

SUBIDA AO CASTRO 2025 GENERAL

Clt	Dor.	Apellidos y nombre	Categoría	(Clt)	Club	Tiempo	Diferencia
MUJERES							
1	502	BREINHOLT MOESKJAER Lea	F1	(1)		14:40.3	
2	544	ALVAREZ RODRIGUEZ Noemi	F1	(2)	CLUB DEPORTIVO DELIKIA	15:11.1	30.8
3	526	PAZOS GARCIA Antia	F1	(3)	CLUB TRIATLÓN MAR DE VIGO	15:43.7	1:03.4
4	574	RODRIGUEZ OLIVEIRA Rocio	F2	(1)	ATHLETICS FISIOTERAPIA SAN LÁZ	15:56.2	1:15.9
5	510	MIGUEZ LAGO Jessica	F1	(4)		16:02.8	1:22.5
6	569	MOREU PEREIRA-BORRAJO Beatriz Moreu	F2	(2)	CLUB DEPORTIVO DELIKIA	16:03.8	1:23.5
7	521	VAZQUEZ DUARTE Cristina	F1	(5)		16:04.3	1:24.0
8	573	CASAL DOMINGUEZ Silvia	F2	(3)	CLUB BURGAS ATLETISMO OURENSE	16:35.3	1:55.0
9	639	PEREIRA FERNANDEZ Alma	SUB16 FEM	(1)	COMESAÑA SPORTING CLUB	16:36.3	1:56.0
10	511	DOIRO GONZALEZ Raquel	F1	(6)	GMTA CHUVONERS	16:43.3	2:03.0
11	536	DOMINGUEZ PEREZ Naomi	F1	(7)	CLUB DEPORTIVO DELIKIA	16:52.2	2:11.9
12	519	IGLESIAS GOMEZ Sara	F1	(8)	CLUB DEPORTIVO DELIKIA	16:56.4	2:16.1
13	576	ESTEVEZ CRESPO Cristina	F2	(4)		16:57.2	2:16.9
14	671	LAGO LAGO Mia	SUB12 FEM	(1)		16:58.1	2:17.8
15	597	ALONSO Ana	F3	(1)	ATHLETICS FISIOTERAPIA SAN LÁZ	17:13.2	2:32.9
16	554	RODRIGUEZ GONZALEZ Nerea	F2	(5)	CLUB ATLETISMO PORRIÑO	17:17.3	2:37.0
17	550	OJEA CAAMAÑO Mirian	F1	(9)		17:18.6	2:38.3
18	630	NUÑEZ GONZALEZ Noa	SUB14 FEM	(1)	CLUB ATLETISMO PORRIÑO	17:35.3	2:55.0
19	670	CONDE ANDUJAR Sara	SUB12 FEM	(2)		17:41.5	3:01.2
20	566	RODRIGUEZ LOPEZ Belen	F2	(6)	CLUB DEPORTIVO DELIKIA	17:58.9	3:18.6
21	679	LEMONS SOAGE Ana	F3	(2)	*CLUBE DE ATLETISMO **CORREDOIR	18:05.6	3:25.3
22	572	ZUÑIGA LOJO Rebeca	F2	(7)		18:07.7	3:27.4
23	608	LEMAT CABRAL Maria Belen	F3	(3)	CIDADE DE LUGO FLUVIAL	18:19.1	3:38.8
24	520	CABALLERO RUS Yolanda	F1	(10)		18:26.0	3:45.7
25	628	JANEIRO PEREZ-FEIJOO Olivia	SUB12 FEM	(3)	SINGLETRACK OS	18:26.6	3:46.3
26	504	ABELEIRA CARBALLO Irene	F1	(11)		18:27.5	3:47.2
27	642	MARTINEZ AVENDAÑO Ariadna	SUB16 FEM	(2)	CLUB ATLETISMO PORRIÑO	18:31.9	3:51.6
28	546	MIRAZ FERNANDEZ Raquel	F1	(12)	VIGOENTRENA	18:36.6	3:56.3
29	669	ALONSO ALVAREZ Candela	SUB14 FEM	(2)		18:38.7	3:58.4
30	647	RODRIGUEZ BARROS Sara	SUB20 FEM	(1)	CLUB DEPORTIVO DELIKIA	18:48.0	4:07.7
31	600	GONZALEZ CASAL Alejandra	F3	(4)	VIGOENTRENA	19:19.7	4:39.4
32	633	MOURE CARREGAL Marina	SUB14 FEM	(3)	CLUB TRIATLÓN MAR DE VIGO	19:22.2	4:41.9
33	552	TOJAL Marta	F1	(13)	CLUB DEPORTIVO DELIKIA	19:26.2	4:45.9
34	631	PEREZ ESTEVEZ Maria	SUB14 FEM	(4)	CLUB ATLETISMO PORRIÑO	19:36.5	4:56.2
35	518	BRUZON BANDEIRA Maria	F1	(14)		19:49.0	5:08.7
36	555	PRIETO RODRIGUEZ Tahia	F2	(8)	TAHIA	19:49.7	5:09.4
37	638	ALONSO GALLEGUO Hanna	SUB14 FEM	(5)		19:54.1	5:13.8
38	664	ARIAS TEJEDA Lidia	F1	(15)		19:55.0	5:14.7
39	662	GONZALEZ FERNANDEZ Monica	F1	(16)		19:55.9	5:15.6
40	534	COLLAZO FERNANDEZ Lorena	F1	(17)	CLUB ATLETISMO VETERANOS DE SA	20:01.2	5:20.9
41	579	FONSECA GARCIA Lucia	F2	(9)		20:02.2	5:21.9
42	675	CONTRERAS ORTIZ Lucia	F1	(18)	ASALTAMONTES FEMALE	20:05.8	5:25.5
43	567	TENORIO DEL RIO Maria Jose	F2	(10)		20:08.1	5:27.8
44	563	VIDAL LORENZO Emilia	F2	(11)	MAIS QUE AUGA	20:13.1	5:32.8
45	646	VIDAL FERNANDEZ Alexandra	SUB20 FEM	(2)	CLUB DEPORTIVO DELIKIA	20:13.2	5:32.9
46	556	FERNANDEZ ALONSO Paula	F2	(12)		20:24.1	5:43.8
47	588	FERNANDEZ VARELA Maria Estefania	F2	(13)		20:33.0	5:52.7
48	624	ALONSO UCHA Noa	SUB10 FEM	(1)	COMESAÑA SPORTING CLUB	20:35.5	5:55.2

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49	528	CAMPO CAMIÑA Paula	F1	(19)	NUTRIBIOTICA	20:41.3	6:01.0
50	604	PRIETO MORAIS Pili	F3	(5)	TNT GHERRILLEIROS	20:46.8	6:06.5
51	580	ROMERO MARTINEZ Monica	F2	(14)	FRUTAS NIEVES	20:57.0	6:16.7
