

**Sestelo Clásica Álvaro Pino 2023 CRONOESCALADA**

Clit	Dor.	Apellidos y nombre	(Clit)	Categoría	Club	Tiempo	Diferencia
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ABSOLUTA FEM

1	305	GARCIA SALGADO Claudia	(1)	ABSOLUTA FEM	PLAN C	35:58.498	
2	209	PORTELA FERREÑO Ana	(2)	ABSOLUTA FEM	SUPERMERCADOS FROIZ	37:12.065	1:13.567

ABSOLUTA MASC

1	6	GARCIA JANEIRO Guillermo	(1)	ABSOLUTA MASC	RADIO POPULAR PAREDES BOAVISTA	24:29.704	
2	328	BAUTISTA BUGARIN Carlos	(2)	ABSOLUTA MASC	C.C.FARTO	26:28.454	1:58.750
3	11	ALVAREZ ALVAREZ Roi	(3)	ABSOLUTA MASC	GARAJE CORSE	26:32.243	2:02.539
4	241	HERNANDEZ BRITO Elvis	(4)	ABSOLUTA MASC	OIENSE	28:05.112	3:35.408
5	323	INCUTTI TELLADO Denis	(5)	ABSOLUTA MASC	C.C NARÓN	28:37.432	4:07.728
6	307	RODRIGUEZ FERNANDEZ Luis	(6)	ABSOLUTA MASC	ANCARES BIKE	32:56.676	8:26.972
7	312	RODRIGUEZ SEARA Juan José	(7)	ABSOLUTA MASC	CÓDIGO BIKE TEAM	33:32.153	9:02.449
8	93	CHAMORRO RIAL Alberto	(8)	ABSOLUTA MASC		33:45.433	9:15.729
9	185	SOUTO SOUTO Christian	(9)	ABSOLUTA MASC	TOLEMIA BIKE	35:24.661	10:54.957
10	31	IGLESIAS LAMORA Marco Antonio	(10)	ABSOLUTA MASC		37:51.283	13:21.579
11	162	CAMBA AÑON Juan Carlos	(11)	ABSOLUTA MASC	MARCIAL SPORT	39:36.194	15:06.490
12	308	MOURIN FONTEVEDRA Ivan	(12)	ABSOLUTA MASC	ANCARES BIKE	39:53.593	15:23.889
13	38	CIMA RAMIREZ Manuel	(13)	ABSOLUTA MASC		40:12.766	15:43.062
14	149	ALVAREZ JORGE Miguel	(14)	ABSOLUTA MASC		45:00.592	20:30.888
15	65	CASTRO COLORADO Benigno	(15)	ABSOLUTA MASC		48:38.058	24:08.354

MASTER 30 FEM

1	246	LOPEZ DOPICO Fátima	(1)	MASTER 30 FEM		46:32.971	
2	364	PEREZ ALONSO Cristina	(2)	MASTER 30 FEM		54:57.008	8:24.037

MASTER 30 MASC

1	248	ALONSO ALVAREZ Alejandro	(1)	MASTER 30 MASC	SALVATERRA DE MIÑO CC	26:35.826	
2	47	GANDIA CASAS Aitor	(2)	MASTER 30 MASC		27:43.919	1:08.093
3	12	GONZALEZ ABRALDES Adrian	(3)	MASTER 30 MASC	PETA-Z	28:44.307	2:08.481
4	86	MARTINEZ BARGIELA Bruno	(4)	MASTER 30 MASC	GARAJE CORSE TEAM	28:46.810	2:10.984
5	356	CRUZ DASILVA Yeray	(5)	MASTER 30 MASC	C C BUEU	28:53.154	2:17.328
6	66	PINO RODRIGUEZ Diego	(6)	MASTER 30 MASC	SIN EQUIPO	29:25.455	2:49.629
7	282	PEREZ MARTINEZ Gustavo	(7)	MASTER 30 MASC	SANOMEDIO	29:37.634	3:01.808
8	40	GOMEZ BARCIELA Carlos	(8)	MASTER 30 MASC	CICLISMO OIENSE	29:43.972	3:08.146
9	155	YANES GUTIERREZ Ruben	(9)	MASTER 30 MASC	PETA-Z	30:10.598	3:34.772
10	321	ISORNA MANTECA Adrian	(10)	MASTER 30 MASC	C.C.TORRES DE OESTE	31:08.512	4:32.686
11	186	GARCIA QUEROL Pablo	(11)	MASTER 30 MASC	ATENEA STREET CYCLING TEAM	31:13.289	4:37.463
12	274	LOPEZ ESTEVEZ Roberto	(12)	MASTER 30 MASC	CC ARAGONTA	31:27.700	4:51.874
13	96	VILA PORTO Javier	(13)	MASTER 30 MASC	GARAJE CORSE	31:32.533	4:56.707
14	212	SILVA CORRAL Hugo	(14)	MASTER 30 MASC	POIO BIKE	32:09.417	5:33.591
15	227	GONZALEZ FONTAN Paulo	(15)	MASTER 30 MASC	C.C. SALVATERRA DE MIÑO	32:25.192	5:49.366



