



CATEGORÍAS

Cl	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
10K SUB 25 FEM					
1	17	BOUCHET Clara Victoria		47:46.010	
2	80	NOGUEIR PORTELA Marta		49:41.932	1:55.922
3	50	VLAD Andreea		52:47.276	5:01.266
4	27	RODRIGUEZ BARROS Sara	CLUB DEPORTIVO DELIKIA	52:53.629	5:07.619
5	14	FERNANDEZ GIRALDEZ Angela	CIBUS SIRGON	55:44.703	7:58.693
6	19	VIANO CASTANEDA Noa	EY RUNNERS	55:53.840	8:07.830
7	81	BAS GIL Candela		56:34.998	8:48.988
8	78	ROMAN TEIJEIRO Eva		1h06:36.921	18:50.911
9	75	HUIDOBRO PICATOSTE Beatriz		1h06:49.483	19:03.473

10K SUB 25

1	298	GONZALEZ CASTRO Pedro		41:25.619	
2	195	ALVAREZ DELGADO Brais		49:16.854	7:51.235
3	239	FERNANDEZ VAZ Daniel		54:39.754	13:14.135
4	259	SANCHEZ NOGUEIRA Victor		55:37.691	14:12.072
5	306	ZAPATERO VARELA DE LIMIA Luis		57:57.848	16:32.229
6	246	PEREIRA GONZALEZ Cristian Camilo		59:05.209	17:39.590
7	158	LORENZO LEAL Lucas		1h07:47.727	26:22.108

10K SÉNIOR FEM

1	22	MOESKJAER Lea Breinholt		44:53.555	
2	66	PEREZ MARIÑO Elena	RUN&TRI	45:27.563	34.008
3	13	ROBLEDO RIVERA Katia	BICITOUR NIGRAN	48:13.854	3:20.299
4	319	GAMALLO CARBALLUDE Paula		48:47.416	3:53.861
5	37	FILGUEIRA CONDE Rebeca	TRIATLÓN POIO	49:28.361	4:34.806
6	24	FERNANDEZ Amanda	RUN&TRI	52:07.151	7:13.596
7	53	RODRIGUEZ DA SILVA Sara	PORCOS CELTAS	52:11.277	7:17.722
8	70	GARCIA REZA Laura		52:12.800	7:19.245
9	18	NOVO PEREIRA Noemi	EY RUNNERS	55:41.723	10:48.168
10	6	CARRERA DE OLIVEIRA Ana Carolina	GRIMO	56:31.457	11:37.902
11	2	FERREIRO GONZALEZ Tamara		57:23.419	12:29.864
12	26	CUEVAS RIOBO Karen Heisel	X-ONE	59:08.583	14:15.028
13	74	HUIDOBRO PICATOSTE Marta		1h00:16.177	15:22.622
14	25	LOPEZ FERNANDEZ Maria		1h00:29.397	15:35.842
15	4	ROSELLO CABELLO Beatriz	MÁIS QUE AUGA	1h08:20.305	23:26.750

10K SÉNIOR

1	186	TRONCOSO GARRIDO David	CLUB DEPORTIVO DELIKIA	33:55.359	
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CATEGORÍAS

Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
2	167	AMIGO ALVAREZ Borja	TRINORTH	36:18.798	2:23.439
3	210	VAZQUEZ GONZALEZ Javier	MÁIS QUE AUGA	41:32.417	7:37.058
4	196	AGREDA CASTRO Alex		43:21.141	9:25.782
5	230	PIÑEIRO Arturo	PORCOS CELTAS	43:32.299	9:36.940
6	180	FERNANDEZ MARTINEZ Sergio	PORCOS CELTAS	44:09.823	10:14.464
7	187	RODRIGUEZ REY Sergio		44:18.283	10:22.924
8	128	PEREIRA Ismael	RAGNAROK OCR	46:36.119	12:40.760
9	208	COMESAÑA Brais	CLUB DEPORTIVO DELIKIA	47:24.213	13:28.854
10	124	GONZALEZ MOURIÑO Iago	TRIATLÓN MAR DE VIGO	47:28.501	13:33.142
11	144	VALLERY Gaspard		47:46.151	13:50.792
12	275	COCA Carlos		48:39.237	14:43.878
13	197	TIZON CANEIRO Jorge		48:43.595	14:48.236
14	241	TIZON Juan	PORCOS CELTAS	49:15.049	15:19.690
15	108	SERODIO GONZALEZ Dario	GRIMO	49:19.338	15:23.979
16	245	SIEIRO MORGADE Sergio		49:30.611	15:35.252
17	238	PEREZ Brais		49:50.228	15:54.869
18	156	PEREZ RODRIGUEZ Marcos		50:28.081	16:32.722
19	207	PORTAS RIVAS Iago		50:32.627	16:37.268
20	284	ROMERO RODRIGUEZ Alvaro		52:12.683	18:17.324
21	193	DOMINGUEZ ERQUICIA Pablo		52:46.714	18:51.355
22	115	MATALA ALVAREZ Tareg	CHOCOKIWI	53:28.903	19:33.544
23	147	PEREZ ALVAREZ Juan	EY RUNNERS	53:43.785	19:48.426
24	314	SEIJO DE BERNARDO Eduardo		53:45.636	19:50.277
25	114	SEOANE VELOSO Xavier	C.A. SABOREA 4 CANTONES	54:11.769	20:16.410
26	137	SILVA POMBO Pablo		54:32.232	20:36.873
27	146	BLACH MACIEL Ricardo	EY RUNNERS	55:04.785	21:09.426
28	292	CARREJA FERNANDEZ Borja		55:30.942	21:35.583
29	120	RODRIGUEZ GONZALEZ Gabriel	RIZOS TEAM	55:37.364	21:42.005
30	236	ALONSO GUINDE Alberto		55:49.762	21:54.403
31	233	DIAZ SANDOVAL Gustavo Javier	MÁIS QUE AUGA	1h00:30.217	26:34.858
32	148	RECOUSO VIQUEIRA Fernando	EY RUNNERS	1h03:53.233	29:57.874

10K VETERANA A

1	40	ALVAREZ RODRIGUEZ Noemi	CLUB DEPORTIVO DELIKIA	40:31.854	
2	38	RODRIGUEZ OLIVEIRA Rocio	ATHLETICS FISIOTERAPIA SAN LÁZ	43:31.622	2:59.768
3	15	CID Eva		52:06.589	11:34.735
4	54	FERNANDEZ ALVAREZ Maria		53:24.894	12:53.040
5	12	ANDRE ANTELA Maria	BICITOUR NIGRAN	55:24.664	14:52.810
6	84	VARELA DE LIMIA DE COMINGES Maria Felisa		56:32.372	16:00.518
7	82	OTERO FUERTES Paz		57:13.504	16:41.650
8	320	RECOUSO Tanya		57:23.934	16:52.080
9	67	MERENCIANO AGUIRRE Elena		59:00.708	18:28.854
10	65	VARELA RODRIGUEZ Elena		1h00:16.998	19:45.144
11	49	RIVAS Belen	ALTAFIT	1h02:59.586	22:27.732



CATEGORÍAS

Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
12	77	LORENZO FERNANDEZ	Atenea	1h11:12.151	30:40.297

