

IX NOCTURNA DE VIGO CATEGORÍAS

Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
Categoría: F1					
1	557	BREINHOLT MOESKJAER Lea	RUNYTRI	37:22.2	
2	638	BARBOSA FERNANDEZ Leticia	RUNGALICIA.COM	39:37.1	2:14.9
3	622	ALVAREZ RODRIGUEZ Noemi	CLUB DEPORTIVO DELIKIA	40:50.0	3:27.8
4	617	PAZOS GARCIA Antia	CLUB TRIATLÓN MAR DE VIGO	43:02.1	5:39.9
5	663	MIGUEZ LAGO JESSICA		43:18.1	5:55.9
6	501	DOMINGUEZ PEREZ Naomi	CLUB DEPORTIVO DELIKIA	45:17.7	7:55.5
7	516	VICENTE BLAZQUEZ Silvia	AT. MACOTERA JAMON PRIM	45:31.2	8:09.0
8	602	OJEA CAAMAÑO Mirian		45:50.6	8:28.4
9	607	CASSANI Lucia	MAIS QUE AUGA	46:02.7	8:40.5
10	537	CASAL GARCIA Maria		46:30.1	9:07.9
11	591	BAR IGLESIAS Aroha	C.A.R. MARISQUEIRO	46:54.8	9:32.6
12	504	MARTIN SANCHEZ Ana	AT. MACOTERA JAMON PRIM	47:22.6	10:00.4
13	529	SANCHEZ REGO Laura	MAIS QUE AUGA	48:04.5	10:42.3
14	620	LEDO RODRIGUEZ Alba	MAIS QUE AUGA	48:41.5	11:19.3
15	659	RODRIGUEZ DA SILVA Sara	PORCOS CELTAS	49:19.1	11:56.9
16	654	AGUIN CASTRO Paula		49:47.8	12:25.6
17	649	ALVAREZ SAAVEDRA Deneb		50:06.9	12:44.7
18	544	SEREJO Raquel		50:08.6	12:46.4
19	623	QUINTANA QUINTELA Carlota		51:25.1	14:02.9
20	503	NIETO JIMENEZ Celia	AT. MACOTERA JAMON PRIM	51:35.8	14:13.6
21	570	BRUZON BANDEIRA Maria		51:54.8	14:32.6
22	630	SERTAL SOUTO Maria		52:20.9	14:58.7
23	534	SANCHEZ MUIÑA Nuria		53:30.7	16:08.5
24	578	DE LUCAS Carolina		53:54.1	16:31.9
25	642	PARADA COSTA Sara		54:01.0	16:38.8
26	613	GONZALEZ FERNANDEZ Monica		54:08.9	16:46.7
27	612	ROSELLO CABELLO Beatriz		54:09.6	16:47.4
28	522	JIMENEZ GONZALEZ Silvia		54:22.3	17:00.1
29	601	GAMA Mercedes		54:30.9	17:08.7
30	650	VIDAL FERNANDEZ Alexandra	CLUB DEPORTIVO DELIKIA	54:54.8	17:32.6
31	541	CASTROSEIROS GONZALEZ Natalia	MAIS QUE AUGA	56:16.8	18:54.6
32	615	GOMEZ ROMERO Belen		56:22.1	18:59.9
33	536	VAZQUEZ SOTO Isabel	CLUB ATLETISMO PORRIÑO	56:25.3	19:03.1
34	625	DIAZ LOPEZ Rose Mary		56:28.9	19:06.7
35	573	PEREZ SUAREZ Cristina		56:50.0	19:27.8
36	507	RODRIGUEZ RODRIGUEZ Maria	MAIS QUE AUGA	56:54.6	19:32.4
37	528	MIGUENS BLANCO Antia		57:03.0	19:40.8
38	662	SIMOES COSTAS Cristina		57:31.0	20:08.8
39	634	ROCHA RODRIGUEZ Eva		58:09.9	20:47.7
40	589	ABUNDANCIA Elena		58:10.4	20:48.2
41	527	LOPEZ RODRIGUEZ Lidia		58:50.1	21:27.9
42	600	SANTANA CABRAL Pilar	MAIS QUE AUGA	58:53.9	21:31.7
43	542	DIAZ JIMENEZ Dafne	MAIS QUE AUGA	58:59.9	21:37.7
44	580	ALVAREZ VIDAL Lucia		59:04.2	21:42.0
45	543	ESTEVEZ GARCIA Margarita		59:06.6	21:44.4
46	526	DEL RIO CERQUEIRA Nadir		1h00:27.9	23:05.7
47	513	ZUNZUNEGUI NAVIA Maria	MAIS QUE AUGA	1h00:51.1	23:28.9
48	585	GONZALEZ SUEIRO Sara	CASTRELOS 20:30	1h01:13.6	23:51.4

IX NOCTURNA DE VIGO CATEGORÍAS

Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
49	596	MORA RODRIGUEZ Carolina		1h02:00.6	24:38.4
50	640	CUEVAS Karen	X-ONE	1h02:04.9	24:42.7
51	629	MIRANDA Berta	X-ONE	1h02:05.7	24:43.5
52	566	MARTINEZ RIVAS Iris		1h04:44.1	27:21.9
53	582	ASENSIO VARELA Sara	MAIS QUE AUGA	1h04:45.0	27:22.8
54	523	VAZQUEZ DUARTE Cristina		1h05:22.1	27:59.9
55	639	GONZALEZ Clara		1h05:47.5	28:25.3
56	554	PASCUAL COSTAS Maria		1h05:54.3	28:32.1
57	571	GONZALEZ ALVAREZ Angela		1h06:15.7	28:53.5
58	572	IGLESIAS ALLERES Ana		1h06:16.5	28:54.3
59	653	MARTINEZ RIVEIRO Cristina		1h07:14.6	29:52.4
60	510	GARCIA HERNANDEZ Elisabet	AT. MACOTERA JAMON PRIM	1h08:36.4	31:14.2
61	560	DOMINGUEZ VARELA Ines		1h09:16.1	31:53.9
62	565	MORENO NIETO Marta		1h09:54.5	32:32.3
63	564	VILANOVA FERNANDEZ Laura Madalina		1h09:54.9	32:32.7
64	577	BALUJA GARCIA Tania		1h10:23.9	33:01.7

