

CATEGORÍAS

Clt	Dor.	Apellidos y nombre	Club	Inter 1 (Clt)	Tiempo	Diferencia
SENIOR MASCULINA						
1	104	MONTERO BUJAN Aitor	AVIVA SPORT CLUB	8:38.3 (1)	17:38.3	
2	78	FEIJOO VILANOVA Pablo	CLUB PIRAGÜISMO FLUVIAL ALLARI	9:27.5 (2)	19:09.6	1:31.3
3	55	VAZQUEZ Javier	MAIS QUE AUGA	9:46.0 (3)	19:46.8	2:08.5
4	41	LAMAS GARRALON Pablo		10:16.0 (4)	20:46.8	3:08.5
5	42	PATIÑO Juanjo		11:05.0 (8)	21:31.7	3:53.4
6	89	SANCHEZ SOTO Anthony Alejandro		10:19.4 (5)	22:08.7	4:30.4
7	34	PARGA DAPENA Marcos		11:22.9 (10)	22:22.0	4:43.7
8	67	ALONSO PEREIRA Oscar		11:00.0 (6)	22:29.2	4:50.9
9	21	GARCIA CARBALLA Pablo	SAUDESSPORT	11:01.4 (7)	23:16.8	5:38.5
10	58	GONZALEZ VAZQUEZ Aaron		11:53.0 (11)	23:18.6	5:40.3
11	94	SANCHEZ ALVAREZ Fernando		11:09.7 (9)	23:45.5	6:07.2
12	14	BLANCO ABOLLO Pablo		12:40.6 (18)	23:58.4	6:20.1
13	28	FREIXES FERNANDEZ David		12:37.5 (14)	24:51.6	7:13.3
14	60	HERNANDEZ CERON Carlos		12:37.7 (15)	24:59.4	7:21.1
15	81	MARTINEZ CORES Daniel		12:32.6 (13)	25:03.7	7:25.4
16	73	GUAMA HEREDIA Edwin	PADELEROS	12:31.7 (12)	26:05.0	8:26.7
17	93	GONZALEZ LOPEZ Lucas	ADN RUNNERS – TELMO PELUQUEROS	13:06.4 (19)	26:11.2	8:32.9
18	51	ALONSO LOPEZ Jonatan	ATLETISMO BAIONA	12:39.2 (16)	26:33.7	8:55.4
19	63	CASTRO Anton		12:39.8 (17)	26:58.2	9:19.9
20	15	PENEDO BUJ Victor		13:43.6 (21)	28:10.5	10:32.2
21	71	NOGUEIRA GOMEZ Isaac		13:15.5 (20)	28:18.7	10:40.4
22	19	COMESAÑA CHAVERT Adrian		14:24.6 (22)	28:30.9	10:52.6
23	61	DOSIL OLVEIRA Agustin		14:32.9 (24)	29:54.8	12:16.5
24	95	RODRIGUEZ REBOLLEDO Miguel		17:59.7 (26)	30:34.4	12:56.1
25	43	MILIAN Luis Carlos		14:30.2 (23)	30:36.4	12:58.1
26	17	ALVAREZ DIAZ Jaime		18:17.9 (27)	36:12.5	18:34.2
27	68	CORTEGOSO FORMIGO Lucas		20:32.4 (28)	41:00.1	23:21.8

MÁSTER 1 MASCULINA						
1	39	LAGO MONROY Ismael	CLUB ATLETISMO SAN MIGUEL DE M	8:11.2 (1)	16:27.9	
2	75	OTERO AMOEDO Anxo	SD COMPOSTELA ATLETISMO	8:17.8 (2)	16:29.7	1.8
3	98	GUERRA HERBELLO Diego	SOCIEDAD ATLÉTICA VAL MIÑOR	9:18.6 (3)	18:41.7	2:13.8
4	36	PEREZ CONDE Kike	GMTA CHUVONERS	9:22.7 (4)	18:48.1	2:20.2
5	40	NUÑEZ PARADA Sergio		9:30.6 (5)	19:38.4	3:10.5
6	107	DOMINGUEZ GARCIA David		9:56.3 (6)	19:59.0	3:31.1
7	37	FERNANDEZ GRADIN David	CIBUS SIRGON	9:59.8 (7)	20:06.2	3:38.3
8	103	MORAIS ALONSO David		10:08.0 (8)	20:06.6	3:38.7
9	66	TINAQUERO Jorge		10:20.5 (9)	20:21.6	3:53.7
10	90	CABACO CAMPOS Jose Manuel	TAKO TEAM	10:38.4 (10)	21:42.2	5:14.3
11	106	ALVAREZ FONTENLA Roberto		10:53.3 (11)	22:04.9	5:37.0
12	53	MARTINEZ RIOBO Ignacio		12:19.8 (15)	24:08.5	7:40.6

