



TRAIL DOS PENEDOS 2025

CASTRO BARREIRO

CATEGORÍAS

Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
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Trail curto Veterana A

1	22	FERNANDEZ YAÑEZ Sandra		1h37:52.8	
2	33	OTERO ALONSO Carol		1h38:38.2	45.4
3	12	GONZALEZ GONZALEZ Isabel	RUNYTRI	1h50:33.4	12:40.6
4	17	FERNANDEZ RODRIGUEZ Susana		1h52:58.2	15:05.4
5	25	PEREZ LORENZO Noa	ASALTAMONTES FEMALE	1h53:33.4	15:40.6
6	15	BARROS MARTINEZ Veronica	AC CASTELOS TRAIL CLUB	1h58:09.5	20:16.7
7	43	PEREZ DOMINGUEZ Vanesa	PIJAMEROS	2h10:21.0	32:28.2
8	16	GOMEZ IGLESIAS Sandra		2h13:51.1	35:58.3
9	29	CASAL BARROS Chus		2h20:57.1	43:04.3
10	28	LOPEZ GONZALEZ Alba	ASALTAMONTES FEMALE	2h20:57.2	43:04.4
11	13	NOVOA GONZALEZ Lucia		2h24:07.5	46:14.7
12	32	SOTELO ALVAREZ Maria Jose		2h39:49.9	1h01:57.1
13	42	IGLESIAS FERNANDEZ Teri	CAZAFANTASMAS TEAM	2h41:26.6	1h03:33.8
14	26	CERQUEIRA ALVAREZ Victoria		2h57:47.1	1h19:54.3

Trail curto Veterana B

1	39	GOICOECHEA CASTAÑO Itziar	TRINORTH	2h15:13.8	
2	37	CASTIÑEIRAS GALLEGU Rebeca		2h20:29.5	5:15.7

Trail curto Veterano A

1	261	OUTERELO PUMARES David	AC CASTELOS TRAIL CLUB	1h21:53.3	
2	135	BARROS CAMPO Bruno	AC CASTELOS TRAIL CLUB	1h23:08.3	1:15.0
3	115	NOGUEIRA FERNANDEZ Junior		1h23:23.6	1:30.3
4	247	SANROMAN GARCIA Abraham	CORNELIOS	1h25:04.0	3:10.7
5	256	MARTINEZ Seve	PARCHITA RUNNING	1h26:16.7	4:23.4
6	171	ALONSO OTERO Ruben		1h26:45.0	4:51.7
7	260	GONZALEZ ALVAREZ Jose Manuel		1h27:47.8	5:54.5
8	109	DELGADO RAMOS Jose Carlos		1h28:59.3	7:06.0
9	162	RODRIGUEZ FERNANDEZ Sergio		1h28:59.4	7:06.1
10	250	CARREIRO PAZOS Jose Ramon		1h30:12.4	8:19.1
11	231	ALVAREZ Pedro		1h30:41.7	8:48.4
12	205	GARCIA GARCIA Oscar		1h31:57.6	10:04.3
13	181	ESTEVEZ COSTA Ricardo		1h32:30.3	10:37.0
14	186	ALVAREZ FEIJOO Tino		1h32:32.4	10:39.1
15	139	CABALEIRO GORRITA Francisco		1h33:07.9	11:14.6
16	172	ALVAREZ RODRIGUEZ Jose Angel		1h33:44.9	11:51.6
17	146	FERNANDEZ ROMERO Eliseo		1h33:57.4	12:04.1
18	273	CONDE ESTEVEZ Pablo	CLUBE DE MONTAÑA XISTRA	1h36:02.0	14:08.7
19	112	ALONSO PEREIRA Marcos	O FUSCO	1h37:28.9	15:35.6
20	144	CARRACEDO MARTINEZ Raul		1h38:01.9	16:08.6
21	142	ALONSO TABOAS Joaquin	AC CASTELOS TRAIL CLUB	1h38:34.4	16:41.1
22	131	GUIMERANS OTERO Ramon		1h39:23.6	17:30.3
23	233	GUDE GRANDE Gustavo		1h40:17.3	18:24.0
24	134	LOYOLA MEDINA Javier		1h40:57.1	19:03.8
25	158	LEMONS FERNANDEZ Roberto		1h43:04.1	21:10.8



