

Sestelo Clásica Álvaro Pino 2023 CRONOESCALADA

Clit	Dor.	Apellidos y nombre	(Clit)	Categoría	Club	Tiempo	Diferencia
FEMININO							
1	305	GARCIA SALGADO Claudia	(1)	ABSOLUTA FEM	PLAN C	35:58.498	
2	209	PORTELA FERREÑO Ana	(2)	ABSOLUTA FEM	SUPERMERCADOS FROIZ	37:12.065	1:13.567
3	246	LOPEZ DOPICO Fátima	(1)	MASTER 30 FEM		46:32.971	10:34.473
4	32	DITANO Annaluisa	(1)	MASTER 40 FEM	CLUB CICLISTA ATLANTIGAS VIGO	53:11.411	17:12.913
5	364	PEREZ ALONSO Cristina	(2)	MASTER 30 FEM		54:57.008	18:58.510
6	79	CAMIÑOS PEREZ Laura	(2)	MASTER 40 FEM	CLUB TRIATLON CORUÑA	57:08.975	21:10.477
MASCULINO							
1	6	GARCIA JANEIRO Guillermo	(1)	ABSOLUTA MASC	RADIO POPULAR PAREDES BOAVISTA	24:29.704	
2	337	UBEIRA RIOS Jose Manuel	(1)	E-BIKE	CONDADO BIKE-BIZIEBIKE	25:06.765	37.061
3	5	MARQUE PORTO Alejandro Manuel	(1)	MASTER 40 MASC	MARQUE CYCLING	25:22.349	52.645
4	328	BAUTISTA BUGARIN Carlos	(2)	ABSOLUTA MASC	C.C.FARTO	26:28.454	1:58.750
5	11	ALVAREZ ALVAREZ Roi	(3)	ABSOLUTA MASC	GARAJE CORSE	26:32.243	2:02.539
6	248	ALONSO ALVAREZ Alejandro	(1)	MASTER 30 MASC	SALVATERRA DE MIÑO CC	26:35.826	2:06.122
7	235	LOPEZ DE GUEREÑO LAREU BALO Juan Luis	(1)	MASTER 50 MASC	LASAL COCINAS LOURIÑA	26:45.479	2:15.775
8	47	GANDIA CASAS Aitor	(2)	MASTER 30 MASC		27:43.919	3:14.215
9	343	VILLADONIGA GARROTE Juan Carlos	(2)	MASTER 40 MASC		27:57.057	3:27.353
10	241	HERNANDEZ BRITO Elvis	(4)	ABSOLUTA MASC	OIENSE	28:05.112	3:35.408
11	366	LEBOSO MORAIS Moises	(3)	MASTER 40 MASC		28:36.994	4:07.290
12	323	INCUTTI TELLADO Denis	(5)	ABSOLUTA MASC	C.C NARÓN	28:37.432	4:07.728
13	210	RODRIGREZ REY Marcial	(2)	MASTER 50 MASC	QUEBICI	28:42.171	4:12.467
14	12	GONZALEZ ABRALDES Adrian	(3)	MASTER 30 MASC	PETA-Z	28:44.307	4:14.603
15	137	MONTORIO FERRANDEZ Jesús	(3)	MASTER 50 MASC	CC OLIVICO	28:45.410	4:15.706
16	86	MARTINEZ BARGIELA Bruno	(4)	MASTER 30 MASC	GARAJE CORSE TEAM	28:46.810	4:17.106
17	184	BLANCO TODEA Cesar Fco	(4)	MASTER 40 MASC	BIKE OU NON VAI	28:47.577	4:17.873
18	356	CRUZ DASILVA Yeray	(5)	MASTER 30 MASC	C C BUEU	28:53.154	4:23.450
19	66	PINO RODRIGUEZ Diego	(6)	MASTER 30 MASC	SIN EQUIPO	29:25.455	4:55.751
20	282	PEREZ MARTINEZ Gustavo	(7)	MASTER 30 MASC	SANOMEDIO	29:37.634	5:07.930
21	40	GOMEZ BARCIELA Carlos	(8)	MASTER 30 MASC	CICLISMO OIENSE	29:43.972	5:14.268
22	155	YANES GUTIERREZ Ruben	(9)	MASTER 30 MASC	PETA-Z	30:10.598	5:40.894
23	345	FONTAN TRONCOSO Roberto	(5)	MASTER 40 MASC	CORBELO	30:31.338	6:01.634
24	280	PEREZ VALCARCEL Abel	(6)	MASTER 40 MASC	CC ARAGONTA	30:32.600	6:02.896
25	190	CARRIL PREGO Eduardo León	(7)	MASTER 40 MASC	TUROQUA	30:50.697	6:20.993
