

CARREIRA PRAIA DE SAMIL 8K 2022

Clasificación Categorías 8K

Clc	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clc)	Tiempo	Diferencia
SENIOR MASCULINO						
1	80	JALDA SEOANE Daniel	CORREDOIRAS BUEU	18:53.255 (2)	30:54.998	
2	149	OTERO PINO Noah	COMESAÑA SPORTING CLUB	18:51.109 (1)	31:47.005	52.007
3	273	GUERRA HERBELLO Diego	C.A.R.MARISQUEIRO	19:17.109 (3)	31:50.826	55.828
4	113	COMESAÑA CHAVERT Dario	ATHLETICS FISIOTERAPIA SAN LAZ	19:25.717 (4)	32:15.693	1:20.695
5	309	SALGADO PAZOS Luis		19:47.158 (5)	33:37.584	2:42.586
6	191	MARTINEZ IGLESIAS Eric		20:28.389 (6)	33:41.192	2:46.194
7	282	GALLEGO APARICIO Manuel		21:01.640 (7)	34:27.129	3:32.131
8	305	RODRIGUEZ FERREIRO Miguel	LAMARGHA-AUTOTODO	21:22.042 (8)	35:07.748	4:12.750
9	364	BLANCO MARTINEZ Diego	CIBUS	23:01.275 (10)	36:05.683	5:10.685
10	374	DOMINGUEZ Sergio		22:33.822 (9)	36:46.770	5:51.772
11	158	PIÑEIRO RODRIGUEZ Arturo	PORCOS CELTAS	23:02.863 (11)	37:34.464	6:39.466
12	72	FERNANDEZ GONZALEZ Jose Manuel		23:42.946 (16)	37:51.268	6:56.270
13	104	PEREZ LEIROS Ruben		23:21.977 (12)	38:01.464	7:06.466
14	76	CUEVAS RIOBO Ivan Alejandro		23:33.063 (14)	38:03.575	7:08.577
15	22	ANGUITA Federico	C.A. VETERANOS DE SAMIL	23:33.123 (15)	38:13.980	7:18.982
16	169	COSTAS BARCIA Diego	MAIS QUE AUGA	24:00.018 (17)	38:32.097	7:37.099
17	366	CABALEIRO Daniel		23:31.235 (13)	38:47.519	7:52.521
18	281	BLANCO Pablo		24:36.408 (18)	39:25.182	8:30.184
19	186	REGUERA FERREIRA Lucas		24:58.606 (19)	40:28.088	9:33.090
20	204	CABALEIRO ROCHA Daniel	BIKILA	25:23.342 (20)	41:32.002	10:37.004
21	174	TIZON FUENTES Juan		25:25.406 (22)	41:36.269	10:41.271
22	299	DOMONTE PEREZ Victor	TRAIL COMO CABRAS	25:42.865 (24)	41:36.760	10:41.762
23	382	PANIAGUA PEREZ Antonio		25:29.466 (23)	42:08.027	11:13.029
24	109	CRESPO GONZALEZ Jacinto		25:24.226 (21)	42:25.300	11:30.302
25	178	CORTIZO BOULLOSA Daniel		26:35.183 (28)	42:25.462	11:30.464
26	280	GARRIDO FERNANDEZ Edgar		27:05.850 (29)	43:06.923	12:11.925
27	120	FERRADANS RODRIGUEZ Pedro		27:17.019 (30)	43:27.338	12:32.340
28	348	GUAMA HEREDIA Edwin	PADELEROS	26:28.303 (25)	43:33.033	12:38.035
29	155	RODRIGUEZ ALONSO Saúl		26:34.400 (27)	43:59.422	13:04.424
30	185	REGUERA FERREIRA Nicolás	PORCOS CELTAS	27:54.328 (32)	44:17.517	13:22.519
31	373	DIAZ SANTOS Juan Manuel		26:29.947 (26)	44:25.767	13:30.769
32	227	FERNANDEZ MARIÑO Oscar		27:53.739 (31)	44:57.174	14:02.176
33	307	CASTIÑEIRAS NARCISO Kevin		28:46.722 (35)	46:11.843	15:16.845
34	177	PENAS Oscar		28:27.339 (33)	46:45.734	15:50.736
35	159	OTERO RAFAEL Alberto		28:29.841 (34)	46:45.735	15:50.737
36	291	IGLESIAS MOSQUERA Yago		29:17.129 (36)	47:33.570	16:38.572
37	35	RODRIGUEZ DOMINGUEZ Hugo		29:41.485 (37)	49:00.780	18:05.782
38	32	LORENZO COSTAS Francisco		30:50.203 (38)	49:49.624	18:54.626
39	304	PORTAS RAMALLO Luis Adrian	BEER RUNNERS	31:00.886 (40)	50:41.725	19:46.727
40	303	IGLESIAS ESTEVEZ Vicente		31:00.795 (39)	50:41.914	19:46.916
41	138	VASCONCELLOS GONZALEZ Marcos		31:09.311 (41)	51:16.037	20:21.039



