



# MONTEFARO

## CATEGORIAS COPA GALICIA 5T

Clt	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia	TC1	Clt	TC2	Clt	TC3	Clt	TC4	Clt	TC5	Clt
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### Sub23 Femenas

1	255	DUARTE CASTRO Desiree	CONDADO BIKE, A.D.	22:02.223		5:34.039	(1)	3:54.090	(1)	4:12.664	(1)	3:22.051	(1)	4:59.379	(1)
2	252	BAQUEDANO MORENO Mireia	CULTBIKES-SPECIALIZED	23:30.787	1:28.564	5:50.429	(2)	4:05.937	(2)	4:33.387	(2)	3:43.292	(2)	5:17.742	(2)

### Elite Femenas

1	251	MICHALKOVA Marketa	BIKE COMP STA. CRUZ C.D.	22:37.949		5:43.918	(1)	3:54.449	(1)	4:26.172	(1)	3:34.765	(1)	4:58.645	(1)
2	258	GONZALEZ GONZALEZ-CORROTO	ASTURBIKE GJON, C.C.	23:28.731	50.782	6:03.309	(3)	4:01.222	(2)	4:34.695	(2)	3:36.102	(2)	5:13.403	(3)
3	253	ZANON RUBIO Marta	BIG BIKES CARLET CD	23:48.921	1:10.972	5:59.258	(2)	4:09.852	(3)	4:39.351	(3)	3:47.601	(3)	5:12.859	(2)
4	254	RODRIGUEZ CABALLERO Carla	BIKE MADRID	25:14.711	2:36.762	6:41.539	(4)	4:18.316	(4)	4:46.309	(4)	4:00.813	(4)	5:27.734	(4)

