



Etapa 3 General

Cl	Dorsal	Apellidos	Nombre	Categoría	Club	Tiempo	Gap	Ritmo
* (Último tiempo)								
Bicicleta convencional								
Femenino								
1.	26	Lois García	Lara	ELITE/SUB23 FEM	CLUB DE MONTAÑA	2:24:15,0	--	17.5 Km/h
2.	23	Delgado Gonzalez	Mar	ELITE/SUB23 FEM	CLUB DE MONTAÑA	2:38:58,9	+14:43,8	15.9 Km/h
3.	2	Ortega Aguilar	Eva	ELITE/SUB23 FEM	V BIKES TEAM, C.	2:46:57,1	+22:42,0	15.1 Km/h
4.	7	Abal Mosteiro	Cecilia	ELITE/SUB23 FEM	CLUB DE MONTAÑA	3:00:26,1	+36:11,0	14 Km/h
5.	29	Da Silva Sousa	Sofía De	MASTER FEM	EXTOL MTB TEAM, C.D.	3:01:53,5	+37:38,4	13.9 Km/h
6.	18	Rodríguez Rodríguez	Sheila	MASTER FEM	LIMITE BIERZO	3:09:44,0	+45:28,9	13.3 Km/h
DNS	12	Blanco Dosil	Silvia	MASTER FEM	AVELAIÑAS, C.C.	3:09:44,0*	+45:28,9	13.3 Km/h
Masculino								
1.	22	Parada Folgar	Manuel	MASTER 30	CLUB DE MONTAÑA	1:59:03,4	--	21.2 Km/h
2.	11	Alvarez Alonso	Diego	ELITE/SUB23	PODIUM TEAM, A.D.	1:59:03,6	+00:00,2	21.2 Km/h
3.	6	Márquez Fernandez	Brandán	ELITE/SUB23	V BIKES TEAM, C.	2:01:29,0	+02:25,6	20.7 Km/h
4.	1	Rodríguez Guede	Pablo	ELITE/SUB23	MACEDA, C.C.	2:02:27,3	+03:23,9	20.6 Km/h
5.	149	Buceta Armada	Darío	ELITE/SUB23	SUPERMERCADOS FROIZ,	2:05:02,4	+05:59,0	20.2 Km/h
6.	35	Punzón Herrero	Jorge	ELITE/SUB23	COSMOS	2:06:10,4	+07:07,0	20 Km/h
7.	156	Quintans Castiñeiras	Rubén	ELITE/SUB23	CLUB DE MONTAÑA	2:07:00,0	+07:56,5	19.8 Km/h
8.	169	Cardero Lopez	Álvaro	ELITE/SUB23	OS ABESOUROS, C.C.	2:07:32,0	+08:28,5	19.8 Km/h
9.	123	Puente Del Corral	Félix	MASTER 30	VALDOLEA	2:07:58,1	+08:54,7	19.7 Km/h
10.	57	Graña	Toni	MASTER 40	TROUPE, C.	2:08:33,5	+09:30,1	19.6 Km/h
11.	135	Suárez Cousillas	Darío	MASTER 30	3AG, C.D.	2:08:55,4	+09:52,0	19.5 Km/h
12.	30	Sanchez Gonzalez	Esteban	ELITE/SUB23	RG BIKES SCOTT TEAM, C	2:10:26,8	+11:23,4	19.3 Km/h
13.	20	Abeal Orgeira	Jorge	MASTER 40	3AG, C.D.	2:13:40,7	+14:37,3	18.9 Km/h
14.	157	Carregal Carro	Carlos	ELITE/SUB23	CLUB DE MONTAÑA	2:14:11,2	+15:07,8	18.8 Km/h
15.	40	Fernández Obenza	Yago	ELITE/SUB23	CLUB DE MONTAÑA	2:14:13,0	+15:09,5	18.8 Km/h
16.	15	Núñez Fernandez	David	MASTER 30	AURIENSE, C.C.	2:14:29,4	+15:25,9	18.7 Km/h
17.	84	García Varela	Santiago	MASTER 30	ARMENTEIRA E PUNTO, C.	2:17:28,7	+18:25,3	18.3 Km/h
18.	132	Álvarez Reguilon	José Carlos	MASTER 50+	MTB CEADEA	2:17:32,5	+18:29,1	18.3 Km/h
19.	166	Valiño Ribvas	Xan Lois	MASTER 40	CLUB DE MONTAÑA	2:17:33,4	+18:30,0	18.3 Km/h
20.	150	Fernández Pampín	Yago	MASTER 50+	BICI VERDE, C.C.	2:18:56,4	+19:53,0	18.1 Km/h
21.	122	Rudeiros Quintana	Jose Manuel	MASTER 50+	MONTE XALO, P.C.	2:18:56,8	+19:53,3	18.1 Km/h
22.	167	Méndez Lopez	Bruno	ELITE/SUB23		2:19:06,0	+20:02,6	18.1 Km/h
23.	96	Valle Macias	Luis	MASTER 40	LIMITE BIERZO	2:19:06,1	+20:02,7	18.1 Km/h
24.	163	Pena Otero	Roberto	MASTER 40	AS PONTES, C.C.	2:20:36,3	+21:32,9	17.9 Km/h
25.	233	Graña	Marcos	MASTER 40	TROUPE, C.	2:20:38,4	--	17.9 Km/h
26.	104	Silvestre Llinares	Jaume	MASTER 40	MOTO BIKE, P.C.	2:21:08,9	+22:05,5	17.9 Km/h



