



## IV 10K DE TEIS

### Clasificación Categorías 10K

Clc	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
<b>F1</b>					
1	66	ALVAREZ RODRIGUEZ Noemí	MAISQUEAUGA	43:48.312	
2	52	GALLEGO CANABAL Laura	CLUB DEPORTIVO DELIKIA	44:27.530	39.218
3	157	RODRIGUEZ GONZALEZ Nerea	ATLETISMO PORRIÑO	46:34.640	2:46.328
4	140	POMBO LOPEZ Belén		50:28.586	6:40.274
5	80	VERGARA VILLADA Andrea	STRAHLKRAFT	50:29.997	6:41.685
6	270	NOVOA ALONSO Tamara	VIGOENTRENA	51:31.748	7:43.436
7	206	SAMPEDRO GARRIDO Julia	MAISQUEAUGA	51:55.748	8:07.436
8	207	LLORENTE Lucia	MAISQUEAUGA	51:55.809	8:07.497
9	142	LOPEZ BOLAS Alba	ATHLETIS FISIOTERAPIA SAN LÁZA	56:45.661	12:57.349
10	141	PEREZ PARCERO Elena		57:41.082	13:52.770
11	172	MARTIN PALLES Andrea	BROTHERS999	58:15.076	14:26.764
12	301	LOPEZ COMESAÑA Alexandra		59:43.033	15:54.721
13	136	RILO Maria	BORGWARNER	1h00:15.801	16:27.489
14	87	DOMINGUEZ PEREZ Naomi		1h00:49.220	17:00.908
15	154	CASTRO PARDAVILA Nerea	SERVITALENT	1h01:13.818	17:25.506

### M1

1	298	GUTIERREZ GONZALEZ Carlos Enrique	CLUB DEPORTIVO DELIKIA	35:43.789	
2	103	BARREIRO GOMEZ Martín	TRINORTH	37:01.055	1:17.266
3	240	DIEZ DIEZ Jorge Miguel	TRAGALEGUAS BURGOS	37:06.369	1:22.580
4	294	RODRIGUEZ ALVAREZ Diego	CLUB DEPORTIVO DELIKIA	37:27.585	1:43.796
5	245	VAÑO PEIDRO Sergi	CLUB DEPORTIVO DELIKIA	37:27.980	1:44.191
6	147	PAGNIER Théo	C.A.R. MARISQUEIRO	39:11.884	3:28.095
7	17	ALONSO GONZALEZ André		39:29.553	3:45.764
8	231	PIÑEIRO LESTON Fernando	ATLETISMO PORRIÑO	40:15.886	4:32.097
9	149	IGLESIAS AGULLA David		40:20.109	4:36.320
10	233	AGREDA CASTRO Romel		41:32.733	5:48.944
11	234	COMESAÑA CHAVERT Dario	ATHLETIS FISIOTERAPIA SAN LÁZA	42:02.653	6:18.864
12	171	QUINTAIROS RIAL Gabriel		43:48.513	8:04.724
13	201	WATSON Tom		43:56.930	8:13.141
14	174	IGLESIAS David		44:02.081	8:18.292
15	158	BLANCO MARTINEZ Diego	CLUB DEPORTIVO DELIKIA	44:28.230	8:44.441
16	224	OTERO GONZALEZ Dylan		44:41.183	8:57.394
17	89	CABALEIRO ROCHA Daniel	BIKILA	44:56.233	9:12.444
18	250	PIÑEIRO Arturo	PORCOS CELTAS	45:00.730	9:16.941
19	33	RODRIGUEZ DOVALE Antonio		46:03.747	10:19.958
20	75	DIAZ SANTOS Juan Manuel		46:09.569	10:25.780
21	300	PEREZ COUÑAGO Adrian		46:29.150	10:45.361
22	31	BARREIRO VALLS Pedro	C.A. VETERANOS DE SAMIL	46:47.889	11:04.100
23	120	FERNANDEZ FRAGA Carlos		47:06.561	11:22.772
24	242	BECEIRO CAMESELLE Dani	MUÑECOSRUNNING	48:08.528	12:24.739
25	219	DOMONTE PEREZ Victor	GMTA CHUVONERS	48:20.538	12:36.749
26	182	SUAREZ OGANDO Adrián	MAISQUEAUGA	48:25.350	12:41.561



