

XVIII SUBIDA AO CASTRO

Categorías

RUNRUNVIGO

CONCELLO
DE VIGO



Pl.	Dorsal	Nombre	Club	Tiempo	Gap	Ritmo	P. RUNRUN
F1							
1.	413	PAZOS GARCIA, Antia	CLUB TRIATLÓN MAR DE VIGO	0:15:04,8	--	5:01 min/km	250
2.	365	DOMINGUEZ PEREZ, Naomi	CLUB DEPORTIVO DELIKIA	0:16:04,3	+0:59,49	5:21 min/km	200
3.	394	RODRIGUEZ GARCIA, Xana	TERRAS DE BURÓN	0:16:18,2	+1:13,42	5:26 min/km	150
4.	319	FILGUEIRA CONDE, Rebeca	CLUB CICLISMO TRIATLON POIO	0:16:33,5	+1:28,78	5:31 min/km	125
5.	265	DOIRO GONZALEZ, Raquel	CLUB ATLETISMO VETERANOS DE SAMIL	0:16:46,5	+1:41,73	5:35 min/km	100
6.	343	LUACES GEIJO, Maria Begoña		0:16:57,4	+1:52,62	5:39 min/km	90
7.	386	BARREIRO COUÑAGO, Raquel		0:18:03,6	+2:58,87	6:01 min/km	80
8.	275	BRUZON BANDEIRA, Maria		0:18:04,7	+2:59,93	6:01 min/km	75
9.	333	VIDAL LINO, Sandra		0:18:10,7	+3:05,90	6:03 min/km	70
10.	349	TERUEL CARRERA, Lara	C.A.R. MARISQUEIRO	0:18:58,2	+3:53,46	6:19 min/km	60
11.	303	NUÑEZ CASTRO, Maria		0:19:05,7	+4:00,97	6:21 min/km	35
12.	262	COLLAZO FERNANDEZ, Lorena	CLUB ATLETISMO VETERANOS DE SAMIL	0:19:29,0	+4:24,25	6:29 min/km	35
13.	355	ROBLEDO RIVERA, Sarah		0:19:43,5	+4:38,74	6:34 min/km	35
14.	329	GONZALEZ FERNANDEZ, Monica		0:19:46,6	+4:41,81	6:35 min/km	35
15.	385	CABALLERO RUS, Yolanda		0:19:53,8	+4:49,03	6:37 min/km	35
16.	352	FUENTES CALDERON, Cristina		0:19:59,0	+4:54,19	6:39 min/km	30
17.	297	LOPEZ BOLAS, Alba		0:20:10,3	+5:05,55	6:43 min/km	30
18.	279	RODAL MALVIDO, Loli	CAVERNÍCOLA OCR TEAM	0:20:21,6	+5:16,83	6:47 min/km	30
19.	287	MONTERO CORDOVA, Vanessa	BOX004 VIGO	0:20:33,4	+5:28,60	6:51 min/km	30
20.	276	GONZALEZ, Sonia	BOX004 VIGO	0:20:42,1	+5:37,29	6:54 min/km	30
21.	356	BRUZON BANDEIRA, Camino		0:20:48,3	+5:43,54	6:56 min/km	20
22.	420	COSTAS ESTEVEZ, Noa		0:20:55,9	+5:51,11	6:58 min/km	20
23.	316	BAUTISTA, Pilar		0:20:56,1	+5:51,30	6:58 min/km	20
24.	299	BRUZON BANDEIRA, Carolina		0:20:57,4	+5:52,64	6:59 min/km	20
25.	391	JARDON JARDON, Sabela	CLUB DEPORTIVO DELIKIA	0:20:59,5	+5:54,78	6:59 min/km	20
26.	293	GONZALEZ ENES, Laura		0:21:20,6	+6:15,82	7:06 min/km	20
27.	320	SIMOES, Cris		0:21:23,8	+6:18,99	7:07 min/km	20
28.	367	RIBEIRO COSTA, Raquel		0:21:25,4	+6:20,61	7:08 min/km	20

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Pl.	Dorsal	Nombre	Club	Tiempo	Gap	Ritmo	P. RUNRUN
29.	306	SOLIÑO SANTOS, Rosa		0:21:37,9	+6:33,16	7:12 min/km	20
30.	313	ESTEVEZ, Estefania	FENDETESTAS	0:22:02,4	+6:57,60	7:20 min/km	20
31.	369	CARRERA, Helena		0:22:24,4	+7:19,60	7:28 min/km	20
32.	324	RODRIGUEZ RODRIGUEZ, Maria A.	MAIS QUE AUGA	0:22:47,6	+7:42,87	7:35 min/km	20
33.	307	ASENSIO VARELA, Sara	MAIS QUE AUGA	0:22:50,4	+7:45,64	7:36 min/km	20
34.	308	PASCUAL COSTAS, Maria		0:23:10,6	+8:05,88	7:43 min/km	20
35.	381	BASHAM, Alexandra		0:24:33,0	+9:28,26	8:11 min/km	20
36.	334	SUAREZ COSTAS, Africa	VIGOENTRENA	0:24:36,2	+9:31,44	8:12 min/km	20
37.	311	VILLANUEVA FERNANDEZ, Elena		0:24:48,9	+9:44,12	8:16 min/km	20
38.	296	PRIETO LAGE, Miriam	VIGOENTRENA	0:25:11,7	+10:06,95	8:23 min/km	20
39.	374	MICHELENA GUACARAN, Damelis Del Valle		0:25:54,9	+10:50,16	8:38 min/km	20
40.	292	GOMEZ DIAZ, Ana		0:26:09,1	+11:04,33	8:43 min/km	20
41.	411	ANDONEGUI CASTRO, Maruxa	FRUTAS NIEVES	0:26:17,0	+11:12,28	8:45 min/km	20
42.	418	IGLESIAS CALVO, Sonia		0:26:27,4	+11:22,67	8:49 min/km	20
43.	393	TRABAZOS, Paula		0:26:45,6	+11:40,88	8:55 min/km	20
44.	372	FERRIN ARES, Adriana		0:29:44,2	+14:39,45	9:54 min/km	20
F2							
1.	255	ALVAREZ RODRIGUEZ, Noemi	CLUB DEPORTIVO DELIKIA	0:15:08,5	--	5:02 min/km	250
2.	205	RODRIGUEZ OLIVEIRA, Rocio	ATHLETICS FISIOTERAPIA SAN LÁZARO	0:15:51,0	+0:42,55	5:17 min/km	200
3.	250	ALONSO HERRERO, Ana		0:16:03,5	+0:55,02	5:21 min/km	150
4.	242	SABORIDO GIL, Olalla	CLUB ATLETISMO VETERANOS DE SAMIL	0:16:46,2	+1:37,70	5:35 min/km	125
5.	225	SAMPEDRO, Julia	MAIS QUE AUGA	0:17:13,8	+2:05,34	5:44 min/km	100
6.	254	MIRAZ FERNANDEZ, Raquel	VIGOENTRENA	0:18:13,1	+3:04,66	6:04 min/km	90
7.	126	FERNANDEZ VARELA, Maria Estefania		0:18:18,9	+3:10,46	6:06 min/km	80
8.	132	VIDAL LORENZO, Emilia	MAIS QUE AUGA	0:18:31,7	+3:23,27	6:10 min/km	75
9.	139	GARCIA TORRICO, Dolly	MAIS QUE AUGA	0:20:19,9	+5:11,39	6:46 min/km	70
10.	193	ALONSO OTERO, Tamara		0:20:58,3	+5:49,85	6:59 min/km	60
11.	154	RODRIGUEZ ARCAJ, Romina		0:21:06,6	+5:58,09	7:02 min/km	35
12.	232	RODRIGUEZ ARMESTO, Ana Maria		0:21:16,0	+6:07,58	7:05 min/km	35

