

CARREIRA PRAIA DE SAMIL 8K 2022

Clasificación General 8K

Clit	Dor.	Apellidos y nombre	Equipo	Categoría	(Clit)	Inter 1 (Clit)	Tiempo	Diferencia
MACULINO								
1	310	FORTES MONTENEGRO Ricardo		Veteranos I	(1)	18:28.090 (2)	30:08.709	
2	295	PIÑEIRO PEREZ Óscar	KENNEL DEN	Veteranos I	(2)	18:27.108 (1)	30:35.381	26.672
3	80	JALDA SEOANE Ángel Daniel	COMESAÑA SPORTING CLUB	Senior	(1)	18:53.255 (4)	30:54.998	46.289
4	1	BARGIELA ARAUJO Daniel	BIKILA	Veteranos II	(1)	18:57.186 (5)	31:02.827	54.118
5	49	CONDE GONZALVO Javier	C.A.R. MARISQUEIRO	Veteranos II	(2)	19:02.755 (7)	31:24.084	1:15.375
6	392	VAZQUEZ PAVON Roberto	TANINOS RUNNERS PONTEAREAS	Veteranos I	(3)	19:07.412 (8)	31:28.279	1:19.570
7	365	BRANDON DOMINGUEZ Gonzalo	C.A.R. MARISQUEIRO	Veteranos I	(4)	18:59.817 (6)	31:38.288	1:29.579
8	149	OTERO PINO Noah	COMESAÑA SPORTING CLUB	Senior	(2)	18:51.109 (3)	31:47.005	1:38.296
9	273	GUERRA HERBELLO Diego	C.A.R.MARISQUEIRO	Senior	(3)	19:17.109 (9)	31:50.826	1:42.117
10	241	MARZOA RUIZ Miguel	C.A.R. MARISQUEIRO	Veteranos I	(5)	19:17.776 (10)	32:04.232	1:55.523
11	225	OTERO RAMIREZ Alejandro	ATHLETICS FISIOTERAPIA SAN LAZ	Veteranos I	(6)	19:27.738 (12)	32:15.693	2:06.984
11	113	COMESAÑA CHAVERT Dario	ATHLETICS FISIOTERAPIA SAN LAZ	Senior	(4)	19:25.717 (11)	32:15.693	2:06.984
13	21	AMOEDO GIMENEZ Antón	C.A. VETERANOS DE SAMIL	Veteranos II	(3)	19:37.557 (14)	32:25.185	2:16.476
14	372	DAFONTE MARTINEZ Miguel	VIGOENTRENA	Veteranos I	(7)	19:36.768 (13)	32:27.739	2:19.030
15	182	GONZALEZ CASTRO Sindo	SDCOMPOSTELA	Veteranos I	(8)	19:49.237 (18)	32:28.537	2:19.828
16	243	TORRES Angel		Sub 18	(1)	19:39.838 (15)	32:28.632	2:19.923
17	358	FERNANDEZ DE TORO Manuel	C.A. VETERANOS DE SAMIL	Veteranos II	(4)	19:41.529 (16)	32:39.223	2:30.514
18	176	ALBORES MIGUEZ Jorge	ATLETISMO BAIONA	Veteranos II	(5)	20:05.639 (19)	32:51.833	2:43.124
19	309	SALGADO PAZOS Luis		Senior	(5)	19:47.158 (17)	33:37.584	3:28.875
20	191	MARTINEZ IGLESIAS Eric		Senior	(6)	20:28.389 (20)	33:41.192	3:32.483
21	163	SUAREZ MARTINEZ Manuel	C.A. VETERANOS DE SAMIL	Veteranos III	(1)	20:52.393 (26)	33:46.630	3:37.921
22	144	VALVERDE VILLAR Martín	C.A. VETERANOS DE SAMIL	Veteranos II	(6)	20:53.790 (27)	33:48.716	3:40.007
23	317	GONZALEZ GARRIDO Antonio	CLUB CICLISTA SALVATERRA DE MI	Veteranos III	(2)	20:48.458 (23)	33:53.990	3:45.281
24	340	SOUTO CORTIZO Manuel	BURGAS ATLETISMO OURENSE	Veteranos III	(3)	20:45.393 (22)	33:54.295	3:45.586
25	46	CORZON VIEITES Alfonso	CSCR BEADE	Veteranos I	(9)	20:57.159 (28)	33:59.402	3:50.693
26	196	CAMPOS ABALDE Antonio	CASTRELOSKM-0	Veteranos II	(7)	21:19.342 (35)	34:01.373	3:52.664
27	65	ESTEVEZ ALONSO Carlos Javier	CASTRELOS KM-0	Veteranos III	(4)	21:20.019 (36)	34:01.490	3:52.781
28	235	FERNANDEZ ALVAREZ Rafael	"CASTRELOS 20:30"	Veteranos II	(8)	20:59.314 (29)	34:03.459	3:54.750
29	51	RIO PEREIRA Yago Daniel	INDEPENDIENTE	Sub 18	(2)	20:49.971 (24)	34:16.114	4:07.405
30	282	GALLEGO APARICIO Manuel		Senior	(7)	21:01.640 (30)	34:27.129	4:18.420
31	322	LUACES LARRAN Mario	AGRUPACION VIGUESA DE ATLETISM	Sub 18	(3)	20:52.250 (25)	34:27.996	4:19.287
32	81	RODRIGUEZ PEREZ Javier		Veteranos I	(10)	21:37.420 (41)	34:28.489	4:19.780
33	157	VAZQUEZ VARELA Tito	C.A.R. MARISQUEIRO	Veteranos II	(9)	21:17.962 (33)	34:29.016	4:20.307
34	381	NIETO FERNANDEZ Miguel Ángel		Veteranos II	(10)	21:17.501 (32)	34:29.074	4:20.365
35	395	GARCÍA PAZO Eduardo	BIKILA	Veteranos I	(11)	21:17.294 (31)	34:29.121	4:20.412
36	223	ALONSO GONZALEZ André		Veteranos I	(12)	21:18.374 (34)	34:35.074	4:26.365
37	78	ANDION RIVADULLA Antonio	CULB ATLETISMO SAMIL	Veteranos I	(13)	21:25.559 (38)	34:50.076	4:41.367
38	367	CAMBON ARCEO Xosé Manuel		Veteranos III	(5)		34:51.457	4:42.748
