

## Carreira praia de Samil 2023

### Clasificación General

Clit	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
<b>Categoría: F1</b>						
1	387	ALVAREZ RODRIGUEZ Noemí	MAISQUEAUGA	22:40.063	<b>35:49.452</b>	
2	122	FERREIRO PEREZ Maria	GMTA CHUVONERS	22:58.931	<b>36:11.508</b>	22.056
3	660	GALLEGO CANABAL Laura	CLUB DEPORTIVO DELIKIA	23:33.947	<b>37:29.812</b>	1:40.360
4	538	LOPEZ REBOLLIDO Julia	KURAI	23:59.634	<b>37:42.112</b>	1:52.660
5	484	RODRIGUEZ GONZALEZ Nerea	ATLETISMO PORRIÑO	23:48.430	<b>38:02.134</b>	2:12.682
6	281	IGLESIAS GOMEZ Sara		24:06.198	<b>38:42.983</b>	2:53.531
7	111	NOVOA ALONSO Tamara	VIGOENTRENA	25:47.728	<b>40:52.807</b>	5:03.355
8	166	SAMPEDRO GARRIDO Julia	MAISQUEAUGA	26:06.478	<b>41:30.003</b>	5:40.551
9	167	LLORENTE Lucia	MAISQUEAUGA	26:05.307	<b>41:30.540</b>	5:41.088
10	543	AMIL Christin		26:48.924	<b>42:04.702</b>	6:15.250
11	299	CASSANI Lucía		27:07.346	<b>42:38.980</b>	6:49.528
12	654	GONZALEZ RODRIGUEZ Jenni		26:36.969	<b>42:39.149</b>	6:49.697
13	680	VIEIRA COSTAS Arantxa	VIGOENTRENA	26:29.047	<b>42:50.789</b>	7:01.337
14	277	VYNOHRADOVA Kateryna		26:56.025	<b>42:54.509</b>	7:05.057
15	658	ALONSO CABALEIRO Andrea	LA COLONIA CROSSFIT	27:42.081	<b>43:42.070</b>	7:52.618
16	193	ABALDE ALONSO Lara		27:38.470	<b>43:47.762</b>	7:58.310
17	389	MARTIN PALLES Andrea		29:17.001	<b>45:43.314</b>	9:53.862
18	59	POMBAR GRAÑA Alba		29:27.360	<b>46:11.587</b>	10:22.135
19	671	RODRIGUEZ FERNANDEZ Laura		29:10.322	<b>46:28.213</b>	10:38.761
20	512	VALIENTE PICON Sara		29:12.737	<b>46:49.294</b>	10:59.842
21	75	PAZ POMBAL Iris		29:13.743	<b>47:00.668</b>	11:11.216
22	273	PEREZ PARCERO Elena		29:43.021	<b>47:25.034</b>	11:35.582
23	649	RAMOS GONZALEZ Noa		29:45.760	<b>47:47.735</b>	11:58.283
24	526	LAGO VALCARCEL Beatriz	700	30:40.181	<b>47:50.368</b>	12:00.916
25	539	ESTEVEZ Estefanía		30:23.774	<b>47:54.487</b>	12:05.035
26	492	DOMINGUEZ PEREZ Naomi		29:54.244	<b>48:18.468</b>	12:29.016
27	473	SERRANO MONGE Violeta	CLUB DEPORTIVO DELIKIA	30:11.355	<b>48:20.200</b>	12:30.748
28	149	ORTIZ CIDRE Andrea		31:04.251	<b>49:04.377</b>	13:14.925
29	407	MORENO Marta		31:04.418	<b>49:04.494</b>	13:15.042
30	136	LEMONS Andrea	KOMBUCHA TIME	31:26.941	<b>49:50.579</b>	14:01.127
31	180	RODAL MALVIDO Loli		31:26.846	<b>49:57.160</b>	14:07.708
32	648	VELASCO FONDEVILA Laura	LIMIATIVA	31:00.949	<b>50:00.660</b>	14:11.208
33	148	CEBREIROS IGLESIAS Sira	A.D. LIMIACTIVA	30:44.541	<b>50:00.781</b>	14:11.329
34	348	ABUNDANCIA GONZALEZ Elena		31:11.472	<b>50:15.813</b>	14:26.361
35	71	FERREIRO GARCIA Zoe		31:44.471	<b>50:17.180</b>	14:27.728
36	310	CASTRO PARDAVILA Nerea		31:43.369	<b>50:49.313</b>	14:59.861
37	307	PEREZ RODRIGUEZ Luz	MAISQUEAUGA	31:44.894	<b>50:58.822</b>	15:09.370
38	50	BARTER Sarah		32:11.096	<b>51:09.682</b>	15:20.230
39	682	MARTINEZ CERQUEIRA Estefanía	LA COLONIA CROSSFIT	32:25.793	<b>51:20.120</b>	15:30.668
40	395	OTERO RODRIGUEZ Silvia		32:37.627	<b>51:20.881</b>	15:31.429
41	403	GARCIA OTERO Antía		32:32.519	<b>51:34.982</b>	15:45.530
42	224	MAYO Tamara	VIGOENTRENA	32:34.558	<b>51:40.294</b>	15:50.842
43	169	CASTROSEIROS GONZALEZ Natalia	MAISQUEAUGA	32:40.324	<b>51:52.222</b>	16:02.770
44	134	COVELO Alba		32:36.175	<b>52:11.865</b>	16:22.413
45	674	PEREZ MONZON Patricia		32:06.151	<b>52:39.284</b>	16:49.832

Carreira praia de Samil 2023  
Clasificación General

Clc	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
46	663	HERRERA Damaris		33:44.449	52:55.235	17:05.783
47	413	RAMOS VIEITEZ Teresa		34:06.364	53:38.947	17:49.495
48	155	RODRIGUEZ RODRIGUEZ María		34:35.942	54:32.950	18:43.498
49	650	SANCHEZ GUZMAN Pamela	OS CORREDORES DO INFERNNO	34:19.325	54:34.029	18:44.577
50	306	DARRIBA CASTRO María	MAISQUEAUGA	32:58.746	54:44.929	18:55.477
51	656	JAQUEZ Licet		34:24.363	55:08.940	19:19.488
52	130	MARIÑO MENOR Sara		34:40.933	55:50.033	20:00.581
53	666	VILLANUEVA FERNANDEZ Elena		35:06.692	58:20.040	22:30.588
54	15	COSTA GARRIDO Alejandra	SOCIEDAD ATLÉTICA VAL MIÑOR	37:46.817	58:32.637	22:43.185
55	256	RODRIGUEZ GARCIA Sandra	MAISQUEAUGA	36:51.949	59:12.458	23:23.006
56	178	QUERRO Aurora		36:49.418	59:27.072	23:37.620
57	487	SANTANA CABRAL Pilar	MAISQUEAUGA	36:59.613	1h01:02.561	25:13.109
58	365	ALONSO PEREIRA Fátima		39:09.481	1h03:28.791	27:39.339

Ausentes

3	RODRIGUEZ GACIO Susana	CLUB DEPORTIVO DELIKIA
36	COLLAZO FERNANDEZ Lorena	C.A. VETERANOS DE SAMIL
51	PIÑEL LORENZO Eva	CELTA ATLETISMO
70	FEBREIRO COSTAS Andrea	
87	VULCANO DOMINGUEZ Sara	
197	RODRIGUEZ POLO Lara	CLUB DEPORTIVO DELIKIA
262	FIGUEROA Sandra	
274	LOPEZ BOLAS Alba	ATHLETIS FISIOTERAPIA SAN LÁZA
287	PARDO ALMEIDA Joana	
342	DOMINGUEZ TABOAS Tamara	
364	LAGO RODRIGUEZ Marta	
440	PRADO OTERO Alba	
536	GARCIA SAGASTUME Amaia	G.E. GKN INDUGASA
686	ARMADÁNS VILLAR Gloria	
687	LAMEIRO COUTO Alba	

Abandonos

162	ABELEIRA CARBALLO Irene
181	VERDUGO GIL Silvia

Categoría: M1

1	52	GUTIERREZ GONZALEZ Carlos Enrique	CLUB DEPORTIVO DELIKIA	18:21.642	29:17.569	
2	447	PEREZ BLANCO Xosé	ATLETISMOARENTEIRO	18:46.298	29:24.409	6.840
3	150	BARREIRO GOMEZ Martín	TRINORTH	18:21.524	29:29.249	11.680
4	669	PEREZ MISA Jose Antonio		18:37.837	29:45.462	27.893
5	145	SOUSA DOMINGUEZ Adrian	GMTA CHUVONERS	18:40.931	29:50.651	33.082
6	657	COMESAÑA PEREIRA Celso	CLUB DEPORTIVO DELIKIA	18:53.072	30:21.904	1:04.335
7	270	JALDA SEOANE Ángel Daniel	CORREDOIRAS BUEU	18:53.634	30:24.663	1:07.094
8	288	OTERO AMOEDO Anxo	GRUPO ROSLEV	19:45.997	31:13.871	1:56.302
9	355	ALONSO GONZALEZ André		19:56.494	31:52.291	2:34.722

