

SUBIDA AO CASTRO 2025

CATEGORÍAS

Clc	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
F1					
1	502	BREINHOLT MOESKJAER Lea		14:40.3	
2	544	ALVAREZ RODRIGUEZ Noemi	CLUB DEPORTIVO DELIKIA	15:11.1	30.8
3	526	PAZOS GARCIA Antia	CLUB TRIATLÓN MAR DE VIGO	15:43.7	1:03.4
4	510	MIGUEZ LAGO Jessica		16:02.8	1:22.5
5	511	DOIRO GONZALEZ Raquel	GMTA CHUVONERS	16:43.3	2:03.0
6	536	DOMINGUEZ PEREZ Naomi	CLUB DEPORTIVO DELIKIA	16:52.2	2:11.9
7	519	IGLESIAS GOMEZ Sara	CLUB DEPORTIVO DELIKIA	16:56.4	2:16.1
8	550	OJEA CAAMAÑO Mirian		17:18.6	2:38.3
9	520	CABALLERO RUS Yolanda		18:26.0	3:45.7
10	504	ABELEIRA CARBALLO Irene		18:27.5	3:47.2
11	546	MIRAZ FERNANDEZ Raquel	VIGOENTRENA	18:36.6	3:56.3
12	552	TOJAL Marta	CLUB DEPORTIVO DELIKIA	19:26.2	4:45.9
13	518	BRUZON BANDEIRA Maria		19:49.0	5:08.7
14	664	ARIAS TEJEDA Lidia		19:55.0	5:14.7
15	662	GONZALEZ FERNANDEZ Monica		19:55.9	5:15.6
16	534	COLLAZO FERNANDEZ Lorena	CLUB ATLETISMO VETERANOS DE SA	20:01.2	5:20.9
17	675	CONTRERAS ORTIZ Lucia	ASALTAMONTES FEMALE	20:05.8	5:25.5
18	528	CAMPO CAMIÑA Paula	NUTRIBIOTICA	20:41.3	6:01.0
19	531	BAÑOS CASTRO Lua		21:08.1	6:27.8
20	540	RECOUSO Tanya		21:10.2	6:29.9
21	543	CONDE LAGO Lucia		21:14.5	6:34.2
22	524	RODRIGUEZ RODRIGUEZ Maria		21:16.7	6:36.4
23	516	ESTEVEZ Estefania	ASOCIACION DEPORTIVA C.A.R.	21:28.7	6:48.4
24	666	COELLO DAPENA Antia		21:32.0	6:51.7
25	553	CABANELAS FIGUEIRIDO Celeste		21:33.1	6:52.8
26	509	FUENTES CALDERON Cristina		21:44.0	7:03.7
27	530	NAVARRO FERNANDEZ Blanca	MAIS QUE AUGA	21:48.1	7:07.8
28	542	CASTROSEIROS GONZALEZ Natalia	MAIS QUE AUGA	22:08.1	7:27.8
29	537	ESTEVEZ ALONSO Marta	MAIS QUE AUGA	22:12.1	7:31.8
30	513	ZUNZUNEGUI NAVIA Maria	MAIS QUE AUGA	22:17.0	7:36.7
31	517	SOLIÑO SANTOS Rosa		22:19.0	7:38.7
32	551	FARRAPEIRA GOMEZ Marta	MAIS QUE AUGA	22:23.3	7:43.0
33	541	LIMERES Nuria	MAIS QUE AUGA	22:33.5	7:53.2
34	522	CARIDE Miriam		23:19.7	8:39.4
35	547	HERNANDEZ FERNANDEZ Lucia	METAS IMPOSIBLES TRAIL TEAM	23:28.5	8:48.2
36	532	ASENSIO VARELA Sara	MAIS QUE AUGA	24:30.8	9:50.5
37	665	PEREIRA FERNANDEZ Monica		24:43.5	10:03.2
38	512	VILAR ESTEVEZ Rebeca		24:53.4	10:13.1
39	514	ROSELLO CABELLO Beatriz	MAIS QUE AUGA	25:18.7	10:38.4
40	538	FERNANDEZ RODAL Sophia		25:31.1	10:50.8
41	507	HERNANDEZ GRAÑA Marta		25:55.5	11:15.2
42	545	VILLANUEVA FERNANDEZ Elena		26:08.8	11:28.5
43	501	FREIJO RODRIGUEZ Estela	MAIS QUE AUGA	26:58.7	12:18.4
44	505	RODRIGUEZ SOTO Nuria	MAIS QUE AUGA	27:40.5	13:00.2