52	557	PEREZ DE LIS Arancha	F2	(15)	ASALTAMONTES FEMALE	21:01.3	6:21.0
53	668	PEREZ DE HAZ Carlota	SUB16 FEM	(3)		21:02.1	6:21.8
54	667	CHAMORRO AREVALO Sandra	SUB16 FEM	(4)		21:02.9	6:22.6
55	531	BAÑOS CASTRO Lua	F1	(20)		21:08.1	6:27.8
56	540	RECOUSO Tanya	F1	(21)		21:10.2	6:29.9
57	543	CONDE LAGO Lucia	F1	(22)		21:14.5	6:34.2
58	524	RODRIGUEZ RODRIGUEZ Maria	F1	(23)		21:16.7	6:36.4
59	645	MARTINEZ DONIZ Antia	SUB20 FEM	(3)		21:19.1	6:38.8
60	516	ESTEVEZ Estefania	F1	(24)	ASOCIACION DEPORTIVA C.A.R.	21:28.7	6:48.4
61	666	COELLO DAPENA Antia	F1	(25)		21:32.0	6:51.7
62	553	CABANELAS FIGUEIRIDO Celeste	F1	(26)		21:33.1	6:52.8
63	558	LOPEZ CARBALLO Sara	F2	(16)		21:37.9	6:57.6
64	676	GONZALEZ VALLES Carmen	F2	(17)	VIGOENTRENA	21:38.9	6:58.6
65	601	FONSECA GARCIA Beatriz	F3	(6)		21:40.8	7:00.5
66	616	GALLERO FERNANDEZ Mar	F4	(1)		21:42.3	7:02.0
67	509	FUENTES CALDERON Cristina	F1	(27)		21:44.0	7:03.7
68	590	GONZALEZ PEREIRA Beatriz	F2	(18)	CLUB ATLETISMO PORRIÑO	21:44.8	7:04.5
69	530	NAVARRO FERNANDEZ Blanca	F1	(28)	MAIS QUE AUGA	21:48.1	7:07.8
70	605	VAZQUEZ MAYO Monica	F3	(7)	MAIS QUE AUGA	21:49.5	7:09.2
71	565	DHARMAHEWA Manuja	F2	(19)		22:00.4	7:20.1
72	598	PAZ OLIVEIRA Natalia	F3	(8)	MAIS QUE AUGA	22:04.3	7:24.0
73	542	CASTROSEIROS GONZALEZ Natalia	F1	(29)	MAIS QUE AUGA	22:08.1	7:27.8
74	589	VALCARCEL TOSCANO Isa	F2	(20)		22:08.5	7:28.2
75	559	FREIRE Lorena	F2	(21)	MAIS QUE AUGA	22:10.9	7:30.6
76	537	ESTEVEZ ALONSO Marta	F1	(30)	MAIS QUE AUGA	22:12.1	7:31.8
77	513	ZUNZUNEGUI NAVIA Maria	F1	(31)	MAIS QUE AUGA	22:17.0	7:36.7
78	517	SOLIÑO SANTOS Rosa	F1	(32)		22:19.0	7:38.7
79	607	FERNANDEZ RUIZ Maite	F3	(9)	MAIS QUE AUGA	22:21.2	7:40.9
80	551	FARRAPEIRA GOMEZ Marta	F1	(33)	MAIS QUE AUGA	22:23.3	7:43.0
81	595	PEREZ RODRIGUEZ Luz	F2	(22)	MAIS QUE AUGA	22:27.1	7:46.8
82	560	CARRO FEAS Rosario	F2	(23)	MAIS QUE AUGA	22:31.6	7:51.3
83	541	LIMERES Nuria	F1	(34)	MAIS QUE AUGA	22:33.5	7:53.2
84	677	LEMONS LOPEZ Vanesa	F2	(24)	MAIS QUE AUGA	22:39.6	7:59.3
85	620	COSTAS RODRIGUEZ Carmen	F5	(1)	ATLETISMO BAIONA	22:40.2	7:59.9
86	594	CARNERO LLAUGER Maria	F2	(25)	BIKILA	22:54.4	8:14.1
87	611	VIÑAS ROMERO Silvia	F3	(10)	BIKILA	22:56.7	8:16.4
88	571	COSTAS NOYA Patricia	F2	(26)	CHUZAS OLIMPICOS	22:58.0	8:17.7
89	561	REGO Esther	F2	(27)		23:01.4	8:21.1
90	564	MAYO Tamara	F2	(28)	VIGOENTRENA	23:01.7	8:21.4
91	593	RECAMAN MIGUEZ Shirley	F2	(29)		23:10.9	8:30.6
92	629	PIÑEIRO FERNANDEZ Sabela	SUB14 FEM	(6)		23:14.6	8:34.3
93	522	CARIDE Miriam	F1	(35)		23:19.7	8:39.4
94	673	GARCIA TORRICO Dolly	F2	(30)	MAIS QUE AUGA	23:21.4	8:41.1
95	547	HERNANDEZ FERNANDEZ Lucia	F1	(36)	METAS IMPOSIBLES TRAIL TEAM	23:28.5	8:48.2
96	612	RODRIGUEZ ALVAREZ Marta	F4	(2)	BIKILA	23:30.0	8:49.7
97	578	COUTO PEREZ Andrea	F2	(31)		23:32.0	8:51.7
98	627	DARRIBA TEIJEIRA Uxia	SUB12 FEM	(4)		23:35.1	8:54.8
99	635	REGATOS NUÑEZ Alejandra	SUB14 FEM	(7)		23:40.7	9:00.4



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100	596	RUIZ Pilar	F3	(11)		23:50.0	9:09.7
101	599	ALVAREZ COMESAÑA Monica	F3	(12)	ATHLETICS FISIOTERAPIA SAN LÁZ	23:59.0	9:18.7
102	583	RODRIGUEZ VILA Raquel	F2	(32)		24:00.5	9:20.2
103	14	PEREZ -FEIJOO SILVEIRA Antía	F2	(33)		24:01.9	9:21.6
104	584	FERNANDEZ PAZO Paula	F2	(34)		24:03.6	9:23.3
105	674	COMESAÑA GARCIA Julia	SUB12 FEM	(5)	COMESAÑA SPORTING CLUB	24:05.5	9:25.2
106	614	ROCHA CRUCES Maria Carmen	F4	(3)	C.A.R. MARISQUEIRO	24:29.2	9:48.9
107	532	ASENSIO VARELA Sara	F1	(37)	MAIS QUE AUGA	24:30.8	9:50.5
108	665	PEREIRA FERNANDEZ Monica	F1	(38)		24:43.5	10:03.2
109	512	VILAR ESTEVEZ Rebeca	F1	(39)		24:53.4	10:13.1
