



# TRAIL DOS PENEDOS 2025

## CASTRO BARREIRO

### XERAL

Clit	Dor.	Apellidos y nombre	Equipo	Categoría (Clit)	Tiempo	Diferencia
<b>Mulleres Trail curto</b>						
1	36	BOKHINSKA Yuliia		Xeral Fem. (1)	1h36:34.5	
2	22	FERNANDEZ YAÑEZ Sandra		Veterana A (1)	1h37:52.8	1:18.3
3	33	OTERO ALONSO Carol		Veterana A (2)	1h38:38.2	2:03.7
4	30	GREGORES FERNANDEZ Lorena		Xeral Fem. (2)	1h39:09.7	2:35.2
5	3	RODRIGUEZ GONZALEZ Nerea	CLUB ATLETISMO PORRIÑO	Xeral Fem. (3)	1h42:58.3	6:23.8
6	6	GONZALEZ MARTINS Tania		Xeral Fem. (4)	1h44:17.1	7:42.6
7	7	ALVAREZ SAAVEDRA Deneb		Xeral Fem. (5)	1h44:42.1	8:07.6
8	41	RODRIGUEZ Arantza		Xeral Fem. (6)	1h45:37.8	9:03.3
9	12	GONZALEZ GONZALEZ Isabel	RUNYTRI	Veterana A (3)	1h50:33.4	13:58.9
10	38	FDEZ ALEN Paula		Xeral Fem. (7)	1h51:20.0	14:45.5
11	14	ALONSO CABALEIRO Andrea	WILD BOARS OCR	Xeral Fem. (8)	1h52:16.7	15:42.2
12	17	FERNANDEZ RODRIGUEZ Susana		Veterana A (4)	1h52:58.2	16:23.7
13	40	BARROSO DELGADO Jennifer	ATLETISMO ARENTEIRO	Xeral Fem. (9)	1h53:31.0	16:56.5
14	25	PEREZ LORENZO Noa	ASALTAMONTES FEMALE	Veterana A (5)	1h53:33.4	16:58.9
15	8	ANTONIO MARTINEZ Olalla		Xeral Fem. (10)	1h55:06.0	18:31.5
16	24	NOVOA PEREZ Minerva	ASALTAMONTES FEMALE	Xeral Fem. (11)	1h58:09.3	21:34.8
17	15	BARROS MARTINEZ Veronica	AC CASTELOS TRAIL CLUB	Veterana A (6)	1h58:09.5	21:35.0
18	18	MARTINEZ CASTIÑEIRA Monica	CLUB ATLETISMO PORRIÑO	Xeral Fem. (12)	2h03:13.3	26:38.8
19	4	GARCIA Sofia		Xeral Fem. (13)	2h03:43.6	27:09.1
20	31	REFOJOS PEREZ Tania		Xeral Fem. (14)	2h04:35.0	28:00.5
21	20	FERNANDEZ VAZQUEZ Ana		Xeral Fem. (15)	2h04:39.6	28:05.1
22	43	PEREZ DOMINGUEZ Vanesa	PIJAMEROS	Veterana A (7)	2h10:21.0	33:46.5
23	34	GONZALEZ MEIJIDE Elena		Xeral Fem. (16)	2h11:30.8	34:56.3
24	21	RODRIGUEZ VAQUEIRO Elisa		Xeral Fem. (17)	2h12:15.1	35:40.6
25	16	GOMEZ IGLESIAS Sandra		Veterana A (8)	2h13:51.1	37:16.6
26	39	GOICOECHEA CASTAÑO Itziar	TRINORTH	Veterana B (1)	2h15:13.8	38:39.3
27	35	SANCHEZ GUZMAN Pamela		Xeral Fem. (18)	2h19:55.3	43:20.8
28	37	CASTIÑEIRAS GALLEGO Rebeca		Veterana B (2)	2h20:29.5	43:55.0
29	29	CASAL BARROS Chus		Veterana A (9)	2h20:57.1	44:22.6
30	28	LOPEZ GONZALEZ Alba	ASALTAMONTES FEMALE	Veterana A (10)	2h20:57.2	44:22.7
31	13	NOVOA GONZALEZ Lucia		Veterana A (11)	2h24:07.5	47:33.0
32	1	VAZQUEZ SOTO Isabel		Xeral Fem. (19)	2h28:05.0	51:30.5
33	9	MORALES ALONSO Silvia		Xeral Fem. (20)	2h29:11.7	52:37.2
34	11	ANDRADE CARTELL Sofia		Xeral Fem. (21)	2h30:30.0	53:55.5
35	5	FERNANDEZ VILA Lucia	LAS CUATRO ARENITAS	Xeral Fem. (22)	2h31:06.4	54:31.9
36	23	MOLDES OJEA Paula		Xeral Fem. (23)	2h36:39.4	1h00:04.9
37	32	SOTELO ALVAREZ Maria Jose		Veterana A (12)	2h39:49.9	1h03:15.4
38	42	IGLESIAS FERNANDEZ Teri	CAZAFANTASMAS TEAM	Veterana A (13)	2h41:26.6	1h04:52.1
39	26	CERQUEIRA ALVAREZ Victoria		Veterana A (14)	2h57:47.1	1h21:12.6

