

MILLA CIDADE DE VIGO

Resultados

Pl.	Dors	Nombre	Club	Tiempo V1	Tiempo V2	Tiempo V3	Tiempo V4	Tiempo
Carrera 1 (F3,F4,F5)								
F3								
1.	303	VAQUERO SOUSA, Julia	CLUB ATLETISMO VETERANOS DE SAMIL	00:01:30,3	00:01:33,5	00:01:37,1	00:01:37,8	00:06:18,8
2.	305	LAMPON CARIDE, Ana	MAIS QUE AUGA	00:01:36,1	00:01:43,1	00:01:42,5	00:01:35,5	00:06:37,4
3.	307	ALONSO GARCIA, Ana	ATHLETICS FISIOTERAPIA SAN LÁZARO	00:01:35,9	00:01:43,0	00:01:42,9	00:01:39,7	00:06:41,6
4.	302	FERNANDEZ SUAREZ, Carmen	MAIS QUE AUGA	00:02:28,7	00:02:47,3	00:02:47,3	00:02:43,0	00:10:46,4
F4								
1.	402	MALLO FERRER, Sonia	ATHLETICS FISIOTERAPIA SAN LÁZARO	00:01:53,3	00:02:13,4	00:02:13,6	00:02:11,8	00:08:32,3
2.	401	ROCHA CRUCES, Maria Carmen	C.A.R. MARISQUEIRO	00:01:48,7	00:02:15,9	00:02:26,6	00:02:28,0	00:08:59,4
3.	403	RODRIGUEZ ALVAREZ, Marta	BIKILA	00:02:10,3	00:02:34,5	00:02:35,4	00:02:29,5	00:09:49,9
F5								
1.	501	COSTAS RODRIGUEZ, Carmen	SOCIEDAD ATLÉTICA VAL MIÑOR	00:01:58,1	00:02:22,4	00:02:24,4	00:02:15,4	00:09:00,5
Carrera 2 (M4,M5)								
M4								
1.	409	GRAÑA ALONSO, Jose Carlos	LODEIROS TRAIL	00:01:29,2	00:01:33,0	00:01:35,2	00:01:22,9	00:06:00,4
2.	413	PAZ RIDRIGUEZ, Juan	CLUB CASTRELOS 20:30	00:01:28,1	00:01:34,0	00:01:35,4	00:01:31,4	00:06:09,1
3.	404	TABOADA GONZALEZ, Ramiro	RUNNING LUSEKELO	00:01:23,6	00:01:39,1	00:01:43,2	00:01:43,5	00:06:29,6
4.	412	BARREIRO BARREIRO, Benigno	ATHLETICS AVENTURA XTREM	00:01:42,5	00:01:52,8	00:01:52,6	00:01:43,5	00:07:11,6
5.	411	PEREZ LOSADA, Mario	BIKILA	00:01:33,0	00:01:52,1	00:01:56,7	00:01:56,9	00:07:18,9
6.	405	VIDEIRA CORREA, Alberto	RUNNING LUSEKELO	00:01:44,7	00:01:50,7	00:01:52,8	00:01:51,5	00:07:19,8
7.	407	GALLIDORO DEL MONTE, Jose Humberto	CLUB DEPORTIVO DELIKIA	00:01:40,6	00:01:58,8	00:02:01,3	00:01:54,9	00:07:35,8
8.	410	GONZALEZ GARCIA, Luis	C.A.R. MARISQUEIRO	00:01:45,2	00:01:58,0	00:02:00,1	00:01:59,6	00:07:43,1
9.	406	VILLAR SALGADO, Jose Francisco	C.A.R. MARISQUEIRO	00:01:43,5	00:02:05,5	00:02:08,7	00:02:05,3	00:08:03,2
M5								
1.	510	RIVEIRO RODRIGUEZ, Arlindo	CLUB CASTRELOS 20:30	00:01:20,5	00:01:29,7	00:01:31,4	00:01:30,8	00:05:52,6
2.	508	VILLAR ALVAREZ, Enrique	CLUB ATLETISMO VETERANOS DE SAMIL	00:01:32,6	00:01:46,4	00:01:48,3	00:01:43,5	00:06:51,0
3.	509	PEREZ PASCUAL, Manuel	C.S.C.R. BEADE	00:01:31,0	00:01:42,3	00:01:50,6	00:01:57,2	00:07:01,2

