

CLT	DORSAL	APELLIDOS	NOMBRE	CATEGORIA	CLUB	BUCLE	CLT BUCLE	1ª V.	CLT 1ª V. META	P.META		
SUB 23	1	141	NUEVO ALONSO	Iker	SUB 23	33:26.062	14	1h51:16.070	14	3h12:14.928	125	
	2	67	MACEIRAS FERNANDEZ	Pablo	SUB 23	36:54.607	41	2h01:18.196	36	3h28:24.787	105	
	3	133	ALLO NUÑEZ	Vicente	SUB 23	39:36.630	71	2h12:32.660	73	3h48:20.403	90	
	4	112	MARTIN CORRAL	Abraham	SUB 23	42:00.045	92	2h18:41.052	89	4h06:13.298	75	
	5	98	GONZALEZ VEIGA	Xacobe	SUB 23	46:09.186	120	2h28:11.831	110	4h25:09.146	70	
ELITE	1	20	RODRIGUEZ GUEDE	Pablo	ELITE	31:05.259	2	1h44:31.326	1	2h54:14.096	125	
	2	MARQUEZ FERNANDEZ	Brandan	ELITE	1	31:01.851	1	1h44:31.781	2	2h59:12.691	105	
	3	16	ALANIS ABELAIRA	Alberto	ELITE	33:05.202	12	1h48:54.671	6	3h07:20.409	90	
	4	YAGO FERNANDEZ OBEIZA	Yago	ELITE	EXTOL MTB TEAM, C.D.	33:28.266	15	1h49:06.882	11	3h09:24.768	75	
	5	11	MARNOTES NOGUEIRA	Diego	ELITE	EXTOL MTB TEAM, C.D.	32:41.578	8	1h49:07.889	12	3h09:25.260	70
	6	30	RIVAS PRADO	Alberto	ELITE	AS PONTES, C.C.	33:34.899	17	1h52:10.327	16	3h11:24.349	65
	7	143	TABOADA RODRIGUEZ	Andres	ELITE	TAVFER-OVOS MATINADOS-MORT	32:43.195	9	1h47:55.256	4	3h11:29.576	60
	8	18	PIÑEIRO LOPEZ	Manuel	ELITE	MILAGROSA, C.C.	34:09.210	20	1h56:10.320	23	3h18:15.708	55
	9	43	SEJO CASTRO	Diego	ELITE	MASTER DA LOURIÑA, C.	35:23.049	31	1h57:46.415	29	3h24:18.736	50
	10	36	GONZALEZ GENDE	Victor	ELITE	MONTENEME, C. C.	35:21.868	28	1h58:19.019	30	3h25:05.121	46
	11	68	GÓMEZ ARES	Marcos	ELITE	AS PONTES, C.C.	38:21.022	53	2h04:46.250	47	3h39:18.074	43
	12	128	ZARRETE VILELA	Gabriel	ELITE	AS PONTES, C.C.	40:35.952	80	2h09:04.656	63	3h40:09.355	40
	13	64	LAMAS DIZ	Emmanuel	ELITE	BUEU, C.C.	39:40.943	72	2h11:18.926	70	3h47:06.269	38
	14	61	GRANDIO LOPEZ	Marcos	ELITE	TERRA CHA VILALBA, C.C.	39:14.647	65	2h10:40.046	69	3h50:31.469	36
	15	129	VAZQUEZ PEREZ	Ivan	ELITE	TOXO, P.C.	40:04.545	76	2h25:15.602	101	4h13:37.119	35
	16	113	DOMINGUEZ POUSA	Javier	ELITE	SPORT BIKE VERIN, C.	46:08.788	119	2h34:25.661	116	4h33:51.413	34
	17	4	PINO SUAREZ	Oscar	ELITE	EXTOL MTB TEAM, C.D.	32:59.930	11	1h52:34.282	18	DNF	33
	18	118	CANCELAS FANDIÑO	Raul	ELITE	BICI VERDE, C.C.	42:06.163	94	2h22:30.694	97	DNF	32
	19	51	AREAN RICO	Manuel Angel	ELITE	VILLOPOWER BEMBIBRE BTT	39:20.764	66	DNF	DNF	DNF	31
MASTER 30	62	BUSTO RAMOS	Javier	ELITE	EXTOL MTB TEAM, C.D.	DNF	145	DNF	DNF	DNF	30	