10K VETERÁN A

1	274	LAGO MONROY Ismael	SAN MIGUEL DE MARÍN	34:31.000	
2	240	FERNANDEZ ENCINA Alberto	CLUB DEPORTIVO DELIKIA	35:58.360	1:27.360
3	293	GARCIA QUEROL Pablo	CLUB DEPORTIVO DELIKIA	35:59.109	1:28.109
4	300	FORTES MONTENEGRO Ricardo	TANINOS RUNNERS PONTEAREAS	36:02.016	1:31.016
5	183	VAZQUEZ PAVON Roberto	TANINOS RUNNERS PONTEAREAS	36:09.539	1:38.539
6	200	MARTINEZ VILLASUR David	C.A. SABOREA 4 CANTONES	36:21.376	1:50.376
7	244	MURIAS RODRIGUEZ Alejandro	RUN&TRI	37:37.078	3:06.078
8	189	PARDO JORGE Jesus	TRINORTH	38:08.016	3:37.016
9	256	RODAL CARAMES German		38:29.180	3:58.180
10	278	TEIJIZ VEIGA Ismael	RUN&TRI	38:55.047	4:24.047
11	312	FERNANDEZ CASAIS Adrian		39:26.743	4:55.743
12	177	SIERRA PORTO Victor		39:27.353	4:56.353
13	155	COMESAÑA SAA Daniel	L@S INSENSAT@S	42:33.962	8:02.962
14	220	NAVIA IGLESIAS Ruben	BIKILA	42:38.603	8:07.603
15	251	ROCA ROMERO Gonzalo		42:50.064	8:19.064
16	106	NUÑEZ PARADA Sergio	SEMPRE LA	42:52.407	8:21.407
17	313	LOPEZ FERNANDEZ Hugo	CIBUS SIRGON	43:26.837	8:55.837
18	296	DARRIBA BARBA Abel	ASOCIACIÓN DEPORTIVA C.A.R.	44:21.446	9:50.446
19	263	CABACO CAMPOS Jose Manuel		45:08.696	10:37.696
20	213	TRIMARCHI Sebastian	RUNYTRI	45:17.603	10:46.603
21	277	COMESAÑA Luis	ATHLETICS FISIOTERAPIA SAN LÁZ	45:20.158	10:49.158
22	134	COSTAS RODRIGUEZ Marcos	EY RUNNERS	46:10.970	11:39.970
23	169	GOMEZ LOPEZ Pablo	L@S INSENSAT@S	46:38.257	12:07.257
24	205	RODRIGUEZ GARCIA Alvaro		46:54.370	12:23.370
25	299	MATALOBOS Daniel		46:56.227	12:25.227
26	122	VILLAR PEREIRA Jose Gabriel	CIBUS SIRGON	47:49.221	13:18.221
27	291	ALONSO MORA Edu		48:44.486	14:13.486
28	218	RODRIGUEZ FLORES Marco Antonio		49:02.609	14:31.609
29	150	PEREIRA FERNANDEZ Daniel	X-ONE	49:06.026	14:35.026
30	228	ALVES FREIRE Daniel		49:24.494	14:53.494
31	188	MELEIRO ARAUJO Cesar		49:25.714	14:54.714
32	309	GONZALEZ PARDIÑAS Aleixandre	MERAKI SALUD FISIOTERAPIA	50:20.276	15:49.276
33	211	BENATTI Gustavo Eduardo	CORREDORES FESTEIROS CENTRAL	50:24.824	15:53.824
34	194	TOURIÑO CHAYAN Manuel		51:22.174	16:51.174
35	222	NOVAS CANABAL Diego		52:35.112	18:04.112
36	257	PEREZ CABALEIRO Miguel Angel		54:25.035	19:54.035
37	145	PANIAGUA PEREZ Antonio		55:28.503	20:57.503
38	202	ARTIME MARTINEZ Eloy		55:48.383	21:17.383
39	243	DOMINGUEZ PEREZ Oscar		55:49.504	21:18.504
40	302	ESTEVEZ BOUZA Borja		55:54.449	21:23.449
41	242	DEL CAÑO CASTRO Miguel		56:25.997	21:54.997



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Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
42	282	PANTEON Daniel	BICITOUR NIGRAN	56:40.271	22:09.271
43	173	LAGO Miguel		57:29.254	22:58.254
44	142	GUAMA HEREDIA Edwin	PADELEROS	58:54.502	24:23.502
45	283	RESUA EIRAS David	CHUZAS OLÍMPICOS	1h00:21.005	25:50.005
46	303	FUERTES EBOL Herbert		1h00:24.497	25:53.497
47	295	VAZQUEZ LOSADA Alejandro		1h00:54.124	26:23.124
48	234	DE COMINGES CACERES Javier		1h02:23.443	27:52.443
49	103	FERNANDEZ OYA Yago		1h03:47.162	29:16.162
50	131	MEDIERO VEIRA Jorge	EY RUNNERS	1h03:58.460	29:27.460

10K VETERANA B

1	61	GARCIA LIGERO Silvia	PONTE A CORRER	41:31.290	
2	11	VAZ URBANO Elena	SIN EQUIPO	45:50.064	4:18.774
3	52	ALONSO GARCIA Ana	ATHLETICS FISIOTERAPIA SAN LÁZ	46:11.650	4:40.360
4	58	LAMPON CARIDE Ana Maria	ADN RUNNERS-TELMO PELUQUEROS F	48:15.565	6:44.275
5	44	GONZALEZ CASAL Alejandra	VIGOENTRENA	49:08.323	7:37.033
6	71	BARRIO CABALEIRO Cecilia	ASALTAMONTES FEMALE	51:29.230	9:57.940
7	33	PRIETO MORAIS Pili	TNT GHERRILLEIROS	51:51.894	10:20.604
8	57	LEMON CABRERA Sonia		51:56.300	10:25.010
9	64	CASTRO COLORADO Julia	BIKILA	52:55.855	11:24.565
10	72	CARREIRA MALLO Mati		53:52.270	12:20.980
11	79	BARCON PAJUELO Maria		53:53.020	12:21.730
12	59	REY VENTOSO Peixe	MÁIS QUE AUGA	54:21.472	12:50.182
13	85	ZAPATA RODRIGUEZ Raquel	C.A.R. MARISQUEIRO	54:30.167	12:58.877
14	10	FONSECA GARCIA Lucia	RIZOS TEAM	54:41.868	13:10.578
15	32	BALIÑO GONZALEZ Ruth	RIZOS TEAM	54:53.347	13:22.057
16	31	RODRIGUEZ ARCAJ Romina		55:29.206	13:57.916
17	60	NOGUEIRA CASAS Lucia		55:37.363	14:06.073
18	69	VARELA DE LIMIA COMINGES Sofia		56:32.535	15:01.245
19	3	PAZ OLIVEIRA Natalia	MÁIS QUE AUGA	56:47.678	15:16.388
20	73	SARABIA VIDAL Montse		57:12.756	15:41.466
21	43	LORENZO FERNANDEZ Maria Teresa		57:53.561	16:22.271
22	87	CARRO FEAS Rosario		58:01.083	16:29.793
23	28	SANTORIO DE FRUTOS Tatiana	ATHLETICS FISIOTERAPIA SAN LÁZ	58:19.015	16:47.725
24	34	PEREIRA RODRIGUEZ Mar		58:31.529	17:00.239
25	29	GARCIA ALVAREZ Toñi	CIBUS	58:32.020	17:00.730
26	51	IBARRETXE MARTINEZ Arantzazu	L@S INSENSAT@S	58:39.896	17:08.606
27	41	MARTINEZ COMESAÑA Lucia	C.A.R. MARISQUEIRO	58:52.997	17:21.707
28	39	MARTINEZ COMESAÑA Isabel	C.A.R. MARISQUEIRO	58:53.022	17:21.732
29	76	VIÑAS ROMERO Silvia	BIKILA	59:35.444	18:04.154
30	86	CARNERO LLAUGER Maria	BIKILA	59:35.466	18:04.176
31	21	BERRIDE SOTO Lucia		1h00:22.833	18:51.543
32	68	VARELA DE LIMIA COMINGES Isabel		1h01:38.092	20:06.802
33	63	GONZALEZ DE LA CUESTA Sofia		1h02:26.467	20:55.177