Categoría: M1

1	243	OTERO AMOEDO Anxo	SD COMPOSTELA ATLETISMO	34:13.4	
2	353	PEREZ LOVACO Pablo		35:31.7	1:18.3
3	53	MONTERO BUJAN Aitor	AVIVA SPORT CLUB	35:33.3	1:19.9
4	268	GARCIA QUEROL Pablo	CLUB DEPORTIVO DELIKIA	35:35.5	1:22.1
5	203	DIEZ DIEZ Jorge	BAJO ZERO BURGOS	36:41.8	2:28.4
6	4	RODRIGUEZ GALLEGO Alberto Jose	CLUB CASTRELOS 20:30	36:42.5	2:29.1
7	33	GONZALEZ RAMIREZ Martin	CLUB CASTRELOS 20:30	36:57.9	2:44.5
8	244	ALONSO GONZALEZ Andre		37:19.6	3:06.2
9	260	ROUCO ALMUIÑA Modesto	CLUB ATLETISMO SANTIAGO	37:27.4	3:14.0
10	352	VALENCIA RODRIGUEZ Cristian	C.A.R. MARISQUEIRO	37:30.3	3:16.9
11	11	HERNANDEZ NAVEIRA Jose Antonio	AT. MACOTERA JAMON PRIM	37:36.8	3:23.4
12	292	ARMADA DIAZ Jacobo		38:28.4	4:15.0
13	6	RIVERA GUILLADE Martin		38:29.0	4:15.6
14	12	HERNANDEZ NAVEIRA Cristian	AT. MACOTERA JAMON PRIM	38:33.9	4:20.5
15	129	FARIÑA ALVAREZ Hugo		38:35.6	4:22.2
16	238	PINO MASID David	RUNNERS PV	39:05.4	4:52.0
17	97	RODRIGUEZ GARCIA Ivan	RUNNING TRACK	39:25.5	5:12.1
18	65	BERNAL JIMENEZ Simon		39:29.6	5:16.2
19	350	ALVAREZ COSTAS Alejandro	ATLETISMO BAIONA	39:30.8	5:17.4
20	293	JUNCAL PEÑAS Guillermo	RUN PONTEVEDRA	39:32.3	5:18.9
21	213	COMESAÑA CHAVERT Dario	ATHLETICS FISIOTERAPIA SAN LÁZARO	39:40.7	5:27.3
22	183	LOPEZ ALONSO Pablo		39:58.0	5:44.6
23	360	BARGIELA MARTINEZ Jaime	CLUB DEPORTIVO DELIKIA	40:51.0	6:37.6
24	278	VAZQUEZ GONZALEZ Javier	MAIS QUE AUGA	40:53.8	6:40.4
25	59	COSTAS BARCIA Diego	MAIS QUE AUGA	40:59.6	6:46.2
26	186	BOADO FERNANDEZ Juan Luis		41:31.8	7:18.4
27	355	UCHA DIAZ Manoel		41:41.3	7:27.9
28	112	PEREZ BASTOS Eloy		41:52.2	7:38.8
29	224	VILLAVARDE PATIÑO Yago		41:56.7	7:43.3
30	394	MORAIS ALONSO David		42:00.1	7:46.7
31	89	RODRIGUEZ FLORES Marco Antonio		42:45.8	8:32.4

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Clf	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
32	391	LOPEZ GARRIDO Damian		42:47.6	8:34.2
33	401	PEREIRA PEREZ Jacobo		43:01.4	8:48.0
34	372	DOMINGUEZ GONZALEZ Daniel	MAIS QUE AUGA	43:04.7	8:51.3
35	366	CORDERO MARIÑO Rodrigo		43:20.0	9:06.6
36	312	ABREU GARCIA Julio	ADN RUNNERS - TELMO PELUQUEROS F.C.	43:26.0	9:12.6
37	163	AMEZ SEGOVIA Martin	PORCOS CELTAS	43:31.7	9:18.3
38	306	RODA COSTAS Alexandre	CLUB ATLETISMO TUI	43:50.3	9:36.9
39	302	VAZQUEZ GONZALEZ Pablo	MAIS QUE AUGA	43:53.1	9:39.7
40	344	COTO GARCIA Diego		43:54.6	9:41.2
41	1	SERGIENKO Aleksei		44:05.9	9:52.5
42	102	LOPEZ BERTOLO Javier	RUNYTRI	44:06.2	9:52.8
43	139	PENAS GONZALEZ Saul		44:14.2	10:00.8
44	92	PEREZ PIÑEIRO Alejandro		44:28.0	10:14.6
45	122	BLACH MACIEL Ricardo		44:33.8	10:20.4
46	284	OTERO Raul		44:39.0	10:25.6
47	226	MOLARES ALONSO Alejandro		44:43.6	10:30.2
48	134	MARTINEZ COIRA Francisco		44:46.6	10:33.2
49	157	MARTINEZ RIVERA Juan Pedro	MAIS QUE AUGA	44:49.4	10:36.0
50	348	FERNANDEZ PEREZ Jose		44:54.3	10:40.9
51	236	COMESAÑA SABORIDO Nicolas	CASTRELOS 20:30	44:55.5	10:42.1
52	346	CONDE MATA Iago		44:56.5	10:43.1
53	41	MORONA MINGUEZ Miguel	CIBUS SIRGON	45:20.9	11:07.5
54	232	VAZQUEZ FREIRE Iago		45:35.3	11:21.9
55	336	NOGUEIRA GOMEZ Isaac		45:43.7	11:30.3
56	259	CASTELO AVILES Mario		45:47.9	11:34.5
57	225	MARIN GONZALEZ Pablo		45:54.8	11:41.4
58	307	GOMEZ RODRIGUEZ Diego		46:02.1	11:48.7
59	387	CABALEIRO RIVEIRO David		46:20.1	12:06.7
60	140	VAZQUEZ CAÑOTO David		46:41.7	12:28.3
61	286	DIAZ CAMPOS Anton	CLUB ATLETISMO SANTIAGO	46:49.9	12:36.5
62	342	VARELA COMESAÑA Adrian		46:50.6	12:37.2
63	219	GONZALEZ FERNANDEZ Daniel	MAIS QUE AUGA	46:58.0	12:44.6
64	385	TIZON RODRIGUEZ Carlos		47:45.9	13:32.5
65	399	CABALEIRO MARTINEZ Pablo		47:54.9	13:41.5
66	190	GONZALEZ VAZQUEZ Aaron		48:08.8	13:55.4
67	220	FERNANDEZ MIRANDA Pedro	MAIS QUE AUGA	48:17.7	14:04.3
68	77	DIOS Pablo		48:20.5	14:07.1
69	392	BARROS SOLLA Alberto		48:22.3	14:08.9
70	291	COUTO MEIRIÑO Manuel		48:27.3	14:13.9
71	388	AMOEDO TABOAS Andres		48:36.0	14:22.6
72	328	ALONSO FIGUEROA Roberto		48:54.6	14:41.2
73	142	ESTEBAN BLANCO Agustin		48:59.0	14:45.6
74	233	FERNANDEZ LORENZO Alejandro	ATHLETICS FISIOTERAPIA SAN LÁZARO	49:10.1	14:56.7
75	168	OTERO GARCIA Pedro		49:16.0	15:02.6
76	176	AMOEDO MARTINEZ Adrian		49:42.9	15:29.5
77	148	FERREIRA MORAIS Pablo		49:45.2	15:31.8
78	264	PEREZ LOPEZ Aurelio		49:50.2	15:36.8
79	281	ALONSO GONZALEZ Sergio		49:55.5	15:42.1
80	109	ELSEICY Ahmed		49:56.6	15:43.2
81	345	RODRIGUEZ SANTOS Enrique	RAPIDO DE PONTE QUIETO	50:16.8	16:03.4
82	197	RODRIGUEZ LAGO Yago		50:21.2	16:07.8