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Cl	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
10	498	GUERRA HERBELLO Diego	S.D.A. SAN MIGUEL DE OIA	20:16.791	32:04.330	2:46.761
11	646	OTERO RAMIREZ Alejandro	ATHLETIS FISIOTERAPIA SAN LÁZA	20:13.814	32:12.632	2:55.063
12	67	COMESAÑA CHAVERT Darío	ATHLETIS FISIOTERAPIA SAN LÁZA	20:14.469	32:29.266	3:11.697
13	10	ABELLEIRA RODRIGUEZ Adrián	CLUB DEPORTIVO DELIKIA	20:19.415	32:34.707	3:17.138
14	35	ARTHAUD ALVAREZ Alejandro	C.A. VETERANOS DE SAMIL	20:29.399	32:38.204	3:20.635
15	662	DOMINGUEZ VILA Pablo	VIGOENTRENA	20:49.180	33:05.993	3:48.424
16	532	RODRIGUEZ GALLEGO Alberto Jose	CASTRELOS 20:30	20:30.009	33:09.913	3:52.344
17	121	RODRIGUEZ FERREIRO Miguel	GMTA CHUVONERS	20:56.353	33:30.914	4:13.345
18	471	FERNANDEZ PLATERO Adrián		20:45.453	33:53.775	4:36.206
19	425	SALGUEIRO TROITIÑO Santiago		21:45.149	34:07.175	4:49.606
20	13	ARCA Isaac		21:29.588	34:11.435	4:53.866
21	644	SIERRA PORTO Víctor		21:34.229	34:22.448	5:04.879
22	147	DAFONTE MARTINEZ Miguel	VIGOENTRENA	21:02.752	34:26.496	5:08.927
23	182	GONZALEZ Raúl	BEADE, AHÍ OS VAN!	21:50.167	34:46.246	5:28.677
24	667	BARGIELA Jaime		21:57.478	34:55.316	5:37.747
25	129	COSTAS BARCIA Diego	MAISQUEAUGA	22:19.274	34:55.769	5:38.200
26	530	CORTIZO BOULLOSA Miguel	ASOCIACIÓN DEPORTIVA C.A.R	23:04.979	35:27.918	6:10.349
27	305	RODRIGUEZ DOVALE Antonio		23:32.073	36:05.689	6:48.120
28	8	RIVERA GUILLADE Martín		22:15.056	36:08.279	6:50.710
29	161	DIAZ SANTOS Juan Manuel		22:31.931	36:16.688	6:59.119
30	276	VYNOHRADOV Andrii		23:04.649	36:20.470	7:02.901
31	659	DOMINGUEZ CARRERA Sergio	LA COLONIA CROSSFIT	23:04.501	36:37.171	7:19.602
32	480	ARMADA DIAZ Jacobo		23:17.329	36:56.322	7:38.753
33	58	RODRIGUEZ LAGO Miguel	ATLETISMO UNIVERSIDADE DE VIGO	23:18.454	37:04.440	7:46.871
34	423	CONDE MARTINEZ Borja	OPOMAS	23:42.525	37:21.130	8:03.561
35	670	GARCIA LOSAS Alejandro		23:35.962	37:30.000	8:12.431
36	511	ALFARO RODRIGUEZ Pedro		23:45.431	37:34.081	8:16.512
37	533	COSTA PAZO Artur	VIGOENTRENA	24:07.650	37:37.773	8:20.204
38	655	RODRIGUEZ FLORES Marco Antonio	CARROZAS	23:15.360	37:41.232	8:23.663
39	7	BARREIRO VALLS Pedro	MAISQUEAUGA	23:52.813	37:43.672	8:26.103
40	43	DOMINGUEZ REVILLA Denis		23:52.556	37:53.074	8:35.505
41	486	SUAREZ OGANDO Adrián	MAISQUEAUGA	23:58.181	37:58.891	8:41.322
42	194	ALVAREZ VAZQUEZ Javier		23:44.283	38:01.535	8:43.966
43	493	DOMONTE PEREZ Victor	GMTA CHUVONERS	23:41.119	38:20.692	9:03.123
44	534	ROA MENDEZ Juan Jesús	G.E. GKN INDUGASA	23:43.016	38:24.977	9:07.408
45	653	ALONSO ALVAREZ Angel Santiago		24:25.790	38:41.997	9:24.428
46	444	BEMPOSTA VARELA David		24:05.823	38:42.796	9:25.227
47	506	MARTINEZ GONZALEZ Alexandre		24:32.916	38:50.093	9:32.524
48	408	LORENZO CONDE Yago	BORGWARNER	25:25.228	38:59.335	9:41.766
49	652	FERNANDEZ GUEDES David	LA COLONIA CROSSFIT	25:11.798	39:24.819	10:07.250
50	370	DOMINGUEZ GONZALEZ Daniel	MAISQUEAUGA	25:01.275	39:47.974	10:30.405
51	436	CALVO SANCHEZ Jose Ramon		24:56.939	39:52.999	10:35.430
52	326	MALGA DIAZ Ernesto		24:50.095	39:54.638	10:37.069
53	352	RIVERA CANICOBA Alberto		25:11.282	39:55.135	10:37.566
54	195	VAZQUEZ FREIRE Iago		25:06.627	39:55.838	10:38.269
55	401	VILLAR PEREIRA Jose Gabriel		25:09.994	39:59.658	10:42.089
56	99	RIVAS ALONSO Adrián		25:23.376	40:01.661	10:44.092

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Clc	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
57	37	ANGUITA Federico	C.A. VETERANOS DE SAMIL	24:58.955	<b>40:13.146</b>	10:55.577
58	430	DE DIOS ROMERO Pablo		25:42.665	<b>40:18.698</b>	11:01.129
59	222	ARIAS TEJEDA Manuel		25:04.182	<b>40:19.626</b>	11:02.057
60	118	BARRIO FERNANDEZ David		25:53.357	<b>40:26.326</b>	11:08.757
61	491	SANCHEZ-MATEOS PANIAGUA Manuel		25:18.174	<b>40:32.882</b>	11:15.313
62	72	FERNANDEZ CERZON Daniel	C.A. VETERANOS DE SAMIL	25:28.064	<b>40:36.239</b>	11:18.670
63	97	RODRIGUEZ ALONSO Sedu		25:56.212	<b>40:50.621</b>	11:33.052
64	665	RODRIGUEZ AMOEDO Iago		26:51.454	<b>41:42.340</b>	12:24.771
65	675	OTERO RIVAS Pablo	PORCOS CELTAS	26:00.573	<b>41:51.043</b>	12:33.474
66	673	CORTIZO BOULLOSA Daniel	PORCOS CELTAS	26:15.243	<b>41:51.248</b>	12:33.679
67	684	ALONSO GONZALEZ Celso		26:41.869	<b>41:52.653</b>	12:35.084
68	179	FERNANDEZ MARIÑO Oscar		26:48.055	<b>42:05.263</b>	12:47.694
69	470	CERVIÑO ALVAREZ Javier		26:05.141	<b>42:05.989</b>	12:48.420
70	48	BEIRO MARTINEZ Carlos		26:14.095	<b>42:10.070</b>	12:52.501
71	192	RODRIGUEZ RODRIGUEZ Yago	C.A. VETERANOS DE SAMIL	27:15.149	<b>43:05.491</b>	13:47.922
72	160	PALOMEQUE TORRAS José Maria		27:16.368	<b>43:07.249</b>	13:49.680
73	668	CRESPO GLEZ Jacinto	PORCOS CELTAS	26:38.494	<b>43:08.730</b>	13:51.161
74	535	PIÑEIRO RODRIGUEZ Francisco	G.E. GKN INDUGASA	26:52.299	<b>43:14.941</b>	13:57.372
75	223	MARTINEZ Iago	VIGOENTRENA	27:19.274	<b>43:18.109</b>	14:00.540
76	468	LOPEZ FERNANDEZ Hugo		26:46.883	<b>43:31.882</b>	14:14.313
77	405	CHARLIN MILLAN Carlos	OS CORREDORES DO INFIERNO	27:14.751	<b>43:40.111</b>	14:22.542
78	416	NIETO Alessandro	BORGWARNER	27:13.487	<b>43:40.164</b>	14:22.595
79	309	GARCIA CASTRO Xurxo		30:32.142	<b>44:01.110</b>	14:43.541
80	153	RODRIGUEZ ARAUJO Cristian		27:25.673	<b>44:06.384</b>	14:48.815
81	54	NUÑEZ PARADA Sergio		27:33.274	<b>44:17.321</b>	14:59.752
82	390	SOTELO LORENZO Daniel		27:41.658	<b>44:33.482</b>	15:15.913
83	651	MIGUEZ SAN ISIDRO Benigno	KELTIC VIGO	27:42.267	<b>45:03.822</b>	15:46.253
84	335	BECEIRO CAMESELLE Dani	MUÑECOS RUNNING	29:07.533	<b>45:36.824</b>	16:19.255
85	95	PEREZ COUÑAGO Sergio		28:36.783	<b>45:41.064</b>	16:23.495
86	41	DIAZ BARBARA Santiago	C.A. VETERANOS DE SAMIL	28:59.000	<b>45:59.782</b>	16:42.213
87	518	CRESPO FERNANDEZ Eduardo	MIRALBA RUNNING	29:08.212	<b>46:15.867</b>	16:58.298
88	127	COUSO FONTANILLO Carlos		30:13.346	<b>46:22.573</b>	17:05.004
89	677	GONZALEZ MARQUEZ Alex		29:15.313	<b>46:46.674</b>	17:29.105
90	645	SANJUAS LOPEZ Alexis		31:22.604	<b>46:52.336</b>	17:34.767
91	78	RICHARTE CARBALLO Daniel	MAISQUEAUGA	31:23.191	<b>46:54.064</b>	17:36.495
92	319	SAURA ALVAREZ Pablo		29:54.876	<b>47:14.275</b>	17:56.706
93	19	RODRIGUEZ DOMINGUEZ Hugo		29:20.447	<b>47:17.697</b>	18:00.128
94	418	ALDARIZ ESTEVEZ Pedro		29:40.862	<b>47:41.847</b>	18:24.278
95	373	GARCIA FOCIÑOS Carlos		29:50.212	<b>47:45.097</b>	18:27.528
96	204	GONDAR MENDEZ Adrian		29:38.633	<b>47:45.335</b>	18:27.766
97	406	MARTINEZ GAGO Pablo		31:04.581	<b>49:04.492</b>	19:46.923
98	123	VAZQUEZ CARBALLIDO David		30:52.604	<b>49:19.918</b>	20:02.349
99	212	VIÑAS FERNANDEZ Diego		30:40.605	<b>49:32.610</b>	20:15.041
100	143	PEREZ BRANDON Iván		31:26.659	<b>49:51.029</b>	20:33.460
101	231	CASTIÑEIRAS NARCISO Kevin		31:13.861	<b>49:57.631</b>	20:40.062
102	664	DIAZ CID Javier	LIMIACTIVA	30:44.424	<b>50:00.551</b>	20:42.982
103	349	FERNANDEZ PEREZ Jose		30:47.494	<b>50:16.091</b>	20:58.522