	63	CARDERO LOPEZ	Alvaro	ELITE	CODIGO BIKE TEAM, C.	DNF	146	DNF	DNF	DNF	29	
	78	PENA VAZQUEZ	Adrian	ELITE	RIBADOULLA, A.S.D.	DNF	147	DNF	DNF	DNF	28	
	1	19	PICO BOUZA	Yago	MASTER 30	AS PONTES, C.C.	32:51.003	10	1h48:57.578	8	3h06:57.533	125
MASTER 30	2	13	QUINTANS CASTIÑEIRAS	Ruben	MASTER 30	33:10.686	13	1h48:58.023	9	3h10:49.403	105	
	3	15	RIVAS PRADO	Alain	MASTER 30	33:54.654	19	1h52:09.999	15	3h10:51.060	90	
	4	8	CANOSA BOUZADA	Jose Carlos	MASTER 30	33:33.023	16	1h52:30.437	17	3h15:26.930	75	
	5	17	CABADO PRADO	Julio	MASTER 30	FRÍOL, C.C.	34:12.257	22	1h52:36.086	19	3h15:28.524	70
	6	24	LAMAS FERNANDEZ	Marcos	MASTER 30	AS PONTES, C.C.	34:17.788	23	1h52:37.867	20	3h15:29.346	65
	7	23	PEREZ GONZALEZ	Diego	MASTER 30	AGUZO MTB	34:29.671	25	1h56:47.061	24	3h22:05.140	60
	8	28	GONZALEZ VELASCO	Javier	MASTER 30	AGUZO MTB	34:30.350	26	1h56:47.398	25	3h22:05.704	55
	9	25	MARTINEZ SIAS	Pablo	MASTER 30	PODIUM TEAM, A.D.	34:43.194	27	1h56:50.210	28	3h22:06.687	50
	10	21	CAO COSTOYA	Javier	MASTER 30	JAG, C.D.	35:24.891	33	1h59:07.695	31	3h24:41.613	46
	11	49	CAMPOS ALVAREZ	David	MASTER 30	BICICLETAS CHINQUENA R.T., C.	36:10.571	36	2h00:23.915	34	3h27:16.724	43
	12	39	TUBIO BRION	Dario	MASTER 30	TOXO, P.C.	37:19.685	43	2h01:26.750	39	3h28:02.170	40
	13	41	GARCIA VARELA	Santiago	MASTER 30	ARMENTEIRA E PUNTO, C.	37:23.132	44	2h04:00.315	42	3h34:46.849	38
	14	42	VENTOSA CELA	Ruben	MASTER 30	RIBADOULLA, A.S.D.	37:29.624	49	2h07:43.206	55	3h42:28.483	36
	15	38	BARROS GARCIA	Diego	MASTER 30	RIBADUMIA, C.C.	38:34.569	56	2h08:39.152	58	3h45:38.118	35
	16	45	MONTERO GOMEZ	Jacobo	MASTER 30	PODIUM TEAM, A.D.	39:29.412	69	2h10:03.104	66	3h45:47.330	34
	17	53	PENEDO GASPAR	Diego	MASTER 30	TOXO, P.C.	38:33.021	54	2h05:19.392	50	3h46:21.925	33
	18	108	COSTAS RODRIGUEZ	Alejandro	MASTER 30	PONTEBIKE TEAM, C.	40:12.444	77	2h11:44.753	72	3h48:58.701	32
	19	73	COSTOYA RODRIGUEZ	Sergio	MASTER 30	BTT TRASDEZA, C.	39:51.751	74	2h15:49.793	81	4h02:39.502	31
	20	104	ORTEGA LOUREIRO	Ivan	MASTER 30	CLUB DE MONTAÑA XESTEIRAS	42:10.522	97	2h18:01.631	88	4h06:13.510	30
	21	111	FERNANDEZ CID	Diego	MASTER 30	BIKESTRADA, P.C.	44:02.366	111	2h25:47.855	105	4h06:36.877	29
	22	101	BARBOSA ALONSO	Diego	MASTER 30	BICI O CON, C.	43:59.483	110	2h23:27.695	98	4h07:02.095	28
	23	102	VAZ QUINTAS	Pablo	MASTER 30	SPORT BIKE VERIN, C.	43:10.827	101	2h26:20.854	107	4h10:25.069	27