Consorcio de Turismo



Concello de PARADA DE SIL



Concello de PEREIRO



Concello de NOGUEIRA DE RAMUÍN



CONCELLO DE ESPOS



XUNQUEIRA DE ESPADANEDO



Etapa 3 General

Cl	Dorsal	Apellidos	Nombre	Categoría	Club	Tiempo	Gap	Ritmo
27.	140	Canto Baña	Borja	MASTER 30	3AG, C.D.	2:21:22,6	+22:19,2	17.8 Km/h
28.	63	Liñares Cuence	Pablo	MASTER 40	CLUB DE MONTAÑA	2:21:43,9	+22:40,5	17.8 Km/h
29.	13	Rodríguez Collazo	Javier	MASTER 40	BTT O TREITO, C.	2:21:48,1	+22:44,7	17.8 Km/h
30.	19	Otero Pousa	David	MASTER 30	BUEU, C.C.	2:22:05,4	+23:02,0	17.7 Km/h
31.	32	Rodríguez Gonzalez	Óscar	MASTER 40	BICI VERDE, C.C.	2:22:21,1	+23:17,7	17.7 Km/h
32.	46	Del Rio Estevez	Fran	MASTER 30	BUEU, C.C.	2:23:12,1	+24:08,6	17.6 Km/h
33.	3	García Bua	Iago	ELITE/SUB23	CODIGO BIKE TEAM, C.	2:23:52,9	+24:49,4	17.5 Km/h
34.	36	Herraez	Daniel	MASTER 40	CLUB DE MONTAÑA	2:24:21,3	+25:17,9	17.5 Km/h
35.	37	Herraez	Alberto	MASTER 40	1 DIA	2:24:21,3	+25:17,9	17.5 Km/h
36.	62	Vidal Rodríguez	Oliver	MASTER 40	MIÑOR BIKE, C.C.	2:24:22,1	+25:18,7	17.5 Km/h
37.	131	Alonso Prieto	Roberto	MASTER 40	MTB CEADEA	2:24:23,3	+25:19,9	17.5 Km/h
38.	130	García Matilla	Rubén	MASTER 40	MTB CEADEA	2:24:23,7	+25:20,2	17.5 Km/h
39.	124	Jorrin Mate	Iván	MASTER 30	VALDOLEA	2:25:34,4	+26:31,0	17.3 Km/h
40.	120	Ortega Loureiro	Iván	MASTER 40	CLUB DE MONTAÑA	2:25:35,9	+26:32,5	17.3 Km/h
41.	177	Abal	Tono	MASTER 50+	CLUB DE MONTAÑA	2:25:37,3	+26:33,8	17.3 Km/h
42.	42	Veloso Blanco	Diego	ELITE/SUB23	TELMO PELUQUEROS, F.C.	2:26:13,5	+27:10,0	17.2 Km/h
43.	159	Cruz Pazo	Oscar	MASTER 50+	2 RUEDAS, C.C.	2:26:35,4	+27:32,0	17.2 Km/h
44.	139	Lorenzo Vila	Esteban	MASTER 50+	BICI VERDE, C.C.	2:27:27,6	+28:24,1	17.1 Km/h