Clit	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clit)	Tiempo	Diferencia
42	375	DOMINGUEZ GONZALEZ Daniel	MAIS QUE AUGA	35:18.157 (43)	57:33.474	26:38.476
43	74	COMESAÑA SOUTO Alejandro		34:04.477 (42)	58:59.840	28:04.842

SENIOR FEMENINA

1	121	PIÑEL LORENZO Eva	CELTA ATLETISMO	21:20.492 (1)	35:26.988	
2	2	COLLAZO FERNANDEZ Lorena	C.A. VETERANOS DE SAMIL	24:14.865 (2)	39:16.019	3:49.031
3	3	GALLEGO CANABAL Laura	CD DELIKIA	24:35.758 (4)	39:50.660	4:23.672
4	63	PEREZ ALONSO Cristina	C.A.R. MARISQUEIRO	24:20.836 (3)	39:56.753	4:29.765
5	93	ABELEIRA CARBALLO Irene		24:57.292 (5)	41:14.142	5:47.154
6	118	MORENO LOBARIÑAS Rita Anaís		25:38.939 (6)	41:59.377	6:32.389
7	175	TRABAZOS RODRIGUEZ Leticia	CLUB ATLETISMO SALVATERRA	25:41.108 (7)	42:11.470	6:44.482
8	111	AMIL PEREZ Jahenet	CLUB ATLETISMO SALVATERRA	26:28.819 (8)	43:02.377	7:35.389
9	181	RODRIGUEZ ALONSO Sandra		27:09.343 (9)	44:34.557	9:07.569
10	148	POMBO LOPEZ Belén		28:21.109 (12)	44:51.572	9:24.584
11	272	VALIENTE PICON Sara		27:40.063 (10)	45:41.398	10:14.410
12	245	BUSTO SANTALLA Ana		28:04.899 (11)	46:30.852	11:03.864
13	370	CEBREIROS IGLESIAS Sira	A.D. LIMIACTIVA	28:56.309 (13)	46:34.602	11:07.614
14	132	BARREIRO MARTINEZ Ana	ATLETISMO BAIONA	29:28.347 (15)	47:54.428	12:27.440
15	135	POMBAR GRAÑA Alba		29:35.307 (16)	47:56.280	12:29.292
16	136	SOBRINO ALONSO Cristina		30:24.412 (17)	48:11.421	12:44.433
17	6	RODRIGUEZ Isabel		29:05.104 (14)	48:22.507	12:55.519
18	228	RODAL MALVIDO Loli		30:34.201 (18)	49:55.553	14:28.565
19	47	SUAREZ MARTI Ana		31:03.125 (19)	50:04.600	14:37.612
20	212	BARTER Sarah		31:51.365 (20)	52:05.397	16:38.409
21	256	VILAR SANCHEZ Marta		33:46.298 (21)	55:31.131	20:04.143
22	389	RODRIGUEZ GARCIA Sandra	MAIS QUE AUGA	35:18.673 (23)	57:33.332	22:06.344
23	255	ROMAR Natalia		35:09.377 (22)	58:29.160	23:02.172

SUB 18 MASCULINO

1	243	TORRES Angel		19:39.838 (1)	32:28.632	
2	51	RIO PEREIRA Yago Daniel	INDEPENDIENTE	20:49.971 (3)	34:16.114	1:47.482
3	322	LUACES LARRAN Mario	AGRUPACIÓN VIGUESA DE ATLETISMO	20:52.250 (4)	34:27.996	1:59.364
4	293	ACUÑA GARCIA Javier	COMESAÑA SPORTING CLUB	20:35.498 (2)	34:54.692	2:26.060
5	30	RODRIGUEZ VELILLA Pedro	C.A. VETERANOS DE SAMIL	21:58.655 (5)	35:44.450	3:15.818
6	301	RELO VILLAR Teo		21:59.301 (6)	36:10.911	3:42.279
7	202	AMOEDO GONZALEZ Anton	CAR REDONDELA	24:02.284 (7)	39:14.238	6:45.606
8	166	CACERES MUÑIZ Jorge	OS TROTEIROS	28:48.842 (8)	44:58.860	12:30.228



Clc	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clc)	Tiempo	Diferencia
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SUB 18 FEMENINA

1	200	CARBALLO SALGADO Paula	CLUB TRIATLÓN MAR DE VIGO	22:35.701 (1)	36:59.801	
2	363	BAR Aroha		33:18.984 (2)	55:32.324	18:32.523

