



V CARREIRA DO CALVARIO 5+5 Clasificación Categorías 5k

Cl	Num	Corredor	Categoría	Equipo	Tiempo	Diferencia
Categoría: DF 5K						
1	594	FONSECA ALONSO Aldara	DF	[1]	20:41.651	
2	582	ARCE FERNANDEZ Eirín	DF	[2]	25:22.431	+4:40.780
3	547	GONZALEZ MARTINEZ Noa	DF	[3]	25:59.736	+5:18.085
4	610	VALVERDE MERCHAN Eva	DF	[4]	30:57.400	+10:15.749
5	609	DEL SEL GESTOSO Arantxa	DF	[5]	32:11.112	+11:29.461
6	605	DOMINGUEZ VELLO Noa	DF	[6]	34:33.307	+13:51.656
7	591	AMOEDO OLIVERA Maria	DF	[7]	34:58.877	+14:17.226
8	505	GONZALEZ SORDO Noemí	DF	[8]	37:50.698	+17:09.047

Categoría: DM 5K

1	682	MARTINEZ FARO Eloy	DM	[1]	17:49.291	
2	623	CUNHA José	DM	[2]	18:55.525	+1:06.234
3	548	VIÑAS GAREA Jorge	DM	[3]	23:11.885	+5:22.594
4	601	IGLESIAS CASTRO Ramses	DM	[4]	23:40.853	+5:51.562
5	534	FERNANDEZ CAMACHO Alberto	DM	[5]	29:13.923	+11:24.632

Categoría: F1 5K

1	679	RODRIGUEZ GACIO Susana	F1	[1]	19:15.380	
2	579	PEREZ ALONSO Cristina	F1	[2]	20:55.197	+1:39.817
3	540	IGLESIAS GOMEZ Sara	F1	[3]	21:03.448	+1:48.068
4	524	SABORIDO GIL Olalla	F1	[4]	22:18.306	+3:02.926
5	512	ALONSO HERRERO Ana	F1	[5]	22:34.361	+3:18.981
6	603	MARTINEZ ALONSO Gemma	F1	[6]	23:00.756	+3:45.376
7	629	CELIX Nuria	F1	[7]	24:25.338	+5:09.958
8	608	COLLAZO FERNANDEZ Lorena	F1	[8]	24:46.971	+5:31.591
9	640	BRUZON BANDEIRA María	F1	[9]	25:02.815	+5:47.435
10	568	RASCADO RIOS Andrea	F1	[10]	25:09.658	+5:54.278
11	657	NIETO DOMINGUEZ Elena	F1	[11]	26:17.368	+7:01.988
12	543	COMESAÑA DACAL Noelia	F1	[12]	26:35.509	+7:20.129
13	628	PRIETO RODRIGUEZ Tahia	F1	[13]	26:53.135	+7:37.755
14	631	S. OCAÑA Diana	F1	[14]	27:11.908	+7:56.528
15	635	VALIENTE PICON Sara	F1	[15]	27:25.257	+8:09.877
16	559	FREIJO LOPEZ Lucía	F1	[16]	27:58.103	+8:42.723
17	569	PEREZ RODRIGUEZ Luz	F1	[17]	28:16.221	+9:00.841
18	616	CASTROSEIROS GONZALEZ Natalia	F1	[18]	28:49.009	+9:33.629
19	637	RILO CASTRO Maria	F1	[19]	29:38.058	+10:22.678
20	514	REGUEIRO LEMOS Sonia	F1	[20]	30:36.753	+11:21.373
21	667	CRESPO GONZALEZ Lucía	F1	[21]	30:42.657	+11:27.277
22	615	BOUZA FRANCISCO Diana	F1	[22]	30:49.174	+11:33.794
23	685	GOMEZ RUIBAL Natalia	F1	[23]	31:04.901	+11:49.521
24	564	RODRIGUEZ POLO Lara	F1	[24]	31:58.643	+12:43.263
25	648	CAMESELLA RODRIGUEZ Judit	F1	[25]	32:17.815	+13:02.435
26	649	FREITAS Uxía	F1	[26]	32:18.006	+13:02.626





