



CATEGORÍAS LONGO

Clc	Dor.	Apellidos y nombre	Clc	Equipo	Tiempo	Diferencia
1	137	ALONSO NOGUEIRA David	1	AD JARNACHAS	2h04:20.225	
2	103	GARCIA GONZALEZ Jaime	2	ADC MONTE BREAMO	2h04:27.896	7.671
3	153	PORTAL LOSADA Miguel	3	AME BESTARRUZA	2h09:11.290	4:51.065
4	142	MARTINEZ Daniel	4	AD NÁUTICO NARON	2h12:41.898	8:21.673
5	68	CABANAS BOCIJA Luis	5		2h14:14.208	9:53.983
6	133	BARBOSA KEPKA Carlos	6		2h14:50.495	10:30.270
7	158	CALVO MOA Carlos	7	ATLETISMO NARÓN	2h19:34.752	15:14.527
8	31	MORADO ROIS José Antonio	8		2h20:22.184	16:01.959
9	53	GONZALEZ NOVOA Manuel	9	TRAILEROS TOXOS&BIRRAS	2h21:38.143	17:17.918
10	2	PARDO MAZAS Martín	10	CLUB MONTAÑA FERROL	2h24:15.249	19:55.024
11	148	ROUCO REY Mario	11	CLUB DE MONTAÑA O CAXADO	2h24:47.000	20:26.775
12	9	URIA SANJURJO Alejandro	12	DALLE GAS RUNNING TEAM	2h27:21.601	23:01.376
13	22	BAAMONDE LOPEZ Sergio	13	DALLE GAS RUNNING TEAM	2h30:24.567	26:04.342
14	12	SANTILLANA GARABANA Victor	14	NOSPORTLIMIT	2h33:29.798	29:09.573
15	85	GARCIA RIAL Francisco	15	CLUB BENIGYM SPORT	2h37:24.463	33:04.238
16	150	GONZALEZ BARROS Francisco	16		2h37:24.466	33:04.241
17	145	ABELEDI TARRIO Jose	17	TRAILEROS TOXOS E BIRRAS	2h37:24.594	33:04.369
18	116	IGLESIAS COTELO Borja	18		2h38:42.234	34:22.009
19	30	PENA MUIÑO Rubén	19	NOETRAINERS FERROL	2h40:34.554	36:14.329
20	29	SANTISO LOPEZ Francisco	20		2h42:47.780	38:27.555
21	23	DOVAL IGLESIAS Marco Antonio	21	PAPAROTAS TEAM	2h45:39.600	41:19.375
22	157	LOPEZ FERNANDEZ Rubén José	22	PASA OU ENTORNA	2h46:28.787	42:08.562
23	74	FERNANDEZ IGLESIAS Iago	23		2h51:37.997	47:17.772
24	42	PITA BARROS Gonzalo	24		2h52:51.768	48:31.543
25	101	LOPEZ PAZ Mario	25		2h53:26.106	49:05.881
26	93	MOURELLE DOMINGUEZ Edgar	26		2h54:43.148	50:22.923
27	6	SUAREZ VALDERREY Fernando	27	CLUB TRIATLON CORUÑA	2h56:18.072	51:57.847
28	54	LOZANO IGLESIAS Miguel Ángel	28		3h00:12.600	55:52.375
29	13	JUNQUERA PAREDES Amandino	29	MONTAÑA FERROL	3h02:05.846	57:45.621
30	132	VILLARINO BEREIA Nicolás	30		3h12:37.867	1h08:17.642
31	151	CASTRO PORTA Mario	31		3h14:50.791	1h10:30.566
32	144	PEREZ MACIAS Ramiro	32	PASA OU ENTORNA	3h18:03.588	1h13:43.363
33	135	ESPINAR MORALES Benito	33		3h18:10.220	1h13:49.995
34	136	RAMOS REVIDIEGO Pablo	34		3h18:10.296	1h13:50.071
35	134	RODRIGUEZ-BARBERO MERLO Ramón	35		3h18:10.300	1h13:50.075
36	124	CALDERON Francisco	36		3h33:42.477	1h29:22.252
37	25	BARREIRO SUAREZ Sergio	37		3h37:20.522	1h33:00.297