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Cl	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
104	676	SANMIGUEL MENDEZ Ramón	LA COLONIA CROSSFIT	32:25.394	<b>51:19.935</b>	22:02.366
105	643	FERNANDEZ GUEDELLA Jose Manuel	FITGAL	32:19.861	<b>51:25.982</b>	22:08.413
106	672	DIAZ FRANCO Daniel		32:04.510	<b>52:38.644</b>	23:21.075
107	601	MATA MONGE Orlando			<b>56:40.071</b>	27:22.502

Ausentes

85		DOMINGUEZ SEQUEIROS Óscar				
100		LEDE Humberto				
154		ARGUDIN DIEGUEZ Luis Carlos				
157		SANABRIA PAREDES Simón				
221		BARREIRO Hugo	BORGWARNER			
255		LAGO LLOVES Pedro				
258		DE O. PIRES JUNIOR Eleomar	GINÁSIO CLUB BRAGANÇA			
278		GARCIA QUEROL Pablo	CLUB DEPORTIVO DELIKIA			
286		GARCIA PROL Jose				
308		DEL RIO SEGADE Yago				
332		AVENDAÑO MARTINEZ Martín				
382		PEREZ DAVILA Alejandro				
399		FERNANDEZ CRUZ Miguel	ATLETISMO PORRIÑO			
433		VAZQUEZ PINTOS Isaac				
435		IGLESIAS DORDA Antonio				
463		NUÑEZ OTERO Eric Adrián				
483		ESTEVEZ JUEGUEN Roi				
647		ROUCO VELASCO Alberto				
679		BLANCO MARTINEZ Diego	CLUB DEPORTIVO DELIKIA			
683		BOIX CLIMENT Vicente	FRUTAS NIEVES			

Abandonos

681		RODRIGUEZ ALVAREZ Diego	CLUB DEPORTIVO DELIKIA			
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**Categoría: F2**

1	488	FREAZA OTERO Sofia	COMESAÑA SPORTING CLUB	22:27.900	<b>35:36.492</b>	
2	508	ESTEVEZ CRESPO Cris	ATLETISMO FEMENINO CELTA	22:42.712	<b>36:30.478</b>	53.986
3	392	MARTINEZ BARGIELA Leda	AMIGOS, DEPORTE E NATUREZA RÍA	23:19.275	<b>37:14.191</b>	1:37.699
4	500	RODRIGUEZ OLIVEIRA Rocio	ATHLETIS FISIOTERAPIA SAN LÁZA	23:40.111	<b>37:44.693</b>	2:08.201
5	263	CALVO SERRANO Marta	VIGOENTRENA	24:01.932	<b>38:25.132</b>	2:48.640
6	347	MENDEZ TAPIAS Paz	LODEIROS TRAIL	24:22.464	<b>38:40.337</b>	3:03.845
7	519	PEREZ GONZALEZ Elena	BURGAS OURENSE ATLETISMO	24:46.979	<b>39:20.243</b>	3:43.751
8	383	ALONSO GARCIA Ana	ATHLETIS FISIOTERAPIA SAN LÁZA	24:53.142	<b>39:28.726</b>	3:52.234
9	12	MOREU PEREIRA-BORRAJO Beatriz	CLUB DEPORTIVO DELIKIA	25:32.330	<b>40:15.225</b>	4:38.733
10	336	VILLALBA BARRIOS Delia		25:53.356	<b>40:19.097</b>	4:42.605
11	541	MUIÑO VIDAL Marta		25:02.917	<b>40:25.126</b>	4:48.634
12	462	LOPEZ CAMBA Raquel		25:43.416	<b>40:33.488</b>	4:56.996
13	521	ALVAREZ LEZANA Nuria		25:38.939	<b>40:59.622</b>	5:23.130
14	246	RIVERA VAZQUEZ Noelia	ATHLETIS FISIOTERAPIA SAN LÁZA	25:38.189	<b>41:02.757</b>	5:26.265

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ORGANIZAN:



**Carreira praia de Samil 2023**  
**Clasificación General**

Clc	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
15	225	ARGUDIN ESTEVEZ Monica	C.A.R. MARISQUEIRO	25:56.284	<b>41:10.799</b>	5:34.307
16	630	FILLOY PEREIRA Rocío		26:30.478	<b>42:11.200</b>	6:34.708
17	168	GONZALEZ CASAL Alejandra	VIGOENTRENA	26:28.392	<b>42:16.422</b>	6:39.930
18	606	NUÑEZ NAVEIRA Laura		27:00.620	<b>42:24.129</b>	6:47.637
19	80	SORDO GARCIA María Teresa	TANINOS RUNNERS	26:48.854	<b>42:48.821</b>	7:12.329
20	386	GALEGO CASAS Maria		26:50.494	<b>42:58.970</b>	7:22.478
21	283	GARCIA TORRICO Dolly	MAISQUEAUGA	27:43.580	<b>43:50.621</b>	8:14.129
22	245	GRAÑA VIEITEZ Beatriz	C.A.R. MARISQUEIRO	27:51.782	<b>43:58.950</b>	8:22.458
23	232	RODRIGUEZ LOPEZ Belén	CLUB DEPORTIVO DELIKIA	27:37.790	<b>44:20.054</b>	8:43.562
24	98	ZAPATA RODRIGUEZ Raquel	C.A.R. MARISQUEIRO	27:49.251	<b>44:38.765</b>	9:02.273
25	451	VIDAL LORENZO Emilia	MAISQUEAUGA	28:22.790	<b>44:49.412</b>	9:12.920
26	17	WALTON Tonya		28:35.589	<b>44:54.472</b>	9:17.980
27	14	FERNANDEZ MOSQUERA Raquel		28:21.596	<b>44:56.845</b>	9:20.353
28	77	SARABIA VIDAL Montse		28:35.962	<b>46:04.103</b>	10:27.611
29	613	Romero Martínez Mónica	FRUTAS NIEVES	29:04.204	<b>46:20.893</b>	10:44.401
30	464	GARCIA DE PABLOS Beatriz	CLUB DEPORTIVO DELIKIA	29:05.024	<b>46:28.874</b>	10:52.382
31	358	PEREZ RODRIGUEZ Elisa	MAISQUEAUGA	30:12.457	<b>46:50.986</b>	11:14.494
32	448	MARTINEZ COMESAÑA Lucía	C.A.R. MARISQUEIRO	29:14.353	<b>47:02.350</b>	11:25.858
33	188	CARRERA LAGO Vanesa	CAZAFANTASMAS TEAM	29:40.650	<b>47:50.875</b>	12:14.383
34	214	VAZQUEZ MAYO Mónica	MAISQUEAUGA	30:12.009	<b>47:55.711</b>	12:19.219
35	481	VIÑAS ROMERO Silvia	BIKILA	29:58.182	<b>48:07.337</b>	12:30.845
36	587	OTERO RAMIREZ Maria		30:51.503	<b>48:19.552</b>	12:43.060
37	57	PAZ OLIVEIRA Natalia	MAISQUEAUGA	30:21.677	<b>48:55.496</b>	13:19.004
38	42	MELLADO FRANCO Ana Belen		31:02.916	<b>49:00.409</b>	13:23.917
39	324	FERNANDEZ VARELA M. Estefanía		30:38.565	<b>49:02.628</b>	13:26.136
40	439	CIMAS Pilar		30:48.032	<b>49:05.216</b>	13:28.724
41	74	VILLARONGA ARTEAGA Lu		32:21.760	<b>50:53.521</b>	15:17.029
42	595	IBARRETXE MARTINEZ Arantzazu	L@S INSENSAT@S	32:08.377	<b>51:06.075</b>	15:29.583
43	586	BADA MOREIRA Patricia	FITGAL	32:22.745	<b>51:15.187</b>	15:38.695
44	318	SOLA BRAVO Ángela Isabel		33:09.198	<b>51:28.791</b>	15:52.299
45	477	PEÑA LOPEZ Lorena		32:10.885	<b>51:48.396</b>	16:11.904
46	478	CRUZ CASAS Desirée		32:08.682	<b>51:48.735</b>	16:12.243
47	109	VAZQUEZ NOVOA Nieves		32:41.940	<b>52:05.323</b>	16:28.831
48	604	CARNERO LLAUGER María	BIKILA	32:48.644	<b>52:09.294</b>	16:32.802
49	617	GIL RODRIGUEZ Elena		32:24.503	<b>52:40.317</b>	17:03.825
50	346	GIL JANEIRO Yoli	MAISQUEAUGA	33:31.137	<b>53:24.569</b>	17:48.077
51	40	SOUTO PEREIRA Lucia	C.A. VETERANOS DE SAMIL	33:28.183	<b>54:50.869</b>	19:14.377
52	637	ARNOSO MOURE Lydia		35:14.778	<b>55:38.824</b>	20:02.332
53	542	LOPEZ PITA Estibaliz		34:20.731	<b>56:33.246</b>	20:56.754
54	628	BARROS Montse	CLUB DEPORTIVO DELIKIA	36:40.115	<b>59:04.407</b>	23:27.915
55	199	PEREIRA OYA M. Del Carmen	ADN RUNNERS	38:10.208	<b>1h01:02.103</b>	25:25.611

Ausentes

21	VARELA BLANCO Beatriz	C.A. VETERANOS DE SAMIL
25	CASTILLA GUTIERREZ Mercedes	C.A. VETERANOS DE SAMIL
26	HERNANDEZ FERNANDEZ Maria Aranzazu	C.A. VETERANOS DE SAMIL
33	TILVE Nazareth	C.A. VETERANOS DE SAMIL