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Clasificación Categorías 5k

Clt	Num	Corredor	Categoría	Equipo	Tiempo	Diferencia
27	573	IGLESIAS DOSANTOS Alba	F1	[27] PADELEROS	32:56.135	+13:40.755
28	633	VILLANUEVA FERNANDEZ Elena	F1	[28]	33:11.205	+13:55.825
29	642	RAMOS COMESAÑA Ana	F1	[29]	34:03.682	+14:48.302
30	655	VAZQUEZ VIDAL Lara	F1	[30]	34:03.846	+14:48.466
31	532	COSTA GARRIDO Alejandra	F1	[31] SOCIEDAD ATLETICA VAL MIÑOR	34:08.767	+14:53.387
32	613	RODRIGUEZ FRANCISCO Irene	F1	[32]	36:47.487	+17:32.107
33	587	PARAMO PEREZ Adriana	F1	[33]	37:00.775	+17:45.395
34	588	TORRE GORDO Cristina	F1	[34]	37:00.775	+17:45.395

Categoría: M1 5K

1	511	SOUSA DOMINGUEZ Adrian	M1	[1] GMTA CHUVONERS	16:49.619	
2	602	DIEZ DIEZ Jorge Miguel	M1	[2] TRAGALEGUAS BURGOS	17:03.916	+14.297
3	572	RODRIGUEZ GALLEGO Alberto Jose	M1	[3] CASTRELOS 20:30	18:16.642	+1:27.023
4	506	ARCA RODRIGUEZ Isaac	M1	[4]	18:20.253	+1:30.634
5	644	OTERO AMOEDO Anxo	M1	[5] BORGWARNER	18:25.150	+1:35.531
6	502	ABELLEIRA RODRIGUEZ Adrián	M1	[6] CLUB DEPORTIVO DELIKIA	18:28.549	+1:38.930
7	567	ROMERO ESTEVEZ Kevin	M1	[7]	20:07.291	+3:17.672
8	552	FERNANDEZ CERZON Daniel	M1	[8] C.A. VETERANOS DE SAMIL	20:45.752	+3:56.133
9	673	FERNANDEZ GOMEZ Rubén	M1	[9]	21:21.659	+4:32.040
10	518	LAGO ESTEVEZ Javier	M1	[10]	21:29.815	+4:40.196
11	597	RIVERA GUILLADE Martín	M1	[11]	21:46.785	+4:57.166
12	607	ANGUITA Federico	M1	[12] C.A. VETERANOS DE SAMIL	21:55.970	+5:06.351
13	660	ALONSO ALVAREZ Santi	M1	[13]	22:24.190	+5:34.571
14	580	ALVAREZ Carlos	M1	[14] VEDRUNAVIGO RUNNERS	22:56.768	+6:07.149
15	651	FEIJOO TRONCOSO Felipe	M1	[15]	23:42.107	+6:52.488
16	618	LORENZO BAUTISTA Anxo	M1	[16] ATLETISMO PORRIÑO	24:51.658	+8:02.039
17	639	BARROS RODRIGUEZ Pedro	M1	[17]	25:02.884	+8:13.265
18	666	GAYAR ROMERO Agustin	M1	[18] FRUTAS NIEVES	25:04.407	+8:14.788
19	533	ALONSO GOMEZ Herminio	M1	[19] RASELAS RUNNERS	25:25.009	+8:35.390
20	535	MIRANDA ACUÑA Andrés	M1	[20]	26:04.948	+9:15.329
21	656	GONZALEZ BARBOSA Ismael	M1	[21]	26:10.290	+9:20.671
22	578	GOMEZ David	M1	[22] O CURRUNCHO DOS TITOS	26:16.783	+9:27.164
23	664	AGUJETAS Jaime	M1	[23]	26:24.798	+9:35.179
24	652	BLANCO CORDERO Javier	M1	[24]	26:30.199	+9:40.580
25	680	CONDE LAGO Suso	M1	[25] C.A.R. MARISQUEIRO	26:30.259	+9:40.640
26	645	BURLIDO PERALTA Carlos Alberto	M1	[26]	26:47.252	+9:57.633
27	566	SANTOS QUINTERO Bernardo	M1	[27]	27:14.883	+10:25.264
28	550	ARGUDIN DIEGUEZ Luis Carlos	M1	[28]	28:35.626	+11:46.007
29	620	GONZALEZ PAZ Enrique	M1	[29]	28:48.892	+11:59.273
30	527	GONZALEZ GARCIA Adrián	M1	[30]	28:50.058	+12:00.439
31	82	IZQUIERDO MARTINEZ Francisco	M1	[31] CHUVONERS	28:50.065	+12:00.446
32	529	DOMINGUEZ COSQUE Miguel Ángel	M1	[32]	28:50.345	+12:00.726
33	584	OTERO MIGUENS Luis	M1	[33]	28:52.314	+12:02.695
34	561	ESCUADERO GONZALEZ Rafael	M1	[34] BLACK JACK	28:55.033	+12:05.414
35	513	RODRIGUEZ DOMINGUEZ Hugo	M1	[35]	30:36.283	+13:46.664
36	531	VILLAR ENES Ruben	M1	[36] SOCIEDAD ATLETICA VAL MIÑOR	31:38.627	+14:49.008
37	509	ALONSO COMESAÑA Gonzalo	M1	[37] ATENEA STREET CYCLING TEAM	31:38.838	+14:49.219