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Cl	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
27	243	COSTA PAZO Artur	VIGOENTRENA	48:33.268	12:49.479
28	283	BARREIRO Hugo	@DECOSETE0	48:43.961	13:00.172
29	275	SANCHEZ-MATEOS PANIAGUA Manuel		49:05.348	13:21.559
30	264	CARRERA MORAÑA Carlos		49:14.487	13:30.698
31	105	LLANO ATANES Ramón		49:14.887	13:31.098
32	183	PEREZ DOS SANTOS Daniel		49:26.421	13:42.632
33	254	GUISANDE PEREIRA Eloy		49:30.719	13:46.930
34	287	PAZOS EIROA Juan	PC TRIATLON RÍAS BAIXAS	50:00.521	14:16.732
35	176	LAMEIRO GONZALEZ Pablo		50:06.339	14:22.550
36	122	RIVERA CANICOBA Alberto		50:26.766	14:42.977
37	95	SANTAMARINA GONZALEZ David	ORDINARIO	50:52.846	15:09.057
38	90	GUERRA PARADELO Juan Carlos	ORDINARIO	50:54.117	15:10.328
39	249	ALONSO ALVAREZ Angel Santiago		51:01.225	15:17.436
40	30	MUÑOZ CHAS Alejandro		51:27.398	15:43.609
41	78	MOYANO SABUCEDO Frederic		51:46.925	16:03.136
42	296	VIDE LINARES Antonio Jose	BORGWARNER	51:54.605	16:10.816
43	84	LORENZO CONDE Yago	BORGWARNER	52:22.834	16:39.045
44	4	PALOMEQUE TORRAS José Maria		52:24.305	16:40.516
45	284	ALVAREZ CAMELO Javier		52:37.260	16:53.471
46	175	NIETO LUNA Alessandro	BORGWARNER	53:22.180	17:38.391
47	252	CRESPO GLEZ Jacinto		54:18.563	18:34.774
48	228	PAN Diego		55:27.843	19:44.054
49	184	GARCIA BESADA Daniel	MAISQUEAUGA	57:01.832	21:18.043
50	244	GARCIA BESADA Iván		57:50.224	22:06.435
51	61	VAZQUEZ GONZALEZ Javier		58:10.631	22:26.842
52	37	PALMER Timothy		59:21.819	23:38.030
53	220	GOMEZ MARTINEZ David		59:35.301	23:51.512
54	285	PARADA GONZALEZ-ZAERA Ignacio	BORGWARNER	59:50.300	24:06.511
55	5	DE MIGUEL AMOEDO Pablo		1h00:00.019	24:16.230
56	292	RIOS LAGO Martín	BORGWARNER	1h00:15.920	24:32.131
57	88	MARTIN PALOMARES Rubén		1h00:49.159	25:05.370
58	179	VAZQUEZ ESTEVEZ Alberto		1h00:52.954	25:09.165
59	263	DONAPETRY Juan	APPTITUDINAL	1h01:13.939	25:30.150
60	181	BLANCO GONZALEZ Roberto		1h02:33.155	26:49.366
61	45	BLANCO CARRASCO Marcos		1h04:10.190	28:26.401
62	85	MEDIERO VEIRA Jorge	VIGOENTRENA	1h04:44.094	29:00.305
63	92	CONCHADO Anton		1h06:51.182	31:07.393
64	116	LOPEZ GARCIA Bernabé	BORGWARNER	1h06:51.479	31:07.690
65	18	CHLEBOWSKI Filip		1h08:01.573	32:17.784