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Clt	Dor.	Apellidos y nombre	Club	Inter 1 (Clt)	Tiempo	Diferencia
13	32	GIRALDEZ Jose	LUME RUN	12:07.1 (12)	24:40.4	8:12.5
14	33	LOPEZ Ruben	LUME RUN	12:12.0 (13)	24:48.0	8:20.1
15	83	IRAVEDRA LOPEZ Pablo		12:14.8 (14)	25:10.2	8:42.3
16	69	VAZQUEZ FERNANDEZ Jorge		12:43.5 (16)	25:55.5	9:27.6
17	24	PINO PRIETO Jose	SHAKA CLUB	13:18.7 (17)	26:45.0	10:17.1
18	82	HORNA FERNANDEZ Rodrigo		13:38.6 (18)	26:59.4	10:31.5
19	85	RODRIGUEZ JORGE Daniel		13:43.7 (19)	27:27.6	10:59.7
20	70	CHAPELA CORDEIRO Daniel		14:36.8 (20)	27:37.9	11:10.0
21	12	PEREZ Simon		15:23.1 (22)	29:41.3	13:13.4
22	52	ARADAS LESTON Bernardo		14:38.3 (21)	31:03.7	14:35.8
23	99	RODRIGUEZ COLLAZO Raul		16:58.9 (23)	34:05.1	17:37.2

MÁSTER 2 MASCULINA

1	79	BASTOS DASILVA Jose Alberto		8:11.2 (1)	16:21.9	
2	84	BARGIELA ARAUJO Daniel	BIKILA	8:18.3 (2)	16:29.6	7.7
3	20	ULLA REGA Manuel		9:17.8 (3)	18:32.4	2:10.5
4	80	COSTAS COSTAS Miguel	MAIS QUE AUGA	9:24.6 (4)	19:15.5	2:53.6
5	26	ARIAS COSTAS Eduardo	ATHLETICS FISIOTERAPIA SAN LÁZ	10:24.0 (7)	20:43.4	4:21.5
6	23	ALONSO ALVAREZ Jose Carlos	ATHLETICS FISIOTERAPIA SAN LÁZ	10:22.8 (6)	20:43.5	4:21.6
7	31	BUJANDA GARMENDIA Carlos Alberto		10:21.8 (5)	20:58.5	4:36.6
8	50	VALLE CASTELO Juan		10:54.2 (8)	21:20.1	4:58.2
9	25	PEITEADO RUIZ Guillermo	ATHLETICS FISIOTERAPIA SAN LÁZ	10:55.1 (9)	21:49.5	5:27.6
10	54	ALONSO COSTAS Oscar		10:59.0 (10)	22:34.3	6:12.4
11	38	RIOBO Alex		11:41.5 (12)	23:04.9	6:43.0
12	18	DASILVA LORENZO Alvaro	ATLETISMO BAIONA	11:14.5 (11)	23:31.7	7:09.8
13	48	RUIZ RODRIGUEZ Javier		12:22.6 (17)	23:41.5	7:19.6
14	8	RUIBAL ARGIBAY Alberto		11:53.6 (13)	23:54.3	7:32.4
15	16	COSTAS FERNANDEZ Antonio	CLUB TRIATLÓN MAR DE VIGO	12:18.3 (15)	24:45.6	8:23.7
16	6	RODRIGUEZ MARTINEZ Roberto		12:54.6 (19)	24:50.0	8:28.1
17	102	PARCERO NOVAS Alvaro		12:09.0 (14)	25:00.3	8:38.4
18	88	SANCHEZ CASTRO Jesus Alberto		12:38.5 (18)	25:19.0	8:57.1
19	45	SEBASTIAN LAGO Alejandro		12:20.1 (16)	25:20.0	8:58.1
20	86	ESTEVEZ ABALDE Juan Antonio		13:08.7 (21)	25:59.0	9:37.1
21	91	GONZALEZ RODRIGUEZ Manu	ADN RUNNERS - TELMO PELUQUEROS	13:06.2 (20)	26:11.2	9:49.3
22	56	PRADO Gonzalo		14:04.9 (22)	27:01.3	10:39.4
23	62	LOPEZ FUENTES Jose Guillermo		14:09.7 (24)	28:31.5	12:09.6
24	27	SANMARTIN GONZALEZ Victoriano	MAIS QUE AUGA	14:06.4 (23)	28:37.0	12:15.1
25	7	CASTIÑEIRAS Oscar		17:21.7 (26)	30:57.5	14:35.6
26	57	ALVAREZ VEIGA Jose Manuel		19:30.7 (28)	33:21.4	16:59.5
27	22	PORTELA FERNANDEZ Luis	CLUB ATLETISMO VETERANOS DE SA	16:36.1 (25)	34:30.4	18:08.5
28	11	ZELAYA ALMENDAREZ Trinidad		19:34.6 (29)	39:11.0	22:49.1
29	9	GANDARA BOUZA Alejandro	CLUB CASTRELOS 20:30	20:29.2 (30)	41:23.3	25:01.4