F2

1	574	RODRIGUEZ OLIVEIRA Rocio	ATHLETICS FISIOTERAPIA SAN LÁZ	15:56.2	
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Cl't	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
2	569	MOREU PEREIRA-BORRAJO Beatriz Moreu	CLUB DEPORTIVO DELIKIA	16:03.8	7.6
3	573	CASAL DOMINGUEZ Silvia	CLUB BURGAS ATLETISMO OURENSE	16:35.3	39.1
4	576	ESTEVEZ CRESPO Cristina		16:57.2	1:01.0
5	554	RODRIGUEZ GONZALEZ Nerea	CLUB ATLETISMO PORRIÑO	17:17.3	1:21.1
6	566	RODRIGUEZ LOPEZ Belen	CLUB DEPORTIVO DELIKIA	17:58.9	2:02.7
7	572	ZUÑIGA LOJO Rebeca		18:07.7	2:11.5
8	555	PRIETO RODRIGUEZ Tahia	TAHIA	19:49.7	3:53.5
9	579	FONSECA GARCIA Lucia		20:02.2	4:06.0
10	567	TENORIO DEL RIO Maria Jose		20:08.1	4:11.9
11	563	VIDAL LORENZO Emilia	MAIS QUE AUGA	20:13.1	4:16.9
12	556	FERNANDEZ ALONSO Paula		20:24.1	4:27.9
13	588	FERNANDEZ VARELA Maria Estefania		20:33.0	4:36.8
14	580	ROMERO MARTINEZ Monica	FRUTAS NIEVES	20:57.0	5:00.8
15	557	PEREZ DE LIS Arancha	ASALTAMONTES FEMALE	21:01.3	5:05.1
16	558	LOPEZ CARBALLO Sara		21:37.9	5:41.7
17	676	GONZALEZ VALLES Carmen	VIGOENTRENA	21:38.9	5:42.7
18	590	GONZALEZ PEREIRA Beatriz	CLUB ATLETISMO PORRIÑO	21:44.8	5:48.6
19	565	DHARMAHEWA Manuja		22:00.4	6:04.2
20	589	VALCARCEL TOSCANO Isa		22:08.5	6:12.3
21	559	FREIRE Lorena	MAIS QUE AUGA	22:10.9	6:14.7
22	595	PEREZ RODRIGUEZ Luz	MAIS QUE AUGA	22:27.1	6:30.9
23	560	CARRO FEAS Rosario	MAIS QUE AUGA	22:31.6	6:35.4
24	677	LEMONS LOPEZ Vanesa	MAIS QUE AUGA	22:39.6	6:43.4
25	594	CARNERO LLAUGER Maria	BIKILA	22:54.4	6:58.2
26	571	COSTAS NOYA Patricia	CHUZAS OLIMPICOS	22:58.0	7:01.8
27	561	REGO Esther		23:01.4	7:05.2
28	564	MAYO Tamara	VIGOENTRENA	23:01.7	7:05.5
29	593	RECAMAN MIGUEZ Shirley		23:10.9	7:14.7
30	673	GARCIA TORRICO Dolly	MAIS QUE AUGA	23:21.4	7:25.2
31	578	COUTO PEREZ Andrea		23:32.0	7:35.8
32	583	RODRIGUEZ VILA Raquel		24:00.5	8:04.3
33	14	PEREZ -FEIJOO SILVEIRA Antía		24:01.9	8:05.7
34	584	FERNANDEZ PAZO Paula		24:03.6	8:07.4
35	575	UCHA VAZQUEZ Maria Montserrat		29:50.1	13:53.9
36	591	PAGANO DOVAL Sonia	MAIS QUE AUGA	36:26.0	20:29.8

F3

1	597	ALONSO Ana	ATHLETICS FISIOTERAPIA SAN LÁZ	17:13.2	
2	679	LEMONS SOAGE Ana	"CLUBE DE ATLETISMO "CORREDO"	18:05.6	52.4
3	608	LEMAT CABRAL Maria Belen	CIDADE DE LUGO FLUVIAL	18:19.1	1:05.9
4	600	GONZALEZ CASAL Alejandra	VIGOENTRENA	19:19.7	2:06.5
5	604	PRIETO MORAIS Pili	TNT GHERRILLEIROS	20:46.8	3:33.6
6	601	FONSECA GARCIA Beatriz		21:40.8	4:27.6
7	605	VAZQUEZ MAYO Monica	MAIS QUE AUGA	21:49.5	4:36.3
8	598	PAZ OLIVEIRA Natalia	MAIS QUE AUGA	22:04.3	4:51.1
9	607	FERNANDEZ RUIZ Maite	MAIS QUE AUGA	22:21.2	5:08.0
10	611	VIÑAS ROMERO Silvia	BIKILA	22:56.7	5:43.5
11	596	RUIZ Pilar		23:50.0	6:36.8
12	599	ALVAREZ COMESAÑA Monica	ATHLETICS FISIOTERAPIA SAN LÁZ	23:59.0	6:45.8