39	293	ACUÑA GARCIA Javier	COMESAÑA SPORTING CLUB	Sub 18	(4)	20:35.498 (21)	34:54.692	4:45.983
40	252	BERNARDEZ RODRIGUEZ Dario	CLUB CIBUS	Veteranos I	(14)	22:32.096 (53)	34:59.262	4:50.553
41	107	FERVENZA FRAGUEIRO Andres	CAR REDONDELA	Veteranos II	(11)	21:30.940 (40)	35:06.598	4:57.889

17/05/2022

El 17/05/2022 a 17:06 / Página 1/8

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Clt	Dor.	Apellidos y nombre	Equipo	Categoría	(Clt)	Inter 1 (Clt)	Tiempo	Diferencia
42	305	RODRIGUEZ FERREIRO Miguel	LAMARGHA-AUTOTODO	Senior	(8)	21:22.042 (37)	35:07.748	4:59.039
43	192	MALLO PEREZ Francisco A.	C. A. R. MARISQUEIRO	Veteranos I	(15)	21:44.081 (42)	35:32.615	5:23.906
44	335	MARTINEZ ALONSO Dalma	TANINOS PONTEAREAS	Veteranos I	(16)	21:29.520 (39)	35:34.629	5:25.920
45	116	COSTAS VILLAR Xoel	MAIS QUE AUGA	Veteranos II	(12)	22:02.560 (48)	35:39.574	5:30.865
46	30	RODRIGUEZ VELILLA Pedro	C.A. VETERANOS DE SAMIL	Sub 18	(5)	21:58.655 (46)	35:44.450	5:35.741
47	251	PEREZ FERNANDEZ Óscar	CIBUS	Veteranos I	(17)	22:37.761 (58)	35:55.266	5:46.557
48	396	VILLAR RORIGUEZ Lalo	C.T. SIRENO	Veteranos III	(6)	22:24.562 (51)	36:03.015	5:54.306
49	306	FERNANDEZ FERNANDEZ Andrés	CIBUS	Veteranos I	(18)	23:00.514 (68)	36:04.535	5:55.826
50	364	BLANCO MARTINEZ Diego	CIBUS	Senior	(9)	23:01.275 (69)	36:05.683	5:56.974
51	115	PEREZ CONDE Enrique	SIN CLUB	Veteranos I	(19)	21:52.061 (43)	36:05.942	5:57.233
52	244	GOMEZ COMESAÑA Julio	CIBUS	Veteranos I	(20)	22:48.537 (62)	36:06.504	5:57.795
53	301	RELO VILLAR Teo		Sub 18	(6)	21:59.301 (47)	36:10.911	6:02.202
54	346	LEDO NOVOA José Eugenio	CIBUS	Veteranos II	(13)	22:59.854 (67)	36:13.653	6:04.944
55	271	PICO PITA Jose Luis	CASTRELOS 20:30	Veteranos II	(14)	21:58.481 (45)	36:14.450	6:05.741
56	253	SANCHEZ MOREIRA Ricardo	CIBUS	Veteranos I	(21)	22:50.575 (63)	36:19.466	6:10.757
57	64	COUSIÑO SENDIN José Manuel	CASTRELOS KM-0	Veteranos II	(15)	22:43.715 (60)	36:20.332	6:11.623
58	167	ALONSO FERNANDEZ Alberto		Veteranos II	(16)	21:54.063 (44)	36:25.247	6:16.538
59	34	RODRIGUEZ COLLAZO Jose Jacobo	C.A. VETERANOS DE SAMIL	Veteranos II	(17)	22:40.923 (59)	36:25.910	6:17.201
60	151	CARRERA José	INDEPENDIENTE	Veteranos II	(18)	22:27.611 (52)	36:28.277	6:19.568
61	12	SIO FERNANDEZ Ruben	ATLETISMO PORRIÑO	Veteranos II	(19)	22:21.961 (50)	36:29.027	6:20.318
62	386	QUIROGA FERNANDEZ Iago	TRINORTH	Veteranos I	(22)	22:32.341 (55)	36:33.575	6:24.866
63	156	PECES GARCIA Uge		Veteranos I	(23)	22:51.921 (64)	36:35.730	6:27.021
64	374	DOMINGUEZ Sergio		Senior	(10)	22:33.822 (56)	36:46.770	6:38.061
65	54	BARREIRO BARREIRO Benigno	ATHLETICS AVENTURA XTREM	Veteranos III	(7)	22:36.822 (57)	36:54.972	6:46.263
66	67	ENGUIX CASTELO Manuel	CAR MARISQUEIRO	Veteranos II	(20)	23:08.023 (74)	36:57.527	6:48.818
67	286	CONEJERO JORDAN Borja		Veteranos I	(24)	22:56.583 (65)	37:05.495	6:56.786
68	96	ALONSO Javier		Veteranos II	(21)	22:58.036 (66)	37:11.007	7:02.298
69	211	SANTOS OLAVARRIETA Benito	CASTRELOS KM-0	Veteranos II	(22)	22:48.155 (61)	37:18.012	7:09.303
70	283	BRU VAZQUEZ Richibru	C.A. VETERANOS DE SAMIL	Veteranos I	(25)	22:32.220 (54)	37:18.574	7:09.865
71	158	PIÑEIRO RODRIGUEZ Arturo	PORCOS CELTAS	Senior	(11)	23:02.863 (70)	37:34.464	7:25.755
72	88	FERNANDEZ COMESAÑA Manuel	COMESAÑA SPORTING CLUB	Veteranos III	(8)	23:07.164 (73)	37:37.395	7:28.686
73	311	MURUETA ALONSO Jon Andoni	LIBRE	Veteranos II	(23)	23:05.857 (72)	37:47.052	7:38.343
74	72	FERNANDEZ GONZALEZ Jose Manuel		Senior	(12)	23:42.946 (81)	37:51.268	7:42.559
75	352	MIRANDA VIEITO Jose Manuel	ATHLETICS FISIOTERAPIA SAN LAZ	Veteranos I	(26)	22:09.692 (49)	37:52.418	7:43.709
76	278	IGLESIAS DOMINGUEZ Francisco		Veteranos II	(24)	23:04.844 (71)	37:53.824	7:45.115
