

CATEGORÍAS

Clit	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clit)	Tiempo	Diferencia
F1						
1	201	ALVAREZ RODRIGUEZ Noemí	CLUB DEPORTIVO DELIKIA	22:33.978 (2)	36:24.238	
2	375	SABORIDO GIL Olalla		22:24.744 (1)	36:43.299	19.061
3	156	MIGUEZ LAGO Jessica		22:47.431 (3)	37:36.162	1:11.924
4	81	TOKARENKO Alina		23:49.095 (4)	38:39.276	2:15.038
5	258	PEREZ MARIÑO Elena	RUNYTRI	23:52.072 (5)	38:44.831	2:20.593
6	58	RODRIGUEZ GONZALEZ Nerea	ATLETISMO PORRIÑO	24:31.023 (7)	40:02.428	3:38.190
7	398	LLORENTE Lucia	MÁIS QUE AUGA	25:12.063 (8)	40:50.323	4:26.085
8	99	CASSANI Lucía	MÁIS QUE AUGA	25:15.063 (9)	40:57.244	4:33.006
9	349	DOMINGUEZ PEREZ Naomi	CLUB DEPORTIVO DELIKIA	25:49.516 (10)	42:00.541	5:36.303
10	326	GONZALEZ FERNANDEZ Monica		25:56.060 (11)	42:39.485	6:15.247
11	210	VYNOHRADOVA Kateryna		26:49.399 (12)	43:54.959	7:30.721
12	269	RODRIGUEZ GARCIA Xana		26:51.603 (13)	44:40.548	8:16.310
13	436	TAVIO ROMAN Cristina		28:36.437 (16)	45:52.834	9:28.596
14	437	BRISO NOVO Paula		28:59.032 (18)	46:06.028	9:41.790
15	290	ABALDE ORTEGA Iolanda		28:21.052 (14)	46:08.765	9:44.527
16	130	ABELEIRA CARBALLO Irene		24:17.172 (6)	46:31.632	10:07.394
17	282	LOPEZ FERNANDEZ María		29:40.634 (25)	46:39.789	10:15.551
18	181	VALCARCEL TOSCANO Isa		29:02.547 (19)	46:47.870	10:23.632
19	464	FERNAGUT Camille		28:31.213 (15)	46:50.883	10:26.645
20	431	PATTINSON Alice		28:57.906 (17)	46:52.085	10:27.847
21	432	TABOAS CARRERA Irene	CLUB ATLETISMO PORRIÑO	29:07.400 (21)	47:21.959	10:57.721
22	97	RODAL MALVIDO Loli		29:22.609 (23)	47:36.650	11:12.412
23	15	COLLAZO FERNANDEZ Lorena	C.A. VETERANOS DE SAMIL	29:05.197 (20)	47:42.891	11:18.653
24	394	VIDAL GONZALEZ Ana		29:28.352 (24)	47:45.371	11:21.133
25	188	ESPIÑO LOPEZ Rebeca		29:42.696 (26)	48:06.411	11:42.173
26	345	CABANELAS Celeste		29:20.898 (22)	48:35.085	12:10.847
27	334	DIAZ LOPEZ Rose Mary		30:48.085 (29)	49:46.155	13:21.917
28	115	CASTROSEIROS GONZALEZ Natalia	MÁIS QUE AUGA	30:22.820 (27)	49:46.855	13:22.617
29	226	MARTIN PALLES Andrea		31:32.571 (34)	50:10.846	13:46.608
30	132	VICENTE SANROMAN Alexandra		31:17.016 (32)	50:34.295	14:10.057
31	459	LARIÑO MORA Anai		31:09.437 (31)	50:52.972	14:28.734
32	169	CORCOBA GONZALEZ Andrea		30:39.695 (28)	51:13.669	14:49.431
33	419	IVANOVA Tetiana		30:53.665 (30)	51:26.555	15:02.317
34	93	CUEVAS Karen		31:33.062 (35)	51:28.436	15:04.198
35	421	VELOSO LOURIDO Lorena		31:31.259 (33)	51:28.496	15:04.258
36	481	GRAÑA SOTO Andrea		31:46.072 (37)	51:42.108	15:17.870
37	438	GONZALEZ COSTAS Nerea		32:10.304 (38)	52:10.695	15:46.457
38	159	VULCANO Sara		31:38.032 (36)	52:18.406	15:54.168
39	176	VALIENTE PICON Sara		32:54.181 (43)	52:58.646	16:34.408
40	216	SANTANA CABRAL Pilar	MÁIS QUE AUGA	32:29.477 (40)	53:18.918	16:54.680
41	332	RODRÍGUEZ FRANCISCO Uxía		32:49.890 (42)	53:32.638	17:08.400
42	333	GARCIA IGLESIAS Claudia		32:49.117 (41)	53:32.769	17:08.531
43	403	REGUEIRO LEMOS Sonia		32:19.634 (39)	53:46.660	17:22.422
44	327	ESTEVEZ ALONSO Marta		33:31.164 (45)	53:50.066	17:25.828
45	284	LOBOSAR MATANZAS Milena		33:23.897 (44)	54:01.318	17:37.080

CATEGORÍAS

Clf	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clf)	Tiempo	Diferencia
46	473	GOMEZ DIAZ Ana		33:40.704 (46)	55:02.402	18:38.164
47	183	CHAPARRO Claudia		34:38.452 (47)	56:46.180	20:21.942
48	286	VILLANUEVA FERNANDEZ Elena V.		35:02.641 (48)	57:46.496	21:22.258
49	433	PEREA GALVAN María Jimena		36:48.671 (49)	59:33.964	23:09.726
50	5	COSTA GARRIDO Alejandra	SOCIEDAD ATLÉTICA VAL MIÑOR	37:41.547 (50)	1h01:34.701	25:10.463
51	184	CID FERNANDEZ Patricia		38:13.540 (52)	1h02:18.168	25:53.930
52	237	ROSELLO CABELLO Beatriz	MÁIS QUE AUGA	38:10.539 (51)	1h03:28.911	27:04.673
53	490	ASENSIO VARELA Sara	MÁIS QUE AUGA	39:04.773 (53)	1h03:29.008	27:04.770

