



GENERAL

Cl	Dor.	Apellidos y nombre	Categoría	(Cl)	Club	Tiempo	Diferencia
<b>10K MULLERES</b>							
1	40	ALVAREZ RODRIGUEZ Noemi	VETERANA A	(1)	CLUB DEPORTIVO DELIKIA	40:31.854	
2	61	GARCIA LIGERO Silvia	VETERANA B	(1)	PONTE A CORRER	41:31.290	59.436
3	38	RODRIGUEZ OLIVEIRA Rocio	VETERANA A	(2)	ATHLETICS FISIOTERAPIA SAN LÁZ	43:31.622	2:59.768
4	22	MOESKJAER Lea Breinholt	SÉNIOR FEM	(1)		44:53.555	4:21.701
5	66	PEREZ MARIÑO Elena	SÉNIOR FEM	(2)	RUN&TRI	45:27.563	4:55.709
6	11	VAZ URBANO Elena	VETERANA B	(2)	SIN EQUIPO	45:50.064	5:18.210
7	52	ALONSO GARCIA Ana	VETERANA B	(3)	ATHLETICS FISIOTERAPIA SAN LÁZ	46:11.650	5:39.796
8	17	BOUCHET Clara Victoria	SUB 25 FEM	(1)		47:46.010	7:14.156
9	13	ROBLEDO RIVERA Katia	SÉNIOR FEM	(3)	BICITOUR NIGRAN	48:13.854	7:42.000
10	58	LAMPON CARIDE Ana Maria	VETERANA B	(4)	ADN RUNNERS-TELMO PELUQUEROS F	48:15.565	7:43.711
11	319	GAMALLO CARBALLUDE Paula	SÉNIOR FEM	(4)		48:47.416	8:15.562
12	44	GONZALEZ CASAL Alejandra	VETERANA B	(5)	VIGOENTRENA	49:08.323	8:36.469
13	37	FILGUEIRA CONDE Rebeca	SÉNIOR FEM	(5)	TRIATLÓN POIO	49:28.361	8:56.507
14	80	NOGUEIR PORTELA Marta	SUB 25 FEM	(2)		49:41.932	9:10.078
15	71	BARRIO CABALEIRO Cecilia	VETERANA B	(6)	ASALTAMONTES FEMALE	51:29.230	10:57.376
16	33	PRIETO MORAIS Pili	VETERANA B	(7)	TNT GHERRILLEIROS	51:51.894	11:20.040
17	57	LEMONS CABRERA Sonia	VETERANA B	(8)		51:56.300	11:24.446
18	15	CID Eva	VETERANA A	(3)		52:06.589	11:34.735
19	24	FERNANDEZ Amanda	SÉNIOR FEM	(6)	RUN&TRI	52:07.151	11:35.297
20	53	RODRIGUEZ DA SILVA Sara	SÉNIOR FEM	(7)	PORCOS CELTAS	52:11.277	11:39.423
21	70	GARCIA REZA Laura	SÉNIOR FEM	(8)		52:12.800	11:40.946
22	50	VLAD Andreea	SUB 25 FEM	(3)		52:47.276	12:15.422
23	27	RODRIGUEZ BARROS Sara	SUB 25 FEM	(4)	CLUB DEPORTIVO DELIKIA	52:53.629	12:21.775
24	64	CASTRO COLORADO Julia	VETERANA B	(9)	BIKILA	52:55.855	12:24.001
25	54	FERNANDEZ ALVAREZ Maria	VETERANA A	(4)		53:24.894	12:53.040
26	72	CARRERA MALLO Mati	VETERANA B	(10)		53:52.270	13:20.416
27	79	BARCON PAJUELO Maria	VETERANA B	(11)		53:53.020	13:21.166
28	59	REY VENTOSO Peixe	VETERANA B	(12)	MÁIS QUE AUGA	54:21.472	13:49.618
29	85	ZAPATA RODRIGUEZ Raquel	VETERANA B	(13)	C.A.R. MARISQUEIRO	54:30.167	13:58.313
30	10	FONSECA GARCIA Lucia	VETERANA B	(14)	RIZOS TEAM	54:41.868	14:10.014
31	32	BALIÑO GONZALEZ Ruth	VETERANA B	(15)	RIZOS TEAM	54:53.347	14:21.493
32	12	ANDRE ANTELA Maria	VETERANA A	(5)	BICITOUR NIGRAN	55:24.664	14:52.810
33	31	RODRIGUEZ ARCAJ Romina	VETERANA B	(16)		55:29.206	14:57.352
34	60	NOGUEIRA CASAS Lucia	VETERANA B	(17)		55:37.363	15:05.509
35	18	NOVO PEREIRA Noemi	SÉNIOR FEM	(9)	EY RUNNERS	55:41.723	15:09.869
36	14	FERNANDEZ GIRALDEZ Angela	SUB 25 FEM	(5)	CIBUS SIRGON	55:44.703	15:12.849
37	19	VIANO CASTANEDA Noa	SUB 25 FEM	(6)	EY RUNNERS	55:53.840	15:21.986
38	6	CARRERA DE OLIVEIRA Ana Carolina	SÉNIOR FEM	(10)	GRIMO	56:31.457	15:59.603
39	84	VARELA DE LIMIA DE COMINGES Maria Felisa	VETERANA A	(6)		56:32.372	16:00.518
40	69	VARELA DE LIMIA COMINGES Sofia	VETERANA B	(18)		56:32.535	16:00.681
41	81	BAS GIL Candela	SUB 25 FEM	(7)		56:34.998	16:03.144
42	3	PAZ OLIVEIRA Natalia	VETERANA B	(19)	MÁIS QUE AUGA	56:47.678	16:15.824
43	73	SARABIA VIDAL Montse	VETERANA B	(20)		57:12.756	16:40.902
44	82	OTERO FUERTES Paz	VETERANA A	(7)		57:13.504	16:41.650



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45	2	FERREIRO GONZALEZ Tamara	SÉNIOR FEM	(11)		57:23.419	16:51.565
46	320	RECOUSO Tanya	VETERANA A	(8)		57:23.934	16:52.080
47	43	LORENZO FERNANDEZ Maria Teresa	VETERANA B	(21)		57:53.561	17:21.707
48	87	CARRO FEAS Rosario	VETERANA B	(22)		58:01.083	17:29.229
49	28	SANTORIO DE FRUTOS Tatiana	VETERANA B	(23)	ATHLETICS FISIOTERAPIA SAN LÁZ	58:19.015	17:47.161
50	34	PEREIRA RODRIGUEZ Mar	VETERANA B	(24)		58:31.529	17:59.675
51	29	GARCIA ALVAREZ Toñi	VETERANA B	(25)	CIBUS	58:32.020	18:00.166
52	51	IBARRETXE MARTINEZ Arantzazu	VETERANA B	(26)	L@S INSENSAT@S	58:39.896	18:08.042
53	41	MARTINEZ COMESAÑA Lucia	VETERANA B	(27)	C.A.R. MARISQUEIRO	58:52.997	18:21.143
54	39	MARTINEZ COMESAÑA Isabel	VETERANA B	(28)	C.A.R. MARISQUEIRO	58:53.022	18:21.168
55	67	MERENCIANO AGUIRRE Elena	VETERANA A	(9)		59:00.708	18:28.854
56	26	CUEVAS RIOBO Karen Heisel	SÉNIOR FEM	(12)	X-ONE	59:08.583	18:36.729
57	42	ALVAREZ COMESAÑA Monica	VETERANA C	(1)	ATHLETICS FISIOTERAPIA SAN LÁZ	59:33.568	19:01.714
58	76	VIÑAS ROMERO Silvia	VETERANA B	(29)	BIKILA	59:35.444	19:03.590
59	86	CARNERO LLAUGER Maria	VETERANA B	(30)	BIKILA	59:35.466	19:03.612
60	74	HUIDOBRO PICATOSTE Marta	SÉNIOR FEM	(13)		1h00:16.177	19:44.323
61	65	VARELA RODRIGUEZ Elena	VETERANA A	(10)		1h00:16.998	19:45.144
62	21	BERRIDE SOTO Lucia	VETERANA B	(31)		1h00:22.833	19:50.979
63	25	LOPEZ FERNANDEZ Maria	SÉNIOR FEM	(14)		1h00:29.397	19:57.543
64	68	VARELA DE LIMIA COMINGES Isabel	VETERANA B	(32)		1h01:38.092	21:06.238
65	63	GONZALEZ DE LA CUESTA Sofia	VETERANA B	(33)		1h02:26.467	21:54.613
66	20	CARRERA PEREIRA Patricia	VETERANA B	(34)		1h02:47.491	22:15.637
67	49	RIVAS Belen	VETERANA A	(11)	ALTAFIT	1h02:59.586	22:27.732
68	78	ROMAN TEIJEIRO Eva	SUB 25 FEM	(8)		1h06:36.921	26:05.067
69	75	HUIDOBRO PICATOSTE Beatriz	SUB 25 FEM	(9)		1h06:49.483	26:17.629
70	5	PEREZ GALLEGRO Maria Teresa	VETERANA B	(35)	CHACARITA TEAM	1h07:19.906	26:48.052
71	4	ROSELLO CABELLO Beatriz	SÉNIOR FEM	(15)	MÁIS QUE AUGA	1h08:20.305	27:48.451
72	23	FERNANDEZ MARTIN Tania	VETERANA B	(36)		1h08:54.126	28:22.272
73	77	LORENZO FERNANDEZ Atenea	VETERANA A	(12)		1h11:12.151	30:40.297
74	48	RODAL Maria	VETERANA B	(37)	RUN&TRI	1h13:43.581	33:11.727