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Clit	Dor.	Apellidos y nombre	(Clit)	Categoría	Club	Tiempo	Diferencia
16	58	DOPAZO GARCIA Antonio	(16)	MASTER 30 MASC	CLUB CICLISTA O GROVE	32:31.292	5:55.466
17	161	ALONSO PREGAL David	(17)	MASTER 30 MASC	ATLETISMO PORRIÑO	32:38.668	6:02.842
18	258	MUGICA IZAGUIRRE Mikel	(18)	MASTER 30 MASC	GARAJE CORSE	32:50.693	6:14.867
19	91	MARTINEZ BARGIELA Pedro	(19)	MASTER 30 MASC	GARAJE CORSE	33:14.852	6:39.026
20	322	RODRIGUEZ SEARA Daniel	(20)	MASTER 30 MASC	CÓDIGO BIKE TEAM	33:35.293	6:59.467
21	285	GANDARA ESTEVEZ Diego	(21)	MASTER 30 MASC	MUSICA DE VIENTO	33:39.606	7:03.780
22	94	MOURIÑO Lazaro	(22)	MASTER 30 MASC	GARAJE CORSE	33:47.116	7:11.290
23	54	TOUZA PROL Pablo A.	(23)	MASTER 30 MASC	CC MACEDA	34:22.456	7:46.630
24	271	LOPEZ ESTEVEZ Samuel	(24)	MASTER 30 MASC	CC ARAGONTA	34:53.390	8:17.564
25	355	BARCALA FARTO Aitor	(25)	MASTER 30 MASC	BIKE O FACHO	35:06.109	8:30.283
26	336	SOUSA CORBACHO Jorge	(26)	MASTER 30 MASC		35:12.248	8:36.422
27	16	PEREZ ALONSO Javier	(27)	MASTER 30 MASC		35:45.722	9:09.896
28	196	GROBAS CAMPOS Jorge	(28)	MASTER 30 MASC	TRIATLÓN PC RIAS BAIXAS	35:50.621	9:14.795
29	318	CORTIZO BOULLOSA Miguel	(29)	MASTER 30 MASC	ASOCIACIÓN DEPORTIVA C.A.R	35:56.645	9:20.819
30	266	ALONSO RODRIGUEZ Senén	(30)	MASTER 30 MASC	GARAJE CORSE	36:00.051	9:24.225
31	53	PREGO NOVAS Adrián	(31)	MASTER 30 MASC	GC	36:28.255	9:52.429
32	324	MATEOS GIL Jaime	(32)	MASTER 30 MASC	BICIS OLIVEIRA	36:37.458	10:01.632
33	275	ALONSO BLANCO David	(33)	MASTER 30 MASC	CC ARAGONTA	36:39.832	10:04.006
34	127	ALONSO MIGUEZ Juan	(34)	MASTER 30 MASC	ACD SANOMEDIO	37:39.917	11:04.091
35	178	VILLANUEVA COMESAÑA Alberto	(35)	MASTER 30 MASC	BIKE OU NON VAI	37:48.402	11:12.576
36	342	SERANTES FERNANDEZ Andrés	(36)	MASTER 30 MASC		38:10.086	11:34.260
37	189	OSORNO RODRIGUEZ Adrián	(37)	MASTER 30 MASC	PAN DE ZARCO	38:14.757	11:38.931
38	9	UCHA Jacobo	(38)	MASTER 30 MASC	FGC	38:39.650	12:03.824