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Clf	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
26	149	BESADA ALVAREZ Venancio	OS CABALOS DOS MALOS	1h43:13.9	21:20.6
27	217	BARREIRO CABALEIRO Javier	OS CABALOS DOS MALOS	1h43:14.0	21:20.7
28	154	POSADA LORENZO Antonio		1h44:13.4	22:20.1
29	148	POSADA LORENZO Agustin		1h44:14.5	22:21.2
30	192	ALONSO ALVAREZ Jacobo	BARALLOCAS DA LOURIÑA	1h46:07.2	24:13.9
31	243	PEREZ ALONSO Jesus		1h49:54.2	28:00.9
32	137	VILLAVERDE ALVAREZ Luis		1h50:32.4	28:39.1
33	127	BERMEJO CARRERA Angel		1h51:19.9	29:26.6
34	150	PEREZ YAÑEZ Javier	MAIS QUE AUGA	1h51:22.4	29:29.1
35	166	MIRANDA FARIÑA David		1h51:26.0	29:32.7
36	255	MARTINEZ REPRESAS Victor D.	AC CASTELOS TRAIL CLUB	1h51:29.2	29:35.9
37	120	NOVAS RODRIGUEZ Roberto		1h51:39.8	29:46.5
38	136	VILAS RODRIGUEZ Juan Angel		1h52:16.3	30:23.0
39	212	LAGO FREIRIA Paco	OS PELIQUEIROS	1h52:37.0	30:43.7
40	269	MARTINEZ COMESAÑA Luis Enrique		1h52:54.2	31:00.9
41	268	PEREZ GONZALEZ David	PARCHITA RUNNING	1h52:59.2	31:05.9
42	262	BOULLOSA RODRIGUEZ Angel		1h52:59.3	31:06.0
43	228	GONZALEZ MORAÑA Natanael		1h53:44.8	31:51.5
44	118	ALVAREZ ALONSO Jose Angel		1h53:46.4	31:53.1
45	164	LEIRO Xavier	C.A. VETERANOS DE SAMIL	1h54:25.8	32:32.5
46	132	RODRIGUEZ COLLAZO Raul		1h56:07.0	34:13.7
47	221	CASTRO BLANCO Jesus		1h58:07.1	36:13.8
48	230	SANTALLA DE SAA Nicolas		1h59:36.9	37:43.6
49	201	BUGARIN RORIS Alejandro		2h01:49.2	39:55.9
50	267	RODRIGUEZ ALEJOS Enrique		2h06:35.9	44:42.6
51	235	SANTORIO MOSCOSO Hugo		2h07:28.4	45:35.1
52	225	REQUEJO FERNANDEZ Samuel	CAMINHANTES DO CONDADO	2h10:21.4	48:28.1
53	103	REFOJOS MENESES Andres		2h11:24.3	49:31.0
54	274	DOMINGUEZ ALONSO Daniel		2h14:32.4	52:39.1
55	140	ROLLANO VILABOA David		2h17:49.4	55:56.1
56	208	ALONSO Sandro	ATHLETICS F. SAN LÁZARO	2h24:43.4	1h02:50.1