M1

1	338	GUTIERREZ GONZALEZ Carlos Enrique	CLUB DEPORTIVO DELIKIA	17:28.425 (1)	28:27.571	
2	79	BASTOS DASILVA Jose Alberto	ADN RUNNERS-TELMO PELUQUEROS F	17:55.918 (2)	29:12.043	44.472
3	67	OTERO AMOEDO Anxo		18:41.550 (4)	30:22.827	1:55.256
4	177	SOUSA DOMINGUEZ Adrian	GMTA CHUVONERS	18:37.049 (3)	30:33.467	2:05.896
5	364	GONZALEZ RAMIREZ Martin	CASTRELOS 20:30	19:36.838 (7)	31:45.229	3:17.658
6	361	VELOSO Jorge		19:32.362 (6)	31:49.954	3:22.383
7	198	MURIAS RODRIGUEZ Alejandro	RUN&TRI	19:43.827 (9)	31:56.842	3:29.271
8	298	PEREZ MISA Jose Antonio		19:24.651 (5)	31:59.494	3:31.923
9	372	MORGADANES PEREZ Adrián	GMTA CHUVONERS	19:51.088 (11)	32:00.407	3:32.836
10	340	MOREIRA NOVAS Alberto		19:42.346 (8)	32:06.885	3:39.314
11	80	RODRIGUEZ GALLEGO Alberto Jose	CASTRELOS 20:30	20:12.111 (12)	32:19.275	3:51.704
12	318	ALONSO GONZALEZ André		19:44.690 (10)	32:21.264	3:53.693
13	319	GONZALEZ BORGES Marcos		20:22.940 (14)	32:53.235	4:25.664
14	336	LOPEZ MARTINEZ Jose	X-ONE	20:18.300 (13)	33:22.556	4:54.985
15	38	RODRIGUEZ FERREIRO Miguel	BURGAS ATLETISMO OURENSE	20:47.315 (15)	34:07.835	5:40.264
16	171	FERNANDEZ MARTINEZ Ángel		21:05.783 (18)	34:25.610	5:58.039
17	71	MAQUIEIRA PEREIRA Adrián	CLUB DEPORTIVO DELIKIA	20:51.509 (17)	34:27.597	6:00.026
18	343	ROA Jesús	G.E. GKN INDUGASA	20:51.017 (16)	34:34.576	6:07.005
19	470	ALONSO MARTINEZ Santiago	BOXX004 VIGO	22:11.712 (22)	35:43.398	7:15.827
20	266	MORAIS ALONSO David		22:36.814 (28)	35:57.807	7:30.236
21	105	COSTAS BARCIA Diego	MÁIS QUE AUGA	22:29.104 (26)	36:00.211	7:32.640
22	6	RIVERA GUILLADE Martín		22:01.963 (20)	36:05.000	7:37.429
23	302	ABREU GARCIA Julio	ADN RUNNERS-TELMO PELUQUEROS F	22:08.946 (21)	36:21.320	7:53.749
24	388	LOPEZ ALONSO Pablo		21:19.029 (19)	36:38.136	8:10.565
25	200	SERGIENKO Aleksei		22:21.860 (25)	36:43.230	8:15.659
26	365	SOLIÑO FERNANDEZ Diego		22:31.658 (27)	36:43.713	8:16.142
27	104	CRICKMORE Sebastian	GMTA CHUVONERS	22:20.455 (24)	36:45.679	8:18.108
28	418	RODRIGUEZ FLORES Marco Antonio		22:15.978 (23)	36:46.975	8:19.404
29	393	CRUZ DOMINGUEZ Aram		22:58.187 (29)	37:11.900	8:44.329
30	211	VYNOHRADOV Andrii		23:23.712 (31)	37:41.437	9:13.866
31	331	RODRIGUEZ DOVALE Toni		23:59.195 (36)	37:46.360	9:18.789
32	461	FILGUEIRAS LOPEZ Óscar		22:58.587 (30)	38:06.140	9:38.569
33	465	LUMBRERAS DE LARA Diego	BIKILA	23:25.939 (32)	38:43.562	10:15.991
34	510	LOZANO SAURA Miguel Angel	BOXX004 VIGO	23:30.650 (34)	38:44.951	10:17.380
35	484	GARCIA LOSAS Alejandro		23:28.634 (33)	38:47.812	10:20.241