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**Carreira praia de Samil 2023**  
**Clasificación General**

Cl	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
126		<b>SOUTO MARTINEZ Isabel</b>				
187		<b>GONZALEZ GONZALEZ Elena</b>	MAISQUEAUGA			
317		<b>DIZ SIENES Ana</b>	CLUB DEPORTIVO DELIKIA			
449		<b>RODRIGUEZ SANTOS Bibiana</b>				
494		<b>DE MARIA OLIVERA Carolina</b>				
616		<b>MARTINEZ VALEIRAS Rebeca</b>				

**Categoría: M2**

1	325	<b>FERNANDEZ SOENGAS Jesús</b>	C.A.R. MARISQUEIRO	18:22.298	<b>29:30.489</b>	
2	2	<b>BARGIELA ARAUJO Daniel</b>	BIKILA	18:33.176	<b>29:41.241</b>	10.752
3	1	<b>FORTES MONTENEGRO Ricardo</b>		18:54.548	<b>29:52.383</b>	21.894
4	501	<b>VIDAL DE SA David</b>		18:55.932	<b>30:08.723</b>	38.234
5	393	<b>PARADA MONTOTO David</b>	MONTEPORREIRUNN	19:04.463	<b>30:39.010</b>	1:08.521
6	631	<b>GARCIA RODRIGUEZ Sergio</b>		19:09.618	<b>30:48.230</b>	1:17.741
7	499	<b>ARIAS Dario</b>	ATHLETIS FISIOTERAPIA SAN LÁZA	19:14.588	<b>30:56.984</b>	1:26.495
8	639	<b>VAZQUEZ PAVON Roberto</b>	TANINOR RUNNERS	19:31.617	<b>30:57.690</b>	1:27.201
9	623	<b>GONZALEZ CASTRO Sindo</b>		20:07.298	<b>31:54.884</b>	2:24.395
10	291	<b>FERNANDEZ Marcos</b>	CSCR BEADE	20:31.532	<b>32:14.753</b>	2:44.264
11	240	<b>GONZALEZ ALVAREZ Luis Borja</b>		20:20.307	<b>32:18.433</b>	2:47.944
12	132	<b>ANDION RIVADULLA Antonio</b>	C.A. VETERANOS DE SAMIL	20:22.367	<b>32:19.444</b>	2:48.955
13	400	<b>LOUREIRO MONTENEGRO Pablo</b>	MONTEPORREIRUNN	20:26.681	<b>32:42.416</b>	3:11.927
14	206	<b>NOGUEIRA FERNANDEZ Junior</b>		20:21.033	<b>32:44.954</b>	3:14.465
15	152	<b>FERREIRA LAREDO David</b>	CASTRELOSKM-0	20:54.853	<b>32:46.444</b>	3:15.955
16	528	<b>IGLESIAS CARRERA Carlos</b>	ATHLETIS FISIOTERAPIA SAN LÁZA	20:30.079	<b>32:49.385</b>	3:18.896
17	589	<b>LORENZANA MEIRE Jesus</b>	ADN RUNNERS	20:39.993	<b>32:56.423</b>	3:25.934
18	689	<b>MIRANDA VIEITO Jose Manuel</b>	ATHLETIS FISIOTERAPIA SAN LÁZA	20:57.102	<b>33:36.145</b>	4:05.656
19	618	<b>GARCIA FERNANDEZ Esteban</b>	MAISQUEAUGA	21:09.290	<b>33:41.826</b>	4:11.337
20	467	<b>COMESAÑA SAA Daniel</b>	L@S INSENSAT@S	21:25.461	<b>33:45.949</b>	4:15.460
21	624	<b>FRAGA COSTA Ruben</b>		21:25.138	<b>34:02.747</b>	4:32.258
22	489	<b>DURAN DURAN Bernardo</b>	CLUB TANINOS PUENTEAREAS	21:34.203	<b>34:16.976</b>	4:46.487
23	641	<b>ORTIZ Guillermo</b>		21:50.470	<b>34:31.256</b>	5:00.767
24	537	<b>RODRIGUEZ FERNANDEZ Manuel</b>	KURAI	21:54.430	<b>34:32.275</b>	5:01.786
25	504	<b>PEREZ CONDE Enrique</b>	C.A.R. MARISQUEIRO	21:55.696	<b>34:35.337</b>	5:04.848
26	490	<b>CONEJERO Borja</b>	TRIATLÓN MAR DE VIGO	21:49.953	<b>34:49.419</b>	5:18.930
27	282	<b>CORZON VIEITES Alfonso</b>		22:24.290	<b>34:58.716</b>	5:28.227
28	422	<b>FERREIRO DEAÑO Alfredo</b>	CLUB DEPORTIVO AURUM	22:03.221	<b>35:07.237</b>	5:36.748
29	20	<b>ALVAREZ FERNANDEZ Francisco</b>		21:52.795	<b>35:08.070</b>	5:37.581
30	76	<b>TIZON FREIRIA Germán</b>	SEMPRE LA	22:17.376	<b>35:10.348</b>	5:39.859
31	257	<b>FERNANDEZ GRADIN David</b>	G.E. GKN INDUGASA	22:06.219	<b>35:12.848</b>	5:42.359
32	588	<b>FERRO POZO Juan Carlos</b>		22:13.299	<b>35:20.890</b>	5:50.401
33	459	<b>DOMINGUEZ LIBOREIRO Guillermo</b>		22:29.306	<b>35:21.858</b>	5:51.369
34	254	<b>COUCE SENRA Óscar</b>		22:22.650	<b>35:32.037</b>	6:01.548
35	284	<b>ALONSO Alberto</b>		21:36.852	<b>35:36.732</b>	6:06.243
36	146	<b>DELGADO RAMOS José Carlos</b>		22:37.907	<b>35:40.957</b>	6:10.468
37	460	<b>GONZALEZ MARTINEZ Roberto</b>		22:37.274	<b>35:42.792</b>	6:12.303

**Carreira praia de Samil 2023**  
**Clasificación General**

Cl	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
38	495	LAGADEC Christophe		22:21.431	35:48.275	6:17.786
39	211	NAVIA IGLESIAS Ruben		22:52.228	35:55.888	6:25.399
40	201	GONZALEZ PEREZ Enrique	MAISQUEAUGA	22:48.243	36:02.390	6:31.901
41	385	FERNANDEZ FERNANDES Miguel	RUN&TRI	22:48.175	36:21.812	6:51.323
42	61	MARTINEZ VENTIN Xavier Leiro	C.A. VETERANOS DE SAMIL	23:04.557	36:26.479	6:55.990
43	185	LOUREIRO RODRIGUEZ Santiago		23:20.025	36:30.070	6:59.581
44	600	MAYO Marcos		23:24.477	36:38.780	7:08.291
45	139	PECES GARCIA Uge	C.A.R. MARISQUEIRO	23:03.291	36:39.119	7:08.630
46	83	CUETO FERNANDZ David	CERTA	23:03.642	36:41.812	7:11.323
47	615	ROA MENDEZ Neftali		22:58.017	36:42.939	7:12.450
48	304	PEREIRA SALGUEIRO Ramon		23:00.923	36:46.400	7:15.911
49	609	MELENDEZ RODRIGUEZ Iván		22:40.837	36:54.251	7:23.762
50	81	GARCIA PAZO Eduardo	BIKILA	22:45.033	37:00.799	7:30.310
51	599	ALVAREZ FIGUEROA Sabino	C.A.R. REDONDELA	23:42.245	37:02.074	7:31.585
52	594	FERNANDEZ DA SILVA Marcial	L@S INSENSAT@S	23:44.118	37:02.312	7:31.823
53	636	NIÑO MEDA Óliver Nahum		24:39.619	37:45.414	8:14.925
54	593	ANDONEGUI FREIRE Juan	FRUTAS NIEVES	23:17.775	37:48.692	8:18.203
55	340	CAMBRA DOMINGUEZ Alejandro		23:14.119	37:48.961	8:18.472
56	592	CUADRADO FARIÑA Carlos		24:02.657	37:51.322	8:20.833
57	458	ALVAREZ GOMEZ Manuel		24:35.470	38:09.104	8:38.615
58	642	ROMERO ESTEVEZ Marcos		24:14.118	38:20.739	8:50.250
59	46	MOLINERO MALVIDO Rubén	CLUB DEPORTIVO DELIKIA	24:07.228	38:21.358	8:50.869
60	228	CAMPO RODRIGUEZ Iván		24:15.290	38:31.013	9:00.524
61	39	RODRIGUEZ COLLAZO Raúl	TRAIL COMO CABRAS	24:13.251	38:35.935	9:05.446
62	397	SANLUIS LAGO Victoriano	RUN&TRI	24:14.869	38:37.963	9:07.474
63	635	ROPERO BLANCO Borja		24:27.384	38:38.294	9:07.805
64	313	DOMINGUEZ VILLAVERDE Juan Carlos		23:37.135	38:44.853	9:14.364
65	432	GOMEZ LOPEZ Pablo	L@S INSENSAT@S	24:38.352	38:47.162	9:16.673
66	209	OLIVARES DA COSTA Juan José		24:47.260	38:55.995	9:25.506
67	375	HEREDIA David	BORGWARNER	24:26.634	38:56.723	9:26.234
68	627	MELEIRO ARAUJO Cesar	G.E. GKN INDUGASA	24:37.158	38:57.743	9:27.254
69	334	FONTAN GARRIDO David	MUÑECOS RUNNING	24:48.549	38:58.275	9:27.786
70	323	LOPEZ FERNANDEZ Antonio Luis		24:23.142	39:12.235	9:41.746
71	252	RODILLA Iván		24:53.892	39:13.906	9:43.417
72	293	BAMIO GRAÑA Hipolito	RUNNING IMPRIMEREGALOS	25:16.298	39:16.583	9:46.094
73	234	HANRAHAN Feidhlim John	CASTRO SMAXERS	25:32.520	39:27.624	9:57.135
74	45	GARALOCES FERNANDEZ Xabier	CLUB DEPORTIVO DELIKIA	25:03.571	39:28.786	9:58.297
75	396	LOPEZ PINO Javier	RUN&TRI	24:31.790	39:33.624	10:03.135
76	612	ALONSO VAZQUEZ Pedro	CLUB DEPORTIVO PINARIUM	25:11.845	39:35.565	10:05.076
77	454	SALO BENITO Javier		24:31.274	39:46.934	10:16.445
78	359	DOMINGUEZ GOMEZ Manuel		25:23.593	39:48.445	10:17.956
79	420	FERNANDEZ FERNANDEZ Rafael		25:10.674	40:07.685	10:37.196
80	638	LAGO CERQUEIRA Javier		25:33.876	40:15.979	10:45.490
81	605	VARA BLANCO Javier	BV TEAM	26:31.439	40:16.326	10:45.837
82	84	JUVIÑO PREGO Ángel		25:17.235	40:18.140	10:47.651
83	5	RODRIGUEZ FERNANDEZ Efrén	ALTAFIT VIGO	24:51.048	40:23.469	10:52.980
84	215	SANMARTIN GONZALEZ Victoriano	MAISQUEAUGA	26:05.353	40:24.198	10:53.709