10K HOMES

1	186	TRONCOSO GARRIDO David	SÉNIOR	(1)	CLUB DEPORTIVO DELIKIA	33:55.359	
2	138	BASTOS DASILVA Jose Alberto	VETERÁN B	(1)	ADN RUNNERS-TELMO PELUQUEROS F	33:58.477	3.118
3	274	LAGO MONROY Ismael	VETERÁN A	(1)	SAN MIGUEL DE MARÍN	34:31.000	35.641
4	286	BARGIELA ARAUJO Daniel	VETERÁN B	(2)	BIKILA	34:36.163	40.804
5	240	FERNANDEZ ENCINA Alberto	VETERÁN A	(2)	CLUB DEPORTIVO DELIKIA	35:58.360	2:03.001
6	293	GARCIA QUEROL Pablo	VETERÁN A	(3)	CLUB DEPORTIVO DELIKIA	35:59.109	2:03.750
7	300	FORTES MONTENEGRO Ricardo	VETERÁN A	(4)	TANINOS RUNNERS PONTEAREAS	36:02.016	2:06.657
8	183	VAZQUEZ PAVON Roberto	VETERÁN A	(5)	TANINOS RUNNERS PONTEAREAS	36:09.539	2:14.180
9	167	AMIGO ALVAREZ Borja	SÉNIOR	(2)	TRINORTH	36:18.798	2:23.439
10	200	MARTINEZ VILLASUR David	VETERÁN A	(6)	C.A. SABOREA 4 CANTONES	36:21.376	2:26.017
11	244	MURIAS RODRIGUEZ Alejandro	VETERÁN A	(7)	RUN&TRI	37:37.078	3:41.719
12	307	LIEBANAS MENDEZ Antonio	VETERÁN B	(3)	ATLETISMO BAIONA	37:46.360	3:51.001



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13	178	MARTINEZ LORENZO Daniel	VETERÁN B	(4)	BUDIÑORAI	38:03.164	4:07.805
14	189	PARDO JORGE Jesus	VETERÁN A	(8)	TRINORTH	38:08.016	4:12.657
15	256	RODAL CARAMES German	VETERÁN A	(9)		38:29.180	4:33.821
16	278	TEIJIZ VEIGA Ismael	VETERÁN A	(10)	RUN&TRI	38:55.047	4:59.688
17	229	LOPEZ DOMINGUEZ Javier	VETERÁN B	(5)	LODEIROS TRAIL	39:16.219	5:20.860
18	318	LOPEZ MARTINEZ Alfonso	VETERÁN B	(6)	CLUB DEPORTIVO DELIKIA	39:17.978	5:22.619
19	154	FERREIRA LAREDO David	VETERÁN B	(7)	CASTRELOS KM.0	39:21.118	5:25.759
20	215	ALVAREZ OTERO Jose Antonio	VETERÁN B	(8)		39:22.688	5:27.329
21	312	FERNANDEZ CASAIS Adrian	VETERÁN A	(11)		39:26.743	5:31.384
22	308	PARRA GARCIA Eduardo	VETERÁN B	(9)		39:26.837	5:31.478
23	177	SIERRA PORTO Victor	VETERÁN A	(12)		39:27.353	5:31.994
24	288	SANCHEZ MOREIRA Ricard	VETERÁN B	(10)	CIBUS TEAM	39:50.392	5:55.033
25	226	ALVAREZ MIRANDA Jose Luis	VETERÁN B	(11)	CIBUS TEAM	40:05.884	6:10.525
26	159	GARCIA GARCIA Oscar	VETERÁN B	(12)	C.D. PINARIUM	40:22.501	6:27.142
27	136	LAGO GOBERNA Francisco Javier	VETERÁN B	(13)	FLORISTERÍA CARMEN SÍO	40:37.033	6:41.674
28	224	GAGO SANCHEZ Antolin	VETERÁN B	(14)		40:49.830	6:54.471
29	310	CABALEIRO GARCIA Jose Manuel	VETERÁN B	(15)	CIBUS SIRGON	41:02.065	7:06.706
30	298	GONZALEZ CASTRO Pedro	SUB 25	(1)		41:25.619	7:30.260
31	210	VAZQUEZ GONZALEZ Javier	SÉNIOR	(3)	MÁIS QUE AUGA	41:32.417	7:37.058
32	88	ARIAS COSTAS Eduardo	VETERÁN B	(16)	ATHLETICS FISIOTERAPIA SAN LÁZ	41:37.079	7:41.720
33	316	MERA RODRIGUEZ Jose Carlos	VETERÁN B	(17)	PONTE A CORRER	42:17.649	8:22.290
34	101	ALONSO ALVAREZ Jose Carlos	VETERÁN B	(18)	ATHLETICS FISIOTERAPIA SAN LÁZ	42:32.322	8:36.963
35	155	COMESAÑA SAA Daniel	VETERÁN A	(13)	L@S INSENSAT@S	42:33.962	8:38.603
36	220	NAVIA IGLESIAS Ruben	VETERÁN A	(14)	BIKILA	42:38.603	8:43.244
37	153	VARA ADRIO Iago	VETERÁN B	(19)	SIRENO TRIATLÓN CLUB	42:46.759	8:51.400
38	251	ROCA ROMERO Gonzalo	VETERÁN A	(15)		42:50.064	8:54.705
39	106	NUÑEZ PARADA Sergio	VETERÁN A	(16)	SEMPRE LA	42:52.407	8:57.048
40	196	AGREDA CASTRO Alex	SÉNIOR	(4)		43:21.141	9:25.782
41	313	LOPEZ FERNANDEZ Hugo	VETERÁN A	(17)	CIBUS SIRGON	43:26.837	9:31.478
42	230	PIÑEIRO Arturo	SÉNIOR	(5)	PORCOS CELTAS	43:32.299	9:36.940
43	217	LISTE BASCOY Alex	VETERÁN B	(20)	CLUB DEPORTIVO DELIKIA	43:42.774	9:47.415
44	264	LUSQUIÑOS GARCIA Modesto	VETERÁN B	(21)	NOSPORTLIMIT	43:43.243	9:47.884
45	250	LORENZO UZ Alberto	VETERÁN B	(22)	CIBUS SIRGON	43:49.759	9:54.400
46	180	FERNANDEZ MARTINEZ Sergio	SÉNIOR	(6)	PORCOS CELTAS	44:09.823	10:14.464
47	187	RODRIGUEZ REY Sergio	SÉNIOR	(7)		44:18.283	10:22.924
48	296	DARRIBA BARBA Abel	VETERÁN A	(18)	ASOCIACIÓN DEPORTIVA C.A.R.	44:21.446	10:26.087
49	149	RODRIGUEZ BANDE Carlos	VETERÁN B	(23)		44:38.720	10:43.361
50	227	FERNANDEZ DA SILVA Marcial	VETERÁN B	(24)	L@S INSENSAT@S	45:07.689	11:12.330
51	263	CABACO CAMPOS Jose Manuel	VETERÁN A	(19)		45:08.696	11:13.337
52	213	TRIMARCHI Sebastian	VETERÁN A	(20)	RUNYTRI	45:17.603	11:22.244
53	277	COMESAÑA Luis	VETERÁN A	(21)	ATHLETICS FISIOTERAPIA SAN LÁZ	45:20.158	11:24.799
54	163	BALLESTA LOPEZ Javier	VETERÁN B	(25)	CIBUS	45:24.868	11:29.509
55	170	GONZALEZ MACIEL Jose Luis	VETERÁN B	(26)	RIZOS TEAM	45:36.611	11:41.252
56	214	REY GONZALEZ Fernando	VETERÁN B	(27)	CLUB ATLETISMO SALVATERRA	45:58.829	12:03.470
57	134	COSTAS RODRIGUEZ Marcos	VETERÁN A	(22)	EY RUNNERS	46:10.970	12:15.611
58	279	PEITEADO RUIZ Guillermo	VETERÁN B	(28)	ATHLETICS FISIOTERAPIA SAN LÁZ	46:17.017	12:21.658