77	66	SOLBES Rafa	C.A.R. MARISQUEIRO	Veteranos II	(25)	23:24.143 (77)	37:57.832	7:49.123
78	141	FERNANDEZ GRADIN David	GRUPO DE EMPRESA	Veteranos I	(27)	23:17.542 (75)	38:01.393	7:52.684
79	104	PEREZ LEIROS Ruben		Senior	(13)	23:21.977 (76)	38:01.464	7:52.755
80	76	CUEVAS RIOBO Ivan Alejandro		Senior	(14)	23:33.063 (79)	38:03.575	7:54.866
81	22	ANGUITA Federico	C.A. VETERANOS DE SAMIL	Senior	(15)	23:33.123 (80)	38:13.980	8:05.271
82	154	TIZON FREIRIA Germán A.	SEMPRE LA	Veteranos I	(28)	23:46.163 (83)	38:16.348	8:07.639
83	117	PORTO RODRIGUEZ Alfonso	CLUB ATLETISMO SALVATERRA	Veteranos II	(26)	23:58.537 (84)	38:21.878	8:13.169
84	55	URBANO MARTINEZ Jorge	CLUBE ATLETISMO BURELA	Veteranos I	(29)	23:44.975 (82)	38:31.698	8:22.989
85	169	COSTAS BARCIA Diego	MAIS QUE AUGA	Senior	(16)	24:00.018 (85)	38:32.097	8:23.388



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86	366	CABALEIRO Daniel		Senior	(17)	23:31.235 (78)	38:47.519	8:38.810
87	140	COSTAS COSTAS Ángel	MONTE PEQUEÑO	Veteranos II	(27)	24:13.506 (89)	38:56.449	8:47.740
88	37	CAMPO RODRIGUEZ Iván	RELAX TRAIL	Veteranos I	(30)	24:14.274 (90)	39:12.153	9:03.444
89	202	AMOEDO GONZALEZ Anton	CAR REDONDELA	Sub 18	(7)	24:02.284 (86)	39:14.238	9:05.529
90	324	OSORIO DIEGUEZ Pablo	GACELAS DEL LAGARES	Veteranos II	(28)	24:12.597 (88)	39:22.371	9:13.662
91	70	DE PRADO VAZQUEZ Álvaro	ATLETISMO BAIONA	Veteranos II	(29)	24:31.879 (96)	39:22.768	9:14.059
92	95	SUAREZ RODRIGUEZ Marco		Veteranos I	(31)	24:16.678 (91)	39:24.456	9:15.747
93	281	BLANCO Pablo		Senior	(18)	24:36.408 (100)	39:25.182	9:16.473
94	268	LAGO LOPEZ Alberto		Veteranos II	(30)	24:25.837 (93)	39:33.175	9:24.466
95	391	TRASHORRAS LAMELA Miguel		Veteranos I	(32)	24:29.942 (95)	39:33.926	9:25.217
96	326	VILLAR ALVAREZ Enrique		Veteranos III	(9)	24:05.894 (87)	39:36.526	9:27.817
97	260	RIVADA RODRIGUEZ Gabriel		Veteranos I	(33)	24:45.878 (102)	39:40.933	9:32.224
98	99	GLEZ UCLES David	CLUB DEPORTIVO DELIKIA	Veteranos I	(34)	25:31.838 (121)	39:42.292	9:33.583
99	336	GONZALEZ PEREZ Enrique	MAIS QUE AUGA	Veteranos I	(35)	24:50.140 (105)	39:42.878	9:34.169
100	168	REBOREDA GRAÑA Amador	PINARIUM	Veteranos III	(10)	24:47.845 (103)	39:44.003	9:35.294
101	214	VEGA GARCIA Antonio		Veteranos I	(36)	24:35.845 (99)	39:47.308	9:38.599
102	215	RODILLA ALVAREZ Iván		Veteranos II	(31)	24:29.104 (94)	39:50.309	9:41.600
103	259	PIÑA REFOJOS Luis	CLUB DEPORTIVO DELIKIA	Veteranos II	(32)	25:44.886 (125)	39:56.590	9:47.881
104	58	YAÑEZ BREA Fran	MERCANTIL VIGO	Veteranos II	(33)	24:41.277 (101)	39:58.463	9:49.754
105	247	SANROMAN CALVAR Juan Carlos		Veteranos II	(34)	24:32.646 (97)	40:14.799	10:06.090
106	368	CASTIÑEIRA COUSILLAS Santiago	-	Veteranos I	(37)	24:53.778 (106)	40:16.932	10:08.223
107	179	ALVAREZ VARELA José Manuel	OSSO,JACA	Veteranos III	(11)	25:23.279 (113)	40:17.518	10:08.809
108	71	RODRIGUEZ SOBREIRA Jesus		Veteranos III	(12)	25:26.647 (118)	40:21.854	10:13.145
109	87	ALONSO CONDE Javier	BTX RUNNING TEAM	Veteranos I	(38)	24:25.544 (92)	40:23.048	10:14.339
110	331	DE LA FUENTE SANTOS Enrique		Veteranos II	(35)	25:04.365 (108)	40:24.105	10:15.396
111	186	REGUERA FERREIRA Lucas		Senior	(19)	24:58.606 (107)	40:28.088	10:19.379
112	270	IRIARTE MORALEJO Gerardo		Veteranos I	(39)	24:33.775 (98)	40:34.182	10:25.473
113	338	RODRIGUEZ COLLAZO Raul	CAZAFANTASMAS TEAM	Veteranos I	(40)	25:19.328 (112)	40:36.080	10:27.371
114	197	SOLLA CRESPO Santiago	*CLUB DEPORTIVO PINARIUM	VETERANOS"	(1)	25:17.638 (111)	40:46.229	10:37.520
115	341	RODRIGUEZ PAZ Jose		Veteranos III	(13)	25:16.217 (110)	40:47.565	10:38.856
116	325	VAZQUEZ RODRIGUEZ Anxo		Veteranos II	(36)	25:08.557 (109)	40:53.449	10:44.740