VETERANOS I MASCULINO

1	310	FORTES MONTENEGRO Ricardo		18:28.090 (2)	30:08.709	
2	295	PIÑEIRO PEREZ Óscar	KENNEL DEN	18:27.108 (1)	30:35.381	26.672
3	392	VAZQUEZ PAVON Roberto	TANINOS RUNNERS PONTEAREAS	19:07.412 (4)	31:28.279	1:19.570
4	365	BRANDON DOMINGUEZ Gonzalo	C.A.R. MARISQUEIRO	18:59.817 (3)	31:38.288	1:29.579
5	241	MARZOA RUIZ Miguel	C.A.R. MARISQUEIRO	19:17.776 (5)	32:04.232	1:55.523
6	225	OTERO RAMIREZ Alejandro	ATHLETICS FISIOTERAPIA SAN LAZ	19:27.738 (6)	32:15.693	2:06.984
7	372	DAFONTE MARTINEZ Miguel	VIGOENTRENA	19:36.768 (7)	32:27.739	2:19.030
8	182	GONZALEZ CASTRO Sindo	SDCOMPOSTELA	19:49.237 (8)	32:28.537	2:19.828
9	46	CORZON VIEITES Alfonso	CSCR BEADE	20:57.159 (9)	33:59.402	3:50.693
10	81	RODRIGUEZ PEREZ Javier		21:37.420 (14)	34:28.489	4:19.780
11	395	GARCÍA PAZO Eduardo	BIKILA	21:17.294 (10)	34:29.121	4:20.412
12	223	ALONSO GONZALEZ André		21:18.374 (11)	34:35.074	4:26.365
13	78	ANDION RIVADULLA Antonio	CULB ATLETISMO SAMIL	21:25.559 (12)	34:50.076	4:41.367
14	252	BERNARDEZ RODRIGUEZ Dario	CLUB CIBUS	22:32.096 (18)	34:59.262	4:50.553
15	192	MALLO PEREZ Francisco A.	C. A. R. MARISQUEIRO	21:44.081 (15)	35:32.615	5:23.906
16	335	MARTINEZ ALONSO Dalma	TANINOS PONTEAREAS	21:29.520 (13)	35:34.629	5:25.920
17	251	PEREZ FERNANDEZ Óscar	CIBUS	22:37.761 (21)	35:55.266	5:46.557
18	306	FERNANDEZ FERNANDEZ Andrés	CIBUS	23:00.514 (26)	36:04.535	5:55.826
19	115	PEREZ CONDE Enrique	SIN CLUB	21:52.061 (16)	36:05.942	5:57.233
20	244	GOMEZ COMESAÑA Julio	CIBUS	22:48.537 (22)	36:06.504	5:57.795
21	253	SANCHEZ MOREIRA Ricardo	CIBUS	22:50.575 (23)	36:19.466	6:10.757
22	386	QUIROGA FERNANDEZ Iago	TRINORTH	22:32.341 (20)	36:33.575	6:24.866
23	156	PECES GARCIA Uge		22:51.921 (24)	36:35.730	6:27.021
24	286	CONEJERO JORDAN Borja		22:56.583 (25)	37:05.495	6:56.786
25	283	BRU VAZQUEZ Richibru	C.A. VETERANOS DE SAMIL	22:32.220 (19)	37:18.574	7:09.865
26	352	MIRANDA VIEITO Jose Manuel	ATHLETICS FISIOTERAPIA SAN LAZ	22:09.692 (17)	37:52.418	7:43.709
27	141	FERNANDEZ GRADIN David	GRUPO DE EMPRESA	23:17.542 (27)	38:01.393	7:52.684
28	154	TIZON FREIRIA Germán A.	SEMPRE LA	23:46.163 (29)	38:16.348	8:07.639
29	55	URBANO MARTINEZ Jorge	CLUBE ATLETISMO BURELA	23:44.975 (28)	38:31.698	8:22.989
30	37	CAMPO RODRIGUEZ Iván	RELAX TRAIL	24:14.274 (30)	39:12.153	9:03.444
31	95	SUAREZ RODRIGUEZ Marco		24:16.678 (31)	39:24.456	9:15.747
32	391	TRASHORRAS LAMELA Miguel		24:29.942 (33)	39:33.926	9:25.217
33	260	RIVADA RODRIGUEZ Gabriel		24:45.878 (36)	39:40.933	9:32.224
34	99	GLEZ UCLES David	CLUB DEPORTIVO DELIKIA	25:31.838 (42)	39:42.292	9:33.583
35	336	GONZALEZ PEREZ Enrique	MAIS QUE AUGA	24:50.140 (38)	39:42.878	9:34.169