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Clf	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clf)	Tiempo	Diferencia
36	270	VAZQUEZ GONZALEZ Javier	MÁIS QUE AUGA	23:52.985 (35)	39:13.181	10:45.610
37	14	BARREIRO VALLS Pedro	C.A. VETERANOS DE SAMIL	24:03.508 (37)	39:26.312	10:58.741
38	13	ANGUITA MASCHERPA Federico	C.A. VETERANOS DE SAMIL	24:05.710 (38)	39:26.433	10:58.862
39	400	MENDEZ ROMERO Yeray		24:12.533 (39)	39:27.727	11:00.156
40	168	DOPORTO LOPEZ Yeray		24:20.712 (40)	39:28.231	11:00.660
41	443	FERNANDEZ ESTEVEZ Victor	ATLETISMO PORRIÑO	24:31.750 (41)	40:04.582	11:37.011
42	174	SOTELO LORENZO Daniel		24:33.790 (42)	40:13.252	11:45.681
43	277	VILLAVERDE PATIÑO Yago		24:51.391 (43)	40:19.119	11:51.548
44	472	CASTROSEIROS GONZALEZ David	MÁIS QUE AUGA	25:02.570 (47)	40:27.515	11:59.944
45	439	ALVAREZ DIAZ Jaime		25:19.797 (49)	40:37.788	12:10.217
46	96	FERNANDEZ MARIÑO Óscar		25:00.419 (46)	40:38.994	12:11.423
47	428	SOBRINO RODRIGUEZ Roberto		24:55.822 (44)	40:50.094	12:22.523
48	195	COSTAS RODRIGUEZ Marcos		24:59.290 (45)	41:26.436	12:58.865
49	207	SUAREZ FERNANDEZ Esteban		25:24.320 (52)	41:30.096	13:02.525
50	320	BLANCO ABOLLO Pablo		25:56.782 (56)	41:31.944	13:04.373
51	32	FERNANDEZ CERZON Daniel	C.A. VETERANOS DE SAMIL	25:56.922 (57)	41:45.418	13:17.847
52	219	VILLARRUEL Rodrigo Nicolas		25:53.758 (55)	41:49.359	13:21.788
53	407	MARTIN PALOMARES Ruben		25:49.562 (53)	41:59.704	13:32.133
54	90	CABEZAS COSTAS Alejandro		25:20.712 (50)	42:01.057	13:33.486
55	19	DIAZ BARBARA Santiago	C.A. VETERANOS DE SAMIL	25:21.227 (51)	42:06.101	13:38.530
56	314	LAGO FUENTES Alberto		25:18.789 (48)	42:15.245	13:47.674
57	294	SULBARAN VIDAL Jesús Manuel		25:52.966 (54)	42:38.261	14:10.690
58	496	SOTO MOURIÑO David		26:58.797 (62)	43:27.446	14:59.875
59	495	GRANDE PEREZ David		26:59.664 (63)	43:28.326	15:00.755
60	485	FERREIRA Pablo		26:56.196 (60)	44:03.997	15:36.426
61	337	SEARA Samuel	MÁIS QUE AUGA	26:57.790 (61)	44:20.349	15:52.778
62	221	BECK Joe		27:31.540 (65)	44:30.968	16:03.397
63	35	RODRIGUEZ ALONSO Saúl		27:32.454 (66)	44:39.148	16:11.577
64	291	BALTAR LOSADA Miguel	MÁIS QUE AUGA	27:20.313 (64)	44:40.283	16:12.712
65	164	COSTAS RODRIGUEZ Adrián		26:29.125 (59)	45:16.089	16:48.518
66	127	RIVAS ALONSO Adrián		26:27.837 (58)	45:34.890	17:07.319
67	430	SOBRINO VIUDEZ Jorge		28:01.984 (67)	46:20.010	17:52.439
68	182	ALONSO MORA Edu		29:03.953 (68)	47:07.271	18:39.700
69	98	MOBILI Bruno	MÁIS QUE AUGA	29:31.798 (70)	47:40.131	19:12.560
70	139	SANCHEZ LOSADA Iago		30:07.234 (76)	47:55.172	19:27.601
71	468	DA SILVA PAIVA Nuno André		29:39.416 (71)	48:04.852	19:37.281
72	311	COUSO FONTANILLO Carlos		29:56.431 (72)	48:20.692	19:53.121
73	471	PEREIRA FARALDO Luka		30:16.773 (78)	48:22.291	19:54.720
74	460	GONZALEZ GARCIA Uriel		30:16.047 (77)	48:23.366	19:55.795
75	259	MORAIS ALONSO Borja		29:58.306 (73)	48:37.905	20:10.334
76	126	RODRIGUEZ DOMINGUEZ Hugo		29:29.711 (69)	48:43.502	20:15.931
77	449	FERNANDEZ GARRIDO Manuel Alejandro		30:03.977 (75)	48:48.092	20:20.521
78	262	BOLAÑO CABIDO Adrián		29:58.657 (74)	48:57.805	20:30.234
79	150	TATAR Mert		30:38.548 (80)	49:20.492	20:52.921
80	448	GONZALEZ MANJON Pablo		30:21.372 (79)	49:44.216	21:16.645
81	88	LORENZO VILLANUEVA Esteban		33:23.546 (82)	53:42.437	25:14.866
82	483	PEREIRA LOPEZ Miguel		35:51.531 (83)	55:40.960	27:13.389

CATEGORÍAS

Clf	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clf)	Tiempo	Diferencia
83	285	OJEA PEREZ Miguel		33:21.837 (81)	55:41.899	27:14.328
84	185	ALFAYA BLANCO Rubén		38:13.750 (84)	1h02:18.170	33:50.599
85	489	VAZQUEZ MAYO Javier	MÁIS QUE AUGA	39:03.180 (85)	1h03:31.609	35:04.038
86	109	CASTIÑEIRA MAX Roberto		42:39.627 (87)	1h06:59.091	38:31.520
87	89	BARROS LOPEZ Israel		42:39.532 (86)	1h07:09.267	38:41.696

F2

1	391	FREAZA OTERO Sofia	COMESAÑA SPORTING CLUB	22:17.525 (1)	35:50.428	
2	379	VILLALBA BARRIOS Delia	COMESAÑA SPORTING CLUB	22:40.118 (2)	36:55.040	1:04.612
3	295	RODRIGUEZ OLIVEIRA Rocío	ATHLETICS FISIOTERAPIA SAN LÁZ	23:21.860 (3)	37:32.914	1:42.486
4	399	SMPEDRO Julia	MÁIS QUE AUGA	23:44.899 (5)	38:28.954	2:38.526
5	106	MOREU PEREIRA-BORRAJO Beatriz	CLUB DEPORTIVO DELIKIA	23:33.532 (4)	38:54.461	3:04.033
6	28	RODRIGUEZ LOPEZ Belén	CLUB DEPORTIVO DELIKIA	25:38.453 (7)	41:16.127	5:25.699
7	39	PEREZ GONZALEZ Elena	BURGAS ATLETISMO OURENSE	25:23.547 (6)	41:34.868	5:44.440
8	271	MARTINEZ COMESAÑA Lucía	C.A.R. MARISQUEIRO	25:42.203 (8)	41:49.205	5:58.777
9	344	PRIETO RODRIGUEZ Tahia		26:19.984 (10)	42:46.366	6:55.938
10	9	FERNANDEZ MOSQUERA Raquel		26:07.938 (9)	42:51.879	7:01.451
11	162	ALONSO PARENTE Patricia	BIKILA	26:28.703 (11)	42:52.095	7:01.667
12	2	AMIL Christin		27:06.626 (12)	44:24.843	8:34.415
13	192	ZAPATA RODRIGUEZ Raquel	C.A.R. MARISQUEIRO	27:16.634 (13)	44:27.099	8:36.671
14	466	ROMERO MARTINEZ Mónica	FRUTAS NIEVES	27:22.516 (14)	44:56.168	9:05.740
15	429	ZARAIKA Iuliia		28:17.172 (15)	46:20.045	10:29.617
16	378	CERES VEGA LEAL Carmen	ATHLETICS FISIOTERAPIA SAN LÁZ	29:10.000 (16)	46:29.190	10:38.762
17	72	GARCIA TORRICO Dolly	MÁIS QUE AUGA	30:18.392 (22)	46:55.410	11:04.982
18	253	PEREZ RODRIGUEZ Elisa		29:13.517 (17)	47:04.306	11:13.878
19	457	OTERO FUERTES Paz		29:57.063 (18)	48:10.342	12:19.914
20	75	SARABIA VIDAL Montse		29:59.931 (19)	48:35.232	12:44.804
21	66	SORDO GARCIA Maria Teresa	TANINOS RUNNERS	30:07.939 (21)	49:09.414	13:18.986
22	235	SOUTO MARTINEZ Isabel		30:05.782 (20)	49:39.173	13:48.745
23	299	VAZQUEZ MAYO Monica	MÁIS QUE AUGA	30:46.637 (24)	49:44.215	13:53.787
24	405	FERNANDEZ PAZO Paula		30:25.329 (23)	49:45.874	13:55.446
25	196	PAZ OLIVEIRA Natalia	MÁIS QUE AUGA	30:47.054 (25)	50:09.533	14:19.105
26	384	CARRILLO LORENZO Lucía		31:03.814 (27)	50:25.634	14:35.206
27	458	CARRO FEAS Rosario		31:26.572 (29)	50:55.189	15:04.761
28	204	PEREZ PEREIRAS Victoria		31:00.133 (26)	50:59.855	15:09.427
29	42	ARNOSO MOURE Lydia		31:21.742 (28)	51:09.355	15:18.927
30	441	CARNERO LLAUGER Maria	BIKILA	32:22.094 (30)	51:09.956	15:19.528
31	251	IBARRETXE MARTINEZ Arantzazu	L@S INSENSAT@S	32:35.712 (32)	52:52.999	17:02.571
32	205	POMBO CHAPELA Lucia	MÁIS QUE AUGA	32:28.587 (31)	53:18.917	17:28.489
33	215	DA VEIGA ALVAREZ Marta		32:53.148 (33)	53:57.330	18:06.902
34	296	ORS ROIG Cristina	MÁIS QUE AUGA	33:29.243 (34)	54:21.138	18:30.710
35	363	RECAMAN MIGUEZ Shirley		34:24.577 (36)	55:19.992	19:29.564
36	227	GIL JANEIRO Yoli	MÁIS QUE AUGA	34:04.563 (35)	56:02.106	20:11.678
37	354	GARCIA ALONSO Bea		35:18.272 (37)	57:53.443	22:03.015
38	434	PEREZ RODRIGUEZ Alba		37:09.696 (38)	1h01:38.709	25:48.281