	24	65	BARRIO LOUZAO	Alberto	MASTER 30	RIBADOULLA, A.S.D.	41:42.468	90	2h22:07.530	96	4h13:37.611	26
	25	93	DOMINGUEZ GARCIA	Estefan	MASTER 30	CLUB DE MONTAÑA XESTEIRAS	43:45.186	108	2h25:59.244	106	4h16:42.888	25
	26	89	SABARIS SILVA	Diego	MASTER 30	CLUB DE MONTAÑA XESTEIRAS	43:17.741	104	2h26:49.517	108	4h16:43.427	
	27	69	PIZANO RIVADULLA	Adan	MASTER 30	RIBADOULLA, A.S.D.	44:15.936	112	2h28:26.644	111	4h25:56.795	
	28	107	DEL CURA DIAZ	Ismael	MASTER 30	ANCARES BIKE, C.	46:45.677	124	2h37:06.796	119	4h49:50.960	
	29	84	PABLO FERREIRO	David	MASTER 30	BTT OZACESURAS, C.C.	45:26.812	117	2h32:46.239	114	4h52:27.948	
	30	1	ALVAREZ ALONSO	Diego	MASTER 30	PODIUM TEAM, A.D.	31:36.890	4	1h48:55.467	7	DNF	
	31	75	TORRES MELLA	Ivan	MASTER 30	MELUDE TRAIL BIKE TEAM, C.	42:00.443	93	2h13:56.051	77	DNF	
	32	138	PALEO CORRAL	Ivan	MASTER 30	BERRAS DO EUIME, C.C.	47:04.382	125	2h36:46.381	118	DNF	
	33	99	CAMEAN GUIMAREY	David	MASTER 30	BARBANTIA RODA, S.D.	47:57.163	131	2h41:46.737	125	DNF	
	34	130	GALLEGO PAJARO	Aitor	MASTER 30	CHANTADINO, C.C.	49:28.007	135	2h49:17.844	133	DNF	
	35	7	VILAS ARIONES	Francisco Javier	MASTER 30	SANOMEDIO, A.C.D.	32:06.633	5	DNF	DNF		
	MASTER 40	1	3	CASUO CASTRO	Manuel	MASTER 40	CLUB DE MONTAÑA XESTEIRAS	31:35.532	3	1h46:34.279	3	3h02:45.365
2		9	REGUEIRO LAGE	Daniel	MASTER 40	MILAGROSA, C.C.	32:39.725	6	1h48:53.805	5	3h06:58.040	105
3		14	NEIRA DIEGUEZ	Alberto	MASTER 40	CLUB DE MONTAÑA XESTEIRAS	33:54.585	18	1h50:55.233	13	3h10:31.074	90
4		5	PARGA ALVAREZ	Marcos	MASTER 40	MILAGROSA, C.C.	34:21.209	24	1h53:25.000	22	3h16:46.268	75
5		26	SUAREZ RODRIGUEZ	Jose Manuel	MASTER 40	BICI O CON, C.	35:22.756	30	1h56:49.296	27	3h20:42.099	70
6		132	LORENZO BALSÀ	Jorge	MASTER 40	LIMITE BIERZO, C.D.	35:23.928	32	1h56:48.149	26	3h21:21.852	65
7		29	GRAÑA GONZALEZ	Antonio	MASTER 40	TROUPE, C.	36:09.959	35	2h01:19.579	38	3h26:15.764	60
8		32	LOIS BARREIRO	Ernesto	MASTER 40	BELA OTERO, C.C.	36:38.764	38	2h01:18.093	35	3h26:49.044	55
9		37	CARDOSO COSTA	Nelson Jose	MASTER 40	EXTOL MTB TEAM, C.D.	36:50.438	39	2h00:05.093	33	3h29:02.312	50
10		40	MALGA PAZ	Alberto	MASTER 40	VAGALUME, C.	36:38.201	37	2h01:19.555	37	3h30:20.852	46
11		139	VALLÉ MACIAS	Luis	MASTER 40	LIMITE BIERZO	37:44.929	50	2h04:01.276	43	3h30:38.760	43