Clit	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clit)	Tiempo	Diferencia
36	214	VEGA GARCIA Antonio		24:35.845 (35)	39:47.308	9:38.599
37	368	CASTIÑEIRA COUSILLAS Santiago	-	24:53.778 (39)	40:16.932	10:08.223
38	87	ALONSO CONDE Javier	BTX RUNNING TEAM	24:25.544 (32)	40:23.048	10:14.339
39	270	IRIARTE MORALEJO Gerardo		24:33.775 (34)	40:34.182	10:25.473
40	338	RODRIGUEZ COLLAZO Raul	CAZAFANTASMAS TEAM	25:19.328 (40)	40:36.080	10:27.371
41	97	BARREIRO Hugo		24:48.545 (37)	41:06.292	10:57.583
42	302	ALONSO VAZQUEZ Pedro	CLUB DEPORTIVO PINARIUM	25:26.424 (41)	41:07.159	10:58.450
43	73	FERNANDEZ FERNANDEZ Rafael		25:59.787 (45)	41:44.424	11:35.715
44	28	RELLO FERNANDEZ Pablo	C.A. VETERANOS DE SAMIL	25:52.100 (44)	42:20.166	12:11.457
45	275	COSTAS FERNANDEZ Antonio	TRIATLON MAR DE VIGO	26:09.566 (46)	42:30.384	12:21.675
46	145	RODRIGUEZ ALONSO José Eduardo		25:48.139 (43)	42:48.270	12:39.561
47	53	VARELA RÚA Javier		26:40.906 (48)	43:00.573	12:51.864
48	213	LIMIA PRADO Sergio		26:45.867 (49)	43:03.081	12:54.372
49	353	LORENZO ECHEVARRIA Fernando	C.D. PINARIUM	26:38.507 (47)	43:23.774	13:15.065
50	379	HERNANDEZ GRAÑA Juan Carlos		27:31.019 (51)	44:40.391	14:31.682
51	57	SEOANE GIL Adrian		27:12.448 (50)	44:58.322	14:49.613
52	371	CUÑARRO ROMERO Enrique		28:19.861 (54)	45:06.876	14:58.167
53	110	ALONSO LORENZO Alberto	CLUB ATLETISMO SALVATERRA	27:47.782 (52)	45:27.664	15:18.955
54	44	COUSO Alberto	CD MIRADOIRO	28:52.123 (55)	45:39.572	15:30.863
55	137	GANDARA CRESPO Marcelino	INDEPENDIENTE	27:59.341 (53)	47:13.415	17:04.706
56	220	GONZALEZ FERNANDEZ Jose		29:26.983 (58)	47:43.018	17:34.309
57	219	ARETIO ANTON Jaime		29:34.682 (59)	47:56.282	17:47.573
58	250	BARRAL BARREIRO Pablo		28:57.092 (56)	48:39.851	18:31.142
59	36	CEDRON SANCHEZ Gustavo Armando		30:24.271 (60)	50:11.656	20:02.947
60	380	IGLESIAS FERNANDEZ Marcos		32:31.326 (61)	54:17.232	24:08.523
61	15	GRAZIANI Rodrigo		34:10.366 (62)	56:16.317	26:07.608
62	397	DESTAR GONZÁLEZ Abel	BIKILA	29:22.261 (57)	56:17.020	26:08.311
63	4	ENRIQUE DIEGO RABAZAS Enrique		38:27.594 (63)	1h02:41.278	32:32.569
64	42	ALONSO INSUA Alberto	ALEJANDRO GOMEZ	50:16.690 (64)	1h20:35.000	50:26.291

VETERANAS I FEMENINA

1	342	MENDEZ TAPIAS Paz	LODEIROS TRAIL	23:41.622 (1)	38:22.090	
2	362	ALONSO ROMERO Marina	CLUB ATLETISMO SALVATERRA	24:30.067 (3)	39:25.511	1:03.421
3	385	PEREZ GONZALEZ Elena	BURGAS OURENSE AATLETISMO	24:11.863 (2)	39:33.879	1:11.789
4	139	SANTOS FERNANDEZ Tamara	SAMERTOLAMEU	25:01.176 (4)	40:28.815	2:06.725
5	333	ALVAREZ LEZANA Nuria		25:39.683 (5)	40:58.066	2:35.976
6	361	ALONSO PARENTE Patricia	BIKILA	25:53.188 (6)	41:55.791	3:33.701
7	43	FILLOY PEREIRA Rocío		26:30.709 (8)	42:46.651	4:24.561
8	354	NORES MOREIRA Alicia	C.D. PINARIUM	26:39.409 (9)	43:23.657	5:01.567
9	264	SORDO GARCIA María Teresa	CONCELLO DE VIGO	26:27.907 (7)	43:33.034	5:10.944
10	133	MINIÑO PIÑEIRO Cris	ATLETISMO BAIONA	27:07.949 (10)	44:03.992	5:41.902
11	224	SARABIA VIDAL Montse		27:26.469 (13)	44:38.891	6:16.801