**Carreira praia de Samil 2023**  
**Clasificación General**

Cl	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
85	540	LEMOS BOUBETA Francisco		25:02.588	<b>40:25.319</b>	10:54.830
86	598	MIRANDA CORTES Rolando		25:59.120	<b>40:29.518</b>	10:59.029
87	264	CASTIÑEIRA COUSILLAS Santiago		25:53.868	<b>40:29.598</b>	10:59.109
88	186	OSORIO DIEGUEZ Pablo		25:26.564	<b>40:45.958</b>	11:15.469
89	384	BOA MOUCO Alberto		26:03.314	<b>40:47.428</b>	11:16.939
90	316	ACUÑA LOPEZ Iago		25:34.908	<b>40:50.998</b>	11:20.509
91	442	ARZA TOUZON German	RAPIDODEPONTEQUIETO	25:59.705	<b>40:50.999</b>	11:20.510
92	527	CAMPELO GONZALEZ Antonio		25:42.244	<b>40:52.659</b>	11:22.170
93	515	VEGA GARCIA Antonio Manuel		25:42.479	<b>40:54.201</b>	11:23.712
94	4	ALONSO CONDE Javier	BTX RUNNING TEAM	25:41.627	<b>40:57.122</b>	11:26.633
95	640	VARA BLANCO Manuel		26:31.579	<b>41:16.668</b>	11:46.179
96	426	DOMINGUEZ SIMONS Jaime		26:17.307	<b>41:21.029</b>	11:50.540
97	437	ABRALDES CASTRO Miguel Ángel		25:35.639	<b>41:23.749</b>	11:53.260
98	137	GUEDE OTERO Damián		26:20.845	<b>41:26.578</b>	11:56.089
99	688	CARRERA COSTAS Diego		26:27.783	<b>41:26.980</b>	11:56.491
100	141	CACHEIRO DIEGUEZ Angel		25:32.400	<b>41:38.820</b>	12:08.331
101	372	SOUTO LUSQUIÑOS Victor		26:47.143	<b>41:45.049</b>	12:14.560
102	356	MARTINEZ LOSADA Jaime Carlos	RUNNING LUSEKELO	26:43.298	<b>41:50.743</b>	12:20.254
103	394	NIETO Enrique	NOSTROMO	25:57.033	<b>41:54.658</b>	12:24.169
104	545	GONZALEZ ABRIL Román		26:55.697	<b>42:08.758</b>	12:38.269
105	608	FERRARA Mauro Emiliano		26:10.884	<b>42:12.163</b>	12:41.674
106	271	FERNANDEZ TRONCOSO Antonio		26:15.548	<b>42:17.923</b>	12:47.434
107	297	FERNANDEZ MAROTO Diego	TRIATLÓN MAR DE VIGO	26:57.009	<b>42:19.259</b>	12:48.770
108	321	GUERRA LOPEZ Eduardo		26:25.486	<b>42:20.703</b>	12:50.214
109	614	Fermoso Domínguez Tomás	FRUTAS NIEVES	26:36.737	<b>42:26.516</b>	12:56.027
110	633	PEREIRA NORONHA Ismael Alejandro		26:19.532	<b>42:26.640</b>	12:56.151
111	453	CUÑARRO ROMERO Enrique		27:17.448	<b>42:31.521</b>	13:01.032
112	632	LOPEZ LOPEZ David		26:53.188	<b>42:33.683</b>	13:03.194
113	619	POUSA PORTO Fernando	LASER GALICIA RANING	27:33.102	<b>42:42.248</b>	13:11.759
114	620	WILLIAM LAWLER John		26:32.353	<b>42:48.310</b>	13:17.821
115	388	MARTIN PALLES Marco Alexio		28:47.469	<b>42:49.341</b>	13:18.852
116	544	GARCIA DE LA CRUZ Roberto	MAISQUEAUGA	27:09.244	<b>42:53.389</b>	13:22.900
117	320	RODRIGUEZ RODRIGUEZ Adolfo		26:42.972	<b>42:57.450</b>	13:26.961
118	548	DOMINGUEZ GROBA Javier		26:40.907	<b>43:08.804</b>	13:38.315
119	302	SEOANE GIL Adrian		27:15.618	<b>43:09.590</b>	13:39.101
120	497	SOUTO Lorenzo		27:22.673	<b>43:19.071</b>	13:48.582
121	602	COELHO DA COSTA Samuel		26:59.494	<b>43:37.041</b>	14:06.552
122	431	RODRIGUEZ Cesar		27:04.696	<b>43:48.371</b>	14:17.882
123	86	VILLAR ALVAREZ Alberto		27:39.572	<b>43:49.470</b>	14:18.981
124	547	PRIETO MIRANDA Jose Luis		27:20.682	<b>43:55.351</b>	14:24.862
125	496	COUSO Alberto	CD MIRADOIRO	28:38.283	<b>44:01.420</b>	14:30.931
126	327	MARTIN BORRAJO Samuel		27:26.751	<b>44:04.834</b>	14:34.345
127	629	CARRERA RAFAEL Jaime		28:24.807	<b>44:30.826</b>	15:00.337
128	596	VAZQUEZ DELGADO Carlos		28:46.415	<b>44:32.351</b>	15:01.862
129	485	LOPEZ ALVAREZ José Luis	ATLETISMO BAIONA	28:10.837	<b>44:35.311</b>	15:04.822
130	517	ESCUDEIRO Manu	RUNNING MIRALBA	28:09.760	<b>44:40.824</b>	15:10.335
131	32	RELLO FERNANDEZ Pablo	C.A. VETERANOS DE SAMIL	27:46.814	<b>45:03.164</b>	15:32.675

**Carreira praia de Samil 2023**  
**Clasificación General**

Clc	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
132	117	REY PAMPIN Javier		28:43.534	45:07.272	15:36.783
133	456	RODRIGUEZ PLANA Alejandro		28:35.165	45:30.073	15:59.584
134	621	ROA MENDEZ Moises		28:32.610	45:41.785	16:11.296
135	507	LASO AMEZ Iban		28:33.853	45:54.053	16:23.564
136	253	COSTAS COSTAS Angel		31:25.325	46:00.378	16:29.889
137	350	HERNANDEZ GRAÑA Juan Carlos		28:47.037	46:05.003	16:34.514
138	611	CAMEAN GUIMIL Juan Manuel		31:09.080	46:10.814	16:40.325
139	476	VARELA RUA Javier		28:52.722	46:28.673	16:58.184
140	404	MARTINEZ Benjamín		29:44.986	47:39.718	18:09.229
141	357	VILLANUEVA GOICOECHEA Pablo		30:47.636	48:00.747	18:30.258
142	626	CAMEAN GUIMIL Santiago		29:51.666	48:38.116	19:07.627
143	259	LEDO MARTINEZ Daniel		29:58.767	48:40.647	19:10.158
144	272	OTERO CASTELLANO Jose Carlos		31:05.870	49:39.530	20:09.041
145	591	CABRINETTY GARCIA Alfredo		31:51.197	49:41.089	20:10.600
146	354	ALONSO GARCIA Jorge		30:33.173	49:44.899	20:14.410
147	290	ANDRADE PEREIRA Rui		31:59.190	49:51.936	20:21.447
148	289	OUTON GLEZ Fran		31:57.853	49:52.018	20:21.529
149	265	RODRIGUEZ CID Fernando	CIBUS	31:45.854	51:16.594	21:46.105
150	18	FEIJOO SUAREZ Marcos	CHUZAS OLIMPICOS	32:25.161	52:22.096	22:51.607
151	216	ALONSO MISA Evaristo		32:05.754	52:28.335	22:57.846
152	341	RODRIGUEZ IGLESIAS Luis Manuel		32:12.667	52:44.698	23:14.209
153	203	DIEGO RABAZAS Kike	G.E. GKN INDUGASA	33:47.964	53:44.318	24:13.829
154	597	GRAZIANI Rodrigo		34:28.325	54:14.569	24:44.080
155	158	LUIS MONTENEGRO Alfredo		36:36.270	1h00:27.193	30:56.704