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13	656	FERNANDEZ ALVAREZ Carmen		25:17.3	8:04.1
14	602	FERNANDEZ SUAREZ Carmen	MAIS QUE AUGA	26:26.9	9:13.7
15	609	GOMEZ DE JESUS Ana Belen	MAIS QUE AUGA	30:27.2	13:14.0

F4

1	616	GALLERO FERNANDEZ Mar		21:42.3	
2	612	RODRIGUEZ ALVAREZ Marta	BIKILA	23:30.0	1:47.7
3	614	ROCHA CRUCES Maria Carmen	C.A.R. MARISQUEIRO	24:29.2	2:46.9
4	615	GONZALEZ MERA Regina	MAIS QUE AUGA	24:54.7	3:12.4
5	613	OSSORIO TERRON Asuncion	ATHLETICS FISIOTERAPIA SAN LÁZ	25:13.6	3:31.3
6	617	RODRIGUEZ IGLESIAS Ana	MAIS QUE AUGA	26:25.7	4:43.4

F5

1	620	COSTAS RODRIGUEZ Carmen	ATLETISMO BAIONA	22:40.2	
2	619	ALVAREZ DOMINGUEZ Rosa M ^a	MAIS QUE AUGA	24:54.5	2:14.3

M1

1	112	CAMESCASSE ROUCO Pablo	CLUB DEPORTIVO DELIKIA	11:43.9	
2	97	TIZON VALVERDE Emilio	CLUB DEPORTIVO DELIKIA	11:59.4	15.5
3	429	SOUSA DOMINGUEZ Adrian	GMTA CHUVONERS	13:04.0	1:20.1
4	5	MONTERO BUJAN Aitor	AVIVA SPORT CLUB	13:10.3	1:26.4
5	78	DIEZ DIEZ Jorge	BAJO ZERO BURGOS	13:13.6	1:29.7
6	427	EXPOSITO TEIXEIRA Diego	CLUB TRIATLÓN MAR DE VIGO	13:22.4	1:38.5
7	437	OTERO AMOEDO Anxo	CAD SERVISUB BUEU	13:30.9	1:47.0
8	65	LOPEZ ALONSO Pablo		13:44.0	2:00.1
9	404	SANCHEZ CALLE Alvaro		13:50.3	2:06.4
10	431	COMESAÑA CHAVERT Dario	ATHLETICS FISIOTERAPIA SAN LÁZ	14:05.6	2:21.7
11	8	MAQUIEIRA PEREIRA Adrian	CLUB DEPORTIVO DELIKIA	14:14.9	2:31.0
12	87	NOGUEIRA OUTERELO Manuel		14:24.6	2:40.7
13	77	COSTAS BARCIA Diego	MAIS QUE AUGA	14:39.4	2:55.5
14	413	PIÑEIRO LEMAT Carlos		14:42.1	2:58.2
15	31	RIVERA GUILLADE Martin		14:43.3	2:59.4
16	22	GONZALEZ NUÑEZ Luis		14:50.0	3:06.1
17	99	AGREDA CASTRO Romel	X-ONE	14:55.4	3:11.5
18	3	RODRIGUEZ SANTISO Hugo	CLUB DEPORTIVO DELIKIA	15:12.7	3:28.8
19	29	FERNANDEZ LORENZO Pablo	NUTRIBIOTICA	15:19.5	3:35.6
20	37	BARREIRO VALLS Pedro	CLUB ATLETISMO VETERANOS DE SA	15:26.2	3:42.3
21	21	GONZALEZ MOURIÑO Iago		15:27.8	3:43.9
22	102	SALVATIERRA VELEIRO Miguel		15:31.1	3:47.2
23	115	PIÑEIRO GARCIA Jose Efren		15:37.6	3:53.7
24	402	REY RODRIGUEZ Jorge		15:41.5	3:57.6
25	6	SERGIENKO Aleksei		15:49.9	4:06.0
26	82	ARENAS LAGO Daniel		15:56.7	4:12.8
27	1	ZUBIZARRETA Agustin	TAKO TEAM	16:07.4	4:23.5
28	62	LAMEIRO GONZALEZ Pablo		16:09.6	4:25.7