### Homes Trail curto

1	105	SOUSA DOMINGUEZ Adrian	GMTA&CHUVONERS	Xeral Masc. (1)	1h17:02.9	
2	261	OUTERELO PUMARES David	AC CASTELOS TRAIL CLUB	Veterano A (1)	1h21:53.3	4:50.4
3	187	ALONSO GONZALEZ Andre		Xeral Masc. (2)	1h21:54.9	4:52.0
4	128	SANDIN RAMOS Brais	BAIXO MIÑO TRAIL CLUB	Xeral Masc. (3)	1h22:07.6	5:04.7
5	135	BARROS CAMPO Bruno	AC CASTELOS TRAIL CLUB	Veterano A (2)	1h23:08.3	6:05.4
6	115	NOGUEIRA FERNANDEZ Junior		Veterano A (3)	1h23:23.6	6:20.7



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Cl	Dor.	Apellidos y nombre	Equipo	Categoría (Cl)	Tiempo	Diferencia
7	190	MORAIS DE LA IGLESIA Jose Manuel	CLUB ATLETISMO PORRIÑO	Xeral Masc. (4)	1h23:41.7	6:38.8
8	246	CASTRO Victor	AC CASTELOS TRAIL CLUB	Xeral Masc. (5)	1h24:10.8	7:07.9
9	247	SANROMAN GARCIA Abraham	CORNELIOS	Veterano A (4)	1h25:04.0	8:01.1
10	256	MARTINEZ Seve	PARCHITA RUNNING	Veterano A (5)	1h26:16.7	9:13.8
11	171	ALONSO OTERO Ruben		Veterano A (6)	1h26:45.0	9:42.1
12	123	DOMINGUEZ ARAUJO Mauro		Xeral Masc. (6)	1h27:33.7	10:30.8
13	260	GONZALEZ ALVAREZ Jose Manuel		Veterano A (7)	1h27:47.8	10:44.9
14	272	FERNANDEZ PUMAR Daniel		Xeral Masc. (7)	1h28:00.2	10:57.3
15	182	DAVILA COLLAZO Diego	AC CASTELOS TRAIL CLUB	Xeral Masc. (8)	1h28:23.5	11:20.6
16	109	DELGADO RAMOS Jose Carlos		Veterano A (8)	1h28:59.3	11:56.4
17	162	RODRIGUEZ FERNANDEZ Sergio		Veterano A (9)	1h28:59.4	11:56.5
18	170	SALGUEIRO TROITIÑO Santiago		Xeral Masc. (9)	1h29:17.3	12:14.4
19	215	SINEIRO DEVESA Adrian		Xeral Masc. (10)	1h29:40.8	12:37.9
20	258	PIÑEIRO Arturo	PORCOS CELTAS	Xeral Masc. (11)	1h29:55.7	12:52.8
21	250	CARREIRO PAZOS Jose Ramon		Veterano A (10)	1h30:12.4	13:09.5
22	157	IGLESIAS MARTINEZ Jose Carlos		Xeral Masc. (12)	1h30:15.9	13:13.0
23	119	LOPEZ CAMPOS Alexandre		Xeral Masc. (13)	1h30:16.0	13:13.1
24	231	ALVAREZ Pedro		Veterano A (11)	1h30:41.7	13:38.8
25	176	DIAZ FONTE Julio	DELIKIA	Veterano C (1)	1h30:59.0	13:56.1
26	236	GONZALEZ AMOEDO Victor		Xeral Masc. (14)	1h31:01.7	13:58.8
27	205	GARCIA GARCIA Oscar		Veterano A (12)	1h31:57.6	14:54.7
28	200	FERNANDEZ CASAIS Adrian		Xeral Masc. (15)	1h32:09.7	15:06.8