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59	171	SANCHEZ OTERO Oswaldo	VETERÁN B	(29)	TNT GHERRILLEIROS	46:31.502	12:36.143
60	128	PEREIRA Ismael	SÉNIOR	(8)	RAGNAROK OCR	46:36.119	12:40.760
61	169	GOMEZ LOPEZ Pablo	VETERÁN A	(23)	L@S INSENSAT@S	46:38.257	12:42.898
62	140	LOPEZ DE LERMA CASAS Miguel Angel	VETERÁN B	(30)	PONTE A CORRER	46:48.987	12:53.628
63	205	RODRIGUEZ GARCIA Alvaro	VETERÁN A	(24)		46:54.370	12:59.011
64	299	MATALOBOS Daniel	VETERÁN A	(25)		46:56.227	13:00.868
65	315	RODRIGUEZ CASTRO Javier	VETERÁN B	(31)		46:57.471	13:02.112
66	206	BRAÑA VIDAL Carlos	VETERÁN B	(32)	FLORISTERÍA CARMEN SÍO	47:06.729	13:11.370
67	317	RUIZ GARCIA Carlos	VETERÁN B	(33)	PONTE A CORRER	47:13.900	13:18.541
68	181	FERRO Javier	VETERÁN B	(34)	ATHLETICS FISIOTERAPIA SAN LÁZ	47:16.079	13:20.720
69	208	COMESAÑA Brais	SÉNIOR	(9)	CLUB DEPORTIVO DELIKIA	47:24.213	13:28.854
70	198	VARELA VILLANUEVA Eduardo	VETERÁN B	(35)		47:25.713	13:30.354
71	124	GONZALEZ MOURIÑO Iago	SÉNIOR	(10)	TRIATLÓN MAR DE VIGO	47:28.501	13:33.142
72	304	OTERO GIRALDEZ Miro	VETERÁN C	(1)		47:35.392	13:40.033
73	144	VALLERY Gaspard	SÉNIOR	(11)		47:46.151	13:50.792
74	122	VILLAR PEREIRA Jose Gabriel	VETERÁN A	(26)	CIBUS SIRGON	47:49.221	13:53.862
75	166	RODRIGUEZ ROMAN Ruben	VETERÁN B	(36)		47:58.971	14:03.612
76	182	CHERIF Karim	VETERÁN B	(37)		48:09.425	14:14.066
77	275	COCA Carlos	SÉNIOR	(12)		48:39.237	14:43.878
78	231	RODILLA Ivan	VETERÁN B	(38)		48:41.392	14:46.033
79	197	TIZON CANEIRO Jorge	SÉNIOR	(13)		48:43.595	14:48.236
80	291	ALONSO MORA Edu	VETERÁN A	(27)		48:44.486	14:49.127
81	129	FERNANDEZ VAYO Ruben Francisco	VETERÁN B	(39)	GRIMO	48:45.048	14:49.689
82	252	VIEIRA MONTENEGRO Eduardo	VETERÁN C	(2)		48:53.040	14:57.681
83	218	RODRIGUEZ FLORES Marco Antonio	VETERÁN A	(28)		49:02.609	15:07.250
84	150	PEREIRA FERNANDEZ Daniel	VETERÁN A	(29)	X-ONE	49:06.026	15:10.667
85	241	TIZON Juan	SÉNIOR	(14)	PORCOS CELTAS	49:15.049	15:19.690
86	132	VIDEIRA CORREA Alberto	VETERÁN C	(3)	EY RUNNERS	49:15.400	15:20.041
87	195	ALVAREZ DELGADO Brais	SUB 25	(2)		49:16.854	15:21.495
88	108	SERODIO GONZALEZ Dario	SÉNIOR	(15)	GRIMO	49:19.338	15:23.979
89	228	ALVES FREIRE Daniel	VETERÁN A	(30)		49:24.494	15:29.135
90	188	MELEIRO ARAUJO Cesar	VETERÁN A	(31)		49:25.714	15:30.355
91	223	NOBLESSE Thierry	VETERÁN B	(40)		49:27.237	15:31.878
92	289	VENTURA REGO Jorge	VETERÁN B	(41)	CLUB TRIATLÓN MAR DE VIGO	49:30.166	15:34.807
93	203	CAMBEIRO FERNANDEZ Manuel	VETERÁN B	(42)		49:30.541	15:35.182
94	245	SIEIRO MORGADE Sergio	SÉNIOR	(16)		49:30.611	15:35.252
95	266	ALONSO DE LA CAMPA Maximino	VETERÁN C	(4)		49:46.104	15:50.745
96	249	CHAMORRO RODRIGUEZ Eugenio	VETERÁN C	(5)	C.A.R. MARISQUEIRO	49:48.753	15:53.394
97	238	PEREZ Brais	SÉNIOR	(17)		49:50.228	15:54.869
98	280	HERNANDEZ BORREGO Miguel	VETERÁN C	(6)	MÁIS QUE AUGA	50:15.541	16:20.182
99	309	GONZALEZ PARDIÑAS Aleixandre	VETERÁN A	(32)	MERAKI SALUD FISIOTERAPIA	50:20.276	16:24.917
100	211	BENATTI Gustavo Eduardo	VETERÁN A	(33)	CORREDORES FESTEIROS CENTRAL	50:24.824	16:29.465
101	156	PEREZ RODRIGUEZ Marcos	SÉNIOR	(18)		50:28.081	16:32.722
102	121	CARRERA COSTAS Diego	VETERÁN B	(43)	MERAKI SALUD FISIOTERAPIA	50:30.780	16:35.421
103	273	MUÑOZ PADIN David	VETERÁN B	(44)	MÁIS QUE AUGA	50:31.268	16:35.909
104	207	PORTAS RIVAS Iago	SÉNIOR	(19)		50:32.627	16:37.268



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105	209	CODON VEGA Alfonso	VETERÁN B	(45)	C.A.R. MARISQUEIRO	50:35.651	16:40.292
106	185	BENAVIDES HERNANDEZ Fernando	VETERÁN B	(46)	ATHLETICS FISIOTERAPIA SAN LÁZ	50:48.986	16:53.627
107	164	MIGUEZ VILLAR Pedro Jesus	VETERÁN B	(47)		50:49.409	16:54.050
108	225	MARTINEZ DOBALO David	VETERÁN B	(48)	CROSSBEERS	51:11.440	17:16.081
109	143	FERNANDEZ CLEMENTE Carlos	VETERÁN C	(7)		51:12.916	17:17.557
110	301	PEREIRA PEREZ Celso Emilio	VETERÁN B	(49)	RIZOS TEAM	51:20.135	17:24.776
111	194	TOURIÑO CHAYAN Manuel	VETERÁN A	(34)		51:22.174	17:26.815
112	151	ALVAREZ CASTRO Xohan	VETERÁN B	(50)		51:23.135	17:27.776
113	110	FIDALGO IGLESIAS Manuel	VETERÁN C	(8)	EY RUNNERS	51:32.000	17:36.641
114	139	SILVA CID Felipe	VETERÁN B	(51)		51:45.426	17:50.067
115	305	FROIZ LAREU Andres	VETERÁN B	(52)	TNT GHERRILLEIROS	51:52.245	17:56.886
116	165	GONZALEZ MARTINEZ Fernando	VETERÁN B	(53)		51:57.496	18:02.137
117	247	CASTIÑEIRA Javier	VETERÁN B	(54)	ADN RUNNERS-TELMO PELUQUEROS F	52:08.463	18:13.104
118	284	ROMERO RODRIGUEZ Alvaro	SÉNIOR	(20)		52:12.683	18:17.324
119	265	FENOLLERA BOLIBAR Santiago	VETERÁN B	(55)		52:24.378	18:29.019
120	222	NOVAS CANABAL Diego	VETERÁN A	(35)		52:35.112	18:39.753
121	219	ROUXEL Julien Daniel	VETERÁN B	(56)		52:42.776	18:47.417
122	193	DOMINGUEZ ERQUICIA Pablo	SÉNIOR	(21)		52:46.714	18:51.355
123	235	RODRIGUEZ RIAL Juan Carlos	VETERÁN B	(57)	CLUB TRIATLÓN MAR DE VIGO	53:06.144	19:10.785
124	135	LARA PEREZ Jose	VETERÁN B	(58)		53:11.230	19:15.871
125	176	BLANCO Alfonso	VETERÁN C	(9)		53:18.917	19:23.558
126	115	MATALA ALVAREZ Tareg	SÉNIOR	(22)	CHOCOKIWI	53:28.903	19:33.544
127	294	MILES Daniel	VETERÁN B	(59)		53:31.434	19:36.075
128	254	DOMINGUEZ BARCIA David	VETERÁN B	(60)	ASOCIACIÓN DEPORTIVA C.A.R.	53:36.027	19:40.668
129	105	FERNANDEZ GALLEGO Alberto	VETERÁN C	(10)	CLUB DE PIRAGUISMO OLIVICO	53:38.418	19:43.059
130	191	RODRIGUEZ FOLGAR Cesar	VETERÁN B	(61)		53:40.480	19:45.121
131	147	PEREZ ALVAREZ Juan	SÉNIOR	(23)	EY RUNNERS	53:43.785	19:48.426
132	314	SEIJO DE BERNARDO Eduardo	SÉNIOR	(24)		53:45.636	19:50.277
133	126	LOPEZ Carlos	VETERÁN B	(62)		53:46.199	19:50.840
134	285	MARTINEZ RODRIGUEZ Tony	VETERÁN B	(63)		53:53.465	19:58.106
135	116	RIOS CERVANTES Fernando	VETERÁN B	(64)	CROSSBEERS	53:58.926	20:03.567
136	287	VAZQUEZ GESTAL Marcos	VETERÁN B	(65)		54:04.270	20:08.911
137	201	IGLESIAS GROBAS Ignacio Jose	VETERÁN B	(66)	CLUB ATLETISMO FLORISTERIA CAR	54:06.496	20:11.137
138	114	SEOANE VELOSO Xavier	SÉNIOR	(25)	C.A. SABOREA 4 CANTONES	54:11.769	20:16.410
139	125	ALONSO MARTINEZ Ivan	VETERÁN B	(67)		54:20.090	20:24.731
140	257	PEREZ CABALEIRO Miguel Angel	VETERÁN A	(36)		54:25.035	20:29.676
141	297	MACEIRA MESIAS Juan	VETERÁN B	(68)		54:25.340	20:29.981
142	137	SILVA POMBO Pablo	SÉNIOR	(26)		54:32.232	20:36.873
143	239	FERNANDEZ VAZ Daniel	SUB 25	(3)		54:39.754	20:44.395
144	112	MARTINEZ REQUEJO Carlitos	VETERÁN C	(11)	CIBUS	54:41.869	20:46.510
145	152	BLANCO GARCIA Francisco Damian	VETERÁN B	(69)	C.A.R. MARISQUEIRO	54:46.902	20:51.543
146	261	DURAN LAGO Fernando	VETERÁN C	(12)		54:50.606	20:55.247
147	146	BLACH MACIEL Ricardo	SÉNIOR	(27)	EY RUNNERS	55:04.785	21:09.426
148	117	PEREZ RODAL Juan Jose	VETERÁN C	(13)	LODEIROS TRAIL	55:23.161	21:27.802
149	118	COIRA SANCHEZ Pedro	VETERÁN B	(70)	CIBUS SIRGON	55:23.633	21:28.274
150	145	PANIAGUA PEREZ Antonio	VETERÁN A	(37)		55:28.503	21:33.144