45.	121	Albitre De Sousa	Neftalí	MASTER 40	LA20VEINTE	2:28:16,7	+29:13,2	17 Km/h
46.	31	Barba Vega	Rubén	MASTER 40	LA20VEINTE	2:28:16,8	+29:13,3	17 Km/h
47.	38	Goberna Alvarez	Arturo	MASTER 30	BUEU, C.C.	2:28:20,5	+29:17,0	17 Km/h
48.	95	Castro López	Rafael	MASTER 50+	MONTE XALO, P.C.	2:28:21,0	+29:17,6	17 Km/h
49.	170	Fernández Obenza	Alexis	MASTER 30	CLUB DE MONTAÑA	2:28:24,3	+29:20,9	17 Km/h
50.	144	Gavilanes Limia	Antonio	MASTER 40	OURENSE TERMAL, C.C.	2:28:26,6	+29:23,1	17 Km/h
51.	145	Seara Quintas	Rubén	MASTER 50+	OURENSE TERMAL, C.C.	2:28:26,6	+29:23,2	17 Km/h
52.	89	Sánchez Pérez	Armando	CICLO. MASCULINO	MONTE XALO, P.C.	2:29:49,8	+30:46,4	16.8 Km/h
53.	59	López López	Javier	MASTER 30	CAIMANES BETANZOS, C.	2:30:15,5	+31:12,0	16.8 Km/h
54.	172	Gonzalez Castro	Ismael	MASTER 30	MASTER DA LOURIÑA, C.	2:32:27,8	+33:24,4	16.5 Km/h
55.	65	Otero Dacosta	Pablo	MASTER 30	BUEU, C.C.	2:33:54,0	+34:50,5	16.4 Km/h
56.	25	Perez Franco	Santiago	MASTER 30	BICI VERDE, C.C.	2:33:55,7	+34:52,2	16.4 Km/h
57.	154	Lorenzo Vila	Miguel	MASTER 50+	BICI VERDE, C.C.	2:34:11,8	+35:08,4	16.3 Km/h
58.	147	Rodríguez Cortiñas	Daniel	MASTER 50+	OURENSE TERMAL, C.C.	2:34:28,8	+35:25,4	16.3 Km/h
59.	171	Román Refojos	Sergio	MASTER 50+	VK BIKES, C.	2:34:29,0	+35:25,6	16.3 Km/h
60.	125	Ventosa Cela	Rubén	MASTER 30	RIBADOULLA, A.S.D.	2:35:35,7	+36:32,3	16.2 Km/h
61.	80	Lamas Diz	Emmanuel	MASTER 30	BUEU, C.C.	2:36:00,6	+36:57,2	16.2 Km/h
62.	74	Costas Gonzalez	David	MASTER 40	VAGALUME, C.	2:37:02,3	+37:58,8	16 Km/h
63.	160	Blanco Blanco	José Manuel	MASTER 50+	2 RUEDAS, C.C.	2:37:04,9	+38:01,5	16 Km/h
64.	9	Bruzón Amado	Carlos	MASTER 30	TELMO PELUQUEROS, F.C.	2:37:14,8	+38:11,4	16 Km/h