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13.	194	GARCIA FERNANDEZ, Rosa		0:21:17,9	+6:09,39	7:05 min/km	35
14.	131	REGUEIRO FERNANDEZ, Xoana	CLUB TRIATLÓN MAR DE VIGO	0:21:39,8	+6:31,29	7:13 min/km	35
15.	246	MAYO, Tamara	VIGOENTRENA	0:22:16,1	+7:07,67	7:25 min/km	35
16.	156	RUIZ ALBA, Nadia		0:22:43,9	+7:35,43	7:34 min/km	30
17.	248	QUIÑONES GOMEZ, Yvonne		0:22:48,8	+7:40,29	7:36 min/km	30
18.	161	ROSAL GOMEZ, Rocio	ATHLETICS FISIOTERAPIA SAN LÁZARO	0:23:19,0	+8:10,57	7:46 min/km	30
19.	140	FERNANDEZ PAZO, Paula		0:23:29,5	+8:21,05	7:49 min/km	30
20.	213	AREAS TRILLO, Rocio		0:23:35,5	+8:27,08	7:51 min/km	30
21.	252	FERNANDEZ SILVA, Monica	OS EIDOS TRAIL TEAM	0:23:49,5	+8:41,07	7:56 min/km	20
22.	173	CABRAL CASAL, Noelia	MAIS QUE AUGA	0:25:23,8	+10:15,29	8:27 min/km	20
23.	256	KOBA, Ruslana	MAIS QUE AUGA	0:25:51,3	+10:42,85	8:37 min/km	20
24.	167	FREIRE, Lorena	MAIS QUE AUGA	0:26:24,3	+11:15,83	8:48 min/km	20
25.	170	CALVO SENDIN, Sonia Maria		0:26:29,0	+11:20,55	8:49 min/km	20
26.	164	CASTRO, Caro	MAIS QUE AUGA	0:28:22,6	+13:14,17	9:27 min/km	20
27.	136	PIÑON FERNANDEZ, Carolina		0:28:24,3	+13:15,87	9:28 min/km	20
28.	209	IGNACIO PEREZ, Luz		0:29:14,4	+14:05,94	9:44 min/km	20
F3							
1.	61	VAQUERO SOUSA, Julia	CLUB ATLETISMO VETERANOS DE SAMIL	0:14:26,7	--	4:48 min/km	250
2.	77	LAMPON CARIDE, Ana	MAIS QUE AUGA	0:16:51,1	+2:24,44	5:37 min/km	200
3.	97	MARTINEZ COMESAÑA, Lucia	C.A.R. MARISQUEIRO	0:17:12,5	+2:45,79	5:44 min/km	150
4.	85	STEELE, Susan	BOX 004 Y X ONE	0:18:53,1	+4:26,41	6:17 min/km	125
5.	88	NAVARRO SANCHEZ, Maria Ascension		0:19:34,3	+5:07,68	6:31 min/km	100
6.	94	BALIÑO GONZALEZ, Ruth	RIZOS TEAM	0:20:14,3	+5:47,64	6:44 min/km	90
7.	113	FONSECA GARCIA, Lucia		0:20:17,0	+5:50,33	6:45 min/km	80
8.	91	VAZQUEZ MAYO, Monica	MAIS QUE AUGA	0:21:22,0	+6:55,30	7:07 min/km	75
9.	108	SOUTO BARGIELA, Isabel	ADN RUNNERS – TELMO PELUQUEROS F.C.	0:22:08,8	+7:42,14	7:22 min/km	70
10.	100	VALENCIANO BILBAO, Isabel		0:22:13,3	+7:46,61	7:24 min/km	60
11.	101	PAZ OLIVEIRA, Natalia	MAIS QUE AUGA	0:22:39,5	+8:12,86	7:33 min/km	35
12.	76	ENDRESS, Eva	CASTRELOS 20:30	0:23:53,9	+9:27,20	7:57 min/km	35

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13.	74	IGNACIO CONS, Flor		0:29:15,1	+14:48,41	9:45 min/km	35
14.	63	FERNANDEZ RUIZ, Maite	MAIS QUE AUGA	0:31:04,4	+16:37,73	10:21 min/km	35
15.	120	GONCALVES FERNANDEZ, Sandra	MAIS QUE AUGA	0:31:04,7	+16:38,03	10:21 min/km	35
F4							
1.	47	FONSECA GARCIA, Beatriz		0:21:45,1	--	7:15 min/km	250
2.	41	RODRIGUEZ ALVAREZ, Marta	BIKILA	0:22:36,9	+0:51,78	7:32 min/km	200
3.	29	LOPEZ REGUEIRO, Alicia	C.A.R. MARISQUEIRO	0:22:59,5	+1:14,38	7:39 min/km	150
4.	33	ROCHA CRUCES, Maria Carmen	C.A.R. MARISQUEIRO	0:23:58,3	+2:13,17	7:59 min/km	125
5.	34	RODRIGUEZ IGLESIAS, Ana	MAIS QUE AUGA	0:24:33,0	+2:47,85	8:11 min/km	100
6.	35	MOLDES CANCELAS, Berta	MAIS QUE AUGA	0:29:23,2	+7:38,03	9:47 min/km	90
F5							
1.	12	FERNANDEZ PAZOS, Luz		0:20:38,7	--	6:52 min/km	250
2.	19	GALLERO FERNANDEZ, Maria Del Mar		0:21:44,5	+1:05,80	7:14 min/km	200
3.	7	COSTAS RODRIGUEZ, Carmen	SOCIEDAD ATLÉTICA VAL MIÑOR	0:22:00,2	+1:21,47	7:20 min/km	150
4.	9	ALVAREZ DOMINGUEZ, Rosa M ^a	MAIS QUE AUGA	0:29:22,2	+8:43,47	9:47 min/km	125
SUB 10 FEM							
1.	486	SOLIÑO PEREZ, Daniella	COMESAÑA SPORTING CLUB	0:20:54,1	--	6:58 min/km	35
2.	483	VAZQUEZ ASENSIO, Valeria	MAIS QUE AUGA	0:28:33,0	+7:38,90	9:31 min/km	20
3.	485	PEREZ RAMOS, Zen	BUEU ATLÉTICO BALONMÁN	0:29:18,5	+8:24,46	9:46 min/km	20
SUB 12 FEM							
1.	474	COMESAÑA GARCIA, Julia	COMESAÑA SPORTING CLUB	0:19:24,1	--	6:28 min/km	60
2.	470	SOUTELO GOMEZ, Iria		0:21:19,3	+1:55,26	7:06 min/km	30
3.	476	PAZO DAVILA, Alba	ALBAAUTO	0:21:52,4	+2:28,31	7:17 min/km	30
4.	468	CASTRO AREAS, Nerea	BUEU ATLÉTICO BALONMÁN	0:23:17,1	+3:53,00	7:45 min/km	30
5.	475	FOCHE, Ambar	MAIS QUE AUGA	0:25:32,3	+6:08,21	8:30 min/km	20
SUB 14 FEM							
1.	463	LAGO LAGO, Mía	SOCIEDADE ATLÉTICA VILA DE VIGO	0:17:26,4	--	5:48 min/km	80
2.	450	ALONSO GALLEGO, Hanna		0:18:43,7	+1:17,28	6:14 min/km	70
3.	465	JANEIRO PEREZ-FEIJOO, Ginebra	SINGLETRACK OUTDOOR SPORTS	0:19:57,1	+2:30,74	6:39 min/km	35