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151	292	CARREJA FERNANDEZ Borja	SÉNIOR	(28)		55:30.942	21:35.583
152	120	RODRIGUEZ GONZALEZ Gabriel	SÉNIOR	(29)	RIZOS TEAM	55:37.364	21:42.005
153	259	SANCHEZ NOGUEIRA Victor	SUB 25	(4)		55:37.691	21:42.332
154	113	IGLESIAS PEREZ Antonio	VETERÁN B	(71)	RIZOS TEAM	55:39.660	21:44.301
155	123	FERNANDEZ RODRIGUEZ Enrique	VETERÁN B	(72)	KINDER+SPORT	55:45.005	21:49.646
156	202	ARTIME MARTINEZ Eloy	VETERÁN A	(38)		55:48.383	21:53.024
157	243	DOMINGUEZ PEREZ Oscar	VETERÁN A	(39)		55:49.504	21:54.145
158	236	ALONSO GUINDE Alberto	SÉNIOR	(30)		55:49.762	21:54.403
159	302	ESTEVEZ BOUZA Borja	VETERÁN A	(40)		55:54.449	21:59.090
160	130	PEREIRO SANTIN Ramon	VETERÁN B	(73)	GRIMO	56:09.613	22:14.254
161	242	DEL CAÑO CASTRO Miguel	VETERÁN A	(41)		56:25.997	22:30.638
162	141	GUAMA MENA Patricio	VETERÁN B	(74)	PADELEROS	56:28.129	22:32.770
163	282	PANTEON Daniel	VETERÁN A	(42)	BICITOUR NIGRAN	56:40.271	22:44.912
164	281	VILAN Victor	VETERÁN B	(75)	BICITOUR NIGRAN	56:40.317	22:44.958
165	258	LOPEZ FERNANDEZ Jose Manuel	VETERÁN B	(76)		57:24.685	23:29.326
166	173	LAGO Miguel	VETERÁN A	(43)		57:29.254	23:33.895
167	276	CALVO TORRIJOS Luis Manuel	VETERÁN B	(77)		57:33.919	23:38.560
168	268	ORTEGA JAIMES Greory	VETERÁN B	(78)		57:33.942	23:38.583
169	212	PUJALES LORENZO Jose	VETERÁN B	(79)		57:38.466	23:43.107
170	306	ZAPATERO VARELA DE LIMIA Luis	SUB 25	(5)		57:57.848	24:02.489
171	184	VERDEAL GONZALEZ Basilio	VETERÁN C	(14)		58:31.039	24:35.680
172	172	GONZALEZ MATOS Daniel	VETERÁN B	(80)		58:31.341	24:35.982
173	267	BARRERAS GARCIA-REBOREDO Juan	VETERÁN C	(15)		58:44.934	24:49.575
174	269	VIEJO Alberto	VETERÁN B	(81)	SIN EQUIPO	58:44.982	24:49.623
175	127	TIZON FREIRIA Xerman	VETERÁN B	(82)	SEMPRE LA	58:51.685	24:56.326
176	142	GUAMA HEREDIA Edwin	VETERÁN A	(44)	PADELEROS	58:54.502	24:59.143
177	246	PEREIRA GONZALEZ Cristian Camilo	SUB 25	(6)		59:05.209	25:09.850
178	255	PEREZ NUÑEZ Francisco Luis	VETERÁN B	(83)		59:26.795	25:31.436
179	102	FERNANDEZ NUÑEZ Jose Eusebio	VETERÁN B	(84)		1h00:03.310	26:07.951
180	107	AMOEDO COLLAZO Marcos	VETERÁN B	(85)	RAGNAROK OCR	1h00:19.060	26:23.701
181	179	AMOEDO COLLAZO David	VETERÁN B	(86)	ESPARTAN@S CHIFLAD@S	1h00:19.342	26:23.983
182	283	RESUA EIRAS David	VETERÁN A	(45)	CHUZAS OLÍMPICOS	1h00:21.005	26:25.646
183	303	FUERTES EBOL Herbert	VETERÁN A	(46)		1h00:24.497	26:29.138
184	233	DIAZ SANDOVAL Gustavo Javier	SÉNIOR	(31)	MÁIS QUE AUGA	1h00:30.217	26:34.858
185	295	VAZQUEZ LOSADA Alejandro	VETERÁN A	(47)		1h00:54.124	26:58.765
186	270	ROCHA DOVAL Ricardo	VETERÁN B	(87)		1h01:27.802	27:32.443
187	234	DE COMINGES CACERES Javier	VETERÁN A	(48)		1h02:23.443	28:28.084
188	232	FERNANDEZ POL Oscar	VETERÁN B	(88)		1h02:23.702	28:28.343
189	104	MARTINEZ GOMEZ Pakinho	VETERÁN B	(89)	GALLAECIA JASTANDOSAPATILLA	1h02:42.289	28:46.930
190	199	HERVES ESTEVEZ Javi	VETERÁN B	(90)	CHOCOKIWI	1h02:59.141	29:03.782
191	103	FERNANDEZ OYA Yago	VETERÁN A	(49)		1h03:47.162	29:51.803
192	290	MENDEZ BREA Santiago	VETERÁN B	(91)	PONTE A CORRER	1h03:51.685	29:56.326
193	148	RECOUSO VIQUEIRA Fernando	SÉNIOR	(32)	EY RUNNERS	1h03:53.233	29:57.874
194	131	MEDIERO VEIRA Jorge	VETERÁN A	(50)	EY RUNNERS	1h03:58.460	30:03.101
195	262	PAINCEIRA MACIÑEIRAS Jorge	VETERÁN C	(16)		1h06:57.196	33:01.837
196	158	LORENZO LEAL Lucas	SUB 25	(7)		1h07:47.727	33:52.368



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197	161	RODRIGUEZ TORNOS Manuel	VETERÁN B	(92)		1h08:24.664	34:29.305
198	221	CASARES VAZQUEZ Luis	VETERÁN B	(93)		1h08:54.408	34:59.049

5K MULLERES

1	549	VILAR PALMA Ana Paula	VETERANA B	(1)	COMESAÑA SPORTING CLUB	21:21.253	
2	578	CABALEIRO CARREIRA Maria Teresa	VETERANA A	(1)		23:43.520	2:22.267
3	574	PUIME MIGUEZ Ana	VETERANA B	(2)	EQUILATERO BOUTIQUE GYM	23:46.801	2:25.548
4	626	ALONSO PARENTE Patricia	VETERANA B	(3)	BIKILA	23:56.012	2:34.759
5	568	RIVAS PIÑEIRO Claudia	SUB 25 FEM	(1)	ATLETISMO SAMERTOLAMEU	24:49.801	3:28.548
6	684	CODINA PRATS Sara	SUB 25 FEM	(2)		24:50.223	3:28.970
7	522	VIDAL FERNANDEZ Alexandra	SUB 25 FEM	(3)	CLUB DEPORTIVO DELIKIA	25:17.106	3:55.853
8	512	PEREZ MARTI Paula	SUB 25 FEM	(4)		25:17.176	3:55.923
9	523	VIDAL LORENZO Emilia	VETERANA B	(4)	MÁIS QUE AUGA	25:19.754	3:58.501
10	875	TRONCOSO DOMÍNGUEZ Sheila	SÉNIOR FEM	(1)		26:05.762	4:44.509
11	665	CASTRO GONZALEZ Isabel	SÉNIOR FEM	(2)		26:05.833	4:44.580
12	661	JORGE Mónica	VETERANA B	(5)		26:29.037	5:07.784
13	681	VILLAMOR PRIETO Inés	VETERANA B	(6)		26:37.052	5:15.799
14	630	CASAL MARTINEZ Marina	VETERANA A	(2)		26:43.942	5:22.689
15	547	PARGA VISO Uxía	SUB 25 FEM	(5)	CLUB TRIATLÓN MAR DE VIGO	26:53.622	5:32.369
16	636	RAMOS PRINO Mel	SÉNIOR FEM	(3)		26:56.552	5:35.299
17	600	PEREZ Ainhoa	SUB 25 FEM	(6)		26:56.623	5:35.370
18	690	FERNANDEZ PAZOS Luz	VETERANA C	(1)		27:06.137	5:44.884
19	551	ESTEVEZ Estefanía	SÉNIOR FEM	(4)	ASOCIACIÓN DEPORTIVA C.A.R.	27:11.786	5:50.533
20	619	ESTEVEZ Lara	VETERANA A	(3)		27:11.832	5:50.579
21	688	GONZALEZ ENES Laura	VETERANA A	(4)		27:16.850	5:55.597
22	587	CABANELAS Celeste	SÉNIOR FEM	(5)		27:17.505	5:56.252
23	654	LEMONS LOPEZ Vanesa	VETERANA A	(5)	MÁIS QUE AUGA	27:44.575	6:23.322
24	677	CANABAL VILLAVERDE Isa	VETERANA B	(7)	BORGWARNER	27:47.107	6:25.854
25	536	FERNANDEZ IGLESIAS Flora	VETERANA B	(8)		27:48.888	6:27.635
26	695	DOPAZO María	VETERANA A	(6)		27:58.006	6:36.753
27	542	PINTOS ROSALES Irene	VETERANA B	(9)		28:00.325	6:39.072
28	514	MIRAS POSADA Marina	VETERANA B	(10)	ANISETES	28:00.865	6:39.612
29	539	GULDRIS COSTAS Carla	SÉNIOR FEM	(6)		28:05.698	6:44.445
30	644	BOUZO PEREIRA Melisa	VETERANA A	(7)		28:08.276	6:47.023
31	710	ROSAL GOMEZ Rocío	VETERANA A	(8)		28:23.977	7:02.724
32	671	CASTIÑEIRA LAMPON Susana	SUB 25 FEM	(7)		28:28.615	7:07.362
33	543	PALACIOS CIDRAS Alexia	VETERANA A	(9)		28:28.686	7:07.433
34	706	SANTOS GONZALEZ Andrea	SÉNIOR FEM	(7)		28:39.138	7:17.885
35	692	VAZQUEZ MAYO Monica	VETERANA B	(11)	MÁIS QUE AUGA	28:46.287	7:25.034
36	515	FERNANDEZ FERNANDEZ Raquel	VETERANA B	(12)		28:52.755	7:31.502
37	601	MEIRA Paula	SÉNIOR FEM	(8)		28:59.177	7:37.924
38	594	ALONSO BARBANCHO Vanessa	VETERANA B	(13)		28:59.295	7:38.042
39	705	DIAZ LOPEZ Rose Mary	VETERANA A	(10)		29:00.795	7:39.542
40	651	RODRIGUEZ RODRIGUEZ Maria	SÉNIOR FEM	(9)		29:05.271	7:44.018