110	619	ALVAREZ DOMINGUEZ Rosa M ^a	F5	(2)	MAIS QUE AUGA	24:54.5	10:14.2
111	615	GONZALEZ MERA Regina	F4	(4)	MAIS QUE AUGA	24:54.7	10:14.4
112	613	OSSORIO TERRON Asuncion	F4	(5)	ATHLETICS FISIOTERAPIA SAN LÁZ	25:13.6	10:33.3
113	656	FERNANDEZ ALVAREZ Carmen	F3	(13)		25:17.3	10:37.0
114	514	ROSELLO CABELLO Beatriz	F1	(40)	MAIS QUE AUGA	25:18.7	10:38.4
115	538	FERNANDEZ RODAL Sophia	F1	(41)		25:31.1	10:50.8
116	507	HERNANDEZ GRAÑA Marta	F1	(42)		25:55.5	11:15.2
117	545	VILLANUEVA FERNANDEZ Elena	F1	(43)		26:08.8	11:28.5
118	617	RODRIGUEZ IGLESIAS Ana	F4	(6)	MAIS QUE AUGA	26:25.7	11:45.4
119	602	FERNANDEZ SUAREZ Carmen	F3	(14)	MAIS QUE AUGA	26:26.9	11:46.6
120	501	FREIJO RODRIGUEZ Estela	F1	(44)	MAIS QUE AUGA	26:58.7	12:18.4
121	623	REGATOS NUÑEZ Olga	SUB10 FEM	(2)		27:34.6	12:54.3
122	505	RODRIGUEZ SOTO Nuria	F1	(45)	MAIS QUE AUGA	27:40.5	13:00.2
123	621	VAZQUEZ ASENSIO Valeria	SUB10 FEM	(3)	MAIS QUE AUGA	27:57.2	13:16.9
124	622	VERAZA Jazmin	SUB10 FEM	(4)	MAIS QUE AUGA	28:02.8	13:22.5
125	575	UCHA VAZQUEZ Maria Montserrat	F2	(35)		29:50.1	15:09.8
126	609	GOMEZ DE JESUS Ana Belen	F3	(15)	MAIS QUE AUGA	30:27.2	15:46.9
127	649	VERAZA Victoria	SUB8 FEM	(1)	MAIS QUE AUGA	36:26.0	21:45.7
127	591	PAGANO DOVAL Sonia	F2	(36)	MAIS QUE AUGA	36:26.0	21:45.7

HOMBRES

1	112	CAMESCASSE ROUCO Pablo	M1	(1)	CLUB DEPORTIVO DELIKIA	11:43.9	
2	225	ARAUJO Miguel	M2	(1)	LODEIROS TRAIL	11:56.0	12.1
3	97	TIZON VALVERDE Emilio	M1	(2)	CLUB DEPORTIVO DELIKIA	11:59.4	15.5
4	211	BASTOS DASILVA Jose Alberto	M2	(2)	ADN RUNNERS - TELMO PELUQUEROS	12:11.4	27.5
5	191	FERNANDEZ SOENGAS Jesus	M2	(3)	CLUB DEPORTIVO DELIKIA	12:16.2	32.3
6	215	PACHECO MARTINEZ Victor Hugo	M2	(4)	3& RUN BY PEDRO NIMO	12:24.8	40.9
7	166	ARIAS COSTAS Dario	M2	(5)	ATHLETICS FISIOTERAPIA SAN LÁZ	12:44.3	1:00.4
8	429	SOUSA DOMINGUEZ Adrian	M1	(3)	GMTA CHUVONERS	13:04.0	1:20.1
9	5	MONTERO BUJAN Aitor	M1	(4)	AVIVA SPORT CLUB	13:10.3	1:26.4
10	78	DIEZ DIEZ Jorge	M1	(5)	BAJO ZERO BURGOS	13:13.6	1:29.7
11	364	BERNARDEZ SABORIDO Hugo	SUB20 MAS	(1)	CLUB ATLETISMO PORRIÑO	13:20.5	1:36.6
12	427	EXPOSITO TEIXEIRA Diego	M1	(6)	CLUB TRIATLÓN MAR DE VIGO	13:22.4	1:38.5
13	279	PRIETO DE LA IGLESIA Manuel	M3	(1)	ATHLETICS FISIOTERAPIA SAN LÁZ	13:24.6	1:40.7
14	437	OTERO AMOEDO Anxo	M1	(7)	CAD SERVISUB BUEU	13:30.9	1:47.0
15	128	FRANCO FREIJANES Pablo	M2	(6)	GMTA CHUVONERS	13:35.2	1:51.3
16	226	VAZQUEZ PAVON Roberto	M2	(7)	TANINOS RUNNERS PONTEAREAS	13:40.3	1:56.4
17	65	LOPEZ ALONSO Pablo	M1	(8)		13:44.0	2:00.1
18	284	ALONSO ABALDE Miguel Angel	M3	(2)		13:48.6	2:04.7

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19	404	SANCHEZ CALLE Alvaro	M1	(9)		13:50.3	2:06.4
20	433	DAPORTA VELEZ Diego	SUB16 MAS	(1)	SOCIEDAD GIMNÁSTICA DE PONTEVE	13:53.0	2:09.1
21	247	DAVILA MARIÑO Oscar	M3	(3)		13:54.8	2:10.9
22	234	ULLA REGA Manuel	M3	(4)	ASOCIACION DEPORTIVA C.A.R.	14:02.9	2:19.0
23	431	COMESAÑA CHAVERT Dario	M1	(10)	ATHLETICS FISIOTERAPIA SAN LÁZ	14:05.6	2:21.7
24	354	ROSENDO ALBILLO Oliver	SUB20 MAS	(2)		14:06.0	2:22.1
25	174	NOGUEIRA FERNANDEZ Junior	M2	(8)		14:06.3	2:22.4
26	170	PARRA GARCIA Eduardo	M2	(9)		14:09.3	2:25.4
27	8	MAQUIEIRA PEREIRA Adrian	M1	(11)	CLUB DEPORTIVO DELIKIA	14:14.9	2:31.0
28	345	BASTOS DIZ Josep	SUB16 MAS	(2)	CLUB TRIATLÓN MAR DE VIGO	14:16.4	2:32.5
29	245	BARREIRO PEREIRA Xose Anton	M3	(5)	SD COMPOSTELA ATLETISMO	14:20.6	2:36.7
30	87	NOGUEIRA OUTERELO Manuel	M1	(12)		14:24.6	2:40.7
31	77	COSTAS BARCIA Diego	M1	(13)	MAIS QUE AUGA	14:39.4	2:55.5
32	413	PIÑEIRO LEMAT Carlos	M1	(14)		14:42.1	2:58.2
33	200	ANDION RIVADULLA Antonio	M2	(10)		14:42.3	2:58.4
34	183	FERNANDEZ-CID Carlos	M2	(11)	CLUB ATLETISMO FLORISTERIA CAR	14:42.9	2:59.0