IX NOCTURNA DE VIGO CATEGORÍAS

Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
83	193	LORENZO BLAS Lucas		50:21.9	16:08.5
84	66	COSTAS RODRIGUEZ Adrian		50:56.3	16:42.9
85	374	GONZALEZ SAMPERE Aaron		51:22.3	17:08.9
86	343	PEREZ CARRERA Eloy		51:35.7	17:22.3
87	153	ARMADA Boris		51:37.0	17:23.6
88	377	AGULLA GONZALEZ Israel		51:38.0	17:24.6
89	159	BALTAR LOSADA Miguel	MAIS QUE AUGA	51:42.3	17:28.9
90	389	GARRIDO LORENZO David		51:45.6	17:32.2
91	187	ABREU MARTINEZ Jose		52:24.6	18:11.2
92	330	VENTIN FIGUEROA Francisco		52:36.8	18:23.4
93	314	BLANCO RODRIGUEZ Mateo Maximiliano		52:54.8	18:41.4
94	339	MARIÑO CAMBEIRO Santiago		52:56.8	18:43.4
95	273	ALONSO LOPEZ Jonathan	ATLETISMO BAIONA	53:14.2	19:00.8
96	154	PADIAL NOVOA Jose Jaime		53:33.2	19:19.8
97	166	PEREIRA MIGUEZ Miguel Angel		53:38.7	19:25.3
98	124	FREIXES FERNANDEZ David		53:41.8	19:28.4
99	111	PEREZ FERNANDEZ Daniel		54:07.9	19:54.5
100	126	HERNANDEZ CERON Carlos		54:09.9	19:56.5
101	329	MAREQUE FONTAO David		54:13.4	20:00.0
102	290	IGLESIAS DORDA Manuel		54:56.2	20:42.8
103	303	PAZO RODRIGUEZ Daniel		56:22.8	22:09.4
104	262	TRONCOSO DOMINGUEZ Marcos	CAZAFANTASMAS TEAM	56:25.4	22:12.0
105	121	PEREIRA PIÑEIRO Jose Manuel	CLUB ATLETISMO PORRIÑO	56:33.1	22:19.7
106	205	GONZALEZ ALVAREZ Javier		56:50.3	22:36.9
107	383	COLLARTE COMESAÑA Miguel		57:23.6	23:10.2
108	147	MARTINEZ NOVAS David	BORGWARNER	57:25.8	23:12.4
109	222	IGLESIAS CASTRO Manuel		58:10.3	23:56.9
110	144	BARROSO GONZALEZ Miguel		58:13.1	23:59.7
111	301	RODRIGUEZ CRESPO Eduardo	VIGOENTRENA	58:58.0	24:44.6
112	221	DOMINGUEZ GOMEZ Jesus		59:04.1	24:50.7
113	315	RODRIGUEZ DOS SANTOS Nahuel Dilan		59:11.8	24:58.4
114	270	ALONSO DE SAN SEGUNDO Lucas		59:21.6	25:08.2
115	182	CASAL LORENZO Tania		59:47.2	25:33.8
116	84	VAZQUEZ DA CUNHA Miguel Alexandre		59:47.3	25:33.9
117	275	OLIVEIRA Damiao		1h00:55.5	26:42.1
118	231	CONDE PEREIRO Arturo		1h01:05.1	26:51.7
119	141	MOSQUERA OTERO Diego		1h01:08.9	26:55.5
120	378	IGLESIAS DA COSTA Pablo Jose		1h01:22.3	27:08.9
121	230	GIL RODRIGUEZ Marcos		1h02:47.9	28:34.5
122	123	BLANCO RIO Tatiana		1h03:42.5	29:29.1
123	229	GIL FIGUEROA Diego		1h04:19.6	30:06.2
124	274	VAZQUEZ MAYO Javier	MAIS QUE AUGA	1h04:45.0	30:31.6
125	85	GIGIREY VAZQUEZ Xabier		1h04:54.2	30:40.8
126	384	COMESAÑA GARCIA Javier		1h07:15.0	33:01.6
127	3	LAGO GOMEZ Daniel		1h12:13.8	38:00.4