29	181	ESTEVEZ COSTA Ricardo		Veterano A (13)	1h32:30.3	15:27.4
30	186	ALVAREZ FEIJOO Tino		Veterano A (14)	1h32:32.4	15:29.5
31	139	CABALEIRO GORRITA Francisco		Veterano A (15)	1h33:07.9	16:05.0
32	121	DOMINGUEZ GONZALEZ Dani	MAIS QUE AUGA - SPHERE PRO	Xeral Masc. (16)	1h33:21.0	16:18.1
33	172	ALVAREZ RODRIGUEZ Jose Angel		Veterano A (16)	1h33:44.9	16:42.0
34	160	DOMINGUEZ SEQUEIROS Oscar	AC CASTELOS TRAIL CLUB	Xeral Masc. (17)	1h33:55.5	16:52.6
35	146	FERNANDEZ ROMERO Eliseo		Veterano A (17)	1h33:57.4	16:54.5
36	106	GRANDAL CHIVITE Guillermo	C.D. BIOSBARDO	Xeral Masc. (18)	1h34:01.3	16:58.4
37	130	GONZALEZ MARTINEZ Amalio		Veterano B (1)	1h34:16.0	17:13.1
38	210	CASTRO ESTEVEZ Ivan	CAZAFANTASMAS TEAM	Xeral Masc. (19)	1h34:17.2	17:14.3
39	116	MARTINEZ CABALEIRO Carlos		Veterano B (2)	1h34:31.1	17:28.2
40	273	CONDE ESTEVEZ Pablo	CLUBE DE MONTAÑA XISTRA	Veterano A (18)	1h36:02.0	18:59.1
41	249	SOBRAL LEMOS Oscar		Xeral Masc. (20)	1h36:23.1	19:20.2
42	199	RODRIGUEZ LOPEZ Gonzalo		Veterano B (3)	1h36:45.5	19:42.6
43	112	ALONSO PEREIRA Marcos	O FUSCO	Veterano A (19)	1h37:28.9	20:26.0
44	144	CARRACEDO MARTINEZ Raul		Veterano A (20)	1h38:01.9	20:59.0
45	142	ALONSO TABOAS Joaquin	AC CASTELOS TRAIL CLUB	Veterano A (21)	1h38:34.4	21:31.5
46	110	NUÑEZ TRONCOSO Jose Manuel		Veterano B (4)	1h38:36.1	21:33.2
47	219	SURIS COSTAS Miguel Angel	VIVAC	Xeral Masc. (21)	1h38:53.3	21:50.4
48	226	MACEIRA PEITEADO Marcos		Xeral Masc. (22)	1h39:07.0	22:04.1
49	216	FARO LAGE Cristian		Xeral Masc. (23)	1h39:09.7	22:06.8
50	131	GUIMERANS OTERO Ramon		Veterano A (22)	1h39:23.6	22:20.7
51	233	GUDE GRANDE Gustavo		Veterano A (23)	1h40:17.3	23:14.4
52	266	NOVOA RODRIGUEZ Miguel Angel		Veterano B (5)	1h40:41.0	23:38.1
53	102	RODRIGUEZ ARAUJO Felipe	CORNELIOS	Xeral Masc. (24)	1h40:50.9	23:48.0
54	133	RODRIGUEZ BANDE Carlos		Veterano B (6)	1h40:56.7	23:53.8
55	134	LOYOLA MEDINA Javier		Veterano A (24)	1h40:57.1	23:54.2
56	218	ROMERO RODRIGUEZ Ivan		Xeral Masc. (25)	1h41:47.0	24:44.1
57	214	CASALEIRO FERNANDEZ Manuel	CAZAFANTASMAS TEAM	Veterano B (7)	1h42:39.5	25:36.6



