

CATEGORÍAS VIII NOCTURNA CORRENDO POR VIGO

Clf	Dor.	Apellidos y nombre	Equipo	Km 5 (Clf)	Tiempo	Diferencia
Categoría: M0						
1	339	IGLESIAS CASTRO Ramsés	CLUB TRIATLÓN MAR DE VIGO	23:36.134 (2)	51:14.821	
2	338	GONZALEZ RODAL Xian	CLUB TRIATLÓN MAR DE VIGO	23:36.042 (1)	51:14.985	0.164
Categoría: M1						
1	149	GUTIERREZ GONZALEZ Carlos Enrique	CLUB DEPORTIVO DELIKIA	16:15.177 (1)	32:45.096	
2	1	BASTOS DASILVA Jose Alberto	ADN RUNNERS-TELMO PELUQUEROS F	16:21.622 (2)	33:09.821	24.725
3	34	FONTAN MARTINEZ Xacobe	ATLETISMO SAR-VERMU PETRONI	17:09.529 (3)	34:52.034	2:06.938
4	285	GARCIA QUEROL Pablo	CLUB DEPORTIVO DELIKIA	17:55.818 (5)	35:48.448	3:03.352
5	36	BARREIRO GOMEZ Martin	CLUB DEPORTIVO DELIKIA	17:29.708 (4)	35:52.457	3:07.361
6	246	PAZ ALVAREZ Marcos		18:06.741 (6)	36:19.034	3:33.938
7	168	RODRIGUEZ GALLEGO Alberto Jose	CASTRELOS 20:30	18:07.046 (7)	36:59.512	4:14.416
8	32	MURIAS RODRIGUEZ Alejandro	RUN&TRI	18:28.210 (9)	37:13.081	4:27.985
9	297	CASTROAGUDIN GOMEZ Adrian	MORAÑA EN RUTA	18:20.663 (8)	37:39.590	4:54.494
10	142	ALONSO GONZALEZ André		18:39.578 (10)	37:57.098	5:12.002
11	9	GOMEZ-NAVEIRA VEA Alberto		18:41.991 (11)	38:42.895	5:57.799
12	325	FERNANDEZ CARRILLO José Manuel		19:08.500 (12)	39:16.294	6:31.198
13	280	PEREZ PAZOS Jorge	RUNYTRI	20:01.515 (16)	39:43.247	6:58.151
14	331	PIÑEIRO LESTON Fernando	ATLETISMO PORRIÑO	19:41.828 (14)	39:52.200	7:07.104
15	247	IGLESIAS CABALEIRO David		19:42.062 (15)	39:57.474	7:12.378
16	19	MAQUIEIRA PEREIRA Adrián	CLUB DEPORTIVO DELIKIA	19:36.319 (13)	40:06.363	7:21.267
17	264	ARCA RODRIGUEZ Isaac		20:20.993 (17)	41:04.856	8:19.760
18	203	ALONSO MARTINEZ Santiago	BOXX004 VIGO	20:35.757 (20)	41:17.818	8:32.722
19	294	ABREU GARCIA Julio	ADN RUNNERS-TELMO PELUQUEROS F	20:40.351 (21)	41:19.552	8:34.456
20	112	MORAIS ALONSO David		21:30.274 (28)	42:17.654	9:32.558
21	208	COSTAS BARCIA Diego	MÁIS QUE AUGA	20:48.580 (22)	42:32.161	9:47.065
22	249	KOBA Stanislav		21:09.438 (25)	42:34.130	9:49.034
23	82	SERGIENKO Aleksei		20:30.837 (18)	42:45.075	9:59.979
24	80	DIAZ SANDOVAL Gustavo Javier	MÁIS QUE AUGA	20:57.696 (24)	42:51.286	10:06.190
25	258	DE LA PUENTE MARTIN Fernando	ATLETISMO RÍAS BAIXAS	21:28.563 (27)	43:06.520	10:21.424
26	290	GARCIA BESADA Daniel		21:28.423 (26)	43:09.708	10:24.612
27	191	MARTINEZ RIVERA Juan Pedro		20:55.399 (23)	43:34.505	10:49.409
28	8	RIVERA GUILLADE Martín		20:32.126 (19)	44:35.819	11:50.723
29	202	LOZANO SAURA Miguel Angel	BOXX004 VIGO	21:49.634 (29)	44:48.733	12:03.637
30	37	VAZQUEZ GONZALEZ Javier	MÁIS QUE AUGA	22:34.005 (34)	44:55.296	12:10.200
31	257	COELLO Ivan	CIBUS TEAM	22:22.189 (33)	44:55.483	12:10.387
32	233	TRIMARCHI Sebastian		22:07.634 (32)	45:11.585	12:26.489
33	182	VILLAVERDE PATIÑO Yago		22:53.197 (38)	45:24.499	12:39.403
34	55	DOMONTE PEREZ Victor	GMTA CHUVONERS	22:04.821 (31)	45:36.171	12:51.075
35	193	POUSA PIÑEIRO Pablo		22:36.838 (35)	45:40.506	12:55.410
36	127	ALONSO GOMEZ Herminio	TANINOS RUNNERS	23:08.291 (39)	45:45.194	13:00.098
37	307	RODRIGUEZ FLORES Marco Antonio		21:50.782 (30)	46:14.327	13:29.231
38	272	MORONA MINGUEZ Miguel		23:33.064 (49)	46:37.388	13:52.292
39	316	FERNANDEZ QUINTAS Jorge		22:43.893 (36)	46:51.757	14:06.661