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40	531	ABRIL GROBA Paula	SÉNIOR FEM	(9)		29:05.271	7:44.018
42	657	VAZQUEZ DE PARGA Rita	SUB 25 FEM	(8)	ATLETISMO FEMENINO CELTA	29:06.794	7:45.541
43	676	FERVENZA OTERO Charo	VETERANA A	(11)		29:10.802	7:49.549
44	675	RIVAS SANMARTIN Laura	SÉNIOR FEM	(11)		29:11.083	7:49.830
45	513	ZAMORA CASTRO Carmen	VETERANA B	(14)		29:12.232	7:50.979
46	929	CENTENO GARCIA Laura	SÉNIOR FEM	(12)		29:17.060	7:55.807
47	603	ARIAS TEJEDA Lidia	SÉNIOR FEM	(13)		29:17.693	7:56.440
48	548	ALVAREZ RODRIGUEZ Rosana	VETERANA B	(15)		29:22.218	8:00.965
49	589	LOPEZ CAMBA Raquel	VETERANA B	(16)		29:22.288	8:01.035
50	703	VAZQUEZ PAIS Marta	SUB 25 FEM	(9)		29:24.419	8:03.166
51	679	LORENZO FERNANDEZ Eva	SÉNIOR FEM	(14)		29:24.468	8:03.215
52	697	ALVAREZ FERNANDEZ Ana	SÉNIOR FEM	(15)		29:26.459	8:05.206
53	535	FONSECA GARCIA Beatriz	VETERANA B	(17)		29:37.006	8:15.753
54	556	ROCHA CRUCES Maria Carmen	VETERANA B	(18)	C.A.R. MARISQUEIRO	29:44.063	8:22.810
55	573	VILAR ESTEVEZ Rebeca	SÉNIOR FEM	(16)		29:47.552	8:26.299
56	516	MANEIRO CID Romina	VETERANA B	(19)	ANISETES	29:49.826	8:28.573
57	712	DIAZ PRADO Xiana	SÉNIOR FEM	(17)		29:51.701	8:30.448
58	570	BUENO MOGROVEJO Begoña	VETERANA B	(20)		30:03.818	8:42.565
59	702	RODRIGUEZ MARTINEZ Maria J.	VETERANA B	(21)		30:16.686	8:55.433
60	696	IGLESIAS MILLARES Beatriz	VETERANA B	(22)		30:16.755	8:55.502
61	591	JIMENEZ GONZALEZ Silvia	SÉNIOR FEM	(18)		30:21.608	9:00.355
62	711	SESTELO Rebeca	SÉNIOR FEM	(19)		30:30.091	9:08.838
63	520	CHINCHILLA JODAR Marta	SÉNIOR FEM	(20)		30:37.498	9:16.245
64	640	COSTAS Iria	VETERANA A	(12)		30:37.615	9:16.362
65	673	MENDEZ PENA Lina	VETERANA B	(23)		30:41.787	9:20.534
66	637	DIAZ-PACHE MACKINLAY Pilar	VETERANA B	(24)		30:43.803	9:22.550
67	664	RIVEIR Andrea	SÉNIOR FEM	(21)		30:44.507	9:23.254
68	653	FERNANDEZ VAZQUEZ-NOGUEROL Mar	SÉNIOR FEM	(22)		30:44.624	9:23.371
69	532	GONZALEZ COSTAS Nerea	SÉNIOR FEM	(23)		30:45.865	9:24.612
70	668	CASAL LORENZO Tania	VETERANA A	(13)		30:50.904	9:29.651
71	608	PEREZ GOMEZ Lorena	VETERANA A	(14)		30:54.092	9:32.839
72	701	DA VEIGA ALVAREZ Marta	VETERANA A	(15)	7UP	30:56.411	9:35.158
73	650	SOLIÑO SANTOS Rosa	SÉNIOR FEM	(24)		31:00.538	9:39.285
74	517	GARCIA CHENLO Lucía	SÉNIOR FEM	(25)		31:06.819	9:45.566
75	557	DOZO LEIRO Noelia	SÉNIOR FEM	(26)		31:07.687	9:46.434
76	646	GONZALEZ FARRE Iria	SÉNIOR FEM	(27)		31:11.601	9:50.348
77	623	BADA MOREIRA Patricia	VETERANA B	(25)		31:14.929	9:53.676
78	560	COÑAGO BARREIRO Mirian	SÉNIOR FEM	(28)		31:15.256	9:54.003
79	631	GONZALEZ ESTEVEZ Lorena	SÉNIOR FEM	(29)		31:25.499	10:04.246
80	586	BEIRO SUSO Nahir	SÉNIOR FEM	(30)		31:35.951	10:14.698
81	607	LOPEZ CARIDE Beatriz	VETERANA B	(26)		31:45.256	10:24.003
82	559	ALFAYA SANCHEZ-ESCOBERO Camino	SÉNIOR FEM	(31)		31:48.679	10:27.426
83	524	FERNANDEZ GONZALEZ Aria	SUB 25 FEM	(10)		31:51.842	10:30.589
84	680	GONZALEZ MERA Regina	VETERANA B	(27)	MÁIS QUE AUGA	31:54.959	10:33.706
85	635	RODRIGUEZ IGLESIAS Ana	VETERANA B	(28)	MÁIS QUE AUGA	31:55.170	10:33.917
86	507	FERNANDEZ VARELA Sara	SÉNIOR FEM	(32)		31:55.452	10:34.199