26	67	DIAZ TEIJEIRO Alfonso	(8)	MASTER 40 MASC	PETA-Z	30:53.589	6:23.885
27	361	OLMEDO VALLEDOR Victoriano	(9)	MASTER 40 MASC		31:02.725	6:33.021
28	321	ISORNA MANTECA Adrian	(10)	MASTER 30 MASC	C.C.TORRES DE OESTE	31:08.512	6:38.808
29	186	GARCIA QUEROL Pablo	(11)	MASTER 30 MASC	ATENEA STREET CYCLING TEAM	31:13.289	6:43.585
30	215	ROMERO PEREIRA David Antonio	(4)	MASTER 50 MASC	RODOSA	31:17.325	6:47.621
31	182	GUERRA GONZALEZ Carlos	(10)	MASTER 40 MASC	PALMKIDS BHCC	31:17.385	6:47.681
32	274	LOPEZ ESTEVEZ Roberto	(12)	MASTER 30 MASC	CC ARAGONTA	31:27.700	6:57.996
33	96	VILA PORTO Javier	(13)	MASTER 30 MASC	GARAJE CORSE	31:32.533	7:02.829
34	253	MIGUELEZ GARCIA Xacobe	(11)	MASTER 40 MASC	CORUXO	31:33.322	7:03.618
35	234	CASTRO SIEIRO Roberto D.	(5)	MASTER 50 MASC	BTT ULTREIA	31:40.359	7:10.655
36	212	SILVA CORRAL Hugo	(14)	MASTER 30 MASC	POIO BIKE	32:09.417	7:39.713



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37	287	FERNANDEZ CASTIÑEIRA Alberto	(6)	MASTER 50 MASC	CC CHANTADINO	32:11.193	7:41.489
38	354	CARREIRO BOULLOSA Carlos	(12)	MASTER 40 MASC	SINGLETRACKS	32:23.152	7:53.448
39	227	GONZALEZ FONTAN Paulo	(15)	MASTER 30 MASC	C.C. SALVATERRA DE MIÑO	32:25.192	7:55.488
40	8	MUÑOZ NIETO Juan Carlos	(13)	MASTER 40 MASC	NORINVER	32:27.869	7:58.165
41	58	DOPAZO GARCIA Antonio	(16)	MASTER 30 MASC	CLUB CICLISTA O GROVE	32:31.292	8:01.588
42	161	ALONSO PREGAL David	(17)	MASTER 30 MASC	ATLETISMO PORRIÑO	32:38.668	8:08.964
43	97	GARCIA PRESA Jose Antonio	(14)	MASTER 40 MASC	CC PONTEAREAS	32:39.438	8:09.734
44	258	MUGICA IZAGUIRRE Mikel	(18)	MASTER 30 MASC	GARAJE CORSE	32:50.693	8:20.989
45	307	RODRIGUEZ FERNANDEZ Luis	(6)	ABSOLUTA MASC	ANCARES BIKE	32:56.676	8:26.972
46	81	MERA PAZO Cesar	(15)	MASTER 40 MASC	A FONTE	32:57.030	8:27.326
47	91	MARTINEZ BARGIELA Pedro	(19)	MASTER 30 MASC	GARAJE CORSE	33:14.852	8:45.148
48	363	PEREZ PEDREIRA Lorenzo	(16)	MASTER 40 MASC	CC MONTES DO DEZA	33:14.859	8:45.155
49	138	PINO PORTO Eduardo	(17)	MASTER 40 MASC		33:25.929	8:56.225
50	312	RODRIGUEZ SEARA Juan José	(7)	ABSOLUTA MASC	CÓDIGO BIKE TEAM	33:32.153	9:02.449
51	254	SUAREZ ALONSO Miguel Angel	(18)	MASTER 40 MASC	MASTER DA LOURIÑA	33:32.308	9:02.604
52	322	RODRIGUEZ SEARA Daniel	(20)	MASTER 30 MASC	CÓDIGO BIKE TEAM	33:35.293	9:05.589
53	285	GANDARA ESTEVEZ Diego	(21)	MASTER 30 MASC	MUSICA DE VIENTO	33:39.606	9:09.902
54	93	CHAMORRO RIAL Alberto	(8)	ABSOLUTA MASC		33:45.433	9:15.729
55	94	MOURIÑO Lazaro	(22)	MASTER 30 MASC	GARAJE CORSE	33:47.116	9:17.412
56	268	MARTINEZ COSTAS Omar	(19)	MASTER 40 MASC	MASTER MORRAZO	33:50.160	9:20.456