12		33	NOYA RUBIANES	David	MASTER 40	BTT TROTACUMES, C.	37:24.143	45	2h04:01.579	44	3h34:48.935	40
13		135	PAZOS GONZALEZ	Jose Antonio	MASTER 40	CHANTADINO, C.C.	37:54.748	51	2h04:53.728	49	3h35:42.115	38
14		56	MARTINEZ DE SOUZA	Victor	MASTER 40	PODIUM TEAM, A.D.	38:36.162	58	2h05:39.314	51	3h36:42.819	36
15		52	BAJA TIERRA CASTRO	Andres	MASTER 40	GRAFICAS IAR, P.C.	39:25.451	68	2h08:00.033	57	3h36:46.431	35
16		57	SOUTO PENABAD	Jose Manuel	MASTER 40	TERRAS DO EUIME, C.C.	37:58.335	52	2h04:51.969	48	3h36:55.055	34
17		93	VAZQUEZ MARIÑAS	David	MASTER 40	MEDIA DUXIA, A.D.	38:50.693	60	2h06:33.853	53	3h37:10.009	33
18		105	CASTRO LOPEZ	Rafael	MASTER 40	MONTE XALO, P.C.	38:54.795	62	2h06:42.339	54	3h37:23.766	32
19		34	PORTAS GONZALEZ	Pablo	MASTER 40	ARMENTEIRA E PUNTO, C.	37:27.843	47	2h04:37.580	46	3h37:52.362	31
20		46	SOUTO MARTINEZ	Yago	MASTER 40	RIBADUMIA, C.C.	38:34.545	55	2h05:39.811	52	3h39:18.169	30
21		82	GARCIA FERNANDEZ	Victor Manuel	MASTER 40	MOTO BIKE, P.C.	40:18.821	79	2h17:54.155	87	3h41:44.280	29
22		55	GONZALEZ GONZALEZ	David	MASTER 40	OURENSE PERMAL, C.C.	38:58.967	63	2h09:11.332	65	3h42:03.877	28
23		48	RODRIGUEZ GONZALEZ	Oscar	MASTER 40	BICI VERDE, C.C.	39:4					

CLT	DORSAL	APELLIDOS	NOMBRE	CATEGORIA	CLUB	BUCLE	CLT BUCLE	1ª V.	CLT 1ª V META	P.META
	54	35	SIMON SALGADO	Cristian	MASTER 40	MASTER DA LOURINHA, C.	37:03.141	42	DNF	DNF
	55	131	PEREZ FERNANDEZ	Roberto	MASTER 40	AURIENSE, C.C.	41:29.624	87	DNF	DNF
		95	SANCHEZ CUYAR	Constantino	MASTER 40	ANCARES BIKE, C.	DNF	148	DNF	DNF
		140	ROMERO BARRO	Alejandro	MASTER 40	CAMALEONES NARON-BIKE, C.	DNF	152	DNF	DNF
MASTER 50-60										
	1	12	LOPEZ CEDRON	Francisco Xavier	MASTER 50-60	MILAGROSA, C.C.	32:40.102	7	1h49:01.280	10 3h04:38.020 125
	2	22	ARIAS VILLAJOS	Miguel Angel	MASTER 50-60	EXTOL MTB TEAM, C.D.	34:10.030	21	1h52:45.227	21 3h19:55.857 105
	3	27	EXPOSITO ABELEDO	Juan Manuel	MASTER 50-60	MILAGROSA, C.C.	35:22.381	29	1h59:08.118	32 3h26:35.756 90
	4	31	RODRIGUEZ TERRON	Manuel	MASTER 50-60		36:54.443	40	2h03:38.188	41 3h30:38.631 75
	5	44	MARNOTES VILLANUEVA	Antonio	MASTER 50-60	MPG TERRAS DE CEA, C.	35:25.406	34	2h01:27.500	40 3h35:55.945 70
	6	59	HERBELO MARZAN	Manuel Alberto	MASTER 50-60	QUEBICI-MARCISPORT, C.	37:28.287	48	2h04:02.141	45 3h36:03.026 65
	7	80	MIGUEZ LOPEZ	Pablo	MASTER 50-60	GRAFICAS LAR, P.C.	39:24.771	67	2h09:02.707	62 3h41:52.786 60
