIDA Antonio	CLUB CICLISTA VIVEIRO	MASTER 60 (14)	53:28.442	27:00.284
226	141	DOMINGUEZ MARTINEZ Moises		MASTER 40 (84)	53:42.491	27:14.333
227	298	SUAREZ SUAREZ Daniel		MASTER 40 (85)	53:48.652	27:20.494
228	82	DOPAZO GARCIA Antonio	ZZZ	MASTER 30 (56)	54:10.251	27:42.093
229	45	ARAUJO PENABELLA Isidro		MASTER 50 (59)	54:23.693	27:55.535
230	209	RODRIGUEZ SANTISO Hugo		MASTER 30 (57)	54:25.216	27:57.058
231	188	ARTOS ABALDE Jose Carlos	AMIGOS DE LA BICICLETA	MASTER 50 (60)	54:54.578	28:26.420
232	290	GOMEZ TABOAS Emilio		MASTER 50 (61)	55:36.618	29:08.460
233	162	DAPENA PIÑEIRO Anton		MASTER 40 (86)	55:41.162	29:13.004
234	89	PAZOS HERNANDEZ Pablo José	CLUB TRIALTON CORUÑA	MASTER 40 (87)	55:52.391	29:24.233
235	259	SANTA CLARA MARTINEZ Benjamín	CICLISMO OIENSE	MASTER 60 (15)	56:02.903	29:34.745
236	249	PEREZ RUIZ Etelvino		MASTER 60 (16)	56:07.340	29:39.182
237	171	GARCIA MARIN Pablo		MASTER 40 (88)	57:37.350	31:09.192
238	324	GARCIA CAPELAS Pablo	CLUB CICLISTA VERÍN	ELITE (12)	57:42.987	31:14.829
239	169	PORTO PEREIRA Jose Bernardino	CLUB CICLISTA PONTEAREAS	MASTER 60 (17)	58:14.540	31:46.382
240	306	GARCIA FERNANDEZ Baldomero		MASTER 50 (62)	59:23.829	32:55.671
241	137	PEREIRA RODRIGUEZ Jose Antonio	A.D.C. PICARAÑA	MASTER 40 (89)	59:27.948	32:59.790
242	93	COMESAÑA PEDRIDO Modesto	C.A. VETERANOS DE SAMIL	MASTER 40 (90)	59:31.708	33:03.550
243	280	CRESPO DIEZ Javier	POIO BIKE CLUB	MASTER 50 (63)	1h01:54.192	35:26.034
244	197	CARBALLEIRA VAZQUEZ Gustavo	TEIS, C.C.	MASTER 40 (91)	1h02:08.491	35:40.333
245	91	SOUTO TABOAS Ricardo	ACMP	MASTER 40 (92)	1h02:43.854	36:15.696
246	146	COUSO Alberto	CD MIRADOIRO	MASTER 30 (58)	1h02:54.847	36:26.689
247	305	GIACONE ARAYA Mariano		MASTER 50 (64)	1h03:02.697	36:34.539

ALTO DE LUNEDA

Clit	Dor.	Apellidos y nombre	Equipo	Categoría (Clit)	Tiempo	Diferencia
248	145	CORES FIGUEIREDO Ángel	CD MIRADOIRO	MASTER 40 (93)	1h03:21.293	36:53.135
249	185	FIGUEROA Victor	CCMUROS	MASTER 30 (59)	1h03:36.461	37:08.303
250	16	GOMEZ ALVAREZ Ricardo	C.C. PONTEAREAS	MASTER 50 (65)	1h03:53.700	37:25.542
251	227	ACUÑA PAZOS Faustino Tomas	MOTOBIKE	MASTER 50 (66)	1h04:05.490	37:37.332
252	247	RODRIGUEZ FEIJOO Manuel		MASTER 60 (18)	1h04:30.879	38:02.721
253	15	GOMEZ MENDEZ Borja	C. C. PONTEAREAS	SUB-23 (4)	1h04:30.962	38:02.804
254	316	VARELA CRECENTE Javier	GALAICOS	MASTER 50 (67)	1h06:01.323	39:33.165
255	300	ALONSO LORENZO Manuel	CLUB CICLISTA TRAVESIA DE VIGO	MASTER 50 (68)	1h07:12.310	40:44.152
256	165	CASAL LAGO Adolfo		MASTER 50 (69)	1h07:13.477	40:45.319
257	52	BRAGADO FERNANDEZ Iván	DISCAMINO	MASTER 40 (94)	1h09:12.275	42:44.117
258	114	DOMINGUEZ DOMINGUEZ Juan José		MASTER 40 (95)	1h09:14.687	42:46.529
259	323	LOPEZ PEREZ Rafael	CLUB CICLISTA VERÍN	MASTER 50 (70)	1h10:58.032	44:29.874
260	322	SOBRINO BLANCO Luis	CLUB CICLISTA VERÍN	MASTER 50 (71)	1h11:01.527	44:33.369

FEMENINA

1	43	GARCIA LOPEZ Aida	FARTO CC	ELITE FEM. (1)	36:08.407	
2	35	GARCIA SALGADO Claudia	TEAM FARTO	SUB-23 FEM. (1)	39:10.247	3:01.840
3	32	MOLINA FERNANDEZ Cristina	TEAM CABAÑAS	MASTER 40 FEM. (1)	41:00.603	4:52.196
4	74	FERNANDEZ BARREIROS Tina	ARTROGRAL TRI 498	MASTER 30 FEM. (1)	42:02.266	5:53.859
5	196	HOMPANERA RODRIGUEZ Ana	ATLANTIGAS	MASTER 30 FEM. (2)	50:33.837	14:25.430
6	64	COMESAÑA SOUTO Beatriz	C.A. VETERANOS DE SAMIL	MASTER 40 FEM. (2)	53:36.072	17:27.665
7	98	CAMIÑOS PEREZ Laura	CLUB TRIATLON CORUÑA	MASTER 30 FEM. (3)	56:47.125	20:38.718