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87	503	PEREIRA FERNANDEZ Isabel	SÉNIOR FEM	(33)		31:55.499	10:34.246
88	521	HERMIDA RODRIGUEZ Catarina	SÉNIOR FEM	(34)		32:01.591	10:40.338
89	663	BARGIELA Cristina	VETERANA B	(29)		32:03.727	10:42.474
90	707	NUÑEZ PAZOS Sara	SÉNIOR FEM	(35)	MÁIS QUE AUGA	32:05.579	10:44.326
91	511	REGO Esther	VETERANA A	(16)		32:05.603	10:44.350
92	642	GALLEGO PIÑEIRO Sara	SÉNIOR FEM	(36)		32:09.211	10:47.958
93	689	VIDAL LINO María	SÉNIOR FEM	(37)		32:12.397	10:51.144
94	685	CASAS CRESPO Iria	VETERANA A	(17)		32:36.379	11:15.126
95	509	LORENZO VIDAL Sonia	VETERANA A	(18)	ASALTAMONTES FEMALE	32:42.036	11:20.783
96	519	CAAMAÑO FERNANDEZ Clara	SÉNIOR FEM	(38)		32:45.186	11:23.933
97	621	MARCHAN PEREZ Lorena	VETERANA A	(19)		32:53.154	11:31.901
98	605	CASTRO ESPINOZA Sari	VETERANA B	(30)		33:03.070	11:41.817
99	656	VILLAMOR REAL Belen	VETERANA B	(31)		33:14.483	11:53.230
100	624	ZUNZUNEGUI NAVIA Maria	SÉNIOR FEM	(39)	MÁIS QUE AUGA	33:15.819	11:54.566
101	649	PEREZ OTERO Paula	VETERANA A	(20)		33:51.187	12:29.934
102	615	ALONSO GALLEGO Vanesa	VETERANA A	(21)		33:58.734	12:37.481
103	518	NAYA FARALDO Lucía	SÉNIOR FEM	(40)		34:11.836	12:50.583
104	639	CORRAL SERTAL Miriam	SÉNIOR FEM	(41)		34:15.073	12:53.820
105	693	ASENSIO VARELA Sara	SÉNIOR FEM	(42)	MÁIS QUE AUGA	34:21.304	13:00.051
106	645	RIVERA IGLESIAS Susana	VETERANA A	(22)		34:31.068	13:09.815
107	652	GRANDAL VAZQUEZ Catuxa	VETERANA A	(23)		34:31.804	13:10.551
108	708	GUERRA GONZALEZ Silvia	SÉNIOR FEM	(43)		34:35.108	13:13.855
109	678	CONDE GALLASTEGUI Marta	SÉNIOR FEM	(44)	FITGAL	34:38.015	13:16.762
110	526	RODRIGUEZ GREGORES Ana	SÉNIOR FEM	(45)		34:44.554	13:23.301
111	525	FONTAN GONZALEZ Miriam	SÉNIOR FEM	(46)		34:44.577	13:23.324
112	622	LORENZO PICADO Leticia	VETERANA B	(32)	FITGAL	34:45.071	13:23.818
113	550	VARGAS BLANCO Lucia	SÉNIOR FEM	(47)		34:50.204	13:28.951
114	588	PIQUERAS ARES Verónica	VETERANA B	(33)		34:52.219	13:30.966
115	641	NUÑEZ FERNANDEZ Iria María	SUB 25 FEM	(11)		34:52.359	13:31.106
116	585	SUSO SANCHEZ Ester	VETERANA B	(34)		35:00.046	13:38.793
117	683	GUIMERANS SANTORIO Mar	VETERANA B	(35)		35:02.905	13:41.652
118	592	RODRIGUEZ PEREZ Elena	VETERANA B	(36)		35:07.312	13:46.059
119	606	LOPEZ GONZALEZ Lara	VETERANA B	(37)		35:10.991	13:49.738
120	554	ALVAREZ RODRIGUEZ Elena	VETERANA A	(24)		35:14.719	13:53.466
121	555	GONZALEZ MARTINEZ Xiana	VETERANA A	(25)		35:15.304	13:54.051
122	659	SOTO MARTINEZ Salomé	VETERANA A	(26)		35:23.718	14:02.465
123	617	RODRIGUEZ Uxía	SÉNIOR FEM	(48)		35:25.687	14:04.434
124	618	GARCIA Claudia	SÉNIOR FEM	(49)		35:25.804	14:04.551
125	616	GONZALEZ VILLANUEVA Regina	VETERANA B	(38)		35:27.447	14:06.194
126	709	COVELO MORILLO Susana	SÉNIOR FEM	(50)		35:27.936	14:06.683
127	627	MONTEMAYOR Lidia	VETERANA A	(27)		35:47.367	14:26.114
128	529	RODRIGUEZ CARDOSO Elena	SÉNIOR FEM	(51)		36:06.726	14:45.473
129	538	PEREZ MILLARA Begoña	VETERANA B	(39)		36:06.844	14:45.591
130	698	MARCHESE Beatriz	VETERANA B	(40)		36:07.172	14:45.919
131	611	FRANCISCO CASAL Maria	VETERANA B	(41)		36:12.774	14:51.521
132	593	ALONSO PEREIRA Fátima	SÉNIOR FEM	(52)		36:16.969	14:55.716



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133	501	GONZALEZ LAGE Ainhoa	VETERANA A	(28)		36:19.312	14:58.059
134	577	CAMPO BARREIRO Carmen	SUB 25 FEM	(12)		36:22.007	15:00.754
135	660	ROSENDE BAUTISTA María José	VETERANA B	(42)		36:22.617	15:01.364
136	596	RODRIGUEZ MIGUEZ Lara	SUB 25 FEM	(13)		36:37.430	15:16.177
137	620	GARCIA GARCIA Miriam	SÉNIOR FEM	(53)		36:39.188	15:17.935
138	553	GONZALEZ OLIVEIRA Mirian	SÉNIOR FEM	(54)		36:46.665	15:25.412
139	579	ADAME ALVAREZ Ana Cristina	SUB 25 FEM	(14)	AGRUPACION VIGUESA DE ATLETISM	36:48.656	15:27.403
140	576	PEREZ BLANCO Catalina	SUB 25 FEM	(15)		36:49.570	15:28.317
141	682	ALONSO PEREZ Mara	VETERANA B	(43)		37:11.039	15:49.786
142	597	ALVAREZ MIGUEZ Andrea	SUB 25 FEM	(16)		37:31.243	16:09.990
143	546	REGUEIRO FERNANDEZ Xoana	VETERANA B	(44)	TRIATLÓN MAR DE VIGO	37:33.071	16:11.818
144	629	ALARCON JURADO Yesenia	VETERANA A	(29)		37:44.532	16:23.279
145	558	LESTON BAUTISTA Natalia	SÉNIOR FEM	(55)		37:51.751	16:30.498
146	602	SAVIO CEREIJO Veronica	SÉNIOR FEM	(56)		37:57.868	16:36.615
147	604	GIMENEZ ALVAREZ Leticia	VETERANA B	(45)		38:01.829	16:40.576
148	938	RODRIGUEZ COMESAÑA Alejandra	SÉNIOR FEM	(57)		38:19.805	16:58.552
149	567	RODRIGUEZ COMESAÑA Daniela	SUB 25 FEM	(17)	EY RUNNERS	38:19.923	16:58.670
150	540	FERNANDEZ SAEZ Julia	VETERANA B	(46)		38:28.102	17:06.849
151	609	LION LOPEZ Marta	SUB 25 FEM	(18)		38:31.641	17:10.388
152	667	MARTINEZ PERALBA Elena	SUB 25 FEM	(19)		38:33.352	17:12.099
153	666	MARQUEZ SALGADO Laura	SÉNIOR FEM	(58)		38:33.376	17:12.123
154	632	LOPEZ PIDRE Andrea	SÉNIOR FEM	(59)		38:44.485	17:23.232
155	552	PARDELLAS PEREZ Melisa	SÉNIOR FEM	(60)		38:47.016	17:25.763
156	544	NOVOA FENTE Patricia	SÉNIOR FEM	(61)		39:00.071	17:38.818
157	672	CARRERA RIAL Mercedes	VETERANA B	(47)		39:18.915	17:57.662
158	625	ARAUJO PEREZ Silvia	VETERANA B	(48)		40:57.118	19:35.865
159	633	LOPEZ PIDRE Selene	VETERANA A	(30)		41:08.720	19:47.467
160	541	ESTEVEZ NOVO Rebeca	VETERANA B	(49)		41:39.037	20:17.784
161	643	CARRAL GOMEZ Lorena	VETERANA B	(50)		41:44.462	20:23.209
162	614	RODRIGUEZ BRANDARIZ Mercedes Isaura	VETERANA B	(51)		42:17.885	20:56.632
163	700	GARCIA Sofia	SUB 25 FEM	(20)		44:41.133	23:19.880
164	613	RODRIGUEZ RODRIGUEZ Verónica	SÉNIOR FEM	(62)		45:03.471	23:42.218
165	699	MARCHESE Ana	VETERANA B	(52)		45:46.806	24:25.553
166	575	FERNANDEZ SUAREZ Carmen	VETERANA B	(53)	MÁIS QUE AUGA	46:30.190	25:08.937
167	545	ALVAREZ RODRIGUEZ Ruth	VETERANA B	(54)	MÁIS QUE AUGA	46:30.213	25:08.960
168	634	DEL CAMPO RODRIGUEZ Patricia	VETERANA B	(55)		47:18.564	25:57.311
169	528	MINGUEZ MOLINA Susana	VETERANA A	(31)		48:34.526	27:13.273
170	502	SOLIÑO Andrea	VETERANA A	(32)		48:34.642	27:13.389
171	669	CASTRO Sonia	VETERANA A	(33)		52:24.401	31:03.148
172	670	MARTINEZ Belen	VETERANA B	(56)		52:25.081	31:03.828
173	655	BESADA FERNANDEZ Ester	VETERANA A	(34)		53:56.794	32:35.541
174	533	FERNANDEZ DOMINGUEZ Aitana	SUB 25 FEM	(21)	E.D. VIGO 2015	53:57.238	32:35.985
175	658	DOMINGUEZ COSTAS Margarita	VETERANA B	(57)	E.D. VIGO 2015	54:27.449	33:06.196
176	581	PAZO DOLDAN Margarita	VETERANA C	(2)		58:12.614	36:51.361
177	584	IGLESIAS MOLARES Sita	VETERANA C	(3)		58:13.036	36:51.783
178	580	RODRIGUEZ DOALLO Flor	VETERANA C	(4)		58:50.911	37:29.658