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Clit	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
29	13	RODRIGUEZ FLORES Marco Antonio		16:20.4	4:36.5
30	403	MENDEZ IGLESIAS Daniel		16:24.3	4:40.4
31	2	GONZALEZ FERNANDEZ Daniel	MAIS QUE AUGA	16:25.8	4:41.9
32	66	BEMPOSTA VARELA David	CLUB SALVAMENTO ACUÁTICO PONTE	16:29.5	4:45.6
33	47	BELLO RODRIGUEZ Daniel	MAIS QUE AUGA	16:35.2	4:51.3
34	27	ROJO MARTINEZ Tomas		16:50.2	5:06.3
35	406	QUINTAIROS RIAL Gabriel		16:53.6	5:09.7
36	435	CALO LAMELAS Jorge	MAIS QUE AUGA	16:55.7	5:11.8
37	57	MENDEZ ROMERO Yeray		16:56.6	5:12.7
38	11	LIZARRALDE FERNANDEZ Alexander		17:01.2	5:17.3
39	28	CERDEIRA CRESPO Guzman		17:18.7	5:34.8
40	395	SANCHEZ-MATEOS PANIAGUA Manuel		17:23.1	5:39.2
41	61	PARDO SOUTO Diego	MAIS QUE AUGA	17:29.7	5:45.8
42	89	RIAL PIÑEIRO Deril		17:36.6	5:52.7
43	414	SANCHEZ SOTO Anthony		17:45.0	6:01.1
44	430	GALTIE Louis	BOX004 VIGO	17:49.4	6:05.5
45	94	SANCHEZ VEGA Juan Diego		17:52.9	6:09.0
46	408	REIJA CHAO Alejo		17:53.7	6:09.8
47	107	RIOS MONGE Iago		17:59.9	6:16.0
48	108	ALONSO RIAL Anxo		18:02.9	6:19.0
49	367	ELUA PININ Nacho		18:06.4	6:22.5
50	440	EIRAS GONZALEZ Jose Luis	Afurricamos no monte	18:08.3	6:24.4
51	38	VILLAR PEREIRA Jose Gabriel		18:08.9	6:25.0
52	432	NOGUEIRA ROMERO Oscar	RUNYTRI	18:20.2	6:36.3
53	64	FERREIROS Javier		18:20.5	6:36.6
54	41	SUAREZ PEREZ Manuel Francisco	NUTRIBIOTICA	18:28.1	6:44.2
55	46	FERNANDEZ MARTINEZ Sergio	PORCOS CELTAS	18:30.6	6:46.7
56	95	DIAZ SANDOVAL Gustavo Javier	MAIS QUE AUGA	18:32.6	6:48.7
57	23	ARIAS Manuel		18:33.2	6:49.3
58	88	ABREU GARCIA Julio	ADN RUNNERS - TELMO PELUQUEROS	18:34.1	6:50.2
59	49	AMEZ SEGOVIA Martin	PORCOS CELTAS	18:37.3	6:53.4
60	103	ALONSO Eduardo	METROPOLITAN	18:37.7	6:53.8
61	55	FERREIRA MORAIS Pablo		18:44.2	7:00.3
62	398	BALLESTEROS FERNANDEZ David		18:45.4	7:01.5
63	30	BALTAR LOSADA Miguel	MAIS QUE AUGA	18:46.5	7:02.6
64	45	RODRIGUEZ LOPEZ Daniel		18:46.7	7:02.8
65	412	ORTEGA ROLAN Xenxo		18:50.7	7:06.8
66	50	ZAMORANO RODRIGUEZ Jacobo		19:00.3	7:16.4
67	24	BARROS RODRIGUEZ Pedro		19:03.7	7:19.8
68	40	RAMIREZ RODRIGUEZ Carlos Andres		19:17.5	7:33.6
69	10	ALONSO LOPEZ Jonatan		19:20.9	7:37.0
70	20	ARNEJO PAZO Jose		19:28.5	7:44.6
71	91	COUTO MEIRIÑO Manuel		19:31.1	7:47.2
72	400	VARELA COMESAÑA Adrian		19:32.3	7:48.4
73	72	HERMIDA FERNANDEZ Jose Manuel	X-ONE	19:38.5	7:54.6
74	79	COMESAÑA PIRES Antonio	METAS IMPOSIBLES TRAIL TEAM	19:39.4	7:55.5
75	74	LEON LAGO Sergio	VIGOENTRENA	19:44.9	8:01.0
76	19	GARCIA BESADA Dani		19:46.0	8:02.1
77	98	ALONSO ALVAREZ Angel Santiago		19:54.0	8:10.1
78	67	GONZALEZ SAMPERE Aaron		19:55.1	8:11.2
79	54	MARTINEZ NOVAS David	BORGWARNER	20:00.1	8:16.2