117	97	BARREIRO Hugo		Veteranos I	(41)	24:48.545 (104)	41:06.292	10:57.583
118	302	ALONSO VAZQUEZ Pedro	CLUB DEPORTIVO PINARIUM	Veteranos I	(42)	25:26.424 (117)	41:07.159	10:58.450
119	388	RODRIGUEZ ESPAÑOL Juan		Veteranos II	(37)	25:42.097 (123)	41:08.073	10:59.364
120	328	DOMINGEZ SIMONS Jaime		Veteranos II	(38)	25:30.867 (120)	41:09.291	11:00.582
121	204	CABALEIRO ROCHA Daniel	BIKILA	Senior	(20)	25:23.342 (114)	41:32.002	11:23.293
122	174	TIZON FUENTES Juan		Senior	(21)	25:25.406 (116)	41:36.269	11:27.560
123	299	DOMONTE PEREZ Victor	TRAIL COMO CABRAS	Senior	(22)	25:42.865 (124)	41:36.760	11:28.051
124	183	SANCHEZ RAMOS Josías		Veteranos II	(39)	25:55.359 (129)	41:38.189	11:29.480
125	277	VIEIRA MONTENEGRO Eduardo	C.T. SIRENO	Veteranos IV	(1)	25:58.806 (131)	41:38.378	11:29.669
126	73	FERNANDEZ FERNANDEZ Rafael		Veteranos I	(43)	25:59.787 (132)	41:44.424	11:35.715
127	100	MALLO MARCOS Alberto		Veteranos II	(40)	25:36.017 (122)	41:49.675	11:40.966
128	98	RAÑA GREGORIO Xan	C.A.R. MARISQUEIRO	Veteranos II	(41)	26:02.751 (134)	41:51.597	11:42.888
129	387	RAÑA Xurxo	C.A.R.MARISQUEIRO	Veteranos II	(42)	26:03.232 (136)	41:51.971	11:43.262



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Clt	Dor.	Apellidos y nombre	Equipo	Categoría	(Clt)	Inter 1 (Clt)	Tiempo	Diferencia
130	129	GARCIA COSTAS Federico Amando	C.A.R. MARISQUEIRO	Veteranos IV	(2)	26:15.637 (139)	41:58.722	11:50.013
131	316	GUIMARE GONZALEZ Daniel	ARCHIENEMIGOS TEAM	Veteranos II	(43)	26:22.926 (141)	42:04.651	11:55.942
132	382	PANIAGUA PEREZ Antonio		Senior	(23)	25:29.466 (119)	42:08.027	11:59.318
133	377	GARALOCES FERNANDEZ Xabier	CLUB DEPORTIVO DELIKIA	Veteranos II	(44)	25:56.247 (130)	42:08.169	11:59.460
134	28	RELO FERNANDEZ Pablo	C.A. VETERANOS DE SAMIL	Veteranos I	(44)	25:52.100 (128)	42:20.166	12:11.457
135	126	ALONSO Jaime	ATLETISMO PORRIÑO	Veteranos II	(45)	26:13.408 (138)	42:20.330	12:11.621
136	11	PADIN COUSIDO José Luis	C.A.CAMBADOS-NOVAL	Veteranos IV	(3)	25:49.227 (127)	42:21.760	12:13.051
137	109	CRESPO GONZALEZ Jacinto		Senior	(24)	25:24.226 (115)	42:25.300	12:16.591
138	178	CORTIZO BOULLOSA Daniel		Senior	(25)	26:35.183 (146)	42:25.462	12:16.753
139	275	COSTAS FERNANDEZ Antonio	TRIATLON MAR DE VIGO	Veteranos I	(45)	26:09.566 (137)	42:30.384	12:21.675
140	246	PEITEADO RUIZ Guillermo		Veteranos II	(46)	26:21.339 (140)	42:31.112	12:22.403
141	254	MARTIN BORRAJO Samuel		Veteranos II	(47)	26:02.833 (135)	42:42.010	12:33.301
142	378	HERMIDA FERNANDEZ Manuel	NINGUNO	Veteranos IV	(4)	26:40.628 (148)	42:46.110	12:37.401
143	145	RODRIGUEZ ALONSO José Eduardo		Veteranos I	(46)	25:48.139 (126)	42:48.270	12:39.561
144	343	CABALEIRO HERNANDEZ Jesus		Veteranos III	(14)	26:00.349 (133)	42:52.956	12:44.247
145	53	VARELA RÚA Javier		Veteranos I	(47)	26:40.906 (149)	43:00.573	12:51.864
146	213	LIMIA PRADO Sergio		Veteranos I	(48)	26:45.867 (151)	43:03.081	12:54.372
147	280	GARRIDO FERNANDEZ Edgar		Senior	(26)	27:05.850 (157)	43:06.923	12:58.214
148	261	VIDEIRA CORREA Alberto		Veteranos III	(15)	26:44.163 (150)	43:07.860	12:59.151
149	189	FERNANDEZ COSTA Ricardo		Veteranos III	(16)	27:12.904 (161)	43:07.909	12:59.200
150	48	SIMOES FERNANDEZ José Luis	CAR MARISQUEIRO	Veteranos III	(17)	27:33.559 (166)	43:13.087	13:04.378
151	85	VALEIJE ALVAREZ Eduardo	C.A. VETERANOS DE SAMIL	Veteranos II	(48)	27:06.527 (158)	43:17.564	13:08.855
152	130	COVELO LOPEZ Jose Francisco		Veteranos II	(49)	27:01.148 (156)	43:17.892	13:09.183
153	353	LORENZO ECHEVARRIA Fernando	C.D. PINARIUM	Veteranos I	(49)	26:38.507 (147)	43:23.774	13:15.065
154	120	FERRADANS RODRIGUEZ Pedro		Senior	(27)	27:17.019 (162)	43:27.338	13:18.629