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58	174	LOPEZ ESTEVEZ Samuel		Xeral Masc. (26)	1h42:48.8	25:45.9
59	238	BENJUMEA NODAR Daniel		Xeral Masc. (27)	1h42:55.4	25:52.5
60	220	BLANCO DOMINGUEZ Boni		Veterano C (2)	1h42:59.8	25:56.9
61	158	LEMONS FERNANDEZ Roberto		Veterano A (25)	1h43:04.1	26:01.2
62	149	BESADA ALVAREZ Venancio	OS CABALOS DOS MALOS	Veterano A (26)	1h43:13.9	26:11.0
63	217	BARREIRO CABALEIRO Javier	OS CABALOS DOS MALOS	Veterano A (27)	1h43:14.0	26:11.1
64	168	BOUZA CARRERA Sergio	AC CASTELOS TRAIL CLUB	Xeral Masc. (28)	1h43:21.9	26:19.0
65	124	BAZ GONZALEZ Jose Carlos		Xeral Masc. (29)	1h43:26.7	26:23.8
66	240	ESTEVEZ Carlos		Xeral Masc. (30)	1h43:36.7	26:33.8
67	154	POSADA LORENZO Antonio		Veterano A (28)	1h44:13.4	27:10.5
68	148	POSADA LORENZO Agustin		Veterano A (29)	1h44:14.5	27:11.6
69	189	SESTELO MARTINEZ Gonzalo		Veterano B (8)	1h44:23.5	27:20.6
70	202	RODRIGUEZ ALONSO Sedu		Xeral Masc. (31)	1h45:10.4	28:07.5
71	271	PAMPILLON DOMINGUEZ Felipe		Veterano B (9)	1h45:12.0	28:09.1
72	248	PEREZ NOVAS Javier		Veterano B (10)	1h45:12.7	28:09.8
73	167	QUINTAS IGLESIAS Bruno		Xeral Masc. (32)	1h45:33.0	28:30.1
74	165	DOMINGUEZ PEREZ Oscar		Xeral Masc. (33)	1h45:39.0	28:36.1
75	169	FERNANDEZ DIAZ David	OS TOXOS	Xeral Masc. (34)	1h45:40.0	28:37.1
76	222	FERNANDEZ GARCIA Diego		Xeral Masc. (35)	1h45:50.0	28:47.1
77	192	ALONSO ALVAREZ Jacobo	BARALLOCAS DA LOURIÑA	Veterano A (30)	1h46:07.2	29:04.3
78	242	VILLAR ALONSO Albano		Xeral Masc. (36)	1h46:18.3	29:15.4
79	263	PORTO RODRIGUEZ Alfonso		Veterano B (11)	1h47:09.8	30:06.9
80	191	OSORNO RODRIGUEZ Adrian		Xeral Masc. (37)	1h47:27.5	30:24.6
81	185	FERNANDEZ POUSA Victor		Xeral Masc. (38)	1h48:01.1	30:58.2
82	111	GIL Jorge		Xeral Masc. (39)	1h48:22.7	31:19.8