39	84	SOUTO CARRACEDO Fernando	(39)	MASTER 30 MASC	CLUB DEPORTIVO DELIKIA	38:43.075	12:07.249
40	170	JORGE CAO Juan Jose	(40)	MASTER 30 MASC	CLUB DEPORTIVO DELIKIA	38:55.036	12:19.210
41	36	IGREXAS SOTO Carlos	(41)	MASTER 30 MASC		39:00.822	12:24.996
42	350	COSTAS DURAN Adrián	(42)	MASTER 30 MASC	CLUB CICLISTA TRAVIESAS	39:47.760	13:11.934
43	206	RIVEIRO SEBASTIAN Fernando	(43)	MASTER 30 MASC		39:48.226	13:12.400
44	286	MARTINEZ VALCARCEL Ricardo	(44)	MASTER 30 MASC	MUSICA DE VIENTO	40:24.568	13:48.742
45	284	LEMON GIRALDEZ David	(45)	MASTER 30 MASC	MUSICA DE VIENTO	40:27.667	13:51.841
46	103	DOMINGUEZ PAZO Jose Carlos	(46)	MASTER 30 MASC		40:40.752	14:04.926
47	230	PIÑEIRO FERNANDEZ Alberto	(47)	MASTER 30 MASC	ACD SANOMEDIO	41:09.296	14:33.470
48	13	GONZALEZ RODRIGUEZ David	(48)	MASTER 30 MASC	BEBESESENDE	41:10.618	14:34.792
49	64	FERNANDEZ PASCUAL Adrián	(49)	MASTER 30 MASC	CLUB DEPORTIVO DELIKIA	41:28.052	14:52.226
50	306	LAGO REY Brais	(50)	MASTER 30 MASC	INDEPENDIENTE	41:46.997	15:11.171
51	338	RIVERA RODRIGUEZ Pedro	(51)	MASTER 30 MASC		41:48.525	15:12.699
52	367	SANTOS GONZALEZ Francisco José	(52)	MASTER 30 MASC		41:48.693	15:12.867
53	362	ROMERO VELOSO Jesús	(53)	MASTER 30 MASC	MÚSICA DE VIENTO	42:06.127	15:30.301
54	44	PEREZ LOPEZ Tomás	(54)	MASTER 30 MASC	XTREMBIKE	42:52.279	16:16.453
55	247	RIOS GOMEZ Fernando	(55)	MASTER 30 MASC	SKAPAOS	43:04.219	16:28.393
56	90	VILA Yonatan	(56)	MASTER 30 MASC	GARAJE CORSE	43:40.430	17:04.604
57	109	HERNANDEZ MALAGON Jose Angel	(57)	MASTER 30 MASC		43:51.655	17:15.829
58	365	ESTEVEZ PEREZ Antonio	(58)	MASTER 30 MASC		44:19.405	17:43.579
59	232	SOUTO JIMENEZ Jesús	(59)	MASTER 30 MASC	CC TERRAS DO EUME	45:20.482	18:44.656
60	157	DOMINGUEZ SEQUEIROS Óscar	(60)	MASTER 30 MASC		46:53.779	20:17.953
61	278	RODRIGUEZ FERREIRO Felipe	(61)	MASTER 30 MASC		48:46.106	22:10.280
62	276	PEREIRA ALONSO Daniel	(62)	MASTER 30 MASC	CC ARAGONTA	49:53.523	23:17.697
63	205	SANTISO VILA Rubén	(63)	MASTER 30 MASC		52:45.712	26:09.886