V CARREIRA DO CALVARIO 5+5
Clasificación Categorías 5k

Clt	Num	Corredor	Categoría	Equipo	Tiempo	Diferencia
Categoría: F2 5K						
1	589	ESTEVEZ CRESPO Cris	F2	[1] ATLETISMO FEMENINO CELTA	20:37.690	
2	555	PUIME MIGUEZ Ana	F2	[2] EQUILATERO BOUTIQUE GYM	23:11.111	+2:33.421
3	576	MIRANDA ROMERO Silvia	F2	[3]	24:07.691	+3:30.001
4	504	SORDO GARCIA Maria Teresa	F2	[4] TANINOS RUNNERS	24:31.151	+3:53.461
5	560	VILLAMOR PRIETO Inés	F2	[5] VEDRUNAVIGO RUNNERS	24:52.385	+4:14.695
6	646	GOMEZ COSTAS Rebeca	F2	[6]	25:28.432	+4:50.742
7	570	CID Eva	F2	[7]	25:52.831	+5:15.141
8	557	VAZQUEZ MAYO Mónica	F2	[8] MAISQUEAUGA	26:09.493	+5:31.803
9	546	VIDAL LORENZO Emilia	F2	[9] MAISQUEAUGA	26:42.189	+6:04.499
10	520	PEREIRA GONZALEZ Isabel	F2	[10] ALTAFIT	26:46.736	+6:09.046
11	553	CARBALLAS CAMPO María	F2	[11]	27:46.759	+7:09.069
12	630	MURADAS GONZALEZ Marga	F2	[12]	28:22.924	+7:45.234
13	530	CALVO SENDIN Sonia María	F2	[13] MUCHI	28:31.104	+7:53.414
14	510	MELLADO FRANCO Ana Belen	F2	[14]	28:42.822	+8:05.132
15	659	UBEIRA CORDERO Miriam	F2	[15]	28:42.963	+8:05.273
16	677	MARTINEZ RODRIGUEZ Monica	F2	[16]	28:43.244	+8:05.554
17	549	SOUTO PEREIRA Lucía	F2	[17] C.A. VETERANOS DE SAMIL	30:05.697	+9:28.007
18	593	CAMBEIRO RELOVA Lorena	F2	[18] ALTAFIT	30:05.978	+9:28.288
19	577	PIÑEIRO SANTORUN Nesti	F2	[19] JALIÑEIRO	31:06.191	+10:28.501
20	565	SILVA GONZAGA Cristiana	F2	[20]	31:31.315	+10:53.625
21	516	DA VEIGA ALVAREZ Marta	F2	[21]	32:10.278	+11:32.588
22	596	MARTINEZ Zhandra	F2	[22] ZHANDIMAR	37:24.167	+16:46.477