83	194	BESADA ALVAREZ Francisco Javier	OS CABALOS DOS MALOS	Veterano B (12)	1h48:27.3	31:24.4
84	253	LEIROS Ivan		Xeral Masc. (40)	1h48:41.0	31:38.1
85	243	PEREZ ALONSO Jesus		Veterano A (31)	1h49:54.2	32:51.3
86	125	CASTRO RIVERA Angel		Xeral Masc. (41)	1h50:05.0	33:02.1
87	223	GONZALEZ MEIJIDE Luis		Xeral Masc. (42)	1h50:32.4	33:29.5
87	137	VILLAVERDE ALVAREZ Luis		Veterano A (32)	1h50:32.4	33:29.5
89	127	BERMEJO CARRERA Angel		Veterano A (33)	1h51:19.9	34:17.0
90	104	RUIBAL ARGIBAY Alberto		Veterano B (13)	1h51:21.4	34:18.5
91	150	PEREZ YAÑEZ Javier	MAIS QUE AUGA	Veterano A (34)	1h51:22.4	34:19.5
92	159	FERNANDEZ GUEDES David	WILD BOARS OCR	Xeral Masc. (43)	1h51:23.4	34:20.5
93	166	MIRANDA FARIÑA David		Veterano A (35)	1h51:26.0	34:23.1
94	255	MARTINEZ REPRESAS Víctor D.	AC CASTELOS TRAIL CLUB	Veterano A (36)	1h51:29.2	34:26.3
95	120	NOVAS RODRIGUEZ Roberto		Veterano A (37)	1h51:39.8	34:36.9
96	117	SANTOS RIVEIRO Pedro Pablo		Xeral Masc. (44)	1h51:40.0	34:37.1
97	232	SILVA Carlos		Xeral Masc. (45)	1h52:04.7	35:01.8
98	188	ALONSO DOMINGUEZ Alberto		Xeral Masc. (46)	1h52:07.5	35:04.6
99	184	GARCIA VAZQUEZ Lucas		Xeral Masc. (47)	1h52:11.7	35:08.8
100	136	VILAS RODRIGUEZ Juan Angel		Veterano A (38)	1h52:16.3	35:13.4
101	212	LAGO FREIRIA Paco	OS PELIQUEIROS	Veterano A (39)	1h52:37.0	35:34.1
102	269	MARTINEZ COMESAÑA Luis Enrique		Veterano A (40)	1h52:54.2	35:51.3
103	270	MARTINEZ COMESAÑA Alberto		Xeral Masc. (48)	1h52:54.4	35:51.5
104	268	PEREZ GONZALEZ David	PARCHITA RUNNING	Veterano A (41)	1h52:59.2	35:56.3
105	262	BOULLOSA RODRIGUEZ Angel		Veterano A (42)	1h52:59.3	35:56.4
106	178	REY OLIVAN Jose Manuel	CANDESARA RUNNING TEAM	Veterano B (14)	1h53:00.7	35:57.8
107	206	NOBLESSE Thierry		Veterano B (15)	1h53:36.9	36:34.0
108	228	GONZALEZ MORAÑA Natanael		Veterano A (43)	1h53:44.8	36:41.9