57	171	JUNQUERA RODRIGUEZ Iván	(20)	MASTER 40 MASC		33:57.682	9:27.978
58	357	VAZQUEZ VAZQUEZ Antonio	(7)	MASTER 50 MASC	BIKE OU NON VAI	34:00.141	9:30.437
59	259	GONZALEZ POTES Jose Luis	(8)	MASTER 50 MASC	CLUB CICLISTA TREITOIRO	34:06.365	9:36.661
60	288	RODRIGUEZ GONZALEZ Francisco José	(9)	MASTER 50 MASC	CC CHANTADINO	34:15.697	9:45.993
61	85	LORENZO IGLESIAS Javier	(21)	MASTER 40 MASC		34:20.811	9:51.107
62	54	TOUZA PROL Pablo A.	(23)	MASTER 30 MASC	CC MACEDA	34:22.456	9:52.752
63	165	LEMONS FERNANDEZ Casiano	(22)	MASTER 40 MASC	CLUB ATLETISMO PORRIÑO	34:25.877	9:56.173
64	226	NEGREIRA CANAY Javier	(23)	MASTER 40 MASC		34:26.075	9:56.371
65	277	FERNANDEZ POUSADA Francisco	(24)	MASTER 40 MASC		34:37.485	10:07.781
66	319	MARTINEZ NIETO Ruben	(25)	MASTER 40 MASC		34:42.347	10:12.643
67	1	PINO COUÑAGO Álvaro	(10)	MASTER 50 MASC	PLAN C	34:46.037	10:16.333
68	211	OLIVEIRA BOGA Jose Manuel	(11)	MASTER 50 MASC	OLIVEIRA BIKES	34:49.801	10:20.097
69	50	GIRALDEZ CAMESELLA David	(26)	MASTER 40 MASC	ATLETISMO BAIONA	34:53.154	10:23.450
70	271	LOPEZ ESTEVEZ Samuel	(24)	MASTER 30 MASC	CC ARAGONTA	34:53.390	10:23.686
71	368	MOSQUERA MIGUEZ Ezequiel	(27)	MASTER 40 MASC		34:54.350	10:24.646
72	352	COMESAÑA FORTES Jose Manuel	(12)	MASTER 50 MASC	MONTEFERRO	34:55.676	10:25.972
73	260	PAREDES DIAZ Manuel Augusto	(28)	MASTER 40 MASC		34:55.896	10:26.192
74	290	CAMESELLE CARIDE Daniel	(29)	MASTER 40 MASC	INDEPENDIENTE	34:57.815	10:28.111
75	2	INDURAIN LARRAYA Miguel	(13)	MASTER 50 MASC	RAPHA MALLORCA CYCLING TEAM	34:59.689	10:29.985
76	355	BARCALA FARTO Aitor	(25)	MASTER 30 MASC	BIKE O FACHO	35:06.109	10:36.405
77	336	SOUSA CORBACHO Jorge	(26)	MASTER 30 MASC		35:12.248	10:42.544
78	121	PORTO PEREIRA Alejandro	(30)	MASTER 40 MASC	PICARAÑA	35:13.392	10:43.688
79	264	GARCIA Lucas	(31)	MASTER 40 MASC	WATTS LAB	35:18.760	10:49.056
80	4	RODRIGUEZ CASTRO Rafael	(14)	MASTER 50 MASC		35:20.502	10:50.798
81	131	PEREZ PEREZ Sergio	(32)	MASTER 40 MASC	INDEPENDIENTE	35:22.321	10:52.617
82	185	SOUTO SOUTO Christian	(9)	ABSOLUTA MASC	TOLEMIA BIKE	35:24.661	10:54.957
83	159	VIÑUELA Jose	(33)	MASTER 40 MASC	PALMKIDS BHCC	35:36.204	11:06.500
84	351	GONZALEZ GARRIDO Antonio	(15)	MASTER 50 MASC	CLUB CICLISTA SALVATERRA DE MI	35:39.921	11:10.217



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85	16	PEREZ ALONSO Javier	(27)	MASTER 30 MASC		35:45.722	11:16.018
86	311	PRIETO FDEZ. Enrique	(34)	MASTER 40 MASC	CAMPO LAMEIRO CD CLUBE CICLIST	35:49.505	11:19.801
87	196	GROBAS CAMPOS Jorge	(28)	MASTER 30 MASC	TRIATLÓN PC RIAS BAIXAS	35:50.621	11:20.917