Trail curto Veterano B

1	130	GONZALEZ MARTINEZ Amalio		1h34:16.0	
2	116	MARTINEZ CABALEIRO Carlos		1h34:31.1	15.1
3	199	RODRIGUEZ LOPEZ Gonzalo		1h36:45.5	2:29.5
4	110	NUÑEZ TRONCOSO Jose Manuel		1h38:36.1	4:20.1
5	266	NOVOA RODRIGUEZ Miguel Angel		1h40:41.0	6:25.0
6	133	RODRIGUEZ BANDE Carlos		1h40:56.7	6:40.7
7	214	CASALEIRO FERNANDEZ Manuel	CAZAFANTASMAS TEAM	1h42:39.5	8:23.5
8	189	SESTELO MARTINEZ Gonzalo		1h44:23.5	10:07.5
9	271	PAMPILLON DOMINGUEZ Felipe		1h45:12.0	10:56.0
10	248	PEREZ NOVAS Javier		1h45:12.7	10:56.7
11	263	PORTO RODRIGUEZ Alfonso		1h47:09.8	12:53.8
12	194	BESADA ALVAREZ Francisco Javier	OS CABALOS DOS MALOS	1h48:27.3	14:11.3
13	104	RUIBAL ARGIBAY Alberto		1h51:21.4	17:05.4
14	178	REY OLIVAN Jose Manuel	CANDESARA RUNNING TEAM	1h53:00.7	18:44.7
15	206	NOBLESSE Thierry		1h53:36.9	19:20.9
16	147	LOUREIRO MONTENEGRO Alberto		1h53:46.7	19:30.7



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17	257	MOLARES ALVAREZ Saturnino		1h55:31.0	21:15.0
18	196	RODRIGUEZ PIÑEIRO Ricardo	TRINORTH	2h00:59.2	26:43.2
19	244	BARROSO GONZALEZ Antonio		2h04:18.8	30:02.8
20	153	PEREZ MARTINEZ Roi		2h06:43.0	32:27.0
21	161	FREIRE SALORIO Victor Manuel		2h24:33.6	50:17.6
22	175	DIAZ FERNANDEZ Rogelio		2h26:14.0	51:58.0
23	152	FERNANDEZ RODRIGUEZ Julio		2h31:07.6	56:51.6
24	213	BENITEZ OCAMPO Juan	C.A.R. MARISQUEIRO	2h32:29.9	58:13.9
25	179	PEREZ FERNANDEZ Jose		2h43:19.1	1h09:03.1
26	241	LORENZO RIVAS Angel		2h43:39.3	1h09:23.3
27	227	GARRIDO INSUA Ricardo		2h50:40.6	1h16:24.6

Trail curto Veterano C

1	176	DIAZ FONTE Julio	DELIKIA	1h30:59.0	
2	220	BLANCO DOMINGUEZ Boni		1h42:59.8	12:00.8
3	254	MILES Daniel		2h05:40.5	34:41.5
4	224	LICER VAZQUEZ Jose Antonio		2h19:06.9	48:07.9

Trail longo Veterana A

1	301	COSTAS PAZOS Maria Elisa	COUTADAS TRAIL TEAM	2h39:04.6	
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Trail longo Veterana B

1	302	COMESAÑA SOUTO Beatriz	TRINORTH	3h29:12.7	
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Trail longo Veterano A

1	471	PAZO GIRALDEZ Daniel	AC CASTELOS TRAIL CLUB	2h16:43.2	
2	449	PORTO PEREZ David	AC CASTELOS TRAIL CLUB	2h18:48.2	2:05.0
3	409	DOMINGUEZ DOMINGUEZ Daniel	AC CASTELOS TRAIL CLUB	2h20:25.4	3:42.2
4	451	IGLESIAS COVELO Jose Manuel	TRINORTH	2h23:55.7	7:12.5
5	453	ALONSO ABALDE Miguel Angel	TRAIL RUNNING NIGRÁN	2h32:06.0	15:22.8
6	421	DE LA CRUZ SANCHEZ Raul	AC CASTELOS TRAIL CLUB	2h34:28.9	17:45.7
7	458	BLANCO TODEA Cesar		2h37:16.9	20:33.7
8	429	COSTAS VARELA David		2h37:17.0	20:33.8
9	437	FERNANDEZ GARCIA Roberto		2h37:47.8	21:04.6
10	452	PATIÑO VILAS David		2h38:20.0	21:36.8
11	403	FERNANDEZ SABORIDO Anxo Manuel	AC CASTELOS TRAIL CLUB	2h39:07.4	22:24.2
12	427	PUERTA MARTINEZ Borja		2h39:55.0	23:11.8
13	440	GONZALEZ RAMILO Miguel		2h40:02.2	23:19.0
14	428	CURROS FERNANDEZ Javier	RUNMANIAK BOX 001 OURENSE	2h44:35.3	27:52.1
15	465	MARTINEZ RICO Alberto	CDM VÉRTICE	2h46:10.7	29:27.5
16	406	ALVAREZ FERNANDEZ Francisco	HOCKEY CLUB CÍES	2h46:24.0	29:40.8
17	438	AFONSO Pedro	METAS IMPOSIBLES TRAIL TEAM	2h46:47.7	30:04.5
18	401	SILVA RIVERA Federico		2h47:12.6	30:29.4