	8	54	SUAREZ SUAREZ	Gonzalo	MASTER 50-60	BTT ULTREIA, C.	41:16.662	86	2h13:48.761	75 3h45:46.745 55
	9	66	GOMEZ GOMEZ	Francisco Javie	MASTER 50-60	FARTO, C.C.	40:42.305	81	2h14:26.685	78 3h53:43.169 50
	10	136	PAZ GONZALEZ	Jose Luis	MASTER 50-60	TERRAS DO EUME, C.C.	43:41.672	106	2h20:05.873	90 3h59:31.502 46
	11	85	VILLAMEDIANA MANEIRO	Jose Ramon	MASTER 50-60	BTT TROTACUMES, C.	42:06.982	96	2h21:30.812	92 4h04:42.290 43
	12	126	POMBO VIDAL	Francisco Javier	MASTER 50-60	RIBADUMIA, C.C.	44:34.031	113	2h25:25.495	102 4h09:00.739 40
	13	109	ARES VAZQUEZ	Marcos	MASTER 50-60	CYCLING TEAM CABAÑAS, C.	41:40.382	88	2h21:54.506	95 4h19:58.125 38
	14	120	CARRERA ARIAS	Laureano	MASTER 50-60	LIMITE BIERZO	45:49.124	118	2h32:18.839	113 4h20:58.479 36
	15	83	CASTRO PADIN	Arturo	MASTER 50-60	NON-STOP CLUB CICLISTA	45:24.140	115	2h31:58.403	112 4h32:01.303 35
	16	77	RAMOS RAMOS	Alejandro	MASTER 50-60	RIBADOUILLA, A.S.D.	47:33.912	127	2h39:18.282	121 4h39:31.918 34
	17	106	ALVAREZ GOMEZ	Nicolas	MASTER 50-60	MONTEFERRO BIKE CLUB	47:30.797	126	2h38:03.258	120 DNF 33
	18	110	FERNANDEZ TRELLES	Roberto	MASTER 50-60	CCD-SANKENXO MTB	47:54.586	130	2h42:04.645	128 DNF 32
	19	91	LOPEZ MATO	Victor Ignacio	MASTER 50-60	OS ANGUIAS BTT, C.	51:56.717	141	3h01:47.569	137 DNF 31
	20	142	ESTEVEZ CAÑIZO	Javier	MASTER 50-60	SPORT BIKE VERIN, C.	46:18.070	123	DNF	DNF 30
		76	MALGA PAZ	Antonio	MASTER 50-60	VAGALUME, C.	DNF	146	DNF	DNF 29
		100	FERNANDEZ VILAS	Luis Alberto	MASTER 50-60	XSM, C.C.	DNF	149	DNF	DNF 28
		127	FERNANDEZ RODRIGUEZ	Julio	MASTER 50-60	TERRAS DE CELANOVA, C.C.	DNF	150	DNF	DNF 27
		134	ALLO BARONA	Vicente Jesus	MASTER 50-60	CHANTADINO, C.C.	DNF	151	DNF	DNF 26
ELITE-SUB 23 FEM										
	1	505	DELGADO GONZALEZ	Mar	ELITE-SUB 23 FEM	MONTENEME, C. C.	40:14.506	1	2h14:27.880	1 3h51:57.087 125
	2	502	ROMAN SARMIENTO	Raquel	ELITE-SUB 23 FEM	BICI VERDE, C.C.	40:47.084	2	2h14:28.536	2 3h53:12.042 105
	3	504	ORTEGA AGUILAR	Eva	ELITE-SUB 23 FEM	V BIKES TEAM, C.	41:43.382	3	2h17:06.622	3 3h56:28.546 90
	4	501	SEUAS FERNANDEZ	Tamara	ELITE-SUB 23 FEM	RG BIKES SCOTT TEAM, C	43:13.919	4	2h21:51.788	4 4h03:34.976 75
MASTER FEM										
	1	503	MUÑOZ NARCISO	Rebeca	MASTER FEM	CLUB DE MONTAÑA XESTEIRAS	46:13.875	5	2h40:51.050	5 4h39:31.874 125
	2	506	GUERRERO ABELLA	Jenifer	MASTER FEM		52:50.436	5	3h11:48.818	6 DNF 105