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Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
34	20	CARRERA PEREIRA Patricia		1h02:47.491	21:16.201
35	5	PEREZ GALLEGO Maria Teresa	CHACARITA TEAM	1h07:19.906	25:48.616
36	23	FERNANDEZ MARTIN Tania		1h08:54.126	27:22.836
37	48	RODAL Maria	RUN&TRI	1h13:43.581	32:12.291

10K VETERÁN B

1	138	BASTOS DASILVA Jose Alberto	ADN RUNNERS-TELMO PELUQUEROS F	33:58.477	
2	286	BARGIELA ARAUJO Daniel	BIKILA	34:36.163	37.686
3	307	LIEBANAS MENDEZ Antonio	ATLETISMO BAIONA	37:46.360	3:47.883
4	178	MARTINEZ LORENZO Daniel	BUDIÑORAID	38:03.164	4:04.687
5	229	LOPEZ DOMINGUEZ Javier	LODEIROS TRAIL	39:16.219	5:17.742
6	318	LOPEZ MARTINEZ Alfonso	CLUB DEPORTIVO DELIKIA	39:17.978	5:19.501
7	154	FERREIRA LAREDO David	CASTRELOS KM.0	39:21.118	5:22.641
8	215	ALVAREZ OTERO Jose Antonio		39:22.688	5:24.211
9	308	PARRA GARCIA Eduardo		39:26.837	5:28.360
10	288	SANCHEZ MOREIRA Ricard	CIBUS TEAM	39:50.392	5:51.915
11	226	ALVAREZ MIRANDA Jose Luis	CIBUS TEAM	40:05.884	6:07.407
12	159	GARCIA GARCIA Oscar	C.D. PINARIUM	40:22.501	6:24.024
13	136	LAGO GOBERNA Francisco Javier	FLORISTERÍA CARMEN SÍO	40:37.033	6:38.556
14	224	GAGO SANCHEZ Antolin		40:49.830	6:51.353
15	310	CABALEIRO GARCIA Jose Manuel	CIBUS SIRGON	41:02.065	7:03.588
16	88	ARIAS COSTAS Eduardo	ATHLETICS FISIOTERAPIA SAN LÁZ	41:37.079	7:38.602
17	316	MERA RODRIGUEZ Jose Carlos	PONTE A CORRER	42:17.649	8:19.172
18	101	ALONSO ALVAREZ Jose Carlos	ATHLETICS FISIOTERAPIA SAN LÁZ	42:32.322	8:33.845
19	153	VARA ADRIO Iago	SIRENO TRIATLÓN CLUB	42:46.759	8:48.282
20	217	LISTE BASCOY Alex	CLUB DEPORTIVO DELIKIA	43:42.774	9:44.297
21	264	LUSQUIÑOS GARCIA Modesto	NOSPORTLIMIT	43:43.243	9:44.766
22	250	LORENZO UZ Alberto	CIBUS SIRGON	43:49.759	9:51.282
23	149	RODRIGUEZ BANDE Carlos		44:38.720	10:40.243
24	227	FERNANDEZ DA SILVA Marcial	L@S INSENSAT@S	45:07.689	11:09.212
25	163	BALLESTA LOPEZ Javier	CIBUS	45:24.868	11:26.391
26	170	GONZALEZ MACIEL Jose Luis	RIZOS TEAM	45:36.611	11:38.134
27	214	REY GONZALEZ Fernando	CLUB ATLETISMO SALVATERRA	45:58.829	12:00.352
28	279	PEITEADO RUIZ Guillermo	ATHLETICS FISIOTERAPIA SAN LÁZ	46:17.017	12:18.540
29	171	SANCHEZ OTERO Oswaldo	TNT GHERRILLEIROS	46:31.502	12:33.025
30	140	LOPEZ DE LERMA CASAS Miguel Angel	PONTE A CORRER	46:48.987	12:50.510
31	315	RODRIGUEZ CASTRO Javier		46:57.471	12:58.994
32	206	BRAÑA VIDAL Carlos	FLORISTERÍA CARMEN SÍO	47:06.729	13:08.252
33	317	RUIZ GARCIA Carlos	PONTE A CORRER	47:13.900	13:15.423
34	181	FERRO Javier	ATHLETICS FISIOTERAPIA SAN LÁZ	47:16.079	13:17.602
35	198	VARELA VILLANUEVA Eduardo		47:25.713	13:27.236
36	166	RODRIGUEZ ROMAN Ruben		47:58.971	14:00.494
37	182	CHERIF Karim		48:09.425	14:10.948
38	231	RODILLA Ivan		48:41.392	14:42.915