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Cl	Dor.	Apellidos y nombre	Equipo	Categoría (Cl)	Tiempo	Diferencia
109	118	ALVAREZ ALONSO Jose Angel		Veterano A (44)	1h53:46.4	36:43.5
110	147	LOUREIRO MONTENEGRO Alberto		Veterano B (16)	1h53:46.7	36:43.8
111	164	LEIRO Xavier	C.A. VETERANOS DE SAMIL	Veterano A (45)	1h54:25.8	37:22.9
112	257	MOLARES ALVAREZ Saturnino		Veterano B (17)	1h55:31.0	38:28.1
113	132	RODRIGUEZ COLLAZO Raul		Veterano A (46)	1h56:07.0	39:04.1
114	129	VILLAR PEREIRA Jose Gabriel		Xeral Masc. (49)	1h56:08.0	39:05.1
115	155	VILA CALZADO Adrian	PARCHITA RUNNING	Xeral Masc. (50)	1h56:29.1	39:26.2
116	177	ESTEVEZ PEREZ Antonio		Xeral Masc. (51)	1h56:35.3	39:32.4
117	251	CONCHADO Anton		Xeral Masc. (52)	1h57:13.5	40:10.6
118	221	CASTRO BLANCO Jesus		Veterano A (47)	1h58:07.1	41:04.2
119	230	SANTALLA DE SAA Nicolas		Veterano A (48)	1h59:36.9	42:34.0
120	264	ARIAS PENAS Daniel		Xeral Masc. (53)	2h00:22.0	43:19.1
121	113	GARCIA VELASCO Pablo		Xeral Masc. (54)	2h00:43.8	43:40.9
122	196	RODRIGUEZ PIÑEIRO Ricardo	TRINORTH	Veterano B (18)	2h00:59.2	43:56.3
123	201	BUGARIN RORIS Alejandro		Veterano A (49)	2h01:49.2	44:46.3
124	193	LOPEZ VASCONCELLOS Victor Manuel		Xeral Masc. (55)	2h02:48.0	45:45.1
125	173	VAAMONDE Cristian		Xeral Masc. (56)	2h02:52.1	45:49.2
126	114	GARRIDO BELLVER Alvaro		Xeral Masc. (57)	2h03:43.6	46:40.7
127	244	BARROSO GONZALEZ Antonio		Veterano B (19)	2h04:18.8	47:15.9
128	145	DACUÑA Adrian		Xeral Masc. (58)	2h05:18.2	48:15.3
129	254	MILES Daniel		Veterano C (3)	2h05:40.5	48:37.6
130	234	SANTEIRO GARCIA Ruben		Xeral Masc. (59)	2h05:49.8	48:46.9
131	267	RODRIGUEZ ALEJOS Enrique		Veterano A (50)	2h06:35.9	49:33.0
132	153	PEREZ MARTINEZ Roi		Veterano B (20)	2h06:43.0	49:40.1
133	235	SANTORIO MOSCOSO Hugo		Veterano A (51)	2h07:28.4	50:25.5
134	259	TIZON Juan	PORCOS CELTAS	Xeral Masc. (60)	2h07:41.3	50:38.4
135	156	RODRIGUEZ VAQUEIRO Cristian		Xeral Masc. (61)	2h08:19.2	51:16.3
136	225	REQUEJO FERNANDEZ Samuel	CAMINHANTES DO CONDADO	Veterano A (52)	2h10:21.4	53:18.5
137	103	REFOJOS MENESES Andres		Veterano A (53)	2h11:24.3	54:21.4
138	197	PEREZ GOMEZ Alex		Xeral Masc. (62)	2h11:58.4	54:55.5
139	274	DOMINGUEZ ALONSO Daniel		Veterano A (54)	2h14:32.4	57:29.5
140	141	GONZALEZ VILA Samuel		Xeral Masc. (63)	2h15:07.1	58:04.2
141	140	ROLLANO VILABOA David		Veterano A (55)	2h17:49.4	1h00:46.5
142	138	REGUEIRO FERNANDEZ Pedro		Xeral Masc. (64)	2h18:03.8	1h01:00.9
143	224	LICER VAZQUEZ Jose Antonio		Veterano C (4)	2h19:06.9	1h02:04.0
144	180	PEREZ FERNANDEZ Daniel		Xeral Masc. (65)	2h20:15.3	1h03:12.4
145	161	FREIRE SALORIO Victor Manuel		Veterano B (21)	2h24:33.6	1h07:30.7
146	208	ALONSO Sandro	ATHLETICS F. SAN LÁZARO	Veterano A (56)	2h24:43.4	1h07:40.5
147	175	DIAZ FERNANDEZ Rogelio		Veterano B (22)	2h26:14.0	1h09:11.1
148	101	PEREIRA PIÑEIRO Jose Manuel	CLUB ATLETISMO PORRIÑO	Xeral Masc. (66)	2h28:05.1	1h11:02.2
149	245	MOURIÑO Lazaro		Xeral Masc. (67)	2h29:11.8	1h12:08.9
150	152	FERNANDEZ RODRIGUEZ Julio		Veterano B (23)	2h31:07.6	1h14:04.7
151	229	ALONSO LOPEZ Jonathan		Xeral Masc. (68)	2h31:22.9	1h14:20.0
152	213	BENITEZ OCAMPO Juan	C.A.R. MARISQUEIRO	Veterano B (24)	2h32:29.9	1h15:27.0
153	195	VAZQUEZ PUGA Diego		Xeral Masc. (69)	2h36:39.5	1h19:36.6
154	239	EIRAS GONZALEZ Jose Luis	AFURRICAMOS NO MONTE	Xeral Masc. (70)	2h42:16.3	1h25:13.4
155	179	PEREZ FERNANDEZ Jose		Veterano B (25)	2h43:19.1	1h26:16.2
156	241	LORENZO RIVAS Angel		Veterano B (26)	2h43:39.3	1h26:36.4
157	227	GARRIDO INSUA Ricardo		Veterano B (27)	2h50:40.6	1h33:37.7