CATEGORÍAS

Cl	Dor.	Apellidos y nombre	Equipo	Inter 1 (Cl)	Tiempo	Diferencia
M2						
1	462	BARGIELA ARAUJO Daniel	BIKILA	17:27.722 (1)	28:38.831	
2	46	FORTES MONTENEGRO Ricardo	TANINOS RUNNERS PONTEAREAS	17:58.003 (2)	29:18.171	39.340
3	233	PEREZ Ruben		18:11.668 (3)	30:12.249	1:33.418
4	161	VAZQUEZ PAVON Roberto	TANINOS RUNNERS	19:01.636 (4)	31:03.532	2:24.701
5	426	SIERRA PORTO Víctor		19:56.671 (6)	32:22.815	3:43.984
6	355	LIEBANAS MENDEZ Antonio	ATLETISMO BAIONA	19:29.245 (5)	32:41.568	4:02.737
7	497	PENA PEREIRA Francisco Javier	C.S.R. BEADE	20:03.978 (7)	32:42.915	4:04.084
8	435	OTERO RAMIREZ Alejandro	ATHLETICS FISIOTERAPIA SAN LÁZ	20:17.783 (9)	32:55.668	4:16.837
9	178	ROMERO VAZQUEZ Manuel		20:13.235 (8)	33:22.490	4:43.659
10	101	FERREIRA LAREDO David	CASTRELOS KM.0	20:37.986 (11)	33:36.899	4:58.068
11	252	GARCIA FERNANDEZ Esteban	MÁIS QUE AUGA	20:30.651 (10)	33:43.097	5:04.266
12	31	MARTINEZ PEREIRA Víctor Manuel	CASTRELOS 20:30	21:21.276 (15)	34:32.456	5:53.625
13	328	ROA MENDEZ Neftalí		20:58.681 (12)	34:36.797	5:57.966
14	420	CASTRO PEREZ Jorge	ASOCIACIÓN DEPORTIVA C.A.R.	21:15.650 (14)	34:38.876	6:00.045
15	356	HERNANDEZ CAMPOS Borja	MÁIS QUE AUGA	21:11.315 (13)	34:41.091	6:02.260
16	392	BARREIRO RUIBAL Matias	CLUB DEPORTIVO PINARIUM	21:23.971 (17)	34:50.937	6:12.106
17	107	ALVAREZ FERNANDEZ Francisco		21:23.127 (16)	34:58.491	6:19.660
18	145	FERNANDEZ GRADIN David	G.E. GKN INDUGASA	21:26.900 (18)	35:15.377	6:36.546
19	324	CONEJERO JORDAN Borja	ATLETISMO BAIONA	21:40.026 (19)	35:30.557	6:51.726
20	213	ALONSO FDEZ Alberto		22:03.909 (21)	35:34.353	6:55.522
21	454	MIRANDA VIEITO José Manuel	ATHLETICS FISIOTERAPIA SAN LÁZ	21:55.774 (20)	36:02.857	7:24.026
22	56	COUCE SENRA Óscar		22:32.524 (22)	36:14.299	7:35.468
23	310	COMESAÑA SAA Daniel	L@S INSENSAT@S	22:38.078 (23)	36:20.518	7:41.687
24	12	TIZON FREIRIA Germán		22:52.492 (28)	37:00.040	8:21.209
25	469	ANGEL CARRERAS Juan Manuel	G.E. GKN INDUGASA	23:13.000 (35)	37:05.435	8:26.604
26	362	CARRASCO Rubén		22:44.478 (26)	37:10.720	8:31.889
27	402	SANMARCO VIDAL Manuel	CASTRELOS KM.0	22:59.923 (29)	37:12.039	8:33.208
28	149	FERREIRO DEAÑO Alfredo	CLUB DEPORTIVO AURUM	22:44.152 (25)	37:13.880	8:35.049
29	342	PEREZ PORTELA Yago		23:03.250 (31)	37:16.355	8:37.524
30	25	GONZALEZ Uii		23:45.954 (41)	37:21.091	8:42.260
31	352	CAMBRA DOMINGUEZ Alejandro		23:15.273 (36)	37:24.134	8:45.303
32	305	FERNANDEZ FERNANDES Miguel	RUN&TRI	22:43.164 (24)	37:26.723	8:47.892
33	175	CUNTIN GOMEZ Anton	MÁIS QUE AUGA	23:04.164 (32)	37:27.131	8:48.300
34	377	FERNANDES REI Leonardo	ATHLETICS FISIOTERAPIA SAN LÁZ	23:19.680 (38)	37:32.455	8:53.624
35	348	ALVAREZ Antonio		23:12.391 (34)	37:36.160	8:57.329
36	3	CABACO CAMPOS José Manuel		22:50.079 (27)	37:40.700	9:01.869
37	10	MONTOTO PEREIRA German	C.A.R. MARISQUEIRO	23:02.595 (30)	37:42.712	9:03.881
38	4	MARTINEZ VENTIN Xavier Leiro	C.A. VETERANOS DE SAMIL	23:15.460 (37)	37:55.669	9:16.838
39	190	HEREDIA David	BORGWARNER	23:12.180 (33)	38:04.740	9:25.909
40	250	FERNANDEZ DA SILVA Marcial	L@S INSENSAT@S	23:43.656 (39)	38:19.633	9:40.802
41	187	COSTAS Santiago		24:14.970 (49)	38:23.034	9:44.203
42	163	PECES GARCIA Uge	C.A.R. MARISQUEIRO	23:44.245 (40)	38:25.695	9:46.864
43	487	RODRIGUEZ CASTRO Javier		23:47.408 (42)	38:31.961	9:53.130
44	170	ORDAX ALVAREZ Jose Antonio		24:00.952 (47)	38:59.901	10:21.070
45	346	ALONSO ALVAREZ Jose Carlos	ATHLETICS FISIOTERAPIA SAN LÁZ	23:56.828 (45)	39:00.736	10:21.905
46	172	GOBERNA COMESAÑA Iván		23:49.117 (43)	39:02.402	10:23.571