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64	293	DIAZ FERREIRO Jairo	(64)	MASTER 30 MASC	ANCARES BIKE	1h00:18.166	33:42.340

MASTER 40 FEM

1	32	DITANO Annaluisa	(1)	MASTER 40 FEM	CLUB CICLISTA ATLANTIGAS VIGO	53:11.411	
2	79	CAMIÑOS PEREZ Laura	(2)	MASTER 40 FEM	CLUB TRIATLON CORUÑA	57:08.975	3:57.564

MASTER 40 MASC

1	5	MARQUE PORTO Alejandro Manuel	(1)	MASTER 40 MASC	MARQUE CYCLING	25:22.349	
2	343	VILLADONIGA GARROTE Juan Carlos	(2)	MASTER 40 MASC		27:57.057	2:34.708
3	366	LEBOSO MORAIS Moises	(3)	MASTER 40 MASC		28:36.994	3:14.645
4	184	BLANCO TODEA Cesar Fco	(4)	MASTER 40 MASC	BIKE OU NON VAI	28:47.577	3:25.228
5	345	FONTAN TRONCOSO Roberto	(5)	MASTER 40 MASC	CORBELO	30:31.338	5:08.989
6	280	PEREZ VALCARCEL Abel	(6)	MASTER 40 MASC	CC ARAGONTA	30:32.600	5:10.251
7	190	CARRIL PREGO Eduardo León	(7)	MASTER 40 MASC	TUROQUA	30:50.697	5:28.348
8	67	DIAZ TEIJEIRO Alfonso	(8)	MASTER 40 MASC	PETA-Z	30:53.589	5:31.240
9	361	OLMEDO VALLEDOR Victoriano	(9)	MASTER 40 MASC		31:02.725	5:40.376
10	182	GUERRA GONZALEZ Carlos	(10)	MASTER 40 MASC	PALMKIDS BHCC	31:17.385	5:55.036
11	253	MIGUELEZ GARCIA Xacobe	(11)	MASTER 40 MASC	CORUXO	31:33.322	6:10.973
12	354	CARREIRO BOULLOSA Carlos	(12)	MASTER 40 MASC	SINGLETRACKS	32:23.152	7:00.803
13	8	MUÑIZ NIETO Juan Carlos	(13)	MASTER 40 MASC	NORINVER	32:27.869	7:05.520
14	97	GARCIA PRESA Jose Antonio	(14)	MASTER 40 MASC	CC PONTEAREAS	32:39.438	7:17.089
15	81	MERA PAZO Cesar	(15)	MASTER 40 MASC	A FONTE	32:57.030	7:34.681
16	363	PEREZ PEDREIRA Lorenzo	(16)	MASTER 40 MASC	CC MONTES DO DEZA	33:14.859	7:52.510
17	138	PINO PORTO Eduardo	(17)	MASTER 40 MASC		33:25.929	8:03.580
18	254	SUAREZ ALONSO Miguel Angel	(18)	MASTER 40 MASC	MASTER DA LOURIÑA	33:32.308	8:09.959
19	268	MARTINEZ COSTAS Omar	(19)	MASTER 40 MASC	MASTER MORRAZO	33:50.160	8:27.811
20	171	JUNQUERA RODRIGUEZ Iván	(20)	MASTER 40 MASC		33:57.682	8:35.333
21	85	LORENZO IGLESIAS Javier	(21)	MASTER 40 MASC		34:20.811	8:58.462
22	165	LEMONS FERNANDEZ Casiano	(22)	MASTER 40 MASC	CLUB ATLETISMO PORRIÑO	34:25.877	9:03.528
23	226	NEGREIRA CANAY Javier	(23)	MASTER 40 MASC		34:26.075	9:03.726
24	277	FERNANDEZ POUSSADA Francisco	(24)	MASTER 40 MASC		34:37.485	9:15.136
25	319	MARTINEZ NIETO Ruben	(25)	MASTER 40 MASC		34:42.347	9:19.998
26	50	GIRALDEZ CAMESELLA David	(26)	MASTER 40 MASC	ATLETISMO BAIONA	34:53.154	9:30.805
27	368	MOSQUERA MIGUEZ Ezequiel	(27)	MASTER 40 MASC		34:54.350	9:32.001
28	260	PAREDES DIAZ Manuel Augusto	(28)	MASTER 40 MASC		34:55.896	9:33.547
29	290	CAMESELLE CARIDE Daniel	(29)	MASTER 40 MASC	INDEPENDIENTE	34:57.815	9:35.466
30	121	PORTO PEREIRA Alejandro	(30)	MASTER 40 MASC	PICARAÑA	35:13.392	9:51.043
31	264	GARCIA Lucas	(31)	MASTER 40 MASC	WATTS LAB	35:18.760	9:56.411
32	131	PEREZ PEREZ Sergio	(32)	MASTER 40 MASC	INDEPENDIENTE	35:22.321	9:59.972
33	159	VIÑUELA Jose	(33)	MASTER 40 MASC	PALMKIDS BHCC	35:36.204	10:13.855
34	311	PRIETO FDEZ. Enrique	(34)	MASTER 40 MASC	CAMPO LAMEIRO CD CLUBE CICLIST	35:49.505	10:27.156
35	250	SUAREZ GULLON Gustavo	(35)	MASTER 40 MASC	CLUB TRIATLON VAO	35:52.528	10:30.179
36	267	MAGALLANES GARCIA Alberto	(36)	MASTER 40 MASC	MASTER MORRAZO	36:23.249	11:00.900
37	71	GESTEIRA ROMERO Jose Antonio	(37)	MASTER 40 MASC	CLUB TRIATLON SABADELL	36:23.708	11:01.359
38	52	BENAVIDES FALCON Oscar	(38)	MASTER 40 MASC	TRIATLÓN CORUÑA	36:32.509	11:10.160