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Concello de PEREIRO



Concello de NOGUEIRA DE RAMUÍN



CONCELLO DE ESGOS



XUNQUEIRA DE ESPANEDADO



Etapa 3 General

Cl	Dorsal	Apellidos	Nombre	Categoría	Club	Tiempo	Gap	Ritmo
65.	78	Rodríguez Freitas	Antonio	MASTER 30	TELMO PELUQUEROS, F.C.	2:37:15,3	+38:11,9	16 Km/h
66.	68	Castro Estevez	Jose	MASTER 30	REVOLTAS, C.C.	2:37:59,2	+38:55,7	16 Km/h
67.	73	Pedreira Alvarez	Martín	MASTER 50+	TOXO, P.C.	2:38:44,2	+39:40,7	15.9 Km/h
68.	110	Fernández Gonzalez	David	MASTER 30	TOXO, P.C.	2:39:03,4	+39:59,9	15.8 Km/h
69.	161	Marchena Escudero	Tomás	ELITE/SUB23	CODIGO BIKE TEAM, C.	2:39:12,8	+40:09,4	15.8 Km/h
70.	127	Pena	Adrián	ELITE/SUB23	RIBADOULLA, A.S.D.	2:39:25,2	+40:21,8	15.8 Km/h
71.	4	Carrera Arias	Laureano	MASTER 50+	LIMITE BIERZO	2:40:24,7	+41:21,2	15.7 Km/h
72.	103	López Álvarez	Iván	MASTER 40	LIMITE BIERZO	2:40:26,2	+41:22,8	15.7 Km/h
73.	231	López Pinto	Alejandro	MASTER 30		2:40:29,7	+19:51,3	15.7 Km/h
74.	90	Castro Calvo	David	CICLO. MASCULINO	MONTE XALO, P.C.	2:41:28,3	+42:24,9	15.6 Km/h
75.	55	Carrera Comesaña	Juan Jose	MASTER 40	BICI VERDE, C.C.	2:42:06,6	+43:03,1	15.5 Km/h
76.	102	Pedro	João	ELITE/SUB23		2:42:06,9	+43:03,5	15.5 Km/h
77.	81	Sanz Suárez	Alejandro	MASTER 50+	ASTURCON BTT	2:42:13,5	+43:10,1	15.5 Km/h
78.	162	Muñiz Gonzalez	Jorge	MASTER 30	CLUB DE MONTAÑA	2:42:31,1	+43:27,7	15.5 Km/h
79.	146	Sabaris Silva	Diego	MASTER 30	CLUB DE MONTAÑA	2:44:16,7	+45:13,2	15.3 Km/h
80.	148	Rodríguez Simal	Cesar	MASTER 40	MOTO BIKE, P.C.	2:45:04,9	+46:01,5	15.3 Km/h
81.	34	Piñeiro Fernandez	Alberto	MASTER 40	COSMOS	2:48:15,9	+49:12,4	15 Km/h
82.	168	Muñiz Alvarez	Juan José	MASTER 40	O GROVE, C.C.	2:48:18,4	+49:14,9	15 Km/h