Categoría: F2

1	505	ESTEVEZ CRESPO Cristina		43:20.3	
2	604	RODRIGUEZ OLIVEIRA Rocio	ATHLETICS FISIOTERAPIA SAN LÁZARO	43:27.4	7.1

IX NOCTURNA DE VIGO CATEGORÍAS

Cl	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
3	610	SABORIDO GIL Olalla	CLUB ATLETISMO VETERANOS DE SAMIL	43:47.8	27.5
4	631	DOMINGUEZ PEREIRA Diana		44:03.4	43.1
5	592	LEICEAGA GONZALEZ Maru	MAIS QUE AUGA	45:09.4	1:49.1
6	568	MOREU PEREIRA-BORRAJO Beatriz	CLUB DEPORTIVO DELIKIA	46:35.1	3:14.8
7	605	RODRIGUEZ LOPEZ Belen	CLUB DEPORTIVO DELIKIA	47:52.2	4:31.9
8	624	PRIETO RODRIGUEZ Tahia	TAHIA	49:46.7	6:26.4
9	611	LOJO Rebeca		49:58.0	6:37.7
10	626	PIÑEIRO SANTORUN Nesti	CLUB ATLETISMO CAMBADOS - SEGUROS NOVAL	50:16.0	6:55.7
11	561	FERNANDEZ VARELA Maria Estefania		51:53.5	8:33.2
12	576	ROMERO MARTINEZ Monica	FRUTAS NIEVES	52:02.5	8:42.2
13	648	ARIAS CASTRO Rocio		53:02.0	9:41.7
14	558	VARELA VARELA Sabela	CORRIDA DAS CABRAS	53:34.1	10:13.8
15	519	RAMOS GONZALEZ Noa	MAIS QUE AUGA	53:47.0	10:26.7
16	521	VIDAL GONZALEZ Ana		54:02.2	10:41.9
17	587	TENORIO DEL RIO Maria Jose		54:13.3	10:53.0
18	506	RODRIGUEZ BUENO Piedad	AT. MACOTERA JAMON PRIM	54:50.7	11:30.4
19	547	VIDAL LORENZO Emilia	MAIS QUE AUGA	54:54.7	11:34.4
20	548	BRITO ALONSO Paula		55:00.1	11:39.8
21	644	LOPEZ PEREZ Almudena	MAIS QUE AUGA	56:16.6	12:56.3
22	632	SAINZ Nuria	CA SERRANO	56:37.2	13:16.9
23	562	RIOS BOUZA Maria Sandra	MAIS QUE AUGA	58:43.3	15:23.0
24	608	BARGIELA MARTINEZ Cristina		59:25.4	16:05.1
25	531	BOSSA RODRIGUEZ Silvia		59:27.0	16:06.7
26	511	ALONSO BARBANCHO Vanessa		59:59.2	16:38.9
27	532	COSTAS Iria		59:59.9	16:39.6
28	652	CARNERO LLAUGER Maria	BIKILA	1h00:37.5	17:17.2
29	637	FERNANDEZ PAZO Paula		1h00:38.6	17:18.3
30	584	SUEIRO PEREZ Monica	CASTRELOS 20:30	1h01:14.4	17:54.1
31	590	PAZOS GONZALEZ Lorena		1h01:17.2	17:56.9
32	555	NUÑEZ COSTAS Rebeca		1h01:18.3	17:58.0
33	633	VILLASVERDE MIGUEZ Silvia		1h02:15.6	18:55.3
34	569	RECAMAN MIGUEZ Shirley		1h03:32.0	20:11.7
35	598	MARTINEZ LORENZO Belen		1h05:22.9	22:02.6
36	551	CALO MUÑIZ Silvia		1h05:35.5	22:15.2
37	645	COSTA DURAN Andrea		1h06:28.3	23:08.0
38	574	REY CAO Yolanda		1h08:11.0	24:50.7

Categoría: M2

1	32	BASTOS DASILVA Jose Alberto	ADN RUNNERS - TELMO PELUQUEROS F.C.	33:13.0	
2	35	BUENO LOSADA Juan	AT. MACOTERA JAMON PRIM	33:18.2	5.2
3	61	BUENO LOSADA Roberto	AT. MACOTERA JAMON PRIM	33:47.4	34.4
4	88	VAZQUEZ PAVON Roberto	TANINOS RUNNERS PONTEAREAS	35:39.3	2:26.3
5	246	PARADA MONTOTO David	MONTEPORREIRUN	35:54.8	2:41.8
6	36	FERNANDEZ SOENGAS Jesus	CLUB DEPORTIVO DELIKIA	36:51.9	3:38.9
7	245	LOUREIRO MONTENEGRO Pablo	MONTEPORREIRUN	37:10.8	3:57.8
8	398	GOMEZ SOTO Jose Luis	TANINOS RUNNERS PONTEAREAS	37:53.9	4:40.9
9	23	NOGUEIRA FERNANDEZ Junior		38:07.6	4:54.6
10	254	CADAVID VILLANUEVA Hector		38:32.6	5:19.6
11	165	LOPEZ GARRIDO David		38:39.7	5:26.7

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Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
12	24	MATEO SANTOS Efen	AT. MACOTERA JAMON PRIM	38:54.7	5:41.7
13	180	ESTEVEZ ESTEVEZ Martin	"CLUBE DE ATLETISMO "CORREDOIRAS BUEU"	39:00.3	5:47.3
14	283	PEREZ CONDE Kike	GMTA CHUVONERS	39:20.6	6:07.6
15	80	CABALEIRO GARCIA Jose Manuel	CIBUS SIRGON	39:41.8	6:28.8
16	363	SANROMAN MARCOTE Jesus Maria	RUNGALICIA.COM	39:56.6	6:43.6
17	133	CARRERA BLANCO Pablo	C.A. CÁRNICAS SERRANO	40:04.4	6:51.4
18	86	NAVIA IGLESIAS Ruben	BIKILA	40:23.3	7:10.3
19	214	GARCIA GARCIA Oscar	CLUB DEPORTIVO PINARIUM	40:23.8	7:10.8
20	365	DIAZ LOPEZ Pablo	RUNGALICIA.COM	40:39.5	7:26.5
21	271	RODRIGUEZ PEREZ Manuel	MAIS QUE AUGA	40:59.4	7:46.4
22	296	ROCA ROMERO Gonzalo		41:01.8	7:48.8
23	341	VILABOA SALGUEIRO Santi		41:29.1	8:16.1
24	155	FERNANDEZ GRADIN David	CIBUS SIRGON	41:46.9	8:33.9
25	120	DAVILA BOVEDA Pablo		42:35.1	9:22.1
26	276	VARA ADRIIO Iago	SIRENO TRIATLON CLUB	42:52.3	9:39.3
27	297	CORZON VIEITES Alfonso	C.A.R. MARISQUEIRO	42:58.9	9:45.9
28	62	TIZON FREIRIA German	SEMPRE LA	43:09.2	9:56.2
29	173	MAYO Marcos	RUNYTRI	43:16.2	10:03.2
30	357	ARADAS LESTON Bernardo		43:27.8	10:14.8
31	70	CARRASCO Ruben		43:47.7	10:34.7
32	298	LOPEZ FERNANDEZ Antonio Luis		43:52.4	10:39.4
33	349	PEREZ TORRADO Roi	RIZOS TEAM	44:00.0	10:47.0
34	351	ALONSO FERNANDEZ Rodrigo		44:03.0	10:50.0
35	175	FONTAN GARRIDO David	MUÑECOS RUNNING	44:04.9	10:51.9
36	277	SANMARCO VIDAL Manuel	CASTRELOS KM.0	44:16.8	11:03.8
37	327	VARA BLANCO Javier		44:23.1	11:10.1
38	72	DOMINGUEZ FERNANDEZ Simon		44:28.9	11:15.9
39	337	VR Tito		44:39.2	11:26.2
40	100	COSTAS RODRIGUEZ Marcos	RUNNING TRACK	44:45.4	11:32.4
41	192	FOCHE Diego	MAIS QUE AUGA	44:49.6	11:36.6
42	400	SUAREZ GULLON Gustavo	CLUB TRIATLON VAO	45:09.5	11:56.5
43	177	RIVERA CANICOBA Alberto		45:12.9	11:59.9
44	106	MARQUEZ MOO Manuel		45:16.8	12:03.8
45	373	LOUREIRO RODRIGUEZ Santiago	QPRO GYM	45:27.8	12:14.8
46	2	CABACO CAMPOS Jose Manuel	TAKO TEAM	45:39.0	12:26.0
47	43	GONZALEZ PEREZ Enrique	MAIS QUE AUGA	45:40.6	12:27.6
48	17	OREJA GARCIA Antonio	AT. MACOTERA JAMON PRIM	45:51.9	12:38.9
49	367	SUEIRO MENDEZ Miguel		46:21.9	13:08.9
50	317	GOMEZ LOPEZ Pablo	L@S INSENSAT@S	46:22.3	13:09.3
51	382	VILA LOPEZ Ruben	MAIS QUE AUGA	46:33.4	13:20.4
52	210	GONZALEZ GARCIA Jeronimo		46:44.9	13:31.9
53	237	GESTO Xoan	BEADE, AHI OS VAN!	47:09.1	13:56.1
54	325	CERQUEIRA OITAVEN Valentin		47:12.7	13:59.7
55	326	GONZALEZ RODRIGUEZ Daniel		47:12.9	13:59.9
56	91	MACIAS NOGUEIRA Antonio	MAIS QUE AUGA	47:14.2	14:01.2
57	184	ANDRADE PADIN Damian		47:15.0	14:02.0
58	90	DORADO Iban		47:26.1	14:13.1
59	228	FERREIRA CHARRASQUIEL Marcos		47:28.7	14:15.7
60	57	RODRIGUEZ ALONSO Sedu		47:34.4	14:21.4
61	261	PARRA SERRANO Manuel Alejandro	MAIS QUE AUGA	47:43.1	14:30.1
62	282	SUAREZ OGANDO Adrian	MAIS QUE AUGA	47:57.0	14:44.0