Clit	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clit)	Tiempo	Diferencia
12	142	GUARDIA ORTIZ Cecilia Gabriela		28:05.542 (14)	45:07.275	6:45.185
13	50	ZAPATA RODRIGUEZ Raquel	CAR MARISQUEIRO	27:23.368 (11)	45:23.036	7:00.946
14	86	RODRÍGUEZ LÓPEZ Belén	CLUB DEPORTIVO DELIKIA	28:58.461 (18)	46:01.742	7:39.652
15	263	GARCIA TORRICO Dolly	MAIS QUE AUGA	28:57.912 (17)	46:34.344	8:12.254
16	274	SALGADO LOPEZ Beatriz		28:39.819 (15)	46:41.423	8:19.333
17	94	GARCIA DE PABLOS Beatriz	CLUB DEPORTIVO DELIKIA	28:59.042 (19)	47:15.054	8:52.964
18	313	COUTO MENDOZA Maite	CLUB ATLETISMO O PINO	28:50.689 (16)	47:15.829	8:53.739
19	359	MARTINEZ VIDAL Mirian	C.A.R MARISQUEIRO	29:18.560 (20)	47:32.422	9:10.332
20	329	TORRON DIAZ Cristina		29:35.390 (21)	49:10.952	10:48.862
21	334	CASAL MATOS María		30:25.171 (22)	49:54.405	11:32.315
22	234	PEREZ RODRIGUEZ Luz		32:16.944 (25)	50:43.389	12:21.299
23	287	OTERO GONZALEZ Beatriz		31:03.651 (23)	51:18.265	12:56.175
24	384	PEREIRA ESTEVEZ Lorena		32:29.505 (27)	52:06.029	13:43.939
25	77	VILLARONGA ARTEAGA Lourdes		32:09.013 (24)	52:15.662	13:53.572
26	376	ESTEVEZ ARAÚJO Lorena		32:24.752 (26)	54:43.316	16:21.226
27	146	SOUTO MARTINEZ Isabel		33:44.174 (29)	55:12.309	16:50.219
28	147	RADA SOTO Yago		33:41.775 (28)	55:12.591	16:50.501
29	180	SILVA GONZAGA Cristiana		35:16.750 (30)	56:59.676	18:37.586
30	226	REY FERNANDEZ Almudena		35:42.430 (31)	58:59.371	20:37.281
31	45	HERRERO SOPENA Leticia		37:16.473 (32)	1h01:08.535	22:46.445
32	231	ALONSO NUÑEZ Paz		37:55.210 (33)	1h02:40.714	24:18.624
33	128	ROMERO MARTINEZ Mónica		27:24.648 (12)	1h11:07.220	32:45.130

VETERANOS II MASCULINO

1	1	BARGIELA ARAUJO Daniel	BIKILA	18:57.186 (1)	31:02.827	
2	49	CONDE GONZALVO Javier	C.A.R. MARISQUEIRO	19:02.755 (2)	31:24.084	21.257
3	21	AMOEDO GIMENEZ Antón	C.A. VETERANOS DE SAMIL	19:37.557 (3)	32:25.185	1:22.358
4	358	FERNANDEZ DE TORO Manuel	C.A. VETERANOS DE SAMIL	19:41.529 (4)	32:39.223	1:36.396
5	176	ALBORES MIGUEZ Jorge	ATLETISMO BAIONA	20:05.639 (5)	32:51.833	1:49.006
6	144	VALVERDE VILLAR Martín	C.A. VETERANOS DE SAMIL	20:53.790 (6)	33:48.716	2:45.889
7	196	CAMPOS ABALDE Antonio	CASTRELOSKM-0	21:19.342 (10)	34:01.373	2:58.546
8	235	FERNANDEZ ALVAREZ Rafael	"CASTRELOS 20:30"	20:59.314 (7)	34:03.459	3:00.632
9	157	VAZQUEZ VARELA Tito	C.A.R. MARISQUEIRO	21:17.962 (9)	34:29.016	3:26.189
10	381	NIETO FERNANDEZ Miguel Ángel		21:17.501 (8)	34:29.074	3:26.247
11	107	FERVENZA FRAGUEIRO Andres	CAR REDONDELA	21:30.940 (11)	35:06.598	4:03.771
12	116	COSTAS VILLAR Xoel	MAIS QUE AUGA	22:02.560 (14)	35:39.574	4:36.747
13	346	LEDO NOVOA José Eugenio	CIBUS	22:59.854 (21)	36:13.653	5:10.826
14	271	PICO PITA Jose Luis	CASTRELOS 20:30	21:58.481 (13)	36:14.450	5:11.623
15	64	COUSIÑO SENDIN José Manuel	CASTRELOS KM-0	22:43.715 (18)	36:20.332	5:17.505
16	167	ALONSO FERNANDEZ Alberto		21:54.063 (12)	36:25.247	5:22.420
17	34	RODRIGUEZ COLLAZO Jose Jacobo	C.A. VETERANOS DE SAMIL	22:40.923 (17)	36:25.910	5:23.083
18	151	CARRERA José	INDEPENDIENTE	22:27.611 (16)	36:28.277	5:25.450