83.	136	Baulde Gonzalez	Javier	MASTER 50+	ARMENTEIRA E PUNTO, C.	2:48:18,4	+49:15,0	15 Km/h
84.	142	Casal Rey	Antonio	MASTER 30	CAMBADOS, C.C.C.	2:48:18,9	+49:15,4	15 Km/h
85.	126	Santos Fabeiro	José María	MASTER 50+	MOTO BIKE, P.C.	2:50:21,4	+51:18,0	14.8 Km/h
86.	113	Fernández Vilas	Luis Alberto	MASTER 50+	XSM, C.C.	2:50:30,3	+51:26,9	14.8 Km/h
87.	8	Prada Sousa	Joel	MASTER 30		2:51:48,8	+52:45,4	14.7 Km/h
88.	234	Miranda Almon	Carlos	MASTER 40	OS MOSQUETEIROS, C.C	2:51:50,6	+31:12,2	14.7 Km/h
89.	228	Vázquez Cierna	Juan Carlos	MASTER 50+	TUZAROS, C.C.	2:51:55,2	+31:16,8	14.7 Km/h
90.	48	Parada Gonzalez	Luis	MASTER 40	AURIENSE, C.C.	2:53:43,6	+54:40,2	14.5 Km/h
91.	44	Álvarez Álvarez	Adrián	MASTER 40	AURIENSE, C.C.	2:53:43,7	+54:40,3	14.5 Km/h
92.	69	Ortiz Arias	Adrián	MASTER 40	SEIXO BLANCO	2:53:47,1	+54:43,6	14.5 Km/h
93.	202	López Míguez	Carlos	CICLO. MASCULINO	OS DO MONTE BRAVO, C.C.	2:54:07,8	+33:29,4	14.5 Km/h
94.	72	Álvarez López	Félix	ELITE/SUB23	BTT TROTACUMES, C.	2:54:26,0	+55:22,6	14.4 Km/h
95.	107	Santos Suarez	Victor Manuel	MASTER 50+		2:55:13,7	+56:10,3	14.4 Km/h
96.	108	Romero Vazquez	Julio	MASTER 40		2:55:13,8	+56:10,3	14.4 Km/h
97.	208	Míguez Otero	Miguel	MASTER 50+		2:57:04,9	+36:26,5	14.2 Km/h
98.	210	Rodríguez Gómez	Alberto	CICLO. MASCULINO	VAGALUME, C.	2:57:04,9	+36:26,5	14.2 Km/h
99.	118	Rea Otero	Manuel	MASTER 40	FARTO, C.C.	2:58:54,0	+59:50,6	14.1 Km/h
100.	5	Merayo Alvarez	Alejandro	MASTER 40	LIMITE BIERZO	2:59:01,2	+59:57,8	14.1 Km/h
101.	28	Bello Pajaro	David	MASTER 40	OROSO, C.C.	2:59:58,4	+60:55,0	14 Km/h
102.	45	Carrillo Laredo	Santiago	MASTER 40	OROSO, C.C.	2:59:58,6	+60:55,2	14 Km/h