IX NOCTURNA DE VIGO CATEGORÍAS

Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
63	195	FERNANDEZ FREIRE Eneas		48:23.8	15:10.8
64	174	SOLLA GIL Carlos		48:25.6	15:12.6
65	251	FERNANDEZ FERNANDES Miguel	RUNYTRI	49:10.0	15:57.0
66	83	CAMIÑA MARTINEZ Rai	CLUB ATLETISMO CAMBADOS - SEGUROS NOVAL	49:13.2	16:00.2
67	146	CRISTOBAL LINES Iago		49:37.2	16:24.2
68	368	GARABATOS David	ASOCIACION DEPORTIVA C.A.R.	49:42.0	16:29.0
69	60	GONZALEZ FERNANDEZ Jose	MAIS QUE AUGA	49:46.6	16:33.6
70	406	DIAZ JAMARDO Pablo		50:03.6	16:50.6
71	71	GARCIA ALVAREZ Javier	LUME RUN	50:09.6	16:56.6
72	397	SALO BENITO Javier	LATITUD 42	50:10.6	16:57.6
73	338	MATA MEIXUEIRO Marcos		50:22.9	17:09.9
74	209	RODRIGUEZ DIP Nicolas	MAIS QUE AUGA	50:33.2	17:20.2
75	239	DIAZ FERNANDEZ Diego		50:44.2	17:31.2
76	21	GARCIA BONILLA Vicente	AT. MACOTERA JAMON PRIM	50:54.1	17:41.1
77	258	RODRIGUEZ PAZ Cesar		51:04.0	17:51.0
78	107	ALONSO CARRERA Daniel		51:15.4	18:02.4
79	362	SANMARTIN GONZALEZ Victoriano	MAIS QUE AUGA	51:38.9	18:25.9
80	386	SILVA GONDAR Borja		51:40.0	18:27.0
81	135	DEVORA JIMENEZ Miguel Angel		51:55.2	18:42.2
82	212	ARANGO GAYAR Saul	FRUTAS NIEVES	52:02.6	18:49.6
83	94	RODRIGUEZ IGLESIAS Luis Manuel		52:04.2	18:51.2
84	310	PEREIRA RODRIGUEZ Carlos		52:14.2	19:01.2
85	115	PALOMEQUE TORRAS Jose Maria		52:35.8	19:22.8
86	108	PEREZ IGLESIAS Iñaki		52:44.9	19:31.9
87	114	BERNARDEZ GARCIA Javier		52:45.0	19:32.0
88	361	ALVAREZ SOBRADO Javinho	C.A.R. MARISQUEIRO	52:52.7	19:39.7
89	266	FERNANDEZ Ricardo		53:11.5	19:58.5
90	45	OSBORNE Steve		53:27.9	20:14.9
91	207	GONZALEZ UCLES David	NUTRIBIOTICA	53:37.1	20:24.1
92	54	PEREZ YAÑEZ Javier	MAIS QUE AUGA	53:47.1	20:34.1
93	138	GOMEZ LOPEZ Julio		54:22.9	21:09.9
94	137	DEL CAÑO CASTRO Miguel		54:41.4	21:28.4
95	149	FERNANDEZ BARREIRO Fernando		55:00.7	21:47.7
96	125	ROCHA DOVAL Ricardo		55:14.6	22:01.6
97	216	RUIZ RODRIGUEZ Javier		55:16.5	22:03.5
98	69	NUÑEZ PARADA Sergio		55:37.6	22:24.6
99	381	MENDEZ LAGO Jose Manuel		55:51.4	22:38.4
100	318	PEDROSA PEREZ Alberto		56:09.0	22:56.0
101	211	GARCIA LOPEZ Alberto	MAIS QUE AUGA	57:14.9	24:01.9
102	58	BENATTI DE OLIVEIRA Gustavo Eduardo		57:23.2	24:10.2
103	110	CANOSA MARTINEZ Oscar		58:00.7	24:47.7
104	380	LOPEZ FUENTES Guillermo		58:28.3	25:15.3
105	369	MAZOY FERNANDEZ Luis Alberto		59:28.5	26:15.5
106	295	RESUA EIRAS David	CHUZAS OLIMPICOS	1h00:07.9	26:54.9
107	95	SUAREZ FERRADANS Cesar		1h00:44.8	27:31.8
108	227	GIL OTERO Roberto		1h01:01.1	27:48.1
109	269	BAR PEREZ Luis	C.A.R. MARISQUEIRO	1h01:19.6	28:06.6
110	404	HERNANDEZ GRAÑA Juan Carlos		1h01:35.7	28:22.7
111	279	DOMINGUEZ FREIRE Martin		1h05:23.0	32:10.0
112	206	CARRERA COUÑAGO Ernesto		1h08:11.5	34:58.5

