

CASTELO DE PAIVA

RESISTÊNCIA MTB

Rank	Dor	Nome	Cat	Club	Time	Interv.	Diferência	L.Scratch	T.Scratch	1	2	3	4	5	6	7	8
1	10	Carlos Aguiar	MASTER 30 [1]		3h37:54.66			2	26:02.54	26:13.31	26:02.54	26:36.89	26:43.37	27:01.09	27:42.66	28:09.01	29:25.77
2	40	José Ismael Silva Ribeiro	MASTER 30 [2]	JOSÉ ISMAEL SILVA RI	3h42:44.05	+4:49.39	+4:49.39	4	26:37.41	27:29.43	27:00.87	27:32.27	26:37.41	27:42.50	28:15.94	28:35.14	29:30.45
3	58	Filipe Sá	ELITE [1]	CD AVES CICUISMO	3h42:44.47	+0.42	+4:49.81	2	26:35.47	27:06.29	26:35.47	27:30.73	27:36.40	27:34.02	28:15.97	28:36.06	29:29.51
4	19	Marcelo Oliveira	MASTER 30 [3]	CARVIC/CASADOSOCULOS	3h47:47.65	+5:03.18	+9:52.99	2	26:47.14	27:44.90	26:47.14	27:37.61	28:09.90	29:04.75	28:50.72	29:48.25	29:44.36
5	57	Luís Oliveira	MASTER 30 [4]	MOUQUIM-TRIAUTO	3h47:53.19	+5.54	+9:58.53	2	27:04.45	27:31.53	27:04.45	27:33.32	27:47.86	28:43.67	29:21.61	29:05.11	30:45.60
6	66	Lucas Coelho	MASTER 30 [5]	BOMBOS SÃO SEBASTIÃO	3h52:52.61	+4:59.42	+14:57.95	2	26:41.48	27:55.47	26:41.48	27:16.41	27:17.49	29:56.94	30:12.26	31:17.82	31:59.71
7	18	Miguel Alves	ELITE [2]	SAGIPER NSCP MORTÁGU	3h20:46.24	+1 Vuelta	+1 Lap	2	26:36.31	27:05.94	26:36.31	27:29.91	27:59.35	29:01.75	30:32.04	32:00.92	
8	150	Fábio Mendes / Paulo Oliveira	DUPLA MASCULINA [1]	ASSOCIAÇÃO DESPORTIV	3h30:05.73	+9:19.49	+1 Lap	3	29:18.42	29:37.07	29:48.58	29:18.42	30:11.40	30:27.27	31:14.17	29:28.79	
9	151	Mateus Dias / Daniel Santos	DUPLA MASCULINA [2]	PAREDESCICLISMONAESC	3h30:08.54	+2.81	+1 Lap	2	27:22.36	30:10.73	27:22.36	30:04.53	28:09.21	31:17.65	30:44.09	32:19.95	
10	4	Tiago Cardoso	MASTER 30 [6]		3h31:19.99	+1:11.45	+1 Lap	2	28:51.26	28:14.18	28:51.26	29:50.79	29:36.30	30:42.41	31:58.81	32:06.22	
11	41	Miguel Pinto	MASTER 40 [1]	CARVIC/CASADOSÓCULOS	3h35:17.30	+3:57.31	+1 Lap	2	28:40.05	29:06.79	28:40.05	29:10.69	31:27.57	31:03.19	32:56.17	32:52.80	
12	69	Ricardo Oliveira	MASTER 30 [7]	SEROA BIKE SHOP	3h35:53.46	+36.16	+1 Lap	3	29:12.28	30:17.77	29:55.84	29:12.28	29:54.11	31:21.59	33:05.48	32:06.35	
13	8	Fábio Lopes	ELITE [3]	INDELAGUE- NAC BIKE	3h36:18.33	+24.87	+1 Lap	2	29:54.31	30:19.79	29:54.31	30:14.32	30:19.02	31:35.91	31:18.18	32:36.77	
14	38	Marco Neves	MASTER 30 [8]	SILVA&VINHA ADRP SEN	3h40:22.25	+4:03.92	+1 Lap	2	30:10.71	29:33.22	30:10.71	30:44.70	31:05.52	32:44.52	33:30.58	32:32.98	
15	20	Jorge Melo	MASTER 30 [9]		3h45:52.73	+5:30.48	+1 Lap	2	30:27.96	30:57.55	30:27.96	30:27.98	31:12.68	33:03.41	34:12.94	35:30.18	
16	65	Bruno Carvalho	MASTER 30 [10]		3h47:05.36	+1:12.63	+1 Lap	2	28:24.40	29:24.44	28:24.40	31:07.45	33:03.12	35:10.16	34:37.91	35:17.85	
17	31	Manuel Monteiro	MASTER 50 [1]	ROMPE TRILHOS AJPCAR	3h47:08.61	+3.25	+1 Lap	2	30:23.57	30:59.39	30:23.57	30:50.11	31:59.77	33:25.03	33:54.98	35:35.73	