Ausentes

27	CAAMAÑO VILLAR Jaime	
37	GARCIA ALONSO Oscar	
46	MUÑOZ ESPASANDIN Julio	
119	NOVO FERREIRO Diego	OS CORZOS DO ORTEGAL

Cl	Dor.	Apellidos y nombre	Cl	Equipo	Tiempo	Diferencia
Veterano Masculino						
1	147	LIEBANAS MENDEZ Antonio	1	ATLETISMO BAIONA	2h01:31.726	
2	28	BARRIOS GONZALEZ Julio César	2	ATLETAS ACEA DE AMA	2h14:40.633	13:08.907
3	16	PENEDO DIAZ David José	3	OPA FERROL TEAM RUNNING	2h20:01.695	18:29.969
4	20	GILDA RODRIGUEZ Juan Carlos	4	OPA FERROL TEAM RUNNING	2h27:25.068	25:53.342
5	11	ERAÑA CABALLERO José María	5	OPA FERROL TEAM RUNNING	2h27:49.679	26:17.953
6	17	VENTUREIRA DOPICO Roberto	6	CASTRO DE LOBADIZ	2h43:02.015	41:30.289
7	41	RIVERA MARQUEZ Francisco Javier	7	PASA OU ENTORNA	2h46:01.151	44:29.425
8	15	MARTINEZ CHEDAS Suso	8	OPA FERROL TEAM RUNING	2h48:40.189	47:08.463
9	19	EDROSA FOLGUEIRA José Manuel	9	ABRENTE LUGO	2h53:26.628	51:54.902
10	160	CONCHEIRO FERNANDEZ Guillermo	10		2h54:44.493	53:12.767
11	131	GOMEZ GARCIA Alberto	11		2h54:44.705	53:12.979
12	8	LANDERAS VAZQUEZ Rafael	12	PASA OU ENTORNA	2h57:15.273	55:43.547
13	40	BELLAS CAAVEIRO Ramon	13	CLUB O CAXADO	3h00:12.780	58:41.054
14	141	FERNANDEZ CORRAL Angel	14		3h01:40.701	1h00:08.975
15	49	VEIGA GONZALEZ Miguel	15		3h09:41.261	1h08:09.535
16	154	PITA PITA Felipe	16		3h10:23.822	1h08:52.096
17	143	PEREZ VARGAS Francisco	17	TRIATLON FERROL	3h12:37.866	1h11:06.140
18	159	TAJUELO GIL Alfonso	18	PULPEIROS MUGARDOS	3h21:34.735	1h20:03.009
19	34	MARCOS GOMEZ Miguel Ángel	19	CLUB MONTE PENARUBIA	3h32:22.328	1h30:50.602
20	146	GONZALEZ FERNANDEZ Antonio	20	ITB	3h36:22.801	1h34:51.075
21	55	COUTO ARNAIZ Luis	21	CLUB DE MONTAÑA O CAXADO	3h44:09.657	1h42:37.931
22	139	VILLANUSTRE ABUIN Germán	22	SD BARBANTIA RODA	4h04:13.017	2h02:41.291
23	140	P.PONCE Juan	23		4h12:08.809	2h10:37.083

Ausentes

14	NIETO FEAL Ricardo	OPA FERROL TEAM RUNING
21	LAGO FERNANDEZ Roberto Carlos	PASA OU ENTORNA
24	SERANTES VARELA Jose Antonio	OPA FERROL
67	FERNANDEZ PADIN Javier	TOXOS & BIRRAS
130	ALPERI HUERGO Ivan	TOXOS
156	LOPEZ Domingo	CLUB ATLETISMO BOIMORTO

Absoluta Feminina

1	167	BUGLIOT FERNANDEZ Veronica	1	OS CORZOS DO ORTEGAL	2h16:17.608	
2	100	VAZQUEZ NUÑEZ María Luz	2		3h12:47.780	56:30.172
3	152	TAJUELO FERRER Alba	3		3h14:50.473	58:32.865
4	73	PRIETO NOVO Laura	4		3h18:10.274	1h01:52.666
5	149	CABALLERO Liza	5	ADC BREAMO	3h21:40.147	1h05:22.539

Veterana Feminina

1	155	PACIO LOPEZ Begoña	1		2h26:17.520	
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TRAIL

Costa Ártabra 18/09/2022



CATEGORÍAS LONGO

Clc	Dor.	Apellidos y nombre	Clc	Equipo	Tiempo	Diferencia
2	36	LOPEZ SERANTES María Ángeles	2	MOI DE MONTE	3h02:30.347	36:12.827
3	138	ARTECHE CASTRO Susana	3		3h02:31.487	36:13.967
4	35	MAURIZ PEREIRA Sonia	4		4h17:57.015	1h51:39.495

Abandonos

	75	MARTINEZ RAMILO Tania				
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