Ausentes

34	DURAN ALVAREZ Hugo	C.A. VETERANOS DE SAMIL
47	JUNCAL VALERO Eduardo	
49	GOMEZ ESTEVEZ Yoel	CIBUS TEAM
53	DEL MORAL BERMUDO José Manuel	
65	COMESAÑA PEDRIDO Modesto	C.A. VETERANOS DE SAMIL
91	OTERO REAL Marcos	C.A. VETERANOS DE SAMIL
93	CATALINA RUBIANES Angel	
107	RODRIGUEZ MIGUEL Rubén	
108	RODRIGUEZ MIGUEL Antonio	
125	RADA SOTO Yago	
133	SANMARCO VIDAL Manuel	CASTRELOSKM-0
207	MARTINEZ CASTRO Roberto	CD PINARIUM
235	GARCIA DA COSTA David	
244	CHUECOS Jose	
315	RODRIGUEZ COLLAZO Jacobo	
328	FABELLO CID Eliseo	ATLETISMO ARENTEIRO
343	RODRIGUEZ ALVAREZ Jose Antonio	C.A.R. MARISQUEIRO
381	ACUÑA LOPEZ Diego	
457	ORTEGA MARTINEZ Isaac	
524	AMOEDO COÑAGO Miguel Ángel	COMESAÑA SPORTING CLUB
590	ZUNZUNEGUI GARRIDO Noé	AVA

**Carreira praia de Samil 2023**  
**Clasificación General**

Cl	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
603		GARRIDO LORENZO Felipe				
607		GARRIDO LORENZO Manuel				
622		ARANGO GAYAR Saúl	FRUTAS NIEVES			
625		TRILLO PEREIRA Isaac				
634		REBOIRAS RUA Francisco				

Descalificados

266		ALONSO INSUA Alberto	ALEJANDRO GOMEZ			
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**Categoría: F3**

1	571	IGLESIAS SANTIAGO Angeles	CLUB DEPORTIVO PINARIUM	24:57.947	<b>39:17.143</b>	
2	376	LEMONS SOAGE Ana	CORREDOIRAS BUEU	24:44.728	<b>39:17.995</b>	0.852
3	353	GARCIA DE EUSEBIO Celeste	LODEIROS	26:04.440	<b>41:28.027</b>	2:10.884
4	568	LEMAT CABRAL María Belén	CLUB TRIATLON CIDADE DE LUGO F	26:06.971	<b>41:44.078</b>	2:26.935
5	412	CANABAL VILLAVERDE Edtrella		27:11.892	<b>42:59.163</b>	3:42.020
6	177	CANABAL VILLAVERDE Isa	BORGWARNER	27:11.821	<b>42:59.581</b>	3:42.438
7	329	COSTAS COSTAS Raquel		29:10.791	<b>46:57.750</b>	7:40.607
8	610	CARREIRA COSTAS Montserrat	COMESAÑA SPORTING CLUB	36:30.199	<b>48:00.571</b>	8:43.428
9	569	GONZALEZ DE LA CUESTA Sofía		30:28.485	<b>48:45.948</b>	9:28.805
10	298	MOSQUERA RODRIGUEZ Ana		31:46.737	<b>49:41.279</b>	10:24.136
11	172	CALLES RODRIGUEZ Rosa Amelia		31:06.877	<b>50:03.259</b>	10:46.116
12	455	FERNANDEZ SUAREZ Irma		32:31.559	<b>50:30.173</b>	11:13.030
13	570	ALVAREZ COMESAÑA Monica	ATHLETIS FISIOTERAPIA SAN LÁZA	32:06.784	<b>50:38.493</b>	11:21.350
14	279	PRIETO MORAIS Pili	TNT GHERRILLEIROS	29:53.401	<b>50:53.801</b>	11:36.658
15	561	LORENZO LEGEREN Maria	FITGAL	32:21.058	<b>51:26.332</b>	12:09.189
16	415	REY VENTOSO Rita	PEXE	32:41.096	<b>51:32.873</b>	12:15.730
17	55	CALVIÑO CANCELA Carol		36:28.582	<b>56:03.324</b>	16:46.181
18	105	RODRIGUEZ ALVAREZ Marta	BIKILA	35:05.355	<b>56:09.324</b>	16:52.181
19	427	RODRIGUEZ Ana	MAISQUEAUGA	36:29.637	<b>56:10.533</b>	16:53.390
20	175	GONZALEZ BLAS Cristina		36:40.839	<b>57:36.169</b>	18:19.026
21	176	GONZALEZ RODRIGUEZ Alba		36:41.789	<b>57:55.247</b>	18:38.104
22	170	GONZALEZ MERA Regina	MAISQUEAUGA	36:59.661	<b>1h01:02.420</b>	21:45.277

Ausentes

165		GONZALEZ GOMEZ Maria Manuela	CASTRELOS KM-0			
269		ROCHA CRUCES M. Carmen				
374		TORRON CASAL Begoña				
546		RODRIGUEZ CARPINTERO Celi				

**Categoría: M3**

1	292	PRIETO DE LA IGLESIA Manuel	ATHLETIS FISIOTERAPIA SAN LÁZA	19:04.065	<b>30:26.410</b>	
2	338	FERNANDEZ DE TORO Manuel	C.A. VETERANOS DE SAMIL	19:58.204	<b>31:52.892</b>	1:26.482
3	513	ACUÑA FERNANDEZ Cándido	COMESAÑA SPORTING CLUB	20:15.407	<b>32:26.986</b>	2:00.576

**Carreira praia de Samil 2023**  
**Clasificación General**

Cl	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
4	579	MARTINEZ BARCIELA David		21:01.344	<b>33:12.414</b>	2:46.004
5	113	COSTAS COSTAS Miguel	MAISQUEAUGA	21:08.352	<b>33:16.887</b>	2:50.477
6	119	ESTEVEZ ALONSO Carlos Javier	CASTRELOSKM-0	21:06.900	<b>33:24.215</b>	2:57.805
7	472	ALBA Miguel	CASTRELOS KM 0	21:07.158	<b>33:24.954</b>	2:58.544
8	296	FERNANDEZ ABALDE Félix		21:24.407	<b>34:22.929</b>	3:56.519
9	106	ROMERO Fran	BLOOD OF LIONS	22:07.274	<b>34:54.456</b>	4:28.046
10	301	PAZ RODRIGUEZ Juan	CASTRELOS 20:30	21:43.767	<b>35:03.108</b>	4:36.698
11	112	SIO FERNANDEZ Ruben	ATLETISMO PORRIÑO	21:56.681	<b>35:05.169</b>	4:38.759
12	446	MAHOU Xosé	FITGAL	22:17.962	<b>35:05.878</b>	4:39.468
13	183	NOVOA SIO Jose	FLORISTERIA CARMEN SIO	22:23.282	<b>35:09.827</b>	4:43.417
14	378	LEDO NOVOA José Eugenio	CLUB DEPORTIVO DELIKIA	22:16.813	<b>35:33.349</b>	5:06.939
15	505	ALVAREZ-BUYLLA DE LA UZ Julio	VELAS MARATÓN	22:42.971	<b>35:57.648</b>	5:31.238
16	577	PEÑAS COGOLLUDO Jaime		23:01.724	<b>36:01.588</b>	5:35.178
17	217	LUCIA PAREDES Giovanni		22:58.672	<b>36:08.800</b>	5:42.390
18	219	PEREZ BLANCO Pablo	CLUB DEPORTIVO DELIKIA	23:16.485	<b>36:52.760</b>	6:26.350
19	344	PEREIRO PEREIRO Miguel		23:51.575	<b>37:32.392</b>	7:05.982
20	514	SABINO PORTO Alfonso		23:47.072	<b>37:35.874</b>	7:09.464
21	220	MALLO MARCOS Alberto		23:50.658	<b>37:58.492</b>	7:32.082
22	560	VAZQUEZ OREJAS Javier Angel		23:49.627	<b>38:04.614</b>	7:38.204
23	218	ALONSO Javier		23:42.925	<b>38:05.493</b>	7:39.083
24	585	IGLESIAS DOMINGUEZ Francisco		24:13.112	<b>38:13.182</b>	7:46.772
25	360	DAPENA TENORIO Jose Luis		24:18.805	<b>38:34.083</b>	8:07.673
26	410	IGLESIAS Armando		23:56.682	<b>38:35.237</b>	8:08.827
27	509	AMOEDO AGULLA Carlos	G.E. GKN INDUGASA	24:13.839	<b>39:10.324</b>	8:43.914
28	576	DAVILA BUGARIN Salvador		25:31.792	<b>39:10.998</b>	8:44.588
29	280	SANCHEZ OTERO Oswaldo	TNT GHERRILLEIROS	24:44.214	<b>39:13.233</b>	8:46.823
30	474	VALLE CASTELO Juan		25:39.759	<b>39:19.197</b>	8:52.787
31	184	CAMPOS ABALDE Antonio	CASTRELOS KM-0	24:53.118	<b>39:27.796</b>	9:01.386
32	351	RODRIGUEZ Jose		25:12.056	<b>39:35.944</b>	9:09.534
33	174	VAZQUEZ RODRIGUEZ Anxo		25:10.350	<b>39:40.876</b>	9:14.466
34	438	BLANCO DOMINGUEZ Boni	RUNMANIAK BOX 001	25:24.243	<b>39:49.786</b>	9:23.376
35	151	REBORDA GRAÑA Amador	CD PINARIUM	25:34.580	<b>39:50.288</b>	9:23.878
36	529	ESTEVEZ BASTERO Víctor Manuel		24:51.525	<b>40:03.778</b>	9:37.368
37	128	BARROSO GONZALEZ Antonio	C.A.R. MARISQUEIRO	25:43.931	<b>40:05.358</b>	9:38.948
38	110	SANCHEZ RAMOS Josías		25:15.759	<b>40:09.799</b>	9:43.389
39	580	FERREIRA ANTAS Victor		25:31.251	<b>40:13.865</b>	9:47.455
40	419	SUAREZ GARRIDO Moncho	CLUB DEPORTIVO DELIKIA	25:31.555	<b>40:18.526</b>	9:52.116
41	331	DE PRADO VAZQUEZ Alvaro	ATLETISMO BAIONA	25:45.618	<b>40:25.102</b>	9:58.692
42	461	COVELO LOPEZ Jose		25:43.252	<b>40:33.567</b>	10:07.157
43	294	BARREIRO BARREIRO Benigno	ATHLETICS AVENTURA XTREM	25:14.681	<b>40:35.197</b>	10:08.787
44	367	PEITEADO RUIZ Guillermo		25:22.955	<b>40:36.640</b>	10:10.230
45	198	GASPAR FERNANDEZ Roberto		26:07.909	<b>40:44.198</b>	10:17.788
46	38	FIRVIDA COMESAÑA Anton	C.A. VETERANOS DE SAMIL	26:18.267	<b>41:00.609</b>	10:34.199
47	366	QUINTANS MELENDEZ Felix		25:54.338	<b>41:01.338</b>	10:34.928
48	377	FERRO NUÑEZ Javier	ATHLETIS FISIOTERAPIA SAN LÁZA	25:37.837	<b>41:02.701</b>	10:36.291
49	398	ALVAREZ ALVAREZ Víctor Manuel		26:15.759	<b>41:06.238</b>	10:39.828
50	469	VELOSO ESPÍNEIRA Manuel	C.A. VETERANOS DE SAMIL	26:14.658	<b>41:20.445</b>	10:54.035