Clit	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clit)	Tiempo	Diferencia
19	12	SIO FERNANDEZ Ruben	ATLETISMO PORRIÑO	22:21.961 (15)	36:29.027	5:26.200
20	67	ENGUIX CASTELO Manuel	CAR MARISQUEIRO	23:08.023 (24)	36:57.527	5:54.700
21	96	ALONSO Javier		22:58.036 (20)	37:11.007	6:08.180
22	211	SANTOS OLAVARRIETA Benito	CASTRELOS KM-0	22:48.155 (19)	37:18.012	6:15.185
23	311	MURUETA ALONSO Jon Andoni	LIBRE	23:05.857 (23)	37:47.052	6:44.225
24	278	IGLESIAS DOMINGUEZ Francisco		23:04.844 (22)	37:53.824	6:50.997
25	66	SOLBES Rafa	C.A.R. MARISQUEIRO	23:24.143 (25)	37:57.832	6:55.005
26	117	PORTO RODRIGUEZ Alfonso	CLUB ATLETISMO SALVATERRA	23:58.537 (26)	38:21.878	7:19.051
27	140	COSTAS COSTAS Ángel	MONTE PEQUEÑO	24:13.506 (28)	38:56.449	7:53.622
28	324	OSORIO DIEGUEZ Pablo	GACELAS DEL LAGARES	24:12.597 (27)	39:22.371	8:19.544
29	70	DE PRADO VAZQUEZ Álvaro	ATLETISMO BAIONA	24:31.879 (31)	39:22.768	8:19.941
30	268	LAGO LOPEZ Alberto		24:25.837 (29)	39:33.175	8:30.348
31	215	RODILLA ALVAREZ Iván		24:29.104 (30)	39:50.309	8:47.482
32	259	PIÑA REFOJOS Luis	CLUB DEPORTIVO DELIKIA	25:44.886 (39)	39:56.590	8:53.763
33	58	YAÑEZ BREA Fran	MERCANTIL VIGO	24:41.277 (33)	39:58.463	8:55.636
34	247	SANROMAN CALVAR Juan Carlos		24:32.646 (32)	40:14.799	9:11.972
35	331	DE LA FUENTE SANTOS Enrique		25:04.365 (34)	40:24.105	9:21.278
36	325	VAZQUEZ RODIGUEZ Anxo		25:08.557 (35)	40:53.449	9:50.622
37	388	RODRIGUEZ ESPAÑOL Juan		25:42.097 (38)	41:08.073	10:05.246
38	328	DOMINGEZ SIMONS Jaime		25:30.867 (36)	41:09.291	10:06.464
39	183	SANCHEZ RAMOS Josías		25:55.359 (40)	41:38.189	10:35.362
40	100	MALLO MARCOS Alberto		25:36.017 (37)	41:49.675	10:46.848
41	98	RAÑA GREGORIO Xan	C.A.R. MARISQUEIRO	26:02.751 (42)	41:51.597	10:48.770
42	387	RAÑA Xurxo	C.A.R. MARISQUEIRO	26:03.232 (44)	41:51.971	10:49.144
43	316	GUIMARE GONZALEZ Daniel	ARCHIENEMIGOS TEAM	26:22.926 (47)	42:04.651	11:01.824
44	377	GARALOCES FERNANDEZ Xabier	CLUB DEPORTIVO DELIKIA	25:56.247 (41)	42:08.169	11:05.342
45	126	ALONSO Jaime	ATLETISMO PORRIÑO	26:13.408 (45)	42:20.330	11:17.503
46	246	PEITEADO RUIZ Guillermo		26:21.339 (46)	42:31.112	11:28.285
47	254	MARTIN BORRAJO Samuel		26:02.833 (43)	42:42.010	11:39.183
48	85	VALEIJE ALVAREZ Eduardo	C.A. VETERANOS DE SAMIL	27:06.527 (54)	43:17.564	12:14.737
49	130	COVELO LOPEZ Jose Francisco		27:01.148 (53)	43:17.892	12:15.065
50	320	CAMACHO CASCAJO Gabriel	CLUB ATLETISMO PORRIÑO	26:29.607 (48)	43:27.431	12:24.604
51	294	LARA PEREZ José Gabino		26:57.718 (50)	44:02.189	12:59.362
52	360	ALFAYA MASSO David		27:55.848 (57)	44:21.548	13:18.721
53	356	CARRERA CARRERA Xosé Manuel	TANINOS RUNNERS PONTEAREAS	26:52.661 (49)	44:31.766	13:28.939
54	108	VAZQUEZ PADRON Diego		26:59.982 (52)	44:31.931	13:29.104
55	242	FDEZ Jaime	CAR MARISQUEIRO	26:59.339 (51)	44:44.352	13:41.525
56	349	GUAMA MENA Patricio	PADELEROS	27:21.763 (55)	45:02.657	13:59.830
57	319	SUAREZ GARRIDO Moncho	CLUB DEPORTIVO DELIKIA	28:48.420 (62)	45:22.767	14:19.940
58	315	CODON VEGA Alfonso	C.A.R. MARISQUEIRO	27:50.362 (56)	45:47.281	14:44.454
59	83	CARPINTERO DOMINGUEZ Julio	C.A. VETERANOS DE SAMIL	28:31.434 (58)	46:00.173	14:57.346
60	165	CACERES MEJUTO Rafael	OS TROTEIROS	28:50.128 (63)	46:25.767	15:22.940
61	101	CORES FIGUEIREDO Ángel		28:52.311 (64)	46:26.001	15:23.174
62	153	VAZQUEZ GONZALEZ Francisco		28:31.753 (59)	46:30.687	15:27.860