155	320	CAMACHO CASCAJO Gabriel	CLUB ATLETISMO PORRIÑO	Veteranos II	(50)	26:29.607 (143)	43:27.431	13:18.722
156	348	GUAMA HEREDIA Edwin	PADELEROS	Senior	(28)	26:28.303 (142)	43:33.033	13:24.324
157	155	RODRIGUEZ ALONSO Saúl		Senior	(29)	26:34.400 (145)	43:59.422	13:50.713
158	294	LARA PEREZ José Gabino		Veteranos II	(51)	26:57.718 (153)	44:02.189	13:53.480
159	236	ROCA RODRIGUEZ Ramon		Veteranos III	(18)	27:28.247 (164)	44:15.384	14:06.675
160	185	REGUERA FERREIRA Nicolás	PORCOS CELTAS	Senior	(30)	27:54.328 (170)	44:17.517	14:08.808
161	360	ALFAYA MASSO David		Veteranos II	(52)	27:55.848 (171)	44:21.548	14:12.839
162	373	DIAZ SANTOS Juan Manuel		Senior	(31)	26:29.947 (144)	44:25.767	14:17.058
163	356	CARRERA CARRERA Xosé Manuel	TANINOS RUNNERS PONTEAREAS	Veteranos II	(53)	26:52.661 (152)	44:31.766	14:23.057
164	108	VAZQUEZ PADRON Diego		Veteranos II	(54)	26:59.982 (155)	44:31.931	14:23.222
165	379	HERNANDEZ GRAÑA Juan Carlos		Veteranos I	(50)	27:31.019 (165)	44:40.391	14:31.682
166	242	FDEZ Jaime	CAR MARISQUEIRO	Veteranos II	(55)	26:59.339 (154)	44:44.352	14:35.643
167	232	RODRIGUEZ MORO Alfonso	CASTRELOS 20:30	Veteranos IV	(5)	27:10.603 (159)	44:45.078	14:36.369
168	227	FERNANDEZ MARIÑO Oscar		Senior	(32)	27:53.739 (169)	44:57.174	14:48.465
169	57	SEOANE GIL Adrian		Veteranos I	(51)	27:12.448 (160)	44:58.322	14:49.613
170	166	CACERES MUÑIZ Jorge	OS TROTEIROS	Sub 18	(8)	28:48.842 (183)	44:58.860	14:50.151
171	349	GUAMA MENA Patricio	PADELEROS	Veteranos II	(56)	27:21.763 (163)	45:02.657	14:53.948
172	371	CUÑARRO ROMERO Enrique		Veteranos I	(52)	28:19.861 (173)	45:06.876	14:58.167
173	319	SUAREZ GARRIDO Moncho	CLUB DEPORTIVO DELIKIA	Veteranos II	(57)	28:48.420 (182)	45:22.767	15:14.058

Clt	Dor.	Apellidos y nombre	Equipo	Categoría	(Clt)	Inter 1 (Clt)	Tiempo	Diferencia
174	110	ALONSO LORENZO Alberto	CLUB ATLETISMO SALVATERRA	Veteranos I	(53)	27:47.782 (167)	45:27.664	15:18.955
175	44	COUSO Alberto	CD MIRADOIRO	Veteranos I	(54)	28:52.123 (185)	45:39.572	15:30.863
176	79	ALONSO PEREZ Xabier	C.A. VETERANOS DE SAMIL	Veteranos IV	(6)	28:27.963 (175)	45:45.383	15:36.674
177	315	CODON VEGA Alfonso	C.A.R. MARISQUEIRO	Veteranos II	(58)	27:50.362 (168)	45:47.281	15:38.572
178	188	LAGO LARRAN Santiago	INDEPENDIENTE	Veteranos III	(19)	29:14.603 (194)	45:59.137	15:50.428
179	83	CARPINTERO DOMINGUEZ Julio	C.A. VETERANOS DE SAMIL	Veteranos II	(59)	28:31.434 (177)	46:00.173	15:51.464
180	307	CASTIÑEIRAS NARCISO Kevin		Senior	(33)	28:46.722 (181)	46:11.843	16:03.134
181	165	CACERES MEJUTO Rafael	OS TROTEIROS	Veteranos II	(60)	28:50.128 (184)	46:25.767	16:17.058
182	101	CORES FIGUEIREDO Ángel		Veteranos II	(61)	28:52.311 (186)	46:26.001	16:17.292
183	153	VAZQUEZ GONZALEZ Francisco		Veteranos II	(62)	28:31.753 (178)	46:30.687	16:21.978
184	221	IGLESIAS PEREZ Antonio		Veteranos II	(63)	29:00.502 (190)	46:36.500	16:27.791
185	269	POUSA LUCIO Xoán Manuel		Veteranos II	(64)	28:40.150 (179)	46:41.188	16:32.479
186	177	PENAS Oscar		Senior	(34)	28:27.339 (174)	46:45.734	16:37.025
187	159	OTERO RAFAEL Alberto		Senior	(35)	28:29.841 (176)	46:45.735	16:37.026
188	257	OTERO RAMIREZ Jose Antonio		Veteranos II	(65)	29:03.772 (191)	46:49.930	16:41.221
189	216	LEGARRA CALDERON Juan José		Veteranos II	(66)	29:12.389 (193)	47:00.125	16:51.416
190	164	DE CASTRO PARGA Gonzalo	C.T. SIRENO	Veteranos II	(67)	29:09.788 (192)	47:00.452	16:51.743
191	92	OJEA RODRIGUEZ Gonzalo	FRUTAS NIEVES	Veteranos III	(20)	28:59.521 (189)	47:08.374	16:59.665
192	137	GANDARA CRESPO Marcelino	INDEPENDIENTE	Veteranos I	(55)	27:59.341 (172)	47:13.415	17:04.706
193	279	ABEIGON VIDAL Juan C.		Veteranos III	(21)	28:56.143 (187)	47:17.562	17:08.853