### Master 30

1	244	PELLON CARBALLERA Manuel	BDM BIKE CLUB	18:13.836		4:45.226	(1)	3:07.781	(1)	3:23.348	(1)	2:45.391	(1)	4:12.090	(1)
2	70	RUNZA COSTALES Ivan	CUETOS BIKE	18:36.645	22.809	4:47.613	(2)	3:12.286	(3)	3:29.305	(3)	2:49.527	(2)	4:17.914	(3)
3	69	CANEIRO MARTINEZ Borja	ROCASPORT GIANT, C.	18:36.731	22.895	4:50.442	(3)	3:09.984	(2)	3:28.348	(2)	2:51.199	(3)	4:16.758	(2)
4	196	LEMONS RAMIREZ Santos	GRUPETA PAN DE ZARCO, C.	19:20.758	1:06.922	4:55.316	(4)	3:21.532	(7)	3:44.543	(9)	2:58.586	(6)	4:20.781	(4)
5	22	GUERRA CASTRO Jose Maria	VIBIKE C.D.C.	19:35.347	1:21.511	4:57.746	(5)	3:25.074	(14)	3:45.293	(10)	2:59.125	(7)	4:28.109	(7)
6	106	BUSTABAD YAÑEZ Raul	ROCASPORT GIANT, C.	19:36.063	1:22.227	4:59.574	(7)	3:16.867	(4)	3:53.899	(24)	2:57.281	(4)	4:28.442	(8)
7	68	DAPENA CASTROMAN Pedro	CICLOSQUINTENA, C.	19:37.203	1:23.367	5:03.551	(12)	3:23.191	(10)	3:43.254	(8)	3:01.324	(10)	4:25.883	(5)
8	164	MELON BALLESTROS Xacobe	BICI O CON, C.	19:38.224	1:24.388	5:07.082	(15)	3:19.531	(6)	3:43.071	(7)	2:57.731	(5)	4:30.809	(11)
9	229	MADRID GARCIA Ivan	A DOS RUEDAS	19:40.437	1:26.601	4:59.699	(9)	3:17.746	(5)	3:42.051	(5)	3:00.965	(9)	4:39.976	(25)
10	19	LOPEZ SEGUI Francisco Manue	CC SARRIA	19:43.034	1:29.198	5:06.441	(14)	3:26.996	(22)	3:41.488	(4)	3:00.543	(8)	4:27.566	(6)
11	9	LOZANO SPA Alejandro	MIRANDA BIKE, C.C.	19:44.526	1:30.690	4:58.293	(6)	3:25.535	(16)	3:42.148	(6)	3:02.453	(12)	4:36.097	(20)
12	92	RODRIGUEZ GONZALEZ Miguel	IN SITU, C.C.	19:51.449	1:37.613	5:00.422	(10)	3:23.836	(11)	3:46.277	(11)	3:05.375	(23)	4:35.539	(18)
13	230	ALLUNTS GONZALEZ Jose Mª	A DOS RUEDAS	19:52.310	1:38.474	4:59.675	(8)	3:25.843	(18)	3:51.750	(21)	3:04.347	(19)	4:30.695	(10)
14	129	PIÑEIRO SIERRA Juan	PULPEIROS MUGARDOS, C.	19:55.425	1:41.589	5:07.113	(16)	3:22.257	(8)	3:47.898	(14)	3:08.559	(28)	4:29.598	(9)
15	162	LORENZO GOMEZ Ruben	BICI O CON, C.	19:59.341	1:45.505	5:03.450	(11)	3:29.551	(26)	3:49.012	(16)	3:03.766	(15)	4:33.562	(16)
16	37	CARNEIRO PEREZ David	PULPEIROS MUGARDOS, C.	19:59.938	1:46.102	5:07.809	(18)	3:29.352	(25)	3:46.746	(12)	3:03.730	(14)	4:32.301	(15)
17	126	LEIRA ROMERO Fermin	PULPEIROS MUGARDOS, C.	20:00.211	1:46.375	5:07.125	(17)	3:26.692	(19)	3:49.711	(17)	3:05.203	(21)	4:31.480	(12)
18	125	UDAONDO DELANTADO Ivan	PULPEIROS MUGARDOS, C.	20:01.742	1:47.906	5:11.785	(23)	3:24.207	(12)	3:50.234	(18)	3:03.836	(16)	4:31.680	(13)
19	176	SANTOME MARTINEZ Sergio	BICIVOLADORES, C.	20:03.215	1:49.379	5:10.141	(21)	3:26.715	(20)	3:47.379	(13)	3:03.031	(13)	4:35.949	(19)
20	206	ALVAREZ ALVAREZ Jonatan	MONTEFERRO BIKE CLUB	20:04.851	1:51.015	5:05.648	(13)	3:25.551	(17)	3:50.371	(19)	3:07.094	(25)	4:36.187	(21)
21	163	FERNANDEZ GUISANDE Helder	BICI O CON, C.	20:11.723	1:57.887	5:12.902	(26)	3:28.110	(24)	3:51.945	(22)	3:06.504	(24)	4:32.262	(14)
22	130	PIÑEIRO LOPEZ Ruben	MESOIRO, C.C.	20:13.351	1:59.515	5:16.941	(31)	3:22.660	(9)	3:51.590	(20)	3:01.422	(11)	4:40.738	(26)
23	80	MENDEZ PEREZ Jose Antonio	BICITECA C.C.	20:16.733	2:02.897	5:14.800	(28)	3:24.914	(13)	3:58.098	(29)	3:05.054	(20)	4:33.867	(17)
24	183	TOBIO REY Miguel	BTT CASTROBIKES, C.	20:17.569	2:03.733	5:12.011	(24)	3:25.281	(15)	3:52.644	(23)	3:04.094	(18)	4:43.539	(30)
25	21	GALLEGO SUAREZ Eduardo	BIKE COMP STA. CRUZ C.D.	20:26.379	2:12.543	5:23.621	(38)	3:26.961	(21)	3:48.285	(15)	3:07.824	(26)	4:39.688	(24)