CATEGORÍAS

Clf	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clf)	Tiempo	Diferencia
47	444	VEGA GARCIA Antonio Manuel		23:49.563 (44)	39:13.523	10:34.692
48	186	MAYO Marcos	RUN&TRI	24:24.509 (51)	39:19.518	10:40.687
49	409	RODRIGUEZ BERNARDEZ Alejandro		24:32.078 (52)	39:21.815	10:42.984
50	59	NAVIA IGLESIAS Ruben		24:07.798 (48)	39:26.893	10:48.062
51	119	SALO BENITO Javier	RUNNING SOLITA	23:58.260 (46)	39:29.577	10:50.746
52	493	RODRIGUES DA SILVA Vítor F.	CLUB TRIATLÓN MAR DE VIGO	24:44.453 (54)	39:33.336	10:54.505
53	455	FONTANS Marcos	ATLETISMO CUNTIS	24:56.407 (56)	39:36.933	10:58.102
54	41	LOUREIRO RODRIGUEZ Santiago		24:21.766 (50)	39:50.593	11:11.762
55	417	FONTAN David	MUÑECOS RUNNING	24:48.719 (55)	40:15.157	11:36.326
56	116	RODRIGUEZ COLLAZO Jacobo		25:12.110 (60)	40:41.004	12:02.173
57	408	MARTINEZ Iago	VIGOENTRENA	25:28.445 (64)	40:48.942	12:10.111
58	317	GUERRA LOPEZ Eduardo	VIGOENTRENA	25:22.821 (62)	40:58.000	12:19.169
59	155	TORRES TABOAS Manuel		25:25.117 (63)	40:59.820	12:20.989
60	43	BARREIRO GOMEZ Hugo		25:03.671 (58)	41:12.143	12:33.312
61	467	PANADERO BLANCO Óscar	FRUTAS NIEVES	25:31.587 (67)	41:14.098	12:35.267
62	108	ESTEVEZ BOUZA Borja		25:01.540 (57)	41:16.186	12:37.355
63	425	GARCIA DE LA CRUZ Roberto	MÁIS QUE AUGA	25:29.642 (65)	41:20.425	12:41.594
64	387	CAMESELLE ROMAN Julio		24:43.352 (53)	41:22.813	12:43.982
65	381	MARTINEZ BALLESTEROS Víctor Hugo		25:08.782 (59)	41:26.315	12:47.484
66	131	TORRES Matias		25:59.078 (69)	41:38.364	12:59.533
67	491	DOCET CAAMAÑO Francisco		25:30.720 (66)	41:47.279	13:08.448
68	297	ALVAREZ SIMON Alberto		26:21.391 (73)	42:18.521	13:39.690
69	137	GONZALEZ FERNANDEZ Jose	MÁIS QUE AUGA	26:20.572 (72)	42:20.064	13:41.233
70	191	GARCIA VILLANUEVA Jose Eugenio		26:10.682 (70)	42:20.924	13:42.093
71	424	DOMINGUEZ VILLAVERDE Juan Carlos		25:19.306 (61)	42:24.740	13:45.909
72	307	RUIZ Javier		26:22.681 (74)	42:30.241	13:51.410
73	125	DOMINGUEZ SIMONS Jaime		26:32.829 (79)	42:35.378	13:56.547
74	315	PINO MAGALLANES Miguel		26:19.047 (71)	42:46.146	14:07.315
75	358	RODRIGUEZ RODRIGUEZ Adolfo		25:45.300 (68)	42:46.605	14:07.774
76	486	BECEIRO CAMESELLE Dani	MUÑECOS RUNNING	26:45.298 (81)	43:02.528	14:23.697
77	292	PARRA SERRANO Manuel Alejandro	MÁIS QUE AUGA	26:24.251 (75)	43:08.920	14:30.089
78	300	SANMARTIN GONZALEZ Victoriano	MÁIS QUE AUGA	26:27.344 (77)	43:08.968	14:30.137
79	395	ACUÑA LOPEZ Iago		26:29.759 (78)	43:16.266	14:37.435
80	247	CUÑARRO ROMERO Enrique	X-ONE	27:21.791 (85)	43:37.965	14:59.134
81	492	ABRALDES CASTRO Miguel		26:39.602 (80)	43:40.806	15:01.975
82	180	COSTAS COSTAS Angel	METROPILITAN	27:00.509 (83)	43:44.041	15:05.210
83	68	REGATOS GOMEZ Roberto		28:11.734 (95)	43:55.521	15:16.690
84	309	DEL REY PEREZ Eduardo		28:02.851 (90)	44:01.086	15:22.255
85	385	ALONSO DELTELL Enrique		28:06.462 (94)	44:08.619	15:29.788
86	376	PEREIRA IBAÑEZ Sergio		26:26.338 (76)	44:25.485	15:46.654
87	260	RODRIGUEZ PLANA Alejandro		27:54.110 (89)	44:37.809	15:58.978
88	427	PIÑEIRO PESO César		27:16.095 (84)	44:43.068	16:04.237
89	357	BERNARDEZ GARCIA Javier		28:03.134 (91)	44:45.842	16:07.011
90	74	SEBASTIAN LAGO Alejandro		27:29.853 (86)	45:06.707	16:27.876
91	499	RIVERA CANICOBA Alberto		27:49.703 (88)	45:07.821	16:28.990
92	157	CAMPO RODRIGUEZ Iván		26:57.274 (82)	45:22.788	16:43.957
93	475	LOPEZ FUENTES Guillermo		27:43.822 (87)	45:45.659	17:06.828