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39	167	DIAZ RAMOS José Carlos	(39)	MASTER 40 MASC		36:35.129	11:12.780
40	292	MISA VALVERDE Emilio	(40)	MASTER 40 MASC	TEAM OIENSE	36:38.231	11:15.882
41	347	GARCIA DIOS Juan	(41)	MASTER 40 MASC	TRIATLON RIAS BAIXAS	36:41.085	11:18.736
42	128	LOPEZ LOPEZ Juan Carlos	(42)	MASTER 40 MASC	PINTURASRAFA	36:55.932	11:33.583
43	18	GONZALEZ RIVERO Evaristo	(43)	MASTER 40 MASC		36:58.550	11:36.201
44	317	MARTINEZ CABEZAS Martín	(44)	MASTER 40 MASC		36:58.725	11:36.376
45	233	DURAN DURAN Patricio	(45)	MASTER 40 MASC	CLUB CICLISTA A LAMPREA	37:00.550	11:38.201
46	133	TABOADA FERNANDEZ Oscar	(46)	MASTER 40 MASC	CLUB TRIATLON VAO	37:14.317	11:51.968
47	106	ALFAYA Jose	(47)	MASTER 40 MASC	C.D. DELIKIA	37:43.657	12:21.308
48	158	POL BALADO Jesús	(48)	MASTER 40 MASC	VBIKES TEAM	37:45.201	12:22.852
49	45	DOMINGUEZ MARTINEZ Moisés	(49)	MASTER 40 MASC		38:00.789	12:38.440
50	82	ALVAREZ BUGARIN Eliseo	(50)	MASTER 40 MASC	QUEBICI-MARCISPORT	38:08.440	12:46.091
51	110	CARREIRA LOPEZ Luis	(51)	MASTER 40 MASC		38:26.403	13:04.054
52	111	DIEZ LAZARO Javier	(52)	MASTER 40 MASC		38:34.636	13:12.287
53	122	SOTO VIÑAS Diego	(53)	MASTER 40 MASC	CLUB TRIATLON CORUÑA	39:00.529	13:38.180
54	144	URRUTIA ALVARADO Esteban	(54)	MASTER 40 MASC	V BIKES	39:38.251	14:15.902
55	150	SOTO FERNANDEZ Miguel	(55)	MASTER 40 MASC	MAESE RIDERS TEAM, C. C	39:38.649	14:16.300
56	119	MARTINEZ MIGUEZ Iván	(56)	MASTER 40 MASC	C.CICLISTA XTREMEBIKE	39:40.195	14:17.846
57	346	ARES VAZQUEZ Marcos	(57)	MASTER 40 MASC	CORBELO	39:41.887	14:19.538
58	83	CAMPOS BOULLOSA Rubén	(58)	MASTER 40 MASC	MARCISPORT QBICI	39:42.689	14:20.340
59	42	PEREZ MORAIS Pablo	(59)	MASTER 40 MASC	PEÑA AMIL	40:12.864	14:50.515
60	191	ABUIN CRESPO Fran	(60)	MASTER 40 MASC	POIO BIKE CLUB	40:30.011	15:07.662
61	55	TATO DOMINGUEZ Eloy	(61)	MASTER 40 MASC	ACS SANOMEDIO	41:09.735	15:47.386
62	298	LOMBA MARTINEZ Victor	(62)	MASTER 40 MASC		42:01.627	16:39.278
63	27	SOTELINO GARRIDO Carlos	(63)	MASTER 40 MASC	ADC PICARAÑA	42:05.866	16:43.517
64	143	RODRIGUEZ FERNANDEZ Jose Javier	(64)	MASTER 40 MASC		42:27.687	17:05.338
65	303	RODICIO GARCIA Iago	(65)	MASTER 40 MASC		43:10.910	17:48.561
66	29	MIGUELEZ PEREIRA Miguel	(66)	MASTER 40 MASC		43:22.446	18:00.097
67	49	MIGUELEZ ROZADA Luis Ángel	(67)	MASTER 40 MASC		43:25.293	18:02.944
68	14	OTERO FERNANDEZ Juan Pablo	(68)	MASTER 40 MASC	ADC PICARAÑA	43:26.017	18:03.668
69	142	LOIS BERMUDEZ Javier	(69)	MASTER 40 MASC	PETA Z	43:47.751	18:25.402
70	124	SUAREZ LAGO Jose Antonio	(70)	MASTER 40 MASC	CLUB CICLISTA DUMBRIA	43:47.847	18:25.498
71	188	REY IGLESIAS Juan José	(71)	MASTER 40 MASC	PATERBERG	43:54.217	18:31.868
72	270	FERNANDEZ ALONSO José María	(72)	MASTER 40 MASC		44:39.209	19:16.860
73	141	VAZQUEZ FERNANDEZ Alberto	(73)	MASTER 40 MASC	CIDADE DE LUGO	45:36.496	20:14.147
74	237	RODRIGUEZ ALVAREZ Perfecto	(74)	MASTER 40 MASC		45:48.268	20:25.919
75	156	MOLDES SUAREZ Valeriano	(75)	MASTER 40 MASC	EL PUERTO BWS	46:02.490	20:40.141
76	194	FONTENLA TORRES Manuel	(76)	MASTER 40 MASC	CAMPO LAMEIRO CD CC	46:14.146	20:51.797
77	310	FONTAN CELARD Óscar José	(77)	MASTER 40 MASC	CLUB CICLISTA PONTEAREAS	46:15.086	20:52.737
78	339	OUTON FERREIRO Amador	(78)	MASTER 40 MASC	C.C CAMPO LAMEIRO S.D	46:20.318	20:57.969
79	344	FDEZ GLEZ Camilo	(79)	MASTER 40 MASC		46:26.038	21:03.689
80	179	SANTOS ALONSO Isaac	(80)	MASTER 40 MASC	PLAN C	46:41.175	21:18.826
81	255	DUPONT Manuel	(81)	MASTER 40 MASC	CLUB CICLISTA OROSO	46:42.702	21:20.353
82	98	MOURIÑO FORTES Victor Manuel	(82)	MASTER 40 MASC		47:33.031	22:10.682
83	204	MOREIRA PEREIRA Enrique	(83)	MASTER 40 MASC	ADN BIKERS	48:46.400	23:24.051
84	181	FERNANDEZ FERNANDEZ Francisco Javie	(84)	MASTER 40 MASC	ATLETISMO BAIONA	49:02.382	23:40.033
85	26	VILLANUEVA GOICOECHEA Pablo	(85)	MASTER 40 MASC		49:43.634	24:21.285
86	135	RIVEIRA MONTES Manuel	(86)	MASTER 40 MASC	BIKESTRADA	50:09.303	24:46.954