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Resultados

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4.	503	PADIN COUSIDO, Jose Luis	CLUB ATLETISMO CAMBADOS –	00:01:36,8	00:01:48,3	00:01:55,8	00:01:51,8	00:07:12,9
5.	504	HERNANDEZ BORREGO, Miguel	CLUB ATLETISMO VETERANOS DE SAMIL	00:01:42,7	00:01:54,4	00:01:55,1	00:01:43,5	00:07:16,0
6.	505	GARABATOS CUADRADO, Jose Antonio	C.A.R. MARISQUEIRO	00:01:50,7	00:02:09,1	00:02:07,5	00:02:00,5	00:08:08,1

Carrera 3 (M3)

M3

1.	321	PRIETO DE LA IGLESIA, Manuel	ATHLETICS FISIOTERAPIA SAN LÁZARO	00:01:20,2	00:01:23,6	00:01:23,8	00:01:21,7	00:05:29,4
2.	316	COSTAS COSTAS, Miguel	MAIS QUE AUGA	00:01:20,5	00:01:26,1	00:01:26,6	00:01:23,6	00:05:36,9
3.	319	BARREIRO PEREIRA, Xose Anton	SD COMPOSTELA ATLETISMO	00:01:20,9	00:01:27,6	00:01:28,9	00:01:28,4	00:05:45,9
4.	313	CABADO CASTRO, Xose	CLUB ATLETISMO SANTIAGO	00:01:21,1	00:01:28,0	00:01:31,6	00:01:30,4	00:05:51,3
5.	317	ACUÑA, Candido	COMESAÑA SPORTING CLUB	00:01:26,8	00:01:32,6	00:01:29,1	00:01:25,6	00:05:54,3
6.	326	ULLA REGA, Manuel		00:01:20,4	00:01:27,9	00:01:34,3	00:01:32,4	00:05:55,2
7.	312	ALVAREZ, Andres	IMAXINATEA ESCOLA DE TEATRO	00:01:27,8	00:01:37,8	00:01:34,7	00:01:29,2	00:06:09,8
8.	315	PICO PITA, Jose Luis	CASTRELOS 20:30	00:01:28,9	00:01:35,9	00:01:34,9	00:01:30,3	00:06:10,0
9.	324	ARIAS, Edu	ATHLETICS FISIOTERAPIA SAN LÁZARO	00:01:27,3	00:01:38,9	00:01:39,1	00:01:35,7	00:06:21,2
10.	314	VILLANUEVA AREAL, Dito	RUNNING LUSEKELO	00:01:35,4	00:01:40,2	00:01:41,6	00:01:36,7	00:06:34,0
11.	327	CASTRO RODRIGUEZ, Marcos	CLUB ATLETISMO SAMERTOLAMEU	00:01:26,6	00:01:38,4	00:01:53,3	00:01:37,6	00:06:36,1
12.	320	ALONSO COSTAS, Oscar		00:01:37,2	00:01:39,9	00:01:42,0	00:01:39,0	00:06:38,3
13.	322	LOPEZ PEREZ, Samuel	CLUB DEPORTIVO DELIKIA	00:01:34,8	00:01:41,4	00:01:44,4	00:01:40,4	00:06:41,2
14.	704	SARABIA VALADO, José Ramón		00:01:35,6	00:01:43,1	00:01:44,7	00:01:40,9	00:06:44,3
15.	311	BELOSO GONZALEZ, Carlos		00:01:39,2	00:01:44,1	00:01:43,8	00:01:41,8	00:06:49,1
16.	308	BARROSO GONZALEZ, Antonio	C.A.R. MARISQUEIRO	00:01:38,7	00:01:43,6	00:01:44,7	00:01:43,6	00:06:50,7
17.	323	FREIRE PIÑEIRO, Jose Manuel	MAIS QUE AUGA	00:01:40,7	00:01:48,1	00:01:45,8	00:01:43,1	00:06:57,8
18.	328	MARTINEZ DOBALO, David	CROSSBEERS	00:01:37,9	00:01:47,7	00:01:53,6	00:01:55,6	00:07:15,0
19.	309	GUAMA MENA, Patricio	PADELEROS	00:01:40,9	00:01:50,0	00:01:52,8	00:01:52,3	00:07:16,2
20.	325	ESTEVEZ ABALDE, Juan		00:01:53,0	00:02:00,9	00:02:00,9	00:01:56,4	00:07:51,4