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Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
39	129	FERNANDEZ VAYO Ruben Francisco	GRIMO	48:45.048	14:46.571
40	223	NOBLESSE Thierry		49:27.237	15:28.760
41	289	VENTURA REGO Jorge	CLUB TRIATLÓN MAR DE VIGO	49:30.166	15:31.689
42	203	CAMBEIRO FERNANDEZ Manuel		49:30.541	15:32.064
43	121	CARRERA COSTAS Diego	MERAKI SALUD FISIOTERAPIA	50:30.780	16:32.303
44	273	MUÑOZ PADIN David	MÁIS QUE AUGA	50:31.268	16:32.791
45	209	CODON VEGA Alfonso	C.A.R. MARISQUEIRO	50:35.651	16:37.174
46	185	BENAVIDES HERNANDEZ Fernando	ATHLETICS FISIOTERAPIA SAN LÁZ	50:48.986	16:50.509
47	164	MIGUEZ VILLAR Pedro Jesus		50:49.409	16:50.932
48	225	MARTINEZ DOBALO David	CROSSBEERS	51:11.440	17:12.963
49	301	PEREIRA PEREZ Celso Emilio	RIZOS TEAM	51:20.135	17:21.658
50	151	ALVAREZ CASTRO Xohan		51:23.135	17:24.658
51	139	SILVA CID Felipe		51:45.426	17:46.949
52	305	FROIZ LAREU Andres	TNT GHERRILLEIROS	51:52.245	17:53.768
53	165	GONZALEZ MARTINEZ Fernando		51:57.496	17:59.019
54	247	CASTIÑEIRA Javier	ADN RUNNERS-TELMO PELUQUEROS F	52:08.463	18:09.986
55	265	FENOLLERA BOLIBAR Santiago		52:24.378	18:25.901
56	219	ROUXEL Julien Daniel		52:42.776	18:44.299
57	235	RODRIGUEZ RIAL Juan Carlos	CLUB TRIATLÓN MAR DE VIGO	53:06.144	19:07.667
58	135	LARA PEREZ Jose		53:11.230	19:12.753
59	294	MILES Daniel		53:31.434	19:32.957
60	254	DOMINGUEZ BARCIA David	ASOCIACIÓN DEPORTIVA C.A.R.	53:36.027	19:37.550
61	191	RODRIGUEZ FOLGAR Cesar		53:40.480	19:42.003
62	126	LOPEZ Carlos		53:46.199	19:47.722
63	285	MARTINEZ RODRIGUEZ Tony		53:53.465	19:54.988
64	116	RIOS CERVANTES Fernando	CROSSBEERS	53:58.926	20:00.449
65	287	VAZQUEZ GESTAL Marcos		54:04.270	20:05.793
66	201	IGLESIAS GROBAS Ignacio Jose	CLUB ATLETISMO FLORISTERIA CAR	54:06.496	20:08.019
67	125	ALONSO MARTINEZ Ivan		54:20.090	20:21.613
68	297	MACEIRA MESIAS Juan		54:25.340	20:26.863
69	152	BLANCO GARCIA Francisco Damian	C.A.R. MARISQUEIRO	54:46.902	20:48.425
70	118	COIRA SANCHEZ Pedro	CIBUS SIRGON	55:23.633	21:25.156
71	113	IGLESIAS PEREZ Antonio	RIZOS TEAM	55:39.660	21:41.183
72	123	FERNANDEZ RODRIGUEZ Enrique	KINDER+SPORT	55:45.005	21:46.528
73	130	PEREIRO SANTIN Ramon	GRIMO	56:09.613	22:11.136
74	141	GUAMA MENA Patricio	PADELEROS	56:28.129	22:29.652
75	281	VILAN Victor	BICITOUR NIGRAN	56:40.317	22:41.840
76	258	LOPEZ FERNANDEZ Jose Manuel		57:24.685	23:26.208
77	276	CALVO TORRIJOS Luis Manuel		57:33.919	23:35.442
78	268	ORTEGA JAIMES Greory		57:33.942	23:35.465
79	212	PUJALES LORENZO Jose		57:38.466	23:39.989
80	172	GONZALEZ MATOS Daniel		58:31.341	24:32.864
81	269	VIEJO Alberto	SIN EQUIPO	58:44.982	24:46.505
82	127	TIZON FREIRIA Xerman	SEMPRE LA	58:51.685	24:53.208
83	255	PEREZ NUÑEZ Francisco Luis		59:26.795	25:28.318
84	102	FERNANDEZ NUÑEZ Jose Eusebio		1h00:03.310	26:04.833



CATEGORÍAS

Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
85	107	AMOEDO COLLAZO Marcos	RAGNAROK OCR	1h00:19.060	26:20.583
86	179	AMOEDO COLLAZO David	ESPARTAN@S CHIFLAD@S	1h00:19.342	26:20.865
87	270	ROCHA DOVAL Ricardo		1h01:27.802	27:29.325
88	232	FERNANDEZ POL Oscar		1h02:23.702	28:25.225
89	104	MARTINEZ GOMEZ Pakinho	GALLAECIA JASTANDOSAPATILLA	1h02:42.289	28:43.812
90	199	HERVES ESTEVEZ Javi	CHOCOKIWI	1h02:59.141	29:00.664
91	290	MENDEZ BREA Santiago	PONTE A CORRER	1h03:51.685	29:53.208
92	161	RODRIGUEZ TORNOS Manuel		1h08:24.664	34:26.187
93	221	CASARES VAZQUEZ Luis		1h08:54.408	34:55.931

10K VETERANA C

1	42	ALVAREZ COMESAÑA Monica	ATHLETICS FISIOTERAPIA SAN LÁZ	59:33.568	
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10K VETERÁN C

1	304	OTERO GIRALDEZ Miro		47:35.392	
2	252	VIEIRA MONTENEGRO Eduardo		48:53.040	1:17.648
3	132	VIDEIRA CORREA Alberto	EY RUNNERS	49:15.400	1:40.008
4	266	ALONSO DE LA CAMPA Maximino		49:46.104	2:10.712
5	249	CHAMORRO RODRIGUEZ Eugenio	C.A.R. MARISQUEIRO	49:48.753	2:13.361
6	280	HERNANDEZ BORREGO Miguel	MÁIS QUE AUGA	50:15.541	2:40.149
7	143	FERNANDEZ CLEMENTE Carlos		51:12.916	3:37.524
8	110	FIDALGO IGLESIAS Manuel	EY RUNNERS	51:32.000	3:56.608
9	176	BLANCO Alfonso		53:18.917	5:43.525
10	105	FERNANDEZ GALLEGO Alberto	CLUB DE PIRAGUISMO OLIVICO	53:38.418	6:03.026
11	112	MARTINEZ REQUEJO Carlitos	CIBUS	54:41.869	7:06.477
12	261	DURAN LAGO Fernando		54:50.606	7:15.214
13	117	PEREZ RODAL Juan Jose	LODEIROS TRAIL	55:23.161	7:47.769
14	184	VERDEAL GONZALEZ Basilio		58:31.039	10:55.647
15	267	BARRERAS GARCIA-REBOREDO Juan		58:44.934	11:09.542
16	262	PAINCEIRA MACIÑEIRAS Jorge		1h06:57.196	19:21.804

5K SUB 25 FEM

1	568	RIVAS PIÑEIRO Claudia	ATLETISMO SAMERTOLAMEU	24:49.801	
2	684	CODINA PRATS Sara		24:50.223	0.422
3	522	VIDAL FERNANDEZ Alexandra	CLUB DEPORTIVO DELIKIA	25:17.106	27.305
4	512	PEREZ MARTI Paula		25:17.176	27.375
5	547	PARGA VISO Uxía	CLUB TRIATLÓN MAR DE VIGO	26:53.622	2:03.821
6	600	PEREZ Ainhoa		26:56.623	2:06.822
7	671	CASTIÑEIRA LAMPON Susana		28:28.615	3:38.814
8	657	VAZQUEZ DE PARGA Rita	ATLETISMO FEMENINO CELTA	29:06.794	4:16.993



CATEGORÍAS

Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
9	703	VAZQUEZ PAIS Marta		29:24.419	4:34.618
10	524	FERNANDEZ GONZALEZ Aria		31:51.842	7:02.041
11	641	NUÑEZ FERNANDEZ Iria María		34:52.359	10:02.558
12	577	CAMPO BARREIRO Carmen		36:22.007	11:32.206
13	596	RODRIGUEZ MIGUEZ Lara		36:37.430	11:47.629
14	579	ADAME ALVAREZ Ana Cristina	AGRUPACION VIGUESA DE ATLETISM	36:48.656	11:58.855
15	576	PEREZ BLANCO Catalina		36:49.570	11:59.769
16	597	ALVAREZ MIGUEZ Andrea		37:31.243	12:41.442
17	567	RODRIGUEZ COMESAÑA Daniela	EY RUNNERS	38:19.923	13:30.122
18	609	LION LOPEZ Marta		38:31.641	13:41.840
19	667	MARTINEZ PERALBA Elena		38:33.352	13:43.551
20	700	GARCIA Sofia		44:41.133	19:51.332
21	533	FERNANDEZ DOMINGUEZ Aitana	E.D. VIGO 2015	53:57.238	29:07.437