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87	273	RODRIGUEZ OLIVEIRA Jorge	(87)	MASTER 40 MASC	CC ARAGONTA	50:21.303	24:58.954
88	22	CARBALLIDO FERREIRO Carlos	(88)	MASTER 40 MASC	C.C. PONTEAREAS	50:53.712	25:31.363
89	112	QUINTELA ALONSO Pablo	(89)	MASTER 40 MASC		52:59.993	27:37.644
90	249	BRAGADO FERNADEZ Ivan	(90)	MASTER 40 MASC	DISCAMINO	53:40.984	28:18.635
91	87	SOUTO TABOAS Ricardo	(91)	MASTER 40 MASC	ACMP	56:00.452	30:38.103
92	78	PAZOS HERNANDEZ Pablo José	(92)	MASTER 40 MASC	CLUB TRIATLON CORUÑA	56:48.518	31:26.169
93	294	MONTERO VAZQUEZ Senén	(93)	MASTER 40 MASC	C.C. A NARES BIKE	58:11.835	32:49.486
94	130	DIEGUEZ GOMEZ Javier	(94)	MASTER 40 MASC	CLUB BIKINEROS	1h00:25.435	35:03.086
95	48	COUSO Alberto	(95)	MASTER 40 MASC	CD MIRADOIRO	1h02:21.416	36:59.067