Clit	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clit)	Tiempo	Diferencia
63	221	IGLESIAS PEREZ Antonio		29:00.502 (65)	46:36.500	15:33.673
64	269	POUSA LUCIO Xoán Manuel		28:40.150 (60)	46:41.188	15:38.361
65	257	OTERO RAMIREZ Jose Antonio		29:03.772 (66)	46:49.930	15:47.103
66	216	LEGARRA CALDERON Juan José		29:12.389 (68)	47:00.125	15:57.298
67	164	DE CASTRO PARGA Gonzalo	C.T. SIRENO	29:09.788 (67)	47:00.452	15:57.625
68	292	ZUNZUNEGUI GARRIDO Noé		29:30.821 (69)	47:33.243	16:30.416
69	383	PARGA LAGO Alberto		28:43.308 (61)	47:43.741	16:40.914
70	195	GONZALEZ MARTINEZ Fernando		29:51.132 (70)	48:00.616	16:57.789
71	327	TIENDA CASTRO Daniel		29:53.010 (71)	48:02.163	16:59.336
72	190	RODRIGUEZ OLLEROS Roberto		30:18.324 (73)	48:43.062	17:40.235
73	61	RODRIGUEZ PENNA Jorge	CAR MARISQUEIRO	30:02.310 (72)	50:00.311	18:57.484
74	75	DE LA FUENTE SANTOS Jorge		32:08.524 (74)	52:15.919	21:13.092
75	285	SAAVEDRA GONZALEZ Narciso		32:10.876 (75)	53:03.919	22:01.092
76	229	PORTELA FERNANDEZ Luis		33:11.345 (76)	53:48.989	22:46.162
77	230	ALONSO NUÑEZ Gonzalo		35:10.617 (79)	55:15.918	24:13.091
78	266	PARADA GONZALEZ Luis		34:19.396 (78)	55:50.934	24:48.107
79	330	FERNANDEZ PINTOS Ramiro		33:12.754 (77)	56:49.902	25:47.075
80	233	SAVINO GOMEZ Rodolfo		35:17.673 (80)	58:11.159	27:08.332
81	5	MARTINEZ GOMEZ Francisco	GALLEUSKA KORRIKOLARI ELKARTEA	35:42.377 (81)	58:59.255	27:56.428
82	218	LOPEZ CARBALLO Álex		37:55.493 (82)	1h02:41.557	31:38.730
83	184	GANDARA BOUZA Alejandro	CASTRELOS 20:30	38:39.732 (83)	1h04:05.042	33:02.215
84	103	NUÑEZ DAVILA Fernando	ILLASCIESCYCLINGTEAM	41:05.242 (84)	1h08:03.037	37:00.210
85	13	GARCIA OTERO Diego	GRUPO EMPRESA GKN INDUGASA	41:06.544 (85)	1h08:03.048	37:00.221

VETERANAS II FEMENINA

1	296	TOURIÑO FERREIROS Mónica	KENNEL DEN	22:34.337 (1)	36:31.934	
2	347	GARCIA DE EUSEBIO Celeste	LODEIROS	24:09.324 (2)	39:36.268	3:04.334
3	318	SILVA FERNANDEZ Montse		26:42.548 (3)	43:10.931	6:38.997
4	131	LOPEZ CAMBA Raquel		27:02.010 (4)	43:17.422	6:45.488
5	369	CASTRO COLORADO Julia	BIKILA	27:04.518 (5)	43:36.407	7:04.473
6	249	RIVERA VAZQUEZ Noelia	AGRUPACIÓN VIGUESA DE ATLETISM	27:56.742 (6)	44:43.321	8:11.387
7	258	OTERO RAMIREZ Maria		29:04.159 (7)	46:49.647	10:17.713
8	33	ZAMORA CASTRO Carmen		30:49.563 (8)	50:34.107	14:02.173
9	198	VAZQUEZ NOVOA Nieves		31:31.567 (9)	51:28.483	14:56.549
10	203	PAZ OLIVEIRA Natalia		32:19.186 (10)	51:39.757	15:07.823
11	393	VIÑAS ROMERO Silvia	BIKILA	33:14.771 (11)	54:14.113	17:42.179
12	321	MOYANO DE BEÇA Fátima María		33:36.947 (12)	54:49.012	18:17.078
13	265	OUTEIRAL VIANA Alicia		34:20.469 (13)	55:50.910	19:18.976
14	217	CALVIÑO CANCELA Carola		38:26.914 (14)	1h02:41.346	26:09.412