Categoría: M2 5K

1	571	FERNANDEZ SOENGAS Jesús	M2	[1] C.A.R. MARISQUEIRO	16:03.611	
2	519	MARTINEZ CASTRO Roberto	M2	[2] C.D. PINARIUM	16:59.253	+55.642
3	634	ESCRIBANO VELEZ Diego	M2	[3] CLUB ATLETISMO SANTIAGO	17:00.213	+56.602
4	592	LOPEZ DOMINGUEZ Javier	M2	[4] LODEIROS TRAIL	17:17.862	+1:14.251
5	574	GONZALEZ CASTRO Sindo	M2	[5] SDCOMPOSTELA ATLETISMO	17:50.134	+1:46.523
6	590	PALHARES António	M2	[6]	18:10.878	+2:07.267
7	599	BARREIRO RUIBAL Matias	M2	[7]	18:58.037	+2:54.426
8	581	ABAD GREGORIO David	M2	[8] ATLETISMO SAMERTOLAMEU	19:12.471	+3:08.860
9	678	VARELA PEREZ Jose Ramón	M2	[9] CLUB DEPORTIVO DELIKIA	19:15.424	+3:11.813
10	525	GARCIA PAZO Eduardo	M2	[10] BIKILA	19:32.370	+3:28.759
11	611	CASTRO RODRIGUEZ Marcos Castro	M2	[11] SAMERTOLAMEU	19:33.494	+3:29.883
12	676	GONZALEZ POSADA Juan Diego	M2	[12]	19:39.424	+3:35.813
13	654	FERRO POZO Juan Carlos	M2	[13]	20:12.683	+4:09.072
14	643	ESPIÑEIRA ALVAREZ Ramón José	M2	[14] O BURACO COVELO	20:55.549	+4:51.938
15	521	LEIRO Xavier	M2	[15] C.A. VETERANOS DE SAMIL	21:11.440	+5:07.829
16	668	RODRIGUEZ VAZQUEZ Emilio	M2	[16]	23:10.103	+7:06.492
17	536	SOUTO LUSQUIÑOS Victor	M2	[17] O POSTE RUNNING CLUBE	23:15.799	+7:12.188
18	641	GARCIA DE LA CRUZ Roberto	M2	[18] MAISQUEAUGA	23:22.855	+7:19.244
19	585	GARCIA FERNANDEZ Jose	M2	[19]	23:47.626	+7:44.015
20	606	FERNANDEZ FERNANDEZ Eduardo Ro	M2	[20] TRIATLÓN MORRAZO	24:11.909	+8:08.298
21	604	VEIGA JALDA Felipe	M2	[21] TRIATLÓN MORRAZO	24:12.072	+8:08.461
22	687	REY GONZALEZ Lorena	M2	[22]	24:17.228	+8:13.617





V CARREIRA DO CALVARIO 5+5

Clasificación Categorías 5k

Cl	Num	Corredor	Categoría	Equipo	Tiempo	Diferencia
23	684	ACUÑA LOPEZ Iago	M2	[23]	24:40.187	+8:36.576
24	665	ARANGO GAYAR Saúl	M2	[24] FRUTAS NIEVES	24:49.761	+8:46.150
25	671	ZUNZUNEGUI GARRIDO Noé	M2	[25]	25:36.516	+9:32.905
26	539	SEOANE GIL Adrian	M2	[26]	25:39.212	+9:35.601
27	626	BESADA JUAREZ Fidel	M2	[27]	26:31.126	+10:27.515
28	681	ALVAREZ COMESAÑA Alfonso	M2	[28] ALTAFIT	26:34.342	+10:30.731
29	522	FERNANDEZ CARRERA Gabriel	M2	[29] ALTAFIT	26:46.571	+10:42.960
30	627	GONZALEZ ABELLEIRA Marcos	M2	[30]	28:06.212	+12:02.601
31	595	QUIÑONES Daniel	M2	[31] DANIELQ	28:16.549	+12:12.938
32	675	LOZANO MARQUINA Iván	M2	[32]	28:51.072	+12:47.461
33	575	DOZO VALLADARES Isidro	M2	[33] JALIÑEIRO	31:06.236	+15:02.625
34	515	ESTEVEZ BOUZA Borja	M2	[34]	32:10.291	+16:06.680
35	554	LOSADA LOSADA Fernando	M2	[35] C.D. ATLETAS POPULARES DE SORI	35:57.917	+19:54.306