5K SUB 25

1	879	PIÑA CONSUEGRA Luis	CLUB DEPORTIVO DELIKIA	17:08.385	
2	890	RODRIGUEZ ANTON Adrian	CLUB DEPORTIVO DELIKIA	18:19.658	1:11.273
3	924	COSTAS Jose		23:34.097	6:25.712
4	885	TENORIO COSTA Jaime	ATLETISMO SAMERTOLAMEU	24:23.669	7:15.284
5	841	MADERA RODRIGUEZ Lucas		24:23.926	7:15.541
6	758	LORENZO COSTAS Francisco		24:52.567	7:44.182
7	881	POUSA ESCUDEIRO Xurxo		25:42.019	8:33.634
8	787	VAZQUEZ NOVOA Iago		25:42.794	8:34.409
9	762	LOPEZ MACHADO Adrian		26:57.442	9:49.057
10	866	VAZQUEZ DE PARGA Yago	AGRUPACION VIGUESA DE ATLETISM	28:30.045	11:21.660
11	794	ALONSO Roi		29:39.185	12:30.800
12	878	ZAPATA QUESADA Mathias		33:10.382	16:01.997
13	908	VALES-VILLAMARIN BARCON Pablo		33:12.820	16:04.435
14	820	FERREÑO GIMENEZ Luis		33:29.929	16:21.544
15	848	VARELA CONDE Javier		34:52.382	17:43.997
16	821	FERREÑO GIMENEZ Antonio		38:01.758	20:53.373
17	796	TOURAL SANTAMARIA Iago		1h10:44.212	53:35.827
18	797	TOURAL SANTAMARIA Lucas		1h10:44.799	53:36.414

5K SÉNIOR FEM

1	875	TRONCOSO DOMÍNGUEZ Sheila		26:05.762	
2	665	CASTRO GONZALEZ Isabel		26:05.833	0.071
3	636	RAMOS PRINO Mel		26:56.552	50.790
4	551	ESTEVEZ Estefanía	ASOCIACIÓN DEPORTIVA C.A.R.	27:11.786	1:06.024
5	587	CABANELAS Celeste		27:17.505	1:11.743
6	539	GULDRIS COSTAS Carla		28:05.698	1:59.936
7	706	SANTOS GONZALEZ Andrea		28:39.138	2:33.376



CATEGORÍAS

Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
8	601	MEIRA Paula		28:59.177	2:53.415
9	651	RODRIGUEZ RODRIGUEZ Maria		29:05.271	2:59.509
9	531	ABRIL GROBA Paula		29:05.271	2:59.509
11	675	RIVAS SANMARTIN Laura		29:11.083	3:05.321
12	929	CENTENO GARCIA Laura		29:17.060	3:11.298
13	603	ARIAS TEJEDA Lidia		29:17.693	3:11.931
14	679	LORENZO FERNANDEZ Eva		29:24.468	3:18.706
15	697	ALVAREZ FERNANDEZ Ana		29:26.459	3:20.697
16	573	VILAR ESTEVEZ Rebeca		29:47.552	3:41.790
17	712	DIAZ PRADO Xiana		29:51.701	3:45.939
18	591	JIMENEZ GONZALEZ Silvia		30:21.608	4:15.846
19	711	SESTELO Rebeca		30:30.091	4:24.329
20	520	CHINCHILLA JODAR Marta		30:37.498	4:31.736
21	664	RIVEIR Andrea		30:44.507	4:38.745
22	653	FERNANDEZ VAZQUEZ-NOGUEROL Mar		30:44.624	4:38.862
23	532	GONZALEZ COSTAS Nerea		30:45.865	4:40.103
24	650	SOLIÑO SANTOS Rosa		31:00.538	4:54.776
25	517	GARCIA CHENLO Lucía		31:06.819	5:01.057
26	557	DOZO LEIRO Noelia		31:07.687	5:01.925
27	646	GONZALEZ FARRE Iria		31:11.601	5:05.839
28	560	COUÑAGO BARREIRO Mirian		31:15.256	5:09.494
29	631	GONZALEZ ESTEVEZ Lorena		31:25.499	5:19.737
30	586	BEIRO SUSO Nahir		31:35.951	5:30.189
31	559	ALFAYA SANCHEZ-ESCOBERO Camino		31:48.679	5:42.917
32	507	FERNANDEZ VARELA Sara		31:55.452	5:49.690
33	503	PEREIRA FERNANDEZ Isabel		31:55.499	5:49.737
34	521	HERMIDA RODRIGUEZ Catarina		32:01.591	5:55.829
35	707	NUÑEZ PAZOS Sara	MÁIS QUE AUGA	32:05.579	5:59.817
36	642	GALLEGO PIÑEIRO Sara		32:09.211	6:03.449
37	689	VIDAL LINO María		32:12.397	6:06.635
38	519	CAAMAÑO FERNANDEZ Clara		32:45.186	6:39.424
39	624	ZUNZUNEGUI NAVIA Maria	MÁIS QUE AUGA	33:15.819	7:10.057
40	518	NAYA FARALDO Lucía		34:11.836	8:06.074
41	639	CORRAL SERTAL Miriam		34:15.073	8:09.311
42	693	ASENSIO VARELA Sara	MÁIS QUE AUGA	34:21.304	8:15.542
43	708	GUERRA GONZALEZ Silvia		34:35.108	8:29.346
44	678	CONDE GALLASTEGUI Marta	FITGAL	34:38.015	8:32.253
45	526	RODRIGUEZ GREGORES Ana		34:44.554	8:38.792
46	525	FONTAN GONZALEZ Miriam		34:44.577	8:38.815
47	550	VARGAS BLANCO Lucia		34:50.204	8:44.442
48	617	RODRIGUEZ Uxía		35:25.687	9:19.925
49	618	GARCIA Claudia		35:25.804	9:20.042
50	709	COVELO MORILLO Susana		35:27.936	9:22.174
51	529	RODRIGUEZ CARDOSO Elena		36:06.726	10:00.964
52	593	ALONSO PEREIRA Fátima		36:16.969	10:11.207
53	620	GARCIA GARCIA Miriam		36:39.188	10:33.426



CATEGORÍAS

Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
54	553	GONZALEZ OLIVEIRA Mirian		36:46.665	10:40.903
55	558	LESTON BAUTISTA Natalia		37:51.751	11:45.989
56	602	SAVIO CEREIJO Veronica		37:57.868	11:52.106
57	938	RODRIGUEZ COMESAÑA Alejandra		38:19.805	12:14.043
58	666	MARQUEZ SALGADO Laura		38:33.376	12:27.614
59	632	LOPEZ PIDRE Andrea		38:44.485	12:38.723
60	552	PARDELLAS PEREZ Melisa		38:47.016	12:41.254
61	544	NOVOA FENTE Patricia		39:00.071	12:54.309
62	613	RODRIGUEZ RODRIGUEZ Verónica		45:03.471	18:57.709
63	564	LAGO MARCUÑO Mireia	EY RUNNERS	1h00:26.666	34:20.904
64	569	TOMBILLA BOLAS Marta	EY RUNNERS	1h00:29.021	34:23.259