Clc	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clc)	Tiempo	Diferencia
VETERANOS III MASCULINO						
1	163	SUAREZ MARTINEZ Manuel	C.A. VETERANOS DE SAMIL	20:52.393 (3)	33:46.630	
2	317	GONZALEZ GARRIDO Antonio	CLUB CICLISTA SALVATERRA DE MI	20:48.458 (2)	33:53.990	7.360
3	340	SOUTO CORTIZO Manuel	BURGAS ATLETISMO OURENSE	20:45.393 (1)	33:54.295	7.665
4	65	ESTEVEZ ALONSO Carlos Javier	CASTRELOS KM-0	21:20.019 (4)	34:01.490	14.860
5	367	CAMBON ARCEO Xosé Manuel			34:51.457	1:04.827
6	396	VILLAR RORIGUEZ Lalo	C.T. SIRENO	22:24.562 (5)	36:03.015	2:16.385
7	54	BARREIRO BARREIRO Benigno	ATHLETICS AVENTURA XTREM	22:36.822 (6)	36:54.972	3:08.342
8	88	FERNANDEZ COMESAÑA Manuel	COMESAÑA SPORTING CLUB	23:07.164 (7)	37:37.395	3:50.765
9	326	VILLAR ALVAREZ Enrique		24:05.894 (8)	39:36.526	5:49.896
10	168	REBOREDA GRAÑA Amador	PINARIUM	24:47.845 (9)	39:44.003	5:57.373
11	179	ALVAREZ VARELA José Manuel	OSSO,JACA	25:23.279 (11)	40:17.518	6:30.888
12	71	RODRIGUEZ SOBREIRA Jesus		25:26.647 (12)	40:21.854	6:35.224
13	341	RODRIGUEZ PAZ Jose		25:16.217 (10)	40:47.565	7:00.935
14	343	CABALEIRO HERNANDEZ Jesus		26:00.349 (13)	42:52.956	9:06.326
15	261	VIDEIRA CORREA Alberto		26:44.163 (14)	43:07.860	9:21.230
16	189	FERNANDEZ COSTA Ricardo		27:12.904 (15)	43:07.909	9:21.279
17	48	SIMOES FERNANDEZ José Luis	CAR MARISQUEIRO	27:33.559 (17)	43:13.087	9:26.457
18	236	ROCA RODRIGUEZ Ramon		27:28.247 (16)	44:15.384	10:28.754
19	188	LAGO LARRAN Santiago	INDEPENDIENTE	29:14.603 (20)	45:59.137	12:12.507
20	92	OJEA RODRIGUEZ Gonzalo	FRUTAS NIEVES	28:59.521 (19)	47:08.374	13:21.744
21	279	ABEIGON VIDAL Juan C.		28:56.143 (18)	47:17.562	13:30.932
22	323	BURLIDO BORREGO Jose Isaías	NO	30:22.047 (21)	48:43.742	14:57.112
23	143	FERNANDEZ FERNANDEZ Benito		31:34.704 (22)	50:21.756	16:35.126
24	312	GOMEZ ARAUJO Ángel Luis	BEHOVIA	34:24.640 (23)	55:12.685	21:26.055
25	29	RODRIGUEZ GOMEZ Julio	C.A. VETERANOS DE SAMIL	36:26.598 (24)	58:58.926	25:12.296
26	209	SOTO AMIL Jose Florencio		36:27.013 (25)	1h00:42.170	26:55.540

VETERANOS III FEMENINA

1	134	GUERRA RODRIGUEZ Ángeles	AGRUPACION VIGUESA DE ATLETISM	28:41.150 (1)	46:30.781	
2	344	GALLERO FERNANDEZ Mar		29:40.849 (2)	48:17.984	1:47.203
3	173	CARREIRA COSTAS Montserrat	COMESAÑA SPORTING CLUB	31:43.114 (3)	51:21.499	4:50.718
4	298	GONZALEZ MERA Regina	MAISQUEAUGA	34:30.368 (5)	55:20.771	8:49.990
5	390	RODRIGUEZ IGLESIAS Ana	MAIS QUE AUGA	34:30.269 (4)	55:23.395	8:52.614
6	201	RODRIGUEZ ALVAREZ Marta	BIKILA	34:32.036 (6)	56:16.552	9:45.771

VETERANOS IV MASCULINO

1	277	VIEIRA MONTENEGRO Eduardo	C.T. SIRENO	25:58.806 (2)	41:38.378	
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Clc	Dor.	Apellidos y nombre	Equipo	Inter 1 (Clc)	Tiempo	Diferencia
2	129	GARCIA COSTAS Federico Amando	C.A.R. MARISQUEIRO	26:15.637 (3)	41:58.722	20.344
3	11	PADIN COUSIDO José Luis	C.A.CAMBADOS-NOVAL	25:49.227 (1)	42:21.760	43.382
4	378	HERMIDA FERNANDEZ Manuel	NINGUNO	26:40.628 (4)	42:46.110	1:07.732
5	232	RODRIGUEZ MORO Alfonso	CASTRELOS 20:30	27:10.603 (5)	44:45.078	3:06.700
6	79	ALONSO PEREZ Xabier	C.A. VETERANOS DE SAMIL	28:27.963 (6)	45:45.383	4:07.005
7	193	DIAZ IGLESIAS Adolfo	C.A. VETERANOS DE SAMIL	31:48.795 (7)	51:48.474	10:10.096
8	52	BERNAL GOMEZ Jesus	INDEPENDIENTE	34:16.387 (9)	54:12.543	12:34.165
9	162	SANCHEZ GESTIDO Ceferino	C.A. VETERANOS DE SAMIL	34:01.796 (8)	55:10.177	13:31.799
10	351	COLLAZO BARRERAS Germán	C.A. VETERANOS DE SAMIL	36:24.701 (10)	58:58.341	17:19.963
11	289	RODRIGUEZ GOMEZ Antolin	C.A. VETERANOS DE SAMIL	41:21.502 (11)	1h08:03.425	26:25.047