194	292	ZUNZUNEGUI GARRIDO Noé		Veteranos II	(68)	29:30.821 (198)	47:33.243	17:24.534
195	291	IGLESIAS MOSQUERA Yago		Senior	(36)	29:17.129 (195)	47:33.570	17:24.861
196	220	GONZALEZ FERNANDEZ Jose		Veteranos I	(56)	29:26.983 (197)	47:43.018	17:34.309
197	383	PARGA LAGO Alberto		Veteranos II	(69)	28:43.308 (180)	47:43.741	17:35.032
198	219	ARETIO ANTON Jaime		Veteranos I	(57)	29:34.682 (199)	47:56.282	17:47.573
199	195	GONZALEZ MARTINEZ Fernández		Veteranos II	(70)	29:51.132 (201)	48:00.616	17:51.907
200	327	TIENDA CASTRO Daniel		Veteranos II	(71)	29:53.010 (202)	48:02.163	17:53.454
201	250	BARRAL BARREIRO Pablo		Veteranos I	(58)	28:57.092 (188)	48:39.851	18:31.142
202	190	RODRIGUEZ OLLEROS Roberto		Veteranos II	(72)	30:18.324 (204)	48:43.062	18:34.353
203	323	BURLIDO BORREGO Jose Isaías	NO	Veteranos III	(22)	30:22.047 (205)	48:43.742	18:35.033
204	35	RODRIGUEZ DOMINGUEZ Hugo		Senior	(37)	29:41.485 (200)	49:00.780	18:52.071
205	32	LORENZO COSTAS Francisco		Senior	(38)	30:50.203 (207)	49:49.624	19:40.915
206	61	RODRIGUEZ PENA Jorge	CAR MARISQUEIRO	Veteranos II	(73)	30:02.310 (203)	50:00.311	19:51.602
207	36	CEDRON SANCHEZ Gustavo Armando		Veteranos I	(59)	30:24.271 (206)	50:11.656	20:02.947
208	143	FERNANDEZ FERNANDEZ Benito		Veteranos III	(23)	31:34.704 (211)	50:21.756	20:13.047
209	304	PORTAS RAMALLO Luis Adrian	BEER RUNNERS	Senior	(39)	31:00.886 (209)	50:41.725	20:33.016
210	303	IGLESIAS ESTEVEZ Vicente		Senior	(40)	31:00.795 (208)	50:41.914	20:33.205
211	138	VASCONCELLOS GONZALEZ Marcos		Senior	(41)	31:09.311 (210)	51:16.037	21:07.328
212	193	DIAZ IGLESIAS Adolfo	C.A. VETERANOS DE SAMIL	Veteranos IV	(7)	31:48.795 (212)	51:48.474	21:39.765
213	75	DE LA FUENTE SANTOS Jorge		Veteranos II	(74)	32:08.524 (213)	52:15.919	22:07.210
214	285	SAAVEDRA GONZALEZ Narciso		Veteranos II	(75)	32:10.876 (214)	53:03.919	22:55.210
215	229	PORTELA FERNANDEZ Luis		Veteranos II	(76)	33:11.345 (216)	53:48.989	23:40.280
216	52	BERNAL GOMEZ Jesus	INDEPENDIENTE	Veteranos IV	(8)	34:16.387 (221)	54:12.543	24:03.834
217	380	IGLESIAS FERNANDEZ Marcos		Veteranos I	(60)	32:31.326 (215)	54:17.232	24:08.523



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218	162	SANCHEZ GESTIDO Ceferino	C.A. VETERANOS DE SAMIL	Veteranos IV	(9)	34:01.796 (218)	55:10.177	25:01.468
219	312	GOMEZ ARAUJO Ángel Luis	BEHOVIA	Veteranos III	(24)	34:24.640 (223)	55:12.685	25:03.976
220	230	ALONSO NUÑEZ Gonzalo		Veteranos II	(77)	35:10.617 (224)	55:15.918	25:07.209
221	266	PARADA GONZALEZ Luis		Veteranos II	(78)	34:19.396 (222)	55:50.934	25:42.225
222	15	GRAZIANI Rodrigo		Veteranos I	(61)	34:10.366 (220)	56:16.317	26:07.608
223	397	DESTAR GONZÁLEZ Abel	BIKILA	Veteranos I	(62)	29:22.261 (196)	56:17.020	26:08.311
224	330	FERNANDEZ PINTOS Ramiro		Veteranos II	(79)	33:12.754 (217)	56:49.902	26:41.193
225	375	DOMINGUEZ GONZALEZ Daniel	MAIS QUE AUGA	Senior	(42)	35:18.157 (226)	57:33.474	27:24.765
226	233	SAVINO GOMEZ Rodolfo		Veteranos II	(80)	35:17.673 (225)	58:11.159	28:02.450
227	351	COLLAZO BARRERAS Germán		Veteranos IV	(10)	36:24.701 (228)	58:58.341	28:49.632
228	29	RODRIGUEZ GOMEZ Julio	C.A. VETERANOS DE SAMIL	Veteranos III	(25)	36:26.598 (229)	58:58.926	28:50.217
229	5	MARTINEZ GOMEZ Francisco	GALLEUSKA KORRIKOLARI ELKARTEA	Veteranos II	(81)	35:42.377 (227)	58:59.255	28:50.546
230	74	COMESAÑA SOUTO Alejandro		Senior	(43)	34:04.477 (219)	58:59.840	28:51.131
231	209	SOTO AMIL Jose Florencio		Veteranos III	(26)	36:27.013 (230)	1h00:42.170	30:33.461
232	4	ENRIQUE DIEGO RABAZAS Enrique		Veteranos I	(63)	38:27.594 (232)	1h02:41.278	32:32.569
233	218	LOPEZ CARBALLO Álex		Veteranos II	(82)	37:55.493 (231)	1h02:41.557	32:32.848
234	184	GANDARA BOUZA Alejandro	CASTRELOS 20:30	Veteranos II	(83)	38:39.732 (233)	1h04:05.042	33:56.333