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Clc	Dorsa	Apellidos	Nombre	Categoría	Club	Tiempo	Gap	Ritmo
103.	58	Taibo Alonso	Jonathan	MASTER 40	V BIKES TEAM, C.	3:00:26,7	+61:23,2	14 Km/h
104.	51	Fernández Lorenzo	David	MASTER 40	AS PONTES, P.C.	3:00:29,2	+61:25,8	14 Km/h
105.	39	Salgado Fernandez	José Manuel	MASTER 50+		3:00:54,5	+61:51,1	13.9 Km/h
106.	97	Belmonte Ferreiro	Jose Antonio	MASTER 50+	ERASTAQUI, C.C.	3:00:54,6	+61:51,1	13.9 Km/h
107.	56	González	Pablo	MASTER 30	BUEU, C.C.	3:02:30,9	+63:27,5	13.8 Km/h
108.	86	Fragio Souto	Pablo	MASTER 40	V BIKES TEAM, C.	3:03:46,1	+64:42,7	13.7 Km/h
109.	115	Cavada Gutierrez	Antonio	MASTER 40	MOTO BIKE, P.C.	3:03:50,2	+64:46,7	13.7 Km/h
110.	141	Curra Vidal	Ramiro	MASTER 50+	BIKE O FACHO, C.	3:04:07,5	+65:04,1	13.7 Km/h
111.	109	Alfaya Reboiras	David	MASTER 30	X BIKES, C.C.	3:04:07,9	+65:04,5	13.7 Km/h
112.	91	Pazos Gonzalez	José Antonio	MASTER 50+	CHANTADINO, C.C.	3:04:08,1	+65:04,7	13.7 Km/h
113.	174	Pérez Pazo	Beni	MASTER 50+	X BIKES, C.C.	3:04:09,3	+65:05,9	13.7 Km/h
114.	117	Fernández González	Eduardo	MASTER 40	XSM, C.C.	3:04:12,9	+65:09,5	13.7 Km/h
115.	175	Fernández Trelles	Roberto	MASTER 50+	CYCLING TEAM CABAÑAS, C.	3:04:15,2	+65:11,8	13.7 Km/h
116.	176	Rodríguez Carracelas	Diego	MASTER 50+	XSM, C.C.	3:04:17,0	+65:13,6	13.7 Km/h
117.	119	Cordeiro Portela	Manuel	MASTER 40	X BIKES, C.C.	3:04:17,1	+65:13,7	13.7 Km/h
118.	165	Del Valle Vazquez	Guillermo	MASTER 40	CAIMANES BETANZOS, C.	3:05:07,0	+66:03,6	13.6 Km/h
119.	164	Docio Molanes	Nelson	MASTER 40		3:05:07,6	+66:04,2	13.6 Km/h
120.	152	Martínez Teixeira	Francisco	MASTER 50+		3:05:43,2	+66:39,7	13.6 Km/h
121.	158	Paredes Gonzalez	Carlos	MASTER 40		3:05:45,2	+66:41,8	13.6 Km/h
122.	178	García Pazo	Pablo	MASTER 50+		3:05:51,2	+66:47,7	13.6 Km/h
123.	27	Araujo Lago	Óscar	MASTER 40	BICI VERDE, C.C.	3:06:07,7	+67:04,3	13.5 Km/h
124.	67	Casanova Gonzalez	Diego	ELITE/SUB23	CAIMANES BETANZOS, C.	3:06:22,7	+67:19,3	13.5 Km/h
125.	222	Conde Fernández	Alfredo	MASTER 40	CODIGO BIKE TEAM, C.	3:06:41,5	+46:03,1	13.5 Km/h
126.	216	Gómez Iglesias	Juan	MASTER 50+	CODIGO BIKE TEAM, C.	3:06:41,7	+46:03,3	13.5 Km/h
127.	33	Álvarez Valado	Víctor	MASTER 40		3:07:43,4	+68:39,9	13.4 Km/h
128.	138	Piñero	Ángel	MASTER 30	TOXO, P.C.	3:07:53,4	+68:50,0	13.4 Km/h
129.	100	Fraga Martínez	Alejandro	MASTER 30	AVELAINAS, C.C.	3:08:01,6	+68:58,2	13.4 Km/h
130.	79	Lago Barciela	Miguel	MASTER 30	BICI VERDE, C.C.	3:08:18,4	+69:14,9	13.4 Km/h
131.	77	Cabaleiro Ibáñez	Borja	MASTER 40	BICI VERDE, C.C.	3:08:20,7	+69:17,2	13.4 Km/h
132.	219	Gomez Iglesias	Antonio	CICLO. MASCULINO	CODIGO BIKE TEAM, C.	3:08:52,1	+48:13,7	13.3 Km/h
133.	16	Novo Fernandez	Miguel	MASTER 40		3:09:20,5	+70:17,1	13.3 Km/h
134.	71	Suárez Rodríguez	Jose	MASTER 40	BICI O CON, C.	3:09:20,6	+70:17,2	13.3 Km/h
135.	98	Buelta González	Fco Roberto	MASTER 50+	LIMITE BIERZO	3:09:43,8	+70:40,4	13.3 Km/h
136.	211	Gómez Gómez	Jorge	ELITE/SUB23		3:10:02,7	+49:24,3	13.3 Km/h
137.	221	Gómez Del Rosario	Javier	MASTER 30		3:10:57,0	+50:18,6	13.2 Km/h
138.	82	Salgado Antelo	Luis	MASTER 50+	BAIKERS DO VILAN, P.C.	3:11:10,6	+72:07,2	13.2 Km/h
139.	83	Damil Villamor	Alberto	MASTER 50+	BAIKERS DO VILAN, P.C.	3:11:10,6	+72:07,2	13.2 Km/h
140.	223	Iglesias Rodicio	Borja	ELITE/SUB23		3:11:56,0	+51:17,5	13.1 Km/h