CATEGORÍAS VIII NOCTURNA CORRENDO POR VIGO

Clt	Dor.	Apellidos y nombre	Equipo	Km 5 (Clt)	Tiempo	Diferencia
40	260	TIZON CANEIRO Jorge		23:58.776 (57)	46:53.280	14:08.184
41	256	SAMOELLE ABALDE Oscar		23:27.393 (45)	46:58.928	14:13.832
42	479	REGUEIRA CASTRO Daniel		23:27.699 (46)	46:59.701	14:14.605
43	185	FERNANDEZ MIRANDA Pedro		23:41.432 (50)	47:00.780	14:15.684
44	47	GONZALEZ ESTEVEZ Samuel		23:46.189 (53)	47:01.343	14:16.247
45	304	TABOAS CARRERA Ismael	ATLETISMO PORRIÑO	23:14.044 (42)	47:07.999	14:22.903
46	63	GOMEZ REIS Julio		24:01.682 (60)	47:20.983	14:35.887
47	64	REINALDO Roberto		24:01.589 (59)	47:21.077	14:35.981
48	132	VELASCO FERREIROS Héctor		23:44.948 (52)	47:26.866	14:41.770
49	205	VILLAVERDE Fran		23:44.668 (51)	47:26.937	14:41.841
50	110	DOPORTO LOPEZ Yeray		24:09.439 (63)	47:27.335	14:42.239
51	313	LOPEZ VASCONCELLOS Luis		22:52.706 (37)	47:46.741	15:01.645
52	45	ROMERO DELGADO Dani		24:37.495 (67)	47:48.078	15:02.982
53	99	HUERTAS MENOR Jorge		24:38.738 (68)	47:57.967	15:12.871
54	475	GALVIN DIEGUEZ Andrés		24:05.011 (61)	48:20.609	15:35.513
55	477	PIÑEIRO ACUÑA Xoel	ACADEMIA FONSECA	23:27.791 (47)	48:39.218	15:54.122
56	25	BLANCO ADAN Antonio	CASTRELOS 20:30	23:53.549 (55)	48:41.234	15:56.138
57	20	SOTELO LORENZO Daniel		23:49.050 (54)	48:43.344	15:58.248
58	27	COSTAS RODRIGUEZ Marcos		23:11.174 (40)	48:50.304	16:05.208
59	212	COSTAS RODRIGUEZ Adrián		23:12.744 (41)	48:51.641	16:06.545
60	476	FERNANDEZ PAZ Iago	ACADEMIA FONSECA	23:28.003 (48)	48:59.539	16:14.443
61	321	SULBARAN VIDAL Jesús Manuel		24:05.689 (62)	49:00.594	16:15.498
62	119	SOTO MOURIÑO David		23:15.768 (43)	49:25.321	16:40.225
63	118	GRANDE PEREZ David		23:16.049 (44)	49:28.250	16:43.154
64	166	FERNANDEZ GARCIA Sergio	MÁIS QUE AUGA	24:53.012 (69)	49:34.601	16:49.505
65	95	GONZALEZ FERNANDEZ Daniel	MÁIS QUE AUGA	24:24.370 (64)	49:38.329	16:53.233
66	263	TIZON RODRIGUEZ Alejandro		24:35.949 (66)	49:43.555	16:58.459
67	150	VILLAR PEREIRA José Gabriel		24:27.441 (65)	49:58.461	17:13.365
68	114	CAIÑA Victor M.		25:54.605 (73)	50:13.579	17:28.483
69	154	MARTINS Nuno	ATLETISMO UNIVERSIDADE DE VIGO	25:16.988 (71)	50:32.141	17:47.045
70	177	ALONSO MORA Edu		25:45.048 (72)	51:13.274	18:28.178
71	284	IGLESIAS David		27:22.004 (82)	51:36.079	18:50.983
72	87	FERNANDEZ VIDAL Lino		25:14.598 (70)	51:37.305	18:52.209
73	274	PEREZ HIGUERAS ESTEVEZ Jesús		26:00.864 (74)	51:38.165	18:53.069
74	275	AMADOR ALMARZO Crisitian		26:01.027 (75)	51:38.236	18:53.140
75	319	OSORNO RODRIGUEZ Adrián		24:01.542 (58)	51:45.595	19:00.499
76	66	USERA David		23:53.644 (56)	51:54.806	19:09.710
77	327	GONZALEZ DOMINGUEZ Borja		26:13.942 (77)	52:04.860	19:19.764
78	232	SOBRINO REY Javier		26:18.536 (78)	52:14.470	19:29.374
79	175	LIZ DOMINGUEZ Martín		27:27.054 (84)	52:19.228	19:34.132
80	62	BALTAR LOSADA Miguel	MÁIS QUE AUGA	26:26.927 (79)	52:49.063	20:03.967
81	190	IGLESIAS CASTRO Manuel		26:08.598 (76)	53:32.211	20:47.115
82	296	VAZQUEZ MARTINEZ Cristian		27:25.286 (83)	54:09.853	21:24.757
83	167	FERNANDEZ LORENZO Jose Luis		26:28.450 (80)	54:14.587	21:29.491
84	58	TATAR Mert		27:44.364 (85)	54:19.884	21:34.788
85	235	LAPIDO FIGUEIRA Yago		26:37.450 (81)	54:48.432	22:03.336
86	111	MORAIS ALONSO Borja		28:24.959 (88)	55:00.619	22:15.523

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Clt	Dor.	Apellidos y nombre	Equipo	Km 5 (Clt)	Tiempo	Diferencia
87	336	PRADO CABRAL Borja		27:58.286 (86)	55:35.822	22:50.726
88	141	ABREU MARTINEZ Jose		28:23.154 (87)	55:59.213	23:14.117
89	113	BOLAÑO CABIDO Adrián		28:25.053 (89)	56:35.588	23:50.492
90	214	GARCIA AVE Damián		29:33.490 (93)	57:30.644	24:45.548
91	54	MONTENEGRO VARELA Joel	X-ONE	29:23.975 (92)	57:31.464	24:46.368
92	144	GONZÁLEZ SAMPERE Aaron		29:07.874 (91)	58:27.503	25:42.407
93	469	VAZQUEZ MAYO Javier	MAIS QUE AUGA	28:59.505 (90)	1h00:10.301	27:25.205
94	273	IZQUIERDO MARTINEZ Francisco		29:43.382 (96)	1h00:29.730	27:44.634
95	335	BARROS CORDO Fran	RUN&TRI	30:27.796 (97)	1h00:36.972	27:51.876
96	301	SUAREZ FERRADANS Cesar		31:57.493 (101)	1h01:01.840	28:16.744
97	81	CORRAL SERTAL Javier	CLUB TRIATLÓN COMPOSTELA	29:39.514 (94)	1h03:50.709	31:05.613
98	129	CAAMAÑO BALVIS Álvaro		29:39.631 (95)	1h03:50.801	31:05.705
99	184	SANCHEZ LOSADA Iago		31:11.844 (99)	1h04:20.028	31:34.932
100	217	ROMERO-REQUEJO VON HOFF Javier Alejandro		31:41.344 (100)	1h05:15.742	32:30.646