26	123	MARAN PENA Fernando Diego	PULPEIROS MUGARDOS, C.	20:26.795	2:12.959	5:12.984	(27)	3:27.824	(23)	3:55.363	(26)	3:03.894	(17)	4:46.730	(34)
27	145	MARTINEZ FERVENZA Alberto	THC BIKE, C.	20:28.820	2:14.984	5:09.563	(20)	3:32.023	(29)	3:58.281	(30)	3:10.281	(30)	4:38.672	(22)
28	67	LOIRA SOUTO Francisco	CICLOSQUINTENA, C.	20:31.738	2:17.902	5:11.039	(22)	3:32.840	(30)	4:00.555	(31)	3:08.406	(27)	4:38.898	(23)
29	243	CENDAN RODRIGUEZ Gonzalo	BDM BIKE CLUB	20:39.323	2:25.487	5:16.652	(30)	3:31.433	(28)	3:54.480	(25)	3:11.953	(31)	4:44.805	(31)
30	86	ARRIBI SUEIRAS Oscar	CAMALEONES NARON-BIKE,	20:50.265	2:36.429	5:12.696	(25)	3:29.820	(27)	3:55.839	(27)	3:15.980	(38)	4:55.930	(46)
31	170	BARREIRO ALONSO Ruben	+ ENDURO MTB, C.	20:53.203	2:39.367	5:09.223	(19)	3:35.273	(34)	4:09.207	(40)	3:09.832	(29)	4:49.668	(38)
32	36	NAVARRETE ENRIQUEZ David	BIKE COMP STA. CRUZ C.D.	20:53.749	2:39.913	5:17.610	(32)	3:37.660	(39)	4:01.597	(32)	3:15.281	(34)	4:41.601	(28)
33	168	ARTOS SESTALO Rodrigo	+ ENDURO MTB, C.	21:01.111	2:47.275	5:44.789	(59)	3:33.274	(32)	3:56.246	(28)	3:05.321	(22)	4:41.481	(27)
34	222	ALVAREZ FERNANDEZ Javier	C.D.OVIEDO-CICLOS FRAN	21:08.608	2:54.772	5:25.847	(40)	3:34.371	(33)	4:05.320	(35)	3:20.766	(44)	4:42.304	(29)
35	71	HERNANDEZ SERNANDEZ Diego	ATLETICO AGUZO, C.D.	21:14.339	3:00.503	5:27.750	(45)	3:39.418	(45)	4:05.508	(36)	3:15.390	(35)	4:46.273	(33)
36	97	GONZALEZ PORTELA Sergio	IN SITU, C.C.	21:17.198	3:03.362	5:19.804	(35)	3:43.402	(49)	4:09.223	(41)	3:16.574	(39)	4:48.195	(36)
37	169	RODRIGUEZ LOPEZ Juan Andres	+ ENDURO MTB, C.	21:21.078	3:07.242	5:18.453	(33)	3:37.059	(37)	4:13.632	(45)	3:17.180	(40)	4:54.754	(42)
38	103	ROCA FACHAL Pablo	ROCASPORT GIANT, C.	21:22.293	3:08.457	5:30.945	(47)	3:38.915	(44)	4:03.738	(33)	3:13.406	(33)	4:55.289	(44)
39	117	CANCELAS LOPEZ Pablo	BICI VERDE, C.C.	21:23.450	3:09.614	5:25.887	(41)	3:38.410	(41)	4:04.449	(34)	3:25.227	(51)	4:49.477	(37)
40	227	ALBARRAN CAMPOS Joel	1PIÑON	21:24.164	3:10.328	5:27.661	(43)	3:35.973	(36)	4:05.808	(37)	3:15.644	(36)	4:59.078	(52)
41	146	GARRIDO AVENDAÑO Daniel	THC BIKE, C.	21:27.038	3:13.202	5:20.535	(36)	3:41.390	(47)	4:17.715	(50)	3:12.570	(32)	4:54.828	(43)
42	109	PUMARES RODRIGUEZ Antonio	CEREZO BIKES, C.	21:33.883	3:20.047	5:27.621	(42)	3:38.090	(40)	4:11.195	(43)	3:22.320	(46)	4:54.657	(40)
43	216	RODRIGUEZ VARGAS Miguel Angel	SERBIKES TEAM, C.	21:39.340	3:25.504	5:36.426	(50)	3:38.441	(42)	4:08.777	(39)	3:20.989	(45)	4:54.707	(41)
44	158	SANTISO SUBIELA Sebastian	XTREMBIKE, C.C.	21:40.649	3:26.813	5:19.153	(34)	3:43.492	(50)	4:25.918	(60)	3:26.078	(55)	4:46.008	(32)
45	157	FERNANDEZ GARCIA Ignacio	XTREMBIKE, C.C.	21:43.458	3:29.622	5:27.723	(44)	3:56.629	(64)	4:10.481	(42)	3:20.461	(43)	4:48.164	(35)
46	88	FERNANDEZ DEL MORAL Adriano	DH GALICIA, C.	21:45.883	3:32.047	5:36.727	(51)	3:37.339	(38)	4:11.344	(44)	3:20.321	(42)	5:00.152	(55)
47	87	CARRILLO CASAIS David	DH GALICIA, C.	21:49.379	3:35.543	5:41.266	(55)	3:44.652	(51)	4:06.699	(38)	3:19.304	(41)	4:57.458	(47)
48	171	PAZOS DEL RIO Jose Luis	+ ENDURO MTB, C.	21:55.085	3:41.249	5:32.207	(48)	3:48.101	(55)	4:13.972	(47)	3:22.922	(47)	4:57.883	(48)
49	83	SANTALLA SERANTES Cristobal	CAMALEONES NARON-BIKE,	22:01.520	3:47.684	5:28.211	(46)	3:49.718	(56)	4:20.438	(54)	3:24.692	(50)	4:58.461	(50)