Carrera 4 (M2)

M2

1.	224	BASTOS DASILVA, Jose Alberto	ADN RUNNERS – TELMO PELUQUEROS	00:01:16,1	00:01:18,2	00:01:17,9	00:01:13,1	00:05:05,5
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MILLA CIDADE DE VIGO

Resultados

Pl.	Dors	Nombre	Club	Tiempo V1	Tiempo V2	Tiempo V3	Tiempo V4	Tiempo
2.	226	FERNANDEZ SOENGAS, Jesus	CLUB DEPORTIVO DELIKIA	00:01:12,7	00:01:20,1	00:01:19,6	00:01:16,8	00:05:09,3
3.	243	NUÑEZ PARADA, Sergio		00:01:17,0	00:01:23,8	00:01:23,6	00:01:15,7	00:05:20,4
4.	218	ARIAS COSTAS, Dario	ATHLETICS FISIOTERAPIA SAN LÁZARO	00:01:19,0	00:01:22,4	00:01:22,4	00:01:17,3	00:05:21,3
5.	222	FERREIRA LAREDO, David	CASTRELOS KM.0	00:01:17,4	00:01:22,9	00:01:24,3	00:01:21,7	00:05:26,5
6.	235	NOGUEIRA FERNANDEZ, Junior		00:01:19,0	00:01:22,2	00:01:24,6	00:01:21,9	00:05:27,8
7.	236	VAZQUEZ PAVON, Roberto	TANINOS RUNNERS PONTEAREAS	00:01:16,7	00:01:23,3	00:01:25,1	00:01:22,8	00:05:28,1
8.	233	PEREZ CONDE, Kike	GMTA CHUVONERS	00:01:18,2	00:01:26,1	00:01:27,1	00:01:21,3	00:05:32,9
9.	240	FERNANDEZ MENDEZ, Joaquin		00:01:18,8	00:01:23,1	00:01:25,2	00:01:30,9	00:05:38,2
10.	221	GONZALEZ ALVAREZ, Borja		00:01:24,2	00:01:28,7	00:01:22,8	00:01:30,3	00:05:46,2
11.	216	LOPEZ FERNANDEZ, Antonio Luis		00:01:24,9	00:01:31,1	00:01:30,3	00:01:33,6	00:06:00,0
12.	232	NAVIA IGLESIAS, Ruben	BIKILA	00:01:24,4	00:01:35,7	00:01:37,7	00:01:34,0	00:06:12,0
13.	237	CABACO CAMPOS, Jose Manuel	TAKO TEAM	00:01:26,0	00:01:34,0	00:01:37,2	00:01:39,7	00:06:17,1
14.	239	GESTO, Xoan	BEADE, AHI OS VAN!	00:01:29,2	00:01:38,3	00:01:40,6	00:01:34,9	00:06:23,2
15.	220	AMOEDO COUÑAGO, Miguel Angel	COMESAÑA SPORTING CLUB	00:01:24,8	00:01:42,4	00:01:49,8	00:01:46,2	00:06:43,4
16.	231	DOCAMPO FERREIRA, Manuel	CHANS BEMBRIVE	00:01:39,0	00:01:50,2	00:01:49,7	00:01:39,3	00:06:58,4
17.	244	LEON PIQUENQUE, Santiago		00:01:29,6	00:01:47,3	00:01:54,0	00:01:55,2	00:07:06,3
18.	241	GIRALDEZ, Jose	LUME RUN	00:01:32,3	00:01:46,6	00:01:57,8	00:02:03,2	00:07:20,1
19.	228	GONZALEZ ABEIJON, Fernando		00:01:38,9	00:01:56,9	00:01:54,6	00:01:53,9	00:07:24,4
20.	229	SANCHEZ CASTRO, Jesus Alberto		00:01:40,3	00:01:54,8	00:01:56,9	00:01:56,0	00:07:28,1
21.	238	RODRIGUEZ JORGE, Daniel	REAL CLUB CELTA ATLETISMO	00:01:44,4	00:01:53,7	00:01:57,4	00:01:57,2	00:07:33,0
22.	219	SANMARTIN GONZALEZ, Victoriano	MAIS QUE AUGA	00:01:56,3	00:01:54,4	00:01:56,8	00:01:49,6	00:07:37,2
23.	230	RESUA, David	CHUZAS OLIMPICOS	00:01:46,3	00:01:56,3	00:02:01,0	00:01:54,1	00:07:37,8
24.	242	CHAMBORRO CHAMORRO, Ismael		00:01:47,9	00:02:03,6	00:02:04,2	00:01:59,7	00:07:55,6
25.	245	SANCHEZ LOSADA, Iago		00:01:34,3	00:02:11,0	00:02:22,4	00:02:03,0	00:08:10,9
26.	234	LOS ARCOS ALONSO, Xabier		00:01:38,5	00:02:09,5	00:02:13,6	00:02:13,5	00:08:15,2