Categoría: M2

1	295	BARGIELA ARAUJO Daniel	BIKILA	16:23.028 (1)	33:35.321	
2	228	FERNANDEZ SOENGAS Jesús	CLUB DEPORTIVO DELIKIA	17:07.607 (2)	34:49.151	1:13.830
3	187	PEREZ FONTAN Ruben	MARINA MEIRA	17:29.358 (3)	35:13.901	1:38.580
4	261	PARADA MONTOTO David	MONTEPORREIRUN	17:35.334 (4)	35:57.425	2:22.104
5	252	ARIAS COSTAS Darío	ATHLETICS FISIOTERAPIA SAN LÁZ	18:06.297 (6)	36:23.417	2:48.096
6	254	LOUREIRO MONTENEGRO Pablo	MONTEPORREIRUN	18:06.765 (8)	36:46.895	3:11.574
7	173	ALONSO ABALDE Miguel Ángel		17:56.335 (5)	37:08.324	3:33.003
8	326	LORENZANA MEIRE Jesus	ADN RUNNERS-TELMO PELUQUEROS F	18:27.624 (9)	37:16.105	3:40.784
9	248	CARBALLO Manuel	C.A.R. MARISQUEIRO	18:47.241 (12)	37:54.074	4:18.753
10	340	LIEBANAS Antonio	ATLETISMO BAIONA	18:06.484 (7)	38:09.660	4:34.339
11	148	LOPEZ MARTINEZ Alfonso	CLUB DEPORTIVO DELIKIA	18:59.289 (13)	38:13.269	4:37.948
12	155	SIERRA PORTO Victor		18:39.484 (10)	38:16.482	4:41.161
13	269	BERNARDEZ Dario	CIBUS TEAM	19:03.812 (14)	38:31.035	4:55.714
14	73	ANDION RIVADULLA Antonio		19:18.836 (18)	38:36.934	5:01.613
15	134	OTERO RAMIREZ Alejandro	ATHLETICS FISIOTERAPIA SAN LÁZ	18:44.194 (11)	38:38.817	5:03.496
16	267	ULLA REGA Manuel	ASOCIACIÓN DEPORTIVA C.A.R.	19:04.608 (15)	38:44.933	5:09.612
17	105	FERNANDEZ FERNANDEZ Andrés	CIBUS TEAM	19:19.186 (19)	38:45.144	5:09.823
18	4	SANCHEZ MOREIRA Ricardo	CIBUS TEAM	19:08.523 (16)	38:46.129	5:10.808
19	219	CHAO RAMIL Pablo	MÁIS QUE AUGA	19:47.429 (23)	39:33.567	5:58.246
20	77	NOGUEIRA FERNANDEZ Junior		19:18.765 (17)	39:46.388	6:11.067
21	189	GARCIA GARCIA Oscar	CLUB DEPORTIVO PINARIUM	19:37.585 (21)	39:50.091	6:14.770
22	157	GARCIA FERNANDEZ Esteban	MÁIS QUE AUGA	19:24.227 (20)	39:50.934	6:15.613
23	137	FERREIRA LAREDO David	CASTRELOS KM.0	19:38.992 (22)	40:01.739	6:26.418
24	56	PEREZ CONDE Kike	C.A.R. MARISQUEIRO	20:02.687 (24)	40:12.801	6:37.480
25	33	CABALEIRO GARCIA Jose Manuel	CIBUS TEAM	20:17.149 (26)	40:34.055	6:58.734
26	288	ALONSO FERNANDEZ Alberto		20:20.430 (29)	40:38.981	7:03.660
27	153	FERNANDES REI Leonardo	ATHLETICS FISIOTERAPIA SAN LÁZ	20:08.289 (25)	40:41.700	7:06.379
28	24	CID LONGUERIA Jose Manuel	CASTRELOS 20:30	20:19.493 (27)	40:44.536	7:09.215
29	287	VARA ADRIIO Iago	SIRENO	20:19.985 (28)	41:00.450	7:25.129

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Clt	Dor.	Apellidos y nombre	Equipo	Km 5 (Clt)	Tiempo	Diferencia
30	181	ALVAREZ FERNANDEZ Francisco	ESPARTAN@S CHIFLAD@S	20:33.087 (31)	41:22.458	7:47.137
31	289	RODRIGUEZ PEREZ Manuel	MÁIS QUE AUGA	20:27.297 (30)	41:49.199	8:13.878
32	194	GONZALEZ MARTINEZ Raul		20:42.672 (32)	41:59.911	8:24.590
33	96	SUAREZ PORTO Eduardo	ATLETISMO UNIVERSIDADE DE VIGO	21:31.096 (36)	42:41.045	9:05.724
34	146	SANMARCO VIDAL Manuel	CASTRELOS KM.0	21:38.548 (37)	42:57.098	9:21.777
35	28	DA CONCEPCION GONCALVES Ricardo José		21:16.118 (33)	43:04.928	9:29.607
36	131	HEREDIA David	BORGWARNER	21:20.783 (35)	43:07.154	9:31.833
37	198	CAMPELO GONZALEZ Antonio	VIGOENTRENA	21:18.158 (34)	43:08.091	9:32.770
38	125	ALVAREZ MIRANDA Jose Luis	CIBUS TEAM	21:49.821 (41)	43:09.262	9:33.941
39	309	IGLESIAS OTERO David	CLUB TRIATLÓN MAR DE VIGO	21:38.759 (38)	43:39.919	10:04.598
40	85	CORZON VIEITES Alfonso	C.A.R. MARISQUEIRO	21:47.243 (40)	43:55.717	10:20.396
41	30	TIZON FREIRIA Germán	SEMPRE LA	22:06.274 (46)	44:04.670	10:29.349
42	195	MONTAÑA CARRASCO Rubén		21:39.135 (39)	44:22.412	10:47.091
43	145	MAYO Marcos		22:24.302 (47)	44:28.200	10:52.879
44	43	ALVAREZ Antonio		22:24.533 (48)	44:35.304	10:59.983
45	3	CABACO CAMPOS José Manuel		21:59.783 (42)	44:43.107	11:07.786
46	138	GOMEZ LOPEZ Pablo	L@S INSENSAT@S	22:40.122 (50)	44:54.010	11:18.689
47	171	ALONSO ALVAREZ Jose Carlos	ATHLETICS FISIOTERAPIA SAN LÁZ	22:01.376 (44)	45:02.116	11:26.795
48	15	SALO BENITO Javier	RUNNING SOLITA	22:47.783 (54)	45:26.139	11:50.818
49	101	ANDRADE PADIN Damian	CLUB CICLISTA TRIATLON POIO	22:34.846 (49)	45:32.139	11:56.818
50	240	FERREIRA CHARRASQUIEL Marcos		23:06.884 (55)	45:52.248	12:16.927
51	478	PEREZ RODRIGUEZ Jesus Eduardo		23:31.261 (60)	45:53.702	12:18.381
52	201	FOCHE Diego	MÁIS QUE AUGA	22:04.891 (45)	45:57.124	12:21.803
53	74	NAVIA IGLESIAS Ruben		22:44.689 (53)	46:16.061	12:40.740
54	21	YAÑEZ PENA Juan José		22:43.565 (52)	46:31.131	12:55.810
55	322	ALVAREZ GARCIA Rubén		22:40.751 (51)	46:32.350	12:57.029
56	231	LAWLER John		23:46.424 (64)	46:42.757	13:07.436
57	98	PARRA SERRANO Manuel Alejandro	MÁIS QUE AUGA	23:26.831 (57)	47:29.210	13:53.889
58	128	BRAÑA VIDAL Carlos	FLORISTERÍA CARMEN SIO	23:46.119 (63)	47:35.984	14:00.663
59	178	GARCIA DE LA CRUZ Roberto	MÁIS QUE AUGA	23:31.564 (61)	47:39.031	14:03.710
60	279	ARANGO GAYAR Saúl	FRUTAS NIEVES	24:01.424 (66)	47:39.920	14:04.599
61	216	RIVERA CANICOBA Alberto		23:30.861 (59)	47:40.788	14:05.467
62	226	ARANDA PEREZ Pedro		23:43.964 (62)	47:41.914	14:06.593
63	143	ESTEVEZ BOUZA Borja		23:26.971 (58)	47:42.429	14:07.108
64	120	LEON PIQUENQUE Santiago		23:16.283 (56)	47:53.491	14:18.170
65	268	DIAZ JAMARDO M0	ATLETISMO UNIVERSIDADE DE VIGO	24:00.768 (65)	47:59.422	14:24.101
66	299	LOPEZ FERNANDEZ Antonio Luis		24:16.987 (69)	48:34.859	14:59.538
67	312	CAMESELLE PAZOS David	FYSIS FISIOTERAPIA	24:31.308 (71)	48:36.734	15:01.413
68	333	MISA SOTO Sergio		24:15.065 (68)	48:49.226	15:13.905
69	51	CARRERA COUÑAGO Ernesto		24:06.885 (67)	49:11.797	15:36.476
70	38	GONZALEZ FERNANDEZ Jose	MÁIS QUE AUGA	24:53.011 (74)	49:32.492	15:57.171
71	26	GARCIA GONZALEZ Roberto		25:02.995 (76)	49:55.203	16:19.882
72	60	HERNANDEZ CAMPOS Borja	MÁIS QUE AUGA	25:02.902 (75)	50:13.625	16:38.304
73	164	PORTAS TATO Manuel Angel		25:32.762 (81)	50:22.906	16:47.585
74	328	MALGA PAZ Pablo		24:17.925 (70)	50:47.914	17:12.593
75	133	JUVIÑO PREGO Angel		25:46.238 (82)	51:11.517	17:36.196
76	281	PEREIRA FERNANDEZ Daniel	NUTRIBIOTICA	27:05.716 (89)	51:23.095	17:47.774