## MONTEFARO CATEGORIAS COPA GALICIA 5T

Clt	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia	TC1	Clt	TC2	Clt	TC3	Clt	TC4	Clt	TC5	Clt
50	149	GONZALEZ GOMEZ Rodrigo	THC BIKE, C.	22:05.337	3:51.501	5:32.782	(49)	3:47.711	(54)	4:19.863	(53)	3:25.242	(52)	4:59.739	(54)
51	38	SAN MIGUEL ALONSO Manuel Mari	INDEPENDIENTE	22:06.258	3:52.422	5:22.590	(37)	3:47.399	(53)	4:25.168	(59)	3:26.675	(56)	5:04.426	(59)
52	133	RODRIGUEZ PEREZ Diego	PULPEIROS MUGARDOS, C.	22:07.238	3:53.402	5:41.812	(57)	3:45.348	(52)	4:16.047	(48)	3:24.508	(48)	4:59.523	(53)
53	131	HERRANZ LORENTE Javier	PULPEIROS MUGARDOS, C.	22:18.009	4:04.173	5:41.375	(56)	3:40.969	(46)	4:26.500	(62)	3:31.258	(59)	4:57.907	(49)
54	79	MENENDEZ MENENDEZ Norberto S	C.C. BICICLETAS JUAN	22:21.013	4:07.177	5:24.168	(39)	3:32.860	(31)	4:27.867	(64)	3:49.762	(69)	5:06.356	(61)
55	65	VALES VARELA Marcos	CICLOSQUINTENA, C.	22:36.994	4:23.158	5:51.890	(65)	3:52.683	(61)	4:17.539	(49)	3:31.273	(60)	5:03.609	(57)
56	81	PAZOS VAZQUEZ Brais	CICLOSQUINTENA, C.	22:40.769	4:26.933	5:54.953	(66)	3:52.207	(59)	4:20.535	(55)	3:37.332	(65)	4:55.742	(45)
57	239	FELPETO ROUCO Damian	BDM BIKE CLUB	22:41.228	4:27.392	5:49.633	(63)	3:52.489	(60)	4:26.410	(61)	3:24.668	(49)	5:08.028	(62)
58	98	GRANJA MARIÑO Oliver	IN SITU, C.C.	22:47.136	4:33.300	5:38.875	(52)	3:54.918	(63)	4:28.484	(65)	3:40.671	(68)	5:04.188	(58)
59	205	FIGUEIRDO GIRALDEZ Javier	MONTEBOI BIKE C.	22:47.424	4:33.588	5:45.907	(60)	4:00.262	(65)	4:18.598	(51)	3:25.543	(53)	5:17.114	(67)
60	172	SEOANE VELASCO Jonathan	+ ENDURO MTB, C.	22:49.686	4:35.850	6:03.105	(67)	3:50.375	(58)	4:27.601	(63)	3:27.843	(58)	5:00.762	(56)
61	154	VILAS BOAS ALVES Vitor Bruno	INDEPENDIENTE	22:51.670	4:37.834	5:15.086	(29)	3:38.707	(43)	4:23.593	(58)	3:15.679	(37)	6:18.605	(73)
62	85	DIAZ DIAZ Eduardo	CAMALEONES NARON-BIKE,	22:54.203	4:40.367	6:26.313	(71)	3:49.992	(57)	4:13.718	(46)	3:25.563	(54)	4:58.617	(51)
63	77	ANTUÑA BRAGA Senen	BICITECA C.C.	22:56.735	4:42.899	5:40.078	(53)	4:05.961	(69)	4:23.231	(57)	3:27.559	(57)	5:19.906	(68)
64	62	PRESEDO SANCHEZ Pablo	CICLOSQUINTENA, C.	23:02.047	4:48.211	5:46.828	(61)	4:01.949	(67)	4:33.758	(67)	3:33.609	(61)	5:05.903	(60)
65	152	FREIRE NOQUEIRA Isidro	THC BIKE, C.	23:07.715	4:53.879	5:43.383	(58)	4:01.332	(66)	4:37.316	(68)	3:34.004	(62)	5:11.680	(63)
66	132	VILLAR GALLEGU Francisco	PULPEIROS MUGARDOS, C.	23:08.831	4:54.995	6:04.125	(69)	3:53.063	(62)	4:21.089	(56)	3:35.695	(64)	5:14.859	(66)
67	61	DOCAMPO VELO Samuel	CICLOSQUINTENA, C.	23:37.984	5:24.148	6:03.223	(68)	4:03.426	(68)	4:40.422	(70)	3:38.175	(66)	5:12.738	(64)
68	99	AMORIN PEREZ Jose Antonio	IN SITU, C.C.	24:17.946	6:04.110	5:47.871	(62)	4:52.859	(73)	4:39.106	(69)	3:34.621	(63)	5:23.489	(69)
69	59	CANDAL DE LA CRUZ Juan Carlos	CAMBRE, C.C.	25:56.422	7:42.586	6:21.336	(70)	4:23.715	(71)	5:16.496	(72)	4:10.059	(71)	5:44.816	(71)
70	238	CANDIA RODRIGUEZ Emilio Jose	ATLETICO AGUZO, C.D.	28:21.786	10:07.950	6:57.125	(72)	4:52.402	(72)	6:06.434	(73)	4:28.708	(73)	5:57.117	(72)
71	200	FIGUEIRDO GIRALDEZ Manuel	MONTEBOI BIKE C.	29:02.151	10:48.315	9:57.332	(73)	4:22.000	(70)	5:14.003	(71)	3:55.566	(70)	5:33.250	(70)
72	204	GALBON MONTAÑA Abrahan	MONTEBOI BIKE C.	30:39.734	12:25.898	5:50.356	(64)	11:22.691	(74)	4:33.613	(66)	3:39.863	(67)	5:13.211	(65)
73	128	VILELA VILAR Ruben	PULPEIROS MUGARDOS, C.	38:41.412	20:27.576	21:36.020	(75)	3:35.907	(35)	4:19.063	(52)	4:17.535	(72)	4:52.887	(39)