Carrera 5 (F2)

F2

1.	201	ESTEVEZ CRESPO, Cristina		00:01:36,4	00:01:39,1	00:01:39,7	00:01:31,4	00:06:26,7
2.	209	RODRIGUEZ OLIVEIRA, Rocio	ATHLETICS FISIOTERAPIA SAN LÁZARO	00:01:36,0	00:01:39,7	00:01:39,5	00:01:36,1	00:06:31,5

MILLA CIDADE DE VIGO

Resultados

Pl.	Dors	Nombre	Club	Tiempo V1	Tiempo V2	Tiempo V3	Tiempo V4	Tiempo
3.	205	MOREU PEREIRA-BORRAJO, Beatriz	CLUB DEPORTIVO DELIKIA	00:01:36,7	00:01:42,5	00:01:41,7	00:01:33,3	00:06:34,4
4.	202	ROMAN MIRALLES, Paula	CLUB ATLETISMO FEMENINO CELTA	00:01:36,7	00:01:43,8	00:01:43,2	00:01:34,4	00:06:38,3
5.	214	VALCARCEL TOSCANO, Isa		00:01:39,5	00:01:48,7	00:01:45,6	00:01:41,8	00:06:55,8
6.	203	FERNANDEZ VARELA, Maria Estefania		00:01:36,8	00:01:47,2	00:01:49,4	00:01:47,1	00:07:00,7
7.	204	VIDAL LORENZO, Emilia	MAIS QUE AUGA	00:01:45,5	00:01:45,4	00:01:50,9	00:01:50,6	00:07:12,7
8.	206	GARCIA TORRICO, Dolly Darlen	MAIS QUE AUGA	00:01:39,0	00:01:58,8	00:01:57,2	00:01:54,1	00:07:29,2
9.	207	ROMERO MARTINEZ, Monica	FRUTAS NIEVES	00:01:47,5	00:01:55,6	00:01:58,1	00:01:57,1	00:07:38,4
10.	210	LOPEZ PEREZ, Almudena	MAIS QUE AUGA	00:01:50,0	00:01:58,5	00:02:02,8	00:01:57,5	00:07:48,9
11.	208	FREIRE, Lorena	MAIS QUE AUGA	00:01:57,9	00:02:09,6	00:02:11,5	00:01:58,8	00:08:18,0

Carrera 6 (F1)

F1

1.	113	SANTOS VILLALON, Carol	MAIS QUE AUGA	00:01:16,0	00:01:23,9	00:01:29,4	00:01:29,0	00:05:38,5
2.	100	ALVAREZ RODRIGUEZ, Noemi	CLUB DEPORTIVO DELIKIA	00:01:26,6	00:01:32,7	00:01:35,5	00:01:33,3	00:06:08,3
3.	109	DOMINGUEZ PEREZ, Naomi	CLUB DEPORTIVO DELIKIA	00:01:32,4	00:01:41,4	00:01:43,1	00:01:38,6	00:06:35,7
4.	107	CASTRO GONZALEZ, Isabel	CLUB DEPORTIVO DELIKIA	00:01:37,2	00:01:49,6	00:01:57,8	00:02:01,9	00:07:26,6
5.	102	BRUZON BANDEIRA, Maria		00:01:53,2	00:01:56,3	00:01:54,0	00:01:50,0	00:07:33,6
6.	101	KOBA, Ruslana	MAIS QUE AUGA	00:01:53,0	00:01:57,8	00:01:59,2	00:01:43,9	00:07:34,1
7.	103	ZUNZUNEGUI NAVIA, Maria	MAIS QUE AUGA	00:02:00,7	00:01:58,4	00:01:52,8	00:01:49,5	00:07:41,6
8.	106	RODRIGUEZ RODRIGUEZ, Maria	MAIS QUE AUGA	00:01:54,8	00:02:04,0	00:02:03,3	00:01:51,9	00:07:54,3
9.	110	MICHELENA GUACARAN, Damelis Del Valle		00:02:06,6	00:02:21,3	00:02:23,0	00:02:22,3	00:09:13,4
10.	105	ASENSIO VARELA, Sara	MAIS QUE AUGA	00:02:09,6	00:02:24,8	00:02:26,2	00:02:20,8	00:09:21,6