F2

1	197	RODRIGUEZ OLIVEIRA Rocio	ATHLETIS FISIOTERAPIA SAN LÁZA	45:39.546	
2	76	MOREU PEREIRA-BORRAJO Beatriz	CLUB DEPORTIVO DELIKIA	49:20.297	3:40.751
3	10	ARGUDIN ESTEVEZ Mónica	C.A.R. MARISQUEIRO	50:07.227	4:27.681
4	295	GALEGO CASAS Maria		51:24.984	5:45.438



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Cl	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
5	14	TOBIO DONEGA María		52:29.244	6:49.698
6	21	MARTINEZ COMESAÑA Lucía	C.A.R. MARISQUEIRO	53:44.523	8:04.977
7	13	ZAPATA RODRIGUEZ Raquel	C.A.R. MARISQUEIRO	54:31.733	8:52.187
8	35	RODRIGUEZ LOPEZ Belén	CLUB DEPORTIVO DELIKIA	54:39.865	9:00.319
9	280	ROMERO MARTINEZ Mónica	FRUTAS NIEVES	55:36.602	9:57.056
10	110	GARCIA DE PABLOS Beatriz	CLUB DEPORTIVO DELIKIA	56:13.824	10:34.278
11	145	MARTINEZ COMESAÑA María Isabel	C.A.R. MARISQUEIRO	56:50.382	11:10.836
12	199	GRAÑA VIEITEZ Beatriz		57:10.190	11:30.644
13	139	GONZALEZ FERNANDEZ Jose	MAISQUEAUGA	58:17.161	12:37.615
14	218	RODRIGUEZ SANTOS Bibiana		58:17.500	12:37.954
15	106	PAZ OLIVEIRA Natalia	MAISQUEAUGA	58:27.133	12:47.587
16	215	VAZQUEZ MAYO Mónica	MAISQUEAUGA	59:35.380	13:55.834
17	239	LEMONS LOPEZ Vanesa	MAISQUEAUGA	1h00:34.540	14:54.994
18	261	REGUEIRO FERNANDEZ Xoana	TRIATLÓN MAR DE VIGO	1h03:30.816	17:51.270
19	167	DE LA CAMPA CARRERA Dána	C.D. VICUS	1h03:55.814	18:16.268
20	73	VILLARONGA ARTEAGA Lourdes		1h04:28.757	18:49.211
21	19	CHERIER Sandrine		1h09:19.870	23:40.324

M2

1	144	FERNANDEZ SOENGAS Jesús	C.A.R. MARISQUEIRO	36:20.917	
2	128	GARCIA RODRIGUEZ Sergio		36:41.035	20.118
3	196	ARIAS COSTAS Dario	ATHLETIS FISIOTERAPIA SAN LÁZA	37:50.569	1:29.652
4	155	PARADA MONTOTO David	MONTEPORREIRUNN	37:53.694	1:32.777
5	16	RODRIGUEZ DE LA CRUZ Juan Luis	CLUB DEPORTIVO DELIKIA	39:02.393	2:41.476
6	189	POMBAL CORTEGOSO Vicente	SAN MIGUEL DE MARIN	39:09.939	2:49.022
7	260	PEREZ Rubén	MARINA MEIRA	39:21.328	3:00.411
8	133	BERNARDEZ Dario		39:21.868	3:00.951
9	246	ULLA REGA Manuel	ASOCIACIÓN DEPORTIVA C.A.R	39:38.632	3:17.715
10	286	SIERRA LOPEZ Rafael	PC TRIATLON RÍAS BAIXAS	40:02.288	3:41.371
11	290	NOVOA PEREZ Jorge	C.A.R. MARISQUEIRO	40:19.153	3:58.236
12	148	LOUREIRO MONTENEGRO Pablo	MONTEPORREIRUNN	40:31.754	4:10.837
13	282	FERNADNES REY Leonardo	ATHLETIS FISIOTERAPIA SAN LÁZA	40:49.766	4:28.849
14	40	NOGUEIRA FERNANDEZ Junior		41:05.472	4:44.555
15	203	COMESAÑA SAA Daniel	L@S INSENSAT@S	41:46.373	5:25.456
16	229	PEREZ CONDE Enrique	TRAIL COMO CABRAS	41:49.367	5:28.450
17	26	DELGADO RAMOS José Carlos		42:35.671	6:14.754
18	210	GOMEZ SENIN Miguel Angel	RUNNING OLEIROS	42:35.732	6:14.815
19	291	CABO SANCHEZ Iago		42:53.465	6:32.548
20	273	GONZALEZ MARTINEZ Roberto		43:09.531	6:48.614
21	288	LOPEZ COMESAÑA Oscar Manuel		43:13.922	6:53.005
22	102	FERNANDEZ GRADIN David	CIBUS	43:46.571	7:25.654
23	98	ALVAREZ FIGUEROA Sabino	ASOCIACION DEPORTIVA C.A.R	43:46.671	7:25.754
24	191	RODRIGUEZ CASTRO Javier		43:52.060	7:31.143
25	50	ALVAREZ FERNANDEZ Francisco		44:25.666	8:04.749
26	166	CABALEIRO GARCIA Jose Manuel		45:11.564	8:50.647