IX NOCTURNA DE VIGO CATEGORÍAS

Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
Categoría: F3					
1	593	VAQUERO SOUSA Julia	CLUB ATLETISMO VETERANOS DE SAMIL	41:21.0	
2	550	ALONSO GARCIA Ana	ATHLETICS FISIOTERAPIA SAN LÁZARO	44:56.8	3:35.8
3	515	LAMPON CARIDE Ana	MAIS QUE AUGA	45:41.9	4:20.9
4	508	RIVERA VAZQUEZ Noelia	ATHLETICS FISIOTERAPIA SAN LÁZARO	47:27.6	6:06.6
5	643	FERREIRA ALVAREZ Macarena	CASTRELOS 20:30	47:57.5	6:36.5
6	567	LEMON SOAGE Ana	CORREDOIRAS BUEU	48:18.0	6:57.0
7	656	VELAZQUEZ GARCIA Maria	CLUB TRIATLON VAO	48:53.0	7:32.0
8	595	GONZALEZ CASAL Alejandra	VIGOENTRENA	49:10.1	7:49.1
9	599	GONZALEZ BELLO Concepcion		52:48.4	11:27.4
10	575	BALIÑO GONZALEZ Ruth	RIZOS TEAM	53:52.4	12:31.4
11	616	FIGUEROA COSTAS Elena	ATHLETICS FISIOTERAPIA SAN LÁZARO	54:27.6	13:06.6
12	619	PEREIRA RODRIGUEZ Mar		54:30.1	13:09.1
13	553	TENES LOPEZ Maria Jose		55:58.3	14:37.3
14	581	LOPEZ CASTRO Aurora	C.A.R. MARISQUEIRO	56:42.4	15:21.4
15	627	SANTORIO DE FRUTOS Tatiana	ATHLETICS FISIOTERAPIA SAN LÁZARO	59:14.1	17:53.1
16	509	MARTIN TEJEDOR Victoria	AT. MACOTERA JAMON PRIM	59:19.5	17:58.5
17	618	ALVAREZ COMESAÑA Monica	ATHLETICS FISIOTERAPIA SAN LÁZARO	59:25.5	18:04.5
18	636	VAZQUEZ MAYO Monica	MAIS QUE AUGA	1h00:23.5	19:02.5
19	621	VIÑAS ROMERO Silvia	BIKILA	1h00:38.1	19:17.1
20	549	RODRIGUEZ VAZQUEZ Monica		1h06:18.8	24:57.8
21	502	NAVEIRA GONZALEZ Maria Angeles	AT. MACOTERA JAMON PRIM	1h10:06.4	28:45.4
22	594	FERNANDEZ SUAREZ Carmen	MAIS QUE AUGA	1h13:04.6	31:43.6

Categoría: M3

1	321	BARGIELA ARAUJO Daniel	BIKILA	33:59.2	
2	218	PRIETO DE LA IGLESIA Manuel	ATHLETICS FISIOTERAPIA SAN LÁZARO	37:14.3	3:15.1
3	42	BURGOS REY Jose Antonio	CLUB ATLETISMO SAN MIGUEL DE MARÍN	37:15.6	3:16.4
4	46	LORENZANA MEIRE Jesus	ADN RUNNERS - TELMO PELUQUEROS F.C.	37:31.4	3:32.2
5	323	ALONSO ABALDE Miguel Angel		38:13.7	4:14.5
6	50	ULLA REGA Manuel	ASOCIACION DEPORTIVA C.A.R.	38:37.6	4:38.4
7	143	COSTAS COSTAS Miguel	MAIS QUE AUGA	38:59.1	4:59.9
8	188	ALVAREZ MIRANDA Jose Luis	CIBUS SIRGON	39:20.2	5:21.0
9	79	GAGO SANCHEZ Antolin	CLUB ATLETISMO VETERANOS DE SAMIL	39:33.4	5:34.2
10	393	MARTINEZ BARCIELA David		39:49.6	5:50.4
11	169	PICO PITA Jose Luis	CASTRELOS 20:30	40:15.6	6:16.4
12	98	RODRIGUEZ GARCIA Pablo	RUNNIG TRACK - VIGO	40:22.0	6:22.8
13	161	BERNARDEZ MACIA Santiago	VETERANOS DE SAMIL	40:33.4	6:34.2
14	223	MAHOU Xose		41:00.3	7:01.1
15	198	MEDRAÑO SANTA CLARA Suso		41:13.6	7:14.4
16	287	CASTELO SANCHEZ Luis Angel		41:14.5	7:15.3
17	199	NAVIA Javier	C.A.R. MARISQUEIRO	41:19.6	7:20.4
18	113	ARIAS COSTAS Eduardo	ATHLETICS FISIOTERAPIA SAN LÁZARO	41:51.3	7:52.1
19	324	ALVAREZ-BUYLLA DE LA UZ Julio	ATLETISMO BAIONA	42:04.7	8:05.5
20	105	CARRERA CASAL Julio		42:22.2	8:23.0
21	189	ALONSO FDEZ Alberto	MAIS QUE AUGA	42:29.8	8:30.6
22	55	BUJANDA GARMENDIA Carlos Alberto		42:31.3	8:32.1
23	294	LUCIA PAREDES Giovanni		43:15.0	9:15.8