# TRAIL DOS PENEDOS 2025

## CASTRO BARREIRO

### XERAL

Cl	Dor.	Apellidos y nombre	Equipo	Categoría (Cl)	Tiempo	Diferencia
<b>Mulleres Trail longo</b>						
1	301	COSTAS PAZOS Maria Elisa	COUTADAS TRAIL TEAM	Veterana A (1)	2h39:04.6	
2	307	ROSELL ARAGON Elena		Xeral Fem. (1)	2h39:35.6	31.0
3	303	DIZ Leticia		Xeral Fem. (2)	3h01:34.3	22:29.7
4	306	CASTRO TORRADO Cristina		Xeral Fem. (3)	3h14:39.3	35:34.7
4	304	FERNANDEZ GARCIA Uxia	CONDADO TRAIL	Xeral Fem. (3)	3h14:39.3	35:34.7
6	302	COMESAÑA SOUTO Beatriz	TRINORTH	Veterana B (1)	3h29:12.7	50:08.1
<b>Homes Trail longo</b>						
1	471	PAZO GIRALDEZ Daniel	AC CASTELOS TRAIL CLUB	Veterano A (1)	2h16:43.2	
2	449	PORTO PEREZ David	AC CASTELOS TRAIL CLUB	Veterano A (2)	2h18:48.2	2:05.0
3	409	DOMINGUEZ DOMINGUEZ Daniel	AC CASTELOS TRAIL CLUB	Veterano A (3)	2h20:25.4	3:42.2
4	451	IGLESIAS COVELO Jose Manuel	TRINORTH	Veterano A (4)	2h23:55.7	7:12.5
5	431	SOLLEIRO DA CRUZ Juanjo		Xeral Masc. (1)	2h25:37.9	8:54.7
6	410	RIVERA VALVERDE Juan Miguel	ATLETISMO BAIONA	Xeral Masc. (2)	2h25:52.9	9:09.7
7	453	ALONSO ABALDE Miguel Angel	TRAIL RUNNING NIGRÁN	Veterano A (5)	2h32:06.0	15:22.8
8	407	ALBORES MIGUEZ Jorge	ATLETISMO BAIONA	Veterano B (1)	2h33:01.0	16:17.8
9	421	DE LA CRUZ SANCHEZ Raul	AC CASTELOS TRAIL CLUB	Veterano A (6)	2h34:28.9	17:45.7
10	466	FERNANDEZ GARCIA Jose Manuel	CDM VÉRTICE	Veterano B (2)	2h35:18.5	18:35.3
11	458	BLANCO TODEA Cesar		Veterano A (7)	2h37:16.9	20:33.7
12	429	COSTAS VARELA David		Veterano A (8)	2h37:17.0	20:33.8
13	446	ALONSO PREGAL David	CLUB ATLETISMO PORRIÑO	Xeral Masc. (3)	2h37:32.1	20:48.9
14	437	FERNANDEZ GARCIA Roberto		Veterano A (9)	2h37:47.8	21:04.6
15	433	PEREIRA ALONSO Daniel	C. C. ARAGONTA	Xeral Masc. (4)	2h37:48.4	21:05.2
16	452	PATIÑO VILAS David		Veterano A (10)	2h38:20.0	21:36.8
17	455	ALONSO SAYAR Daniel		Xeral Masc. (5)	2h38:34.0	21:50.8
18	442	DORADO VIEITEZ Miguel	TRINORTH	Veterano B (3)	2h38:57.9	22:14.7
19	403	FERNANDEZ SABORIDO Anxo Manuel	AC CASTELOS TRAIL CLUB	Veterano A (11)	2h39:07.4	22:24.2
20	427	PUERTA MARTINEZ Borja		Veterano A (12)	2h39:55.0	23:11.8
21	440	GONZALEZ RAMILO Miguel		Veterano A (13)	2h40:02.2	23:19.0
22	405	GONZALEZ TEJIDO Bruno		Xeral Masc. (6)	2h41:30.0	24:46.8
23	428	CURROS FERNANDEZ Javier	RUNMANIAK BOX 001 OURENSE	Veterano A (14)	2h44:35.3	27:52.1
24	465	MARTINEZ RICO Alberto	CDM VÉRTICE	Veterano A (15)	2h46:10.7	29:27.5
25	445	FERNANDEZ GOCE Daniel	ATLETISMO BAIONA	Xeral Masc. (7)	2h46:13.1	29:29.9
26	406	ALVAREZ FERNANDEZ Francisco	HOCKEY CLUB CÍES	Veterano A (16)	2h46:24.0	29:40.8
27	438	AFONSO Pedro	METAS IMPOSIBLES TRAIL TEAM	Veterano A (17)	2h46:47.7	30:04.5
28	413	ARMADA DIAZ Jacobo		Xeral Masc. (8)	2h46:49.3	30:06.1
29	401	SILVA RIVERA Federico		Veterano A (18)	2h47:12.6	30:29.4
30	417	PEREZ REGO David		Veterano A (19)	2h51:45.7	35:02.5
31	412	RODRIGUEZ RODRIGUEZ Miguel		Veterano A (20)	2h52:03.7	35:20.5
32	422	LOPEZ FERNANDEZ Hugo	CIBUS SIRGON	Xeral Masc. (9)	2h52:40.6	35:57.4
33	408	CABALEIRO GARCIA Jose Manuel	CIBUS SIRGON	Veterano A (21)	2h52:40.8	35:57.6
34	415	GONZALEZ IGLESIAS Angel		Veterano A (22)	2h53:52.7	37:09.5
35	460	MISA MACIEL Jose Antonio	TRAIL RUNNING NIGRÁN	Veterano B (4)	2h53:54.4	37:11.2
36	443	GONZALEZ GROBA Oscar		Xeral Masc. (10)	2h54:05.6	37:22.4
37	462	COSTA Marcos		Veterano A (23)	2h54:06.0	37:22.8
38	425	TRONCOSO GOMEZ Hector		Xeral Masc. (11)	2h54:46.2	38:03.0
39	416	PEREZ DIEGO Esteban		Veterano A (24)	2h54:54.4	38:11.2