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Cl	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
27	200	DAVILA BOVEDA Pablo		45:22.071	9:01.154
28	107	PEREIRA SALGUEIRO Ramon		45:33.910	9:12.993
29	6	NAVIA IGLESIAS Ruben		45:35.011	9:14.094
30	70	LOUREIRO RODRIGUEZ Santiago		45:44.149	9:23.232
31	217	MARTINEZ COSTAS Javier	LASER GALICIA RANING	45:53.764	9:32.847
32	248	ANDONEGUI FREIRE Juan	FRUTAS NIEVES	46:13.470	9:52.553
33	25	CAMPELO GONZALEZ Antonio		46:14.088	9:53.171
34	222	ALVAREZ GOMEZ Manuel		46:17.090	9:56.173
35	124	GOBERNA COMESAÑA Iván		46:45.990	10:25.073
36	71	VAZQUEZ FERNANDEZ Jacobo		47:10.051	10:49.134
37	198	FONTAN GARRIDO David	MUÑECOS RUNNING TEAM	48:08.606	11:47.689
38	51	HEREDIA David	BORGWARNER	48:34.862	12:13.945
39	114	DIEGUEZ PAZO Emilio	BEERRUNNERS VIGO	48:45.960	12:25.043
40	143	DIAZ JAMARDO Pablo	ATLETISMO UNIVERSIDADE DE VIGO	48:56.848	12:35.931
41	115	RODRIGUEZ COLLAZO Raúl	CAZAFANTASMAS TEAM	48:58.099	12:37.182
42	127	CUETO FERNANDEZ David	CERTA	49:02.858	12:41.941
43	29	RODRIGUEZ FERNANDEZ Efrén	ALTAFIT VIGO	49:37.868	13:16.951
44	163	CARRERA RAFAEL Jaime		49:40.328	13:19.411
45	152	LOPEZ LOPES Antonio Luis		49:46.248	13:25.331
46	15	BENITEZ GOMEZ Francisco José		49:47.160	13:26.243
47	216	SANMARTIN GONZALEZ Victoriano	MAISQUEAUGA	49:53.999	13:33.082
48	118	FRAGA RODRIGUEZ Miguel		50:08.045	13:47.128
49	79	PEREIRA FERNANDEZ Daniel	X-ONE	50:53.587	14:32.670
50	94	DOMINGUEZ VILLAVERDE Juan Carlos		51:14.209	14:53.292
51	24	LOPEZ QUIROS Agustin	EDI ABOGADOS RUNNING CLUB	51:29.795	15:08.878
52	208	RODRIGUEZ FERNANDEZ Tomás	ATLETISMO PORRIÑO	52:38.895	16:17.978
53	278	LAGO Javier		53:10.054	16:49.137
54	38	CONDE PEREZ Celso		53:11.925	16:51.008
55	281	ARANGO GAYAR Saúl	FRUTAS NIEVES	53:32.342	17:11.425
56	293	RODRIGUEZ BERNARDEZ Alejandro		53:38.496	17:17.579
57	306	MONTERO MARTINEZ Jaime		53:49.104	17:28.187
58	178	VILLAR ALVAREZ Alberto		54:14.243	17:53.326
59	125	RODRIGUEZ PAZ Cesar		54:57.176	18:36.259
60	223	GUERRA LOPEZ Eduardo		55:18.581	18:57.664
61	60	RELO FERNANDEZ Pablo	C.A. VETERANOS DE SAMIL	55:50.344	19:29.427
62	259	LAGO Javier		55:58.441	19:37.524
63	131	BERNARDEZ GIL David		56:06.497	19:45.580
64	221	FERMOSO DOMINGUEZ Tomás	FRUTAS NIEVES	56:08.682	19:47.765
65	39	REY PAMPIN Javier		56:13.639	19:52.722
66	304	MARTINEZ BARREIRO Emilio José		56:26.524	20:05.607
67	268	SALO BENITO Javier		56:48.186	20:27.269
68	212	ESTEVEZ BOUZA Borja		56:50.578	20:29.661
69	168	HERMELO ALONSO Jorge Manuel		56:56.722	20:35.805
70	132	BLANCO HERMIDA Óscar		57:26.801	21:05.884
71	56	ARZA TOUZON German	RAPIDODEPONTEQUIETO	57:39.536	21:18.619
72	97	RODRIGUEZ TRONCOSO Juan		58:57.520	22:36.603
73	253	ALVAREZ VARGAS Jose Alberto		59:24.391	23:03.474