88	250	SUAREZ GULLON Gustavo	(35)	MASTER 40 MASC	CLUB TRIATLON VAO	35:52.528	11:22.824
89	318	CORTIZO BOULLOSA Miguel	(29)	MASTER 30 MASC	ASOCIACIÓN DEPORTIVA C.A.R	35:56.645	11:26.941
90	266	ALONSO RODRIGUEZ Senén	(30)	MASTER 30 MASC	GARAJE CORSE	36:00.051	11:30.347
91	267	MAGALLANES GARCIA Alberto	(36)	MASTER 40 MASC	MASTER MORRAZO	36:23.249	11:53.545
92	71	GESTEIRA ROMERO Jose Antonio	(37)	MASTER 40 MASC	CLUB TRIATLON SABADELL	36:23.708	11:54.004
93	53	PREGO NOVAS Adrián	(31)	MASTER 30 MASC	GC	36:28.255	11:58.551
94	52	BENAVIDES FALCON Oscar	(38)	MASTER 40 MASC	TRIATLÓN CORUÑA	36:32.509	12:02.805
95	360	BOENTE CAMPOS José Luis	(16)	MASTER 50 MASC	TREK FACTORY RACING	36:33.322	12:03.618
96	167	DIAZ RAMOS José Carlos	(39)	MASTER 40 MASC		36:35.129	12:05.425
97	324	MATEOS GIL Jaime	(32)	MASTER 30 MASC	BICIS OLIVEIRA	36:37.458	12:07.754
98	292	MISA VALVERDE Emilio	(40)	MASTER 40 MASC	TEAM OIENSE	36:38.231	12:08.527
99	275	ALONSO BLANCO David	(33)	MASTER 30 MASC	CC ARAGONTA	36:39.832	12:10.128
100	347	GARCIA DIOS Juan	(41)	MASTER 40 MASC	TRIATLON RIAS BAIXAS	36:41.085	12:11.381
101	173	GARCIA EIRAS Alberto	(17)	MASTER 50 MASC	PLAN C	36:46.873	12:17.169
102	128	LOPEZ LOPEZ Juan Carlos	(42)	MASTER 40 MASC	PINTURASRAFA	36:55.932	12:26.228
103	18	GONZALEZ RIVERO Evaristo	(43)	MASTER 40 MASC		36:58.550	12:28.846
104	317	MARTINEZ CABEZAS Martín	(44)	MASTER 40 MASC		36:58.725	12:29.021
105	233	DURAN DURAN Patricio	(45)	MASTER 40 MASC	CLUB CICLISTA A LAMPREA	37:00.550	12:30.846
106	133	TABOADA FERNANDEZ Oscar	(46)	MASTER 40 MASC	CLUB TRIATLON VAO	37:14.317	12:44.613
107	123	NEIRA CONDE Jose Luis	(18)	MASTER 50 MASC		37:14.665	12:44.961
108	134	LADO SANCHEZ Xose Manuel	(19)	MASTER 50 MASC	SIN EQUIPO	37:25.807	12:56.103
109	127	ALONSO MIGUEZ Juan	(34)	MASTER 30 MASC	ACD SANOMEDIO	37:39.917	13:10.213
110	152	PRIETO VARELA Gonzalo	(20)	MASTER 50 MASC		37:42.979	13:13.275
111	168	SUAREZ GARRIDO Moncho	(21)	MASTER 50 MASC	CLUB DEPORTIVO DELIKIA	37:43.529	13:13.825
112	106	ALFAYA Jose	(47)	MASTER 40 MASC	C.D. DELIKIA	37:43.657	13:13.953
113	158	POL BALADO Jesús	(48)	MASTER 40 MASC	VBIKES TEAM	37:45.201	13:15.497
114	178	VILLANUEVA COMESAÑA Alberto	(35)	MASTER 30 MASC	BIKE OU NON VAI	37:48.402	13:18.698
115	31	IGLESIAS LAMORA Marco Antonio	(10)	ABSOLUTA MASC		37:51.283	13:21.579
116	45	DOMINGUEZ MARTINEZ Moisés	(49)	MASTER 40 MASC		38:00.789	13:31.085
117	82	ALVAREZ BUGARIN Eliseo	(50)	MASTER 40 MASC	QUEBICI-MARCISPORT	38:08.440	13:38.736
118	342	SERANTES FERNANDEZ Andrés	(36)	MASTER 30 MASC		38:10.086	13:40.382