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80	33	PINTOS CONDE Ivan		20:01.1	8:17.2
81	18	RICHARTE CARBALLO Daniel	MAIS QUE AUGA	20:02.1	8:18.2
82	407	FOUZ FERNANDEZ Alejandro		20:13.8	8:29.9
83	44	RODRIGUEZ FERNANDEZ Manuel Jesus		20:15.9	8:32.0
84	92	GONZALEZ GARCIA Lois		20:19.9	8:36.0
85	85	MARTINEZ SANTOS Pablo		20:20.9	8:37.0
86	53	LORENZO GONZALEZ Cristian		20:35.7	8:51.8
87	96	TENORIO DEL RIO Jesus		20:38.7	8:54.8
88	26	SEQUEIROS LORENZO Gabriel		20:40.3	8:56.4
89	25	TATAR Mert		20:43.0	8:59.1
90	409	PEREZ FERNANDEZ Daniel		20:44.1	9:00.2
91	90	IGLESIAS DORDA Manuel		20:46.1	9:02.2
92	76	LARA GARCIA Lucas		21:02.9	9:19.0
93	84	MARTINS Nuno		21:12.4	9:28.5
94	396	ELSEICY Ahmed		21:30.9	9:47.0
95	411	PEREZ MOLARES Carlos Saturnino		21:31.9	9:48.0
96	59	MOSQUERA OTERO Diego		22:01.9	10:18.0
97	34	PACHECO VAZQUEZ Daniel		22:36.9	10:53.0
98	75	GUAMA HEREDIA Edwin	PADELEROS	22:46.7	11:02.8
99	15	CASTIÑEIRAS NARCISO Kevin		22:53.2	11:09.3
100	114	PENEDO BUJ Victor		23:04.4	11:20.5
101	58	MOLINA MARTÍNEZ Jose Luis		23:10.4	11:26.5
102	17	CRESPO FREIRIA Antonio		24:53.2	13:09.3
103	16	BRENLLA LENS Jose Alfonso		24:53.6	13:09.7
104	71	DOMINGUEZ Santi		25:29.8	13:45.9
105	7	MEDIERO VEIRA Jorge	VIGOENTRENA	25:36.9	13:53.0
106	52	VAZQUEZ MAYO Javier	MAIS QUE AUGA	27:57.2	16:13.3
107	80	CORBACHO RODRIGUEZ Adrian	CLUB DEPORTIVO BOMBEIROS VIGO	31:17.9	19:34.0
108	83	SOTO DOMINGUEZ Iago		31:18.2	19:34.3

M2

1	225	ARAUJO Miguel	LODEIROS TRAIL	11:56.0	
2	211	BASTOS DASILVA Jose Alberto	ADN RUNNERS - TELMO PELUQUEROS	12:11.4	15.4
3	191	FERNANDEZ SOENGAS Jesus	CLUB DEPORTIVO DELIKIA	12:16.2	20.2
4	215	PACHECO MARTINEZ Victor Hugo	3& RUN BY PEDRO NIMO	12:24.8	28.8
5	166	ARIAS COSTAS Dario	ATHLETICS FISIOTERAPIA SAN LÁZ	12:44.3	48.3
6	128	FRANCO FREIJANES Pablo	GMTA CHUVONERS	13:35.2	1:39.2
7	226	VAZQUEZ PAVON Roberto	TANINOS RUNNERS PONTEAREAS	13:40.3	1:44.3
8	174	NOGUEIRA FERNANDEZ Junior		14:06.3	2:10.3
9	170	PARRA GARCIA Eduardo		14:09.3	2:13.3
10	200	ANDION RIVADULLA Antonio		14:42.3	2:46.3
11	183	FERNANDEZ-CID Carlos	CLUB ATLETISMO FLORISTERIA CAR	14:42.9	2:46.9
12	151	GONZALEZ ALVAREZ Borja		14:47.3	2:51.3
13	145	VIÑUELA NUÑEZ Jose Antonio		14:52.4	2:56.4
14	189	MARTINEZ PEREZ Jose Antonio	CLUB ATLETISMO PORRIÑO	14:58.0	3:02.0
15	181	JUSTE PEREZ Ricardo	+QUE JUGUETES	15:01.7	3:05.7
16	148	SUAREZ PORTO Eduardo		15:13.6	3:17.6
17	204	CAMPELO GONZALEZ Antonio	VIGOENTRENA	15:15.6	3:19.6
18	135	COMESAÑA SAA Daniel	L@S INSENSAT@S	15:16.2	3:20.2