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Pl.	Dorsal	Nombre	Club	Tiempo	Gap	Ritmo	P. RUNRUN
4.	464	JANEIRO PEREZ-FEIJOO, Olivia	SINGLETRACK OUTDOOR SPORTS	0:20:00,1	+2:33,68	6:40 min/km	35
5.	453	RODRIGUEZ VARELA, Marta	SOCIEDAD ATLÉTICA VAL MIÑOR	0:22:43,8	+5:17,45	7:34 min/km	30
6.	456	SOUTELO GOMEZ, Icia		0:23:20,8	+5:54,37	7:46 min/km	30
7.	451	PARRA CASAL, Leire	MAIS QUE AUGA	0:32:46,8	+15:20,42	10:55 min/km	20
SUB 16 FEM							
1.	436	LEDO BARRIOS, Ana	CLUB DEPORTIVO DELIKIA	0:14:56,3	--	4:58 min/km	250
2.	449	FRAGA LORENZO, Adriana	CLUB ATLETISMO RÍAS BAIXAS	0:16:40,5	+1:44,21	5:33 min/km	150
3.	443	LOPEZ PAZ, Candela	CLUB DEPORTIVO DELIKIA	0:16:44,7	+1:48,35	5:34 min/km	125
4.	447	NUÑEZ GONZALEZ, Noa		0:17:11,9	+2:15,63	5:43 min/km	90
5.	439	ALVAREZ-BUYLLA, Ariadna	CLUB TRIATLÓN MAR DE VIGO	0:19:25,0	+4:28,65	6:28 min/km	35
6.	440	ANDONEGUI JUAN, Gabriela	FRUTAS NIEVES	0:23:38,2	+8:41,86	7:52 min/km	20
SUB 20 FEM							
1.	431	PEREIRA FERNANDEZ, Alma	COMESAÑA SPORTING CLUB	0:16:06,6	--	5:22 min/km	200
2.	433	ALVAREZ BASCOY, Noa	CLUB TRIATLÓN MAR DE VIGO	0:16:52,7	+0:46,10	5:37 min/km	100
3.	432	LISTE MOREU, Sara	CLUB DEPORTIVO DELIKIA	0:17:58,8	+1:52,23	5:59 min/km	75
4.	435	RODRIGUEZ VARELA, Carmen	SOCIEDAD ATLÉTICA VAL MIÑOR	0:19:47,9	+3:41,34	6:35 min/km	35
SUB 8 FEM							
1.	494	BARREIRO VALEIRAS, Elba	CLUB ATLETISMO FEMENINO CELTA	0:27:18,7	--	9:06 min/km	20
2.	495	COSTAS DOMINGUEZ, Vega	ALBAAUTO	0:28:37,7	+1:19,01	9:32 min/km	20
M1							
1.	416	GONZALEZ BORGES, David	CLUB ATLETISMO PORRIÑO	0:11:20,0	--	3:46 min/km	250
2.	289	TIZON VALVERDE, Emilio	CLUB DEPORTIVO DELIKIA	0:11:39,1	+0:19,10	3:53 min/km	200
3.	408	PEREZ LOVACO, Pablo		0:11:52,9	+0:32,92	3:57 min/km	150
4.	305	AYALA GALLI, Martin		0:12:15,4	+0:55,43	4:05 min/km	125
5.	325	RODRIGUEZ MARTINEZ, Xabier		0:13:03,0	+1:43,00	4:21 min/km	100
6.	298	OTERO AMOEDO, Anxo	SD COMPOSTELA ATLETISMO	0:13:19,1	+1:59,13	4:26 min/km	90
7.	284	ARMADA DIAZ, Jacobo		0:13:23,1	+2:03,14	4:27 min/km	80
8.	425	MAYORDOMO ALONSO, Jesus		0:13:23,7	+2:03,68	4:27 min/km	75
9.	402	ALONSO GARRIDO, Alvaro		0:13:25,0	+2:04,99	4:28 min/km	70

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10.	338	PEDROSA COSTAS, Sergio		0:13:57,0	+2:36,99	4:39 min/km	60
11.	396	BOADO FERNANDEZ, Juan Luis		0:14:01,8	+2:41,81	4:40 min/km	35
12.	401	LOPEZ ALONSO, Pablo		0:14:03,6	+2:43,65	4:41 min/km	35
13.	415	RIVERA GUILLADE, Martin		0:14:12,6	+2:52,60	4:44 min/km	35
14.	269	SERGIENKO, Aleksei		0:14:21,0	+3:00,98	4:47 min/km	35
15.	407	FARIÑA ALVAREZ, Hugo		0:14:28,7	+3:08,71	4:49 min/km	35
16.	337	RODRIGUEZ COSTAS, Santiago		0:14:30,2	+3:10,25	4:50 min/km	30
17.	360	VAZQUEZ GONZALEZ, Javier	MAIS QUE AUGA	0:14:38,9	+3:18,90	4:52 min/km	30
18.	340	DOMINGUEZ ESTEVEZ, Santiago		0:14:46,0	+3:26,05	4:55 min/km	30
19.	380	PEREZ BASTOS, Eloy		0:14:48,0	+3:28,07	4:56 min/km	30
20.	371	LEIRA PITA, Ivan		0:14:53,3	+3:33,29	4:57 min/km	30
21.	280	GONZALEZ NUÑEZ, Luis		0:14:54,8	+3:34,81	4:58 min/km	20
22.	286	COMESAÑA, Luis	ATHLETICS FISIOTERAPIA SAN LÁZARO	0:15:05,2	+3:45,25	5:01 min/km	20
23.	304	LOPEZ VASCONCELLOS, Luis		0:15:10,6	+3:50,66	5:03 min/km	20
24.	409	LAMAS GARRALON, Pablo		0:15:15,9	+3:55,97	5:05 min/km	20
25.	422	FERNANDEZ LUNA, Vigo		0:15:24,0	+4:04,05	5:08 min/km	20
26.	421	HIESSE, Thibaut	GENEPIX	0:15:35,9	+4:15,91	5:11 min/km	20
27.	261	RODRIGUEZ FLORES, Marco Antonio	BEGOÑITA	0:15:59,6	+4:39,62	5:19 min/km	20
28.	383	TABOAS LAGOA, David		0:16:00,8	+4:40,87	5:20 min/km	20
29.	379	ORTEGA ROLAN, Xenxo	LA CUERDA FLOJA	0:16:01,2	+4:41,25	5:20 min/km	20
30.	348	MENDEZ ROMERO, Yeray		0:16:04,3	+4:44,29	5:21 min/km	20
31.	358	SOUZA DOS ANJOS, Ezequiel		0:16:19,4	+4:59,45	5:26 min/km	20
32.	397	FIGUEROA FERNANDEZ, Dario		0:16:22,4	+5:02,44	5:27 min/km	20
33.	317	MARTINEZ RIVERA, Juan Pedro		0:16:28,0	+5:08,04	5:29 min/km	20
34.	291	LORENZO BLAS, Lucas		0:16:29,5	+5:09,49	5:29 min/km	20
35.	310	ALONSO LOPEZ, Jonatan	ATLETISMO BAIONA	0:16:33,9	+5:13,96	5:31 min/km	20
36.	272	CARMONA RINCON, Miguel Angel		0:16:34,8	+5:14,80	5:31 min/km	20
37.	400	SANCHEZ SOTO, Anthony Alejandro		0:16:39,0	+5:19,04	5:33 min/km	20
38.	321	TARRIO HERVA, Fernando		0:16:43,0	+5:23,05	5:34 min/km	20