5K SÉNIOR

1	801	MONTERO BUJAN Aitor	AVIVA SPORT	17:45.533	
2	905	TORRESCUSA MOURIÑO Ricardo		18:26.924	41.391
3	853	BARGIELA MARTINEZ Jaime	CLUB DEPORTIVO DELIKIA	18:51.534	1:06.001
4	928	VALENCIA RODRIGUEZ Cristian	C.A.R. MARISQUEIRO	19:02.690	1:17.157
5	865	PISOS Pedro	CLUB DEPORTIVO DELIKIA	20:27.581	2:42.048
6	805	SALVATIERRA VELEIRO Miguel		20:51.653	3:06.120
7	791	GUERRERO MIQUILENO Ronaldo	S.A. VAL MIÑOR	21:08.622	3:23.089
8	852	NOVOA MOLARES Miguel	CLUB DEPORTIVO DELIKIA	21:43.449	3:57.916
9	913	SROKA Wojciech	S.A. VAL MIÑOR	22:10.497	4:24.964
10	904	PEREZ LAMARCA David		25:01.848	7:16.315
11	765	GONZALEZ SAMPERE Aaron		25:08.645	7:23.112
12	916	REIJA CHAO Alejo		25:20.762	7:35.229
13	761	ALONSO LOPEZ Jonatan		25:40.098	7:54.565
14	849	CEBREIRO BERNARDEZ Antonio		25:48.231	8:02.698
15	909	GARRIDO FERNANDEZ Manuel		25:58.123	8:12.590
16	814	RAMIREZ OJEA Sergio		25:59.553	8:14.020
17	906	GOMEZ GARCIA Gonzalo		26:05.083	8:19.550
18	824	IRAVEDRA LOPEZ Pablo		26:25.708	8:40.175
19	918	ROMERO Andres		26:48.630	9:03.097
20	771	RUBIO MARTINEZ Arnold Adam	BALTO MUSHING TEAM	28:05.833	10:20.300
21	774	VILAS PINTOS alvaro		28:28.687	10:43.154
22	817	FERNANDEZ ALONSO Sergio		28:29.388	10:43.855
23	917	DURAN ALVAREZ Nicolas		28:39.139	10:53.606
24	847	ALCANTARA JANEIRO Juan Manuel		28:39.959	10:54.426
25	816	FREIRIA MARTINEZ Luis		28:46.850	11:01.317
26	869	GARCIA VELASCO Pablo		28:48.372	11:02.839
27	819	FOUZ FERNANDEZ Alejandro		29:17.974	11:32.441
28	872	DEL RIO GARCIA Ignacio		30:03.748	12:18.215
29	921	ROMERO Ruben		30:30.092	12:44.559
30	843	RIASCOS TOBAR Jhan Carlos		31:25.498	13:39.965
31	862	PEREIRA FERNANDEZ Anxo		31:26.318	13:40.785



CATEGORÍAS

Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
32	859	BOENTE JUNCAL Alejandro		32:04.991	14:19.458
33	910	TIZON Carlos		33:08.062	15:22.529
34	802	FALQUE GARCIA Adrian Vicente		33:14.975	15:29.442
35	876	FRUTOS Ignacio		33:51.843	16:06.310
36	766	ALONSO ALONSO Hector		34:44.882	16:59.349
37	782	SOBRAL AROSA Antonio		34:50.180	17:04.647

5K VETERANA A

1	578	CABALEIRO CARREIRA Maria Teresa		23:43.520	
2	630	CASAL MARTINEZ Marina		26:43.942	3:00.422
3	619	ESTEVEZ Lara		27:11.832	3:28.312
4	688	GONZALEZ ENES Laura		27:16.850	3:33.330
5	654	LEMONS LOPEZ Vanesa	MÁIS QUE AUGA	27:44.575	4:01.055
6	695	DOPAZO María		27:58.006	4:14.486
7	644	BOUZO PEREIRA Melisa		28:08.276	4:24.756
8	710	ROSAL GOMEZ Rocío		28:23.977	4:40.457
9	543	PALACIOS CIDRAS Alexia		28:28.686	4:45.166
10	705	DIAZ LOPEZ Rose Mary		29:00.795	5:17.275
11	676	FERVENZA OTERO Charo		29:10.802	5:27.282
12	640	COSTAS Iria		30:37.615	6:54.095
13	668	CASAL LORENZO Tania		30:50.904	7:07.384
14	608	PEREZ GOMEZ Lorena		30:54.092	7:10.572
15	701	DA VEIGA ALVAREZ Marta	7UP	30:56.411	7:12.891
16	511	REGO Esther		32:05.603	8:22.083
17	685	CASAS CRESPO Iria		32:36.379	8:52.859
18	509	LORENZO VIDAL Sonia	ASALTAMONTES FEMALE	32:42.036	8:58.516
19	621	MARCHAN PEREZ Lorena		32:53.154	9:09.634
20	649	PEREZ OTERO Paula		33:51.187	10:07.667
21	615	ALONSO GALLEGUO Vanesa		33:58.734	10:15.214
22	645	RIVERA IGLESIAS Susana		34:31.068	10:47.548
23	652	GRANDAL VAZQUEZ Catuxa		34:31.804	10:48.284
24	554	ALVAREZ RODRIGUEZ Elena		35:14.719	11:31.199
25	555	GONZALEZ MARTINEZ Xiana		35:15.304	11:31.784
26	659	SOTO MARTINEZ Salomé		35:23.718	11:40.198
27	627	MONTEMAYOR Lidia		35:47.367	12:03.847
28	501	GONZALEZ LAGE Ainhoa		36:19.312	12:35.792
29	629	ALARCON JURADO Yesenia		37:44.532	14:01.012
30	633	LOPEZ PIDRE Selene		41:08.720	17:25.200
31	528	MINGUEZ MOLINA Susana		48:34.526	24:51.006
32	502	SOLIÑO Andrea		48:34.642	24:51.122
33	669	CASTRO Sonia		52:24.401	28:40.881
34	655	BESADA FERNANDEZ Ester		53:56.794	30:13.274