35	31	RIVERA GUILLADE Martin	M1	(15)		14:43.3	2:59.4
36	271	FERNANDEZ MONZON Marcos	M3	(6)	C.S.C.R. BEADE	14:44.8	3:00.9
37	151	GONZALEZ ALVAREZ Borja	M2	(12)		14:47.3	3:03.4
38	304	RIVEIRO RODRIGUEZ Arlindo	M5	(1)	CLUB CASTRELOS 20:30	14:49.2	3:05.3
39	22	GONZALEZ NUÑEZ Luis	M1	(16)		14:50.0	3:06.1
40	361	COLLAZO REBOLO Nicolas	SUB20 MAS	(3)		14:50.8	3:06.9
41	145	VIÑUELA NUÑEZ Jose Antonio	M2	(13)		14:52.4	3:08.5
42	376	MARTINEZ BARCIELA David	M3	(7)		14:53.6	3:09.7
43	344	BERMUDEZ CHARRO David	SUB16 MAS	(3)	CLUB TRIATLÓN MAR DE VIGO	14:53.8	3:09.9
44	346	MOURE CARREGAL Guillermo	SUB16 MAS	(4)	CLUB TRIATLÓN MAR DE VIGO	14:53.9	3:10.0
45	99	AGREDA CASTRO Romel	M1	(17)	X-ONE	14:55.4	3:11.5
46	189	MARTINEZ PEREZ Jose Antonio	M2	(14)	CLUB ATLETISMO PORRIÑO	14:58.0	3:14.1
47	262	LAGO GOBERNA Francisco Javier	M3	(8)	CLUB ATLETISMO FLORISTERIA CAR	14:58.7	3:14.8
48	309	SUAREZ MARTINEZ Manuel	M5	(2)	CLUB ATLETISMO VETERANOS DE SA	15:00.2	3:16.3
49	181	JUSTE PEREZ Ricardo	M2	(15)	+QUE JUGUETES	15:01.7	3:17.8
50	281	BARREIRO RUIBAL Matias	M3	(9)	CLUB DEPORTIVO PINARIUM	15:09.6	3:25.7
51	3	RODRIGUEZ SANTISO Hugo	M1	(18)	CLUB DEPORTIVO DELIKIA	15:12.7	3:28.8
52	148	SUAREZ PORTO Eduardo	M2	(16)		15:13.6	3:29.7
53	299	PAZ RODRIGUEZ Juan	M4	(1)	CLUB CASTRELOS 20:30	15:15.6	3:31.7
53	204	CAMPELO GONZALEZ Antonio	M2	(17)	VIGOENTRENA	15:15.6	3:31.7
55	135	COMESAÑA SAA Daniel	M2	(18)	L@S INSENSAT@S	15:16.2	3:32.3
56	251	VALEBONA-REFOJOS Manuel	M3	(10)	TRINORTH	15:17.6	3:33.7
57	302	GRAÑA ALONSO Jose Carlos	M4	(2)	LODEIROS TRAIL	15:18.4	3:34.5
58	29	FERNANDEZ LORENZO Pablo	M1	(19)	NUTRIBIOTICA	15:19.5	3:35.6
59	268	COSTAS COSTAS Miguel	M3	(11)	MAIS QUE AUGA	15:19.8	3:35.9
60	131	FERNANDEZ Miguel	M2	(19)	RUNYTRI	15:20.7	3:36.8
61	338	PATIÑO ALONSO Mateo	SUB14 MAS	(1)	AC CASTELOS TRAIL CLUB	15:20.9	3:37.0
62	259	ALONSO FDEZ Alberto	M3	(12)		15:24.2	3:40.3
63	136	ARCA RODRIGUEZ Isaac	M2	(20)		15:25.8	3:41.9
64	37	BARREIRO VALLS Pedro	M1	(20)	CLUB ATLETISMO VETERANOS DE SA	15:26.2	3:42.3
65	21	GONZALEZ MOURIÑO Iago	M1	(21)		15:27.8	3:43.9
66	102	SALVATIERRA VELEIRO Miguel	M1	(22)		15:31.1	3:47.2
67	248	RODRIGUEZ BOLIBAR Ernesto	M3	(13)	CASTRELOS 20:30	15:34.6	3:50.7
68	138	DELGADO RAMOS Jose Carlos	M2	(21)		15:36.0	3:52.1
69	115	PIÑEIRO GARCIA Jose Efen	M1	(23)		15:37.6	3:53.7

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70	238	GAGO SANCHEZ Antolin	M3	(14)		15:38.5	3:54.6
71	353	ROSENDO ALBILLO Aron	SUB20 MAS	(4)		15:38.9	3:55.0
72	152	ALONSO ALVAREZ J. Carlos	M2	(22)	ATHLETICS FISIOTERAPIA SAN LÁZ	15:39.4	3:55.5
73	290	OTERO GIRALDEZ Miro	M4	(3)		15:40.2	3:56.3
74	402	REY RODRIGUEZ Jorge	M1	(24)		15:41.5	3:57.6
75	337	LOPEZ VARELA Fabian	SUB14 MAS	(2)	CLUB ATLETISMO PORRIÑO	15:46.3	4:02.4
76	6	SERGIENKO Aleksei	M1	(25)		15:49.9	4:06.0
77	82	ARENAS LAGO Daniel	M1	(26)		15:56.7	4:12.8
78	129	NUÑEZ PARADA Sergio	M2	(23)		15:59.3	4:15.4
79	162	ROVATI Gabriele	M2	(24)		16:01.5	4:17.6
80	232	RODRIGUEZ GARCIA Pablo	M3	(15)		16:05.3	4:21.4
81	137	COSTAS RODRIGUEZ Marcos	M2	(25)	CD RIAS DO SUR	16:06.2	4:22.3
82	1	ZUBIZARRETA Agustin	M1	(27)	TAKO TEAM	16:07.4	4:23.5
83	331	AUBAILLY FERNANDEZ Nicolas	SUB14 MAS	(3)	CLUB TRIATLÓN MAR DE VIGO	16:07.7	4:23.8
84	62	LAMEIRO GONZALEZ Pablo	M1	(28)		16:09.6	4:25.7
85	257	AMOEDO AGULLA Carlos	M3	(16)		16:10.8	4:26.9
86	249	ROSENDO BLANCO Oscar	M3	(17)		16:12.9	4:29.0
87	416	TAMAYO LAGO Francisco	SUB20 MAS	(5)		16:19.3	4:35.4
88	13	RODRIGUEZ FLORES Marco Antonio	M1	(29)		16:20.4	4:36.5
89	403	MENDEZ IGLESIAS Daniel	M1	(30)		16:24.3	4:40.4