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141.	76	Otero	Diego	MASTER 30	OROSO, C.C.	3:11:58,6	+72:55,2	13.1 Km/h
142.	50	Marcos Escudero	Jorge	MASTER 40		3:16:15,1	+77:11,7	12.8 Km/h
143.	224	Vázquez Valeiras	José Miguel	MASTER 40		3:16:26,8	+55:48,4	12.8 Km/h
144.	207	Vilan Martínez	Xoán Carlos	MASTER 50+	BICIOSOS-RIAS BAIXAS, P.C.	3:17:22,4	+56:44,0	12.8 Km/h
145.	209	Simón Pereira	Roi	CICLO. MASCULINO	BICIOSOS-RIAS BAIXAS, P.C.	3:17:22,5	+56:44,1	12.8 Km/h
146.	21	Casalderrey Louzao	David	MASTER 40	MOTO BIKE, P.C.	3:17:34,4	+78:31,0	12.8 Km/h
147.	129	Corbacho Sobral	David	MASTER 40		3:17:34,6	+78:31,2	12.8 Km/h
148.	43	Casal Abilleira	Sergio	MASTER 40	POIO BIKE CLUB	3:17:35,3	+78:31,9	12.8 Km/h
149.	128	Rodríguez Fontenla	Jorge	MASTER 50+		3:17:35,8	+78:32,4	12.8 Km/h
150.	137	Lavandeira Varela	David	CICLO. MASCULINO	OROSO, C.C.	3:18:25,7	+79:22,2	12.7 Km/h
151.	49	Failde Gonzalez	Diego	MASTER 40		3:19:47,3	+80:43,8	12.6 Km/h
152.	94	Fernández Fernández	Juan Miguel	MASTER 40	COYOTE PEDAL TERRA CHA,	3:21:33,7	+82:30,3	12.5 Km/h
153.	93	Rodríguez Bello	Jose	MASTER 50+	COYOTE PEDAL TERRA CHA,	3:21:33,7	+82:30,3	12.5 Km/h
154.	229	Fernández Novoa	Iván	MASTER 40		3:24:03,5	+63:25,1	12.3 Km/h
155.	212	Crespo Garcia	Daniel	MASTER 30		3:24:03,9	+63:25,5	12.3 Km/h
156.	232	Jimenez Rodríguez	Cristóbal	MASTER 30		3:24:04,2	+63:25,8	12.3 Km/h
157.	201	Trillo Vázquez	Esteban	MASTER 30		3:24:07,4	+63:29,0	12.3 Km/h
158.	92	Alfonso Meis	Ramón	MASTER 40	ARMENTEIRA E PUNTO, C.	3:24:53,2	+85:49,7	12.3 Km/h
159.	205	Kasbo Haffar	Bassem	CICLO. MASCULINO	QUERCUS-APER, C.C.	3:29:14,6	+68:36,2	12 Km/h
160.	54	Penedo Gaspar	Diego	MASTER 30	TOXO, P.C.	3:32:39,7	+93:36,2	11.8 Km/h
161.	143	Piñeiro Souto	Daniel	MASTER 30		3:32:39,9	+93:36,5	11.8 Km/h
162.	70	Rodríguez Alonso	Sedu	CICLO. MASCULINO	REVOLTAS, C.C.	3:38:59,0	+99:55,6	11.5 Km/h
163.	53	Otero Fernández	Ramón	MASTER 50+	OROSO, C.C.	3:41:31,0	+102:27,6	11.4 Km/h
164.	217	Gómez Carballo	Marcos	MASTER 40		3:43:00,8	+82:22,4	11.3 Km/h
165.	203	Álvarez Rodríguez	Fernando	MASTER 40		3:48:24,9	+87:46,5	11 Km/h
DNF	52	Pérez Alvarez	Santiago	MASTER 40	SPORT BIKE VERIN, C.	3:48:24,9*	+109:21,4	11 Km/h
DNF	111	Allo Barona	Vicente Jesus	MASTER 50+	CHANTADINO, C.C.	3:48:24,9*	+109:21,4	11 Km/h
DNF	112	Allo Núñez	Vicente	ELITE/SUB23	CHANTADINO, C.C.	3:48:24,9*	+109:21,4	11 Km/h
DNF	133	Fernández Schedler	Dominik	ELITE/SUB23		3:48:24,9*	+109:21,4	11 Km/h
DNF	134	Fernández Schedler	Samuel	MASTER 30	MACEDA, C.C.	3:48:24,9*	+109:21,4	11 Km/h
DNF	204	López Pérez	Andrés	ELITE/SUB23		3:48:24,9*	+87:46,4	11 Km/h
DNF	230	Mariño Diéguez	David	MASTER 40	CHANTADINO, C.C.	3:48:24,9*	+87:46,4	11 Km/h
DNS	10	Seijo Castro	Diego	ELITE/SUB23	MASTER DA LOURIÑA, C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	17	Graca	Diogo	ELITE/SUB23		3:48:24,9*	+109:21,4	11 Km/h
DNS	24	González Exposito	Estefan	ELITE/SUB23	MACEDA, C.C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	41	Rodríguez Armada	Eduardo	MASTER 50+		3:48:24,9*	+109:21,4	11 Km/h
DNS	47	Castro Lago	Manuel	MASTER 50+	BARBANZA, C.C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	60	Núñez Gomez	Manuel	MASTER 30		3:48:24,9*	+109:21,4	11 Km/h