Categoría: F3 5K

1	517	CANABAL VILLAVERDE Isa	F3	[1] BORGWARNER	24:52.783	
2	650	GUERRA RODRIGUEZ Ángeles	F3	[2] A.V.A.	25:34.048	+41.265
3	586	JORGE Mónica	F3	[3]	26:19.477	+1:26.694
4	625	FONSECA GARCIA Beatriz	F3	[4]	27:57.494	+3:04.711
5	661	RODRIGUEZ IGLESIAS Ana	F3	[5] MAISQUEAUGA	28:22.525	+3:29.742
6	542	ROCHA CRUCES Maria Carmen	F3	[6]	31:20.510	+6:27.727
7	619	RODRIGUEZ ALVAREZ Marta	F3	[7] BIKILA	31:36.775	+6:43.992
8	617	GONZALEZ MERA Regina	F3	[8] MAISQUEAUGA	31:50.791	+6:58.008

Categoría: M3 5K

1	636	AMOEDO GIMENEZ Anton	M3	[1] CAR REDONDELA	18:06.822	
2	674	SICILIA BARCI Juan	M3	[2] RANING CLUB	19:04.221	+57.399
3	612	VARELA BORREGUERO Fernando	M3	[3]	21:01.573	+2:54.751
4	503	FERREIRA ANTAS Victor	M3	[4]	21:04.420	+2:57.598
5	614	FERNANDEZ GARCIA Manuel	M3	[5] CLUB DEPORTIVO PINARIUM	21:27.963	+3:21.141
6	600	IGLESIAS RODRIGUEZ Armando	M3	[6]	22:45.424	+4:38.602
7	583	GONZALEZ GARCIA Luis	M3	[7]	24:33.447	+6:26.625
8	538	PEREZ MONROY Jesus	M3	[8] BORGWARNER	27:54.050	+9:47.228
9	507	GANDARA BOUZA Alejandro	M3	[9] CASTRELOS P0:30	35:44.886	+17:38.064
10	686	PORTELA GONZALEZ Jesús	M3	[10]	36:07.104	+18:00.282

Categoría: M4 5K

1	670	DEL RIO HERNANDEZ Luis	M4	[1] BIKILA	22:24.518	
2	537	GARCIA VILLANUEVA Guillermo	M4	[2]	26:25.431	+4:00.913
3	541	VILLAR SALGADO Jose Francisco	M4	[3]	26:28.431	+4:03.913
4	638	BARROS LORENZO Jose	M4	[4]	28:34.268	+6:09.750
5	624	PEREZ RODRIGUEZ Manuel	M4	[5]	30:32.444	+8:07.926
6	598	BARROS ABALDE José Alejandro	M4	[6]	46:10.525	+23:46.007





V CARREIRA DO CALVARIO 5+5

Clasificación Categorías 5k

Cl	Num	Corredor	Categoría	Equipo	Tiempo	Diferencia
Categoría: M5 5K						
1	622	SA Joaquim	M5	[1] CENTRO DE ATLETISMO DE ARCOS D	21:52.713	
2	501	REY GONZALEZ Roberto	M5	[2] C.A. VETERANOS DE SAMIL	22:45.191	+52.478
3	669	MILLARA BLANCO Manuel	M5	[3] COMESAÑA	23:55.385	+2:02.672
4	528	LOPEZ RAMOS Luis	M5	[4] RUNYTRI	28:16.877	+6:24.164
5	551	SOTO AMIL Jose Florencio	M5	[5] XISTRA	31:58.342	+10:05.629
6	653	FDEZ, IGLESIAS Virmán	M5	[6]	34:56.533	+13:03.820