IX NOCTURNA DE VIGO CATEGORÍAS

Cl't	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
24	340	LAGO CASTRO Fernando	COUTADAS TRAIL TEAM	43:40.9	9:41.7
25	356	BARREIRO BLANCO Pepe		44:10.2	10:11.0
26	7	ALVAREZ Andres	IMAXINATEA ESCOLA DE TEATRO	44:26.4	10:27.2
27	217	CAMPOS ABALDE Antonio	CASTRELOS KM.0	44:57.6	10:58.4
28	118	RODRIGUEZ BANDE Carlos		44:58.5	10:59.3
29	235	GONZALEZ DOMINGUEZ Pedro	CASTRELOS 20:30	45:01.3	11:02.1
30	311	PEREZ BLANCO Pablo	CLUB TRIATLON VAO	45:01.5	11:02.3
31	44	MORAIS ALVAREZ Carlos	MAIS QUE AUGA	45:09.6	11:10.4
32	185	PEITEADO RUIZ Guillermo	ATHLETICS FISIOTERAPIA SAN LÁZARO	45:15.5	11:16.3
33	38	FREIRE PIÑEIRO Jose Manuel	MAIS QUE AUGA	45:25.7	11:26.5
34	208	GONZALEZ MACIEL Jose Luis	RIZOS TEAM	46:01.7	12:02.5
35	359	CONDE GONZALEZ Jose Carlos	INMOBILIX GALICIA	46:04.7	12:05.5
36	51	GONZALEZ RODRIGUEZ Manu	ADN RUNNERS - TELMO PELUQUEROS F.C.	46:12.8	12:13.6
37	15	SANCHEZ SIERRA Ramon	AT. MACOTERA JAMON PRIM	46:17.3	12:18.1
38	395	OTERO BENITO Ricardo	ATHLETICS FISIOTERAPIA SAN LÁZARO	46:51.0	12:51.8
39	16	FERRO NUÑEZ Javier	ATHLETICS FISIOTERAPIA SAN LÁZARO	46:51.5	12:52.3
40	331	RODRIGUEZ ALVAREZ Jose Antonio	C.A.R. MARISQUEIRO	46:55.1	12:55.9
41	25	SANCHEZ MARCOS Juan Carlos	AT. MACOTERA JAMON PRIM	47:39.5	13:40.3
42	151	ALONSO COSTAS Oscar		47:59.4	14:00.2
43	257	COMESAÑA DAVILA Miguel		48:22.0	14:22.8
44	396	GARALOCES FERNANDEZ Xabier	CLUB DEPORTIVO DELIKIA	48:24.2	14:25.0
45	240	MARQUINA LEAL Xesus		48:29.2	14:30.0
46	74	PARDAVILA IGLESIAS Miguel Angel	CORRIDA DAS CABRAS	48:39.6	14:40.4
47	31	WHITE GARCIA Manuel	AT. MACOTERA JAMON PRIM	48:41.7	14:42.5
48	267	RODRIGUEZ COSTA Jose Manuel		49:02.3	15:03.1
49	191	NOBLESSE Thierry		49:17.7	15:18.5
50	178	SARABIA VALADO Jose	REAL CLUB CELTA ATLETISMO	49:32.4	15:33.2
51	247	BENAVIDES HERNANDEZ Fernando	ATHLETICS FISIOTERAPIA SAN LÁZARO	49:37.0	15:37.8
52	319	VILA RODRIGUEZ Juan Carlos		49:40.3	15:41.1
53	8	GARCIA ZABALLOS Juan Antonio	AT. MACOTERA JAMON PRIM	49:44.0	15:44.8
54	289	CAROU COVELO Victor		49:46.4	15:47.2
55	48	CASTIÑEIRA GONZALEZ Francisco Javier	MAIS QUE AUGA	49:50.5	15:51.3
56	30	SAN ROMAN MARTIN Ignacio	AT. MACOTERA JAMON PRIM	49:52.7	15:53.5
57	179	ARZA TOUZON German	RAPIDO DE PONTE QUIETO	50:18.1	16:18.9
58	26	RAÑA GREGORIO Xan	C.A.R. MARISQUEIRO	50:19.6	16:20.4
59	99	YAÑEZ COIRA Avelino	RUNNING LUSEKELO	50:25.7	16:26.5
60	403	GARCIA KIRSTEN Jorge		51:05.3	17:06.1
61	265	ALONSO ABALO Jose Manuel	ROMERO RUNNERS	51:10.7	17:11.5
62	117	DOMINGUEZ EDREIRA Julio		51:12.2	17:13.0
63	272	FERREIRA RODRIGUEZ Jose Luis	MAIS QUE AUGA	51:19.5	17:20.3
64	204	POUSA LUCIO Xoan Manuel	SAPOCONCHOS	51:31.1	17:31.9
65	201	LORENZO COMESAÑA Juan Manuel		51:31.6	17:32.4
66	308	PEREZ FRANCISCO Alfredo	ESPARTAN@S CHIFLAD@S	51:32.1	17:32.9
67	407	LOPEZ PEREZ Ramiro Alfonso		52:01.0	18:01.8
68	5	JANDRA GONZALEZ Jesus		52:06.0	18:06.8
69	27	CODON VEGA Alfonso	C.A.R. MARISQUEIRO	52:09.2	18:10.0
70	194	GONCALVES ROLO Alvaro	MAIS QUE AUGA	52:17.2	18:18.0
71	28	MARTINEZ DOBALO David	CROSSBEERS	52:32.3	18:33.1
72	196	PEREZ BARBEITO Oscar		52:34.8	18:35.6
73	18	GARCIA LOSADA Gabriel	AT. MACOTERA JAMON PRIM	52:43.0	18:43.8
74	101	PEREIRO SANTIN Ramon	GRIMO	52:48.9	18:49.7

IX NOCTURNA DE VIGO CATEGORÍAS

Clc	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
75	354	RIO MOSQUERA Luis		52:51.2	18:52.0
76	103	RODRIGUEZ CASAL Isaac	CORREDORES FESTEIROS CENTRAL ELÉCTRICA SESTELO	52:58.6	18:59.4
77	250	LEDO MATA Alejandro		53:04.2	19:05.0
78	253	DE LA PEÑA ZARATE Enrique		53:49.6	19:50.4
79	172	LAMAS PEREZ Jose Eduardo		53:58.5	19:59.3
80	309	GONZALEZ MATOS Daniel		54:29.9	20:30.7
81	333	MENDEZ TRIGO Victor		55:25.7	21:26.5
82	170	DAPENA LLORCA Angel		56:01.0	22:01.8
83	255	GUAMA MENA Patricio	PADELEROS	56:06.3	22:07.1
84	128	FERNANDEZ GONZALEZ Jose Manuel	MAIS QUE AUGA	56:15.8	22:16.6
85	82	GARCIA MALGA Moncho	ATHLETICS FISIOTERAPIA SAN LÁZARO	56:44.4	22:45.2
86	104	BARBOSA Pedro		56:54.1	22:54.9
87	64	BERNAL Agustin		58:27.0	24:27.8
88	371	ORTEGA JAIMES Greory		59:20.4	25:21.2
89	313	SAAVEDRA FERNANDEZ Santiago		1h01:10.5	27:11.3
90	379	MARTINEZ VILLAR Hugo		1h02:12.8	28:13.6
91	249	OTERO RAMIREZ Jose Antonio		1h02:45.8	28:46.6
92	158	VAZQUEZ Enrique		1h03:30.4	29:31.2
93	160	PORTELA FERNANDEZ Luis		1h16:13.8	42:14.6