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39.	382	GOBERNA FIGUEIRA, Juan Jose		0:16:47,5	+5:27,56	5:35 min/km	20
40.	353	ALVAREZ DIAZ, Jaime		0:16:50,8	+5:30,79	5:36 min/km	20
41.	327	BARRERAS OLALDE, Santiago	VIGOENTRENA	0:17:06,2	+5:46,25	5:42 min/km	20
42.	274	MONTES ESTEVEZ, Carlos	FENDETESTAS	0:17:07,4	+5:47,48	5:42 min/km	20
43.	288	VILLAR PEREIRA, Jose Gabriel		0:17:08,4	+5:48,45	5:42 min/km	20
44.	314	ABREU GARCIA, Julio	ADN RUNNERS – TELMO PELUQUEROS F.C.	0:17:10,8	+5:50,81	5:43 min/km	20
45.	364	FERNANDEZ ARAUJO, Pablo	SQUASH RÍA DE VIGO	0:17:15,1	+5:55,14	5:45 min/km	20
46.	328	GOMEZ-LANDERO SANCHEZ, Pablo		0:17:17,8	+5:57,78	5:45 min/km	20
47.	359	PORTELA ROCHE, Xabier		0:17:22,2	+6:02,23	5:47 min/km	20
48.	392	FRANCO CORDEIRO, Hadrian		0:17:33,4	+6:13,38	5:51 min/km	20
49.	290	VARELA COMESAÑA, Adrian		0:17:36,1	+6:16,13	5:52 min/km	20
50.	330	BARROS RODRIGUEZ, Pedro		0:17:41,6	+6:21,61	5:53 min/km	20
51.	414	QUINTAS PEREZ, Manel		0:17:45,7	+6:25,75	5:55 min/km	15
52.	268	RODRIGUEZ LAGO, Yago		0:17:50,4	+6:30,43	5:56 min/km	15
53.	354	RAMIREZ RODRIGUEZ, Carlos Andres		0:18:01,5	+6:41,55	6:00 min/km	15
54.	387	ARNEJO, Jose		0:18:03,0	+6:43,05	6:01 min/km	15
55.	403	ALONSO GARRIDO, Miguel	CLUB TRIATLÓN MAR DE VIGO	0:18:06,9	+6:46,98	6:02 min/km	15
56.	302	OTERO MOREIRA, Santiago		0:18:10,7	+6:50,73	6:03 min/km	15
57.	373	VARELA ARROJO, Pablo		0:18:19,4	+6:59,43	6:06 min/km	15
58.	271	LIZARRALDE FERNANDEZ, Alexander		0:18:22,9	+7:02,92	6:07 min/km	15
59.	263	ALONSO ALVAREZ, Angel Santiago		0:18:42,9	+7:22,90	6:14 min/km	15
60.	300	RODRIGUEZ FLORES, Axcel		0:18:46,8	+7:26,79	6:15 min/km	15
61.	270	IZQUIERDO MARTINEZ, Francisco		0:18:51,4	+7:31,45	6:17 min/km	15
62.	363	CASTIÑEIRAS MARTINEZ, Jorge		0:18:55,2	+7:35,25	6:18 min/km	15
63.	267	CORBACHO RODRIGUEZ, Adrian	C.A.R. MARISQUEIRO	0:18:57,6	+7:37,62	6:19 min/km	15
64.	335	GONZALEZ SOTELINO, Carlos		0:19:01,6	+7:41,58	6:20 min/km	15
65.	315	RODRIGUEZ FERNANDEZ, Tito		0:19:04,6	+7:44,67	6:21 min/km	15
66.	295	CASTRO RIVERA, Angel		0:19:06,5	+7:46,52	6:22 min/km	15
67.	277	MARTIN LOPEZ, Diego		0:19:09,9	+7:49,97	6:23 min/km	15

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Categorías

RUNRUNVIGO

CONCELLO
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PI.	Dorsal	Nombre	Club	Tiempo	Gap	Ritmo	P. RUNRUN
68.	350	ALONSO LAMBERTI, Jaime		0:19:12,6	+7:52,64	6:24 min/km	15
69.	323	IBAÑEZ VIZOSO, Jesus Enrique		0:19:14,2	+7:54,25	6:24 min/km	15
70.	273	ARIAS, Manuel		0:19:15,8	+7:55,85	6:25 min/km	15
71.	412	RODRIGUEZ SILVA-FERNANDEZ, Alex		0:19:16,4	+7:56,39	6:25 min/km	15
72.	332	MORATILLA DURAN, Alberto	CLUB TRIATLÓN MAR DE VIGO	0:19:17,2	+7:57,23	6:25 min/km	15
73.	345	TATAR, Mert		0:19:20,8	+8:00,85	6:26 min/km	15
74.	426	JIMENEZ ORDOÑEZ, Nicolas		0:19:22,0	+8:02,02	6:27 min/km	15
75.	406	ARCILA HERMO, Daniel		0:19:26,6	+8:06,65	6:28 min/km	15
76.	388	FRANQUEIRA CARRERA, Bruno		0:19:35,9	+8:15,89	6:31 min/km	15
77.	322	PAIS NIETO, Ivan	SQUASH RÍA DE VIGO	0:19:38,3	+8:18,37	6:32 min/km	15
78.	336	QUINTAIROS RIAL, Gabriel		0:19:41,6	+8:21,63	6:33 min/km	15
79.	281	FERREIRA MORAIS, Pablo		0:19:49,1	+8:29,11	6:36 min/km	15
80.	368	GONZALEZ SAMPERE, Aaron		0:19:55,3	+8:35,37	6:38 min/km	15
81.	342	CASTIÑEIRAS NARCISO, Kevin		0:20:02,0	+8:42,06	6:40 min/km	15
82.	384	LOUREIRO ALONSO, Pablo	BOX004 VIGO	0:20:04,0	+8:44,03	6:41 min/km	15
83.	294	GUAMA HEREDIA, Edwin		0:20:04,4	+8:44,43	6:41 min/km	15
84.	326	HERMIDA FERNANDEZ, Jose Manuel	X-ONE	0:20:10,5	+8:50,57	6:43 min/km	15
85.	347	ALONSO COSTALES, Miguel		0:20:10,9	+8:50,91	6:43 min/km	15
86.	283	CARBALLO BARON, Manel		0:20:12,4	+8:52,45	6:44 min/km	15
87.	375	LOPEZ VALES, Marcos		0:20:22,7	+9:02,75	6:47 min/km	15
88.	309	LAGO FUENTES, Carlos		0:20:24,0	+9:04,03	6:48 min/km	15
89.	361	NEIRA, Diego	LA CUERDA FLOJA	0:20:29,2	+9:09,21	6:49 min/km	15
90.	410	PEREIRA SOARES, Elves Geovane		0:20:51,9	+9:31,94	6:57 min/km	15
91.	344	COUSO CALVAR, David		0:20:56,6	+9:36,59	6:58 min/km	15
92.	285	CODESIDO NUÑEZ, Hector		0:21:17,1	+9:57,12	7:05 min/km	15
93.	351	DA SILVA PAIVA, Nuno Andre	BOX004 VIGO	0:21:20,3	+10:00,37	7:06 min/km	15
94.	301	VILLARRUEL, Rodrigo Nicolas		0:21:23,2	+10:03,21	7:07 min/km	15
95.	398	MILIAN, Luis Carlos		0:21:30,4	+10:10,46	7:10 min/km	15
96.	366	ALONSO GRAÑA, Xoan		0:21:38,9	+10:18,90	7:12 min/km	15