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Clt	Dor.	Apellidos y nombre	Equipo	Km 5 (Clt)	Tiempo	Diferencia
77	329	BECEIRO CAMESELLE Dani	MUÑECOS RUNNING	24:41.480 (72)	51:26.492	17:51.171
78	298	FONTAN GARRIDO David	MUÑECOS RUNNING	24:41.527 (73)	51:26.634	17:51.313
79	251	PEREZ CABALEIRO Miguel Angel		27:21.841 (90)	51:36.875	18:01.554
80	88	PIÑEIRO CAYETANO Fernando		25:29.552 (80)	51:37.486	18:02.165
81	324	PINO MAGALLANES Miguel		25:15.489 (78)	51:39.994	18:04.673
82	241	GIL OTERO Roberto		26:34.801 (85)	51:58.368	18:23.047
83	209	PAREDES Rubén	MÁIS QUE AUGA	25:26.364 (79)	51:58.814	18:23.493
84	271	GARABATOS BARCIELA David	ASOCIACIÓN DEPORTIVA C.A.R.	25:08.668 (77)	52:02.353	18:27.032
85	116	PEREZ FRANCISCO Alfredo	ESPARTAN@S CHIFLAD@S	26:06.911 (83)	52:03.548	18:28.227
86	97	DOMINGUEZ VALES Jose Manuel		26:38.364 (86)	52:10.579	18:35.258
87	206	LOPEZ FUENTES José Guillermo		26:48.630 (88)	53:53.283	20:17.962
88	76	FERRER AVENDAÑO Ignacio	CASTRELOS 20:30	26:28.519 (84)	53:53.916	20:18.595
89	266	GONZALEZ REY Diego	ADN RUNNERS-TELMO PELUQUEROS F	28:38.834 (96)	54:45.057	21:09.736
90	165	FERREIROS JAMARDO Álex		28:27.466 (94)	54:55.181	21:19.860
91	186	ALONSO CARRERA Daniel		26:48.278 (87)	55:17.283	21:41.962
92	65	ARZA TOUZON German	RÁPIDO DE PONTE QUIETO	27:42.888 (91)	56:10.534	22:35.213
93	170	ALONSO OTERO Diego	COMESAÑA SPORTING CLUB	28:37.755 (95)	56:18.220	22:42.899
94	70	HERNANDEZ GRAÑA Juan Carlos		29:03.279 (97)	56:52.464	23:17.143
95	303	MENDEZ LAGO José Manuel		28:23.341 (93)	57:39.152	24:03.831
96	163	REY SOUTO Lorenzo		29:20.131 (99)	58:13.909	24:38.588
97	109	LAGE REGO Faustino		28:09.514 (92)	58:53.988	25:18.667
98	22	SANMARTIN GONZALEZ Victoriano	MÁIS QUE AUGA	32:20.907 (100)	1h07:50.666	34:15.345

Categoría: M3

1	243	PRIETO DE LA IGLESIA Manuel	ATHLETICS FISIOTERAPIA SAN LÁZ	18:06.366 (1)	36:26.465	
2	250	DAVILA MARIÑO Óscar		18:17.944 (2)	36:32.792	6.327
3	140	BURGOS REY José Antonio	ATLETISMO PORRIÑO	18:27.788 (3)	37:18.637	52.172
4	199	FERNANDEZ DE TORO Manuel	C.A. VETERANOS DE SAMIL	18:39.999 (4)	37:57.567	1:31.102
5	330	REMIGIO LORENZO Michel	CABO DE PEÑAS	18:57.741 (6)	38:02.839	1:36.374
6	78	BARREIRO PEREIRA Xosé Antón	S.D. COMPOSTELA ATLETISMO	18:41.822 (5)	38:24.098	1:57.633
7	293	PALHARES Antonio		19:07.210 (8)	38:47.254	2:20.789
8	213	AMOEDO GIMENEZ Anton	ASOCIACIÓN DEPORTIVA C.A.R.	19:04.796 (7)	39:25.481	2:59.016
9	93	COSTAS COSTAS Miguel	MÁIS QUE AUGA	19:20.242 (9)	39:29.090	3:02.625
10	179	GAGO SANCHEZ Antolín		20:00.297 (12)	39:47.466	3:21.001
11	7	RODRIGUEZ PUIALTO Marcos	MÁIS QUE AUGA	19:57.320 (11)	39:58.927	3:32.462
12	57	NAVIA Javier	C.A.R. MARISQUEIRO	19:53.195 (10)	40:43.832	4:17.367
13	473	PAZ RODRIGUEZ Juan	CASTRELOS 20:30	20:05.313 (13)	41:12.638	4:46.173
14	123	RODRIGUEZ BOLIBAR Ernesto	CASTRELOS 20:30	20:35.102 (14)	41:23.465	4:57.000
15	323	LAGO GOBERNA Francisco Javier	CLUB ATLETISMO FLORISTERIA CAR	20:46.422 (16)	41:48.380	5:21.915
16	255	FROIZ LAREU Andres	TNT GHERRILLEIROS	20:57.321 (17)	42:13.857	5:47.392
17	207	ALBA Miguel	CASTRELOS KM.0	21:29.711 (21)	42:23.982	5:57.517
18	52	CARRERA CASAL Julio		21:28.071 (19)	43:04.670	6:38.205
19	341	ALVAREZ Hector		21:03.298 (18)	43:14.912	6:48.447
20	126	BERNARDEZ MACIA Santiago	MÁIS QUE AUGA	20:46.044 (15)	43:21.663	6:55.198
21	18	ARIAS COSTAS Eduardo		21:29.196 (20)	43:29.138	7:02.673