MASTER 50 MASC

1	235	LOPEZ DE GUEREÑO LAREU BALO Juan Luis	(1)	MASTER 50 MASC	LASAL COCINAS LOURIÑA	26:45.479	
2	210	RODRIGREZ REY Marcial	(2)	MASTER 50 MASC	QUEBICI	28:42.171	1:56.692
3	137	MONTORIO FERRANDEZ Jesús	(3)	MASTER 50 MASC	CC OLIVICO	28:45.410	1:59.931
4	215	ROMERO PEREIRA David Antonio	(4)	MASTER 50 MASC	RODOSA	31:17.325	4:31.846
5	234	CASTRO SIEIRO Roberto D.	(5)	MASTER 50 MASC	BTT ULTREIA	31:40.359	4:54.880
6	287	FERNANDEZ CASTIÑEIRA Alberto	(6)	MASTER 50 MASC	CC CHANTADINO	32:11.193	5:25.714
7	357	VAZQUEZ VAZQUEZ Antonio	(7)	MASTER 50 MASC	BIKE OU NON VAI	34:00.141	7:14.662
8	259	GONZALEZ POTES Jose Luis	(8)	MASTER 50 MASC	CLUB CICLISTA TREITOIRO	34:06.365	7:20.886
9	288	RODRIGUEZ GONZALEZ Francisco José	(9)	MASTER 50 MASC	CC CHANTADINO	34:15.697	7:30.218
10	1	PINO COUÑAGO Álvaro	(10)	MASTER 50 MASC	PLAN C	34:46.037	8:00.558
11	211	OLIVEIRA BOGA Jose Manuel	(11)	MASTER 50 MASC	OLIVEIRA BIKES	34:49.801	8:04.322
12	352	COMESAÑA FORTES Jose Manuel	(12)	MASTER 50 MASC	MONTEFERRO	34:55.676	8:10.197
13	2	INDURAIN LARRAYA Miguel	(13)	MASTER 50 MASC	RAPHA MALLORCA CYCLING TEAM	34:59.689	8:14.210
14	4	RODRIGUEZ CASTRO Rafael	(14)	MASTER 50 MASC		35:20.502	8:35.023
15	351	GONZALEZ GARRIDO Antonio	(15)	MASTER 50 MASC	CLUB CICLISTA SALVATERRA DE MI	35:39.921	8:54.442
16	360	BOENTE CAMPOS José Luis	(16)	MASTER 50 MASC	TREK FACTORY RACING	36:33.322	9:47.843
17	173	GARCIA EIRAS Alberto	(17)	MASTER 50 MASC	PLAN C	36:46.873	10:01.394
18	123	NEIRA CONDE Jose Luis	(18)	MASTER 50 MASC		37:14.665	10:29.186
19	134	LADO SANCHEZ Xose Manuel	(19)	MASTER 50 MASC	SIN EQUIPO	37:25.807	10:40.328
20	152	PRIETO VARELA Gonzalo	(20)	MASTER 50 MASC		37:42.979	10:57.500
21	168	SUAREZ GARRIDO Moncho	(21)	MASTER 50 MASC	CLUB DEPORTIVO DELIKIA	37:43.529	10:58.050
22	113	LORENZO MAYO Juan José	(22)	MASTER 50 MASC	OS ABESOUROS	38:33.720	11:48.241
23	10	MOSQUERA FERRO Óscar	(23)	MASTER 50 MASC	GARAGE CORSE	39:00.552	12:15.073
24	252	PEREZ FERREIRO Juan	(24)	MASTER 50 MASC	TRIVAO	39:28.987	12:43.508
25	240	LADO LESTON José Antonio	(25)	MASTER 50 MASC	MUROS	39:39.304	12:53.825
26	108	ARUFE Jorge	(26)	MASTER 50 MASC		39:43.838	12:58.359
27	242	RODRIGUEZ GONZALEZ Jesús	(27)	MASTER 50 MASC	TRIATLÓN VAO	39:53.070	13:07.591
28	20	OTERO MOURIÑO Javier	(28)	MASTER 50 MASC	C.C.XTREMEBIKE	39:57.764	13:12.285
29	251	COVELO LOPEZ Jose	(29)	MASTER 50 MASC	TRIVAO	40:00.619	13:15.140
30	314	PEREZ LABACA DIZ Xoán Xosé	(30)	MASTER 50 MASC	GRUPETA PAN DE ZARKO	40:13.511	13:28.032
31	34	ALVAREZ FERNANDEZ Higinio	(31)	MASTER 50 MASC	TOLEMIA BIKE CCVC	40:15.468	13:29.989
32	231	SOUTO OTERO Jaime	(32)	MASTER 50 MASC	CLUB CICLISTA TERRAS DO EUME	40:19.730	13:34.251
33	33	GARCIA CASTRO Fernando	(33)	MASTER 50 MASC	TUZAROS	40:44.422	13:58.943
34	301	FERNANDEZ COMESAÑA Manuel	(34)	MASTER 50 MASC	CC MIÑOR BIKE	41:07.112	14:21.633
35	263	PEREZ BLANCO Pablo	(35)	MASTER 50 MASC	CLUB DEPORTIVO DELIKIA	41:12.879	14:27.400