**IV 10K DE TEIS**  
**Clasificación Categorías 10K**

Cl	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
74	8	CASTRO NAVIA Jose Antonio		1h00:21.230	24:00.313
75	255	RESUA EIRAS David		1h02:07.077	25:46.160
76	257	ESPERON FONTAN David		1h02:42.627	26:21.710
77	59	ALVAREZ SILVA José Rubén		1h02:45.534	26:24.617
78	42	FEIJOO SUAREZ Marcos	CHUZAS OLIMPICOS	1h02:57.844	26:36.927
79	262	MARTINEZ MARTINEZ Víctor	XOANA	1h03:31.028	27:10.111
80	276	GIL OTERO Roberto		1h04:23.270	28:02.353
81	277	FERREIRA CHARRASQUIEL Marcos		1h04:23.358	28:02.441
82	117	SILVA MARTINEZ Hector		1h05:22.536	29:01.619
83	209	ALONSO INSUA Alberto		1h44:00.000	1h07:39.083

**F3**

1	113	LEMONS SOAGE Ana	CORREDOIRAS BUEU	47:23.338	
2	195	GARCIA ABALO Mada	CAO	51:45.560	4:22.222
3	235	LEMAT CABRAL María Belén	CLUB TRIATLON CIDADE DE LUGO F	52:59.565	5:36.227
4	53	GONZALEZB BELLO Concepcion		58:20.761	10:57.423
5	129	CARREIRA COSTAS Montserrat	COMESAÑA SPORTING CLUB	1h03:57.186	16:33.848
6	67	CALVIÑO CANCELA Carola		1h11:09.544	23:46.206