CATEGORÍAS

Cl	Dor.	Apellidos y nombre	Equipo	Inter 1 (Cl)	Tiempo	Diferencia
94	236	RADA Iago		28:29.059 (97)	45:54.350	17:15.519
95	369	RODAL FRAGA Carlos		28:40.539 (98)	46:25.810	17:46.979
96	293	CARPACHO BARREDO Miguel Ángel		28:28.188 (96)	46:27.088	17:48.257
97	223	MARTIN PALLES Marco Alexio	VIGOENTRENA	29:41.734 (103)	46:50.330	18:11.499
98	229	RAMOS CASTELLANO David	GTR GALAICO TRAIL RUN	28:47.453 (100)	47:02.650	18:23.819
99	222	DOMINGUEZ GROBA Javier		28:04.914 (92)	47:04.683	18:25.852
100	102	SEOANE GIL Adrian		28:05.969 (93)	47:24.292	18:45.461
101	414	SANCHO CARNEIRO Daniel		28:44.688 (99)	47:27.462	18:48.631
102	478	CIGES REGUEIRO José Manuel		30:23.735 (107)	47:30.685	18:51.854
103	390	GONZALEZ ABELLEIRA Marcos		29:17.314 (101)	47:33.987	18:55.156
104	463	ZUNZUNEGUI GARRIDO Noé	AGRUPACION VIGUESA DE ATLETISM	30:10.213 (106)	47:36.253	18:57.422
105	83	LEDO MARTINEZ Daniel		29:43.422 (104)	49:07.726	20:28.895
106	288	ALONSO CARRERA Daniel		29:53.196 (105)	49:09.605	20:30.774
107	29	HERNANDEZ GRAÑA Juan Carlos		30:40.540 (110)	49:22.314	20:43.483
108	287	COUSO Alberto		30:44.148 (111)	49:44.014	21:05.183
109	54	JUNCAL Eduardo		29:39.138 (102)	49:44.334	21:05.503
110	203	MARTINEZ BRION Jorge		30:30.228 (108)	50:04.130	21:25.299
111	103	RODRIGUEZ CID Fernando	CIBUS TEAM	30:45.156 (112)	50:27.306	21:48.475
112	8	SAURA ALVAREZ Pablo		31:10.611 (113)	50:43.037	22:04.206
113	276	VERAZA Cristian	MÁIS QUE AUGA	31:20.431 (114)	51:00.676	22:21.845
114	445	ALONSO RODRIGUEZ Delfin		30:37.258 (109)	51:15.235	22:36.404
115	416	GRAZIANI FONTICIELHA Rodrigo		33:03.390 (116)	52:57.251	24:18.420
116	368	DESTAR GONZALEZ Abel	BIKILA	32:44.196 (115)	53:42.758	25:03.927
117	321	ESTEVEZ GONZALEZ José Antonio	CLUB TRIATLÓN MAR DE VIGO	39:58.305 (117)	1h06:45.417	38:06.586

F3

1	450	GALLINAR FERNANDEZ Mónica	ATHLETICS FISIOTERAPIA SAN LÁZ	23:27.767 (1)	38:14.753	
2	413	LEMAT CABRAL María Belén	CLUB TRIATLON CIDADE DE LUGO F	26:00.907 (2)	42:24.346	4:09.593
3	280	RIVERA VAZQUEZ Noelia	ATHLETICS FISIOTERAPIA SAN LÁZ	26:07.470 (3)	42:36.848	4:22.095
4	228	GONZALEZ CASAL Alejandra	VIGOENTRENA	26:48.554 (4)	43:34.841	5:20.088
5	323	CANABAL VILLAVERDE Estrella	C.A.R. MARISQUEIRO	28:29.290 (5)	45:45.150	7:30.397
6	231	RIVERA DOBAO Pilar	MÁIS QUE AUGA	28:35.172 (6)	46:10.690	7:55.937
7	261	FERNANDEZ SUAREZ Irma		30:08.523 (7)	48:53.132	10:38.379
8	480	LOPEZ REIS Julia		30:43.775 (9)	49:19.082	11:04.329
9	224	GONZALEZ GONZALEZ María Elena	MÁIS QUE AUGA	30:17.384 (8)	49:46.734	11:31.981
10	359	VIÑAS ROMERO Silvia	BIKILA	32:23.313 (12)	51:10.072	12:55.319
11	246	FERNANDEZ RUIZ Maite	MÁIS QUE AUGA	31:13.843 (10)	51:44.958	13:30.205
12	225	ENDRESS Eva	CASTRELOS 20:30	31:34.544 (11)	51:45.495	13:30.742
13	135	MOSQUERA RODRIGUEZ Ana		32:37.375 (14)	52:20.376	14:05.623
14	248	ALVAREZ COMESAÑA Monica	ATHLETICS FISIOTERAPIA SAN LÁZ	32:32.593 (13)	53:29.697	15:14.944
15	329	GONZALEZ BLAS Cristina		33:14.336 (15)	54:09.739	15:54.986
16	179	RODRIGUEZ IGLESIAS Ana	MÁIS QUE AUGA	34:05.290 (16)	56:02.294	17:47.541
17	330	GONZALEZ RODRIGUEZ Alba		35:04.796 (17)	57:23.341	19:08.588
18	117	GONZALEZ MERA Regina	MÁIS QUE AUGA	38:12.720 (18)	1h01:58.486	23:43.733