235	103	NUÑEZ DAVILA Fernando	ILLASCIESCYCLINGTEAM	Veteranos II	(84)	41:05.242 (234)	1h08:03.037	37:54.328
236	13	GARCIA OTERO Diego	GRUPO EMPRESA GGN INDUGASA	Veteranos II	(85)	41:06.544 (235)	1h08:03.048	37:54.339
237	289	RODRIGUEZ GOMEZ Antolin	C.A. VETERANOS DE SAMIL	Veteranos IV	(11)	41:21.502 (236)	1h08:03.425	37:54.716
238	42	ALONSO INSUA Alberto	ALEJANDRO GOMEZ	Veteranos I	(64)	50:16.690 (237)	1h20:35.000	50:26.291

FEMENINA

1	121	PIÑEL LORENZO Eva	ATLETISMO FEMENINO CELTA	Senior	(1)	21:20.492 (1)	35:26.988	
2	296	TOURIÑO FERREIROS Mónica	KENNEL DEN	Veteranos II	(1)	22:34.337 (2)	36:31.934	1:04.946
3	200	CARBALLO SALGADO Paula	COMESAÑA SPORTING CLUB	Sub 18	(1)	22:35.701 (3)	36:59.801	1:32.813
4	342	MENDEZ TAPIAS Paz	LODEIROS TRAIL	Veteranos I	(1)	23:41.622 (4)	38:22.090	2:55.102
5	2	COLLAZO FERNANDEZ Lorena	C.A. VETERANOS DE SAMIL	Senior	(2)	24:14.865 (7)	39:16.019	3:49.031
6	362	ALONSO ROMERO Marina	CLUB ATLETISMO SALVATERRA	Veteranos I	(2)	24:30.067 (9)	39:25.511	3:58.523
7	385	PEREZ GONZALEZ Elena	BURGAS OURENSE AATLETISMO	Veteranos I	(3)	24:11.863 (6)	39:33.879	4:06.891
8	347	GARCIA DE EUSEBIO Celeste	LODEIROS	Veteranos II	(2)	24:09.324 (5)	39:36.268	4:09.280
9	3	GALLEGO CANABAL Laura	CD DELIKIA	Senior	(3)	24:35.758 (10)	39:50.660	4:23.672
10	63	PEREZ ALONSO Cristina	C.A.R. MARISQUEIRO	Senior	(4)	24:20.836 (8)	39:56.753	4:29.765
11	139	SANTOS FERNANDEZ Tamara	SAMERTOLAMEU	Veteranos I	(4)	25:01.176 (12)	40:28.815	5:01.827
12	333	ALVAREZ LEZANA Nuria		Veteranos I	(5)	25:39.683 (14)	40:58.066	5:31.078
13	93	ABELEIRA CARBALLO Irene		Senior	(5)	24:57.292 (11)	41:14.142	5:47.154
14	361	ALONSO PARENTE Patricia	BIKILA	Veteranos I	(6)	25:53.188 (16)	41:55.791	6:28.803
15	118	MORENO LOBARIÑAS Rita Anaís		Senior	(6)	25:38.939 (13)	41:59.377	6:32.389
16	175	TRABAZOS RODRIGUEZ Leticia	CLUB ATLETISMO SALVATERRA	Senior	(7)	25:41.108 (15)	42:11.470	6:44.482
17	43	FILLOY PEREIRA Rocío		Veteranos I	(7)	26:30.709 (19)	42:46.651	7:19.663
18	111	AMIL PEREZ Jahenet	CLUB ATLETISMO SALVATERRA	Senior	(8)	26:28.819 (18)	43:02.377	7:35.389
19	318	SILVA FERNANDEZ Montse		Veteranos II	(3)	26:42.548 (21)	43:10.931	7:43.943

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20	131	LOPEZ CAMBA Raquel		Veteranos II	(4)	27:02.010 (22)	43:17.422	7:50.434
21	354	NORES MOREIRA Alicia	C.D. PINARIUM	Veteranos I	(8)	26:39.409 (20)	43:23.657	7:56.669
22	264	SORDO GARCIA María Teresa	CONCELLO DE VIGO	Veteranos I	(9)	26:27.907 (17)	43:33.034	8:06.046
23	369	CASTRO COLORADO Julia	BIKILA	Veteranos II	(5)	27:04.518 (23)	43:36.407	8:09.419
24	133	MINIÑO PIÑEIRO Cris	ATLETISMO BAIONA	Veteranos I	(10)	27:07.949 (24)	44:03.992	8:37.004
25	181	RODRIGUEZ ALONSO Sandra		Senior	(9)	27:09.343 (25)	44:34.557	9:07.569
26	224	SARABIA VIDAL Montse		Veteranos I	(11)	27:26.469 (28)	44:38.891	9:11.903
27	249	RIVERA VAZQUEZ Noelia	AGRUPACIÓN VIGUESA DE ATLETISM	Veteranos II	(6)	27:56.742 (30)	44:43.321	9:16.333
28	148	POMBO LOPEZ Belén		Senior	(10)	28:21.109 (33)	44:51.572	9:24.584
29	142	GUARDIA ORTIZ Cecilia Gabriela		Veteranos I	(12)	28:05.542 (32)	45:07.275	9:40.287
30	50	ZAPATA RODRIGUEZ Raquel	CAR MARISQUEIRO	Veteranos I	(13)	27:23.368 (26)	45:23.036	9:56.048
31	272	VALIENTE PICON Sara		Senior	(11)	27:40.063 (29)	45:41.398	10:14.410
32	86	RODRÍGUEZ LÓPEZ Belén	CLUB DEPORTIVO DELIKIA	Veteranos I	(14)	28:58.461 (39)	46:01.742	10:34.754
33	134	GUERRA RODRIGUEZ Ángeles	AGRUPACION VIGUESA DE ATLETISM	Veteranos III	(1)	28:41.150 (35)	46:30.781	11:03.793
34	245	BUSTO SANTALLA Ana		Senior	(12)	28:04.899 (31)	46:30.852	11:03.864
35	263	GARCIA TORRICO Dolly	MAIS QUE AUGA	Veteranos I	(15)	28:57.912 (38)	46:34.344	11:07.356