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179	583	CARRERA RODRIGUEZ Angeles	VETERANA C	(5)		58:51.731	37:30.478
180	861	NOVOA Emilia	VETERANA C	(6)	C.A.R. MARISQUEIRO	59:44.982	38:23.729
181	564	LAGO MARCUÑO Mireia	SÉNIOR FEM	(63)	EY RUNNERS	1h00:26.666	39:05.413
182	569	TOMBILLA BOLAS Marta	SÉNIOR FEM	(64)	EY RUNNERS	1h00:29.021	39:07.768
183	595	MIGUEZ FERNANDEZ Cristina	VETERANA B	(58)		1h00:44.443	39:23.190
184	674	ANGEL GANDARA Josefina	VETERANA B	(59)		1h00:52.623	39:31.370
185	506	RODRIGUEZ PEREIRA María Jesús	VETERANA B	(60)		1h04:48.358	43:27.105
186	508	PEREIRA FERNANDEZ Ana Belén	VETERANA B	(61)		1h08:37.461	47:16.208
187	504	FERNANDEZ DE LA CERA Isabel	VETERANA C	(7)		1h08:38.259	47:17.006
188	590	VILAR BARCIA Xaqueline	VETERANA B	(62)		1h11:08.823	49:47.570

5K HOMES

1	879	PIÑA CONSUEGRA Luis	SUB 25	(1)	CLUB DEPORTIVO DELIKIA	17:08.385	
2	919	OTERO AMOEDO Anxo	VETERÁN A	(1)	CAD SERVISUB BUEU	17:14.173	5.788
3	801	MONTERO BUJAN Aitor	SÉNIOR	(1)	AVIVA SPORT	17:45.533	37.148
4	911	ARIAS COSTAS Dario	VETERÁN B	(1)	ATHLETICS FISIOTERAPIA SAN LÁZ	18:05.553	57.168
5	890	RODRIGUEZ ANTON Adrian	SUB 25	(2)	CLUB DEPORTIVO DELIKIA	18:19.658	1:11.273
6	905	TORRESCUSA MOURIÑO Ricardo	SÉNIOR	(2)		18:26.924	1:18.539
7	853	BARGIELA MARTINEZ Jaime	SÉNIOR	(3)	CLUB DEPORTIVO DELIKIA	18:51.534	1:43.149
8	795	ULLA REGA Manuel	VETERÁN B	(2)	ASOCIACIÓN DEPORTIVA C.A.R.	19:00.791	1:52.406
9	928	VALENCIA RODRIGUEZ Cristian	SÉNIOR	(4)	C.A.R. MARISQUEIRO	19:02.690	1:54.305
10	899	LOPEZ MUÑIZ Manuel	VETERÁN A	(2)	CLUB TRIATLÓN MAR DE VIGO	19:16.987	2:08.602
11	896	PEREZ CONDE Kike	VETERÁN A	(3)		19:19.706	2:11.321
12	828	GARCIA FERNANDEZ Esteban	VETERÁN A	(4)		19:30.815	2:22.430
13	800	COSTAS COSTAS Miguel	VETERÁN B	(3)	MÁIS QUE AUGA	19:33.159	2:24.774
14	922	MIRANDA VIEITO Jose Manuel	VETERÁN B	(4)	ATHLETICS FISIOTERAPIA SAN LÁZ	19:50.901	2:42.516
15	912	COUCE SENRA oscar	VETERÁN B	(5)		20:03.324	2:54.939
16	863	LORENZO ALONSO Manuel Alejandro	VETERÁN B	(6)		20:05.081	2:56.696
17	773	ESTEVEZ Carlos	VETERÁN A	(5)		20:07.988	2:59.603
18	810	SERGIENKO Aleksei	VETERÁN A	(6)		20:21.465	3:13.080
19	865	PISOS Pedro	SÉNIOR	(5)	CLUB DEPORTIVO DELIKIA	20:27.581	3:19.196
20	780	ALONSO FERNANDEZ Alberto	VETERÁN B	(7)		20:31.521	3:23.136
21	752	CORTIZO BOULLOSA Miguel	VETERÁN A	(7)	ASOCIACIÓN DEPORTIVA C.A.R.	20:34.519	3:26.134
22	805	SALVATIERRA VELEIRO Miguel	SÉNIOR	(6)		20:51.653	3:43.268
23	781	FRIAS RODRIGUEZ Jose	VETERÁN B	(8)		20:57.535	3:49.150
24	791	GUERRERO MIQUILENO Ronaldo	SÉNIOR	(7)	S.A. VAL MIÑOR	21:08.622	4:00.237
25	850	COVELO COSTAS Ivan	VETERÁN A	(8)	YES24TEAM	21:13.379	4:04.994
26	852	NOVOA MOLARES Miguel	SÉNIOR	(8)	CLUB DEPORTIVO DELIKIA	21:43.449	4:35.064
27	808	RODRIGUEZ ALONSO Sedu	VETERÁN A	(9)		21:49.987	4:41.602
28	764	GALLIDORO DEL MONTE Jose Humberto	VETERÁN C	(1)	CLUB DEPORTIVO DELIKIA	21:52.050	4:43.665
29	775	FERREIRA ANTAS Victorman	VETERÁN B	(9)		22:01.965	4:53.580
30	913	SROKA Wojciech	SÉNIOR	(9)	S.A. VAL MIÑOR	22:10.497	5:02.112
31	760	ALONSO VEIGA Jose	VETERÁN B	(10)	ANISETES	22:23.480	5:15.095
32	840	COVELO COSTAS Daniel	VETERÁN A	(10)	YES24TEAM	22:46.732	5:38.347



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33	883	GARCIA ALVAREZ Javier	VETERÁN A	(11)		23:06.657	5:58.272
34	860	KARAMES Manuel	VETERÁN C	(2)	C.A.R. MARISQUEIRO	23:10.848	6:02.463
35	838	PEREZ SAYANS Juan Manuel	VETERÁN A	(12)		23:22.193	6:13.808
36	832	RODRIGUEZ PEREZ Jose Manuel	VETERÁN B	(11)	S.A. VAL MIÑOR	23:24.019	6:15.634
37	854	ARIAS PENAS Daniel	VETERÁN A	(13)		23:26.176	6:17.791
38	924	COSTAS Jose	SUB 25	(3)		23:34.097	6:25.712
39	756	PEREZ IGLESIAS Antonio	VETERÁN B	(12)		23:47.156	6:38.771
40	888	LONGO DOMINGUEZ Angel	VETERÁN B	(13)		23:58.097	6:49.712
41	895	ALVAREZ Andres	VETERÁN B	(14)	IMAXINATEA ESCOLA DE TEATRO	23:59.996	6:51.611
42	885	TENORIO COSTA Jaime	SUB 25	(4)	ATLETISMO SAMERTOLAMEU	24:23.669	7:15.284
43	841	MADERA RODRIGUEZ Lucas	SUB 25	(5)		24:23.926	7:15.541
44	798	DE SOTO Jesus	VETERÁN A	(14)		24:26.622	7:18.237
45	870	RODRIGUEZ VAZQUEZ Emilio	VETERÁN B	(15)		24:34.543	7:26.158
46	804	SEGUIN CID Severino	VETERÁN C	(3)	RUNNING LUSEKELO	24:51.371	7:42.986
47	758	LORENZO COSTAS Francisco	SUB 25	(6)		24:52.567	7:44.182
48	904	PEREZ LAMARCA David	SÉNIOR	(10)		25:01.848	7:53.463
49	765	GONZALEZ SAMPERE Aaron	SÉNIOR	(11)		25:08.645	8:00.260
50	916	REIJA CHAO Alejo	SÉNIOR	(12)		25:20.762	8:12.377
51	818	CABEZAS VILA Valeriano	VETERÁN B	(16)		25:22.472	8:14.087
52	842	ALONSO CARRERA Daniel	VETERÁN A	(15)		25:37.286	8:28.901
53	761	ALONSO LOPEZ Jonatan	SÉNIOR	(13)		25:40.098	8:31.713
54	881	POUSA ESCUDEIRO Xurxo	SUB 25	(7)		25:42.019	8:33.634
55	787	VAZQUEZ NOVOA Iago	SUB 25	(8)		25:42.794	8:34.409
56	849	CEBREIRO BERNARDEZ Antonio	SÉNIOR	(14)		25:48.231	8:39.846
57	897	CAÑAS GOMEZ Ivan	VETERÁN B	(17)		25:57.676	8:49.291
58	909	GARRIDO FERNANDEZ Manuel	SÉNIOR	(15)		25:58.123	8:49.738
59	814	RAMIREZ OJEA Sergio	SÉNIOR	(16)		25:59.553	8:51.168
60	784	SANCHEZ GONZALEZ Francisco Javier	VETERÁN A	(16)	PEÑA TREVINCA MONTAÑEIRAS DE G	26:04.356	8:55.971
61	906	GOMEZ GARCIA Gonzalo	SÉNIOR	(17)		26:05.083	8:56.698
62	915	LIMA MELONIS Luis Carlos	VETERÁN B	(18)		26:09.747	9:01.362
63	824	IRAVEDRA LOPEZ Pablo	SÉNIOR	(18)		26:25.708	9:17.323
64	846	POUSA LUCIO Xoan Manuel	VETERÁN B	(19)		26:35.832	9:27.447
65	789	VILLAR SALGADO Jose Francisco	VETERÁN C	(4)	C.A.R. MARISQUEIRO	26:40.567	9:32.182
66	767	SANZ VELAO Juan Pedro	VETERÁN B	(20)		26:40.990	9:32.605
67	926	ALLERES COMESAÑA Santiago	VETERÁN B	(21)		26:44.745	9:36.360
68	918	ROMERO Andres	SÉNIOR	(19)		26:48.630	9:40.245
69	927	GONZALEZ RAMIREZ Juan	VETERÁN B	(22)		26:55.057	9:46.672
70	762	LOPEZ MACHADO Adrian	SUB 25	(9)		26:57.442	9:49.057
71	754	GARABATOS CUADRADO Jose Antonio	VETERÁN C	(5)	C.A.R. MARISQUEIRO	27:00.212	9:51.827
72	877	IZQUIERDO MARTINEZ Francisco	VETERÁN A	(17)		27:22.169	10:13.784
73	831	CARRACEDO ALONSO Marcos	VETERÁN B	(23)		27:54.888	10:46.503
74	914	ALONSO OTERO Diego	VETERÁN A	(18)	COMESAÑA SPORTING CLUB	27:58.582	10:50.197
75	771	RUBIO MARTINEZ Arnold Adam	SÉNIOR	(20)	BALTO MUSHING TEAM	28:05.833	10:57.448
76	887	AMOEDO AGULLA Jose Manuel	VETERÁN B	(24)		28:13.357	11:04.972
77	807	GIRALDEZ RIOS Jose	VETERÁN A	(19)		28:22.990	11:14.605
78	826	MARTINEZ SEOANE Andre	VETERÁN A	(20)		28:24.138	11:15.753