18	27	António Dias	MASTER 40 [2]	MCP TEAM	3h47:30.68	+22.07	+1 Lap	4	31:42.64	31:20.67	31:44.25	32:19.98	31:42.64	33:05.30	33:24.36	33:53.45	
19	64	Rui Silva	ELITE [4]		3h51:09.19	+3:38.51	+1 Lap	2	31:18.94	30:59.73	31:18.94	32:34.62	32:37.21	33:41.45	34:19.97	35:37.24	
20	63	Tiago Monteiro	ELITE [5]	INDELAGUE NAC BIKE T	3h55:22.73	+4:13.54	+1 Lap	2	30:53.42	31:22.32	30:53.42	31:51.34	34:34.28	36:25.35	34:24.57	35:51.42	
21	29	Marcos André Pinto	MASTER 30 [11]	BTENROS-FERRO VELHO	3h56:18.60	+55.87	+1 Lap	5	32:05.47	31:13.70	33:15.07	34:34.58	34:39.09	32:05.47	35:44.50	34:46.16	
22	22	Dinis Moreira	ELITE [6]		3h58:34.53	+2:15.93	+1 Lap	7	33:24.64	34:01.59	34:00.21	33:39.50	34:21.04	34:32.25	34:35.27	33:24.64	
23	44	Henrique Silva	ELITE [7]	ALIENTEAM	3h58:57.88	+23.35	+1 Lap	2	32:16.18	35:17.91	32:16.18	33:21.84	33:31.01	34:31.28	35:27.81	34:31.81	
24	152	Dinis Freitas / Gonçalo Nunes	DUPLA MASCULINA [3]	PAREDESCICLISMONAESC	3h58:58.82	+0.94	+1 Lap	2	31:59.51	35:50.54	31:59.51	34:23.31	32:32.27	34:56.87	33:36.16	35:40.13	
25	28	Marco Quaresma	MASTER 40 [3]	ACDL TEAM	3h28:07.98	+1 Vuelta	+2 Laps	2	33:49.60	34:01.11	33:49.60	33:50.28	34:30.86	35:21.11	36:35.00		
26	158	Miguel Ángel Pereira / Miguel	DUPLA MASCULINA [4]	ADN BIKERS	3h29:07.51	+59.53	+2 Laps	4	31:32.45	49:45.16	31:53.15	31:33.48	31:32.45	32:13.07	32:10.18		
27	13	Duarte Vieira	MASTER 30 [12]	DESCOLA / CCMARCO	3h29:09.47	+1.96	+2 Laps	2	32:08.63	33:54.91	32:08.63	33:42.82	34:39.58	36:30.19	38:13.31		
28	7	Daniel Coelho	ELITE [8]	RMVQV DE AROUCA	3h31:00.18	+1:50.71	+2 Laps	2	33:24.18	34:56.80	33:24.18	33:25.39	34:25.75	35:17.46	39:30.57		
29	3	Amândio Santos	MASTER 30 [13]	PEDAL'ADA	3h32:16.11	+1:15.93	+2 Laps	2	34:35.78	34:15.29	34:35.78	35:35.16	35:28.85	36:23.61	35:57.39		
30	5	Carlos Monteiro	MASTER 50 [2]		3h32:39.22	+23.11	+2 Laps	2	34:06.30	33:41.86	34:06.30	34:13.03	35:02.24	38:54.25	36:41.53		
31	16	Daniel Mota	MASTER 30 [14]	ASSOCIAÇÃO DESPORTIV	3h34:09.43	+1:30.21	+2 Laps	2	31:51.55	31:00.65	31:51.55	34:00.70	34:27.09	39:29.72	43:19.70		
32	67	Alessia Teixeira	MASTER 30 FEM [1]	BOMBOS SÃO SEBASTIÃO	3h35:11.70	+1:02.27	+2 Laps	3	35:33.90	34:02.74	35:54.37	35:33.90	36:23.97	36:42.76	36:33.94		
33	36	João Teixeira	ELITE [9]	PEDAL'ADA	3h36:08.45	+56.75	+2 Laps	2	34:35.95	34:04.43	34:35.95	35:41.26	35:57.50	39:07.07	36:42.22		
34	43	Joao Ribeiro	ELITE [10]	PEDAL'ADA	3h36:26.06	+17.61	+2 Laps	3	34:49.06	36:54.43	35:56.32	34:49.06	35:04.53	37:44.35	35:57.35		
35	15	Pedro Santos	MASTER 30 [15]		3h37:25.45	+59.39	+2 Laps	2	33:20.77	36:27.52	33:20.77	35:26.58	34:35.43	38:21.56	39:13.57		