90	2	GONZALEZ FERNANDEZ Daniel	M1	(31)	MAIS QUE AUGA	16:25.8	4:41.9
91	350	DIAZ CAMPOS Anxo	SUB16 MAS	(5)	CLUB TRIATLÓN MAR DE VIGO	16:26.3	4:42.4
92	298	VARELA BORREGUERO Fernando	M4	(4)		16:27.2	4:43.3
93	184	MALGA DIAZ Ernesto Andres	M2	(26)		16:28.0	4:44.1
94	66	BEMPOSTA VARELA David	M1	(32)	CLUB SALVAMENTO ACUÁTICO PONTE	16:29.5	4:45.6
95	116	CABACO CAMPOS Jose Manuel	M2	(27)		16:31.5	4:47.6
96	236	VIEITEZ CAMPOS David	M3	(18)		16:33.1	4:49.2
97	47	BELLO RODRIGUEZ Daniel	M1	(33)	MAIS QUE AUGA	16:35.2	4:51.3
98	140	CHERIF Karim	M2	(28)		16:39.5	4:55.6
99	235	PEITEADO RUIZ Guillermo	M3	(19)	ATHLETICS FISIOTERAPIA SAN LÁZ	16:40.7	4:56.8
100	164	RESUA EIRAS David	M2	(29)	CHUZAS OLIMPICOS	16:42.2	4:58.3
101	297	RODRIGUEZ PAZ Jose	M4	(5)		16:47.2	5:03.3
102	421	HERMIDA PEREIRA Daniel	SUB16 MAS	(6)		16:47.9	5:04.0
103	258	ALVAREZ Andres	M3	(20)	IMAXINATEA ESCOLA DE TEATRO	16:48.2	5:04.3
104	216	LOPEZ FERNANDEZ Antonio Luis	M2	(30)		16:49.4	5:05.5
105	334	VARELA FERNANDEZ Saul	SUB14 MAS	(4)	CLUB TRIATLÓN MAR DE VIGO	16:49.5	5:05.6
106	27	ROJO MARTINEZ Tomas	M1	(34)		16:50.2	5:06.3
107	387	HERMIDA Alex	M2	(31)		16:51.4	5:07.5
108	406	QUINTAIROS RIAL Gabriel	M1	(35)		16:53.6	5:09.7
109	343	BARREIRO Roque	SUB14 MAS	(5)	HOCKEY CLUB CÍES	16:54.5	5:10.6
110	435	CALO LAMELAS Jorge	M1	(36)	MAIS QUE AUGA	16:55.7	5:11.8
111	57	MENDEZ ROMERO Yeray	M1	(37)		16:56.6	5:12.7
112	312	PEREZ PASCUAL Manuel	M5	(3)	C.S.C.R. BEADE	16:58.7	5:14.8
113	11	LIZARRALDE FERNANDEZ Alexander	M1	(38)		17:01.2	5:17.3
114	342	ALVAREZ MOSQUERA Alexandre	SUB14 MAS	(6)	HOCKEY CLUB CÍES	17:02.7	5:18.8
114	161	NAVIA IGLESIAS Ruben	M2	(32)	BIKILA	17:02.7	5:18.8
116	292	GALLIDORO DEL MONTE Jose Humberto	M4	(6)	CLUB DEPORTIVO DELIKIA	17:05.0	5:21.1
117	274	FREIRE PIÑEIRO Jose Manuel	M3	(21)	MAIS QUE AUGA	17:06.9	5:23.0
118	275	GONZALEZ MACIEL Jose Luis	M3	(22)	RIZOS TEAM	17:09.0	5:25.1
119	205	ARANGO GAYAR Saul	M2	(33)	FRUTAS NIEVES	17:13.3	5:29.4
120	333	VARELA FERNANDEZ Asterio	SUB14 MAS	(7)	CLUB TRIATLÓN MAR DE VIGO	17:16.1	5:32.2



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121	278	RODRIGUEZ CASTRO Javier	M3	(23)		17:16.2	5:32.3
122	255	FERNANDEZ GARCIA Manuel	M3	(24)	CLUB DEPORTIVO PINARIUM	17:17.8	5:33.9
123	241	LUCIA PAREDES Giovanni	M3	(25)		17:18.1	5:34.2
124	28	CERDEIRA CRESPO Guzman	M1	(39)		17:18.7	5:34.8
125	149	MALGA PAZ Pablo	M2	(34)		17:21.2	5:37.3
126	395	SANCHEZ-MATEOS PANIAGUA Manuel	M1	(40)		17:23.1	5:39.2
127	132	SILVA RODRIGUEZ Jesus	M2	(35)	X-ONE	17:24.3	5:40.4
128	61	PARDO SOUTO Diego	M1	(41)	MAIS QUE AUGA	17:29.7	5:45.8
129	441	EIRAS COSTAS Luca	SUB14 MAS	(8)	H.C.CIES	17:29.9	5:46.0
130	276	ALVAREZ FERNANDEZ Francisco	M3	(26)	HOCKEY CLUB CÍES	17:30.1	5:46.2
131	117	RODRIGUEZ FERNANDEZ Efren	M2	(36)		17:34.5	5:50.6
132	89	RIAL PIÑEIRO Deril	M1	(42)		17:36.6	5:52.7
133	165	GONZALEZ GARCIA Jeronimo	M2	(37)		17:36.9	5:53.0
134	133	LOPEZ PINO Javier	M2	(38)	RUNYTRI	17:39.1	5:55.2
135	160	MARTINEZ M Iago	M2	(39)	VIGOENTRENA	17:39.9	5:56.0
136	414	SANCHEZ SOTO Anthony	M1	(43)		17:45.0	6:01.1
137	175	ACUÑA LOPEZ Iago	M2	(40)		17:46.1	6:02.2
138	288	VAZQUEZ VIDAL Antonio	M4	(7)		17:46.4	6:02.5
139	434	BAAMONDE GONZALEZ Antonio	M3	(27)	ESPARTAN@S CHIFLAD@S	17:47.2	6:03.3
140	150	SANCHEZ OTERO Marcos	M2	(41)	NUTRIBIOTICA	17:48.1	6:04.2
141	430	GALTIE Louis	M1	(44)	BOX004 VIGO	17:49.4	6:05.5
142	246	VALLE CASTELO Juan	M3	(28)		17:51.2	6:07.3
143	155	BECERRA LAGE Alberto	M2	(42)	MAIS QUE AUGA	17:52.1	6:08.2
144	94	SANCHEZ VEGA Juan Diego	M1	(45)		17:52.9	6:09.0
145	408	REIJA CHAO Alejo	M1	(46)		17:53.7	6:09.8
146	426	GIL GONZALEZ Miguel Angel	M3	(29)	CLUB ATLETISMO VETERANOS DE SA	17:55.2	6:11.3