### Master 30 Feminas

1	256	CABARCOS BECEIRO Estefania	BDM BIKE CLUB	25:23.833		6:45.231	(1)	4:09.832	(1)	4:40.688	(1)	4:21.457	(1)	5:26.625	(1)
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### Master 40

1	11	PEREZ DA COSTA Antonio	CONDADO BIKE, A.D.	18:32.009		4:45.176	(1)	3:10.203	(1)	3:28.950	(1)	2:52.645	(1)	4:15.035	(1)
2	10	SANTONIA CARDONA Enrique	CC BMX ALCOY	19:08.396	36.387	4:49.731	(2)	3:19.473	(2)	3:35.953	(2)	2:59.688	(2)	4:23.551	(2)
3	112	LORENZO VILA Esteban	BICI VERDE, C.C.	19:51.202	1:19.193	5:01.457	(3)	3:26.687	(4)	3:46.793	(3)	3:04.687	(6)	4:31.578	(3)
4	184	ARAUJO DIESTE Francisco Jose	BTT CASTROBIKES, C.	20:00.094	1:28.085	5:01.984	(4)	3:25.024	(3)	3:51.558	(6)	3:02.457	(3)	4:39.071	(8)
5	42	LOPEZ BROULLON Pablo	MOTO BIKE, P.C.	20:07.871	1:35.862	5:09.246	(7)	3:28.058	(5)	3:49.532	(5)	3:05.359	(7)	4:35.676	(4)
6	177	FREIRE PORTELA Ivan	BICIVOLADORES, C.	20:09.173	1:37.164	5:06.875	(6)	3:30.504	(7)	3:51.622	(7)	3:03.492	(5)	4:36.680	(5)
7	156	DOCAMPO OLIVEIRA Israel	X BIKES, C.C.	20:12.264	1:40.255	5:09.984	(8)	3:29.621	(6)	3:49.265	(4)	3:02.761	(4)	4:40.633	(12)
8	74	RODRIGUEZ PANZO Jorge	INDEPENDIENTE	20:22.082	1:50.073	5:10.906	(9)	3:32.168	(8)	3:52.871	(8)	3:08.117	(9)	4:38.020	(6)
9	178	LOPEZ PIÑEIRO Luis Manuel	RAPOSO FR, C.C.	20:35.331	2:03.322	5:13.679	(10)	3:37.449	(18)	3:55.137	(10)	3:08.472	(10)	4:40.594	(11)
10	115	GARCIA ALONSO Luis	BICI VERDE, C.C.	20:36.839	2:04.830	5:18.324	(13)	3:33.496	(11)	3:59.059	(14)	3:07.593	(8)	4:38.367	(7)
11	89	CASTRO CALOTO Abraham Antoni	DH GALICIA, C.	20:38.864	2:06.855	5:04.715	(5)	3:32.203	(9)	3:53.235	(9)	3:15.828	(23)	4:52.883	(26)
12	113	PAZOS AMOEDO Ruben Jacobo	BICI VERDE, C.C.	20:40.429	2:08.420	5:14.984	(11)	3:37.535	(19)	3:57.282	(11)	3:11.554	(13)	4:39.074	(9)
13	116	CASTRO LAGO Raul	BARBANZABIKE, C.	20:48.867	2:16.858	5:17.535	(12)	3:35.586	(17)	4:02.469	(22)	3:11.718	(15)	4:41.559	(13)
14	66	SANCHEZ GARCIA Jose	KLAE VELOSPORT, C.	20:53.394	2:21.385	5:19.743	(14)	3:33.152	(10)	4:01.863	(21)	3:18.074	(24)	4:40.562	(10)
15	24	GALEA JIMENEZ Jose Manuel	BIKE MADRID	20:54.878	2:22.869	5:20.379	(15)	3:34.410	(15)	3:59.843	(16)	3:15.004	(21)	4:45.242	(17)
16	180	JUNCAL ABAL Alejandro	BICIVOLADORES, C.	20:55.949	2:23.940	5:24.121	(23)	3:33.738	(12)	4:00.563	(17)	3:10.531	(12)	4:46.996	(21)
17	195	ALVAREZ GARCIA Fernando	LA DEGOLLADA, CLUB CICLI	20:56.029	2:24.020	5:23.648	(20)	3:34.570	(16)	4:01.082	(19)	3:11.753	(16)	4:44.976	(16)