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79	774	VILAS PINTOS alvaro	SÉNIOR	(21)		28:28.687	11:20.302
80	817	FERNANDEZ ALONSO Sergio	SÉNIOR	(22)		28:29.388	11:21.003
81	866	VAZQUEZ DE PARGA Yago	SUB 25	(10)	AGRUPACION VIGUESA DE ATLETISM	28:30.045	11:21.660
82	822	NAZ Xose Alfredo	VETERÁN B	(25)		28:33.349	11:24.964
83	823	LOPEZ FERNANDEZ Jesus Manuel	VETERÁN B	(26)		28:35.107	11:26.722
84	917	DURAN ALVAREZ Nicolas	SÉNIOR	(23)		28:39.139	11:30.754
85	847	ALCANTARA JANEIRO Juan Manuel	SÉNIOR	(24)		28:39.959	11:31.574
86	816	FREIRIA MARTINEZ Luis	SÉNIOR	(25)		28:46.850	11:38.465
87	869	GARCIA VELASCO Pablo	SÉNIOR	(26)		28:48.372	11:39.987
88	886	MARTINEZ Daniel	VETERÁN B	(27)		28:56.505	11:48.120
89	815	FERNANDEZ RIESCO Marco	VETERÁN A	(21)		28:59.323	11:50.938
90	873	SANTORIO MOSCOSO Hugo	VETERÁN A	(22)		29:08.060	11:59.675
91	819	FOUZ FERNANDEZ Alejandro	SÉNIOR	(27)		29:17.974	12:09.589
92	900	A.C. David	VETERÁN A	(23)		29:22.029	12:13.644
93	806	LOPEZ FERNANDEZ Ruben	VETERÁN A	(24)		29:22.802	12:14.417
94	783	LEIS PUGA Diego	VETERÁN B	(28)		29:26.950	12:18.565
95	794	ALONSO Roi	SUB 25	(11)		29:39.185	12:30.800
96	793	VAZQUEZ FERRO German	VETERÁN B	(29)		29:39.279	12:30.894
97	785	VAZQUEZ GOMEZ Óscar	VETERÁN A	(25)		29:44.670	12:36.285
98	799	BRENLLA LENS Alfonso	VETERÁN A	(26)		29:47.717	12:39.332
99	845	ABLANEDO-ALBERDI Javier	VETERÁN B	(30)		29:49.854	12:41.469
100	923	NUÑEZ GUZMAN Fran	VETERÁN B	(31)		29:51.819	12:43.434
101	872	DEL RIO GARCIA Ignacio	SÉNIOR	(28)		30:03.748	12:55.363
102	827	MORENZA Jacobo	VETERÁN A	(27)		30:04.849	12:56.464
103	867	VAZQUEZ DE PARGA Nicolas	VETERÁN B	(32)		30:24.327	13:15.942
104	809	RODRIGUEZ DAVILA Marcos	VETERÁN B	(33)		30:30.046	13:21.661
105	921	ROMERO Ruben	SÉNIOR	(29)		30:30.092	13:21.707
106	829	PUCH GONZALEZ David	VETERÁN A	(28)		30:35.600	13:27.215
107	830	GONZALEZ AVENDAÑO Sergio	VETERÁN A	(29)		30:35.623	13:27.238
108	857	BUXO SANCHEZ Gabriel	VETERÁN A	(30)		31:00.467	13:52.082
109	925	AGUIAR Juan Carlos	VETERÁN B	(34)		31:05.953	13:57.568
110	843	RIASCOS TOBAR Jhan Carlos	SÉNIOR	(30)		31:25.498	14:17.113
111	862	PEREIRA FERNANDEZ Anxo	SÉNIOR	(31)		31:26.318	14:17.933
112	858	CRESPO COMESAÑA Jose Ignacio	VETERÁN B	(35)		31:39.374	14:30.989
113	763	RODRIGUEZ COLLAZO Raul	VETERÁN A	(31)		32:01.436	14:53.051
114	859	BOENTE JUNCAL Alejandro	SÉNIOR	(32)		32:04.991	14:56.606
115	884	SALGUEIRO OTERO Juan	VETERÁN B	(36)		32:09.209	15:00.824
116	889	CORRAL ALVAREZ Jose Antonio	VETERÁN C	(6)		33:04.616	15:56.231
117	910	TIZON Carlos	SÉNIOR	(33)		33:08.062	15:59.677
118	878	ZAPATA QUESADA Mathias	SUB 25	(12)		33:10.382	16:01.997
119	908	VALES-VILLAMARIN BARCON Pablo	SUB 25	(13)		33:12.820	16:04.435
120	864	PARDO Juan Carlos	VETERÁN B	(37)		33:14.601	16:06.216
121	802	FALQUE GARCIA Adrian Vicente	SÉNIOR	(34)		33:14.975	16:06.590
122	837	ZUNZUNEGUI QUEIMADELOS Roman	VETERÁN C	(7)	MÁIS QUE AUGA	33:16.007	16:07.622
123	820	FERREÑO GIMENEZ Luis	SUB 25	(14)		33:29.929	16:21.544
124	876	FRUTOS Ignacio	SÉNIOR	(35)		33:51.843	16:43.458



GENERAL

Clit	Dor.	Apellidos y nombre	Categoría	(Clit)	Club	Tiempo	Diferencia
125	825	ARTE VAZQUEZ Ivan	VETERÁN B	(38)		34:03.539	16:55.154
126	833	PIÑEIRO DIAZ Víctor	VETERÁN A	(32)		34:12.801	17:04.416
127	901	VAZQUEZ MAYO Javier	VETERÁN A	(33)	MÁIS QUE AUGA	34:21.566	17:13.181
128	893	FERNANDEZ-CID Carlos	VETERÁN B	(39)	FLORISTERIA CARMEN SIO	34:39.328	17:30.943
129	757	IGLESIAS BLANCO Jose	VETERÁN B	(40)	ANISETES	34:40.101	17:31.716
130	766	ALONSO ALONSO Hector	SÉNIOR	(36)		34:44.882	17:36.497
131	782	SOBRAL AROSA Antonio	SÉNIOR	(37)		34:50.180	17:41.795
132	803	SOTO CARBALLIDO Miguel A.	VETERÁN B	(41)		34:52.172	17:43.787
133	848	VARELA CONDE Javier	SUB 25	(15)		34:52.382	17:43.997
134	894	ALEN NORES Javier	VETERÁN B	(42)		35:03.280	17:54.895
135	786	RODRIGUEZ BRAVO Juan Carlos	VETERÁN B	(43)		35:22.758	18:14.373
136	856	FERNANDEZ ROLDAN Jorge	VETERÁN B	(44)		35:57.726	18:49.341
137	759	PASTORIZA PAZ Jose	VETERÁN C	(8)		37:28.945	20:20.560
138	776	ALVAREZ PONTES Gabriel	VETERÁN B	(45)		37:32.766	20:24.381
139	753	GANDARA BOUZA Alejandro	VETERÁN B	(46)	CASTRELOS 20:30	37:52.008	20:43.623
140	821	FERREÑO GIMENEZ Antonio	SUB 25	(16)		38:01.758	20:53.373
141	871	RODRIGUEZ ALONSO Manuel	VETERÁN C	(9)		38:01.807	20:53.422
142	769	PEREZ RODRIGUEZ Manuel	VETERÁN C	(10)		39:10.055	22:01.670
143	855	BARREIROS SARABIA Manuel	VETERÁN B	(47)		39:16.946	22:08.561
144	902	GOMEZ ALONSO Iago	VETERÁN A	(34)		39:20.392	22:12.007
145	772	DAVILA ESTEVEZ Enrique	VETERÁN C	(11)		41:39.188	24:30.803
146	882	MARTINEZ Isidro	VETERÁN B	(48)		52:24.237	35:15.852
147	868	FERNANDEZ PEREZ Francisco Javier	VETERÁN B	(49)	E.D. VIGO 2015	54:28.011	37:19.626
148	778	SANCHEZ DE VEGA Javier	VETERÁN A	(35)		1h02:32.467	45:24.082
149	751	GONZALEZ RODRIGUEZ Belarmino	VETERÁN B	(50)		1h08:36.126	51:27.741
150	796	TOURAL SANTAMARIA Iago	SUB 25	(17)		1h10:44.212	53:35.827
151	797	TOURAL SANTAMARIA Lucas	SUB 25	(18)		1h10:44.799	53:36.414