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19	131	FERNANDEZ Miguel	RUNYTRI	15:20.7	3:24.7
20	136	ARCA RODRIGUEZ Isaac		15:25.8	3:29.8
21	138	DELGADO RAMOS Jose Carlos		15:36.0	3:40.0
22	152	ALONSO ALVAREZ J. Carlos	ATHLETICS FISIOTERAPIA SAN LÁZ	15:39.4	3:43.4
23	129	NUÑEZ PARADA Sergio		15:59.3	4:03.3
24	162	ROVATI Gabriele		16:01.5	4:05.5
25	137	COSTAS RODRIGUEZ Marcos	CD RIAS DO SUR	16:06.2	4:10.2
26	184	MALGA DIAZ Ernesto Andres		16:28.0	4:32.0
27	116	CABACO CAMPOS Jose Manuel		16:31.5	4:35.5
28	140	CHERIF Karim		16:39.5	4:43.5
29	164	RESUA EIRAS David	CHUZAS OLIMPICOS	16:42.2	4:46.2
30	216	LOPEZ FERNANDEZ Antonio Luis		16:49.4	4:53.4
31	387	HERMIDA Alex		16:51.4	4:55.4
32	161	NAVIA IGLESIAS Ruben	BIKILA	17:02.7	5:06.7
33	205	ARANGO GAYAR Saul	FRUTAS NIEVES	17:13.3	5:17.3
34	149	MALGA PAZ Pablo		17:21.2	5:25.2
35	132	SILVA RODRIGUEZ Jesus	X-ONE	17:24.3	5:28.3
36	117	RODRIGUEZ FERNANDEZ Efren		17:34.5	5:38.5
37	165	GONZALEZ GARCIA Jeronimo		17:36.9	5:40.9
38	133	LOPEZ PINO Javier	RUNYTRI	17:39.1	5:43.1
39	160	MARTINEZ M Iago	VIGOENTRENA	17:39.9	5:43.9
40	175	ACUÑA LOPEZ Iago		17:46.1	5:50.1
41	150	SANCHEZ OTERO Marcos	NUTRIBIOTICA	17:48.1	5:52.1
42	155	BECERRA LAGE Alberto	MAIS QUE AUGA	17:52.1	5:56.1
43	154	MUÑOZ CARVAJALES Manuel		17:56.4	6:00.4
44	203	OUTERELO COUSIÑO Ivan		18:03.9	6:07.9
45	185	DOMINGUEZ VILLAVERDE Juan Carlos		18:05.6	6:09.6
46	118	GONZALEZ VAZQUEZ Jorge		18:06.6	6:10.6
47	212	BARREIRO Hugo	HOCKEY CLUB CÍES	18:13.8	6:17.8
48	214	CARRASCO Ruben		18:16.7	6:20.7
49	187	CARRERA COSTAS Diego		18:23.3	6:27.3
50	168	CRISTOBAL LIMES Iago		18:24.5	6:28.5
51	386	CAMESELLE ROMAN David		18:29.1	6:33.1
52	383	QUIROGA CASTRO Alejandro		18:29.2	6:33.2
53	192	GUERRA LOPEZ Eduardo	VIGOENTRENA	18:34.8	6:38.8
54	121	FOMBELLIDA Brandan		18:35.1	6:39.1
55	223	RODRIGUEZ ALONSO Sedu		18:44.2	6:48.2
56	438	PEREZ BARBEITO Yago	CLUB DEPORTIVO DELIKIA	18:52.4	6:56.4
57	125	PEREIRA FERNANDEZ Daniel	NUTRIBIOTICA	18:57.6	7:01.6
58	227	PAZO RODRIGUEZ Daniel		19:08.1	7:12.1
59	428	MAYO Marcos	RUNYTRI	19:10.0	7:14.0
60	219	OTERO CASTELLANO Jose C.		19:23.2	7:27.2
61	139	OSBORNE Steve		19:24.8	7:28.8
62	144	VARELA LOZANO Miguel Angel	CLUB TRIATLÓN MAR DE VIGO	19:27.5	7:31.5
63	171	LASO AMEZ Iban		19:28.0	7:32.0
64	180	CARIDE PEREIRA Marcos	AGRUPACIÓN ATLÉTICA MAZÍ	19:28.5	7:32.5
65	172	GONZALEZ FERNANDEZ Jose	MAIS QUE AUGA	19:35.1	7:39.1
66	156	ESTEVEZ ESTEVEZ Javier	BICICLETAS CHINQUENA RACING TE	19:39.7	7:43.7
67	209	PARCERO NOVAS Alvaro		19:52.8	7:56.8
68	134	NIETO PASTORIZA Enrique		20:10.1	8:14.1
69	220	GESTO Xoan	BEADE, AHI OS VAN!	20:18.4	8:22.4