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MÁSTER 3 MASCULINA						
1	87	PALMA ESPAÑA Eligio Jose		10:22.3 (1)	21:06.0	
2	2	CARRERA Jose		10:30.8 (2)	21:43.4	37.4
3	105	ALVAREZ Andres	IMAXINATEA ESCOLA DE TEATRO	11:15.2 (3)	22:26.5	1:20.5
4	133	GALLINAR FERNANDEZ Monica	ATHLETICS FISIOTERAPIA SAN LÁZ	11:28.0 (4)	22:44.8	1:38.8
5	44	VIDEIRA CORREA Alberto	RUNNING LUSEKELO	11:50.9 (5)	23:44.0	2:38.0
6	74	GUAMA MENA Patricio	PADELEROS	12:31.8 (6)	25:35.3	4:29.3
7	77	LAGO COSTAS Jose Manuel		13:59.3 (7)	27:37.4	6:31.4
8	120	CHAVERT SUAREZ Susana	ATHLETICS FISIOTERAPIA SAN LÁZ	14:06.4 (8)	28:06.1	7:00.1
9	144	ALVAREZ COMESAÑA Monica	ATHLETICS FISIOTERAPIA SAN LÁZ	14:22.8 (9)	28:49.0	7:43.0
10	127	MALLO FERRER Sonia	ATHLETICS FISIOTERAPIA SAN LÁZ	14:25.9 (10)	29:17.0	8:11.0
11	119	OSORIO TERRON Asuncion		15:16.4 (11)	31:26.7	10:20.7
12	13	DOPICO SERANTES Dani		18:09.9 (12)	34:58.2	13:52.2
13	158	RODRIGUEZ BRANDARIZ Mercedes		20:31.1 (13)	42:06.1	21:00.1

MÁSTER 4 MASCULINA						
1	47	SUAREZ MARTINEZ Manuel	CLUB ATLETISMO VETERANOS DE SA	9:45.8 (1)	19:48.3	
2	49	HERNANDEZ BORREGO Miguel	CLUB ATLETISMO VETERANOS DE SA	12:35.8 (2)	24:58.5	5:10.2
3	30	RAMOS VIGO Sergio	CLUB ATLETISMO VETERANOS DE SA	13:57.0 (3)	27:58.9	8:10.6

SENIOR FEMENINA						
1	141	DOMINGUEZ PEREZ Naomi	CLUB DEPORTIVO DELIKIA	10:32.3 (1)	21:37.8	
2	121	PERTUSA LLOPIS Afra Maria		12:21.0 (2)	24:56.4	3:18.6
3	143	RODRIGUEZ RIAL Iria		13:03.2 (4)	26:16.7	4:38.9
4	128	VIDAL FERNANDEZ Alexandra	CLUB DEPORTIVO DELIKIA	12:46.8 (3)	26:16.8	4:39.0
5	148	DOPICO ALMANDOS Lucia		13:37.5 (5)	27:05.1	5:27.3
6	122	FERNANDEZ DURAN Melania		14:24.6 (6)	28:30.6	6:52.8
7	111	GOMEZ MORAIS Laura		14:48.3 (7)	29:34.0	7:56.2
8	150	ALVES DE ALMEIDA Carolina		15:43.1 (9)	31:17.7	9:39.9
8	135	PASCUAL Maria		15:43.1 (9)	31:17.7	9:39.9
10	132	TABOAS LAGO Vanesa		15:22.4 (8)	32:30.5	10:52.7
11	170	HERMIDA RODRIGUEZ Catarina		16:58.7 (11)	34:04.9	12:27.1
12	168	ROMERO MEDINA Isamar		18:00.0 (12)	35:24.8	13:47.0
13	174	GOMEZ ARCE Marina		18:18.0 (14)	36:12.5	14:34.7
14	142	ALVAREZ RODRIGUEZ Leyre		20:32.8 (17)	41:00.0	19:22.2
15	136	RODRIGUEZ RODRIGUEZ Sofia		20:13.6 (15)	41:16.0	19:38.2
16	137	Aloia BELTRAN RODRIGUEZ		18:17.0 (13)	41:27.0	19:49.2
17	157	RODRIGUEZ RODRIGUEZ Veronica		20:31.0 (16)	42:04.4	20:26.6