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PI.	Dorsal	Nombre	Club	Tiempo	Gap	Ritmo	P. RUNRUN
97.	378	MOSQUERA OTERO, Diego		0:21:54,5	+10:34,51	7:18 min/km	15
98.	376	ARDAO, Martin		0:23:01,2	+11:41,21	7:40 min/km	15
99.	395	MENDEZ ROMERO, Kevin		0:23:41,5	+12:21,55	7:53 min/km	15
100.	278	MARTINEZ NOVAS, David	BORGWARNER	0:24:11,6	+12:51,67	8:03 min/km	15
101.	417	IGLESIAS CALVO, Alejandro		0:24:15,9	+12:55,89	8:05 min/km	15
102.	362	ALONSO SIMON, Adrian	BOX004 VIGO	0:25:09,2	+13:49,19	8:23 min/km	15
103.	331	CAÑON COVELO, Ruben		0:27:43,7	+16:23,72	9:14 min/km	15
104.	282	VAZQUEZ MAYO, Javier	MAIS QUE AUGA	0:28:31,9	+17:11,93	9:30 min/km	15
105.	266	COSTAS BARCIA, Diego	MAIS QUE AUGA	0:28:33,2	+17:13,26	9:31 min/km	15
M2							
1.	153	FERNANDEZ SOENGAS, Jesus	CLUB DEPORTIVO DELIKIA	0:12:33,8	--	4:11 min/km	250
2.	253	SOUSA DOMINGUEZ, Adrian	GMTA CHUVONERS	0:12:34,5	+0:00,74	4:11 min/km	200
3.	122	ARIAS COSTAS, Dario	ATHLETICS FISIOTERAPIA SAN LÁZARO	0:12:37,7	+0:03,90	4:12 min/km	150
4.	152	RODRIGUEZ DE OLIVEIRA, Ubaldo	PINARIUM	0:13:00,3	+0:26,57	4:20 min/km	125
5.	206	VAZQUEZ PAVON, Roberto	TANINOS RUNNERS PONTEAREAS	0:13:04,8	+0:30,99	4:21 min/km	100
6.	190	CABO SANCHEZ, Iago		0:13:17,0	+0:43,27	4:25 min/km	90
7.	181	PEREZ, Ruben	MARINA MEIRA	0:13:22,8	+0:49,02	4:27 min/km	80
8.	259	NOGUEIRA OUTERELO, Manuel		0:13:43,1	+1:09,36	4:34 min/km	75
9.	231	ARTHAUD ALVAREZ, Alejandro		0:13:58,5	+1:24,72	4:39 min/km	70
10.	159	FRAGA COSTA, Ruben		0:14:04,8	+1:31,06	4:41 min/km	60
11.	179	JUSTE PEREZ, Ricardo	+QUE JUGUETES RUNNING & TRAIL	0:14:05,3	+1:31,51	4:41 min/km	35
12.	237	ARCA, Isaac		0:14:09,0	+1:35,22	4:43 min/km	35
13.	146	VILABOA SALGUEIRO, Santi		0:14:18,8	+1:45,05	4:46 min/km	35
14.	155	CASTRO LAGO, Raul	NUTRIBIOTICA	0:14:23,2	+1:49,46	4:47 min/km	35
15.	171	ANDION RIVADULLA, Antonio		0:14:34,7	+2:00,96	4:51 min/km	35
16.	220	SIERRA PORTO, Victor		0:14:43,0	+2:09,27	4:54 min/km	30
17.	134	DELGADO RAMOS, Jose Carlos		0:14:45,6	+2:11,79	4:55 min/km	30
18.	148	MARTINEZ RODRIGUEZ, Fernando		0:14:52,0	+2:18,21	4:57 min/km	30
19.	182	COMESAÑA SAA, Daniel		0:14:54,6	+2:20,85	4:58 min/km	30

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PI.	Dorsal	Nombre	Club	Tiempo	Gap	Ritmo	P. RUNRUN
20.	189	GONZALEZ MARTINEZ, Raul	C.A.R. MARISQUEIRO	0:15:12,4	+2:38,62	5:04 min/km	30
21.	151	COUCE SENRA, Oscar		0:15:26,6	+2:52,80	5:08 min/km	20
22.	184	LOUREIRO RODRIGUEZ, Santiago	CAVERNÍCOLA OCR TEAM	0:15:39,4	+3:05,61	5:13 min/km	20
23.	143	LOPEZ PINO, Alberto	RUNYTRI	0:15:56,8	+3:23,05	5:18 min/km	20
24.	207	CAMPELO GONZALEZ, Antonio	VIGOENTRENA	0:15:58,5	+3:24,77	5:19 min/km	20
25.	141	MARTINEZ VENTIN, Javier		0:16:14,5	+3:40,70	5:24 min/km	20
26.	200	CUNTIN GOMEZ, Anton	MAIS QUE AUGA	0:16:15,8	+3:42,06	5:25 min/km	20
27.	198	NAVIA IGLESIAS, Ruben	BIKILA	0:16:20,6	+3:46,87	5:26 min/km	20
28.	251	SERODIO VIDAL, David		0:16:20,8	+3:47,07	5:26 min/km	20
29.	239	COSTAS RODRIGUEZ, Marcos	RUNNING TRACK VIGO	0:16:26,7	+3:52,91	5:28 min/km	20
30.	186	GUERRA LOPEZ, Eduardo	VIGOENTRENA	0:16:30,7	+3:56,94	5:30 min/km	20
31.	212	PEREIRA FERNANDEZ, Daniel	X-ONE	0:16:42,5	+4:08,74	5:34 min/km	20
32.	176	QUINTELA ALONSO, Ivan	CAR MONAS RUN TEAM	0:16:49,1	+4:15,35	5:36 min/km	20
33.	215	CABACO CAMPOS, Jose Manuel	TAKO TEAM	0:16:59,0	+4:25,18	5:39 min/km	20
34.	128	MACIAS NOGUEIRA, Antonio	MAIS QUE AUGA	0:16:59,9	+4:26,09	5:39 min/km	20
35.	160	HERMIDA RODRIGUEZ, Alejandro		0:17:04,7	+4:30,95	5:41 min/km	20
36.	138	GONZALEZ PEREIRA, Alberto		0:17:11,9	+4:38,17	5:43 min/km	20
37.	147	VILLAR DA VILA, Emilio		0:17:17,0	+4:43,23	5:45 min/km	20
38.	236	ALVAREZ CANDEIRA, Luis	BOX004 VIGO	0:17:20,0	+4:46,19	5:46 min/km	20
39.	235	MARTINEZ, Iago	VIGOENTRENA	0:17:24,0	+4:50,20	5:48 min/km	20
40.	227	GESTO, Xoan	BEADE, AHI OS VAN!	0:17:42,8	+5:09,05	5:54 min/km	20
41.	124	ACUÑA LOPEZ, Iago		0:17:44,9	+5:11,17	5:54 min/km	20
42.	204	GARCIA GONZALEZ, Jonathan	BOX004 VIGO	0:18:20,6	+5:46,79	6:06 min/km	20
43.	223	FOMBELLIDA FERNANDEZ, Brandan		0:18:22,5	+5:48,73	6:07 min/km	20
44.	191	ALONSO CARRERA, Daniel		0:18:26,5	+5:52,69	6:08 min/km	20
45.	196	LASO AMEZ, Iban		0:18:27,8	+5:53,99	6:09 min/km	20
46.	218	ARANDA PEREZ, Pedro		0:18:32,5	+5:58,77	6:10 min/km	20
47.	121	RODAL FRAGA, Carlos		0:18:33,2	+5:59,41	6:11 min/km	20
48.	217	ALVAREZ GARCIA, Gonzalo		0:18:40,7	+6:06,89	6:13 min/km	20