CATEGORÍAS

Cl	Dor.	Apellidos y nombre	Equipo	Inter 1 (Cl)	Tiempo	Diferencia
M3						
1	452	PRIETO DE LA IGLESIA Manuel	ATHLETICS FISIOTERAPIA SAN LÁZ	18:59.058 (1)	30:57.803	
2	267	BURGOS REY José Antonio	ATLETISMO PORRIÑO	19:43.829 (2)	31:52.328	54.525
3	140	FERNANDEZ MONZON Marcos	C.S.R. BEADE	20:03.182 (3)	32:24.170	1:26.367
4	111	BARREIRO PEREIRA Xosé Antón	SOCIEDAD DEPORTIVA COMPOSTELA	20:09.955 (4)	32:56.514	1:58.711
5	308	AMOEDO GIMENEZ Anton	ASOCIACIÓN DEPORTIVA C.A.R.	20:18.980 (6)	33:04.760	2:06.957
6	141	FERNANDEZ DE TORO Manuel	C.A. VETERANOS DE SAMIL	20:17.295 (5)	33:41.840	2:44.037
7	36	COSTAS COSTAS Miguel	MÁIS QUE AUGA	20:55.284 (7)	34:15.177	3:17.374
8	306	RODRIGUEZ BOLIBAR Ernesto	CASTRELOS 20:30	21:16.452 (8)	34:29.011	3:31.208
9	234	GAGO SANCHEZ Antolín		21:29.829 (9)	34:35.297	3:37.494
10	134	PAZ RODRIGUEZ Juan	CASTRELOS 20:30	21:31.587 (10)	35:25.190	4:27.387
11	51	SIO FERNANDEZ Ruben		21:44.056 (11)	35:36.812	4:39.009
12	500	ALVAREZ-BUYLLA DE LA UZ Julio	VELAS MARATON	21:49.658 (12)	35:40.997	4:43.194
13	451	VALLE CASTELO Juan Manuel		22:05.196 (13)	35:47.853	4:50.050
14	279	BERNARDEZ MACIA Santiago	MÁIS QUE AUGA	22:27.883 (16)	35:59.230	5:01.427
15	254	ESTEVEZ ALONSO Carlos Javier	CASTRELOS KM.0	22:23.196 (14)	36:07.127	5:09.324
16	410	PICO PITA Jose Luis	CASTRELOS 20:30	22:23.711 (15)	36:07.210	5:09.407
17	488	ALBA Miguel	CASTRELOS KM.0	22:36.041 (17)	36:07.770	5:09.967
18	166	PEREZ BLANCO Pablo	CLUB DEPORTIVO DELIKIA	23:17.148 (18)	37:42.710	6:44.907
19	339	CAMPOS ABALDE Antonio	CASTRELOS KM.0	23:32.758 (20)	37:55.613	6:57.810
20	256	COUSIÑO SENDIN José Manuel	CASTRELOS KM.0	23:34.306 (21)	37:55.768	6:57.965
21	453	SABINO PORTO Alfonso		23:31.258 (19)	38:33.653	7:35.850
22	128	ARIAS COSTAS Eduardo		23:38.664 (22)	39:11.556	8:13.753
23	114	VAZQUEZ RODRIGUEZ Anxo		24:19.751 (23)	39:45.378	8:47.575
24	144	PEITEADO RUIZ Guillermo		25:07.657 (25)	40:31.827	9:34.024
25	263	DAVILA BUGARIN Salva		25:36.485 (32)	40:31.953	9:34.150
26	60	ALONSO BALLESTEROS Javier		25:14.260 (27)	40:41.478	9:43.675
27	456	VILLANUEVA AREAL Dito	RUNNING LUSEKELO	25:21.625 (29)	40:45.458	9:47.655
28	278	FERRO NUÑEZ Javier	ATHLETICS FISIOTERAPIA SAN LÁZ	25:13.235 (26)	40:45.779	9:47.976
29	406	AMOEDO AGULLA Carlos	G.E. GKN INDUGASA	24:34.984 (24)	40:54.142	9:56.339
30	447	TABOAS SILVA José Antonio		25:25.797 (30)	41:03.303	10:05.500
31	202	FREIRE PIÑEIRO Jose Manuel	MÁIS QUE AUGA	25:46.328 (33)	41:06.097	10:08.294
32	142	FIRVIDA DIZ Pedro	C.A. VETERANOS DE SAMIL	25:26.828 (31)	41:14.983	10:17.180
33	33	RODILLA Iván		25:18.273 (28)	41:36.045	10:38.242
34	412	PIÑEIRO RODRIGUEZ Carlos	CLUB TRIATLON CIDADE DE LUGO F	25:54.202 (35)	41:42.143	10:44.340
35	396	DIAZ DIAZ Jose Luis	C.A. VETERANOS DE SAMIL	25:50.290 (34)	42:05.563	11:07.760
36	325	HERRERO MENA Gonzalo	VIGOENTRENA	26:42.766 (39)	42:14.219	11:16.416
37	322	BARREIRO BARREIRO Benigno	ATHLETICS AVENTURA XTREM	26:06.532 (37)	42:35.064	11:37.261
38	397	DE LA CRUZ DE LA ROSA Antonio	C.A. VETERANOS DE SAMIL	26:05.617 (36)	42:38.725	11:40.922
39	69	BARROSO GONZALEZ Antonio	C.A.R. MARISQUEIRO	26:14.265 (38)	42:51.207	11:53.404
40	249	BENAVIDES HERNANDEZ Fernando	ATHLETICS FISIOTERAPIA SAN LÁZ	27:00.041 (42)	43:45.003	12:47.200
41	62	LORENZO COMESAÑA Juan Manuel		26:43.517 (40)	44:01.528	13:03.725
42	158	ALVAREZ Andrés		26:47.829 (41)	44:17.282	13:19.479
43	268	CASTEJON OTERO Jaime		27:23.689 (43)	44:19.407	13:21.604
44	477	MARTINEZ LOSADA Jaime Carlos	RUNNING LUSEKELO	27:56.572 (45)	44:36.968	13:39.165
45	370	PRIETO CHAPELLIN José Ramón		27:53.051 (44)	44:36.988	13:39.185
46	245	GONCALVES ROLO Alvaro	MÁIS QUE AUGA	27:57.321 (46)	44:45.129	13:47.326