147	154	MUÑOZ CARVAJALES Manuel	M2	(43)		17:56.4	6:12.5
148	310	DOMINGUEZ RODRIGUEZ Carlos	M5	(4)		17:57.8	6:13.9
149	107	RIOS MONGE Iago	M1	(47)		17:59.9	6:16.0
150	108	ALONSO RIAL Anxo	M1	(48)		18:02.9	6:19.0
151	203	OUTERELO COUSIÑO Ivan	M2	(44)		18:03.9	6:20.0
152	185	DOMINGUEZ VILLAVERDE Juan Carlos	M2	(45)		18:05.6	6:21.7
153	367	ELUA PININ Nacho	M1	(49)		18:06.4	6:22.5
154	118	GONZALEZ VAZQUEZ Jorge	M2	(46)		18:06.6	6:22.7
155	440	EIRAS GONZALEZ Jose Luis	M1	(50)	Afurricamos no monte	18:08.3	6:24.4
156	38	VILLAR PEREIRA Jose Gabriel	M1	(51)		18:08.9	6:25.0
157	291	VIDEIRA CORREA Alberto	M4	(8)	RUNNING LUSEKELO	18:11.0	6:27.1
158	328	BARREIRO VALEIRAS Anton	SUB12 MAS	(1)	HOCKEY CLUB CÍES	18:11.8	6:27.9
159	212	BARREIRO Hugo	M2	(47)	HOCKEY CLUB CÍES	18:13.8	6:29.9
160	381	CONDE GONZALEZ Jose Carlos	M3	(30)		18:14.4	6:30.5
161	231	MARTINEZ DOBALO David	M3	(31)	CROSSBEERS	18:15.0	6:31.1
162	286	BARREIRO Benigno	M4	(9)	ATHLETICS AVENTURA XTREM	18:15.6	6:31.7
163	214	CARRASCO Ruben	M2	(48)		18:16.7	6:32.8
164	321	RECAMAN Sergio	SUB10 MAS	(1)		18:16.8	6:32.9
165	432	NOGUEIRA ROMERO Oscar	M1	(52)	RUNYTRI	18:20.2	6:36.3
166	64	FERREIROS Javier	M1	(53)		18:20.5	6:36.6
167	187	CARRERA COSTAS Diego	M2	(49)		18:23.3	6:39.4
168	168	CRISTOBAL LIMES Iago	M2	(50)		18:24.5	6:40.6
169	233	ALONSO COSTAS Oscar	M3	(32)		18:26.3	6:42.4
170	308	KARAMES Manuel	M5	(5)		18:27.0	6:43.1
171	41	SUAREZ PEREZ Manuel Francisco	M1	(54)	NUTRIBIOTICA	18:28.1	6:44.2

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172	386	CAMESELLE ROMAN David	M2	(51)		18:29.1	6:45.2
173	383	QUIROGA CASTRO Alejandro	M2	(52)		18:29.2	6:45.3
174	317	VARELA FERNANDEZ Daniel	SUB10 MAS	(2)	CLUB TRIATLÓN MAR DE VIGO	18:29.5	6:45.6
175	46	FERNANDEZ MARTINEZ Sergio	M1	(55)	PORCOS CELTAS	18:30.6	6:46.7
176	253	FENOLLERA BOLIBAR Santiago	M3	(33)		18:31.7	6:47.8
177	95	DIAZ SANDOVAL Gustavo Javier	M1	(56)	MAIS QUE AUGA	18:32.6	6:48.7
178	23	ARIAS Manuel	M1	(57)		18:33.2	6:49.3
179	88	ABREU GARCIA Julio	M1	(58)	ADN RUNNERS - TELMO PELUQUEROS	18:34.1	6:50.2
180	192	GUERRA LOPEZ Eduardo	M2	(53)	VIGOENTRENA	18:34.8	6:50.9
181	121	FOMBELLIDA Brandan	M2	(54)		18:35.1	6:51.2
182	49	AMEZ SEGOVIA Martin	M1	(59)	PORCOS CELTAS	18:37.3	6:53.4
183	103	ALONSO Eduardo	M1	(60)	METROPOLITAN	18:37.7	6:53.8
184	277	DAVILA BUGARIN Salva	M3	(34)		18:39.8	6:55.9
185	223	RODRIGUEZ ALONSO Sedu	M2	(55)		18:44.2	7:00.3
185	55	FERREIRA MORAIS Pablo	M1	(61)		18:44.2	7:00.3
187	398	BALLESTEROS FERNANDEZ David	M1	(62)		18:45.4	7:01.5
188	30	BALTAR LOSADA Miguel	M1	(63)	MAIS QUE AUGA	18:46.5	7:02.6
189	45	RODRIGUEZ LOPEZ Daniel	M1	(64)		18:46.7	7:02.8
190	300	CABALEIRO HERNANDEZ Jesus	M4	(10)		18:49.8	7:05.9
191	412	ORTEGA ROLAN Xenxo	M1	(65)		18:50.7	7:06.8
192	373	BAQUERO LOPEZ Javier	M3	(35)		18:51.2	7:07.3
193	339	ALONSO UCHA Xian	SUB14 MAS	(9)	COMESAÑA SPORTING CLUB	18:51.7	7:07.8
194	438	PEREZ BARBEITO Yago	M2	(56)	CLUB DEPORTIVO DELIKIA	18:52.4	7:08.5
195	265	VILLANUEVA AREAL Dito	M3	(36)	RUNNING LUSEKELO	18:55.8	7:11.9
196	125	PEREIRA FERNANDEZ Daniel	M2	(57)	NUTRIBIOTICA	18:57.6	7:13.7
197	50	ZAMORANO RODRIGUEZ Jacobo	M1	(66)		19:00.3	7:16.4
198	24	BARROS RODRIGUEZ Pedro	M1	(67)		19:03.7	7:19.8
199	301	ALONSO BASTOS Luis	M4	(11)		19:04.7	7:20.8
200	372	PALMA ESPAÑA Eligio Jose	M4	(12)		19:06.1	7:22.2
201	227	PAZO RODRIGUEZ Daniel	M2	(58)		19:08.1	7:24.2
202	428	MAYO Marcos	M2	(59)	RUNYTRI	19:10.0	7:26.1
203	326	ARANDA MIRAZ Lucas	SUB12 MAS	(2)	COMESAÑA SPORTING CLUB	19:17.5	7:33.6
203	40	RAMIREZ RODRIGUEZ Carlos Andres	M1	(68)		19:17.5	7:33.6