Consorcio de Turismo



Concello de PARADA DE SIL



Concello de PEREIRO



Concello de NOGUEIRA DE RAMUÍN



CONCELLO DE ESGOS



XUNQUEIRA DE ESPADANEDO



Etapa 3 General

Cl	Dorsal	Apellidos	Nombre	Categoría	Club	Tiempo	Gap	Ritmo
DNS	61	Díaz Puentes	Juan Jose	MASTER 40		3:48:24,9*	+109:21,4	11 Km/h
DNS	64	Lafuente Franco	Jose Antonio	MASTER 40	MOTO BIKE, P.C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	66	Dasilva Hermelo	Salvador	MASTER 50+	BUEU, C.C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	75	López Valencia	Camilo	MASTER 50+	ANTELANO, C.C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	87	Cajaraville Francisco	Santi	MASTER 40	CLUB DE MONTAÑA	3:48:24,9*	+109:21,4	11 Km/h
DNS	88	Ramos Fernández	Guillermo	CICLO. MASCULINO	MONTE XALO, P.C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	99	Ferreiro Moledo	Francisco	MASTER 50+	AVELAIÑAS, C.C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	101	Alvarez Álvarez	José Eulogio	MASTER 40	CODIGO BIKE TEAM, C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	114	Fernández Moldes	Juan	MASTER 40	FARTO, C.C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	116	Piñón Rey	José	MASTER 40	BICI VERDE, C.C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	151	Fernández Canossa	Gustavo	MASTER 40	OURENSE TERMAL, C.C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	153	Didych Didych	Eduard	MASTER 30	GRAFICAS LAR, P.C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	155	López Arias	Jose Ramón	MASTER 50+	CAMBRE, C.C.	3:48:24,9*	+109:21,4	11 Km/h
DNS	206	Domínguez Fernandes	David	ELITE/SUB23		3:48:24,9*	+87:46,4	11 Km/h
DNS	213	Ramos Vázquez	Jose Manuel	MASTER 50+	CODIGO BIKE TEAM, C.	3:48:24,9*	+87:46,4	11 Km/h
DNS	215	Rodriguez Vazquez	Felix	MASTER 40	OS MOSQUETEIROS, C.C	3:48:24,9*	+87:46,4	11 Km/h
DNS	227	Castro	Rubén	MASTER 30		3:48:24,9*	+87:46,4	11 Km/h

E-Bike

Masculino

1.	226	Fouz Otero	Noé	MASTER 30		2:38:23,0		15.9 Km/h
2.	225	Gromaz Alonso	Alejandro	ELITE/SUB23		2:38:23,1		15.9 Km/h
3.	85	González	Celestino	CICLO. MASCULINO	OROSO, C.C.	2:53:58,0		14.5 Km/h
4.	220	Cibeira Fernández	Manuel	MASTER 60	ADO MOURE, C.C.	3:07:43,6		13.4 Km/h
5.	218	Figueiredo Perez	Roberto	MASTER 50+		3:08:51,6		13.3 Km/h
6.	173	Cons Vázquez	Juan Ignacio	MASTER 60		3:17:36,1		12.8 Km/h
7.	214	Lopez Fabello	Marcos	MASTER 50+		3:24:05,8		12.3 Km/h
8.	14	Mella Brea	Ramón	MASTER 50+	GLOBAL DXT TEAM, C.D.	3:24:51,7		12.3 Km/h
DNS	105	Fernández Martinez	Mateu	MASTER 50+		3:48:24,9*		11 Km/h