Carrera 7 (M1)

M1

1.	126	GOMEZ GONZALEZ, Anton	REAL CLUB CELTA ATLETISMO	01:19.76	01:20.55	01:15.91	01:10.05	05:06.28
2.	143	CORRAL SERTAL, Javier	CLUB TRIATLON COMPOSTELA	01:20.04	01:20.97	01:14.81	01:12.04	05:07.88
3.	121	OTERO AMOEDO, Anxo	SD COMPOSTELA ATLETISMO	01:19.27	01:21.42	01:18.02	01:12.72	05:11.44
4.	138	VAZQUEZ CORREDEIRA, Pablo	C.A.R. MARISQUEIRO	01:19.38	01:21.11	01:19.43	01:14.53	05:14.46
5.	135	PISOS, Pedro	CLUB DEPORTIVO DELIKIA	01:20.81	01:21.79	01:19.19	01:18.00	05:19.81

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Resultados

Pl.	Dors	Nombre	Club	Tiempo V1	Tiempo V2	Tiempo V3	Tiempo V4	Tiempo
6.	122	RODRIGUEZ GALLEGU, Alberto Jose	CLUB CASTRELOS 20:30	01:20.27	01:21.38	01:21.67	01:18.02	05:21.35
7.	147	RIVERA GUILLADE, Martin		01:20.06	01:21.37	01:22.33	01:24.23	05:28.01
8.	139	SROKA, Wojciech	SOCIEDAD ATLÉTICA VAL MIÑOR	01:21.38	01:25.37	01:24.72	01:20.85	05:32.34
9.	127	JORGE CAO, Juan Jose	CLUB DEPORTIVO DELIKIA	01:21.26	01:22.73	01:24.96	01:23.69	05:32.65
10.	125	BARGIELA MARTINEZ, Jaime	CLUB DEPORTIVO DELIKIA	01:21.77	01:24.00	01:26.78	01:23.83	05:36.40
11.	115	RODRIGUEZ FLORES, Marco Antonio	BEGOÑITA	01:24.38	01:26.34	01:27.16	01:23.11	05:40.99
12.	145	SANCHEZ SOTO, Anthony		01:21.68	01:27.49	01:36.23	01:36.14	06:01.55
13.	114	ALONSO MORA, Edu		01:28.13	01:30.72	01:31.28	01:31.52	06:01.66
14.	132	DOMINGUEZ ESTEVEZ, Santiago		01:27.70	01:31.00	01:33.95	01:30.68	06:03.35
15.	136	PIRES FILGUEIRA, Marcos	MAIS QUE AUGA	01:28.03	01:32.93	01:38.43	01:31.83	06:11.23
16.	119	VARELA COMESAÑA, Adrian		01:33.28	01:31.38	01:35.87	01:34.57	06:15.12
17.	118	FERREIRA MORAIS, Pablo		01:30.63	01:36.51	01:45.23	01:52.78	06:45.17
18.	129	BARROS RODRIGUEZ, Pedro		01:38.09	01:44.76	01:49.17	01:43.22	06:55.24
19.	116	VIDAL PAYA, Ivan		01:33.82	01:49.03	01:49.89	01:43.73	06:56.49
20.	131	GARCIA CARBALLA, Pablo	SAUDESPORT	01:34.88	01:43.03	01:47.66	01:55.96	07:01.55
21.	144	CAAMAÑO, Alvaro		01:31.01	01:48.65	01:56.13	01:48.37	07:04.17
22.	117	VAZQUEZ MAYO, Javier	MAIS QUE AUGA	01:38.88	01:46.40	01:52.50	01:49.24	07:07.03
23.	120	GUAMA HEREDIA, Edwin	PADELEROS	01:35.06	01:48.82	01:50.95	01:53.67	07:08.51
24.	124	MARQUEZ FERNANDEZ, Samuel		01:43.01	02:08.34	02:24.39	02:15.98	08:31.74