# TRAIL DOS PENEDOS 2025

## CASTRO BARREIRO

### XERAL

Cl	Dor.	Apellidos y nombre	Equipo	Categoría (Cl)	Tiempo	Diferencia
40	454	ALVAREZ-BUYLLA DE LA UZ Julio	GMTA&CHUVONERS	Veterano B (5)	2h55:35.0	38:51.8
41	456	RODRIGUEZ FERNANDEZ Jose Javier	TRAIL RUNNING NIGRÁN	Veterano A (25)	2h57:06.4	40:23.2
42	459	GOMEZ GONZALEZ Enrique	OS MOROSOS	Veterano B (6)	2h59:01.0	42:17.8
43	461	EXPOSITO GOMEZ Gustavo	TRAIL RUNNING NIGRÁN	Veterano A (26)	2h59:18.4	42:35.2
44	469	RIVEIRO ROMERO David		Xeral Masc. (12)	3h01:25.2	44:42.0
45	426	PEREIRA Ivan		Veterano A (27)	3h01:34.6	44:51.4
46	434	VALEBONA-REFOJOS Manuel	TRINORTH	Veterano B (7)	3h02:03.9	45:20.7
47	468	FERNANDEZ CASAL Carlos		Veterano A (28)	3h02:27.8	45:44.6
48	447	FONTAN Carlos	ATLETISMO BAIONA	Xeral Masc. (13)	3h03:09.8	46:26.6
49	441	VASCONEZ PUEYO David		Veterano A (29)	3h03:11.7	46:28.5
50	474	YAÑEZ DOS SANTOS Javier		Veterano B (8)	3h03:43.0	46:59.8
51	444	EXPOSITO LAGO Abel	ATLETISMO BAIONA	Xeral Masc. (14)	3h04:15.3	47:32.1
52	418	VAZQUEZ TOUCIDO Jose Alberto		Veterano A (30)	3h06:26.8	49:43.6
53	463	FERNANDEZ FRANCO Hugo		Veterano A (31)	3h11:40.6	54:57.4
54	414	ROJO RIBEIRO Andres		Xeral Masc. (15)	3h14:32.0	57:48.8
55	436	DIAZ FERNANDEZ David	CONDADO TRAIL	Xeral Masc. (16)	3h14:40.6	57:57.4
56	420	VIDAL CASTRO Ernesto	RUNNING LUSEKELO	Veterano B (9)	3h15:23.5	58:40.3
57	448	SOTELO LORENZO Daniel		Xeral Masc. (17)	3h17:09.1	1h00:25.9
58	424	FERNANDEZ PEREZ Oscar Manuel	C.A.R. MARISQUEIRO	Veterano A (32)	3h19:16.7	1h02:33.5
59	457	PEREZ IGLESIAS Ruben		Veterano A (33)	3h21:22.7	1h04:39.5
60	464	BAAMONDE GONZALEZ Antonio	ESPARTAN@S CHIFLAD@S	Veterano B (10)	3h29:58.4	1h13:15.2
61	419	COSTAS FERNANDEZ Alfonso	C.A.R. MARISQUEIRO	Veterano B (11)	3h31:21.6	1h14:38.4
62	432	VAAMONDE VAZ Alejandro		Veterano A (34)	3h39:23.1	1h22:39.9
63	411	CARBAJAL PEREZ Miguel		Veterano A (35)	3h46:41.1	1h29:57.9
64	439	RODRIGUEZ REY Sergio		Xeral Masc. (18)	3h48:30.0	1h31:46.8
65	472	FERNANDEZ ALONSO Manuel	PARCHITA RUNNING	Veterano B (12)	4h21:07.1	2h04:23.9
66	467	DAPENA TENORIO Jose Luis		Veterano B (13)	4h21:07.3	2h04:24.1