SUBIDA AO CASTRO 2025 CATEGORÍAS

Clf	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
70	177	MIRANDA CORTES Rolando		20:19.5	8:23.5
71	198	PAZO FIGUEROA Pablo		20:25.2	8:29.2
72	153	PIÑEIRO AGULLA Isidro Jose		20:31.0	8:35.0
73	120	PEREIRA SALGUEIRO Ramon		20:44.3	8:48.3
74	210	SANDE ALONSO Pablo		20:45.4	8:49.4
75	159	MELENDEZ MEDELA Ivan		20:59.5	9:03.5
76	221	ALONSO RODRIGUEZ Manuel Antonio	BEADE, AHI OS VAN!	21:04.2	9:08.2
77	213	VALVERDE ALONSO Daniel		21:11.7	9:15.7
78	147	MARTINEZ RIVEIRO Jose Manuel		21:19.2	9:23.2
79	176	RODAL FRAGA Carlos		21:36.0	9:40.0
80	186	SANMARTIN GONZALEZ Victoriano	MAIS QUE AUGA	21:46.6	9:50.6
81	391	LAGO LORENZO Ivan		22:13.6	10:17.6
82	143	BUXO SANCHEZ Gabriel		22:18.7	10:22.7
83	195	GONZALEZ Eugenio		22:38.6	10:42.6
84	122	FERNANDEZ COVELO Ricardo		22:42.5	10:46.5
85	199	EXPOSITO PEREIRA Felix		23:03.5	11:07.5
86	142	PUCH GONZALEZ David		23:09.2	11:13.2
87	384	GONZALEZ ABEIJON Fernando		23:33.9	11:37.9
88	126	CANOSA MARTINEZ Oscar		23:35.6	11:39.6
89	436	COMESAÑA ALONSO Tomas	COMESAÑA SPORTING CLUB	23:42.7	11:46.7
90	190	ALONSO OTERO Diego	COMESAÑA SPORTING CLUB	24:17.2	12:21.2
91	163	RUIZ David		24:59.1	13:03.1
92	127	HERNANDEZ GRAÑA Juan Carlos		25:55.5	13:59.5
93	179	REGATOS GOMEZ Roberto		27:36.4	15:40.4
94	173	VERAZA Cristian	MAIS QUE AUGA	28:01.6	16:05.6
95	197	GONZALEZ UCLES David	DISCAMINO	31:15.4	19:19.4
96	196	CASTRO GONZALEZ Jorge Luis		31:16.7	19:20.7

M3

1	279	PRIETO DE LA IGLESIA Manuel	ATHLETICS FISIOTERAPIA SAN LÁZ	13:24.6	
2	284	ALONSO ABALDE Miguel Angel		13:48.6	24.0
3	247	DAVILA MARIÑO Oscar		13:54.8	30.2
4	234	ULLA REGA Manuel	ASOCIACION DEPORTIVA C.A.R.	14:02.9	38.3
5	245	BARREIRO PEREIRA Xose Anton	SD COMPOSTELA ATLETISMO	14:20.6	56.0
6	271	FERNANDEZ MONZON Marcos	C.S.C.R. BEADE	14:44.8	1:20.2
7	376	MARTINEZ BARCIELA David		14:53.6	1:29.0
8	262	LAGO GOBERNA Francisco Javier	CLUB ATLETISMO FLORISTERIA CAR	14:58.7	1:34.1
9	281	BARREIRO RUIBAL Matias	CLUB DEPORTIVO PINARIUM	15:09.6	1:45.0
10	251	VALEBONA-REFOJOS Manuel	TRINORTH	15:17.6	1:53.0
11	268	COSTAS COSTAS Miguel	MAIS QUE AUGA	15:19.8	1:55.2
12	259	ALONSO FDEZ Alberto		15:24.2	1:59.6
13	248	RODRIGUEZ BOLIBAR Ernesto	CASTRELOS 20:30	15:34.6	2:10.0
14	238	GAGO SANCHEZ Antolin		15:38.5	2:13.9
15	232	RODRIGUEZ GARCIA Pablo		16:05.3	2:40.7
16	257	AMOEDO AGULLA Carlos		16:10.8	2:46.2
17	249	ROSENDO BLANCO Oscar		16:12.9	2:48.3
18	236	VIEITEZ CAMPOS David		16:33.1	3:08.5
19	235	PEITEADO RUIZ Guillermo	ATHLETICS FISIOTERAPIA SAN LÁZ	16:40.7	3:16.1
20	258	ALVAREZ Andres	IMAXINATEA ESCOLA DE TEATRO	16:48.2	3:23.6