18	25	PULAD Seif	SPORTPLA	20:58.969	2:26.960	5:20.844	(16)	3:41.809	(24)	3:58.754	(13)	3:13.699	(18)	4:43.863	(14)
19	179	FERNANDEZ RIOBO Hugo	VK BIKES, C.	21:00.557	2:28.548	5:22.128	(18)	3:33.930	(13)	4:09.011	(26)	3:10.117	(11)	4:45.371	(18)
20	95	VALDERRAMA GONZALEZ Victor	IN SITU, C.C.	21:06.699	2:34.690	5:21.270	(17)	3:39.886	(22)	4:06.078	(24)	3:11.680	(14)	4:47.785	(22)
21	209	ARAUJO ALFAYA Marcos	MR BIKES, C.	21:13.548	2:41.539	5:23.789	(22)	3:38.020	(20)	3:57.637	(12)	3:25.953	(28)	4:48.149	(24)
22	64	VILLAVERDE GRELA Carlos	CICLOSQUINTENA, C.	21:14.430	2:42.421	5:25.188	(25)	3:41.125	(23)	4:05.977	(23)	3:15.695	(22)	4:46.445	(20)
23	78	JIMENEZ MARTOS Jorge	BICICLETAS DAVID, C.C.	21:18.950	2:46.941	5:23.782	(21)	3:48.773	(30)	4:06.399	(25)	3:14.395	(20)	4:45.601	(19)
24	161	CARRO SEQUEIROS Jose Antonio	BICI O CON, C.	21:36.547	3:04.538	5:22.339	(19)	4:09.488	(38)	3:59.282	(15)	3:21.051	(27)	4:44.387	(15)
25	121	ARES ANTA Jorge	MACEDA, C.C.	21:43.656	3:11.647	5:45.668	(29)	3:44.219	(27)	4:10.687	(28)	3:13.914	(19)	4:49.168	(25)
26	233	JULIAS ALVAREZ Abraham	A. C. D. CARES DEVA	21:49.524	3:17.515	5:25.133	(24)	3:46.555	(29)	4:18.449	(30)	3:20.574	(26)	4:58.813	(30)
27	75	AGUILERA VAZQUEZ Miguel Angel	C.C. BICICLETAS JUAN	21:53.513	3:21.504	5:32.918	(26)	3:42.411	(25)	4:09.871	(27)	3:30.231	(31)	4:58.082	(29)
28	82	PEREZ BALBONTIN Yago	CICLOSQUINTENA, C.	22:11.064	3:39.055	5:49.418	(31)	3:45.653	(28)	4:13.934	(29)	3:26.481	(29)	4:55.578	(28)
29	84	RUA RODRIGUEZ Jose Marcos	CAMALEONES NARON-BIKE,	22:17.272	3:45.263	5:44.781	(28)	3:43.242	(26)	4:21.191	(31)	3:33.746	(34)	4:54.312	(27)
30	26	TOLEDO BERNAD Jorge	TRIAL A TRASERA, CITI	22:35.137	4:03.128	6:34.860	(45)	3:38.601	(21)	4:01.625	(20)	3:13.516	(17)	5:06.535	(31)
31	124	MESIAS PITA Jose Dario	PULPEIROS MUGARDOS, C.	22:39.906	4:07.897	6:57.437	(47)	3:34.266	(14)	4:00.985	(18)	3:19.355	(25)	4:47.863	(23)
32	120	ALONSO BETANZOS Uxio	5TH PINE MTB TEAM, C.	23:05.914	4:33.905	5:47.321	(30)	3:56.527	(33)	4:35.125	(34)	3:33.789	(35)	5:13.152	(34)
33	151	PALMAS LEMAT Javier	THC BIKE, C.	23:12.581	4:40.572	5:34.894	(27)	3:56.109	(31)	4:48.054	(37)	3:29.012	(30)	5:24.512	(40)
34	202	CAMESELLA CARBALLO Jose Ern	MONTEBOI BIKE C.	23:13.207	4:41.198	5:57.000	(35)	3:58.742	(34)	4:29.344	(32)	3:38.031	(36)	5:10.090	(32)
35	212	BOENTE CARBALLIDO Fernando	PICARAÑA, A.D.C.	23:24.832	4:52.823	6:07.434	(39)	4:03.086	(36)	4:32.562	(33)	3:31.559	(32)	5:10.191	(33)