Categoría: F4

1	628	CHAVERT SUAREZ Susana	ATHLETICS FISIOTERAPIA SAN LÁZARO	59:23.6	
2	614	MALLO FERRER Sonia	ATHLETICS FISIOTERAPIA SAN LÁZARO	59:25.8	2.2
3	525	OSSORIO TERRON Asuncion	ATHLETICS FISIOTERAPIA SAN LÁZARO	1h01:29.5	2:05.9
4	552	RODRIGUEZ ALVAREZ Marta	BIKILA	1h02:49.4	3:25.8
5	635	ROCHA CRUCES Maria Carmen	C.A.R. MARISQUEIRO	1h04:27.2	5:03.6
6	540	GONZALEZ MERA Regina	MAIS QUE AUGA	1h09:36.8	10:13.2
7	658	RODRIGUEZ IGLESIAS Ana	MAIS QUE AUGA	1h13:04.6	13:41.0

Categoría: M4

1	200	PAZ RODRIGUEZ Juan	CLUB CASTRELOS 20:30	40:33.1	
2	305	GRAÑA ALONSO Jose Carlos	LODEIROS TRAIL	40:47.0	13.9
3	130	ESTEVEZ ALONSO Carlos Javier	CASTRELOS KM.0	41:02.4	29.3
4	234	ALEN CASTELAIN Eusebio	CASTRELOS 20:30	42:23.6	1:50.5
5	73	VAZQUEZ VIDAL Antonio		43:18.0	2:44.9
6	10	HERNANDEZ GARCIA Jose A	AT. MACOTERA JAMON PRIM	43:21.1	2:48.0
7	299	PALMA ESPAÑA Eligio Jose		44:30.1	3:57.0
8	29	HERNANDEZ GARCIA Felicisimo	AT. MACOTERA JAMON PRIM	47:38.8	7:05.7
9	167	VIDEIRA CORREA Alberto	RUNNING LUSEKELO	48:55.1	8:22.0
10	78	BARREIRO BARREIRO Benigno	ATHLETICS AVENTURA XTREM	49:53.7	9:20.6
11	370	TABOADA GONZALEZ Ramiro	RUNNING LUSEKELO	50:21.1	9:48.0
12	171	SANZ LUCOTTI Javier	CIBUS SIRGON	50:51.8	10:18.7
13	661	SIMONES FERNANDEZ Jose Luis		51:18.6	10:45.5
14	37	JIMENEZ HERNANDEZ Manuel	AT. MACOTERA JAMON PRIM	51:47.0	11:13.9
15	150	GALLIDORO DEL MONTE Jose Humberto	CLUB DEPORTIVO DELIKIA	51:52.7	11:19.6
16	22	BLAZQUEZ BLAZQUEZ Juan Antonio	AT. MACOTERA JAMON PRIM	52:17.1	11:44.0
17	376	FIDALGO IGLESIAS Manuel		54:24.6	13:51.5



IX NOCTURNA DE VIGO CATEGORÍAS

Cl	Dor.	Apellidos y nombre	Equipo	Tiempo	Diferencia
18	332	SALGUEIRO FUENTES Alejandro		55:25.6	14:52.5
19	358	VILLAR SALGADO Jose Francisco	C.A.R. MARISQUEIRO	55:45.4	15:12.3
20	660	BENAVOES ALONSO Daniel		57:13.1	16:40.0
21	56	GONZALEZ GARCIA Luis	C.A.R. MARISQUEIRO	57:16.1	16:43.0
22	19	CABALLO ZABALLOS Diego	AT. MACOTERA JAMON PRIM	59:51.7	19:18.6
23	20	RUANO MONZON Manuel Gabriel		1h01:24.9	20:51.8
24	402	LOPEZ REY Gerardo	MAIS QUE AUGA	1h02:32.5	21:59.4
25	136	OITABEN FERNANDEZ Jose Maria	CORREDORES GG	1h06:34.6	26:01.5

Categoría: F5

1	563	COSTAS RODRIGUEZ Carmen	SOCIEDAD ATLÉTICA VAL MIÑOR	55:53.9	
2	520	ALVAREZ DOMINGUEZ Rosa Mª	MAIS QUE AUGA	1h08:02.3	12:08.4

Categoría: M5

1	63	RIVEIRO RODRIGUEZ Arlindo	CLUB CASTRELOS 20:30	38:47.7	
2	116	SUAREZ MARTINEZ Manuel	CLUB ATLETISMO VETERANOS DE SAMIL	40:26.6	1:38.9
3	285	PEREZ PASCUAL Manuel	C.S.C.R. BEADE	45:31.0	6:43.3
4	156	MARTINEZ ABEJON Pedro	MAIS QUE AUGA	46:54.2	8:06.5
5	162	VILLAR ALVAREZ Enrique		47:14.2	8:26.5
6	320	CHAMORRO RODRIGUEZ Eugenio	C.A.R. MARISQUEIRO	50:14.5	11:26.8
7	390	QUINTEIRO NUÑEZ Manuel	MAIS QUE AUGA	51:26.6	12:38.9
8	322	ROCA RODRIGUEZ Ramon		51:50.2	13:02.5
9	335	BLANCO VAZQUEZ Lisardo	CLUB ATLETISMO VIGO	52:15.3	13:27.6
10	14	HERNANDEZ MARTINEZ Braulio	AT. MACOTERA JAMON PRIM	52:43.1	13:55.4
11	93	HERNANDEZ BORREGO Miguel	CLUB ATLETISMO VETERANOS DE SAMIL	52:47.6	13:59.9
12	131	BLANCO GONZALEZ Alfonso		53:48.6	15:00.9
13	127	RAMOS Sergio	CLUB ATLETISMO VETERANOS DE SAMIL	1h00:50.8	22:03.1
14	241	PENEDO DA SILVA Jose Antonio	ATHLETICS AVENTURA XTREM	1h04:33.6	25:45.9

DISCAMINO

1	76	GONZALEZ ABEIJON Fernando	DISCAMINO	1h01:10.3	
2	300	FERNANDEZ MARTINEZ Javier	DISCAMINO	1h01:10.7	0.4