SUBIDA AO CASTRO 2025 CATEGORÍAS

Cl	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
21	274	FREIRE PIÑEIRO Jose Manuel	MAIS QUE AUGA	17:06.9	3:42.3
22	275	GONZALEZ MACIEL Jose Luis	RIZOS TEAM	17:09.0	3:44.4
23	278	RODRIGUEZ CASTRO Javier		17:16.2	3:51.6
24	255	FERNANDEZ GARCIA Manuel	CLUB DEPORTIVO PINARIUM	17:17.8	3:53.2
25	241	LUCIA PAREDES Giovanni		17:18.1	3:53.5
26	276	ALVAREZ FERNANDEZ Francisco	HOCKEY CLUB CÍES	17:30.1	4:05.5
27	434	BAAMONDE GONZALEZ Antonio	ESPARTAN@S CHIFLAD@S	17:47.2	4:22.6
28	246	VALLE CASTELO Juan		17:51.2	4:26.6
29	426	GIL GONZALEZ Miguel Angel	CLUB ATLETISMO VETERANOS DE SA	17:55.2	4:30.6
30	381	CONDE GONZALEZ Jose Carlos		18:14.4	4:49.8
31	231	MARTINEZ DOBALO David	CROSSBEERS	18:15.0	4:50.4
32	233	ALONSO COSTAS Oscar		18:26.3	5:01.7
33	253	FENOLLERA BOLIBAR Santiago		18:31.7	5:07.1
34	277	DAVILA BUGARIN Salva		18:39.8	5:15.2
35	373	BAQUERO LOPEZ Javier		18:51.2	5:26.6
36	265	VILLANUEVA AREAL Dito	RUNNING LUSEKELO	18:55.8	5:31.2
37	270	PIÑEIRO RODRIGUEZ Carlos	CIDADE DE LUGO FLUVIAL	19:21.8	5:57.2
38	378	CAMESCASSE Florent		19:49.3	6:24.7
39	239	BENAVIDES HERNANDEZ Fernando	ATHLETICS FISIOTERAPIA SAN LÁZ	19:52.1	6:27.5
40	267	GONCALVES ROLO Alvaro	MAIS QUE AUGA	19:55.0	6:30.4
41	380	LEDO MATA Alejandro		19:56.4	6:31.8
42	244	GARRIDO ROGRIGUEZ Jose Antonio		20:05.2	6:40.6
43	228	PARDAVILA IGLESIAS Miguel Angel	CORRIDA DAS CABRAS	20:18.8	6:54.2
44	229	ABREU FERNANDEZ Pablo	KAYAK VIGO	20:22.1	6:57.5
45	264	PRIETO CHAPELLIN Jose Ramon		21:57.6	8:33.0
46	230	PIÑEIRO COSTAS Marcos		23:14.7	9:50.1
47	282	VAZQUEZ FERRO German		24:19.7	10:55.1
48	254	RUIZ ALMENDRO Jose	BEKELE RUNING TEAM	24:59.2	11:34.6
49	240	VAZQUEZ Enrique		26:08.9	12:44.3
50	266	FERNANDEZ MARTINEZ Javichi	DISCAMINO	31:18.0	17:53.4

M4

1	299	PAZ RODRIGUEZ Juan	CLUB CASTRELOS 20:30	15:15.6	
2	302	GRAÑA ALONSO Jose Carlos	LODEIROS TRAIL	15:18.4	2.8
3	290	OTERO GIRALDEZ Miro		15:40.2	24.6
4	298	VARELA BORREGUERO Fernando		16:27.2	1:11.6
5	297	RODRIGUEZ PAZ Jose		16:47.2	1:31.6
6	292	GALLIDORO DEL MONTE Jose Humberto	CLUB DEPORTIVO DELIKIA	17:05.0	1:49.4
7	288	VAZQUEZ VIDAL Antonio		17:46.4	2:30.8
8	291	VIDEIRA CORREA Alberto	RUNNING LUSEKELO	18:11.0	2:55.4
9	286	BARREIRO Benigno	ATHLETICS AVENTURA XTREM	18:15.6	3:00.0
10	300	CABALEIRO HERNANDEZ Jesus		18:49.8	3:34.2
11	301	ALONSO BASTOS Luis		19:04.7	3:49.1
12	372	PALMA ESPAÑA Eligio Jose		19:06.1	3:50.5
13	294	TABOADA GONZALEZ Ramiro	RUNNING LUSEKELO	19:51.1	4:35.5
14	296	LAMOSA QUINTEIRO Claudio Salvador		20:11.3	4:55.7
15	289	VILLAR SALGADO Jose Francisco	C.A.R. MARISQUEIRO	20:29.6	5:14.0
16	293	PEREZ RODRIGUEZ Manuel		22:48.9	7:33.3
17	287	ZUNZUNEGUI Roman	MAIS QUE AUGA	24:31.2	9:15.6

SUBIDA AO CASTRO 2025 CATEGORÍAS

Cl	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia
M5					
1	304	RIVEIRO RODRIGUEZ Arlindo	CLUB CASTRELOS 20:30	14:49.2	
2	309	SUAREZ MARTINEZ Manuel	CLUB ATLETISMO VETERANOS DE SA	15:00.2	11.0
3	312	PEREZ PASCUAL Manuel	C.S.C.R. BEADE	16:58.7	2:09.5
4	310	DOMINGUEZ RODRIGUEZ Carlos		17:57.8	3:08.6
5	308	KARAMES Manuel		18:27.0	3:37.8
6	303	ALVAREZ DEL POZO Jose Manuel		19:47.3	4:58.1
7	316	QUINTEIRO NUÑEZ Manuel	MAIS QUE AUGA	20:47.1	5:57.9
8	313	ROCA RODRIGUEZ Ramon		21:23.3	6:34.1
9	307	CASAL TABOADA Jose Maria		22:42.4	7:53.2
10	305	RAMOS VIGO Sergio	CLUB ATLETISMO VETERANOS DE SA	22:44.6	7:55.4
11	314	VILLAR ALVAREZ Enrique		23:11.9	8:22.7
12	306	MARTINEZ AGUILERA Jose Antonio	VIGOENTRENA	28:03.3	13:14.1