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Clt	Dor.	Apellidos y nombre	Club	Inter 1 (Clt)	Tiempo	Diferencia
MÁSTER 1 FEMENINA						
1	173	CABALEIRO CARREIRA Maria Teresa		12:08.6 (1)	24:47.4	
2	154	FILLOY PEREIRA Rocio		12:19.6 (2)	25:25.9	38.5
3	130	TENORIO DEL RIO Maria Jose		13:31.9 (5)	26:34.0	1:46.6
4	164	DIAZ LOPEZ Rose Mary		13:18.6 (4)	26:44.3	1:56.9
5	151	CASTRO FERNANDEZ Noemi		14:37.0 (9)	27:37.2	2:49.8
6	139	FREIRE Lorena	MAIS QUE AUGA	13:59.1 (6)	27:45.3	2:57.9
7	149	MARTINEZ VIDAL Mirian	C.A.R. MARISQUEIRO	14:07.7 (7)	28:28.4	3:41.0
8	162	OYA VIDAL Diana	MAIS QUE AUGA	14:50.6 (11)	28:48.0	4:00.6
9	110	RODRIGUEZ GOMEZ Eloisa		14:27.2 (8)	29:04.4	4:17.0
10	160	INSUA ALONSO Silvia		14:42.7 (10)	29:24.4	4:37.0
11	161	PEREZ RODRIGUEZ Luz	MAIS QUE AUGA	15:03.3 (12)	30:24.1	5:36.7
12	108	BLANCO VILARIÑO Laura	ASALTAMONTES FEMALE	17:54.6 (13)	37:44.1	12:56.7

MÁSTER 2 FEMENINA						
1	129	VIDAL LORENZO Emilia	MAIS QUE AUGA	11:33.8 (1)	23:40.6	
2	126	RIVERA DOBAO Pilar	MAIS QUE AUGA	12:52.1 (2)	25:47.0	2:06.4
3	118	CANABAL VILLAVERDE Isa		13:49.7 (3)	27:47.9	4:07.3
4	166	CARNERO LLAUGER Maria	BIKILA	14:30.9 (5)	28:30.2	4:49.6
5	125	VAZQUEZ MAYO Monica	MAIS QUE AUGA	14:06.8 (4)	28:37.0	4:56.4
6	159	VIÑAS ROMERO Silvia	BIKILA	14:32.1 (6)	29:02.6	5:22.0
7	156	RODRIGUEZ FIGUEROA Rocio		14:42.6 (8)	29:24.4	5:43.8
8	147	FERNANDEZ VAZQUEZ Xandra		14:38.0 (7)	31:03.6	7:23.0
9	112	VILLAR MARTINEZ Maria		15:12.4 (9)	31:28.5	7:47.9
10	167	MEDINA RAMIREZ Lourdes		17:59.7 (11)	35:24.8	11:44.2
11	113	PEREZ FERREIRO Ruth		17:54.3 (10)	37:43.9	14:03.3

MÁSTER 3 FEMENINA						
1	133	GALLINAR FERNANDEZ Monica	ATHLETICS FISIOTERAPIA SAN LÁZ	11:28.0 (1)	22:44.8	
2	120	CHAVERT SUAREZ Susana	ATHLETICS FISIOTERAPIA SAN LÁZ	14:06.4 (2)	28:06.1	5:21.3
3	144	ALVAREZ COMESAÑA Monica	ATHLETICS FISIOTERAPIA SAN LÁZ	14:22.8 (3)	28:49.0	6:04.2
4	127	MALLO FERRER Sonia	ATHLETICS FISIOTERAPIA SAN LÁZ	14:25.9 (4)	29:17.0	6:32.2
5	119	OSORIO TERRON Asuncion		15:16.4 (5)	31:26.7	8:41.9
6	158	RODRIGUEZ BRANDARIZ Mercedes		20:31.1 (6)	42:06.1	19:21.3