**Carreira praia de Samil 2023**  
**Clasificación General**

Clc	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
51	685	FDEZ. Jaime	C.A.R. MARISQUEIRO	26:20.100	41:22.198	10:55.788
52	566	PIÑEIRO RODRIGUEZ Carlos	CLUB TRIATLON CIDADE DE LUGO F	25:49.954	41:23.678	10:57.268
53	285	LAGO Pablo		26:11.938	41:25.110	10:58.700
54	414	QUINTANS MELENDEZ Giovanni		26:39.197	41:28.507	11:02.097
55	572	BAQUERO LOPEZ Javier		26:02.517	41:52.080	11:25.670
56	131	GONZALEZ MARTINEZ Fernando		27:15.243	42:04.302	11:37.892
57	94	LORENZO COMESAÑA Juan Manuel		26:47.822	42:09.660	11:43.250
58	295	OJEA RODRIGUEZ Gonzalo	FRUTAS NIEVES	27:12.408	42:16.840	11:50.430
59	138	ALONSO COSTAS Oscar		26:17.072	42:20.078	11:53.668
60	243	PEREZ LOSADA Mario	C.A. VETERANOS DE SAMIL	27:03.829	42:27.259	12:00.849
61	565	BENAVIDES ALVAREZ Fernando	ATHLETIS FISIOTERAPIA SAN LAZA	26:16.909	42:32.901	12:06.491
62	248	MARTINEZ GOMEZ Pakinho	GALLAECIA JASTANDOSAPATILLA	26:46.322	42:43.089	12:16.679
63	421	GUAMA MENA Patricio	PADELEROS	26:44.728	42:45.429	12:19.019
64	428	LARA PEREZ José Gabino		27:06.245	42:58.382	12:31.972
65	236	CACERES MEJUTO Rafael		28:05.940	43:15.320	12:48.910
66	583	FROIZ FONTENLA Juan Carlos	OS CORREDORES DO INFERNO	27:35.283	43:26.760	13:00.350
67	562	MOLARES RIVAS Bernardo		28:38.704	43:35.703	13:09.293
68	144	PARDAVILA IGLESIAS Miguel		27:12.455	43:36.823	13:10.413
69	379	MARTINEZ MEIS Felix		27:32.447	43:54.167	13:27.757
70	142	JANDRA GONZALEZ Jesus		27:33.735	44:09.435	13:43.025
71	60	DE LA CRUZ DE LA ROSA Antonio	C.A. VETERANOS DE SAMIL	28:02.635	44:33.071	14:06.661
72	124	GONZALEZ GARCIA Luis		28:16.790	44:39.524	14:13.114
73	64	VALEIJE ALVAREZ Eduardo	C.A. VETERANOS DE SAMIL	28:49.677	44:51.663	14:25.253
74	30	CARPINTERO DOMINGUEZ Julio	C.A. VETERANOS DE SAMIL	28:37.509	45:03.552	14:37.142
75	120	COSUIÑO SENDIN José Manuel	CASTRELOSKM-0	28:43.532	45:05.093	14:38.683
76	582	ALONSO PARADA Jose Manuel	CASTRELOS KM-0	28:44.307	45:06.105	14:39.695
77	380	CASTEJON OTERO Jaime		28:50.119	45:07.885	14:41.475
78	578	PASCUAL BALLESTER David		29:00.079	45:39.764	15:13.354
79	210	CORES FIGUEIREDO Ángel		28:56.354	45:49.966	15:23.556
80	163	SANZ VELAO Juan Pedro		30:15.877	46:09.186	15:42.776
81	567	LAMAS PEREZ Jose Eduardo		29:25.861	47:13.306	16:46.896
82	581	POUSA LUCIO Xoán Manuel	NINGUNO	29:24.079	47:45.869	17:19.459
83	424	PEREZ MONROY Jesus	FRUTAS NIEVES	29:44.142	47:48.547	17:22.137
84	525	GIL PORTEIRO David	700	30:40.204	47:52.019	17:25.609
85	368	GAGGIOLO Guillermo Ernesto	MAISQUEAUGA	30:12.198	47:55.650	17:29.240
86	11	REIGADA QUINTELA Fernando	CHUZAS OLIMPICOS	30:20.565	47:58.336	17:31.926
87	200	DE CASTRO PARGA Gonzalo	SIRENO TRIATLÓN	30:48.338	48:00.676	17:34.266
88	230	SEIJO SOUTO Julio		30:14.822	48:02.048	17:35.638
89	573	OTERO RAMIREZ José Antonio		30:51.479	48:19.947	17:53.537
90	564	GARRIDO INSUA Ricardo		31:07.581	49:31.839	19:05.429
91	563	CAMBON ARCEO Xosé Manuel		31:47.869	50:34.620	20:08.210
92	559	COSTAS COSTAS Rafael		31:53.565	50:38.374	20:11.964
93	73	DE LA FUENTE SANTOS Coke		32:22.886	50:53.544	20:27.134
94	574	RODRIGUEZ PENA Jorge	C.A.R. MARISQUEIRO	31:28.650	51:05.661	20:39.251
95	531	TOLEDO MONTES Pablo	CHUZAS OLIMPICOS	32:12.315	51:12.951	20:46.541
96	233	RODRIGUEZ OLLEROS Roberto		32:41.824	51:21.794	20:55.384
97	171	CALLES RODRIGUEZ Emilio		33:10.441	52:14.433	21:48.023

**Carreira praia de Samil 2023**  
**Clasificación General**

Cl	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
98	391	GARCIA LEGIDO David		35:02.685	<b>55:05.403</b>	24:38.993
99	303	VAZQUEZ FERRO German		34:44.027	<b>55:43.346</b>	25:16.936
100	56	LOPEZ CARBALLO Alex		36:28.536	<b>56:03.112</b>	25:36.702
101	443	P FERNANDEZ Luis	MAISQUEAUGA	37:42.903	<b>57:47.448</b>	27:21.038
102	510	FERNANDEZ PINTOS Ramiro		35:17.731	<b>58:22.376</b>	27:55.966
103	549	MOJON IGLESIAS Pablo		39:06.798	<b>1h01:28.931</b>	31:02.521
104	249	GONZALEZ RODRIGUEZ Manuel	ADN RUNNERS	42:11.429	<b>1h06:18.374</b>	35:51.964
105	16	GANDARA BOUZA Alejandro	CASTRELOS 20:30	42:59.312	<b>1h07:32.227</b>	37:05.817

Ausentes

23		GARCIA DE LA IGLESIA Alberto	C.A. VETERANOS DE SAMIL			
24		BENAVENTE GOMEZ Felix Manuel	C.A. VETERANOS DE SAMIL			
31		GIL GONZALEZ Miguel Ángel	C.A. VETERANOS DE SAMIL			
62		PONTE VELAYOS Fernando				
79		LEGARRA CALDERON Juan José				
92		BARBOSA Pedro				
164		SANTOS OLAVARRIETA Benito	CASTRELOS KM-0			
202		GARCIA OTERO Diego	G.E. GKN INDUGASA			
239		GARCIA DACOSTA Eduardo				
251		DE LA OSA VELAZQUEZ Pedro Pablo				
339		CAMBRA DOMINGUEZ Jose Antonio				
417		PRADO ALVAREZ Gonzalo				
465		BARCA CRISMAN Manuel				
479		GARCIA MALLO Xosé Ramon				
575		AMOEDO GIMENEZ Anton	C.A.R. REDONDELA			
584		FROIZ LAREU Andres	TNT GHERRILLEIROS			

**Categoría: F4**

1	140	LOPEZ REGUEIRO Alicia	C.A.R. MARISQUEIRO	28:52.579	<b>46:04.175</b>	
2	466	CARRERA SOUTELO Josefa	TALLERES EAUTO	29:32.377	<b>46:26.205</b>	22.030
3	361	GALLERO FERNANDEZ Mar		30:37.604	<b>48:15.275</b>	2:11.100
4	452	OSSORIO TERRON Asuncion	ATHLETIS FISIOTERAPIA SAN LÁZA	34:44.964	<b>54:33.210</b>	8:29.035

Ausentes

261		VARELA Raquel				
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**Categoría: M4**

1	322	RIVEIRO RODRIGUEZ Arlindo	CASTRELOS 20:30	19:49.838	<b>31:32.403</b>	
2	196	FUERTES SAAVEDRA Antonio	REAL CLUB CELTA ATLETISMO	21:44.048	<b>34:26.027</b>	2:53.624
3	173	VILLAR ALVAREZ Enrique		23:13.978	<b>37:12.892</b>	5:40.489
4	208	PEREZ PASCUAL Manuel	CSCR BEADE	24:24.572	<b>38:35.235</b>	7:02.832
5	6	TABOADA GONZALEZ Ramiro	RUNNING LUSEKELO	24:18.290	<b>39:16.460</b>	7:44.057
6	159	SIMOES FERNANDEZ José Luis	C.A.R. MARISQUEIRO	24:55.532	<b>39:26.924</b>	7:54.521