CATEGORÍAS VIII NOCTURNA CORRENDO POR VIGO

Clt	Dor.	Apellidos y nombre	Equipo	Km 5 (Clt)	Tiempo	Diferencia
22	200	AMENEIRO BRAVO Rafael	CASTRELOS 20:30	21:55.071 (23)	43:40.600	7:14.135
23	108	CARRERA José		21:44.899 (22)	43:43.645	7:17.180
24	308	PICO PITA José Luis	CASTRELOS 20:30	22:09.603 (25)	44:46.084	8:19.619
25	10	ESTEVEZ ALONSO Carlos Javier	CASTRELOS KM.0	22:09.322 (24)	44:46.671	8:20.206
26	48	TILVES GRANDAL Alberto	CIBUS TEAM	22:18.627 (26)	44:57.732	8:31.267
27	224	PELETEIRO ESTEVEZ Jose Maria		23:06.346 (32)	45:11.895	8:45.430
28	210	VAZQUEZ VIDAL Antonio		22:42.650 (27)	45:31.882	9:05.417
29	283	ALONSO FERNANDEZ Antonio		23:02.362 (30)	45:46.201	9:19.736
30	158	DAVILA BUGARIN Salva		23:28.425 (37)	46:26.725	10:00.260
31	151	PEITEADO RUIZ Guillermo		22:51.369 (29)	46:29.679	10:03.214
32	342	FERRO NUÑEZ Javier	ATHLETICS FISIOTERAPIA SAN LÁZ	23:33.909 (40)	46:34.412	10:07.947
33	337	RUIZ GARCIA Carlos	PONTE A CORRER	23:13.565 (33)	46:41.631	10:15.166
34	169	CONDE GONZALEZ Jose Carlos		23:18.628 (35)	47:13.413	10:46.948
35	306	PIÑEIRO RODRIGUEZ Carlos	CLUB TRIATLON CIDADE DE LUGO F	23:24.627 (36)	47:17.936	10:51.471
36	29	FERNANDEZ VAYO Rubén Francisco		24:38.596 (46)	47:29.820	11:03.355
37	139	MARTINEZ DOMINGUEZ Roberto	ATLETISMO SAMERTOLAMEU	23:06.017 (31)	47:35.328	11:08.863
38	17	GONZALEZ RODRIGUEZ Manu	ADN RUNNERS-TELMO PELUQUEROS F	23:30.416 (38)	47:50.304	11:23.839
39	94	DAVILA ESTEVEZ Enrique	ATHLETICS FISIOTERAPIA SAN LÁZ	23:31.002 (39)	47:52.015	11:25.550
40	305	ALONSO COSTAS Oscar		23:16.236 (34)	48:29.210	12:02.745
41	90	PENIN Manuel	CASTRELOS 20:30	24:03.675 (44)	48:32.022	12:05.557
42	270	NOBLESSE Thierry		23:56.995 (42)	48:37.718	12:11.253
43	300	ESTEVEZ ULLOA Eduardo	ATLETISMO ARENTEIRO	23:58.354 (43)	48:49.062	12:22.597
44	318	HUERTA DE UÑA Diego Luis	PONTE A CORRER	24:12.113 (45)	49:19.438	12:52.973
45	50	BARREIRO BARREIRO Benigno	ATHLETICS AVENTURA XTREM	24:57.417 (48)	49:36.828	13:10.363
46	135	CID COELLO Carlos	C.A.R. MARISQUEIRO	25:50.646 (57)	50:35.563	14:09.098
47	174	CARRERA CARRERA Xosé Manuel	TANINOS RUNNERS PONTEAREAS	25:50.645 (56)	50:35.797	14:09.332
48	130	JANDRA GONZALEZ Jesus		25:11.645 (51)	50:50.446	14:23.981
49	242	MARTINEZ LOSADA Jaime Carlos	RUNNING LUSEKELO	25:31.238 (54)	50:54.548	14:28.083
50	230	YAÑEZ COIRA Avelino	RUNNING LUSEKELO	25:31.449 (55)	50:54.571	14:28.106
51	83	BENAVIDES HERNANDEZ Fernando	ATHLETICS FISIOTERAPIA SAN LÁZ	24:56.972 (47)	50:55.743	14:29.278
52	31	MANEIRO OTERO Guillermo	CLUB ATLETISMO CAMBADOS	24:58.215 (49)	51:26.306	14:59.841
53	49	IGLESIAS GROBAS Ignacio	CLUB ATLETISMO FLORISTERIA CAR	26:47.106 (65)	51:50.586	15:24.121
54	265	FERNANDEZ BLANCO Cesar	ASOCIACIÓN DEPORTIVA C.A.R.	25:09.910 (50)	52:02.294	15:35.829
55	91	GUAMA MENA Patricio	PADELEROS	25:27.699 (53)	52:08.494	15:42.029
56	41	GONCALVES ROLO Alvaro	MÁIS QUE AUGA	26:10.403 (59)	52:21.618	15:55.153
57	172	FERNANDEZ GONZALEZ José Manuel	MÁIS QUE AUGA	26:01.450 (58)	52:21.712	15:55.247
58	278	NUÑEZ GONZALEZ Diego		26:17.691 (60)	52:32.704	16:06.239
59	100	PARDAVILA IGLESIAS Miguel Angel		27:17.645 (67)	52:37.626	16:11.161
60	245	ALVAREZ Andrés	IMAXINATEA ESCOLA DE TEATRO	26:46.473 (64)	52:43.696	16:17.231
61	121	BAQUERO LOPEZ Javier		25:19.028 (52)	53:03.876	16:37.411
62	162	MENDEZ BREA Santiago	PONTE A CORRER	27:04.075 (66)	53:36.313	17:09.848
63	262	LAMAS PEREZ Jose Eduardo		27:24.723 (68)	53:51.010	17:24.545
64	75	GRAÑA YAÑEZ Arturo Leonardo	ATLETISMO UNIVERSIDADE DE VIGO	26:27.559 (61)	54:05.400	17:38.935
65	314	DE LA PEÑA ZARATE Enrique	MÁIS QUE AUGA	26:44.364 (62)	54:47.384	18:20.919
66	222	GAGGIOLO Guillermo	MÁIS QUE AUGA	26:45.634 (63)	54:49.557	18:23.092
67	16	CASTIÑEIRA Javier	ADN RUNNERS-TELMO PELUQUEROS F	27:28.778 (69)	54:52.205	18:25.740
68	39	PEREIRO SANTIN Ramon	GRIMO	27:50.016 (70)	55:12.057	18:45.592