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PI.	Dorsal	Nombre	Club	Tiempo	Gap	Ritmo	P. RUNRUN
49.	125	MAYO, Marcos	RUNYTRI	0:18:43,6	+6:09,82	6:14 min/km	20
50.	203	ESTEVEZ PEREZ, Miguel Angel		0:18:48,4	+6:14,63	6:16 min/km	20
51.	240	MUÑOZ CARVAJALES, Manuel		0:18:48,5	+6:14,75	6:16 min/km	15
52.	175	LOPEZ PINO, Javier	RUNYTRI	0:18:50,2	+6:16,41	6:16 min/km	15
53.	195	REBOREDA FERNANDEZ, Antonio	SAUDE SPORT VIGO	0:18:50,9	+6:17,17	6:16 min/km	15
54.	177	MENDEZ RODRIGUEZ, Marcos		0:18:52,1	+6:18,32	6:17 min/km	15
55.	157	FERMOSO DOMINGUEZ, Tomas	FRUTAS NIEVES	0:18:59,0	+6:25,25	6:19 min/km	15
56.	187	ANDRADE PEREIRA, Ruy		0:19:00,8	+6:27,02	6:20 min/km	15
57.	192	BARRIO, Jose		0:19:03,7	+6:29,89	6:21 min/km	15
58.	168	VARELA LOZANO, Miguel Angel	CLUB TRIATLÓN MAR DE VIGO	0:19:19,7	+6:45,95	6:26 min/km	15
59.	137	PEREIRA SALGUEIRO, Ramon	COMESAÑA SPORTING CLUB	0:19:21,8	+6:48,00	6:27 min/km	15
60.	202	PAZO FIGUEROA, Pablo	ALBAAUTO	0:19:26,6	+6:52,79	6:28 min/km	15
61.	201	ROPERO BLANCO, Borja		0:19:31,0	+6:57,19	6:30 min/km	15
62.	233	COMESAÑA ALONSO, Tomas		0:19:36,0	+7:02,21	6:32 min/km	15
63.	208	CACHEIRO DIEGUEZ, Angel		0:19:39,6	+7:05,87	6:33 min/km	15
64.	127	BRIONES, Jose		0:19:41,1	+7:07,37	6:33 min/km	15
65.	145	GONZALEZ PIÑEIRO, Eugenio		0:19:43,2	+7:09,46	6:34 min/km	15
66.	133	SANLUIS LAGO, Victoriano		0:19:51,5	+7:17,77	6:37 min/km	15
67.	166	OUTON, Fran		0:19:52,5	+7:18,70	6:37 min/km	15
68.	178	RESUA EIRAS, David	CHUZAS OLIMPICOS	0:19:54,5	+7:20,73	6:38 min/km	15
69.	142	YAÑEZ PENA, Juan Jose		0:20:03,4	+7:29,65	6:41 min/km	15
70.	234	HORNA FERNANDEZ, Rodrigo		0:20:06,3	+7:32,55	6:42 min/km	15
71.	162	GONZALEZ ABEIJON, Fernando		0:20:06,9	+7:33,09	6:42 min/km	15
72.	221	LOPEZ GARRIDO, David		0:20:16,6	+7:42,83	6:45 min/km	15
73.	249	ALVAREZ SALA, Alex		0:20:22,4	+7:48,58	6:47 min/km	15
74.	123	SANMARTIN GONZALEZ, Victoriano	MAIS QUE AUGA	0:20:40,9	+8:07,09	6:53 min/km	15
75.	144	RODRIGUEZ COSTAS, Hipolito		0:20:57,5	+8:23,74	6:59 min/km	15
76.	257	PACHECO, Daniel		0:21:11,6	+8:37,82	7:03 min/km	15
77.	238	PEREZ RODRIGUEZ, Carlos		0:21:35,0	+9:01,24	7:11 min/km	15

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Pl.	Dorsal	Nombre	Club	Tiempo	Gap	Ritmo	P. RUNRUN
78.	214	BUXO SANCHEZ, Gabriel		0:21:36,5	+9:02,72	7:12 min/km	15
79.	197	VERAZA, Cristian	MAIS QUE AUGA	0:21:53,0	+9:19,26	7:17 min/km	15
80.	135	FERNANDEZ POL, Oscar		0:22:04,6	+9:30,86	7:21 min/km	15
81.	243	CANOSA MARTINEZ, Oscar		0:22:11,8	+9:38,08	7:23 min/km	15
82.	172	OTERO CASTELLANO, Jose C.		0:22:25,2	+9:51,39	7:28 min/km	15
83.	222	SAURA ALVAREZ, Pablo		0:22:27,8	+9:53,99	7:29 min/km	15
84.	188	DOMINGUEZ SERRANO, Oscar	FENDETESTAS	0:22:39,1	+10:05,31	7:33 min/km	15
85.	241	PALMER, Tim		0:22:40,8	+10:07,03	7:33 min/km	15
86.	163	GONZALEZ PEREZ, Enrique	MAIS QUE AUGA	0:22:45,7	+10:11,95	7:35 min/km	15
87.	185	CAMAÑAS SELFA, Raul		0:22:49,2	+10:15,39	7:36 min/km	15
88.	229	LAGO LORENZO, Ivan	INMOBILIX GALICIA	0:23:31,1	+10:57,37	7:50 min/km	15
89.	174	ALONSO OTERO, Diego	COMESAÑA SPORTING CLUB	0:23:40,4	+11:06,66	7:53 min/km	15
90.	247	SOTELO LORENZO, Daniel	OS EIDOS TRAIL TEAM	0:23:49,1	+11:15,37	7:56 min/km	15
91.	211	FERNANDEZ GOMEZ, Jose Alberto	MAIS QUE AUGA	0:23:51,0	+11:17,23	7:57 min/km	15
92.	129	GARCIA DE LA CRUZ, Roberto	MAIS QUE AUGA	0:25:20,3	+12:46,52	8:26 min/km	15
93.	219	FIDALGO VAZQUEZ, Iago		0:25:26,0	+12:52,27	8:28 min/km	15
94.	180	FOCHE, Diego	MAIS QUE AUGA	0:25:30,9	+12:57,09	8:30 min/km	15
95.	230	BARREIRO, Hugo	AFURRICAMOS NO MONTE	0:27:20,4	+14:46,61	9:06 min/km	15
96.	260	HERMELO VILAS, David		0:27:49,6	+15:15,82	9:16 min/km	15
97.	216	PEREZ YAÑEZ, Javier	MAIS QUE AUGA	0:29:18,5	+16:44,75	9:46 min/km	15
98.	130	PARRA SERRANO, Manuel Alejandro	MAIS QUE AUGA	0:32:49,3	+20:15,54	10:56 min/km	15
M3							
1.	103	BARGIELA ARAUJO, Daniel	BIKILA	0:12:55,9	--	4:18 min/km	250
2.	79	PRIETO DE LA IGLESIA, Manuel	ATHLETICS FISIOTERAPIA SAN LÁZARO	0:13:03,6	+0:07,71	4:21 min/km	200
3.	96	ALONSO ABALDE, Miguel Angel	ATLETISMO BAIONA	0:13:26,2	+0:30,27	4:28 min/km	150
4.	57	DAVILA MARIÑO, Oscar		0:13:52,4	+0:56,52	4:37 min/km	125
5.	95	ALVAREZ FERNANDEZ, Francisco	AFURRICAMOS NO MONTE	0:14:00,2	+1:04,27	4:40 min/km	100
6.	89	FERNANDEZ MONZON, Marcos	SOCIEDADE ATLÉTICA VILA DE VIGO	0:14:14,5	+1:18,63	4:44 min/km	90
7.	114	MIRANDA VIEITO, Jose Manuel	ATHLETICS FISIOTERAPIA SAN LÁZARO	0:14:23,2	+1:27,27	4:47 min/km	80