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Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
19	417	PEREZ REGO David		2h51:45.7	35:02.5
20	412	RODRIGUEZ RODRIGUEZ Miguel		2h52:03.7	35:20.5
21	408	CABALEIRO GARCIA Jose Manuel	CIBUS SIRGON	2h52:40.8	35:57.6
22	415	GONZALEZ IGLESIAS Angel		2h53:52.7	37:09.5
23	462	COSTA Marcos		2h54:06.0	37:22.8
24	416	PEREZ DIEGO Esteban		2h54:54.4	38:11.2
25	456	RODRIGUEZ FERNANDEZ Jose Javier	TRAIL RUNNING NIGRÁN	2h57:06.4	40:23.2
26	461	EXPOSITO GOMEZ Gustavo	TRAIL RUNNING NIGRÁN	2h59:18.4	42:35.2
27	426	PEREIRA Ivan		3h01:34.6	44:51.4
28	468	FERNANDEZ CASAL Carlos		3h02:27.8	45:44.6
29	441	VASCONEZ PUEYO David		3h03:11.7	46:28.5
30	418	VAZQUEZ TOUCIDO Jose Alberto		3h06:26.8	49:43.6
31	463	FERNANDEZ FRANCO Hugo		3h11:40.6	54:57.4
32	424	FERNANDEZ PEREZ Oscar Manuel	C.A.R. MARISQUEIRO	3h19:16.7	1h02:33.5
33	457	PEREZ IGLESIAS Ruben		3h21:22.7	1h04:39.5
34	432	VAAMONDE VAZ Alejandro		3h39:23.1	1h22:39.9
35	411	CARBAJAL PEREZ Miguel		3h46:41.1	1h29:57.9

Trail longo Veterano B

1	407	ALBORES MIGUEZ Jorge	ATLETISMO BAIONA	2h33:01.0	
2	466	FERNANDEZ GARCIA Jose Manuel	CDM VÉRTICE	2h35:18.5	2:17.5
3	442	DORADO VIEITEZ Miguel	TRINORTH	2h38:57.9	5:56.9
4	460	MISA MACIEL Jose Antonio	TRAIL RUNNING NIGRÁN	2h53:54.4	20:53.4
5	454	ALVAREZ-BUYLLA DE LA UZ Julio	GMTA&CHUVONERS	2h55:35.0	22:34.0
6	459	GOMEZ GONZALEZ Enrique	OS MOROSOS	2h59:01.0	26:00.0
7	434	VALEBONA-REFOJOS Manuel	TRINORTH	3h02:03.9	29:02.9
8	474	YAÑEZ DOS SANTOS Javier		3h03:43.0	30:42.0
9	420	VIDAL CASTRO Ernesto	RUNNING LUSEKELO	3h15:23.5	42:22.5
10	464	BAAMONDE GONZALEZ Antonio	ESPARTAN@S CHIFLAD@S	3h29:58.4	56:57.4
11	419	COSTAS FERNANDEZ Alfonso	C.A.R. MARISQUEIRO	3h31:21.6	58:20.6
12	472	FERNANDEZ ALONSO Manuel	PARCHITA RUNNING	4h21:07.1	1h48:06.1
13	467	DAPENA TENORIO Jose Luis		4h21:07.3	1h48:06.3