205	10	ALONSO LOPEZ Jonatan	M1	(69)		19:20.9	7:37.0
206	270	PIÑEIRO RODRIGUEZ Carlos	M3	(37)	CIDADE DE LUGO FLUVIAL	19:21.8	7:37.9
207	219	OTERO CASTELLANO Jose C.	M2	(60)		19:23.2	7:39.3
208	139	OSBORNE Steve	M2	(61)		19:24.8	7:40.9
209	144	VARELA LOZANO Miguel Angel	M2	(62)	CLUB TRIATLÓN MAR DE VIGO	19:27.5	7:43.6
210	171	LASO AMEZ Iban	M2	(63)		19:28.0	7:44.1
211	180	CARIDE PEREIRA Marcos	M2	(64)	AGRUPACIÓN ATLÉTICA MAZÍ	19:28.5	7:44.6
211	20	ARNEJO PAZO Jose	M1	(70)		19:28.5	7:44.6
213	424	CAMAÑAS GOMEZ Artur	SUB12 MAS	(3)		19:30.3	7:46.4
214	91	COUTO MEIRIÑO Manuel	M1	(71)		19:31.1	7:47.2
215	400	VARELA COMESAÑA Adrian	M1	(72)		19:32.3	7:48.4
216	172	GONZALEZ FERNANDEZ Jose	M2	(65)	MAIS QUE AUGA	19:35.1	7:51.2
217	72	HERMIDA FERNANDEZ Jose Manuel	M1	(73)	X-ONE	19:38.5	7:54.6
218	79	COMESAÑA PIRES Antonio	M1	(74)	METAS IMPOSIBLES TRAIL TEAM	19:39.4	7:55.5
219	156	ESTEVEZ ESTEVEZ Javier	M2	(66)	BICICLETAS CHINQUENA RACING TE	19:39.7	7:55.8
220	348	JIMENEZ ORDOÑEZ Nicolas	SUB16 MAS	(7)		19:39.9	7:56.0
221	74	LEON LAGO Sergio	M1	(75)	VIGOENTRENA	19:44.9	8:01.0
222	19	GARCIA BESADA Dani	M1	(76)		19:46.0	8:02.1



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223	303	ALVAREZ DEL POZO Jose Manuel	M5	(6)		19:47.3	8:03.4
224	378	CAMESCASSE Florent	M3	(38)		19:49.3	8:05.4
225	294	TABOADA GONZALEZ Ramiro	M4	(13)	RUNNING LUSEKELO	19:51.1	8:07.2
226	239	BENAVIDES HERNANDEZ Fernando	M3	(39)	ATHLETICS FISIOTERAPIA SAN LÁZ	19:52.1	8:08.2
227	209	PARCERO NOVAS Alvaro	M2	(67)		19:52.8	8:08.9
228	98	ALONSO ALVAREZ Angel Santiago	M1	(77)		19:54.0	8:10.1
229	267	GONCALVES ROLO Alvaro	M3	(40)	MAIS QUE AUGA	19:55.0	8:11.1
230	67	GONZALEZ SAMPERE Aaron	M1	(78)		19:55.1	8:11.2
231	380	LEDO MATA Alejandro	M3	(41)		19:56.4	8:12.5
232	54	MARTINEZ NOVAS David	M1	(79)	BORGWARNER	20:00.1	8:16.2
233	33	PINTOS CONDE Ivan	M1	(80)		20:01.1	8:17.2
234	18	RICHARTE CARBALLO Daniel	M1	(81)	MAIS QUE AUGA	20:02.1	8:18.2
235	244	GARRIDO ROGRIGUEZ Jose Antonio	M3	(42)		20:05.2	8:21.3
236	134	NIETO PASTORIZA Enrique	M2	(68)		20:10.1	8:26.2
237	296	LAMOSA QUINTEIRO Claudio Salvador	M4	(14)		20:11.3	8:27.4
238	407	FOUZ FERNANDEZ Alejandro	M1	(82)		20:13.8	8:29.9
239	340	GONZALEZ RODRIGUEZ Mateo	SUB14 MAS	(10)		20:15.7	8:31.8
240	44	RODRIGUEZ FERNANDEZ Manuel Jesus	M1	(83)		20:15.9	8:32.0
241	220	GESTO Xoan	M2	(69)	BEADE, AHI OS VAN!	20:18.4	8:34.5
242	228	PARDAVILA IGLESIAS Miguel Angel	M3	(43)	CORRIDA DAS CABRAS	20:18.8	8:34.9
243	177	MIRANDA CORTES Rolando	M2	(70)		20:19.5	8:35.6
244	92	GONZALEZ GARCIA Lois	M1	(84)		20:19.9	8:36.0
245	85	MARTINEZ SANTOS Pablo	M1	(85)		20:20.9	8:37.0
246	229	ABREU FERNANDEZ Pablo	M3	(44)	KAYAK VIGO	20:22.1	8:38.2
247	198	PAZO FIGUEROA Pablo	M2	(71)		20:25.2	8:41.3
248	289	VILLAR SALGADO Jose Francisco	M4	(15)	C.A.R. MARISQUEIRO	20:29.6	8:45.7
249	153	PIÑEIRO AGULLA Isidro Jose	M2	(72)		20:31.0	8:47.1
250	53	LORENZO GONZALEZ Cristian	M1	(86)		20:35.7	8:51.8
251	96	TENORIO DEL RIO Jesus	M1	(87)		20:38.7	8:54.8
252	26	SEQUEIROS LORENZO Gabriel	M1	(88)		20:40.3	8:56.4
253	25	TATAR Mert	M1	(89)		20:43.0	8:59.1
254	347	GONZALEZ ESTEVEZ Sergio	SUB16 MAS	(8)		20:44.0	9:00.1
255	409	PEREZ FERNANDEZ Daniel	M1	(90)		20:44.1	9:00.2
256	120	PEREIRA SALGUEIRO Ramon	M2	(73)		20:44.3	9:00.4
257	210	SANDE ALONSO Pablo	M2	(74)		20:45.4	9:01.5
258	90	IGLESIAS DORDA Manuel	M1	(91)		20:46.1	9:02.2
259	316	QUINTEIRO NUÑEZ Manuel	M5	(7)	MAIS QUE AUGA	20:47.1	9:03.2
260	159	MELENDEZ MEDELA Ivan	M2	(75)		20:59.5	9:15.6
261	356	GAGGIOLO JOISEN Santiago	SUB20 MAS	(6)	MAIS QUE AUGA	21:01.5	9:17.6
262	76	LARA GARCIA Lucas	M1	(92)		21:02.9	9:19.0