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Pl.	Dorsal	Nombre	Club	Tiempo	Gap	Ritmo	P. RUNRUN
8.	80	ALVAREZ-BUYLLA DE LA UZ, Julio	ATLETISMO BAIONA	0:14:35,7	+1:39,79	4:51 min/km	75
9.	105	BLANCO CALDAS, Ivan Diego		0:15:08,0	+2:12,06	5:02 min/km	70
10.	65	COSTAS COSTAS, Miguel	MAIS QUE AUGA	0:15:18,5	+2:22,65	5:06 min/km	60
11.	90	ARIAS, Edu	ATHLETICS FISIOTERAPIA SAN LÁZARO	0:15:21,5	+2:25,65	5:07 min/km	35
12.	54	ALVAREZ, Andres	IMAXINATEA ESCOLA DE TEATRO	0:15:28,2	+2:32,29	5:09 min/km	35
13.	58	AMOEDO AGULLA, Carlos		0:15:29,2	+2:33,27	5:09 min/km	35
14.	69	PEITEADO RUIZ, Guille	ATHLETICS FISIOTERAPIA SAN LÁZARO	0:15:30,8	+2:34,91	5:10 min/km	35
15.	112	LOPEZ FERNANDEZ, Antonio Luis		0:15:34,3	+2:38,37	5:11 min/km	35
16.	106	CASTRO OLMO, Jose Manuel		0:15:39,6	+2:43,67	5:13 min/km	30
17.	67	ACUÑA FERNANDEZ, Candido	COMESAÑA SPORTING CLUB	0:15:56,4	+3:00,49	5:18 min/km	30
18.	68	GONZALEZ MACIEL, Jose Luis	RIZOS TEAM	0:16:10,1	+3:14,21	5:23 min/km	30
19.	98	ALONSO, Alberto	MAIS QUE AUGA	0:16:12,7	+3:16,81	5:24 min/km	30
20.	102	MONTENEGRO BALLESTEROS, Diego	CHUZAS OLIMPICOS	0:16:15,8	+3:19,88	5:25 min/km	30
21.	111	SALO BENITO, Javier	LATITUD 42	0:16:21,8	+3:25,87	5:27 min/km	20
22.	83	BUJANDA GARMENDIA, Carlos Alberto		0:16:24,7	+3:28,79	5:28 min/km	20
23.	53	SANTOME, Jesus		0:16:54,1	+3:58,21	5:38 min/km	20
24.	104	RODRIGUEZ CASTRO, Javier		0:16:58,5	+4:02,60	5:39 min/km	20
25.	109	MENCIA COMESAÑA, Pablo	ADN RUNNERS – TELMO PELUQUEROS F.C.	0:17:24,9	+4:29,02	5:48 min/km	20
26.	56	VILLANUEVA AREAL, Dito	RUNNING LUSEKELO	0:17:37,8	+4:41,87	5:52 min/km	20
27.	52	BELOSO GONZALEZ, Carlos		0:17:45,4	+4:49,55	5:55 min/km	20
28.	117	GOLMAR, Jacobo	SQUASH RÍA DE VIGO	0:17:53,5	+4:57,58	5:57 min/km	20
29.	78	ALONSO COSTAS, Oscar		0:18:00,1	+5:04,20	6:00 min/km	20
30.	48	ARMADA FERNANDEZ, Ernesto Manuel		0:18:07,1	+5:11,26	6:02 min/km	20
31.	82	PARDAVILA, Miguel	CORRIDA DAS CABRAS	0:18:34,6	+5:38,70	6:11 min/km	20
32.	119	GUISANDE ALONSO, Oscar	FENDETESTAS	0:19:11,4	+6:15,49	6:23 min/km	20
33.	115	ANDONEGUI FREIRE, Juan	FRUTAS NIEVES	0:19:28,5	+6:32,59	6:29 min/km	20
34.	110	MIRANDA, Rolan		0:19:32,1	+6:36,19	6:30 min/km	20
35.	84	AMEIJEIRAS SANCHEZ, Antonio	MAIS QUE AUGA	0:19:36,9	+6:40,99	6:32 min/km	20
36.	75	RODRIGUEZ ALONSO, Telmo	ADN RUNNERS – TELMO PELUQUEROS F.C.	0:20:09,4	+7:13,49	6:43 min/km	20

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Categorías

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Pl.	Dorsal	Nombre	Club	Tiempo	Gap	Ritmo	P. RUNRUN
37.	64	RODRIGUEZ COSTAS, Samuel		0:20:13,1	+7:17,25	6:44 min/km	20
38.	51	CODON VEGA, Alfonso	C.A.R. MARISQUEIRO	0:20:25,4	+7:29,50	6:48 min/km	20
39.	60	CASTIÑEIRA, Javier	MAIS QUE AUGA	0:20:28,5	+7:32,62	6:49 min/km	20
40.	81	MARTINEZ VILLAR, Hugo		0:20:35,7	+7:39,83	6:51 min/km	20
41.	93	BLANCO NUÑEZ, Enrique		0:21:00,3	+8:04,46	7:00 min/km	20
42.	72	REIGADA QUINTELA, Fernando	CHUZAS OLIMPICOS	0:21:03,7	+8:07,77	7:01 min/km	20
43.	73	LORENZO SANTOOR, Ramon	FOUR QUALITY	0:21:05,5	+8:09,64	7:01 min/km	20
44.	118	CIGES REGUEIRO, Jose Manuel		0:21:46,5	+8:50,61	7:15 min/km	20
45.	86	PRIETO, Jose Ramon		0:21:51,3	+8:55,45	7:17 min/km	20
46.	116	RUIZ, David		0:21:58,6	+9:02,71	7:19 min/km	20
47.	496	DACOSTA CEA, Jonathan		0:22:13,6	+9:17,67	7:24 min/km	20
48.	107	FERNANDEZ COVELO, Ricardo		0:22:22,3	+9:26,45	7:27 min/km	20
49.	66	MARTINEZ GOMEZ, Pakinho	GALLAECIA JASTANDOSAPATILLA	0:22:50,2	+9:54,35	7:36 min/km	20
50.	497	MASCUÑANA POZO, Ivan		0:22:52,7	+9:56,80	7:37 min/km	20
51.	71	PARDO PORTO, Daniel	MAIS QUE AUGA	0:23:07,1	+10:11,20	7:42 min/km	15
52.	62	VAZQUEZ FERRO, German		0:23:17,8	+10:21,89	7:45 min/km	15
53.	55	GONCALVES ROLO, Alvaro	MAIS QUE AUGA	0:23:54,6	+10:58,74	7:58 min/km	15
54.	99	FEIJOO SUAREZ, Marcos	CHUZAS OLIMPICOS	0:24:55,1	+11:59,20	8:18 min/km	15
55.	59	VAZQUEZ, Enrique		0:24:59,9	+12:04,00	8:19 min/km	15
56.	70	MENDEZ RIAL, Pablo		0:25:59,6	+13:03,73	8:39 min/km	15
57.	49	PEREZ CAMPO, Jesus Maria		0:28:19,7	+15:23,80	9:26 min/km	15
58.	87	TILVE, Antonio		0:28:29,0	+15:33,10	9:29 min/km	15
M4							
1.	30	GRAÑA ALONSO, Jose Carlos	LODEIROS TRAIL	0:14:48,4	--	4:56 min/km	250
2.	45	PEREZ NOVAS, Miguel		0:15:04,8	+0:16,33	5:01 min/km	200
3.	38	PAZ RODRIGUEZ, Juan	CASTRELOS 20:30	0:15:22,1	+0:33,68	5:07 min/km	150
4.	21	TABOADA GONZALEZ, Ramiro	RUNNING LUSEKELO	0:16:55,7	+2:07,31	5:38 min/km	125
5.	40	RODRIGUEZ PAZ, Jose		0:16:59,9	+2:11,51	5:39 min/km	100
6.	22	VIDEIRA CORREA, Alberto	RUNNING LUSEKELO	0:17:39,2	+2:50,74	5:53 min/km	90