119	189	OSORNO RODRIGUEZ Adrián	(37)	MASTER 30 MASC	PAN DE ZARCO	38:14.757	13:45.053
120	110	CARREIRA LOPEZ Luis	(51)	MASTER 40 MASC		38:26.403	13:56.699
121	113	LORENZO MAYO Juan José	(22)	MASTER 50 MASC	OS ABESOUROS	38:33.720	14:04.016
122	111	DIEZ LAZARO Javier	(52)	MASTER 40 MASC		38:34.636	14:04.932
123	9	UCHA Jacobo	(38)	MASTER 30 MASC	FGC	38:39.650	14:09.946
124	84	SOUTO CARRACEDO Fernando	(39)	MASTER 30 MASC	CLUB DEPORTIVO DELIKIA	38:43.075	14:13.371
125	170	JORGE CAO Juan Jose	(40)	MASTER 30 MASC	CLUB DEPORTIVO DELIKIA	38:55.036	14:25.332
126	122	SOTO VIÑAS Diego	(53)	MASTER 40 MASC	CLUB TRIATLON CORUÑA	39:00.529	14:30.825
127	10	MOSQUERA FERRO Óscar	(23)	MASTER 50 MASC	GARAGE CORSE	39:00.552	14:30.848
128	36	IGREXAS SOTO Carlos	(41)	MASTER 30 MASC		39:00.822	14:31.118
129	252	PEREZ FERREIRO Juan	(24)	MASTER 50 MASC	TRIVAO	39:28.987	14:59.283
130	162	CAMBA AÑON Juan Carlos	(11)	ABSOLUTA MASC	MARCIAL SPORT	39:36.194	15:06.490
131	144	URRUTIA ALVARADO Esteban	(54)	MASTER 40 MASC	V BIKES	39:38.251	15:08.547
132	150	SOTO FERNANDEZ Miguel	(55)	MASTER 40 MASC	MAESE RIDERS TEAM, C. C	39:38.649	15:08.945



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133	240	LADO LESTON José Antonio	(25)	MASTER 50 MASC	MUROS	39:39.304	15:09.600
134	119	MARTINEZ MIGUEZ Iván	(56)	MASTER 40 MASC	C.CICLISTA XTREMEBIKE	39:40.195	15:10.491
135	346	ARES VAZQUEZ Marcos	(57)	MASTER 40 MASC	CORBELO	39:41.887	15:12.183
136	83	CAMPOS BOULLOSA Rubén	(58)	MASTER 40 MASC	MARCISPORT QBICI	39:42.689	15:12.985
137	108	ARUFE Jorge	(26)	MASTER 50 MASC		39:43.838	15:14.134
138	350	COSTAS DURAN Adrián	(42)	MASTER 30 MASC	CLUB CICLISTA TRAVIESAS	39:47.760	15:18.056
139	206	RIVEIRO SEBASTIAN Fernando	(43)	MASTER 30 MASC		39:48.226	15:18.522
140	242	RODRIGUEZ GONZALEZ Jesús	(27)	MASTER 50 MASC	TRIATLÓN VAO	39:53.070	15:23.366
141	308	MOURIN FONTEVEDRA Ivan	(12)	ABSOLUTA MASC	ANCARES BIKE	39:53.593	15:23.889
142	20	OTERO MOURIÑO Javier	(28)	MASTER 50 MASC	C.C.XTREMEBIKE	39:57.764	15:28.060
143	251	COVELO LOPEZ Jose	(29)	MASTER 50 MASC	TRIVAO	40:00.619	15:30.915
144	38	CIMA RAMIREZ Manuel	(13)	ABSOLUTA MASC		40:12.766	15:43.062
145	42	PEREZ MORAIS Pablo	(59)	MASTER 40 MASC	PEÑA AMIL	40:12.864	15:43.160
146	314	PEREZ LABACA DIZ Xoán Xosé	(30)	MASTER 50 MASC	GRUPETA PAN DE ZARKO	40:13.511	15:43.807
147	34	ALVAREZ FERNANDEZ Higinio	(31)	MASTER 50 MASC	TOLEMIA BIKE CCVC	40:15.468	15:45.764
148	231	SOUTO OTERO Jaime	(32)	MASTER 50 MASC	CLUB CICLISTA TERRAS DO EUME	40:19.730	15:50.026
149	286	MARTINEZ VALCARCEL Ricardo	(44)	MASTER 30 MASC	MUSICA DE VIENTO	40:24.568	15:54.864