CATEGORÍAS VIII NOCTURNA CORRENDO POR VIGO

Clt	Dor.	Apellidos y nombre	Equipo	Km 5 (Clt)	Tiempo	Diferencia
69	332	VAZQUEZ GESTAL Marcos	BIKILA	28:37.920 (73)	56:57.878	20:31.413
70	317	BURGOS DELGADO Luis		28:28.661 (72)	57:47.215	21:20.750
71	104	GARCIA CUERVO José Miguel	PONTE A CORRER	29:07.146 (74)	57:59.144	21:32.679
72	71	BERNAL Agustín		28:15.302 (71)	58:21.995	21:55.530
73	234	GONZALEZ SAVIGNAT Daniel		30:47.531 (75)	1h00:24.269	23:57.804
74	44	FREIRE PIÑEIRO Jose Manuel	MÁIS QUE AUGA	32:20.743 (76)	1h07:50.900	31:24.435

Categoría: M4

1	68	RIVEIRO RODRIGUEZ Arlindo	CASTRELOS 20:30	19:06.202 (1)	38:27.074	
2	35	TABOADA GONZALEZ Ramiro	RUNNING LUSEKELO	22:48.134 (3)	46:09.780	7:42.706
3	221	PAZOS GONZALEZ Gonzalo	PONTE A CORRER	23:16.354 (4)	46:57.757	8:30.683
4	117	GALLIDORO DEL MONTE José Humberto	CLUB DEPORTIVO DELIKIA	23:45.721 (7)	47:52.952	9:25.878
5	23	VIDEIRA CORREA Alberto	RUNNING LUSEKELO	23:41.339 (6)	48:21.782	9:54.708
6	310	SIMOES FERNANDEZ José Luis	C.A.R. MARISQUEIRO	24:14.972 (8)	48:52.952	10:25.878
7	159	ALONSO BASTOS Luis		25:08.597 (9)	51:02.045	12:34.971
8	211	ROCA RODRIGUEZ Ramón		25:54.324 (11)	51:31.110	13:04.036
9	237	CABALEIRO HERNANDEZ Jesus		25:31.707 (10)	53:10.439	14:43.365
10	79	MALVAR CURTO Javier	CASTRELOS 20:30	26:28.450 (13)	53:10.791	14:43.717
11	136	VILLAR SALGADO Jose Francisco	C.A.R. MARISQUEIRO	26:15.817 (12)	53:45.384	15:18.310
12	156	BEIRO GARCIA Fernando		27:16.168 (15)	54:07.391	15:40.317
13	61	GONZALEZ GARCIA Luis		27:07.708 (14)	54:40.744	16:13.670
14	320	ALONSO ESTEVEZ Pablo	CASTRELOS 20:30	29:40.007 (16)	59:44.331	21:17.257
15	42	LOPEZ CAMPILLO Angel Pol	MÁIS QUE AUGA	30:02.624 (18)	1h00:50.285	22:23.211
16	13	ZUNZUNEGUI QUEIMADELOS Roman	MÁIS QUE AUGA	30:01.733 (17)	1h00:50.660	22:23.586

Categoría: M5

1	102	SUAREZ MARTINEZ Manuel	C.A. VETERANOS DE SAMIL	19:27.179 (1)	39:02.607	
2	11	JARDON LOPEZ Jose	C.A. VETERANOS DE SAMIL	21:38.543 (2)	43:00.942	3:58.335
3	236	PEREZ PASCUAL Manuel	CSCR BEADE	21:48.837 (3)	44:20.514	5:17.907
4	72	VILLAR ALVAREZ Enrique		22:09.274 (4)	46:09.781	7:07.174
5	286	DOMINGUEZ RODRIGUEZ Carlos		23:36.815 (6)	47:55.390	8:52.783
6	192	MARTINEZ ABEJON Pedro	MÁIS QUE AUGA	23:22.963 (5)	48:17.070	9:14.463
7	161	VIEITO QUINTAS Berto		24:32.785 (7)	49:49.531	10:46.924
8	302	BLANCO VAZQUEZ Lisardo	CLUB ATLETISMO VIGO	24:45.137 (8)	50:38.399	11:35.792
9	343	QUINTEIRO NUÑEZ Manuel	MÁIS QUE AUGA	25:15.302 (12)	50:45.992	11:43.385
10	106	GARCIA COSTAS Federico Amando	C.A.R. MARISQUEIRO	25:09.699 (10)	51:09.266	12:06.659
11	227	HERNANDEZ BORREGO Miguel	MÁIS QUE AUGA	25:36.091 (13)	51:41.494	12:38.887
12	103	REY GONZALEZ J. roberto	C.A. VETERANOS DE SAMIL	25:04.262 (9)	52:49.908	13:47.301
13	244	BLANCO GONZALEZ Alfonso		27:20.575 (14)	53:44.775	14:42.168
14	238	DIAZ IGLESIAS Adolfo	C.A. VETERANOS DE SAMIL	28:34.756 (15)	57:28.089	18:25.482
15	6	RAMOS VIGO Sergio	C.A. VETERANOS DE SAMIL	30:10.593 (16)	1h01:15.597	22:12.990