**M3**

1	69	DOMINGUEZ CABRAL Elías	ATHLETIS FISIOTERAPIA SAN LÁZA	36:11.390	
2	153	PRIETO DE LA IGLESIA Manuel		37:22.931	1:11.541
3	86	BARCALA MORA Victor	OTRO	37:46.364	1:34.974
4	241	BARREIRO PEREIRA Xosé Antón	SD COMPOSTELA ATLETISMO	40:35.745	4:24.355
5	3	PAZ GONZALEZ Juan Carlos	C.A.R. MARISQUEIRO	41:13.387	5:01.997
6	160	LEDO NOVOA José Eugenio	CLUB DEPORTIVO DELIKIA	41:36.165	5:24.775
7	265	SICILIA BARCI Juan		41:57.514	5:46.124
8	272	MARTINEZ BARCIELA David		42:02.172	5:50.782
9	161	SOBRADO FERNANDEZ Antonio		43:00.565	6:49.175
10	299	PEREZ NOVAS Miguel		43:30.243	7:18.853
11	91	RODRIGUEZ LOPEZ Gonzalo	ASOCIACION DEPORTIVA C.A.R	43:37.563	7:26.173
12	126	PAZ RODRIGUEZ Juan	CASTRELOS 20:30	43:40.331	7:28.941
13	156	PIÑA REFOJOS Luis	CLUB DEPORTIVO DELIKIA	44:01.072	7:49.682
14	159	PEREZ BLANCO Pablo	CLUB DEPORTIVO DELIKIA	44:28.770	8:17.380
15	100	LUCIA PAREDES Giovanni		45:16.959	9:05.569
16	170	ROMERO CAMPOS Fran		45:21.547	9:10.157
17	190	MARTINEZ ZUÑIGA Modesto		45:35.008	9:23.618
18	180	FROIZ LAREU Andres	TNT GHERRILLEIROS	45:36.510	9:25.120
19	289	MALLO MARCOS Alberto		46:40.872	10:29.482
20	193	IGLESIAS DOMINGUEZ Francisco		46:47.433	10:36.043
21	202	REY COSTA Miguel Angel	BEER RUNNERS VIGO	47:53.888	11:42.498
22	213	SANCHEZ OTERO Oswaldo		48:28.108	12:16.718
23	2	VAZQUEZ VIDAL Antonio		48:36.262	12:24.872



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Cl	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
24	64	DAVILA BUGARIN Salva		49:15.660	13:04.270
25	82	PEITEADO RUIZ Guillermo		49:45.946	13:34.556
26	108	BARREIRO BARREIRO Benigno		49:56.437	13:45.047
27	9	GONZALEZ MARTINEZ Fernando		50:19.186	14:07.796
28	236	PIÑEIRO RODRIGUEZ Carlos	CLUB TRIATLON CIDADE DE LUGO F	50:21.039	14:09.649
29	20	REBORED A GRAÑA Amador	CD PINARIUM	51:07.086	14:55.696
30	238	IGLESIAS RODRIGUEZ Carlos	TRIATLÓN MAR DE VIGO	52:07.364	15:55.974
31	211	DOMINGUEZ CABRAL Luis		52:54.924	16:43.534
32	269	GONZALEZ LAGO Juan Carlos		53:47.459	17:36.069
33	214	RODRIGUEZ FOLGAR Cesar	NEW CURRELAS TEAM RUNNING	54:47.762	18:36.372
34	186	TIZON BARCIELA Francisco José		54:47.965	18:36.575
35	256	CERDEIRA GREGORIO Francisco		55:30.437	19:19.047
36	58	REIGADA QUINTELA Fernando	CHUZAS OLIMPICOS	56:57.475	20:46.085
37	226	ROBES CASTAÑEIRAS Javier		57:13.513	21:02.123
38	164	GAGGIOLO Guillermo Ernesto	MAISQUEAUGA	57:41.721	21:30.331
39	177	LAMAS PEREZ Jose Eduardo		59:32.894	23:21.504
40	251	MEIC SIDIC Ivan		1h02:00.088	25:48.698
41	169	GARRIDO INSUA Ricardo		1h02:05.617	25:54.227
42	187	TOLEDO MONTES Palynk	CHUZAS OLIMPICOS	1h02:58.052	26:46.662
43	65	RODRIGUEZ PENA Jorge	C.A.R. MARISQUEIRO	1h03:15.139	27:03.749
44	104	PEREZ MONROY Jesus	BORGWARNER	1h03:19.435	27:08.045
45	279	FERNANDEZ NUÑEZ Jose E		1h03:55.733	27:44.343
46	72	DE LA FUENTE SANTOS Jorge		1h04:29.055	28:17.665
47	68	LOPEZ CARBALLO Álex		1h11:09.470	34:58.080
48	185	PORTELA FERNANDEZ Luis	MAISQUEAUGA	1h12:30.471	36:19.081