150	284	LEMONS GIRALDEZ David	(45)	MASTER 30 MASC	MUSICA DE VIENTO	40:27.667	15:57.963
151	191	ABUIN CRESPO Fran	(60)	MASTER 40 MASC	POIO BIKE CLUB	40:30.011	16:00.307
152	103	DOMINGUEZ PAZO Jose Carlos	(46)	MASTER 30 MASC		40:40.752	16:11.048
153	33	GARCIA CASTRO Fernando	(33)	MASTER 50 MASC	TUZAROS	40:44.422	16:14.718
154	301	FERNANDEZ COMESAÑA Manuel	(34)	MASTER 50 MASC	CC MIÑOR BIKE	41:07.112	16:37.408
155	230	PIÑEIRO FERNANDEZ Alberto	(47)	MASTER 30 MASC	ACD SANOMEDIO	41:09.296	16:39.592
156	55	TATO DOMINGUEZ Eloy	(61)	MASTER 40 MASC	ACS SANOMEDIO	41:09.735	16:40.031
157	13	GONZALEZ RODRIGUEZ David	(48)	MASTER 30 MASC	BEBESESENDE	41:10.618	16:40.914
158	263	PEREZ BLANCO Pablo	(35)	MASTER 50 MASC	CLUB DEPORTIVO DELIKIA	41:12.879	16:43.175
159	64	FERNANDEZ PASCUAL Adrián	(49)	MASTER 30 MASC	CLUB DEPORTIVO DELIKIA	41:28.052	16:58.348
160	371	IGLESIAS CRESPO Jose Luis	(36)	MASTER 50 MASC	ASOCIACIÓN CICLOTURISTA OURENS	41:35.638	17:05.934
161	327	LAGOA GUARDADO Alvaro	(37)	MASTER 50 MASC	BIKE OU NON VAI	41:40.366	17:10.662
162	306	LAGO REY Brais	(50)	MASTER 30 MASC	INDEPENDIENTE	41:46.997	17:17.293
163	338	RIVERA RODRIGUEZ Pedro	(51)	MASTER 30 MASC		41:48.525	17:18.821
164	367	SANTOS GONZALEZ Francisco José	(52)	MASTER 30 MASC		41:48.693	17:18.989
165	298	LOMBA MARTINEZ Victor	(62)	MASTER 40 MASC		42:01.627	17:31.923
166	27	SOTELINO GARRIDO Carlos	(63)	MASTER 40 MASC	ADC PICARAÑA	42:05.866	17:36.162
167	362	ROMERO VELOSO Jesús	(53)	MASTER 30 MASC	MÚSICA DE VIENTO	42:06.127	17:36.423
168	25	DE CASTRO PARGA Gonzalo	(38)	MASTER 50 MASC	SIRENO TRIATLÓN CLUB	42:10.788	17:41.084
169	300	BLANCO GONZALEZ Miguel Angel	(39)	MASTER 50 MASC	INDEPENDIENTE	42:16.207	17:46.503
170	143	RODRIGUEZ FERNANDEZ Jose Javier	(64)	MASTER 40 MASC		42:27.687	17:57.983
171	63	RODRIGUEZ IGLESIAS Jose Andrés	(40)	MASTER 50 MASC	ADC PICARAÑA	42:36.393	18:06.689
172	21	BENAVIDES BARREIRO Pablo	(41)	MASTER 50 MASC		42:39.665	18:09.961
173	44	PEREZ LOPEZ Tomás	(54)	MASTER 30 MASC	XTREMEBIKE	42:52.279	18:22.575
174	145	MONTE SECADES Rafael	(42)	MASTER 50 MASC	CLUB MONTE PENARRUBIA	42:57.044	18:27.340
175	247	RIOS GOMEZ Fernando	(55)	MASTER 30 MASC	SKAPAOS	43:04.219	18:34.515
176	303	RODICIO GARCIA Iago	(65)	MASTER 40 MASC		43:10.910	18:41.206
177	160	SANTERBAS Antonio	(43)	MASTER 50 MASC		43:18.237	18:48.533
178	29	MIGUELEZ PEREIRA Miguel	(66)	MASTER 40 MASC		43:22.446	18:52.742
179	49	MIGUELEZ ROZADA Luis Ángel	(67)	MASTER 40 MASC		43:25.293	18:55.589
180	14	OTERO FERNANDEZ Juan Pablo	(68)	MASTER 40 MASC	ADC PICARAÑA	43:26.017	18:56.313