263	221	ALONSO RODRIGUEZ Manuel Antonio	M2	(76)	BEADE, AHI OS VAN!	21:04.2	9:20.3
264	213	VALVERDE ALONSO Daniel	M2	(77)		21:11.7	9:27.8
265	84	MARTINS Nuno	M1	(93)		21:12.4	9:28.5
266	147	MARTINEZ RIVEIRO Jose Manuel	M2	(78)		21:19.2	9:35.3
267	313	ROCA RODRIGUEZ Ramon	M5	(8)		21:23.3	9:39.4
268	359	PIÑEIRO LEMAT Iker	SUB20 MAS	(7)		21:29.5	9:45.6
269	396	ELSEICY Ahmed	M1	(94)		21:30.9	9:47.0
270	411	PEREZ MOLARES Carlos Saturnino	M1	(95)		21:31.9	9:48.0
271	176	RODAL FRAGA Carlos	M2	(79)		21:36.0	9:52.1
272	186	SANMARTIN GONZALEZ Victoriano	M2	(80)	MAIS QUE AUGA	21:46.6	10:02.7
273	264	PRIETO CHAPPELLIN Jose Ramon	M3	(45)		21:57.6	10:13.7

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274	59	MOSQUERA OTERO Diego	M1	(96)		22:01.9	10:18.0
275	391	LAGO LORENZO Ivan	M2	(81)		22:13.6	10:29.7
276	143	BUXO SANCHEZ Gabriel	M2	(82)		22:18.7	10:34.8
277	439	ANGEL GIL Alex	SUB14 MAS	(11)	MAIS QUE AUGA	22:22.7	10:38.8
278	34	PACHECO VAZQUEZ Daniel	M1	(97)		22:36.9	10:53.0
279	195	GONZALEZ Eugenio	M2	(83)		22:38.6	10:54.7
280	307	CASAL TABOADA Jose Maria	M5	(9)		22:42.4	10:58.5
281	122	FERNANDEZ COVELO Ricardo	M2	(84)		22:42.5	10:58.6
282	305	RAMOS VIGO Sergio	M5	(10)	CLUB ATLETISMO VETERANOS DE SA	22:44.6	11:00.7
283	75	GUAMA HEREDIA Edwin	M1	(98)	PADELEROS	22:46.7	11:02.8
284	293	PEREZ RODRIGUEZ Manuel	M4	(16)		22:48.9	11:05.0
285	15	CASTIÑEIRAS NARCISO Kevin	M1	(99)		22:53.2	11:09.3
286	199	EXPOSITO PEREIRA Felix	M2	(85)		23:03.5	11:19.6
287	114	PENEDO BUJ Victor	M1	(100)		23:04.4	11:20.5
288	142	PUCH GONZALEZ David	M2	(86)		23:09.2	11:25.3
289	58	MOLINA MARTÍNEZ Jose Luis	M1	(101)		23:10.4	11:26.5
290	314	VILLAR ALVAREZ Enrique	M5	(11)		23:11.9	11:28.0
291	230	PIÑEIRO COSTAS Marcos	M3	(46)		23:14.7	11:30.8
292	384	GONZALEZ ABEIJON Fernando	M2	(87)		23:33.9	11:50.0
293	126	CANOSA MARTINEZ Oscar	M2	(88)		23:35.6	11:51.7
294	436	COMESAÑA ALONSO Tomas	M2	(89)	COMESAÑA SPORTING CLUB	23:42.7	11:58.8
295	349	FERNANDEZ GONZALEZ Iven	SUB16 MAS	(9)		23:59.6	12:15.7
296	320	GONZALEZ RODRIGUEZ Lois	SUB10 MAS	(3)		24:00.2	12:16.3
297	190	ALONSO OTERO Diego	M2	(90)	COMESAÑA SPORTING CLUB	24:17.2	12:33.3
298	282	VAZQUEZ FERRO German	M3	(47)		24:19.7	12:35.8
299	287	ZUNZUNEGUI Roman	M4	(17)	MAIS QUE AUGA	24:31.2	12:47.3
300	17	CRESPO FREIRIA Antonio	M1	(102)		24:53.2	13:09.3
301	16	BRENLLA LENS Jose Alfonso	M1	(103)		24:53.6	13:09.7
302	325	RUIZ ALONSO Mateo	SUB12 MAS	(4)		24:57.3	13:13.4
303	323	RUIZ Nicolas	SUB12 MAS	(5)		24:58.3	13:14.4
304	163	RUIZ David	M2	(91)		24:59.1	13:15.2
305	254	RUIZ ALMENDRO Jose	M3	(48)	BEKELE RUNING TEAM	24:59.2	13:15.3
306	71	DOMINGUEZ Santi	M1	(104)		25:29.8	13:45.9
307	319	ARANDA MIRAZ Xabier	SUB10 MAS	(4)	COMESAÑA SPORTING CLUB	25:31.3	13:47.4
308	7	MEDIERO VEIRA Jorge	M1	(105)	VIGOENTRENA	25:36.9	13:53.0
309	127	HERNANDEZ GRAÑA Juan Carlos	M2	(92)		25:55.5	14:11.6
310	240	VAZQUEZ Enrique	M3	(49)		26:08.9	14:25.0
311	417	PEREZ FERNANDEZ Ruben	SUB20 MAS	(8)		26:09.7	14:25.8
312	324	MARTINEZ MAYO Gabriel	SUB12 MAS	(6)	VIGOENTRENA	27:09.9	15:26.0
313	179	REGATOS GOMEZ Roberto	M2	(93)		27:36.4	15:52.5
314	52	VAZQUEZ MAYO Javier	M1	(106)	MAIS QUE AUGA	27:57.2	16:13.3
315	173	VERAZA Cristian	M2	(94)	MAIS QUE AUGA	28:01.6	16:17.7
316	306	MARTINEZ AGUILERA Jose Antonio	M5	(12)	VIGOENTRENA	28:03.3	16:19.4
317	197	GONZALEZ UCLES David	M2	(95)	DISCAMINO	31:15.4	19:31.5
318	196	CASTRO GONZALEZ Jorge Luis	M2	(96)		31:16.7	19:32.8
319	80	CORBACHO RODRIGUEZ Adrian	M1	(107)	CLUB DEPORTIVO BOMBEIROS VIGO	31:17.9	19:34.0
320	266	FERNANDEZ MARTINEZ Javichi	M3	(50)	DISCAMINO	31:18.0	19:34.1
321	83	SOTO DOMINGUEZ Iago	M1	(108)		31:18.2	19:34.3