Sestelo Clásica Álvaro Pino 2023 CRONOESCALADA

Clit	Dor.	Apellidos y nombre	(Clit)	Categoría	Club	Tiempo	Diferencia
36	371	IGLESIAS CRESPO Jose Luis	(36)	MASTER 50 MASC	ASOCIACIÓN CICLOTURISTA OURENS	41:35.638	14:50.159
37	327	LAGOA GUARDADO Alvaro	(37)	MASTER 50 MASC	BIKE OU NON VAI	41:40.366	14:54.887
38	25	DE CASTRO PARGA Gonzalo	(38)	MASTER 50 MASC	SIRENO TRIATLÓN CLUB	42:10.788	15:25.309
39	300	BLANCO GONZALEZ Miguel Angel	(39)	MASTER 50 MASC	INDEPENDIENTE	42:16.207	15:30.728
40	63	RODRIGUEZ IGLESIAS Jose Andrés	(40)	MASTER 50 MASC	ADC PICARAÑA	42:36.393	15:50.914
41	21	BENAVIDES BARREIRO Pablo	(41)	MASTER 50 MASC		42:39.665	15:54.186
42	145	MONTE SECADES Rafael	(42)	MASTER 50 MASC	CLUB MONTE PENARRUBIA	42:57.044	16:11.565
43	160	SANTERBAS Antonio	(43)	MASTER 50 MASC		43:18.237	16:32.758
44	245	GIL ALONSO Francisco	(44)	MASTER 50 MASC	CLUB TRIATLON VAO	43:39.753	16:54.274
45	61	FERRO PARDAL Juan Luis	(45)	MASTER 50 MASC	ADC PICARAÑA	43:47.403	17:01.924
46	309	BAAMONDE GONZALE Antonio	(46)	MASTER 50 MASC	CLUB TRIATLÓN MORRAZO	43:58.984	17:13.505
47	169	PONTE GONZALEZ Jaime	(47)	MASTER 50 MASC		45:09.994	18:24.515
48	269	MOSTEIRO Arturo	(48)	MASTER 50 MASC	ARMENTEIRAIPUNTO	45:42.720	18:57.241
49	199	CALVIÑO GROBA Antonio	(49)	MASTER 50 MASC	CC LAMPREA	45:58.137	19:12.658
50	129	GARCIA VAZQUEZ Pablo	(50)	MASTER 50 MASC		46:03.786	19:18.307
51	19	GANDARA LADO Jose Domingo	(51)	MASTER 50 MASC	CLUB CICLISTA DUMBRIA	46:14.616	19:29.137
52	358	BARCIELA ALONSO Manuel	(52)	MASTER 50 MASC		47:24.315	20:38.836
53	279	FERNANDEZ OÑATE Manuel Alfonso	(53)	MASTER 50 MASC		47:41.004	20:55.525
54	69	ARENA RAMILA Ramón	(54)	MASTER 50 MASC		47:51.191	21:05.712
55	132	TRILLO CALVO Victor Manuel	(55)	MASTER 50 MASC	CC.DUMBRIA	48:10.050	21:24.571
56	39	GOMEZ RODRIGUEZ Carlos Manuel	(56)	MASTER 50 MASC	CICLISMO OIENSE	48:58.913	22:13.434
57	136	CASTROMAN LOPEZ Jose	(57)	MASTER 50 MASC	BIKESTRADA	50:09.492	23:24.013
58	214	GONZALEZ REJAS Miguel	(58)	MASTER 50 MASC	LAMPREA	51:30.198	24:44.719
59	146	CERQUEIRO GONZALEZ Jose Manuel	(59)	MASTER 50 MASC	MURUM ATHELTICA	53:01.909	26:16.430
60	340	LEGASPI PEDREIRA Jose Antonio	(60)	MASTER 50 MASC	INDIVIDUAL	53:21.307	26:35.828
61	325	GARCIA FERNANDEZ Baldomero	(61)	MASTER 50 MASC		54:03.741	27:18.262
62	238	PEREIRA RODRIGUEZ Jose Antonio	(62)	MASTER 50 MASC	PICARAÑA	58:27.376	31:41.897
63	68	CORES FIGUEIREDO Ángel	(63)	MASTER 50 MASC	MIRATROTTERS	1h03:46.544	37:01.065
64	126	ALONSO Manuel	(64)	MASTER 50 MASC	TRAVIASAS, C.C	1h05:58.161	39:12.682
65	74	LIZ RODRIGUEZ Jose Carlos	(65)	MASTER 50 MASC	CC TRAVESIA	1h06:00.249	39:14.770

E-BIKE

1	337	UBEIRA RIOS Jose Manuel	(1)	E-BIKE	CONDADO BIKE-BIZIEBIKE	25:06.765	
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CRONOMETRAJE