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Clit	Dor.	Apellidos y nombre	(Clit)	Categoría	Club	Tiempo	Diferencia
181	245	GIL ALONSO Francisco	(44)	MASTER 50 MASC	CLUB TRIATLON VAO	43:39.753	19:10.049
182	90	VILA Yonatan	(56)	MASTER 30 MASC	GARAJE CORSE	43:40.430	19:10.726
183	61	FERRO PARDAL Juan Luis	(45)	MASTER 50 MASC	ADC PICARAÑA	43:47.403	19:17.699
184	142	LOIS BERMUDEZ Javier	(69)	MASTER 40 MASC	PETA Z	43:47.751	19:18.047
185	124	SUAREZ LAGO Jose Antonio	(70)	MASTER 40 MASC	CLUB CICLISTA DUMBRIA	43:47.847	19:18.143
186	109	HERNANDEZ MALAGON Jose Angel	(57)	MASTER 30 MASC		43:51.655	19:21.951
187	188	REY IGLESIAS Juan José	(71)	MASTER 40 MASC	PATERBERG	43:54.217	19:24.513
188	309	BAAMONDE GONZALE Antonio	(46)	MASTER 50 MASC	CLUB TRIATLÓN MORRAZO	43:58.984	19:29.280
189	365	ESTEVEZ PEREZ Antonio	(58)	MASTER 30 MASC		44:19.405	19:49.701
190	270	FERNANDEZ ALONSO José María	(72)	MASTER 40 MASC		44:39.209	20:09.505
191	149	ALVAREZ JORGE Miguel	(14)	ABSOLUTA MASC		45:00.592	20:30.888
192	169	PONTE GONZALEZ Jaime	(47)	MASTER 50 MASC		45:09.994	20:40.290
193	232	SOUTO JIMENEZ Jesús	(59)	MASTER 30 MASC	CC TERRAS DO EUME	45:20.482	20:50.778
194	141	VAZQUEZ FERNANDEZ Alberto	(73)	MASTER 40 MASC	CIDADE DE LUGO	45:36.496	21:06.792
195	269	MOSTEIRO Arturo	(48)	MASTER 50 MASC	ARMENTEIRAIPUNTO	45:42.720	21:13.016
196	237	RODRIGUEZ ALVAREZ Perfecto	(74)	MASTER 40 MASC		45:48.268	21:18.564
197	199	CALVIÑO GROBA Antonio	(49)	MASTER 50 MASC	CC LAMPREA	45:58.137	21:28.433
198	156	MOLDES SUAREZ Valeriano	(75)	MASTER 40 MASC	EL PUERTO BWS	46:02.490	21:32.786
199	129	GARCIA VAZQUEZ Pablo	(50)	MASTER 50 MASC		46:03.786	21:34.082
200	194	FONTENLA TORRES Manuel	(76)	MASTER 40 MASC	CAMPO LAMEIRO CD CC	46:14.146	21:44.442
201	19	GANDARA LADO Jose Domingo	(51)	MASTER 50 MASC	CLUB CICLISTA DUMBRIA	46:14.616	21:44.912
202	310	FONTAN CELARD Óscar José	(77)	MASTER 40 MASC	CLUB CICLISTA PONTEAREAS	46:15.086	21:45.382
203	339	OUTON FERREIRO Amador	(78)	MASTER 40 MASC	C.C CAMPO LAMEIRO S.D	46:20.318	21:50.614
204	344	FDEZ GLEZ Camilo	(79)	MASTER 40 MASC		46:26.038	21:56.334
205	179	SANTOS ALONSO Isaac	(80)	MASTER 40 MASC	PLAN C	46:41.175	22:11.471
206	255	DUPONT Manuel	(81)	MASTER 40 MASC	CLUB CICLISTA OROSO	46:42.702	22:12.998
207	157	DOMINGUEZ SEQUEIROS Óscar	(60)	MASTER 30 MASC		46:53.779	22:24.075
208	358	BARCIELA ALONSO Manuel	(52)	MASTER 50 MASC		47:24.315	22:54.611
209	98	MOURIÑO FORTES Victor Manuel	(82)	MASTER 40 MASC		47:33.031	23:03.327
210	279	FERNANDEZ OÑATE Manuel Alfonso	(53)	MASTER 50 MASC		47:41.004	23:11.300