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## MONTEFARO CATEGORIAS COPA GALICIA 5T

Clt	Dor.	Apellidos y nombre	Club	Tiempo	Diferencia	TC1	Clt	TC2	Clt	TC3	Clt	TC4	Clt	TC5	Clt
36	150	GERMADE PEREIRA Jesus	THC BIKE, C.	23:35.769	5:03.760	5:52.797	(32)	4:00.734	(35)	4:48.426	(38)	3:38.398	(37)	5:15.414	(37)
37	60	QUEIMADELOS SOUTO Moises	CICLOSQUINTENA, C.	23:48.476	5:16.467	5:54.906	(33)	4:12.727	(41)	4:41.840	(36)	3:39.562	(38)	5:19.441	(39)
38	241	VIÑA ALONSO Juan Antonio	BDM BIKE CLUB	23:58.137	5:26.128	6:05.770	(38)	3:56.508	(32)	4:58.379	(42)	3:40.242	(39)	5:17.238	(38)
39	141	CAO MOSQUERA Jesus	SERBIKES TEAM, C.	24:23.131	5:51.122	6:04.785	(37)	4:21.183	(43)	5:01.105	(43)	3:42.187	(40)	5:13.871	(36)
40	182	JAMARDO SERANTES Ivan	BTT CASTROBIKES, C.	24:38.792	6:06.783	5:55.402	(34)	4:10.082	(39)	5:36.519	(47)	3:43.133	(41)	5:13.656	(35)
41	199	LOURO VILARIÑO Marcos	MONTE XALO, P.C.	24:40.371	6:08.362	6:13.375	(40)	4:17.996	(42)	4:54.336	(41)	3:45.684	(42)	5:28.980	(42)
42	41	ALVAREZ MARTIN Rafael	EMEDOCE C.D.E.	24:47.648	6:15.639	6:19.246	(41)	4:05.109	(37)	4:49.801	(39)	4:01.140	(44)	5:32.352	(43)
43	201	ALONSO MARTINEZ Santiago	MONTEBOI BIKE C.	24:49.331	6:17.322	6:31.148	(42)	4:10.523	(40)	4:51.207	(40)	3:48.035	(43)	5:28.418	(41)
44	203	PEREIRO REIGOSA Martin	MONTEBOI BIKE C.	25:05.430	6:33.421	5:59.700	(36)	5:12.996	(47)	4:36.390	(35)	3:32.133	(33)	5:44.211	(44)
45	240	BELLAS GALLARDO Jose Alberto	BDM BIKE CLUB	26:19.917	7:47.908	6:35.641	(46)	4:26.695	(45)	5:16.757	(44)	4:13.043	(47)	5:47.781	(45)
46	173	MISA SOTO Sergio	+ ENDURO MTB, C.	26:25.832	7:53.823	6:32.387	(43)	4:25.070	(44)	5:28.204	(45)	4:01.351	(45)	5:58.820	(46)
47	236	HERNANDEZ SIMON Victor	ASTORGA, C.D.C.	27:09.469	8:37.460	6:34.407	(44)	4:35.574	(46)	5:31.660	(46)	4:09.832	(46)	6:17.996	(47)

### Master 40 Feminas

1	257	CASTRO CAL Isabel	CONDADO BIKE, A.D.	25:34.046		6:24.449	(1)	4:25.812	(1)	5:25.457	(1)	3:57.176	(1)	5:21.152	(1)
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### Master 50

1	18	CANDELA PERIS Antonio-M.	CC BMX ALCOY	20:02.942		5:13.625	(2)	3:26.227	(1)	3:45.582	(1)	3:03.887	(1)	4:33.621	(1)
2	114	TABOAS PAZO Carlos Jose	QUEBICI-MARCISPORT, C.	20:26.687	23.745	5:11.543	(1)	3:30.105	(2)	3:54.066	(2)	3:09.848	(2)	4:41.125	(2)
3	46	DOMENECH VIVES Jose	UC MONTGO DENIA	20:59.581	56.639	5:22.469	(4)	3:38.465	(4)	4:01.871	(4)	3:13.671	(4)	4:43.105	(3)
4	23	CANTOS FERNANDEZ Carlos	BIKE MADRID	21:05.351	1:02.409	5:24.485	(6)	3:38.304	(3)	4:01.508	(3)	3:14.847	(6)	4:46.207	(4)
5	160	LAGO COSTAS Antonio	BICI O CON, C.	21:15.172	1:12.230	5:19.066	(3)	3:42.343	(7)	4:13.118	(7)	3:11.719	(3)	4:48.926	(6)
6	119	GOMEZ CASTRO Manuel	BICI VERDE, C.C.	21:31.936	1:28.994	5:22.898	(5)	3:41.808	(6)	4:17.074	(9)	3:19.590	(8)	4:50.566	(8)
7	48	VALVERDE GARCIA Juan Antonio	CC CALDERONABIKE SAGUN	21:40.972	1:38.030	5:32.625	(7)	3:46.281	(10)	4:12.629	(6)	3:19.504	(7)	4:49.933	(7)
8	49	DE LA PLAZA ALONSO J. Mario	BIKE MADRID	21:44.837	1:41.895	5:33.273	(8)	3:45.098	(9)	4:15.297	(8)	3:20.555	(9)	4:50.614	(9)
9	159	MARTINEZ SANTAMARIÑA Jesus	BICI O CON, C.	22:44.860	2:41.918	5:37.977	(9)	3:44.250	(8)	4:20.684	(10)	3:25.250	(10)	5:36.699	(14)
10	45	GAYO MORENO Miguel	ENBICI GRUPO SALVAJE	22:53.958	2:51.016	5:50.305	(12)	3:58.989	(12)	4:28.277	(13)	3:31.434	(12)	5:04.953	(10)
11	213	LAGO CARRERA Javier	SPOL, C.C.	22:57.919	2:54.977	5:40.286	(10)	4:08.812	(14)	4:26.602	(12)	3:32.211	(13)	5:10.008	(13)
12	210	SALGUEIRO TRONCOSO Ismael	MR BIKES, C.	22:59.349	2:56.407	5:50.301	(11)	3:56.567	(11)	4:34.730	(14)	3:31.329	(11)	5:06.422	(11)
13	102	GILDA RODRIGUEZ Francisco Javik	ROCASPORT GIANT, C.	23:15.374	3:12.432	6:04.871	(13)	4:00.449	(13)	4:23.726	(11)	3:37.211	(14)	5:09.117	(12)
14	56	COEGO VILARIÑO Juan Jose	CICLOSQUINTENA, C.	25:19.015	5:16.073	6:18.917	(14)	4:12.403	(15)	5:06.773	(16)	3:50.180	(15)	5:50.742	(15)
15	237	ALVAREZ GARCIA Jose Ramon	ASTURCON B.T.T.	26:37.835	6:34.893	6:29.605	(15)	4:16.703	(16)	5:05.957	(15)	3:56.059	(16)	6:49.511	(17)
16	211	TEJEIRO ROMERO Moises	MTB BIELA E CHAVETA, C.	30:13.473	10:10.531	7:13.059	(16)	5:24.746	(17)	6:03.696	(17)	4:51.152	(17)	6:40.820	(16)