**Carreira praia de Samil 2023**  
**Clasificación General**

Cl	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
7	275	VIDEIRA CORREA Alberto		25:15.174	<b>40:14.837</b>	8:42.434
8	450	GALLIDORO DEL MONTE José Humberto	CLUB DEPORTIVO DELIKIA	25:48.994	<b>40:57.598</b>	9:25.195
9	558	ALONSO BASTOS Luis		26:30.830	<b>41:41.008</b>	10:08.605
10	475	FIDALGO IGLESIAS Manuel		26:49.720	<b>41:58.449</b>	10:26.046
11	557	LEDO MARTINEZ Santiago		26:43.767	<b>41:59.948</b>	10:27.545
12	362	CABALEIRO HERNANDEZ Jesus		26:42.994	<b>42:14.619</b>	10:42.216
13	9	GODA Sebas	C.C.RIA DE VIGO	26:58.555	<b>42:51.491</b>	11:19.088
14	371	ROCA RODRIGUEZ Ramon		27:13.322	<b>42:55.622</b>	11:23.219
15	330	MALVAR CURTO Javier	CASTRELOS 20:30	27:44.963	<b>44:06.726</b>	12:34.323
16	482	CHARVIN Jean Paul Claude		27:58.978	<b>44:29.183</b>	12:56.780
17	247	BOLAS CABALEIRO Xose Manuel	GALLAECIA JASTANDOSAPATILLA	27:54.619	<b>45:25.783</b>	13:53.380
18	267	ESTEVEZ CERNADAS Ricardo		29:57.666	<b>48:07.117</b>	16:34.714
19	555	BURLIDO BORREGO José Isaías		31:16.089	<b>49:18.338</b>	17:45.935
20	314	ZUNZUNEGUI QUEIMADELOS Roman		34:47.006	<b>55:43.346</b>	24:10.943
21	523	PAINCEIRA MACIÑEIRAS Jorge		35:50.215	<b>56:42.634</b>	25:10.231
22	554	BARROS Juan		36:40.607	<b>59:04.288</b>	27:31.885
23	556	MORANDINI Emmanuel		42:46.466	<b>1h08:26.659</b>	36:54.256

Ausentes

268	VILLAR SALGADO Jose Francisco
363	LAGO PIÑEIRO Isaac Angel

**Categoría: F5**

1	96	COSTAS RODRIGUEZ Carmen	ATLETISMO BAIONA	28:45.243	<b>45:44.475</b>	
2	441	ALVAREZ DOMINGUEZ Rosa M <sup>a</sup>	MAISQUEAUGA	34:00.902	<b>56:10.608</b>	10:26.133
3	250	BARROS RIVEIRO Josefina		38:44.334	<b>1h00:50.540</b>	15:06.065

Ausentes

101	PEDRIDO RODRIGUEZ Angustias
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**Categoría: M5**

1	69	SUAREZ MARTINEZ Manuel	C.A. VETERANOS DE SAMIL	21:07.696	<b>33:32.876</b>	
2	88	JARDON LOPEZ Jose	C.A. VETERANOS DE SAMIL	22:39.807	<b>35:53.050</b>	2:20.174
3	312	DOMINGUEZ RODRIGUEZ Carlos		24:21.150	<b>38:27.963</b>	4:55.087
4	553	ALONSO VALVERDE Antonio	ATLETISMO BAIONA	24:19.110	<b>38:34.642</b>	5:01.766
5	66	GARCIA COSTAS Federico Amando	C.A.R. MARISQUEIRO	25:15.549	<b>39:29.444</b>	5:56.568
6	552	KARAMES Manuel	C.A.R. MARISQUEIRO	24:54.197	<b>39:30.525</b>	5:57.649
7	516	VIEIRA MONTENEGRO Eduardo		26:03.594	<b>40:31.680</b>	6:58.804
8	260	MARTINEZ FERNANDEZ Francisco Alfonso	MAISQUEAUGA		<b>40:33.941</b>	7:01.065
9	205	LOPEZ REY Pino		25:07.158	<b>40:37.619</b>	7:04.743
10	28	REY GONZALEZ J.Roberto	C.A. VETERANOS DE SAMIL	25:36.174	<b>40:55.947</b>	7:23.071
11	226	HERNANDEZ BORREGO Miguel	MAISQUEAUGA	26:39.689	<b>41:54.612</b>	8:21.736
12	409	OJEA FERNANDEZ Julio	CLUB ATLETISMO VIGO	26:42.339	<b>42:03.260</b>	8:30.384

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**Carreira praia de Samil 2023**  
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Cl	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
13	114	PADIN COUSIDO José Luis	CACAMBADOS-NOVAL	26:46.558	<b>42:27.530</b>	8:54.654
14	551	PEREZ FREIRIA Jose Ramón	ATLETISMO TUI	27:02.117	<b>42:58.243</b>	9:25.367
15	63	VELILLA CASTRO Jesus Antonio	C.A. VETERANOS DE SAMIL	28:04.205	<b>44:26.405</b>	10:53.529
16	227	ALADRO FERNANDEZ Juan Carlos		28:24.831	<b>44:30.753</b>	10:57.877
17	333	AVENDAÑO LORENZO Francisco		29:41.518	<b>46:36.069</b>	13:03.193
18	229	ALVAREZ PORTABALES Antonio		30:11.752	<b>47:59.456</b>	14:26.580
19	337	DIAZ IGLESIAS Adolfo	C.A. VETERANOS DE SAMIL	31:27.737	<b>50:02.599</b>	16:29.723
20	402	COLLAZO BARRERAS Germán		34:38.495	<b>54:01.881</b>	20:29.005
21	445	FERNANDEZ BOUZADA Alfonso		34:11.661	<b>54:10.519</b>	20:37.643
22	213	SOTO AMIL José Florencio	XISTRA	34:11.590	<b>54:17.229</b>	20:44.353
23	520	BERMUDEZ BILBAO Antonio	ATHLETIS FISIOTERAPIA SAN LÁZA	37:57.317	<b>59:26.230</b>	25:53.354
24	115	BERNAL GOMEZ Jesús		39:04.724	<b>1h00:09.629</b>	26:36.753
25	434	CONDE SABUCEDO Antón		39:05.474	<b>1h01:28.932</b>	27:56.056
26	550	FDEZ, IGLESIAS Virgilio Ramòn	BIKILA	40:37.444	<b>1h06:45.224</b>	33:12.348
27	241	GOMEZ ARAUJO Angel	C.A. VETERANOS DE SAMIL	45:12.976	<b>1h07:22.125</b>	33:49.249
28	522	PORTEIRO FERNANDEZ César		42:32.943	<b>1h08:28.899</b>	34:56.023

Ausentes

29		RAMOS VIGO Sergio	C.A. VETERANOS DE SAMIL			
44		SANCHEZ GESTIDO Ceferino	C.A. VETERANOS DE SAMIL			
68		ALONSO PEREZ Francisco Xabier	C.A. VETERANOS DE SAMIL			
82		RODRIGUEZ GOMEZ Antolin	C.A. VETERANOS DE SAMIL			
89		PRADO NIETO Angel	C.A. VETERANOS DE SAMIL			
90		OTERO RODRIGUEZ Jose Ramon	C.A. VETERANOS DE SAMIL			
102		COMESAÑA BOUBETA Modesto				
103		RODRIGUEZ RODRIGUEZ Antonio				
104		MIGUEL NOVO Susana				
189		IBAÑEZ DA SILVA Manuel	C.A. VETERANOS DE SAMIL			
190		CAMEAN LAMPON Juan	C.A. VETERANOS DE SAMIL			
191		RODRIGUEZ GOMEZ Julio	C.A. VETERANOS DE SAMIL			
242		LOSADA SEARA Jose Luis	C.A. VETERANOS DE SAMIL			

**Categoría: SUB19F**

1	678	BAR IGLESIAS Aroa		32:07.253	<b>50:08.395</b>	
2	429	GONZALEZ SORDO Noemí	TANINOS RUNNERS	39:38.662	<b>1h05:02.438</b>	14:54.043

Ausentes

22		COMESAÑA VARELA Iris	C.A. VETERANOS DE SAMIL			
27		GARCIA HERNANDEZ Adara	C.A. VETERANOS DE SAMIL			

**Categoría: SUB19M**

1	311	FERNANDEZ MARTINEZ Ángel		21:44.893	<b>34:34.676</b>	
2	116	RIO PEREIRA Yago Daniel		21:58.463	<b>35:19.000</b>	44.324

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Carreira praia de Samil 2023  
Clasificación General

Clc	Dor.	Apellidos y nombre	Club	Intermedio	Tiempo	Diferencia
3	300	GONZALEZ ALVAREZ Javier		21:53.868	35:51.778	1:17.102
4	156	RELLO VILLAR Teo		23:08.306	36:07.298	1:32.622
5	503	GONZALEZ RODAL Xián	TRIATLÓN MAR DE VIGO	21:52.109	36:12.408	1:37.732
6	411	IGLESIAS Ramsés	TRIATLÓN MAR DE VIGO	25:48.057	41:01.568	6:26.892
7	238	CACERES MUÑIZ Alejandro		28:06.196	43:02.041	8:27.365
8	237	CACERES MUÑIZ Jorge		28:38.610	44:01.421	9:26.745
9	369	GAGGIOLO JOISEN Santiago José	MAISQUEAUGA	32:39.738	51:52.137	17:17.461
10	502	FERNANDEZ FERREIRO Cosme		33:46.863	55:35.884	21:01.208
11	345	GONZALEZ LOPEZ Lucas		42:11.498	1h06:16.046	31:41.370