CATEGORÍAS

Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
5K VETERÁN A					
1	919	OTERO AMOEDO Anxo	CAD SERVISUB BUEU	17:14.173	
2	899	LOPEZ MUÑIZ Manuel	CLUB TRIATLÓN MAR DE VIGO	19:16.987	2:02.814
3	896	PEREZ CONDE Kike		19:19.706	2:05.533
4	828	GARCIA FERNANDEZ Esteban		19:30.815	2:16.642
5	773	ESTEVEZ Carlos		20:07.988	2:53.815
6	810	SERGIENKO Alekseï		20:21.465	3:07.292
7	752	CORTIZO BOULLOSA Miguel	ASOCIACIÓN DEPORTIVA C.A.R.	20:34.519	3:20.346
8	850	COVELO COSTAS Ivan	YES24TEAM	21:13.379	3:59.206
9	808	RODRIGUEZ ALONSO Sedu		21:49.987	4:35.814
10	840	COVELO COSTAS Daniel	YES24TEAM	22:46.732	5:32.559
11	883	GARCIA ALVAREZ Javier		23:06.657	5:52.484
12	838	PEREZ SAYANS Juan Manuel		23:22.193	6:08.020
13	854	ARIAS PENAS Daniel		23:26.176	6:12.003
14	798	DE SOTO Jesus		24:26.622	7:12.449
15	842	ALONSO CARRERA Daniel		25:37.286	8:23.113
16	784	SANCHEZ GONZALEZ Francisco Javier	PEÑA TREVINCA MONTAÑEIRO DE G	26:04.356	8:50.183
17	877	IZQUIERDO MARTINEZ Francisco		27:22.169	10:07.996
18	914	ALONSO OTERO Diego	COMESAÑA SPORTING CLUB	27:58.582	10:44.409
19	807	GIRALDEZ RIOS Jose		28:22.990	11:08.817
20	826	MARTINEZ SEOANE Andre		28:24.138	11:09.965
21	815	FERNANDEZ RIESCO Marco		28:59.323	11:45.150
22	873	SANTORIO MOSCOSO Hugo		29:08.060	11:53.887
23	900	A.C. David		29:22.029	12:07.856
24	806	LOPEZ FERNANDEZ Ruben		29:22.802	12:08.629
25	785	VAZQUEZ GOMEZ Óscar		29:44.670	12:30.497
26	799	BRENLLA LENS Alfonso		29:47.717	12:33.544
27	827	MORENZA Jacobo		30:04.849	12:50.676
28	829	PUCH GONZALEZ David		30:35.600	13:21.427
29	830	GONZALEZ AVENDAÑO Sergio		30:35.623	13:21.450
30	857	BUXO SANCHEZ Gabriel		31:00.467	13:46.294
31	763	RODRIGUEZ COLLAZO Raul		32:01.436	14:47.263
32	833	PIÑEIRO DIAZ Victor		34:12.801	16:58.628
33	901	VAZQUEZ MAYO Javier	MÁIS QUE AUGA	34:21.566	17:07.393
34	902	GOMEZ ALONSO Iago		39:20.392	22:06.219
35	778	SANCHEZ DE VEGA Javier		1h02:32.467	45:18.294

5K VETERANA B

1	549	VILAR PALMA Ana Paula	COMESAÑA SPORTING CLUB	21:21.253	
2	574	PUIME MIGUEZ Ana	EQUILATERO BOUTIQUE GYM	23:46.801	2:25.548
3	626	ALONSO PARENTE Patricia	BIKILA	23:56.012	2:34.759
4	523	VIDAL LORENZO Emilia	MÁIS QUE AUGA	25:19.754	3:58.501
5	661	JORGE Mónica		26:29.037	5:07.784
6	681	VILLAMOR PRIETO Inés		26:37.052	5:15.799



CATEGORÍAS

Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
7	677	CANABAL VILLAVERDE Isa	BORGWARNER	27:47.107	6:25.854
8	536	FERNANDEZ IGLESIAS Flora		27:48.888	6:27.635
9	542	PINTOS ROSALES Irene		28:00.325	6:39.072
10	514	MIRAS POSADA Marina	ANISETES	28:00.865	6:39.612
11	692	VAZQUEZ MAYO Monica	MÁIS QUE AUGA	28:46.287	7:25.034
12	515	FERNANDEZ FERNANDEZ Raquel		28:52.755	7:31.502
13	594	ALONSO BARBANCHO Vanessa		28:59.295	7:38.042
14	513	ZAMORA CASTRO Carmen		29:12.232	7:50.979
15	548	ALVAREZ RODRIGUEZ Rosana		29:22.218	8:00.965
16	589	LOPEZ CAMBA Raquel		29:22.288	8:01.035
17	535	FONSECA GARCIA Beatriz		29:37.006	8:15.753
18	556	ROCHA CRUCES María Carmen	C.A.R. MARISQUEIRO	29:44.063	8:22.810
19	516	MANEIRO CID Romina	ANISETES	29:49.826	8:28.573
20	570	BUENO MOGROVEJO Begoña		30:03.818	8:42.565
21	702	RODRIGUEZ MARTINEZ María J.		30:16.686	8:55.433
22	696	IGLESIAS MILLARES Beatriz		30:16.755	8:55.502
23	673	MENDEZ PENA Lina		30:41.787	9:20.534
24	637	DIAZ-PACHE MACKINLAY Pilar		30:43.803	9:22.550
25	623	BADA MOREIRA Patricia		31:14.929	9:53.676
26	607	LOPEZ CARIDE Beatriz		31:45.256	10:24.003
27	680	GONZALEZ MERA Regina	MÁIS QUE AUGA	31:54.959	10:33.706
28	635	RODRIGUEZ IGLESIAS Ana	MÁIS QUE AUGA	31:55.170	10:33.917
29	663	BARGIELA Cristina		32:03.727	10:42.474
30	605	CASTRO ESPINOZA Sari		33:03.070	11:41.817
31	656	VILLAMOR REAL Belen		33:14.483	11:53.230
32	622	LORENZO PICADO Leticia	FITGAL	34:45.071	13:23.818
33	588	PIQUERAS ARES Verónica		34:52.219	13:30.966
34	585	SUSO SANCHEZ Ester		35:00.046	13:38.793
35	683	GUIMERANS SANTORIO Mar		35:02.905	13:41.652
36	592	RODRIGUEZ PEREZ Elena		35:07.312	13:46.059
37	606	LOPEZ GONZALEZ Lara		35:10.991	13:49.738
38	616	GONZALEZ VILLANUEVA Regina		35:27.447	14:06.194
39	538	PEREZ MILLARA Begoña		36:06.844	14:45.591
40	698	MARCHESE Beatriz		36:07.172	14:45.919
41	611	FRANCISCO CASAL Maria		36:12.774	14:51.521
42	660	ROSENDE BAUTISTA María José		36:22.617	15:01.364
43	682	ALONSO PEREZ Mara		37:11.039	15:49.786
44	546	REGUEIRO FERNANDEZ Xoana	TRIATLÓN MAR DE VIGO	37:33.071	16:11.818
45	604	GIMENEZ ALVAREZ Leticia		38:01.829	16:40.576
46	540	FERNANDEZ SAEZ Julia		38:28.102	17:06.849
47	672	CARRERA RIAL Mercedes		39:18.915	17:57.662
48	625	ARAUJO PEREZ Silvia		40:57.118	19:35.865
49	541	ESTEVEZ NOVO Rebeca		41:39.037	20:17.784
50	643	CARRAL GOMEZ Lorena		41:44.462	20:23.209
51	614	RODRIGUEZ BRANDARIZ Mercedes Isaura		42:17.885	20:56.632
52	699	MARCHESE Ana		45:46.806	24:25.553