CATEGORÍAS VIII NOCTURNA CORRENDO POR VIGO

Clit	Dor.	Apellidos y nombre	Equipo	Km 5 (Clit)	Tiempo	Diferencia
Categoría: F1						
1	400	ALVAREZ RODRIGUEZ Noemí	CLUB DEPORTIVO DELIKIA	20:42.015 (1)	41:15.286	
2	407	MODIA CARIDAD Adriana	ATLETISMO RIAZOR	20:47.032 (2)	42:53.677	1:38.391
3	394	MIGUEZ LAGO Jessica		21:39.462 (3)	44:07.904	2:52.618
4	382	TOKARENKO Alina		21:49.375 (4)	44:11.608	2:56.322
5	401	PEREZ MARIÑO Elena	RUN&TRI	21:51.754 (6)	44:23.537	3:08.251
6	377	SABORIDO GIL Olalla		21:49.681 (5)	44:25.506	3:10.220
7	461	TABOAS CARRERA Irene	CLUB ATLETISMO PORRIÑO	22:34.213 (7)	45:27.274	4:11.988
8	470	LLORENTE Lucia	MAIS QUE AUGA	22:47.713 (9)	45:37.109	4:21.823
9	405	CASSANI MENENDEZ Lucia	MÁIS QUE AUGA	23:16.822 (11)	46:29.397	5:14.111
10	373	ABELEIRA CARBALLO Irene		22:35.596 (8)	46:33.714	5:18.428
11	452	PIÑEIRO BARGIELA Ana Belen	TALLERES EAUTO	23:13.986 (10)	47:08.069	5:52.783
12	392	PEREZ LOPEZ Shara		23:44.831 (13)	47:26.819	6:11.533
13	418	MIRAZ FERNANDEZ Raquel	VIGOENTRENA	23:43.542 (12)	47:41.820	6:26.534
14	411	DOMINGUEZ PEREZ Naomi	CLUB DEPORTIVO DELIKIA	24:33.254 (16)	48:58.391	7:43.105
15	440	GONZALEZ FERNANDEZ Monica		24:08.691 (14)	48:59.492	7:44.206
16	409	PARRA GUITIAN Mia	FRUTAS NIEVES	24:09.393 (15)	49:39.150	8:23.864
17	426	NOVOA ALONSO Tamara	VIGOENTRENA	24:42.371 (17)	50:24.875	9:09.589
18	442	ABALDE ORTEGA Iolanda		25:20.785 (19)	51:40.743	10:25.457
19	376	ANIDO RODRIGUEZ Luisa	PROAM	26:06.160 (22)	51:42.618	10:27.332
20	386	BATTIOLI Caterina		26:14.636 (24)	51:47.939	10:32.653
21	464	BRISO NOVO Paula		26:02.222 (20)	51:53.633	10:38.347
22	420	TAVIO ROMAN Cristina		26:02.246 (21)	51:53.704	10:38.418
23	402	BAR IGLESIAS Tamara	C.A.R. MARISQUEIRO	25:03.487 (18)	52:03.126	10:47.840
24	403	VALCARCEL TOSCANO Isa		26:14.996 (25)	53:19.276	12:03.990
25	443	CASTIÑEIRA LAMPON Susana		27:28.825 (27)	54:50.212	13:34.926
26	433	GARCIA OTERO Antía	MÁIS QUE AUGA	27:37.168 (29)	55:12.994	13:57.708
27	383	FERNANDEZ LAGO Uxía		27:19.145 (26)	55:18.385	14:03.099
28	471	PEREZ GARCIA-PICHER Ana		27:36.981 (28)	55:39.502	14:24.216
29	259	VIDAL GONZALEZ Ana		28:12.747 (33)	55:42.596	14:27.310
30	351	ALONSO GARCIA Carolina		27:49.122 (30)	56:02.415	14:47.129
31	362	TORRES Cynthia		26:07.895 (23)	56:32.869	15:17.583
32	347	SANTANA CABRAL Pilar	MÁIS QUE AUGA	28:05.318 (31)	57:21.831	16:06.545
33	371	CUEVAS Karen	X-ONE	28:21.396 (34)	57:31.135	16:15.849
34	355	BAUTISTA Pilar		29:26.107 (40)	57:31.323	16:16.037
35	441	GONZALEZ COSTAS Nerea		28:29.623 (35)	58:32.588	17:17.302
36	381	CORCOBA GONZALEZ Andrea		28:12.138 (32)	58:45.855	17:30.569
37	413	GARCIA NUÑEZ Alba María		29:33.796 (43)	59:07.424	17:52.138
38	365	CASTROSEIROS GONZALEZ Natalia	MÁIS QUE AUGA	29:06.935 (39)	59:10.535	17:55.249
39	388	MULEIRO ALONSO Ruth		29:02.084 (38)	59:45.246	18:29.960
40	406	MARTINEZ RIVERA Violeta		29:40.500 (44)	59:51.129	18:35.843
41	462	PRADO CABRAL Ana	RUN&TRI	30:27.820 (45)	1h00:36.926	19:21.640
42	364	MIGUENS MARTINEZ Marta		28:49.896 (36)	1h00:59.027	19:43.741
42	361	MONTENEGRO VARELA Aroa	X-ONE	28:49.896 (36)	1h00:59.027	19:43.741
44	432	ESPIÑO LOPEZ Rebeca		29:33.115 (42)	1h01:13.301	19:58.015
45	344	VICENTE SANROMAN Alexandra		30:33.866 (46)	1h01:54.528	20:39.242
46	360	MARTINEZ CASTRO Mayra		29:26.436 (41)	1h03:26.216	22:10.930

CATEGORÍAS VIII NOCTURNA CORRENDO POR VIGO

Clt	Dor.	Apellidos y nombre	Equipo	Km 5 (Clt)	Tiempo	Diferencia
47	414	RODRIGUEZ GARCIA Sandra	ASALTAMONTES FEMALE	31:41.438 (48)	1h05:15.787	24:00.501
48	448	MIRANDA Berta	X-ONE	31:08.765 (47)	1h05:22.983	24:07.697
49	457	VILLANUEVA FERNANDEZ Elena		31:55.290 (51)	1h05:23.474	24:08.188
50	385	TORRES GARCIA Nuria		34:48.494 (54)	1h10:37.333	29:22.047
51	349	CORRAL SERTAL Miriam		34:03.705 (53)	1h11:06.232	29:50.946
52	348	CORRAL SERTAL Elena		33:57.095 (52)	1h11:20.177	30:04.891
53	424	ASENSIO VARELA Sara	MÁIS QUE AUGA	35:04.854 (55)	1h11:43.614	30:28.328
54	425	GOMEZ DIAZ Ana		37:19.293 (56)	1h12:37.475	31:22.189