36	61	José Marinho	ELITE [11]	UDAR	3h40:07.85	+2:42.40	+2 Laps	2	32:33.77	31:42.29	32:33.77	33:43.54	35:55.77	48:25.05	37:47.41		
37	153	Martim Ribeiro / David Gaspar	DUPLA MASCULINA [5]	PAREDESCICLISMONAESC	3h46:07.86	+6:00.01	+2 Laps	4	35:59.77	39:43.50	37:51.61	36:17.25	35:59.77	38:41.37	37:34.32		
38	34	Iris Eanes	ELITE FEM [1]	COXOS & LENTOS	3h47:10.41	+1:02.55	+2 Laps	2	35:32.59	37:04.98	35:32.59	36:56.64	38:39.38	39:55.06	39:01.73		
39	6	Artur Magalhães	MASTER 40 [4]		3h48:06.31	+55.90	+2 Laps	3	34:48.67	36:56.18	35:54.46	34:48.67	37:30.77	40:50.84	42:05.39		
40	14	Filipe Patrício	MASTER 40 [5]	PEDAL'ADA	3h49:11.80	+1:05.49	+2 Laps	2	34:31.02	35:03.84	34:31.02	35:00.25	37:02.44	42:23.68	45:10.55		
41	62	Vilela	MASTER 40 [6]	VILELA BIKE STORE	3h49:31.05	+19.25	+2 Laps	2	37:29.09	36:40.52	37:29.09	39:16.40	38:51.56	39:13.90	37:59.55		
42	55	Luís Silva	MASTER 30 [16]		3h53:55.27	+4:24.22	+2 Laps	2	36:13.05	37:29.90	36:13.05	37:15.04	39:12.85	40:24.34	43:20.07		
43	54	Paulo Colaço	MASTER 40 [7]	BTJURÁSSICOS	3h57:39.64	+3:44.37	+2 Laps	2	36:10.30	36:49.01	36:10.30	37:20.96	40:19.07	41:42.77	45:17.51		
44	23	Armando Ferraz	MASTER 50 [3]		3h58:56.71	+1:17.07	+2 Laps	2	37:36.87	35:20.57	37:36.87	38:22.86	42:09.02	42:20.58	43:06.78		
45	35	Ricardo Pereira	MASTER 40 [8]	BIKEZONE PENAFIEL	3h59:25.81	+29.10	+2 Laps	2	37:06.95	38:09.61	37:06.95	40:02.19	42:14.09	44:30.83	37:22.12		
46	37	Roberto Aires	MASTER 40 [9]	ALIENTEAM	3h00:13.99	+1 Vuelta	+3 Laps	2	33:22.54	34:47.78	33:22.54	34:04.23	35:30.33	42:29.09			
47	48	David Silva	ELITE [12]	DAVID SILVA	3h02:08.03	+1:54.04	+3 Laps	2	34:25.22	34:17.99	34:25.22	36:29.59	36:12.91	40:42.29			
48	47	João Macedo	MASTER 40 [10]	ACC-LIXA-BTT	3h02:26.62	+18.59	+3 Laps	2	32:30.95	31:21.08	32:30.95	37:32.44	38:30.72	42:31.41			
49	32	Marco Eanes	MASTER 50 [4]	COXOS & LENTOS	3h09:02.74	+6:36.12	+3 Laps	2	35:34.86	36:54.27	35:34.86	36:59.76	38:42.26	40:51.58			
50	149	José Fernandes / Lourenço Fern	DUPLA MASCULINA [6]	GRUPO CCR AP MOTORS	3h12:57.41	+3:54.67	+3 Laps	3	37:37.20	36:58.64	38:07.63	37:37.20	40:23.80	39:50.13			
51	59	José Moreira	MASTER 30 [17]		3h13:26.29	+28.88	+3 Laps	2	36:53.58	36:48.76	36:53.58	37:10.66	38:35.35	43:57.91			
52	60	João Lindo	ELITE [13]	SOBRADO BTTCLUBE	3h17:01.29	+3:35.00	+3 Laps	3	36:30.78	36:40.67	36:59.61	36:30.78	39:26.53	47:23.67			
53	50	José Lima	MASTER 30 [18]	JOSÉ LIMA	3h19:16.97	+2:15.68	+3 Laps	2	38:06.01	37:14.22	38:06.01	40:10.57	40:56.51	42:49.64			
54	12	Jéssica Costa	ELITE FEM [2]	GUILHABREU MTB TEAM	3h19:51.16	+34.19	+3 Laps	2	37:08.68	36:49.77	37:08.68	39:24.22	42:46.01	43:42.47			
55	24	Nuno Sousa	MASTER 40 [11]	ALIENTEAM	3h20:48.36	+57.20	+3 Laps	3	38:05.87	36:52.52	43:07.16	38:05.87	38:46.41	43:56.39			