F4

1	83	CARRERA SOUTELO Josefa	TALLERES EAUTO	58:00.887	
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M4

1	99	FUERTES SAAVEDRA Antonio	REAL CLUB CELTA ATLETISMO	42:05.972	
2	62	PEREZ PASCUAL Manuel	CSCD BEADE	46:18.331	4:12.359
3	109	SANZ LUCOTTI Javier		46:25.703	4:19.731
4	34	TABOADA GONZALEZ Ramiro	RUNNING LUSEKELO	48:02.512	5:56.540
5	146	DIEZ POSTIGO Miguel Angel		48:18.248	6:12.276
6	101	VIDEIRA CORREA Alberto		49:01.203	6:55.231
7	302	GALLIDORO DEL MONTE Jose Humberto	CLUB DEPORTIVO DELIKIA	50:23.967	8:17.995
8	12	ESTEVEZ CERNADAS Ricardo	ATHETICS AVENTURA XTREM	51:20.125	9:14.153
9	54	GODA Sebas	C.C.RIA DE VIGO	51:56.245	9:50.273
10	134	ROCA RODRIGUEZ Ramon		53:08.523	11:02.551
11	63	ALONSO BASTOS Luis		53:08.905	11:02.933
12	119	FERNANDEZ Carlos		53:27.284	11:21.312
13	247	VERDEAL GONZALEZ Basilio		54:50.284	12:44.312



## IV 10K DE TEIS Clasificación Categorías 10K

Cl	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
14	230	MOREIRA CONDE Antonio		55:06.203	13:00.231
15	49	PAINCEIRA MACIÑEIRAS Jorge		1h17:39.563	35:33.591

### F5

1	11	COSTAS RODRIGUEZ Carmen	ATLETISMO BAIONA	57:00.572	
2	123	ALVAREZ DOMINGUEZ Rosa M <sup>a</sup>	MAISQUEAUGA	1h08:08.372	11:07.800
3	77	BARROS RIVEIRO Josefina		1h17:39.842	20:39.270

### M5

1	32	SUAREZ MARTINEZ Manuel	C.A. VETERANOS DE SAMIL	40:11.805	
2	36	JARDON LOPEZ Jose	C.A. VETERANOS DE SAMIL	44:16.072	4:04.267
3	305	ALONSO VALVERDE Antonio	ATLETISMO BAIONA	48:00.558	7:48.753
4	93	DOMINGUEZ RODRIGUEZ Carlos		48:06.872	7:55.067
5	44	LOPEZ REY Pino		48:16.408	8:04.603
6	1	GARCIA COSTAS Federico Amando	C.A.R. MARISQUEIRO	51:39.278	11:27.473
7	266	PEREZ FREIRIA Jose Ramón	ATLETISMOTUI	53:34.709	13:22.904
8	194	BLANCO GONZALEZ Alfonso		57:53.257	17:41.452
9	47	DURAN LAGO Fernando		58:32.719	18:20.914
10	130	DIAZ IGLESIAS Adolfo	C.A. VETERANOS DE SAMIL	59:56.894	19:45.089
11	267	BUJAN VARELA Manuel		1h13:55.847	33:44.042