Categoría: F2

1	431	RODRIGUEZ OLIVEIRA Rocío	ATHLETICS FISIOTERAPIA SAN LÁZ	21:03.601 (2)	42:11.560	
2	459	VILLALBA BARRIOS Delia	COMESAÑA SPORTING CLUB	21:03.320 (1)	42:39.567	28.007
3	387	SAMPEDRO Julia	MÁIS QUE AUGA	21:55.752 (3)	44:29.771	2:18.211
4	412	GONZALEZ NUÑEZ Tere	CASTRELOS 20:30	22:09.884 (4)	44:46.599	2:35.039
5	444	LEICEAGA GONZALEZ María	MÁIS QUE AUGA	23:00.744 (5)	46:24.640	4:13.080
6	463	IGLESIAS DOSANTOS Patricia		23:14.924 (6)	46:58.694	4:47.134
7	370	MOREU PEREIRA-BORRAJO Beatriz	CLUB DEPORTIVO DELIKIA	23:45.745 (7)	47:45.874	5:34.314
8	384	VIDAL LORENZO Emilia	MÁIS QUE AUGA	24:33.394 (9)	49:01.673	6:50.113
9	450	HOJAS SANCHEZ Elena		25:25.356 (12)	49:39.126	7:27.566
10	429	DOMINGUEZ FERREIRA Tania	PONTE A CORRER	24:19.448 (8)	50:04.367	7:52.807
11	428	CALVO SERRANO Marta	VIGOENTRENA	24:42.324 (10)	50:24.899	8:13.339
12	393	NUÑEZ NAVEIRA Laura		25:43.262 (16)	50:55.861	8:44.301
13	399	CERES VEGA LEAL Carmen	ATHLETICS FISIOTERAPIA SAN LÁZ	25:52.496 (17)	51:34.298	9:22.738
14	391	PRIETO RODRIGUEZ Tahia		25:15.746 (11)	51:39.923	9:28.363
15	427	PEREZ LAGO Laura	VIGOENTRENA	25:37.988 (15)	52:42.012	10:30.452
16	458	FERNANDEZ ALONSO Paula		25:30.582 (14)	52:55.228	10:43.668
17	439	ROMERO MARTINEZ Mónica	FRUTAS NIEVES	26:37.544 (18)	53:36.501	11:24.941
18	350	CASTIÑEIRA FERNANDEZ Adriana		26:42.794 (19)	55:25.651	13:14.091
19	455	ARIAS Rocio		27:59.787 (23)	55:49.111	13:37.551
20	378	PAZ OLIVEIRA Natalia	MÁIS QUE AUGA	27:39.395 (20)	55:56.001	13:44.441
21	404	VARELA VARELA Sabela		27:51.044 (22)	56:04.908	13:53.348
22	422	VARA Sabela		28:09.395 (25)	56:13.159	14:01.599
23	447	FERNANDEZ VARELA Maria Estefania		28:10.896 (26)	56:40.439	14:28.879
24	410	LEMONS LOPEZ Vanesa	MÁIS QUE AUGA	28:13.544 (27)	56:49.862	14:38.302
25	374	RODRIGUEZ SANTOS Bibiana	RÁPIDO DE PONTE QUIETO	27:42.981 (21)	57:01.698	14:50.138
26	363	POMBO CHAPELA Lucía	MÁIS QUE AUGA	28:05.927 (24)	57:21.105	15:09.545
27	468	CARNERO LLAUGER María	BIKILA	28:50.904 (28)	57:51.761	15:40.201
28	453	FERNANDEZ PAZO Paula		29:10.639 (30)	58:39.175	16:27.615
29	460	LOPEZ PEREZ Almu	MÁIS QUE AUGA	29:06.726 (29)	58:54.808	16:43.248
30	372	ARNOSO MOURE Lydia		29:33.281 (31)	1h01:13.347	19:01.787
31	390	DA VEIGA ALVAREZ Marta		30:55.312 (32)	1h03:27.200	21:15.640
32	398	GIL JANEIRO Yoli	MÁIS QUE AUGA	31:07.641 (33)	1h03:40.700	21:29.140
33	408	RECAMAN MIGUEZ Shirley		32:19.595 (34)	1h04:33.974	22:22.414
34	346	VAZQUEZ MAYO Monica	MÁIS QUE AUGA	35:04.831 (36)	1h11:43.310	29:31.750



CATEGORÍAS VIII NOCTURNA CORRENDO POR VIGO

Cl	Dor.	Apellidos y nombre	Equipo	Km 5 (Cl)	Tiempo	Diferencia
Categoría: F3						
1	369	GALLINAR FERNANDEZ Mónica	ATHLETICS FISIOTERAPIA SAN LÁZ	21:42.204 (1)	44:03.358	
2	467	RIVERA VAZQUEZ Noelia	ATHLETICS FISIOTERAPIA SAN LÁZ	23:33.182 (4)	46:35.046	2:31.688
3	397	GONZALEZ CASAL Alejandra	VIGOENTRENA	23:36.557 (5)	47:19.624	3:16.266
4	345	LAMPON CARIDE Ana Maria	ADN RUNNERS-TELMO PELUQUEROS F	23:30.394 (2)	47:50.163	3:46.805
5	454	LEMAT CABRAL María Belén	CLUB TRIATLON CIDADE DE LUGO F	23:30.768 (3)	48:52.836	4:49.478
6	396	CANABAL VILLAVERDE Estrella	C.A.R. MARISQUEIRO	25:36.254 (6)	51:24.689	7:21.331
7	474	CASTRO COLORADO Julia	BIKILA	26:19.356 (7)	52:26.751	8:23.393
8	449	TORRADO OUTEDA Celina	PONTE A CORRER	27:00.494 (9)	53:35.822	9:32.464
9	436	FIGUEROA COSTAS Elena	ATHLETICS FISIOTERAPIA SAN LÁZ	26:56.364 (8)	53:50.986	9:47.628
10	359	RIVERA DOBAO Pilar	MÁIS QUE AUGA	27:05.412 (10)	54:07.438	10:04.080
11	417	CHAVERT SUAREZ Susana	ATHLETICS FISIOTERAPIA SAN LÁZ	27:37.544 (11)	57:26.045	13:22.687
12	445	VIÑAS ROMERO Silvia	BIKILA	28:53.341 (12)	57:51.950	13:48.592
13	389	GONZALEZ GONZALEZ Maria Elena	MÁIS QUE AUGA	29:02.084 (13)	58:12.714	14:09.356
14	357	FERNANDEZ RUIZ Maite	MÁIS QUE AUGA	29:07.404 (14)	59:56.097	15:52.739
15	421	SANTORIO DE FRUTOS Tatiana	ATHLETICS FISIOTERAPIA SAN LÁZ	30:47.484 (16)	1h00:23.988	16:20.630
16	368	ENDRESS Eva	CASTRELOS 20:30	30:50.321 (17)	1h03:40.162	19:36.804
17	358	RODRIGUEZ IGLESIAS Ana	MÁIS QUE AUGA	31:07.500 (18)	1h03:40.795	19:37.437
18	354	GONZALEZ MERA Regina	MÁIS QUE AUGA	29:07.474 (15)	1h03:41.216	19:37.858

Categoría: F4

1	423	GALLERO FERNANDEZ Mar		26:47.224 (1)	53:58.791	
2	451	CARRERA SOUTELO Josefa	TALLERES EAUTO	27:04.430 (2)	54:26.587	27.796
3	395	ROCHA CRUCES Maria Carmen	C.A.R. MARISQUEIRO	30:51.492 (3)	1h03:19.490	9:20.699

Categoría: F5

1	366	COSTAS RODRIGUEZ Carmen	ATLETISMO BAIONA	26:07.871 (1)	53:10.861	
2	356	ALVAREZ DOMINGUEZ Rosa M ^a	MÁIS QUE AUGA	31:01.219 (2)	1h03:40.442	10:29.581