56	56	José Silva	MASTER 60 [1]	SEIXO TEAM	3h24:32.09	+3:43.73	+3 Laps	3	39:57.88	40:15.88	40:44.15	39:57.88	40:55.13	42:39.04			
57	45	FILIFE RICARDO	MASTER 30 [19]		3h29:22.34	+4:50.25	+3 Laps	3	38:35.09	37:22.98	48:41.46	38:35.09	41:16.68	43:26.10			
58	33	Cátia Eanes	ELITE FEM [3]	COXOS & LENTOS	3h29:45.25	+22.91	+3 Laps	2	40:03.70	39:35.22	40:03.70	42:07.93	45:10.94	42:47.45			
59	11	Diogo Carvalho	ELITE [14]		3h42:30.94	+12:45.69	+3 Laps	3	41:39.10	39:53.13	42:23.66	41:39.10	47:34.17	51:00.86			



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60	53	Filipe Oliveira	MASTER 40 [12]	FILIFE OLIVEIRA	3h42:31.60	+0.66	+3 Laps	2	41:11.00	42:08.39	41:11.00	42:48.53	45:24.10	50:59.55
61	42	Henrique Pinto	ELITE [15]	PEDAL'ADA	3h43:37.88	+1:06.28	+3 Laps	2	42:24.46	39:51.56	42:24.46	50:53.45	43:46.63	46:41.77
62	30	Bruno Marinho	MASTER 40 [13]	BIKEZONE PENAFIEL	3h45:59.07	+2:21.19	+3 Laps	5	40:36.70	52:35.56	47:09.23	43:38.05	41:59.50	40:36.70
63	49	Manuel Pinto	MASTER 30 [20]	PEDAL'ADA	3h46:08.97	+9.90	+3 Laps	2	42:44.69	42:48.68	42:44.69	47:43.87	45:31.49	47:20.22
64	154	Matilde Gaspar / Sérgio Sampai	DUPLA MISTA [1]	PAREDESCICLISMONAESC	3h47:49.96	+1:40.99	+3 Laps	3	43:15.29	45:39.95	44:20.73	43:15.29	49:33.21	45:00.77
65	9	Aldo Cardoso	MASTER 30 [21]		3h47:57.61	+7.65	+3 Laps	5	36:51.09	39:11.96	42:33.73	37:53.03	1h11:27.78	36:51.09
66	25	Gastão Franco	MASTER 60 [2]	ACDL TEAM	3h49:50.44	+1:52.83	+3 Laps	2	41:53.18	42:02.83	41:53.18	45:06.18	49:20.27	51:27.97
67	26	Mauro Paiva	MASTER 30 [22]		3h06:27.04	+1 Vuelta	+4 Laps	2	36:11.87	35:50.72	36:11.87	37:43.62	1h16:40.83	
68	52	Rui Novo	MASTER 50 [5]	BOAVISTA FC BTT	3h15:51.89	+9:24.85	+4 Laps	2	47:32.96	41:30.87	47:32.96	53:16.88	53:31.16	
69	51	Nuno Silva	MASTER 40 [14]	OVELHAS NEGRAS	3h15:59.83	+7.94	+4 Laps	3	47:20.96	42:32.98	47:25.01	47:20.96	58:40.86	
70	159	José Fernando da Rocha e Silva	DUPLA MASCULINA [7]	PAREDESCICLISMONAESC	3h26:37.91	+10:38.08	+4 Laps	4	35:15.16	31:22.64	39:19.25	1h40:40.85	35:15.16	
71	155	Sofia Gaspar / Rita Maia	DUPLA FEMININA [1]	PAREDESCICLISMONAESC	3h54:45.40	+28:07.49	+4 Laps	3	54:25.00	1h00:56.62	59:24.93	54:25.00	59:58.84	
72	21	Nelson Viana	MASTER 50 [6]		2h42:55.75	+1 Vuelta	+5 Laps	2	54:44.00	48:22.02	54:44.00	59:49.72		
73	46	Pedro Davide Leite	MASTER 40 [15]	PEDAL'ADA	3h01:04.70	+18:08.95	+5 Laps	2	52:28.97	47:08.79	52:28.97	1h21:26.93		
74	157	Vasco / Leonel Rodrig	DUPLA MASCULINA [8]	PAREDESCICLISMONAESC	3h29:43.81	+28:39.11	+5 Laps	2	1h11:57.35	1h01:46.66	1h11:57.35	1h15:59.79		
75	156	André Rodrigues / Diogo Sampai	DUPLA MASCULINA [9]	PAREDESCICLISMONAESC	3h16:49.69	+1 Vuelta	+6 Laps	2	2h15:55.72	1h00:53.97	2h15:55.72			