36	370	CEBREIROS IGLESIAS Sira	A.D. LIMIACTIVA	Senior	(13)	28:56.309 (37)	46:34.602	11:07.614
37	274	SALGADO LOPEZ Beatriz		Veteranos I	(16)	28:39.819 (34)	46:41.423	11:14.435
38	258	OTERO RAMIREZ Maria		Veteranos II	(7)	29:04.159 (41)	46:49.647	11:22.659
39	94	GARCIA DE PABLOS Beatriz	CLUB DEPORTIVO DELIKIA	Veteranos I	(17)	28:59.042 (40)	47:15.054	11:48.066
40	313	COUTO MENDOZA Maite	CLUB ATLETISMO O PINO	Veteranos I	(18)	28:50.689 (36)	47:15.829	11:48.841
41	359	MARTINEZ VIDAL Mirian	C.A.R MARISQUEIRO	Veteranos I	(19)	29:18.560 (43)	47:32.422	12:05.434
42	132	BARREIRO MARTINEZ Ana	ATLETISMO BAIONA	Senior	(14)	29:28.347 (44)	47:54.428	12:27.440
43	135	POMBAR GRAÑA Alba		Senior	(15)	29:35.307 (45)	47:56.280	12:29.292
44	136	SOBRINO ALONSO Cristina		Senior	(16)	30:24.412 (48)	48:11.421	12:44.433
45	344	GALLERO FERNANDEZ Mar		Veteranos III	(2)	29:40.849 (47)	48:17.984	12:50.996
46	6	RODRIGUEZ Isabel		Senior	(17)	29:05.104 (42)	48:22.507	12:55.519
47	329	TORRON DIAZ Cristina		Veteranos I	(20)	29:35.390 (46)	49:10.952	13:43.964
48	334	CASAL MATOS María		Veteranos I	(21)	30:25.171 (49)	49:54.405	14:27.417
49	228	RODAL MALVIDO Loli		Senior	(18)	30:34.201 (50)	49:55.553	14:28.565
50	47	SUAREZ MARTI Ana		Senior	(19)	31:03.125 (52)	50:04.600	14:37.612
51	33	ZAMORA CASTRO Carmen		Veteranos II	(8)	30:49.563 (51)	50:34.107	15:07.119
52	234	PEREZ RODRIGUEZ Luz		Veteranos I	(22)	32:16.944 (58)	50:43.389	15:16.401
53	287	OTERO GONZALEZ Beatriz		Veteranos I	(23)	31:03.651 (53)	51:18.265	15:51.277
54	173	CARREIRA COSTAS Montserrat	COMESAÑA SPORTING CLUB	Veteranos III	(3)	31:43.114 (55)	51:21.499	15:54.511
55	198	VAZQUEZ NOVOA Nieves		Veteranos II	(9)	31:31.567 (54)	51:28.483	16:01.495
56	203	PAZ OLIVEIRA Natalia		Veteranos II	(10)	32:19.186 (59)	51:39.757	16:12.769
57	212	BARTER Sarah		Senior	(20)	31:51.365 (56)	52:05.397	16:38.409
58	384	PEREIRA ESTEVEZ Lorena		Veteranos I	(24)	32:29.505 (61)	52:06.029	16:39.041
59	77	VILLARONGA ARTEAGA Lourdes		Veteranos I	(25)	32:09.013 (57)	52:15.662	16:48.674
60	393	VIÑAS ROMERO Silvia	BIKILA	Veteranos II	(11)	33:14.771 (62)	54:14.113	18:47.125
61	376	ESTEVEZ ARAÚJO Lorena		Veteranos I	(26)	32:24.752 (60)	54:43.316	19:16.328
62	321	MOYANO DE BEÇA Fátima María		Veteranos II	(12)	33:36.947 (64)	54:49.012	19:22.024
63	146	SOUTO MARTINEZ Isabel		Veteranos I	(27)	33:44.174 (66)	55:12.309	19:45.321

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64	147	RADA SOTO Yago		Veteranos I	(28)	33:41.775 (65)	55:12.591	19:45.603
65	298	GONZALEZ MERA Regina	MAISQUEAUGA	Veteranos III	(4)	34:30.368 (70)	55:20.771	19:53.783
66	390	RODRIGUEZ IGLESIAS Ana	MAIS QUE AUGA	Veteranos III	(5)	34:30.269 (69)	55:23.395	19:56.407
67	256	VILAR SANCHEZ Marta		Senior	(21)	33:46.298 (67)	55:31.131	20:04.143
68	363	BAR Aroha		Sub 18	(2)	33:18.984 (63)	55:32.324	20:05.336
69	265	OUTEIRAL VIANA Alicia		Veteranos II	(13)	34:20.469 (68)	55:50.910	20:23.922
70	201	RODRIGUEZ ALVAREZ Marta	BIKILA	Veteranos III	(6)	34:32.036 (71)	56:16.552	20:49.564
71	180	SILVA GONZAGA Cristiana		Veteranos I	(29)	35:16.750 (73)	56:59.676	21:32.688
72	389	RODRIGUEZ GARCIA Sandra	MAIS QUE AUGA	Senior	(22)	35:18.673 (74)	57:33.332	22:06.344
73	255	ROMAR Natalia		Senior	(23)	35:09.377 (72)	58:29.160	23:02.172
74	226	REY FERNANDEZ Almudena		Veteranos I	(30)	35:42.430 (75)	58:59.371	23:32.383
75	45	HERRERO SOPENA Leticia		Veteranos I	(31)	37:16.473 (76)	1h01:08.535	25:41.547
76	231	ALONSO NUÑEZ Paz		Veteranos I	(32)	37:55.210 (77)	1h02:40.714	27:13.726
77	217	CALVIÑO CANCELA Carola		Veteranos II	(14)	38:26.914 (78)	1h02:41.346	27:14.358
78	128	ROMERO MARTINEZ Mónica		Veteranos I	(33)	27:24.648 (27)	1h11:07.220	35:40.232