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PI.	Dorsal	Nombre	Club	Tiempo	Gap	Ritmo	P. RUNRUN
7.	42	VAZQUEZ VIDAL, Antonio		0:18:31,3	+3:42,89	6:10 min/km	80
8.	46	GUAMA MENA, Patricio		0:19:02,9	+4:14,42	6:20 min/km	75
9.	36	BARREIRO BARREIRO, Benigno	ATHLETICS AVENTURA XTREM	0:19:15,1	+4:26,64	6:25 min/km	70
10.	28	GALLIDORO DEL MONTE, Jose Humberto	CLUB DEPORTIVO DELIKIA	0:19:26,6	+4:38,12	6:28 min/km	60
11.	32	PEREZ LOSADA, Mario	BIKILA	0:19:47,3	+4:58,82	6:35 min/km	35
12.	39	PORTELA SANCHEZ, Jose Antonio		0:19:58,4	+5:09,95	6:39 min/km	35
13.	27	VILLAR SALGADO, Jose Francisco	C.A.R. MARISQUEIRO	0:20:46,8	+5:58,37	6:55 min/km	35
14.	25	LAMOSA QUINTEIRO, Claudio Salvador		0:21:10,6	+6:22,16	7:03 min/km	35
15.	44	ESPAÑA LOPEZ, Juan Jose		0:21:12,7	+6:24,31	7:04 min/km	35
16.	43	ABREU FERNANDEZ, Pablo	KAYAK VIGO	0:21:14,4	+6:25,98	7:04 min/km	30
17.	26	PEREZ RODRIGUEZ, Manuel		0:23:00,7	+8:12,31	7:40 min/km	30
18.	23	ZUNZUNEGUI, Roman	MAIS QUE AUGA	0:23:19,0	+8:30,60	7:46 min/km	30
19.	24	CERDEIRA PEREZ, Juan Carlos		0:25:48,8	+11:00,31	8:36 min/km	30
20.	20	RODRIGUEZ RODRIGUEZ, Jose Manuel		0:26:39,2	+11:50,79	8:53 min/km	30
M5							
1.	11	SUAREZ MARTINEZ, Manuel	CLUB ATLETISMO VETERANOS DE SAMIL	0:14:41,9	--	4:53 min/km	250
2.	5	JARDON LOPEZ, Jose	CLUB ATLETISMO VETERANOS DE SAMIL	0:16:49,0	+2:07,10	5:36 min/km	200
3.	14	PEREZ PASCUAL, Manuel		0:17:07,4	+2:25,47	5:42 min/km	150
4.	4	KARAMES, Manuel	TRIATLON PORRIÑO	0:17:48,2	+3:06,34	5:56 min/km	125
5.	13	VILLAR ALVAREZ, Enrique	CLUB ATLETISMO VETERANOS DE SAMIL	0:18:22,2	+3:40,29	6:07 min/km	100
6.	8	MARTINEZ ABEJON, Pedro	MAIS QUE AUGA	0:18:35,9	+3:54,02	6:11 min/km	90
7.	16	ROCA RODRIGUEZ, Ramon		0:18:38,8	+3:56,95	6:12 min/km	80
8.	3	RODRIGUEZ RODRIGUEZ, Sergio		0:18:45,8	+4:03,94	6:15 min/km	75
9.	18	CABALEIRO HERNANDEZ, Jesus		0:19:17,9	+4:36,03	6:25 min/km	70
10.	1	REY GONZALEZ, Jose Roberto	CLUB ATLETISMO VETERANOS DE SAMIL	0:19:23,0	+4:41,14	6:27 min/km	60
11.	17	RODRIGUEZ HERNANDEZ, Pedro Salvador	ADN RUNNERS – TELMO PELUQUEROS F.C.	0:19:24,5	+4:42,59	6:28 min/km	35
12.	10	FERNANDEZ GALLEGO, Alberto	CLUB PIRAGÜISMO OLIVICO	0:20:41,4	+5:59,52	6:53 min/km	35
13.	6	COUCE VELLON, Ramiro		0:21:24,5	+6:42,58	7:08 min/km	35
14.	2	GARCIA COSTAS, Federico Amando		0:21:56,1	+7:14,18	7:18 min/km	35

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PI.	Dorsal	Nombre	Club	Tiempo	Gap	Ritmo	P. RUNRUN
15.	15	PENEDO DA SILVA, Jose Antonio	ATHLETICS AVENTURA XTREM	0:22:44,1	+8:02,18	7:34 min/km	35
SUB 10 MASC							
1.	487	ARANDA MIRAZ, Xabier	COMESAÑA SPORTING CLUB	0:18:14,1	--	6:04 min/km	30
2.	489	LOPEZ MARTINEZ, Cosme	REAL CLUB CELTA ATLETISMO	0:20:15,3	+2:01,23	6:45 min/km	20
3.	482	FERNANDEZ COSTA, Marco Jose	MAIS QUE AUGA	0:23:50,3	+5:36,22	7:56 min/km	20
4.	488	RIOS GONZALEZ, Martin	MAIS QUE AUGA	0:23:56,1	+5:41,96	7:58 min/km	20
SUB 12 MASC							
1.	480	ALONSO MIRON, Gabriel	A.V.A	0:16:11,4	--	5:23 min/km	100
2.	481	VARELA FERNANDEZ, Daniel	CLUB TRIATLÓN MAR DE VIGO	0:17:19,5	+1:08,02	5:46 min/km	35
3.	473	MELON NOGUEIRA, Roque		0:17:42,0	+1:30,54	5:54 min/km	35
4.	471	BARREIRO VALEIRAS, Anton	AFURRICAMOS NO MONTE	0:17:42,5	+1:31,10	5:54 min/km	35
5.	466	ARANDA MIRAZ, Lucas	COMESAÑA SPORTING CLUB	0:17:47,7	+1:36,21	5:55 min/km	35
6.	477	FERMOSO RODRIGUEZ, Adrian	FRUTAS NIEVES	0:18:08,8	+1:57,33	6:02 min/km	35
7.	479	GONZALEZ RODRIGUEZ, Lois		0:19:15,4	+3:03,93	6:25 min/km	30
8.	478	CAMAÑAS GOMEZ, Mateu		0:20:12,2	+4:00,72	6:44 min/km	20
9.	467	MARTINEZ, Gabriel	COMESAÑA SPORTING CLUB	0:21:00,4	+4:49,00	7:00 min/km	20
10.	469	RUIZ, Nicolas	COMESAÑA SPORTING CLUB	0:21:58,1	+5:46,67	7:19 min/km	20
11.	472	SOLIÑO PEREZ, Alvaro		0:22:25,8	+6:14,35	7:28 min/km	20
SUB 14 MASC							
1.	457	ALVAREZ MOSQUERA, Alexandre	HOCKEY C. CÍES	0:15:58,3	--	5:19 min/km	125
2.	455	BARREIRO VALEIRAS, Roque	HOCKEY C. CÍES	0:16:39,1	+0:40,79	5:33 min/km	80
3.	462	CAMAÑAS GOMEZ, Artur		0:18:17,3	+2:19,01	6:05 min/km	30
4.	459	GONZALEZ RODRIGUEZ, Mateo		0:18:25,0	+2:26,69	6:08 min/km	30
5.	452	ALBERTE, Simon		0:19:30,0	+3:31,71	6:30 min/km	20
6.	458	FERNANDEZ PEREIRA, Lucas	FRUTAS NIEVES	0:21:40,7	+5:42,39	7:13 min/km	20
7.	461	KOBA, Nikita	MAIS QUE AUGA	0:25:50,4	+9:52,15	8:36 min/km	20
SUB 16 MASC							
1.	448	PIÑA CONSUEGRA, Hugo	CLUB DEPORTIVO DELIKIA	0:12:20,0	--	4:06 min/km	200
2.	442	FRAGA LORENZO, Mateo	CLUB ATLETISMO RÍAS BAIXAS	0:14:36,5	+2:16,51	4:52 min/km	150

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3.	445	VARELA FERNANDEZ, Asterio	CLUB TRIATLÓN MAR DE VIGO	0:16:39,3	+4:19,35	5:33 min/km	75
4.	446	VARELA FERNANDEZ, Saul	CLUB TRIATLÓN MAR DE VIGO	0:16:51,1	+4:31,13	5:37 min/km	70
5.	437	HERMIDA PEREIRA, Daniel		0:17:04,4	+4:44,43	5:41 min/km	60
6.	438	DOCAMPO CRESPO, Aloï Bieito		0:21:00,1	+8:40,10	7:00 min/km	20
7.	444	HERMELO RICOY, Roi		0:27:51,4	+15:31,46	9:17 min/km	20
SUB 20 MASC							
1.	428	GONZALEZ BATAN, Roque	CLUB TRIATLÓN MAR DE VIGO	0:11:56,6	--	3:58 min/km	250
2.	434	SUAREZ RODRIGUEZ, Pablo		0:16:37,7	+4:41,03	5:32 min/km	90
3.	429	HERMELO CARRERA, Yeraï		0:18:37,7	+6:41,10	6:12 min/km	30
4.	430	ANDONEGUI JUAN, Jacobo	FRUTAS NIEVES	0:20:32,1	+8:35,47	6:50 min/km	20
5.	427	AMEIJEIRAS SENRA, Anton	MAIS QUE AUGA	0:20:51,1	+8:54,45	6:57 min/km	20
SUB 8 MASC							
1.	491	FOCHE, Franco	MAIS QUE AUGA	0:25:09,0	--	8:23 min/km	20
2.	492	SOUTELO GOMEZ, Izan		0:26:08,8	+0:59,80	8:42 min/km	20
3.	490	VEITES, Sergio	MAIS QUE AUGA	0:26:22,7	+1:13,72	8:47 min/km	20