### E-Bike

1	271	PATIÑO BELLO Dario Jose	CICLOSQUINTENA, C.	20:10.812		5:11.660	(3)	3:26.672	(1)	3:51.762	(1)	3:03.542	(2)	4:37.176	(2)
2	273	SORIANO CLARIANA Javier	BIG BIKES CARLET CD	20:39.556	28.744	5:15.012	(5)	3:32.000	(2)	3:57.278	(2)	3:08.926	(3)	4:46.340	(5)
3	269	MOSTEIRO VILLAVEDE Eliseo	CICLOSQUINTENA, C.	20:40.171	29.359	5:08.614	(1)	3:34.828	(3)	4:05.101	(6)	3:14.585	(5)	4:37.043	(1)
4	274	ATIENZA FOLGADO Victor	BIG BIKES CARLET CD	20:43.773	32.961	5:14.961	(4)	3:36.148	(4)	4:00.734	(4)	3:10.012	(4)	4:41.918	(3)
5	261	EMBADE RODRIGUEZ Arturo	PULPEIROS MUGARDOS, C.	20:44.309	33.497	5:10.176	(2)	3:45.360	(8)	3:57.558	(3)	3:02.012	(1)	4:49.203	(6)
6	270	DAPENA CASTROMAN Manuel	CICLOSQUINTENA, C.	21:04.008	53.196	5:21.180	(6)	3:38.594	(6)	4:01.625	(5)	3:16.574	(7)	4:46.035	(4)
7	260	GARCIA MUÑOZ Jose Ramon	PULPEIROS MUGARDOS, C.	21:27.715	1:16.903	5:33.214	(9)	3:37.012	(5)	4:10.469	(7)	3:15.559	(6)	4:51.461	(7)
8	272	PATIÑO BELLO Pablo	CICLOSQUINTENA, C.	21:47.691	1:36.879	5:27.242	(7)	3:44.769	(7)	4:10.679	(8)	3:24.602	(8)	5:00.399	(8)
9	267	ESPARIS SUAREZ Diego	CICLOSQUINTENA, C.	22:10.230	1:59.418	5:30.488	(8)	3:53.808	(12)	4:17.817	(11)	3:27.703	(10)	5:00.414	(9)
10	268	MENDEZ LOPEZ Jose Antonio	CICLOSQUINTENA, C.	22:18.625	2:07.813	5:44.289	(10)	3:51.921	(11)	4:14.715	(10)	3:24.875	(9)	5:02.825	(10)
11	277	DIEZ VICENS Francisco Javier	CICLOSQUINTENA, C.	22:37.071	2:26.259	5:48.934	(11)	3:48.813	(9)	4:21.746	(12)	3:29.836	(11)	5:07.742	(11)
12	265	MENDEZ CHAO David	PULPEIROS MUGARDOS, C.	22:41.001	2:30.189	5:50.547	(12)	3:49.703	(10)	4:14.223	(9)	3:37.711	(12)	5:08.817	(12)
13	266	CHAN ROMERO Simon	CICLOSQUINTENA, C.	24:16.200	4:05.388	5:52.512	(13)	4:08.164	(13)	5:00.223	(13)	3:51.883	(13)	5:23.418	(13)
14	275	CABANAS MELAN Jose Carlos	MARIN, C.C.	25:37.706	5:26.894	6:26.359	(14)	4:20.691	(14)	5:10.242	(14)	3:57.199	(14)	5:43.215	(15)
15	263	ARIAS ARIAS Oscar	DH GALICIA, C.	25:43.052	5:32.240	6:26.965	(15)	4:21.598	(15)	5:27.086	(15)	4:00.332	(15)	5:27.071	(14)