CATEGORÍAS

Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
53	575	FERNANDEZ SUAREZ Carmen	MÁIS QUE AUGA	46:30.190	25:08.937
54	545	ALVAREZ RODRIGUEZ Ruth	MÁIS QUE AUGA	46:30.213	25:08.960
55	634	DEL CAMPO RODRIGUEZ Patricia		47:18.564	25:57.311
56	670	MARTINEZ Belen		52:25.081	31:03.828
57	658	DOMINGUEZ COSTAS Margarita	E.D. VIGO 2015	54:27.449	33:06.196
58	595	MIGUEZ FERNANDEZ Cristina		1h00:44.443	39:23.190
59	674	ANGEL GANDARA Josefina		1h00:52.623	39:31.370
60	506	RODRIGUEZ PEREIRA María Jesús		1h04:48.358	43:27.105
61	508	PEREIRA FERNANDEZ Ana Belén		1h08:37.461	47:16.208
62	590	VILAR BARCIA Xaqueline		1h11:08.823	49:47.570

5K VETERÁN B

1	911	ARIAS COSTAS Dario	ATHLETICS FISIOTERAPIA SAN LÁZ	18:05.553	
2	795	ULLA REGA Manuel	ASOCIACIÓN DEPORTIVA C.A.R.	19:00.791	55.238
3	800	COSTAS COSTAS Miguel	MÁIS QUE AUGA	19:33.159	1:27.606
4	922	MIRANDA VIEITO Jose Manuel	ATHLETICS FISIOTERAPIA SAN LÁZ	19:50.901	1:45.348
5	912	COUCE SENRA oscar		20:03.324	1:57.771
6	863	LORENZO ALONSO Manuel Alejandro		20:05.081	1:59.528
7	780	ALONSO FERNANDEZ Alberto		20:31.521	2:25.968
8	781	FRIAS RODRIGUEZ Jose		20:57.535	2:51.982
9	775	FERREIRA ANTAS Victorman		22:01.965	3:56.412
10	760	ALONSO VEIGA Jose	ANISETES	22:23.480	4:17.927
11	832	RODRIGUEZ PEREZ Jose Manuel	S.A. VAL MIÑOR	23:24.019	5:18.466
12	756	PEREZ IGLESIAS Antonio		23:47.156	5:41.603
13	888	LONGO DOMINGUEZ Angel		23:58.097	5:52.544
14	895	ALVAREZ Andres	IMAXINATEA ESCOLA DE TEATRO	23:59.996	5:54.443
15	870	RODRIGUEZ VAZQUEZ Emilio		24:34.543	6:28.990
16	818	CABEZAS VILA Valeriano		25:22.472	7:16.919
17	897	CAÑAS GOMEZ Ivan		25:57.676	7:52.123
18	915	LIMA MELONIS Luis Carlos		26:09.747	8:04.194
19	846	POUSA LUCIO Xoan Manuel		26:35.832	8:30.279
20	767	SANZ VELAO Juan Pedro		26:40.990	8:35.437
21	926	ALLERES COMESAÑA Santiago		26:44.745	8:39.192
22	927	GONZALEZ RAMIREZ Juan		26:55.057	8:49.504
23	831	CARRACEDO ALONSO Marcos		27:54.888	9:49.335
24	887	AMOEDO AGULLA Jose Manuel		28:13.357	10:07.804
25	822	NAZ Xose Alfredo		28:33.349	10:27.796
26	823	LOPEZ FERNANDEZ Jesus Manuel		28:35.107	10:29.554
27	886	MARTINEZ Daniel		28:56.505	10:50.952
28	783	LEIS PUGA Diego		29:26.950	11:21.397
29	793	VAZQUEZ FERRO German		29:39.279	11:33.726
30	845	ABLANEDO-ALBERDI Javier		29:49.854	11:44.301
31	923	NUÑEZ GUZMAN Fran		29:51.819	11:46.266
32	867	VAZQUEZ DE PARGA Nicolas		30:24.327	12:18.774



CATEGORÍAS

Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
33	809	RODRIGUEZ DAVILA Marcos		30:30.046	12:24.493
34	925	AGUIAR Juan Carlos		31:05.953	13:00.400
35	858	CRESPO COMESAÑA Jose Ignacio		31:39.374	13:33.821
36	884	SALGUEIRO OTERO Juan		32:09.209	14:03.656
37	864	PARDO Juan Carlos		33:14.601	15:09.048
38	825	ARTE VAZQUEZ Ivan		34:03.539	15:57.986
39	893	FERNANDEZ-CID Carlos	FLORISTERÍA CARMEN SÍO	34:39.328	16:33.775
40	757	IGLESIAS BLANCO Jose	ANISETES	34:40.101	16:34.548
41	803	SOTO CARBALLIDO Miguel A.		34:52.172	16:46.619
42	894	ALEN NORES Javier		35:03.280	16:57.727
43	786	RODRIGUEZ BRAVO Juan Carlos		35:22.758	17:17.205
44	856	FERNANDEZ ROLDAN Jorge		35:57.726	17:52.173
45	776	ALVAREZ PONTES Gabriel		37:32.766	19:27.213
46	753	GANDARA BOUZA Alejandro	CASTRELOS 20:30	37:52.008	19:46.455
47	855	BARREIROS SARABIA Manuel		39:16.946	21:11.393
48	882	MARTINEZ Isidro		52:24.237	34:18.684
49	868	FERNANDEZ PEREZ Francisco Javier	E.D. VIGO 2015	54:28.011	36:22.458
50	751	GONZALEZ RODRIGUEZ Belarmino		1h08:36.126	50:30.573

5K VETERANA C

1	690	FERNANDEZ PAZOS Luz		27:06.137	
2	581	PAZO DOLDAN Margarita		58:12.614	31:06.477
3	584	IGLESIAS MOLARES Sita		58:13.036	31:06.899
4	580	RODRIGUEZ DOALLO Flor		58:50.911	31:44.774
5	583	CARRERA RODRIGUEZ Angeles		58:51.731	31:45.594
6	861	NOVOA Emilia	C.A.R. MARISQUEIRO	59:44.982	32:38.845
7	504	FERNANDEZ DE LA CERA Isabel		1h08:38.259	41:32.122

5K VETERÁN C

1	764	GALLIDORO DEL MONTE Jose Humberto	CLUB DEPORTIVO DELIKIA	21:52.050	
2	860	KARAMES Manuel	C.A.R. MARISQUEIRO	23:10.848	1:18.798
3	804	SEGUIN CID Severino	RUNNING LUSEKELO	24:51.371	2:59.321
4	789	VILLAR SALGADO Jose Francisco	C.A.R. MARISQUEIRO	26:40.567	4:48.517
5	754	GARABATOS CUADRADO Jose Antonio	C.A.R. MARISQUEIRO	27:00.212	5:08.162
6	889	CORRAL ALVAREZ Jose Antonio		33:04.616	11:12.566
7	837	ZUNZUNEGUI QUEIMADELOS Roman	MÁIS QUE AUGA	33:16.007	11:23.957
8	759	PASTORIZA PAZ Jose		37:28.945	15:36.895
9	871	RODRIGUEZ ALONSO Manuel		38:01.807	16:09.757
10	769	PEREZ RODRIGUEZ Manuel		39:10.055	17:18.005
11	772	DAVILA ESTEVEZ Enrique		41:39.188	19:47.138