CATEGORÍAS

Cl	Dor.	Apellidos y nombre	Equipo	Inter 1 (Cl)	Tiempo	Diferencia
47	123	GONZALEZ MARTINEZ Fernando		28:22.398 (48)	45:41.329	14:43.526
48	232	PARDO PARDO Daniel	MÁIS QUE AUGA	28:35.384 (50)	46:11.048	15:13.245
49	335	CARPINTERO DOMINGUEZ Julio	C.A. VETERANOS DE SAMIL	29:01.822 (51)	46:13.111	15:15.308
50	283	MANEIRO OTERO Guillermo	C.A. CAMBADOS - SEGUROS NOVAL	28:30.626 (49)	46:19.542	15:21.739
51	243	GUAMA MENA Patricio		28:10.212 (47)	46:21.165	15:23.362
52	206	TIENDA CASTRO Daniel		29:18.273 (53)	46:54.429	15:56.626
53	153	MARTÍNEZ GÓMEZ Francisco	GALLAECIA JASTANDOSAPATILLA	29:08.266 (52)	47:13.003	16:15.200
54	411	GAGGILOLO Guillermo	MÁIS QUE AUGA	29:41.314 (55)	48:19.532	17:21.729
55	476	LAMAS PEREZ Eduardo		29:40.168 (54)	48:35.874	17:38.071
56	316	CORES FIGUEIREDO Ángel		30:44.266 (56)	49:43.215	18:45.412
57	351	ALVAREZ CASTRO Juan José (Xohán)		30:49.281 (57)	49:54.946	18:57.143
58	129	RODRIGUEZ OLLEROS Roberto		31:39.322 (58)	51:29.694	20:31.891
59	167	VAZQUEZ FERRO Germán		32:20.923 (59)	51:38.210	20:40.407
60	147	SG Chicho		33:31.633 (60)	54:00.230	23:02.427
61	301	FERNANDEZ GONZALEZ José Manuel	MÁIS QUE AUGA	33:47.851 (61)	54:21.860	23:24.057
62	78	GANDARA BOUZA Alejandro	CASTRELOS 20:30	41:33.345 (62)	1h07:27.248	36:29.445

F4

1	404	CARRERA SOUTELO Josefa		29:06.837 (1)	47:22.273	
2	366	GALLERO FERNANDEZ Mar		30:43.213 (2)	49:31.527	2:09.254
3	138	OSSORIO TERRON Asunción	ATHLETICS FISIOTERAPIA SAN LÁZ	34:28.539 (3)	56:20.391	8:58.118

M4

1	146	RIVEIRO RODRIGUEZ Arlindo	CASTRELOS 20:30	19:59.292 (1)	32:27.489	
2	446	FUERTES SAAVEDRA Antonio	CELTA ATLETISMO	22:57.578 (2)	37:20.470	4:52.981
3	94	VIDEIRA CORREA Alberto	RUNNING LUSEKELO	25:22.164 (3)	41:05.099	8:37.610
4	353	ROCA RODRIGUEZ Ramon		27:18.719 (6)	44:20.302	11:52.813
5	218	TABOADA GONZALEZ Ramiro	RUNNING LUSEKELO	26:39.110 (4)	44:29.749	12:02.260
6	136	MARTINEZ MEIS Félix		27:18.016 (5)	44:47.088	12:19.599
7	121	PEREZ LOSADA Mario		28:18.438 (7)	45:45.700	13:18.211
8	154	RODRIGUEZ SOBREIRA Jesús		29:16.517 (9)	46:28.449	14:00.960
9	26	GONZALEZ GARCIA Luis		29:00.673 (8)	47:17.766	14:50.277
10	152	BOLAS CABALEIRO Xosé Manuel	GALLAECIA JASTANDOSAPATILLA	31:08.124 (10)	51:14.105	18:46.616
11	52	ZUNZUNEGUI QUEIMADELOS Roman		32:25.657 (11)	51:38.569	19:11.080
12	360	LOPEZ CAMPILLO Angel Pol	MÁIS QUE AUGA	33:47.686 (13)	54:22.747	21:55.258
13	312	PENEDO DA SILVA Jose Antonio	ATHLETICS AVENTURA XTREM	33:25.189 (12)	56:18.811	23:51.322
14	479	RUANO MONZON Manuel Gabriel		36:33.061 (14)	57:34.763	25:07.274

F5

1	92	COSTAS RODRIGUEZ Carmen	ATLETISMO BAIONA	28:38.289 (1)	46:35.890	
2	208	ALVAREZ DOMINGUEZ Rosa Mª	MÁIS QUE AUGA	36:45.672 (2)	59:07.358	12:31.468

19/05/2024

El 20/05/2024 a 09:39 / Página 9/10

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MagmaSports 

CATEGORÍAS

Clf	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clf)	Tiempo	Diferencia
M5						
1	45	SUAREZ MARTINEZ Manuel	C.A. VETERANOS DE SAMIL	20:52.283 (1)	33:51.076	
2	371	PEREZ PASCUAL Manuel	C.S.R. BEADE	23:01.703 (2)	37:54.871	4:03.795
3	113	VILLAR ALVAREZ Enrique		23:32.008 (3)	38:36.630	4:45.554
4	498	KARAMES Manuel	C.A.R. MARISQUEIRO	24:18.767 (4)	39:31.237	5:40.161
5	423	DOMINGUEZ RODRIGUEZ Carlos		25:41.454 (6)	42:08.805	8:17.729
6	48	REY GONZALEZ J.roberto	C.A. VETERANOS DE SAMIL	25:40.891 (5)	42:08.881	8:17.805
7	265	VIEITO QUINTAS Berto		26:41.454 (7)	42:41.626	8:50.550
8	474	HERNANDEZ BORREGO Miguel	MÁIS QUE AUGA	28:04.470 (8)	45:30.828	11:39.752
9	82	RODRIGUEZ MORO Alfonso	CASTRELOS 20:30	29:12.696 (10)	46:31.006	12:39.930
10	383	DURAN LAGO Fernando		29:05.688 (9)	47:20.205	13:29.129
11	22	ALONSO PEREZ Francisco Xabier	C.A. VETERANOS DE SAMIL	30:11.664 (11)	48:17.671	14:26.595
12	193	ALVAREZ PORTABALES Antonio		31:18.415 (14)	50:20.968	16:29.892
13	380	DIAZ IGLESIAS Adolfo	C.A. VETERANOS DE SAMIL	31:12.648 (13)	50:30.514	16:39.438
14	16	RAMOS VIGO Sergio	C.A. VETERANOS DE SAMIL	31:05.241 (12)	50:52.975	17:01.899
15	220	LOPEZ RAMOS Luis		33:41.875 (15)	54:39.854	20:48.778
16	304	FERNANDEZ BOUZADA Alfonso		34:03.883 (16)	54:43.379	20:52.303
17	382	PAINCEIRA MACIÑEIRAS Jorge		36:26.663 (17)	58:42.178	24:51.102
18	209	COLLAZO BARRERAS Germán		37:40.397 (18)	1h00:31.524	26:40.448
19	53	RODRIGUEZ GOMEZ Antolin	C.A. VETERANOS DE SAMIL	41:57.279 (19)	1h06:57.188	33:06.112