211	69	ARENA RAMILA Ramón	(54)	MASTER 50 MASC		47:51.191	23:21.487
212	132	TRILLO CALVO Victor Manuel	(55)	MASTER 50 MASC	CC.DUMBRIA	48:10.050	23:40.346
213	65	CASTRO COLORADO Benigno	(15)	ABSOLUTA MASC		48:38.058	24:08.354
214	278	RODRIGUEZ FERREIRO Felipe	(61)	MASTER 30 MASC		48:46.106	24:16.402
215	204	MOREIRA PEREIRA Enrique	(83)	MASTER 40 MASC	ADN BIKERS	48:46.400	24:16.696
216	39	GOMEZ RODRIGUEZ Carlos Manuel	(56)	MASTER 50 MASC	CICLISMO OIENSE	48:58.913	24:29.209
217	181	FERNANDEZ FERNANDEZ Francisco Javie	(84)	MASTER 40 MASC	ATLETISMO BAIONA	49:02.382	24:32.678
218	26	VILLANUEVA GOICOECHEA Pablo	(85)	MASTER 40 MASC		49:43.634	25:13.930
219	276	PEREIRA ALONSO Daniel	(62)	MASTER 30 MASC	CC ARAGONTA	49:53.523	25:23.819
220	135	RIVEIRA MONTES Manuel	(86)	MASTER 40 MASC	BIKESTRADA	50:09.303	25:39.599
221	136	CASTROMAN LOPEZ Jose	(57)	MASTER 50 MASC	BIKESTRADA	50:09.492	25:39.788
222	273	RODRIGUEZ OLIVEIRA Jorge	(87)	MASTER 40 MASC	CC ARAGONTA	50:21.303	25:51.599
223	22	CARBALLIDO FERREIRO Carlos	(88)	MASTER 40 MASC	C.C. PONTEAREAS	50:53.712	26:24.008
224	214	GONZALEZ REJAS Miguel	(58)	MASTER 50 MASC	LAMPREA	51:30.198	27:00.494
225	205	SANTISO VILA Rubén	(63)	MASTER 30 MASC		52:45.712	28:16.008
226	112	QUINTELA ALONSO Pablo	(89)	MASTER 40 MASC		52:59.993	28:30.289
227	146	CERQUEIRO GONZALEZ Jose Manuel	(59)	MASTER 50 MASC	MURUM ATHELTICA	53:01.909	28:32.205
228	340	LEGASPI PEDREIRA Jose Antonio	(60)	MASTER 50 MASC	INDIVIDUAL	53:21.307	28:51.603

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229	249	BRAGADO FERNADEZ Ivan	(90)	MASTER 40 MASC	DISCAMINO	53:40.984	29:11.280
230	325	GARCIA FERNANDEZ Baldomero	(61)	MASTER 50 MASC		54:03.741	29:34.037
231	87	SOUTO TABOAS Ricardo	(91)	MASTER 40 MASC	ACMP	56:00.452	31:30.748
232	78	PAZOS HERNANDEZ Pablo José	(92)	MASTER 40 MASC	CLUB TRIATLON CORUÑA	56:48.518	32:18.814
233	294	MONTERO VAZQUEZ Senén	(93)	MASTER 40 MASC	C.C. A NARES BIKE	58:11.835	33:42.131
234	238	PEREIRA RODRIGUEZ Jose Antonio	(62)	MASTER 50 MASC	PICARAÑA	58:27.376	33:57.672
235	293	DIAZ FERREIRO Jairo	(64)	MASTER 30 MASC	ANCARES BIKE	1h00:18.166	35:48.462
236	130	DIEGUEZ GOMEZ Javier	(94)	MASTER 40 MASC	CLUB BIKINEROS	1h00:25.435	35:55.731
237	48	COUSO Alberto	(95)	MASTER 40 MASC	CD MIRADOIRO	1h02:21.416	37:51.712
238	68	CORES FIGUEIREDO Ángel	(63)	MASTER 50 MASC	MIRATROTTERS	1h03:46.544	39:16.840
239	126	ALONSO Manuel	(64)	MASTER 50 MASC	TRAVIASAS, C.C	1h05:58.161	41:28.457
240	74	LIZ RODRIGUEZ Jose Carlos	(65)	MASTER 50 MASC	CC TRAVESIA	1h06:00.249	41:30.545

CRONOMETRAJE
